REVIVES OLD TRIMMINGS AS WARTIME MEASURE—HOME HELPS

ING THE NEUTRAL COLOR A MATTER OF TRIMMING IT

man Need Despair of Wearing Grays Tans-A Bit of Becoming Brightness the Secret—Jet Is in the Story, Too!

ut these colors are so neu- plaids.

eok blue! out these neutral colors, styles. charmingly Quakerish, It o't for lack of love that any ANOTHER way there is to relieve urns against the dove grays. And brighten the neutral color tans and the pearl mists. and then picks out bright

artist painting a picture, puts Another little pet hobby in France when she tries it on.

from georgette flesh to a deep rose The trick's the thing. There is no make charming foils for the doubt about it.

it seems as though noth- grays and cream tans. Pale lavenders world is neutral except and deep purples have been successthe soft, swishy afternoon fully used as trimming, and so have

the camouflage of yester there is no gray problem, and more pinks that were kind to since ingenious French dressmakers and the blues that made got busy and proved to the world that a wague sweet sort of a bothered to combine them in becoming

which deserves mentioning. This is wear them." she says, and the use of jet as trimming. It is particularly interesting, too, this bringing of jet back into mode because it is a measure linked up to wartime he Ingenious woman can wear economy. From France the idea hails. al colors, even if her cheeks where every once in a while a patripink. Here's where the little otle couturiere rakes up something putting two and two together long forgotten in order to conserve on The gray dress is the foun- new materials. This time it was the and then it is time for brain sparkle of jet that caught the eye. nd decoration. The ingenious And so the shiny black cut beads have takes her favorite color and, become a last cry in trimming.

THE WOMAN'S EXCHANGE

making apple sauce, why is it imto cook the apples without puring methers of France to retire from industry and return to their homes has been started?

note of the rolls of an egg that has note the white when the two are arated can be removed by touching to us through France from Spain.

offer paints beside the sewing table 2. It is not proper to accept an invitation provisionally, not knowing whether one can be done a small length of thread any or cannot attend the affair. There is an

Centucky Corn Dodgers

Froublesome Stockings
for of Woman's Page:

Sometimes greasiness of the skin comes from causes that have to do with general health, and until these are corrected local treatment will not help funch has not been face smoothly channels and the same of the children see that I should saw a piece of down the assam of the children's from the kines down on each leg the has not here face would be from the same of the children's from the kines down on each leg the hard of the tape I could fold are jo very neally and there would are jo very neally and there would be for the secrets of making always at as a pin now. Hoping the morning, after you have washed your face, and one or two times during the day apply the following lotion: Five and a half ounces of rosewater, one-half ounce of alcohol and one-half dram of boric acid. A druggist can make this up for you.

There is no way to shorten a long mose? I have worn a Lose shaper.

Sometimes greasiness of the skin seems from causes that have to do with general health, and until these are corrected local treatment will not help funch. If your case is very aggravated it might be well to see a doctor.

Here is a treatment that might be the face every night with warm water in which ten group to you.

Sometimes greasiness of the skin seems from causes that have to do with general health, and until these are corrected local treatment will not help funch. If your case is very aggravated it might be well to see a doctor.

Here is a treatment that might be the face every night with warm water in which ten general health, and until these are corrected local treatment will not help funch in the post of the second in the face every night with warm water in which ten general health, and until these are corrected local treatment will not help funch in the post of the second in the face every night with warm water in which ten general health, and until these are corrected local treatment will not help funch in the face every in the face every night to you: Bathe the face every night to you

Really, after all, it seems as though one might combine any colors if one

ugh on the neutral frock to today—the fan. It comes in all the that dull, clay-like look from gay and many variations of the rainbow. Here is another solution of the is the splendid and interesting indefinite color problem when it inneutral colors have taken. One vades the field of the evening dress. ibine virtually any shade with How could one be drab-looking with Most of the blues and all of the the glory of an ostrich fan to sweep wilich means combinations that light and color into the costume?

TODAY'S INQUIRIES

pretty Sundar bennet be 3. Should a letter of introduction be seated?

States of Woman's Page:

Signam—What is your opinion of a veil must be dress be made with a long at the said that guests do not enjoy between scented sheets, because the siderning. Is there any very faint at could be used? NEWLY WED.

