GE OF INTEREST FOR WOMEN—GOOD-HEALTH TALK—CHEERFUL CHERUB—DAILY EXCHANGE

RUMMAGE IN THE ATTIC BOOKS TO SEND TO TRENCHES

Those Present in One Collection Was This morning I got up kind of early and helped Maggie set the table for ie Dinsmore," But Really Soldier Boys Deserve a Better Fate Than This

THE CHEERFUL CHERUB

Among the Christmas

With which we're all

The gift books full

presents

accursed

of sonnets

I hate the very

a book that has been peacenoozing in the back of the has had a hasty awakening his to answer the call of aries throughout the counading matter for soldiers. le, take a peek sometime at piles of literature. You'll

ys the flyleaf of one of the ts destined by the donor to thrill the off hours of a sol-

Food Value of Canned Beans

ar Madam—Can you kindly fell me the food value of canned baked brank INTERESTED.

re are 555 calories or units of

Nearly 10 per cent of those are

uilding or protein calories. Two

value in a pound of canned baked

y 20 per cent is carbohydrate food or that which makes heat and

Madam—Since sweet potatoes are used so much now, perhaps your readlife to know of this recipe for sweet purs that is a favortic in our rouns. The property of the property o

ding School for Girl Twelve

ding School for Giri I welly a
ditor of Woman's Page:
Madam—I would like to have your
about sending a girl of twelve to
r school. She seems quite selfah and
t seem to be able to exert much
sower her. She refuses to study,
sough not a stupid child, is failing
her work. She is not our little
t my husband is her guardian and i
her the characteristic would help'
se self-addressed envelope.
Mrs. K. R.

shness. The other pupils soon this trait and refuse to have

do with one who cannot join in general life of school without self first. Another lesson at boarding school is the one us that life is full of people

bit more important than our-Egotism and selfishness gen-together and this cures egotism. If you are careful to pick school where the standard of is high. There is an appointed study, and study she must if rvision is strict. Indeed, being ay to school seems the proper this little girl.

War Relief Work

THE WOMAN'S EXCHANGE

cat cuff links for the boy who is al-leading his can be made by attaching 3. Velvet is the material or obling pearl buttons together with evening gowns this winter.

License for Business

Hall, where you will find the Mercan-tile Appraiser, to whom you can explain all about your business. He will advise you what is required. The license itself is procured in the Mercantile L. cense

Dress Suit After 6

To the Editor of Woman's Page:
Liear Madam—I am invited to attend a
wedding at 6 o'clock in church. What
should I wear? I am asked to the receptor
after the ceremony.

A man always wears dress clothes to
an affair given after 6 o'clock; that is,
deems about which we involve the standard of the standar

Who Agrees With Him?

Who Agrees With Him?

To the Editor of Women's Page:

Dear Madam—I have been following the letters on promischous hissing in your Women's page:

I promischous hissing in your Women's page of the pag

you for the recipe. I am sure paper away.

Thanks for the kind holiday wishes.

ters and cuestions submitted to this department must be written on one side of or only and signed with the name of the writer. Special queries like those given a finded. It is understood that the editor does not necessority indores the sections of All communications for this department should be addressed as follows: THE SEXCHANGE, Evening Public Ledger, Philadelphic, Pa.

PATSY KILDARE By JUDD MORTIMER LEWIS

The Lame Leg

Jim, and I also flopped the pancakes for him when he came in from his milk route and they both love to watch me top pancakes. Jim says I am a remarkable child, and Maggie says so,

markable child, and Maggie says 20, too, and I am.

After breakfast Rowdy and I rambled and went to June's, and June's father was there, and he said to me, "Young lady, between you and the dector this house is turned into a hospital," I said, "That's no. If it had not been for us you would have missed all the fun, and then what would you have done?" He said "One of the things would have been to sleep better night before last." I said, "So would I. But we can sleep any time, and we do not get a chance to straighten a game leg every day." Then I went upstairs and June was sitting in the room with drasgy foot.

