LES MAY SOMETIMES BE TURNED INTO ASSET—GOOD HEALTH NOTES AND FASHION HIN

YSICAL DEFECT CAN BE SPUR TO WIN OUT ON OTHER POINTS

der Wants to Know How to Reshape Unightly Nose-Is Told to Build Life Around It-Fable of the Stutterer

htly nose.

a best answer to this question is rry of "a girl with a nose." It tot by any chance resemble any of AFTER all, it wasn't strange that facial appendages our favorite Athe girl should have learned an face, whenever she-sdw any one great game of being game. king at her. She worried about her m with her.

with noses. It dealt with a man they might smile! who achieved prodigious success in life

man used to entertain after he got town! hed each night. How he did want be a salesman! Then it told about

ble's. What I've got to do is to work for crooked noses!

When fat is too hard to mix satisfac-with flour it can be softened by adding ners soft fat, such as lard, bacon fat themseed oil, to two parts of the hard

Potassium permanganare will prob-

THE WOMAN'S EXCHANGE

ANSWERS/TO SATURDAY'S INQUIRIES

CETTER from a reader to the those other faculties up so far above Editor of the Woman's Page asks the next fellow's that they'll make up be possible for her to reshape an for that one where they beat me. 1 have the satisfaction of knowing my weak point. Because I know my enemy

-scribe as irregular but epoch-making lesson from the man ng. I mean it was just plain big. who stuttered. Knowing the enemy from the time our friend IS half the battle in conquering him d the age when one learns the Her nose was her enemy. But it was k of studying the profile by means just one thing and there were others hand mirror, she began to turn. She started to play a game the

Girls with straight noses might beat so that it became a perfect ob- her at the sport of perfect profiles. points in Hoyle. Theirs to be care HEN one day something happened, less about the niceties of dress; theirs It was, I believe, a magazine story to neglect the care of the hair; their that made the girl discover the rela-the red in the cheeks, theirs to be ve value of one bad feature. Strange selfish and not take interest in other say, the story had nothing to people's affairs; theirs to frown when

But not for "the girl with the nose of in spite of a handicap but because She must score on these noints. And It. He was a salesman and he so it reads like a fairy story, but it's true-"the girl with the nose" became The story told about the heartaches the most popular person in her home

THIS is an answer to the reader who great miracle plan that dawned - wants to know how to reshape an one particularly sleepless unsightly nose. There is no safe way to mold over a feature. But there is a "I have a handicap," ran the plan: way to reshape a life around a noseer fellows have something on me or any deficit in physical charm that at least one way. I can be sure of the Lord has ever chosen to visit on sat. But after all a handicap is only the person of man. And if a life can thing. And I've got a lot of other be built to rise above material facts ities that are just like other peo- and be the better for them, thank God

IN THE MOMENT'S MODES

Matched Muff and Chapeau for Evening Wear



you would have your wardrobe conform to the dictates of the style creators it must boast of one or more muff and chapeau sets designed strictly for evening wear. The muff of the set illustrated in the accompanying drawing has two wide bands of Hudson seal with a draped band of metal brocade in the middle. Matching

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D. LL. D.

A Comforting Bath

Do YOU ever go bome from work of jutes in sufficient to secure all the benefits an evening, worm from the day's of the bath, and even three minutes will Letters and questions submitted to this department must be neitted on our side of the paper only and signed with the name of the neitter. Special queries like those over a work and irritable, your face perhaps to the name of the neitter of the ne L. What are ramekins?

1. How many nurses is it estimated will be needed to the army nurse corps and what percentage of these have still to be presented without marring the presented of the hat?

1. How many nurses is it estimated will be needed to the army nurse corps and what percentage of these have still to be enrolled?

