

A PAGE OF WOMEN'S INTERESTS—HOUSEHOLD MATTERS, FASHIONS AND LETTERS FROM READERS

LOVE IS NOT AS UNDYING AS POETS SING IT TO BE

New Suiitor Is Apt to Give Fatal Passion a Painless Death—A Disappointed Reader Is Told All About It

A LITTLE letter has come to the woman's page asking in very downhearted tones if its writer can ever expect to get over a "disappointing love affair."

THE rows of letters on the page can talk for grown-ups tell me so; But pictures tell me at my age Quite all the things I need to know.

IT IS disillusioning for those who regard love as a fatalistic matter to know that it is possible to come to the conclusion that it is, after all, largely a matter of circumstances.

IF it is shattered, but this comes to very few. At least three-fourths of the world need not bother about it.

Love in the main is like this, a matter of propinquity. Otherwise how hard it would be to explain the fact that hearts which are broken in October can begin to perk up by November.

BRACE up, little broken-hearted one. There are just as good fish in the sea as ever came out of it.

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THE WOMAN'S EXCHANGE

Letters and questions submitted to this department will be written on one side of a brown envelope. It is understood that the editor does not necessarily endorse the sentiments expressed. All communications should be addressed to THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. How much of a saving in wheat flour for each housekeeper in the United States would be effected by order to save 2,500,000 pounds for the nation?
2. In checking vegetables, what economy can be had in the matter of using milk or cream?
3. How are entries for war with a sealage easily and attractively made?

ANSWERS TO YESTERDAY'S INQUIRIES
1. Pieces of badly stained nickel can be cleaned by dipping in a solution of vinegar and alum. Use one quart of vinegar to two ounces of alum.

Little Miss Somebody Now
Dear Madam—I am a girl sixteen years of age. I have gone to school for six years. I can't read, write or do any other thing.

Marriage of Cousins
Dear Madam—I read your issue of the 19th and I am writing you for your personal advice.

QUESTIONS AND ANSWERS
Lime Water and Milk
What is the proper amount of lime water to put in milk for a ten-month-old child?

Canter
In there a case of Madam who had a very bad cold, but who was not greatly affected with cancer?

Agar-Agar
How should agar-agar be used to cultivate friendly bacteria in the mouth?

Apples
Are any of the essential ingredients of the apples lost when the skin is not eaten?

Burning Sensation
For nine years I have been troubled with a burning or itching sensation on the face.

Two Are Thrown on World
Dear Madam—You have helped so many persons with their troubles. I am writing you to help me.

Parties and Eyelashes
Dear Madam—Please help me in the following. What kind of dress should be worn at a dance where one will not be in evening dress?

600 at Sons of Derry Ball
More than 600 persons attended the ninth annual ball of the Catholic Sons of Derry in Mercantile Hall last night.

Operas on Tuesday Nights
Metropolitan Opera Company to give performances on Tuesday nights. It being understood that the Opera House at Broad and Poplar streets will be closed on two other nights during each week.

CATARRH OF THE INTESTINES

Address an appropriate medicine will be given by Dr. Eleanor C. Jones. This will be free of charge. Personal queries on health will be promptly answered if postage is inclosed.

By J. H. KELLOGG, M. D., LL. D.
INTESTINAL catarrh—which the reader may have been referred to as "enteritis," is a common disease.

The disease is caused chiefly by irritation from indigestible food—such as fruit, or vegetable, or fish.

Among other causes may be mentioned constipation during the coming week.

"Kinks" and other obstructions are thus formed. Sometimes false membranes are developed, and the result is a most obstinate kind of constipation.

When the infection extends into the appendix, it becomes a serious condition and may give rise to peritonitis and death within a few days.

When the appendix is infected, it is liable to burst, and the contents of the right side, often with nausea and vomiting, in such cases a skilled surgeon should be called in at once.

As in the treatment of most digestive troubles, regulation of diet is of first importance. The patient must carefully avoid tea, coffee, condiments or alcoholic beverages.

Milk is an excellent food for those suffering from intestinal troubles. It is fresh and clean and if the patient does not drink it too rapidly, but is careful to stir it slowly.

Research gives a report of experiments that seem to show that the practice of neutralizing milk of nothing alkaline to neutralize the acid in cow's milk is based on wrong principles.

There are a few of Madam who had a very bad cold, but who was not greatly affected with cancer?

How should agar-agar be used to cultivate friendly bacteria in the mouth?

The only way in which agar-agar can encourage the growth of friendly bacteria by hastening the digestion of the intestinal contents so as to avoid opportunity for putrefaction.

Are any of the essential ingredients of the apples lost when the skin is not eaten?

