SAN HOMES FALLING SHORT IN SAVING FOOD SUPPLIES: GENERAL FAILURE IN REGULATIONS AGE WOMAN IN HER HOME

ss and Wheatless Days Are Fancy It HAS been raining good and plenty ms in the Privacy of Some Kitchen Valls—Is Patriotism a Public Affair?

THE CHEERFUL CHERUB

If they should make

Our victory is lost .

by hate I think

s won at too great

us hate as they

A war that's won

KJ.Culu

GNORES FOOD CONSERVATION

LY nine mouths have passed nerica went to war, and in the American people have orted by every known brand ion to save food. The time ults has come.

king for results Washington d out this: That the public ces such as hotels restauich, are saving food; they are meatless and wheatless days y; but that as a whole women ies are doing very little to nake their country's supplies

THEIR homes! When we sit and reason out why foodstops when it gets as far as the the private dwelling we come very unpleasant conclusion. Pais around to watch it grow! unwarranted doesn't it?. in for christening the days of the week true we knit in the fastnesses because he had a fanciful disposition.

own homes, but there's always

Laberty Bonds; but these are man think up next?" money can buy. We would be ir about doing both.

ey cannot buy our share in foodthough. And there is no she pleases. ish when his mouth is set for roast THE sooner women begin to realize

things on the gas store be

atiff pad made of a folded tea

pair of storm bloomers made of an accest will keep the little siri's un-sents berfectly dry when she is play-

Menu for Holiday Party

are Material Wessen's Page:

ar Madam—Kindly suggest what to at a "Boston dinner" if o'cleck), as siaborate, and what Lovelly to have gardy or some triffe to est while playing laier in the evening Inclosed please ddressed stamped envelope for answer, you very much. I have been helped our department often and I thoroughly your Today's Queries. Have learned things from it. Also keep a file in betteal form.

A CONSTANT READER.

by Boston dinner you mean what I

by Boston dinner you mean what I to you mean here is an appropriate it. First, oysters on half shell, served tomato cocktail sauce or cream of soup; second, hot baked ham, and with vinegar and a little motioned Boston beans and baked sweet hite potatoes and colesiaw); third, a maind with French dressing; pumpkin pie, coffee.

to obtain purple or fresh figs at this of the year. Many of the fruit were carrying them a little earlier season, but the season is about The figs must be handled cuickly

m a Young Housewife for of Woman's Pape.

ants, as they are apt to ock is carried over. Malted bought in the large drug

THE WOMAN'S EXCHANGE

TODAY'S INQUIRIES What is the proper place to have table 1. How have demestic servants in Eng monogrammed?

ment for munition workers?

ever, presents flowers to the bride and

He Was Snubbed

o the Editor of Woman's Page?

Dear Madam—As a stranger in this city, would be pleased if you let me know hore get to Gustine Lake, in Fairmount Parkon the Central Branch, Y. M. C. A. and olige.

Walk east on Arch street to Thir-

PATSY KILDARE By JUDD MORTIMER LEWIS

and it was good and thundery when I woke and there was a lot of lightning up over Green's barn. I do not know, but I think they were having some sort of celebration in heaven. Maybe it was because our school won the race or because draggy foot is going to get well Anyway, whatever it was, they were using Breworks, and it looked fine. The rain kept on coming down as if some one had punched the clouds full of holes. When I go to heaven I hope they will let And now the voluminous me be the angel who turns on the clouds long coat has its belt. We when the earth needs rain. Hewdy and I went outdoors and ran fitted over-all coat, but the

up and down the gutter in the rain, and idea of a generously full west up the street and asked old Maid long coat with the fullness Tompkins if she knew if was raining, held in by a belt is new and she did She said she would be ashamed to be out on the atreet in her style creators call this new rightles, and I told her so would I if I was she, and I would. Then Bowdy model the sister of the and I chased outselves down the street again to the other corner, and I sat in the gutter and waited for my father to come from his night watching. Soon his came, and his head was down so be would not have seen us if I had not spoken and Howdy had not backed, but Some of us must think Hoover went I did not Roady did not so my father in for christening the days of the week Idd. the short with the water because he had a fanciful disposition.

Special and said. "Aren't you afra'd smiled and said. "Aren't you afra'd smiled and said." "Oh, here's another new kind of a day," says Mrs. B. as she opens the home if you take up the whole gutter, evening paper. "Hoover says we can't I said, "I am not onling it up, I am have pork this time. What wan't that Then I got up and went home with

to say we had done neither of porkless days represents the calcuthere is a certain amount of lations of one of the greatest business flowdy shook himself dry, but I could minds in the country does not enter not do that, though I tried it is con into Mrs. Base reasoning. In fact, she of times. My father had the panel doesn't reason, and so she cats what attred and I flopped their and we are not do that, though I tried it is not do that. doesn't reason, and so she caus what she pleases.