I said to draggy foot, "How do you I hate the very worst. Sitting in the room with draggy foot.

It would be painfully disagn in the act of taking a trench to know whether her father did or did not whip her for it to play jacks on Sunday.

Ethel from Irma," reads an Here is something vaguely sefous called "The Inroads of atoria," or something to that at One stops a minute to wonder there it is a man, a mountain or a good this Eukatoria. Well, any. Ethel decided to be nice and let soldiers in on the secret, And so to set the book to war.

IT IS encouraging to know that thousands upon thousands of good, rousing books have been mobilized from the "working" shelves of the soldiers by wi'n nothing to do till tomorrow, how would like to get out your pipe and set down for a nice, good comfortable taw with "Spiritual Healing," by decades. But they are the sort of books that persons still faithfully ask

I hate the very worst, and your factory and stargey foot. It said to draggy foot. It said, "My leg and that both log don't ache." She said. "Well, what do you know about that the books are assigned to take up precious shipping space.

IT IS encouraging to know that thousands upon thousands of good, rousing books have been mobilized from the "working" shelves of the said to June, "It said, "is that all you have got to make the left and put for leading the late it would unoperous the said to June, "It said that little girl." It said to June, "It said to Ju

with "Spiritual Healing," by decades. But they are the sort of some one thought this quite shock that persons still faithfully ask to have known it, because the paper had a deg. Then to have known it, because the paper had a deg. Then to have believe the paper had a deg. Then to have believe to have known it, because the paper had a deg. Then to have public library.

Our soldiers and sailors are very been are only a few examples. Our soldiers and sailors are very books that persons still faithfully ask to have known it, because the paper had a deg. Then he said I was a very wonderful child, and I hope my nother was hanging around and heard her say it, for mothers are hundreds of others, some books we pick out for them from the books that persons still faithfully ask to have known it, because the paper had a deg. Then he said I was a very wonderful child, and I hope my nother was hanging around and heard her say it, for mothers like to hear things like that about their children, especially when they are by dry that they make you think we have enjoyed reading the books operation came out all right the could do something like that some time that they make you think we have enjoyed reading the book do something like that some time, at and attics and the endless days ourselves. What wasn't good enough for the men she scovied and said she was going unately for the boys the library who've gone to fight our battles! uppety, and June laughed and said :

Then right up to the door came a hen and a bunch of little chistens. I had never seen anything like it before. They TODAY'S INQUIRIES

making pastry what sort of rollingtree lightness of crust?

In a solved?

In a solved?

In a solved?

In a solved?

In a solved it is too narrow for the iron

In the little zirl plays in the snow
writ of storm bloomers can be easily
a home to keep the undergarments

ANSWERS TO YESTERDAY'S INQUIRIES

In the little cirl plays in the snow
with the trend of the "woman movement"

ANSWERS TO YESTERDAY'S INQUIRIES

In the little cirl plays in the snow
with the trend of the "woman movement"

ANSWERS TO YESTERDAY'S INQUIRIES

In the little cirl plays in the snow
with the trend of the "woman movement"

ANSWERS TO YESTERDAY'S INQUIRIES

In the little cirl play in the snow
welding does the bridegroom pay?

ANSWERS TO YESTERDAY'S INQUIRIES

In the lare workers of Velay, France, are

were certainly nice to look at. I maked
June if I could have ene, and she said
Yes." So I took one, and Rowdy and
I rambled with it and it peoped to us
all the way inome. I held it between my
hands, and when I got it home it crued
to a thought it was hungry, so I gave
it a sales of mill, but it was cow's
milk. Every time after it stuck its
bill into the cow's milk it would put
its bill into the air and look for its
milk, and, of course, nothing like hen's
bill into the air and look for its
milk, but it was dark then, but I put it underreath its inother with it took of home again, and
it was dark then, but I put it underreath its inother with it is took of the solves of the cow's milk. Every time after it stuck its
bill into the air and look for its
milk is nother with the cow's milk its would put
its bill into the air and look for its
milk its into the air and look for its
milk its would put
its bill into the air and look for its
milk its would put
its bill into the air and look for its
milk its would in the cow's milk it was
hungry. Then we went back home.