1. How many nurses is it estimated will be needed to the army nurse corps and what percentage of these have still to be enrolled? 2. When a numan enters a room where bath ". It is a "sponge-

a subdued rose light is desired in first? quired; a few quarts is a pienty, and a pint will answer admirably in an emergency. A soft sponge or a linen cotton cloth, and one or two soft towels, or a sheet, are the other requisites. The sheet, are the other requisites. The capability of the absence of a sheet which are highly useful in rheusalth whi 3. What makes an emergency marcel-water when there is no curling iron on cloth or sponge for applying the water. The temperature of the bath should not be above 25 degrees, and 39 degrees wastes. The popular notion that to-matter any better. Most persons can en one-third and one-fourth of 1. A plan to employ women in navy sards caloric nourishment of a meal is in departments where it is not necessary to have skilled mechanics is now under consideration with naval authorities. habitually employ a temperature of 75 2. It is quite permissible for a man to re-place bis hat after he has removed it in stopping to talk to a woman he has not in a department ortother large store.

the head, saturating the hair well. Wash the face, then the neck, chest, shoulders, arms, trunk and back. Rub vigorously until the skin is red, to prevent chilling, for even when the temperature of the room is nearly equal to that of the body, the rapid evaporation of water from the surface will lower the external temperature of surface will lower the external temperature of the surface will lower the external temperature of the surface will lower the external temperature of course and heavier for winter. Woolen garanture very rapidly unless a vigorous circulation is maintained.

Suitable Underwear

What nort of underwear is pest for winter was gone a long time, and was very dejected when he returned. Shrugging this shoulders, he said that the Swiss dectors had been very nice to him. But had told him that, he was too far reduction had told him that, he was too far reduction and heavier for winter. Woolen garanture very rapidly unless a vigorous circulation is maintained.

Suitable Underwear

What nort of underwear is pest for winter was gone a long time, and was very dejected when he returned. Shrugging this shoulders, he said that the Swiss dectors had been very nice to him. But had told him that, he was too far reduction and heavier for winter. Woolen garanture very rapidly unless a vigorous circulation is maintained.

When the excitement had subsided we all simmer together until the rice is a man remove his citine. And was very dejected when he returned. Shrugging the was gone a long time, and was very act of the was gone a long time, and was very dejected when he returned. Shrugging the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a long time, and was very act of the was gone a lon the head, saturating the hair well. Wash 3. To guard against chilblains special pre-2. Children's dresses that have grown carrisht can be made larger by inserting warming the feet mear the fire after they have been childed in the cold. This almost is a sure way of bringing on childrans.

A Shoe Blacking Accident

The Editor of Woman's Fage:

Dear Madam—Will you please tell me I can remove a black shee sheeting to the remove and again I come for the force in the said be well like to hear from ma a much as passible, as it fell me will like to hear from massible, as it fell me will like to hear from massible, as it fell me will like to hear from massible, as it fell me will like to hear from massible, and I would not like to have to give it well and I did not hear from him. I wrote to and I would not like to have to give it well and that he would answer every use that and that he would answer every use that are reasonably careful in using it, can buy the permanganate in the store. It is prepared by dissolving a teaspoonful of the crystals in a pint of boiling water. Before he was in the first sheet from the surface will lower the external temperature very rapidly unless a vigorous circulation is maintained.

After thoroughly bathing the upper portion of the body, turn the attention to the lower portion, continuing the rubbing of the upper parts at brief intervals bing of the upper parts at brief intervals to prevent chillness. As soon as the said did not hear from him. I wrote to have been contracted to the presence of exceeding the portion of the body, turn the attention to the lower portion, continuing the rubbing of the upper parts at brief intervals bing of the upper parts at brief intervals. What is the difference between tuberculosis to prevent chillness. As soon as the said he will did not hear from him. I wrote to have been do not to the lower portion, continuing the rubbing of the upper parts at brief intervals. What is the difference between tuberculosis to the lower portion, continuing the rubbing of the upper parts at brief intervals. The said the would discuss the said he will like to hear the said he will like to hear the said he will like to hear the said he well as a soon as the said he will discuss the said he will like to hear the said he will like to hear the said he will like t

bath."