THE scener women begin to realize that he hi his pipe and said he would be to make corn muffins. And it is as though no one ever knows ther you do it or not!

There is no reason, and so she caus what she pleases.

THE scener women begin to realize that he hi his pipe and said he would be the property of the pipe and he would be the property of the pipe and the would be the property of the pipe and in the pipe and and i went, but I was all wet when his mouth is set for roast that wheatless days and meatless that he hi his pipe and said he would be the property of the pipe and in the pipe and when the property of the pipe and in the pipe and in the pipe and when the property of the pipe and it property of the pipe and it property that he hi his pipe and said he would be the property of the pipe and it went, but I was all wet when his mouth is set for roast that he hi his pipe and said he would be the property of the pipe and it went, but I was all wet when his mouth is set for roast. The pipe and it went, but I was all wet when his mouth is set for roast. The pipe and it went, but I was all wet when his mouth is set for roast. The pipe and it went to go to school, and he did and I went, but I was all wet when his mouth is pipe and said the would be the pipe and it went, but I was all wet when his mouth is pipe and said the would be the bit his pipe and said the would be the pipe and it went, but I was all wet when his mouth is pipe and it went, but I was all went, but I was all well me when to go to school, and he did and I went, but I was all well me when to go to school, and he would be limated in a prod time that he hi his pipe and said that cultivation in a pipe and imperior that he hi his pipe and said that cultivation in a pipe and imperior that he hi his his pipe and said that the limate he hi his pipe and said the would be the his pipe and imperior that he hi his pipe and said that that pipe his pipe and imperior that he hi his pipe and said the would bel h an all-seeing eye were neces- make it last a month. America has and "Good to teacher, thank you."

discovered her people were calling too. We wont out in the rain because we WE do not come to this conclu-en about the disregard of food
much meal, wheat and fats to make them last as long as they must last.

If feed will win the war, lack of it house. The man who is a hundred years. rules, we come to one that is ant to lose it. It is better to one did was sifting on the porch, hobing at the rain come down, and he should his serve America's food regulations now than Germany's later on!

THE WOMAN'S EXCHANGE said. 'How many times have F got to tell you to star in out of the rain?

Then the burgier came out of the house and he seemed pleased to see me. He said. "I have got an offer of \$5000 for my, five acres of potatoes in the ground just as they are. Shail I take it." I said. "In that a lot of money." He said, "It certainly is; more money than I ever saw." Then I said, "Take it, you bonehead," and he said, "I will so we talked it over and he was happy because he could pay Mr. Rochrudder tarm for a greater length of time 2. What smart close hat has lately come then they are just placed over the 3. Are elaborate sifts presented on the occasion of a woman's second marriage? what he ewed him.

ANSWERS TO YESTERDAY'S INQUIRIES

I. Florence Nightingale was a famous Eng list to that degree of coldness initial to lightness of crust.

When I went home it was still rainting, and when Rowdy and I kneeled to might it was ratining just the same as list went to that degree of coldness initial to lightness of crust.

If pad made of a felded tea is became superintendent of all the bosolials on the Bospurus.

If pad made of a felded tea is to be the made of nurses that went to Crimea site became superintendent of all the bosolials on the Bospurus.

If pad made of a felded tea is too is true to create, the difficulty of the far neither where the number of the far neither where the number is the facing of that uphappy alternative, being "bored stiff" or "scared ships—the facing of that uphappy alternative, being "bored stiff" or "scared ships—the facing of the far neither where the number is the fighters in those controlled in the strain those ence the cheerfully undergoing?

In the of their men in France as the fighters in the field.

Thereoes," really undergoing?

It bot they realize the appalling monotony of war, as well as the appalling hardships—the facing of that uphappy alternative, being "bored stiff" or "scared ships—the facing of that uphappy alternative, being "bored stiff" or "scared ships—the facing of that uphappy alternative, being "bored stiff" or "scared ships—the facing of the far neither where the number of the strain throne ence the field.

In think of their men in France as the strain those ence with those strain throne ence cheerfully undergoing?

It becomes the field.

In the other the cheerfully undergoing?