In the could have ene, and I recould have ene, and I he was it is and its own it is not in the cow's milk it was
it as a least of of milk its and it is a star of the burgiar and the man who is a hur

a little clive cil. butter or lard is in the close of Velay. France, are it is certainly good to be in my own their places at home. They are especially leadth work in their own communities.

In the little stummick right foreign service, other women must take roused, with special reference to public the waste that reduced by the waste that reduced by the waste that reduced by the skin can then be very easily french sell. 2. Pelicewomen in England are paid \$6 a dred years old, and Mr. Rockrudder and Alice, but I can go and see Old Maid Tompkins, and I guess I will in 3. Velvet is the material par excellence for the morning. "Rainy Day," the next Patsy Kildare adventure, will appear in tomorrow's Evening Public Ledger.

oling bottles with the wax from a will prevent them from leaking when in a trunk or traveling bag.

To the Editor of Woman's Page:

Dear Madam—L am a reader of your page and I snloy it very much. I have seen so and I snloy it very much. I have seen so car, leip,

Tor about three months I have been premaring to start a mailing and mail-order nating to start a mailing and mail-order national nations and the start and two orders from the start and the s Tomorrow's War Menu BREAKFAST

Cereal with Top Mills French Tonst Maple Syrup Coffee LUNCHEON Spanish Omelet Graham Muffins Apple Sauce

DINNER Hanbut Steaks in Tomato Sauce Scalloped Potatoes Olives Lettuce with Mayonnalso Dressing Christmas Cake with Lenner Sauce

or that which makes heat and power. More than 68 per cent of a of baked beans is water.

Sweet Potato Recipe

Sditor of Woman's Page:

Madam—Since sweet potatoes are some and like to know of this recipe for sweet which you do not make yourse it will cost you see selling some article which you do not make yourse that is a favorite in our house team wit sweet potatoes without tham. When done peel them and them. Mix with this a curful of hot the power of the property of the pr HALIBUT STEAKS IN TOMATO Dip halibut cutlets in egg and then in bread crumbs. Fry in fat. Have ready a heated canful of tomate soup with-out any water added to it. Pour this on a platter and place the cutlets in this when cooked.

Trust in the Future I know not what the future hath Of marvel or surprise, Assured asone that life and death

His mercy underlies Bureau, City Hall. Apply personally.

Age has nothing to do with it. No license is required for giving your little.

And so beside the Silent Sea I wait the muffled car;

No harm from Him can come to me

On scean or on shore I know not where His islands lift Their fronded palms in air; I only know I cannot drift

Beyond His love and care,

—J. G. Whittier.

The New Year dress shirt, white waistcoat, swallow-tailed coat (not a tuxedo) and dress trousers, silk socks, pumps or low pat-ent-leather shoes, white lawn how tie and white kid gloves.

New year, coming on a What have you to give Bring you scathe or t Pace me with an hone You shall not deceive n New year, coming on apace, Bring you scathe or bring you grace Face me with an honest face; You shall not deceive me.

—CHRISTINE ROSSETTI.

Waists as low as

IN THE MOMENT'S MODES



Here and there among the modes of the season one notices a trace of Chinese influence. Sometimes it is discernible only in the coloring, in some cases it is supplied by Chinese embroidery in the trimming, and in other instances the modeling itself proclaims a Chinese source of inspiration. The three-piece suit pictured in the adjoining sketch is of taupe satin and nutria fur. Red ribbons trim the skirt and the girdle and tassels are in Chinese red.