Scoolly, I think a faintly scented is a delicate luxury that pleases than it displeases. Of course, some with a short or long gown or one with with a short or long gown or one with are prefer the plain, fresh, clean tial to the gown. A veil may be worn are also be in the minority, a short train. The effect is enhanced

> A Shorter Way to Get There To the Editor of Wamanis Pane:

To the Editor of Woman's Page:

Dear Madam—I noticed it your column to Friday's leave a troiby route to Guetter-Lake by F. S. from the Central Y. M. C. A. i don't mean to intrude, but would like to suggest a botter way out from that point. Take No. 33 car on Arch street; Set frankfor and change cars at Twenty-frat street and Ridge acquise to a No. 61, which passes the lake. If F. S. is a stranger let him come out and make himself acquisinted with an oilye sweater with green stripes.

INTERESTED SKATER.

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for you.

There is no way to shorten the nose.
The length of it is probably not haif as noticeable as you think it is. Build up your health, make the best of your other features and forget about your home.

Answer to Invitation

To the Editor of Women's Page:

Dear Madam—I received an invitation to dinner and a church entertainment after the dinner recently. The invitation came from three persons—Mr. and Mrs. and

How should I have replied to such an in-vitation. Miss scard was inclosed with the engraved invitation. (Mrs.) J. B. An engraved fermal invitation always requires a fermal acceptance or regret except in the case of a church wedding or a tea. A church wedding invitation is not answered and a tea is answered by leaving or sending cards on the day of the tea. In this case you should have suswered the formal invitation in the intra person and directed it to the persons who sent it in the following meanner:

IN THE MOMENT'S MODES

Many Chapeaux Are Fashioned From Metal Brocade



Millinery style creators are daily offering fresh evidence of their allegiance to metal brocades. Large hats, small hats and chapeaux of medium size employ this fabric in their fashioning. The upper of the two models illustrated is a closely fitting hat of metal brocade with a flaring brim of squirrel fur, a brim that is narrow in the back where it hugs the band. The two ornaments are of pearl. The lower model is of gold metal brocade with an ostrich tip band and stick-up decorating the top of the crown.

The brim is edged with maline.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

ANSWERS TO YESTERDAY'S NQUIRIES

1. The custom of warring strange blassems and of the proper state of the

I recommend that those of you who

A Man's Troubles
To the Editor of Woman's Page:

Dear Madam—My face is always shiny, smooth!

How can it be made to be always mice and a latter any possible way to shorten a long mas? I have worn a Loss shaper. J. G.

Sometimes greasiness of the skin comes from causes that have to do with general health, and until these are corrected local treatment will not help much. If your case is very aggravated it might be well to see a doctor.

Here is a treatment that might be helpful to you: Bathe the face every agiful to you: Bathe the face every in the face every agiful to you: Bathe the face every agiful to you have an "all-gone" feeling if you find it you into short lengths about one-half an its late at night that you have an you have that you have t

is fruit. Thre is an old adage, "Fruit is golden in the morning, silver at noon and lead at night." This is entirely an error except with reference to morning. Fruit is golden for breakfast for dinner, and is more than golden, yes, I think it is pearls and diamonds, for supper. It is far mere important to eat fruit for supper than it is to take it for breakfast, because taken at supper it will tax the digestive organs so little that there will be no burden to the body during sleep. Many of you do not sleep well because you cat so in the body during sleep. Many of you do not sleep well because you cat so much as the sleep you get when the supper.

It is far mere important to eat fruit for supper than it is to take without any supper at all, but two or little that there will be no burden to the body during sleep. Many of you do not sleep well because you cat so much as the sleep you get when the stomach is struggling with an undigested meal.

It is far more important to consist of fruits and a little rice, prehaving an awful time.

If any one of you will try this experimich and cut down your supper, making any moral reason. I believe that if dismissing a woman from work at 3 or 4
in consist of fruits and a little rice, prehave some that will make a woman is likely to corsolve a woman, the morning is likely to coro'clock in the morning is likely to coro'clock in the morning a woman is likely to corsolve a woman is likely to corsolve in the morning as woman from work at 3 or 4
in the onit approve of right work for
if any one of you will try this experimich and cut down your supper, making
it consist of fruits and a little rice, prehave some that kind
o'clock in the morning is likely to corsolve a woman is lik

think you must have suppers, eat fruit.

Do not eat bread and butter; do not eat pie and desserts; do not eat vegetables. If you want to eat any vegetables at all, let it be a simple potato, soup or potato puree, but if you eat much butter or anything in the shape of rich food like pie crust or cake, it will lie in your stomach for hours and disturb your sloep. You will have a bad taste in your mouth in the morning and you won't have any appetite for breakfast.