It better the appalling menotony of war, as well as the appalling menotony of 2. Januarese women are keeping up with ask Him to bless you and my father the "woman movement" by taking up men's Amen." work. More than 1000 of them are said to

be employed by the Juperial Railway Bureau
of Japan. Many of them are serving as
chauffeurs and in other equally masculine

"The school Yell," the next Patsy Kildare
adventure, will appear in toknorrow's Evening Public Ledger.

3. The only part of the expenses of a Tomorrow's War Menu

Purkless Day

Baked Prines Creamed Fish (left over) Whole Wheat Toact

LENCHRON Eggs with Cheese and Spaghetti Spiced Pears Cookies

DINNER Cream of Split Pea Soup Rib Ends of Beef

thater. before With Onion and Chopped Sweet Pepper ith the Mashed Potation and Chopped Sweet Pepper Mashed Potation Apples Stuffer with Mincement

To the Hilling of Wayners - Page.

Dear Madam - Kindty civings and publish this in your woman's column, as I would then in your woman's column, as I would the to have your opinion of the case A mether invited me to attend a missellaricous affair given in bonur of her daughter. I received the message by mail one Predevict the message by mail one Predevict of the predevict of the message by mail one Predevict of the start was to 'also blace the following kinn affair with four others the affair or the day of the affair, with the meaning of presenting a giff with four other boys, who were putting a few dollars together to kuy her something worth while. Now the minute I came in the house they showed mun. They knocked me as though they did not care to have me at the affair unless I presented a siff; in other words, paid for my share of the entertailment. I will show that the start of the entertailment. I will show that the start of the entertailment. I will show the affair of the entertailment. I will show that the start of the was untilled in being present? (3.).

Was the affair a birthday party or a shower for an engaged girl? This With Onion and Chopped Sweet Pepper Mashed Potatoes

Apples Stuffer with Mincemeat EGGS WITH CHEESE AND SPAGHETTI

Melt two and a hulf tablespoonfuls of butter and blend with it four tables books from my fellow-authors for the spoonfuls of flour. Add two cupfuls of het milk, gradually stirring until smooth. Then add a half tenspoonful of onlon juice and one-half tenspoonful of onlon juice and one-half tenspoonful of onlon juice and one-half tenspoonful of cheese, fluely cut. Stir until the cheese moits. To this add one cupful of spaghetti and sliced hard-boiled eggs. One egg for each person should be used. Cock for two minutes.

The well-known author, writes:

"Some two years ago I asked a maif returning from the front: What does war feel like?" 'Oh.' he replied, 'You sit one and old packing-case and read last year's Pearson's Weekly.'

"Such a picture saddened me," continues Mr. George, "so that I begged books from my fellow-authors for the British camps to a total of some thousands. You will therefore realize my keen sympathy with your work. The modern soldier has desires beyond to-back one-half tenspoonful of onlon juice and one-half tenspoonful of onlon juice and one-half tenspoonful of spaghetti and sliced hard-boiled eggs. One egg for each person should be used. Cock for two minutes.

The well-known author, writes:

"Some two years ago I asked a maif returning from the front: What does war feel like?" 'Oh.' he replied, 'You sit one and old packing-case and read last year's Pearson's Weekly.'

"Such a picture saddened me," continues Mr. George, "so that I begged to American magazines and papers I had sent over from New England. They were immensely appreciated. The men would one miles upon miles just for a glance at the old home papers. I have never seen so much reading and writing done in the wilds in my lead one cupful of spaghetti and sliced hard-boiled eggs. One egg for each person is deed in the front: What does and the such in the four table in the one of the returning from the front: What does day. F was the affair a birthoay party or a shower for an engaged girl? This is the only reason I think of for your giving a present at all, and even then it is not at all necessary for guests who go to birthday parties to give presents. If a man is invited to a party he is certainly instituded in colors at it. The laws to you. Keeping stray bits of inon in alphabetical form is a very
of hospitality do not require that he pay
his way by giving presents. It was not
not on it."

money together to give the girl some thing worth while. I suppose no one told the mother that; but as long as it was to be given it would have been het-

ter to present the gift at the time of the ter to present the gift at the time of the party. If this was impossible you might have mentioned the fact to the mother that the boys were getting a little surprise ready for her daughter. But the fact that you did not do this should certainly not justify "knocking." A hostess is never rude to her guests, whatever he her secret thoughts about them. Perhaps you only imagined the snubbing. My citild, what painful vistas are before What years of youthful ills and pangs some!

and mumps; don't wish to dismay you-it's not Promoted now from bassinet to crib- ica But, O. my babe, what troubles flesh is

Adam's rib!