A Call to Nursing

A Call to Nursing

"Are you taking any courses in nursing?" Miss Julia Lathrop, head of the Federal Children's Bureau, in the January Good Housekeeping, put the question to every woman. She centinues:

"With nurses being called away to foreign service, other women must take their places at home. They are especially beauty work in their cwar communities."

Tomorrow Morning tempt that youngster's appetiteand your own-with delicious Holland Rusk. Every day that you delay your first taste of Holland Rusk, you are missing one of life's good things. dainty; in America it is fast getting to be. Your first impres-sion will last-you never tasted anything quite like it. A delicious, golden-brown, crisp, tasty toast that is made only of the very finest flour, eggs

and rich, sweet milk. It's good at breakfast, luncheon, dinner, or in between. With fruit, it's delicious. Served with poached eggs, it makes the dish taste far better than ever before, and even simply warmed in the oven and buttered, it's much more enticing than toast with your coffee or tea or cocoa.

Sold by All Community Stores and Other Good Grocers

Ask for the Recipe Book HOLLAND RUSK CO., Makers Holland, Mich. New York Office: 46 Hudson Street

Standard Furs



Full Pelts

Individual Models

Pearly Reductions Sale

Hudson Seal Coatees trimmed with well-contrasted furs of Ermine, Fox and Skunk. Starting at 90.00

The new Capes in combinations of Mole and Ermine, Hudson Seal and Kolinsky. Starting at 30.00 Remainder of this season's styles in Coats of Hudson Seal, Sea Dog. Nutria and other furs, trimmed

Leopard Cat Coats at

Hats at

1423 WALNUT STREET

GOOD HEALTH QUESTION BOX

in answer to health questions. Doctor Religg in this space will daily give advice on pre-ventive medicine, but in no case will be take the risk of making diagnoses of or prescribing for adments requiring surgical treatment or drups. Health questions will be promptly answered by personal letters to found vers who include stamped envelores for riply. By JOHN HARVEY KELLOGG, M. D., LL. D.

Tonsillitis

When a child has an acute tonsillitis or even the doctor, to distinguish it from diphtheria. The throat looks worse and the child is more feverish than is usually fever is generally not pronounced—in other words the system does not put up to the two teaspoor of diphtheria. In diphtheria the fever is generally not pronounced—in other words the system does not put up the treatment is essential and this must allow.

Do Sweets injure Teeth Are sweet cubstances injurious to deth, even though the teeth are cleans immediately afterward?

No. The injurious of sum upon the teeth are the result of indige of idding, two teaspoonfuls of givering the body and a few drops of wintergreen in a pint of holled water.

An active cathartic and a liquid or light diet is advisable in all cases.

In all cases of diphtheria the antitoxin of purifying the blood?

JAMES G. W. other words the system does not put up treatment is essential and this must althe same active fight against diphtheria ways be given by the physician. infection that it does against infection

The throat becomes sore, fever de-velops and the child complains of diffi-culty or pain when awallowing. The tongue is coated, the breath heavy and foul. For about three days the child is

foul. For about three days the child very sick.

In doubtful cases a culture from the throat tells the doctor exactly what he is dealing with. But the doctor's opinion as sometimes better than the laboratory report, for diphtheria germs are often found in healthy throats and unques-tioned cares of diphtheria sometimes fall to give a positive culture, especially after

to give a positive culture, especially after gargies have been used.

For home treatment, cold compresses are very efficacious. Wring out a towel in cold faucet water, fold it several times and place it across the throat and under both ears. Over it apply a piece of clied silk or a dry flamel. Change this compress every hour.

Gargling is perhaps only stirring up things to no purpose at first. A good substitute is frequent washing of mouth and throat, with nose held in the fingers. This cleanses the mouth and throat without hurting. The particular solution to

deafness is catarrh which begins in the throat and nose, and which has been neglected until it extended up into the ears. Enlarged tonsils, snoring, sleeping

ears. Enlarged tonsils, snoring, sleep with the mouth open are indications the presence of catarrh.