You say you have an "all-gone" feeling if you don't eat. If you find it inch long. Then wash it the case is proper and the piece of the long. Then wash it the case is proper as usually crowded. It is different to steep during the day undisturbed by noises from the others of the family. "But I believe the women will come through this experience healthier and its an excellent food remedy for constipation, as its bulk at its hould be a but only necessary that it should be called a proper and disturb your sleep. You will have a been left out on the sea-shore for several in the your facilities—this is extremely estimated in the your mouth in the morning if you don't eat. If you find it inch long. Then wash it the control of the sea should one-half any the control of the proper are usually crowded. It is different to steep during the day undisturbed by noises from the others of the family.

But I believe the women will come through this experience healthier and better if the proper attention is paid better if the proper att

What is the cure for night awents in the ariy stages of consumption? F. McC. Building up the body and getting rid of the tuberculos's.

(Copyright)

He wouldn't put them at that; it is the most exhausting work in the world. But any woman who can drive an automobile and an ambulance ought to be able to drive a plow and a harrow. It's

AS SOLUTION OF WAR PROBLEM

Calculated to Improve Efficiency in Industrial Field

Put the working-woman in bloomers not nearly so hard as doing a week's mash. "Working only eight hours, they can run elevators. We've had a woman one of the best-known women physicians of the be one of the best-known women physicians of the city, many of whose patients are working girls, tackled the question of how the thousands of women who have responded to the war emergency call for help in the industrial world can best skirts.

what the war is going to do FOR women has been the fabric of many a she's usually undernourished. Make a rosy dream in the feminine brain. It is a question so intriguing that it has fairly obscured the more vital one of what the war is going to do TO women.

Doctor Baldwin is of the fire belief fade away."

that, given the proper costume, a work-ing day of a reasonable number of hours, sanitary surroundings and equal pay with men the women will come out of their war experience healthier and better for having had the opportunity to express themselves in all varieties of

CALAMITY HOWLERS MISTAKEN Alarmists speak fearsomely of occu pational diseases that are likely to re-sult from the wholesale projection of women into the industrial world. Others go so far as to say that the next gengo so far as to say that the effects of the heavy toil and that a nation of puny weaklings impends. Still others predjet viclousness and demoralization as the outcome of the close association of women and men in the same workshops.

A fourth party of calamity howlers points to the increased incorrigibility among the children of Great Britain and prophesy a similar situation here A fifth party advances the argument that woman, whose work has not been so well organized as man's, will be exploited and that the soldiers returning from the trenches for their jobs will face an industrial world disrupted.

that, given the proper attention, they constitute any real menace. The Consumers' League is at present engaged in making an exhaustive survey of the containing an exhaustive survey of the containing an exhaustive survey of the containing and a haif cupfuls scalded milk, two making an exhaustive survey of the conditions under which women are now working, and other investigating committees are similarly occupied. It is expected that a vigorous protest will be launched against working women at night, even at Government contracts, and it is expected that suffragists, sociologists and wise-thinking persons generally will work their utmost to prevent any slackening of the child-labor laws.

The experience of Great Britain and France, which countries rushed their women and children into war-emergency

they'd do some housework. And the living quarters in the homes of working people are usually crowded. It is diff-people are usually crowded. It is

women will be equal to almost any work WOMEN AS FARMERS

They will make good farmers, with

Individual Models

Pearly Reduction

COATS Remainder of this season's styles in Hudson Seal, Leopard Cat, Nutria and other furs trimmed and plain.

Standard Furs

Starting at 175.00 Sea Dog with Hudson Seal. Starting at 120.00

Ten, Fifteen and Twenty-Dollar Hats at

COATEES Mole, Nutria and Combination of Hudson Seal and Muskrat.

CAPES The latest models in Sable and Mink, Hudson Seal and Chinchilla

BLOOMERS FOR WORKWOMEN

Tomorrow's War Menu

BREAKFAST

Apple Sauce with Honey

LUNCHEON

Lemon Gelatin

DINNER

Boiled Haddock with Oyster Sauce Creamed Potatoes Chow-chow Canned Peas

Grapefruit Cup

SARFANE EGGS ON LETTUCE

Put six hard-boiled eggs into cold water and remove the shells. Cut the eggs

in half, removing the yolks. Have reads

nine or ten skinned and minced sardines

Work the yolks of the eggs to a paste with a tablespoonful of saiad oil and then mix the sardines with this. To this

and seasoning of sait, pepper and mus-tard. Shape into balls and put into the halved whites of eggs. Serve on lettuce

Sardine Eggs on Lettuce oa. Whole Wheat Bread

Dry Cereal French Toast

Dr. Kate Baldwin Advocates Apparel as Best

By M'LISS

Doctor Baldwin is of the firm belief fade away."