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INGENIOUS WOMAN DOCTOR QUICKLY ROUTS GRIM SPECTER OF PNEUMONIA WITH "ASBESTOS BEDS"



ROBERT HAZLET, 10 MONTHS. SELMA O'NEILL, 1 YEAR OLD.

Tiny Victims of Dread Disease Saved by the Originality and Quick Decision of Dr. Eleanor C. Jones

THEIR wasn't anything miraculous about it, except the wizardry of a woman's quickness of thought, but the parents of little Selma and Robert will never believe that it wasn't a miracle.

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Nothing Miraculous, Just Common Sense Applied at Woman's Hospital, and the Result Is Marvelous

A resourceful woman doctor and an asbestos bed worked wonders in saving the lives of two kiddies believed hopelessly ill from pneumonia.

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Galilee Mission to Mark Anniversary

Clergymen and Converts Speak Tonight at Twenty-first Birthday Celebration

Prominent clergymen and laymen will join for former building of the tender-

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UNIVERSITY EXTENSION NO NEED TO EMPLOY INCOMPETENT WOMEN

John Masefield, Norman Angell and George Earle Raiguel on Program

Owing to the decision of the fuel commission, the lecture by Minna Tenney Peck scheduled for Monday evening in the Central Y. M. C. auditorium and the play by Plays and Players scheduled for Tuesday evening in Witherpoon Hall have been canceled.

There is no need of employing women who are not competent in the answer given by the Consumers' League of Easton, Pa., to one of the reasons offered by Joseph H. McCall, president of the Philadelphia Electric Company, in the plea for higher electric rates at Harrisburg Thursday.

Monday evening—Association Hall, 529 North Second Street. "The Revolution and the Western World." The "Ballads and the Poets." By John W. Aldrich.

"Labor must not be undermined by the entrance of women in industry. When our boys come back from the front they must not find their \$20 positions only worth \$15 because some woman is willing to work for that sum."

Friday afternoon—Witherspoon Hall, 529 North Second Street. "The Revolution and the Western World." The "Ballads and the Poets." By John W. Aldrich.

"I am constantly replacing with women my boys who are called away and I am more than pleased with the way they fill all positions. I now have about forty women in all sorts of clerical work and find them as competent in responsible positions as men."

Pastor Appointed Dix Chaplain

The Rev. Robert H. Gorchuck, pastor of Grace Lutheran Church of Philadelphia, has been appointed a chaplain in the United States army and has been assigned to duty at Camp Dix.

POLES TO CELEBRATE

Revolution of 1863 and Wilson's Declaration Will Be Commemorated

Forty-five years ago tomorrow the Polish revolution of 1863 began. The Polish National Defense Committee of Philadelphia will fittingly celebrate this great event with an entertainment and meeting at the Metropolitan Opera House, Broad and Poplar streets, tomorrow afternoon at 2:30.

Tomorrow's War Menu

- BREAKFAST
Sausage, Buckwheat Cakes, Coffee, Raisin Toast, Fruit.
DINNER
Chicken en Casserole, Baked Sweet Potatoes, Lettuce with French Dressing, Date Pudding, Apple Pie, Cream Cheese Salad, Whole Wheat Bread, Currant Jelly, Cocoa.

NEW METHODIST CHURCH TO BE OPENED TOMORROW

Bishop Berry Will Preside at Dedication of Edifice at 58th Street and Springfield Avenue

Impressive exercises will mark the opening and dedication tomorrow of the new Springfield Methodist Episcopal Church, at Fifty-eighth street and Springfield avenue.

Save Coal by Installing a Pawnee Junior Water Heater

This sturdy, efficient little heater, easily attached to any boiler, gives a plentiful supply of hot water day and night in bathroom, laundry and kitchen.

Today Is Porkless Day

IT MAY be your soldier boy who will have to go without if you do not heed it.

BAKER'S COCOA HAS GREAT FOOD VALUE

THE food value of cocoa has been proven by centuries of use, and dietitians and physicians the world over are enthusiastic in their endorsements of it.

IT IS DELICIOUS, TOO

Trade-mark on every package

Made only by Walter Baker & Co. Ltd. Established 1870

SAVE COAL BY INSTALLING A PAWNEE JUNIOR WATER HEATER

This sturdy, efficient little heater, easily attached to any boiler, gives a plentiful supply of hot water day and night in bathroom, laundry and kitchen.

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Deaf Hold Annual Ball

The Philadelphia Division No. 39, of the National Fraternal Society of the Deaf, held its annual ball last evening at Grand Fraternity Hall, 1626 Arch street.

Some exquisite lingerie models are now being shown in which crepe de chine is combined with either satin or georgette or both.

Deaf Hold Annual Ball