A great quantity of water is not relighted; a few quarts is a plenty, and a

tomatoes same theumatism or cancer?

I am very fond of tomatoes, but there is a

quired; a few quarts is a plenty, and a

tomatoes satisfied or fond. JAMES N. been shown to be utterly false. The acid flavor of the tomato is due to citric acid. The tomato is best eaten raw. Fresh

ON Thursday. October 12. Doctor Meyer informed me that on the following Tuesday he would operate to remove the splinters from my arm. On Friday we heard the Swiss commission was coming soon to the hospital and I may be completed by the French splinters from my arm. On Friday may be continued and Barnes had been before the war, the office of the head mistress of the second office with the school. It opened off the Grande Sallee and had two windows overlooking to switzerland, where I would be able to see my family. He agreed that my trim would be useless for a year, but ald he would not let use see the commission until after he had operated.

The next day there was a strong time or we were mover given any oficial potice—that the commission would self the proper was unable to operate on Studay. The peter was unable to perate on Studay held a backgrammen heard, a few dishes. cal notice—that the commission would half the hospital on Tucaday. The hospital of the hospital on the hospital on the hospital on the hospital of the hospital on the hospital on the hospital on the hospital of the hospital on the hospital on walked in it is was almost necessary to back out like a crab arving of hunger. I had in reality at finished a royal breakfast of cereals of the hospital on Tucaday. The hospital on Tucaday. The hospital on Tucaday. The hospital on the h

arving of hunger. I had in reality at finished a royal breakfast of cereals of fried saurage.

The French captain was as charming man of about forty years of age. He had entered Lazaret VI when it was been for the three days following the secution. Furing this time I could not the land occupied the same room and had there recovered in solitude from his very serious wounds. He can all was given morphine every bed for the three days following the seration. During this time I could not seen and was given morphibe every ght. I thought a great deal of home ad took much satisfaction in inclosing the letter I wrote while in bed a heek to bity presents for some af the reads who had been so good to me. I cas fortunate in having my checkbook a my pocket at the time I was captured.

BARNES SUCCESSELL.

On Tuesday afternoon I was told that he Swien commission had arrived and that I was to get up and go to the French captain's toom and was till I was sent for. Barnes was to see the same for manusision, too, and we could not consumisation, too, and we could not consuminate to the balcony.

By the middle of 1917 he was well consuminated to the same thing as the study of a certain language or a walk on the balcony.

Freich captain's foom and wast till was sent for Barnes was to see the commission, too, and we could not concentrate our minds on any one thing as we waited for the time for our fate to be decided. At length the inspector appeared at the door and beckined to Barnes, who went out, only to reappear in a few momenta wearing a smile from far to ear. We knew that he had passed. I was sent for almost immediately.

OPENING THE WINDOW

In the center of the Grande Eallee was a group of natients and German doctors. In their midst I could distinguish the three Swiss doctors by their high blue cans with the long patent leather peaks. I was taken to one side while a sanitaire removed the bandages from my arm and displayed a deep gash stuffed with indeform gauze.

PASSED COMMISSION

Presently a Swim doctor approached examined my arm, and asked several questions regarding the lowe of movement in my hand. He was very nice and spoke English fluently. It turned out that he had been in Catada and had visited in several cities which I knew quite well. It was a strange feeling talking to a friendly neutral, who was in a position to aid you, loctor Meyer brought up the other two doctors, and explained my case to them, adding the control of the window.

Tomorrow's War Menu.

OPENING THE WINDOW

His progress in English was remarkable, but in spite of that our conveys sations were usually held in French. The only time be voluntarily spoke English was when we were all in bed. Just as Barnes and I were trying to get to sleep he would come out with some long sentence he had been planning for five or ten minutes.

Like all other Frenchmen he had are aversion to having the window open at night. He misted that, being near the door, which was always closed, he felt a draft. My bed was right in front of the window closed and the curtains drawn. As soon as he was asseep one of ur would slip out of bed and quietly open the window.