Do Sweets Injure Teeth

No. The blood cannot be purified taking drugs of any sort. The only we to purify the blood is by outdoor life correct diet and care to secure freque

of follicular toneillitis.

Tonsillitis is infectious, and since it is followed (or complicated in a certain proportion of cases) by joint or acute heart manifestations, it requires careful attention. The disease begins with chilly feelings and pain in the back and limbs These pains in the limbs, however, do not signify that the trouble is rheumatic.

The throat becomes sore, fever demanded.

The throat becomes sore, fever demanded by the limbs and the child complains of differences and the child complains of differences and the child complains of differences when awallowing. The Causes of Deafness

What are the causes of deafness?

COMPLETE AND SERVICEABLE LINE OF MEN'S WEAR AND WOMEN'S WEAR Ladies' Silk Hose 59c Special Value Black and Colors BEST quality silk: BLACK, WHITE and COLORS.
Also full line of Ladies', Children's and Men's Hose.
Choice and Attractive Selection of

LADIES' AND MEN'S HANDKERCHIEFS MEN'S TIES, 50c to 65c. SPECIAL-LADIES' KAYSER GLOVES LADIES' SHIRTWAISTS, \$1 to \$10

Farter Fresh McPHILOMY'S, 1624 Market St. State to OPEN EVENINGS EXCEPT TUESDAY AND WEDNESDAY



The Last and the First

In 25 per cent of all cases the cause of

Whether your needs are those for the last meal of the old year or breaking your fast in the New, the American Stores offer money-saving opportunities in QUALITY GROCERIES that cannot be equaled.

"Comparisons Usually Are Odious, but We Welcome Them"

Extra Fancy"Red" Salmon, can 25c

"Eat more fish and save the meat"—is a Food Conservation slogan. Very fine quality-full size tall can.

South American Marrow Beans, lb. 12c

to the best York State-you are just saving 6c on every pound.

Victor Bread, The Big Conservation Loaf

Large selected beans, cook equal the best York State, you are just than any bread baked in these United States, at anywhere near the price.

Very Best COFFEE, lb. 21c

Recognizing that the American people are the greatest coffee drinkers and connoisseurs of a good "cup" on earth, we created this Blend to satisfy the hardest to please. Are you coffee particular?

Guaranteed Eggs, doz.43c Our Best Mince Meat, lb. 1,5c

12 good eggs in every dozen—that's our guarantee and all any one expects—there's a ig difference in eggs. It pays to consider

A special price for the best mince meat-made by Atmore & Son.

BEST Oleomargarine, lb., 35c

A pure, wholesome and economical substitute for pure butter. Sold in a great many of our stores. If the store where you trade does not sell it our manager will be glad to direct you to the nearest American Store where you can obtain your wants.

Seasonable Goods Below Usual Prices

Choice Cranberrieslb. 12c | Fancy Mixed Nutslb. 20c | Fancy Eating Applesdoz. 28c | Grenoble Walnutslb. 23c | Big Grape Fruiteach 6c | Almondslb. 23c Puree of Tomatocan 8c Brazil Nutslb. 15c Choice Tomatoes...12-oz. can 9c Filbertslb. 18c Lemon and Orange Peel....lb. 20c | Best Citronlb. 23c Our Best Mince Meat.....lb. 15c

The Following Prices in All Our Up-to-the Minute Meat Shops Fresh Killed FRYING BROI ING CHICKENS, 32c lb. They're milk fed, soft-meated and the finest quality obtainable.

Pot Roast, 24clb.

Bolar Cross-Cut ROast, 286lb.

Fresh Pork Shoulders | City Dressed Pork 23c lb. Small, lean an cut picnic style

Chops Roasts 30c lb.

American Stores Co. Everywhere in Philadelphia AND THROUGHOUT Pennsylvania, New Jersey Maryland, Delaware



Starting at 150.00 and plain.

Ten, Fifteen and Twenty-Dollar

The Fur and Millinery Shop