

STOCK PURSUITS FAIR SEX TO BED EARLY—STRIPPING CAKE OFFICING—RECIPES AND LETTERS

A PEEK AT WOMEN IN SWEDEN CONSOLING TO AMERICAN GIRL

When Men Over There Really Want to Enjoy Themselves They Get Rid of Their Fair Friends—Not Seen in Cafes

THE American girl who has ever felt a bit out of things when the masculine lights of the evening slip off for a smoke may console herself by taking a peek over at Sweden. Swedish women, Frances Maule Bjorkman tells us in the February Delicacies, are treated to one long session of "absences."

Kindred Spirits CHILDHOOD and genius have the same master-organ in common—individuality. In childhood there was, and as it began where genius begins, it may find what genius finds.—Bulwer.

There is a certain amount of common sense in the reason for being in to provide for men that highly charged electrical atmosphere in which they are set free and the freest enjoyment of life becomes possible. They perceive that the great mass of American men patronize the theatre, not so much for the sake of dramatic art as for the good looks, the pretty dresses, the bright talk of clever and attractive women; and they observed that as it is in the theatre so it is in a very great extent in private life.

NOT that Swedish men are insensible to feminine charms. The candid and extensive treatment of the subject in their art would almost solve them of that. But it seems a highly specialized sort of appreciation of woman as a female rather than of woman as human being. To the American eye it seems that they look to women hardly at all for social diversion, for intellectual stimulus or for artistic inspiration.

WE ARE disappointed, really very much, in Sweden in this respect. What have the women over there done to be sent in to the height of the season? The writer goes on to explain: "So I learned that the very traits that have been developed in American women by the demands of men; their quick sensibility to impressions, their dramatic expressiveness, their confidence of spiritual uniqueness, their discriminating selection of conventional etiquette for conduct, their individuality, had been trained out of Swedish women by that very same irresistible pressure of masculine preference."

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Replies to letters are given as space permits. All correspondence should be addressed to THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES 1. How is it possible to keep ice cream cold without packing it in ice? 2. What arrangement of sash curtains facilitates ventilation and adds to the appearance of the window? 3. In baking potatoes, what will save time and fuel?

ANSWERS TO YESTERDAY'S INQUIRIES 1. The one-piece meal advocated by the food administration calls for the cooking of meat, potatoes and other vegetables all in one dish. With the addition of jelly or jam this meal includes the five classes of food that are essential to balanced menu making and requires no other side dishes.

2. A discarded bookcase can be made into a very attractive wardrobe for hats. The wood can be scraped and enameled white and the glass doors lined with cretonne curtains. Baby clothes are laid on the shelves.

3. There are 1170 calories, or units, of food value in a pound of rye bread and 1195 in the same amount of rye bread. The protein or muscle-building value of both is about the same in the neighborhood of 9 per cent. The carbohydrate, or food value that makes heat and work power, is 53 per cent in the rye bread and 52 per cent in the Graham. Graham bread contains 1 per cent more fat than rye.

An Invalid Chair? To the Editor of Women's Page: Dear Madam—Have any of your readers an invalid chair that is in need of a very little work? I have a mother who is in need of one and would like to buy one. Would like to hear from you as soon as possible. Thanking you in advance. M. B. D.

It is against the policy of the column to allow any money transactions. We shall be glad, however, to help your address, Mrs. S. D., for any possible offers of invalid chairs that our readers may feel it in their hearts to make.

Bayberry Candles To the Editor of Women's Page: Dear Madam—Can you give me in your Women's Exchange how bayberry candles are made? Thanking you in advance. M. B. D.

When the small, dry bayberries are ripe they are covered with a greenish-whitish wax. This is collected by boiling the berries and skimming it off. If you wish to do the candle-making scientifically there are candle molds to be used, but the good old-fashioned method is the dipping process. Have molten wax in a deep container, such as a baking-powder can, and dip the wick or taper in this. Have your wax a little above the melting point in dipping for the second coat, otherwise the heat of the wax will melt off the first coat. Redip the candle until it is in the desired size.