Laboriously you will proceed with teeth-Walk east on Arch street to Thirteenth street. Which is one square east of Broad street. Take any car on Thirteenth street and get an exchange. Get off at Ridge avenue and take car No. 61 on Ridge avenue. Take the car on the northeast corner. This will take you directly to Gustine Lake. The conductor will tell you when to get out.

IN THE MOMENT'S MODES

Coat of Myrtle-Green Bolivia Cloth

have had the belted semitrench coat. Myrtle-green bolivia cloth is the fabric that has gone into the making of the coat pictured. The huge fur pockets, the sleeve tabs and the draped collar are of beaver.

Xmas Thank-You Note it is to find time for it. There is of etimette which says "walt a while before acknowledging the

> THE WORLD'S WAR Through Woman's Eyes By ELLEN ADAIR

With the American Soldier; The Consolation of Books

And remember it is not only the fight-

"The men were very keen over those

Do the dwellers at home, those who And read rest securely in their beds at night ing men who want books. There are and, casting a thought across the Atlors of Americans over here who are lantle, think of their men in France as doing as valuable work as the fighters in

ships—the facing of the same of the facing o

the Americans at home fully understand the fighting man's craving for "literature" in every form?

To they realize that a book is as much a necessity to him as hie daily rations—that a book is an assunger of hardships, dangers, anxiety and even pain."

Every soldier who thinks and feels, they would be a mind above the painful many who has a mind above the painful many communications. She had a great deal of hard work.

"The men worked in ten units of thirty-five each," said Mr. Buell, "strung over a distance of fitteen miles. They much a last the last the last the said of hard work.

"The men worked in ten units of thirty-five each," said Mr. Buell, "strung over a distance of fitteen miles. They much a last the last the last the last they have all sorts of all, so the matter wasn't altogether easy. Each week I received new films from the Pathe Company for my Pathe-

who has a mind above the painful materialism of his present existence, wants books, books, and more books."

easy, Each week I received new films from the Pathe Company for my Patheserialism of his present existence, wants books, and more books."

with it as an orchestra. cohs, books, and more books!

In a letter to the American Expediwith it as an orchestra.

tionary Force Library, W. L. George.
the well-known author, writes:
"Some two years ago I asked a man liness of their surroundings during the

Remember that in the winter-time up there is gets dark about three in the more necessary to his happiness now than when he was living where other pisasures were easily obtainable.

Remember that in the winter-time up there is gets dark about three in the afternoon. My lumbermen had a very short day's work in winter. They crowded into the V. M. C. A.—356 of To a Very Young Gentle
To a Very Young Gentl

any parts of the fighting zone, books are the great necessity and the great the solace of many hours of leisure that would otherwise be intolerably weari-"Tell the folks back home that they

more grateful appreciation than the gift of books. And as books cannot last long in a muddy dugout, it is impossible for armies to have too many of them.

Dramatic Clubs

Dramatic Clubs

To the Miller of Woman's Page:

Dear Madam—Please possible controlled on the discontrolled on the disco

GOOD HEALTH QUESTION BOX

In answer to health questions. Doctor Kellogg in this space will duly give advice on pre-ventive medicine, but in no case will be take the risk of making alagnoses of or prescribing for adments requiring surgical treatment or draps. Health questions will be promptly answered by presant letters.

By JOHN HARVEY KELLOGG, M. D., LL. D. Diet for Stomach Ulcer

ULCER of the stomach is a much in highly laxative. This is the way: more common disease than is generally supposed. Many attacks of pain which have been called neuralgia of the stomach are without doubt due to ulcer. The ulcer may be very small in size, not more than one-fourth of an inch in diameter, or it may extend until it becomes ameter, or it may extend until it becomes as large as the paim of the hand.

Superficial ulcers give rise to severe pain, which becomes worse when the veins. It is the the treatment for variouse M. I. H.

stomach is empty.

The symptoms of ulceration are the apidy an elastic bandage, or a cotton pain in the stomach and in the spinic opposite, which are increased by food, two and one-buff inches in width especially hot drinks and argar; tenderness of the abdomen, particularly over the stomach; a violent beating or pult the tenderness of the abdomen, particularly over the stomach; a violent beating or pult.

Catarrh

nees of the abdomen, particularly over the stomach; a violent heating or putiling, the tongue is ridged and furred, and there is often great thirst, ecostipation and vomiting of blood.

Very often surgical treatment is necessary in case of stemach ulcer, but many cases pan be permanently cured without operation. Careful dicting and bygiend measures that build up the heatib cuch as open-air treatment, daily cold bathing, massage and oil rubu should be employed.