These problems exist. No one denies with mayonnaise.

them.

"They must not be exploited; they must receive equal pay with men for equal work. They must have proper it has everal disin.

"It was the must not be worked in the cut alf an week. Chronic fatigue is one of the worst ailments in the world.

"Under those conditions I believe work and work work."

Full Pelts

Starting at 90.00

Starting at 30.00 5.00 Waists as low as

The Fur and Millinery Shop

423 WALNUT STREET

Off to the Front—

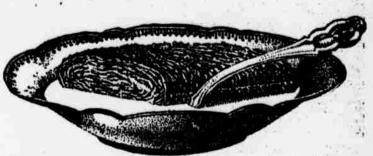
That's where every real American wants to be-right at the front-whether in war or in

Getting to the front is a question of proper food, rational exercise and simple living. Knowing what to cat and how to cat sometimes spells success for the man with poor physical endowment.

Shredded Wheat **Biscuit**

is the food for the man at the front, for the upstanding man, for the man who does things with hand or brain. It is 100 per cent. whole wheat, nothing wasted, nothing thrown away.

> For your "meatless meals" try Shredded Wheat Biscuit with sliced bananas, stewed prunes, baked apples, or other fruits. Two of these Shredded Wheat Biscuits with fruit make a nourishing, satisfying meal for breakfast, lunch or dinner at a cost of a few pennies.



MADE AT NIAGARA FALLS, NEW YORK

Looking Forward! A New Year's Resolution

The economic pressure of today has reached an extent never before experienced by the present generation. It has become, viewed from whatever angle you choose to look at it, an urgent necessity to see that your money is spent wisely and well. In a word, where your dollars go the farthest.

Resolve among your first New Year's resolutions that you will trade throughout

1918 at an American Store. We say to you in all sincerity that we can furnish your table at lower cost, quality, honest weight and measure considered, than anywhere else in four If you are not an American Stores' customer, resolve today and become one among the hundreds of thousands of families, many of whom have been trading with us for

Large Queen Olives 5c bot.

more than a quarter of a century.

Our Best Mince Extra Fancy Cal. Big Meaty Prunes Meat 15c lb. Apricots 25c lb. 12-14c lb.

Our Very Best Coffee, lb. 21c

High Grade Spaghetti, 8'-13'can An economical and wholesome sidedish, packed in a delightful Tomato Sauce Dressing.

South American Marrow Beans, lb. 12c

Victor Bread 7c The Big, Conservation Loaf The first slice will prove its crispy goodness—used by more families than any other bread in four

States. Our three bakeries have a combined weekly capacity exceeding two million loaves.

You are saving 6c on every pound-Big, white, mealy fellows, equal to the finest York State. Lard Substitute

lb. 26c An economical substitute for Pure Lard. A clean saving on your lard bills of four cents a lb.

Check Off Each Item

3 cans 5c size Cleanser for .. 10 Pure Codfish, pkg.6-9c Asco Osts, pkg.9c Mothers' Osts, pkg.9c

Fancy Tomatoes, 12-oz. can . 9c Fancy Tomatoes, 12-oz. can. 9c
Puree of Tomato, can. 8c
Best Hominy, lb. 7c
Best Cornmeal, lb. 6c
Best Barley, lb. 7c
Pink Salmon, can 18c
Shad, big can 17c
Queen Regent Toilet Soap,
cake 4c
Laundry Soap, cake 4c
Laundry Soap, cake 16-15-25c
Ascò Buckwheat, pkg 12c
Syrup, big can 16c
Macaroni, pkg 10c-12c
Noodles, pkg. 5c

Extra Fancy Red Salmon can 25c Sliced Dried Beef, pkg. 10c New Peas, can 15c

Tender Sugar Corn, can 15c Fresh Noodles, pkg. 5c Big Grape Fruit, each 6c

Fancy Eating Apples, doz. 28c The Following Prices in All Our Up-to-the-Minute Meat Shops Pork Chops and Roasts, 1b. 28c Best Cuts, 32c Chuck, Pot and Rolled Roast

Rib, Bolar and Crosscut Roast 28c lb.

Lean Soup Beef, 18c lb.

22c 1/2 lb.

Fresh Pork Shoulders, lb. 25c Hamburg Steak, 23c lb.

24c lb.

Fresh Killed Milk Fed Chickens, 32c lb. Bodine's Pork Relish.

Vogt's Cold Boiled Ham

New Made Krout, 10e qt.

American Stores Company