For Burnt Fingers To the Editor of Women's Page: Dear Madam—My housekeeper seems to have a cut of burn, however careful she may be in her work. I have a little recipe for the cure of burns. I found that if I took a little bayberry wax and added a little oil of sweet almond and gave it a chance to be cooled, it was a very good remedy. I have used it many times and it has done me good. I have a little recipe for the cure of burns. I found that if I took a little bayberry wax and added a little oil of sweet almond and gave it a chance to be cooled, it was a very good remedy. I have used it many times and it has done me good.

A Thank-You Note To the Editor of Women's Page: Dear Madam—I thank Mr. F. H. H. for the recipe for the cure of burns. I have used it many times and it has done me good. I have a little recipe for the cure of burns. I found that if I took a little bayberry wax and added a little oil of sweet almond and gave it a chance to be cooled, it was a very good remedy. I have used it many times and it has done me good.

Wants to Know the Girl To the Editor of Women's Page: Dear Madam—In the show where I work there is a girl I like very much. She is always looking at me. I would like to get acquainted with her, but do not know how. I do not know any friends who know her. Please tell me how to get acquainted with her. I am a single man. M. B. D.

Egg Sauce for Codfish To the Editor of Women's Page: Dear Madam—Can you give me the recipe for the egg sauce that is served with boiled codfish? I have used it many times and it has done me good. I have a little recipe for the cure of burns. I found that if I took a little bayberry wax and added a little oil of sweet almond and gave it a chance to be cooled, it was a very good remedy. I have used it many times and it has done me good.

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WOMEN PATRIOTS HAVE IMPORTANT WORK AWAITING THEM AT CONCLUSION OF THE WAR



Appeal to the Housewives of Philadelphia Indicates What They Can Do in the Home as Contribution to Their Country's Welfare—"Victory" Suggestions

Appeal to the Housewives of Philadelphia indicates what they can do in the home as contribution to their country's welfare. "Victory" suggestions are given.

Should not be wasted. It can be used in hundreds of ways. For instance, for making bread and in dozens. Some suggestions are given.

Beat Eggs—Beat eggs and add liquid. Mix the yolks and whites and add to the beaten eggs. Beat until stiff.

Skate and Be Healthy. Skating is a good exercise. It keeps the body in shape and is a fun activity.

Good points of old serge skirts are dressers make excellent bands of trimming for suits or crepe de chine frocks if they are embroidered with beads.

Vegetarianism. Vegetarianism is a healthy diet. It is good for the heart and helps to prevent disease.

Recipe for Artificial Honey. This recipe is for making artificial honey. It is a simple process and can be done at home.

Questions and Answers. This section contains questions and answers on various topics. It is a helpful resource for readers.

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"LONG LIVE THE KING" IN LECTURE COURSE

A Human Story of Child-Deceit, Court Intrigue and Love the Latest Novel by MARY ROBERTS RINEHART

CHAPTER XXII—Continued. There is no more sleep for her. She lay there in her room and gazed at the ceiling. Here, in this room, she had met King. That was seven years before. King had been young. During a period of years he had been arranged, treated, and used as a very young man.

University Extension Speakers to Talk on War and Pertinent Topics. A portion of the program of the University Extension Society for the coming week will have particular emphasis on the pertinent questions of the hour.

They came the arrival, her father in the morning of the day and he had a very important message. He had a very important message. He had a very important message.

Following is the program for the coming week: Monday evening—Miss T. T. T. Tuesday evening—Miss T. T. T. Wednesday evening—Miss T. T. T.

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ST. JAMES'S CHURCH 22d and Walnut Streets BISHOP LAWRENCE Chairman of the War Commission of the Episcopal Church, Will Preach on "The Church's War Work" At 11:00 A. M. Sunday, January 20, 1918 The Service Friday of St. James' Will Be Unfurl EVERYBODY WELCOME OTHER SERVICES—Sunday, 8:00 a. m. and 10:00 p. m. Friday, January 19, 1918, 8:00 a. m. and 10:00 p. m. Ordination of the Rev. Alvin K. ...