Mild cases of simple ulcer may generally be cured by giving the stemach a more or less prolonged rest by abstaining from food. Nutritive enemine for a wock or so will keep the patient well nourished. It may not be necessary to fast so long, after two or three days small quantities of food may be taken.

The patient should remain in bed and may be fed every two hours with a gruel should be of the consistency of thek cream; it should contain no will and should be given celd.

After the first two days the nument may be increased a tablospoonful a day,

After the first two days the amount may be increased a tablespoonful a day until six tablespoonfuls are given every periods should then b lengthened to three hours, and the

and the reased to four or five cuners.

After six or eight days, such foods as potate and other vegetable purees may be added, and also purees of sweet fruits boiled rice and butternilk.

Milk for the Baby

Shead a bate cight months ald has bole cove milk? MOTHER. whole cover milk? MOTHER:
A child eight months old requires
twenty-eight ounces of cows' milk daily,
which should be diluted with ten ounces
of water. To this should be added two
even tablespoonfuls of malt sugar. This should be given in five feedings. Mills sugar may be added if mult sugar cannot be obtained. The sugar is not added to the food to sweeten it, but to furnish a the use of cane sugar is that the baby quickly becomes recustomed to the sweet taste and then it is difficult later to induce him to cat unsweetened foods.

THERE are those in America who are describing war as a "Great Adventure," or a "Spendid Game." They are inightly inistaken. As a soldier once summed up the situation. "In war you are either being horself or scared stiff." Any fighting wan will corrobotion for the situation of t combined with correct diet.

Oatmeal Is Constipating

Yes, when cooked in the ordinary way.



1120 Chestnut Street Next Door to Keith's

SECOND FLOOR TAKE ELEVATOR

Perfect Pastry

Mix and sift two cupfuls of flour with one-half tenspoonful of sait. Work two tablespoonfuls of lard into the flour with this of fingers or two forks. When the mixture looks like meal, with a knife stir in enough ice water to make a dough. Knead slightly, cover, and set aside for five minutes. Pat with rolling sin, roll into thin sheet and dot four tablespoonfuls of butterine in very small bits over this (hin sheet of dough. Foldes as to make three layers. Pat, roll so as to make three layers. Pat, and fold again. Chill five minutes prepare to bake.

The Next Year

No backward g'ances shall binder A new life is begun,

And better hopes and better motives



A Nutritious Diet for All Ages. Keep Horlick's Always on Hand Ouick Lunch: Home or Office

Christmas Money Invested

AUTOMATIC CLEANER WILL SAVE YOU TIME, LABOR AND MAKE HOUSECLEANING A PLEASURE ALL THE YEAR, IT WILL AIR-CLEAN YOUR RUGS AND CARPETS, PICK UP THREADS AND LINT WITH THE LEAST POSSIBLE EFFORT, THOROUGHLY AND QUICKLY

Without Electricity

Just write, or phone Free Trial SPECIAL \$5.00 Down
TERMS. STATE PAYMENTS
IF YOU DECIDE TO BUY

The Robert A. Bucher Co., Inc.

1221 Arch Street (Second Floor) Phones-Sprace 2081-Sprace 5693

Announcing Our Annual Sale of Fine Furs and Hats We have reduced our furs and hats to prices far below their actual worth. The policy of this House to have but one sale a year makes this an opportunity of unusual importance.

> House of Wenger 1229 Walnut St.

Those going South will find our Cold Dry Air Crotis a perfect method for the sufety of their valuable Furs

Use Sugar Sparingly—Do Not Waste It

Everyone—manufacturers and householders should use sugar sparingly for the present.

The supply is limited and will be until the new crop of cane can be harvested and shipped from Cuba and the Tropics. The supply will then be ample.

In the meantime, the people of the New England and Atlantic Coast States should use sugar sparingly.

Grocers should limit their sales to any one family. No one should hoard or waste sugar. Do not pay an increased retail price.

The Franklin Sugar Refining Company

"A Franklin Sugar for every use" Granulated, Dainty Lumps, Powdered, Confectioners, Brown

Don't wish for a good complexionwill give it to you

use of cosmetics, here is an easy, inexpensive way to clear it:

Indignities from aunts who "just adore" can't possibly send too many books to us." is the cry I constantly hear, among all soldiers who are heading for the No. my babe, what troubles flesh is help to first made so free with Adam's rib. The first made so free with comfort and solace and will meet with

When teeth are here, you'll meet the dentist's chair; dentist's chair; hey'll teach you ways of walking, eat-

If your skin is not fresh, smooth aqglowing, or has suffered from an unwisc