ONTINUED TOMORROW:

TOMORDOW

This progress in English was remarkable, but m spite of that our conveys sations were usually held in French. The only time he voluntarily spoke English was when we were all in bed. Just as Barnes and I were trying to get to sleep he would come out with some long sentence he had been planning for discussion to having the window open at night. He insisted that, being near the door, which was always closed, he felt a draft. My bed was right in front of the window of the window of the window of the window of the wi and explained my case to them, adding that I was very anxious to get to Switz-erland "to see my wife and family." They held a chort consultation, and then gave some instructions in German to an orderly, who sat at a deak writing. The inspector whispered in my car "felicitations" (congratulations). I had passed the first commission. I hardly knew whether to laugh or cry

WAS DISAPPOINTED

or 80 degrees without injury. The use of a much lower temperature is not commonly advisable and is often productive of great injury. The use of great injury. The use of great injury. The use of the tomato is best eaten raw. Fresh tomatoes are a valuable source of vitations, as well as of alkaline salts, himself for examination. He was finally persuaded to go, and came dashing back in a moment to undress. I never saw a man remove his cicthen so quickly He was gone a long time, and was very

STUDIO TO SCREEN AND IN BETWEEN

Through the generosity of Manager Jay Emanuel, the war sufferers will re-ceive 10 per cent of the receipts of this week's performances at his Jefferson Theatre. Several special feature produc-tions have been secured for this occasion.

The Lee children-Jane and crine- are to be the guests of Jay Mast-

Stanley V. Mastbaum has started have six lightless nights each west theatres under his direction will out lit on Saturday evenings.

There is also a possibility of all the Stanley circuit of theatres but

wood instead of coal.

Constance Talmadge in "Scandal" bring that charming blond to the act of the Bidge Avenue Theatre on The

Historical interest is to be found or The Conqueror," which will be sho on Wednesday at the Overbrook features William Farmum.

Annette Kellerman will appear in Fraughter of the Gode" at the Apollo Wednesday and Thursday.

A woman's hair turns white a

p. W. Griffith's "Intelerence" today's feature at the Rivoli.

baum all this week at the Palace Thea- in her latest film play, "Diamonda tre. They will hold public receptions Pearls," today and Tuesday. A R.

COAL and GAS

Are Short and Hard to Get

Two good reasons why you should stop

Victor Bread

The Big Conservation Loaf



Aside from the economy viewpoint, "Victor" is the finest loaf being turned out of an oven in these United States today. It is baked in our own ovens under conditions that are absolutely sanitary; every bit as clean as the best-kept kitchen in the land.

ANSWER THIS QUESTION:

Would the intelligent Housekeepers who are our customers use, more than TWO MILLION LOAVES weekly if the quality was not all we claim it to be?

The Best Companion to a "slice" of good bread is a "Cup" of good Coffee, and we have both.

OUR VERY Best Coffee, lb., Z

The finest Cup you ever drank-put us to the test. buy a pound today, take it home and try it, and if you don't find it entirely as we say, bring back the unused portion and we will refund the full price paid. Could anything be more fair than that?

American Stores Company

Everywhere in Philadelphia and Throughout

PENNSYLVANIA, NEW JERSEY, DELAWARE AND MARYLAND

A \$200,000,000 Investment

Tomorrow's War Menu

MEATLESS DAY

Oranges Creamed Flaked Codfish

Mexican Rice Cocna

BREAKFAST

LUNCHEON

DINNER Baked Mackerel Sweet Potatoes Fried Eggplant Beet Salad

Chocolate Cornstarch

Whole Wheat Toast

Graham Crackers Pickled Peaches

To Make Your Morning Marketing Easy

THEN you visit a retail store, make your purchase of Armour's meats, fish, vegetables, fruits, condiments or other perfectly prepared foods, and have your selection placed in the basket to carry home, do you ever stop to consider how this easy marketing has been made possible for you?

OOK into it. For you should realize the opera-L don of the systematic plan which offers you this range of choice and value.

Here are over a score of packing plants located in the centers of production constantly gathering and preparing the country's choicest yield.

Carrying Foods to You

HERE are refrigerator cars on every main line and branch spur with icing stations to care for them, steadily transporting these foods to over four hundred branch houses-each a huge, local ice-box in the midst of a congested population district.

Here is a great foreign investment-plants in the Argentine, Brazil, New Zealand, Canada-relieving the drain on this country's production.

Here is a national selling organization working, day in, day out, to equalize distribution and keep your food supply constant-laboring to hold producers' markets always open that there may be neither shortage nor surplus and that prices may hold at true value levels.

The important thing for you to remember is that without such a far-flung system continually at work for you by day and night, your supply of foods would be neither constant nor at existing prices. You would be paying very much more. And you would be denied the privilege of national selection-forced to live on the foods produced in your own locality.

Feeding the Allies

INDEED, it is in no small measure due to systems of handling foods such as that operated by Armour and Company that we as a nation are able to extend to our Allies the food-aid we are giving them today.

Think, if you can, of any other people in the war who are so certain of their regular food supply as we here in America!

When you consider facts such as these you can not fail to realize the advantage you must get in both quality and value when you ask by name for Armour food products.



ARMOURANGCOMPANY



Bathrobes for the Small Ones the Editor of Woman's Page. see Madam—I would like to let you when much we in our house appreciate agestion that appeared in the woman's some time age. It was about making old wornout blankets into bathrobes children. I had several blankets that been mended so many times there is didn't seem to be anything further do with them. When I read that surfice I loud the care and set contains a could be seen in the more to see if there is alough of scool nor is found the children let it is a brown belt in these times you should not puge. It may be your last letter did not reach him—it is difficult to teil. A Sam Brown belt is a brown leather beit which forms a part of the English uniform. It has a strap which passes the last month. MOTHER. A Challenge to Mrs. J. E. S. A Challenge to Mrs. J. E. S.

A Challenge to Mrs. J. E. S. To the Editor of Woman's Page:

Dear Madam—In answer to Mrs. J. E. S. I will say there are many others with deviced and souch unbands who have not found it received all that is her due or 'value green' that many others are many others with deviced and souch unbands who have not found it received all that is her due or 'value green' that it is locked for a home for more all Rages.

Ideam—Some time previous to this locked for a home for more all Rages in many others. They are weeks old now. They are able to should like very much to get for should like very much to get for should like very much to get for the should like very much to get for should like very much to get me and I won the same prize in the snd.

I am rather 'proud' that I am human and that my courtehip days were as wonderfully sweet as these of any lasting 'movie drama' or popular tovel. The symmanc continues through our six years of married command and have have like to the should like any like the like and like any like the like the like and like any like the like the like any like the like any

Get Your Free Trial Package Before It's Too Late

Clip the coupon from our advertisement in yesterday's (Sunday's) newspapers, take it to your grocer and get a 6 oz. Trial Package of 20 Mule Team Borax Soap Chips absolutely free. The Soap Chips remove every particle of grime, dirt and stains and leave your clothes snowy white and sweet smelling. It's the borax in these Chips that helps the soap do its best work.



can be safely used for washing the most delicate fabrics because they do not contain any harmful ingredients—just pure Borax and pure soap in the tested proportion of one to three parts. Will not injure the hands. An 8 oz. package of 20 Mule Team Borax Soap Chips is equal to 25c worth of ordinary laundry soap.

To make genuine, old fashioned soap paste, good for all household purposes, add one quart of boiling water to three heaping tableapoonfuls of 20 Mule Team Borax Soap Chips.

20 Mule Team Borax

Absolutely the best Borax for kitchen, laundry and bathroom. Always look for the picture of the famous 20 Mules on every package of both these products.

Sold by all good dealers