

CHRISTMAS CAN MAKE PATRIOTS WOMEN WHO FEAR WAR CLOUDS

December 25 Brings Fourth Dark Noel to France—She Is Worn With Battle—It Is Time for Us to Do Our Part!

WE HAVE had many a Christmas Eve, but perhaps not one like this. Only those of us who are more than sixty can look back on a Christmas when America was in arms, a nation, man strong.

THE CHEERFUL CHERUB

A constant new surprise My changing days unfold. My interest never dies— I love this growing old.



about what war has done to the little ones "over there."

IT DOESN'T help France to meditate on her wrongs today, but when we do just one thought comes to the top: America must get into her place and help France. France is holding our line for us—has held it for us—desperately. She is waiting.

To the woman who compares this Christmas with those of other times and sighs for peace there is only one answer: All the Christmas of makeshift peace in the world will not count until France, with her hungry children, with her wrecked villages, is avenged!

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department will be written on our side of the paper. It is understood that the editor does not assume any responsibility for the return of letters. All communications for this department should be addressed to: THE WOMAN'S EXCHANGE, Public Ledger Building, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. How are women taking very active part in the actual life of the British army?
2. Name the woman who is called the "Little Grandmother of the Russian Revolution."

- ANSWERS TO SATURDAY'S INQUIRIES
1. Jam that has become hard and squary can be made quite smooth if it is put in the oven and allowed to melt.
2. What is the difference in flavor between dark red and light red cranberries?

Answers to Saturday's Inquiries: 1. Jam that has become hard and squary can be made quite smooth if it is put in the oven and allowed to melt.

Answers to Saturday's Inquiries: 2. What is the difference in flavor between dark red and light red cranberries? In the season vegetables with bacon, but in the winter, extended if the season is put through the fine part of the food chopper.

Answers to Saturday's Inquiries: 3. Busy black silk can be renovated at home with dye made from boiling an old discarded black kid glove in a pint of water. Boil until the water is half a pint left. Then squeeze the silk on the right side. Place a cloth over it and iron while damp on the wrong side.

Answers to Saturday's Inquiries: 4. A hostess house is a rest and recreation center set aside for women who visit soldiers in camp. It has been established and is maintained in the various camps and restaurants by the Young Women's Christian Association. It is in the hostess house the soldier "visits" with his people.

Answers to Saturday's Inquiries: 5. It is proper and courteous to write a note of thanks for a gift. Acknowledgment by telephone is not adequate.

Answers to Saturday's Inquiries: 6. After the hair has been washed, a little brilliantine smoothed on it will make the tresses considerably easier to dress.

Answers to Saturday's Inquiries: 7. A Test of Love. Dear Madam—About a year ago I met a young lady whom I now adore. When I realized the feeling was mutual I entered upon a strange understanding with her and am now very much troubled as to whether I did the right thing.

Answers to Saturday's Inquiries: 8. From a Little Girl. Dear Madam—I am a little girl eleven years old and I am a constant reader of your paper. I read in the paper of a little girl who wants some toys for her brother's birthday. It did not seem to me that I would see that she gets some toys.

Answers to Saturday's Inquiries: 9. A Mother of a Soldier. Dear Madam—Words cannot express how much I am in love with the kind friend who remembered my little girl with the clothes today. I did not seem to me that I would see that she gets some toys.

Answers to Saturday's Inquiries: 10. History of Weather. Dear Madam—Kindly forward me a weather chart of Philadelphia for the week ending November 1, 1917, to December 15, 1917. On it please put date, time of day (12 o'clock, temperature, moisture, wind and other remarks.

Answers to Saturday's Inquiries: 11. Current Cookies. Dear Madam—Kindly print in your column the current cookies. (Mrs.) R. Dear Madam—Your tableful of butter and eggs and sugar to a cream. Add nuts and sugar to taste and top with currants. Then add two cups of sugar and beat twice with an egg beater. Finally add currants. Bake in a shallow pan.

PATSY KILDARE By JUDD MORTIMER LEWIS

The Relay Race

WE SLEPT kind of late at June's this morning, for draggy foot had been hollering her head off all night till dawn toward daylight, when the doctor began to give her water to drink. Then she went to sleep and we also slept a little. After I woke up I ate breakfast as quick as I could and then Rowdy and I ran to Jim's. He and Maggie were waiting for us with the bus, and we saw the bus starting out in an auto which was going to race with them. I was glad then that I am not a boy, for the boys were all dressed in their undershirts and they looked out in an auto which was going to race with them. I was glad then that I am not a boy, for the boys were all dressed in their undershirts and they looked out in an auto which was going to race with them.

Christmas Carol The earth has grown old with its burden of care. But at Christmas it always is young. The heart of the jewel burns lustrous and fair. And its soul full of music bursts forth on the air. When the song of the angels is sung. It is coming, Old Earth, it is coming tonight! On the snow flakes which cover thy sod. The feet of the Christ-child fall gentle and white. And the voice of the Christ-child tells out with delight. That mankind are the children of God. The feet of the humblest may walk in the field. Where the feet of the Holiest tread. This, then, is the marvel to mortals revealed. When the silvery trumpets of Christmas have pealed. That mankind are the children of God. —Phillips Brooks.

GOOD HEALTH QUESTION BOX

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drug therapy. Health questions will be promptly answered by personal letters to: JOHNS HOPKINS HOSPITAL, BALTIMORE, MD.

Muscular Rheumatism

Muscular rheumatism, or myalgia, is a painful disorder of the voluntary muscles and ligaments. It usually follows cold and exposure. It is possibly not always the muscles, but the sensory nerves of the muscles, that are affected, as the pain is often of a strictly sharp, neuralgic type. The location of the pain gives different names to the attacks: lumbago affects the loin muscles; "stiff neck" describes itself; and then again the muscles of the ribs and about the head may be the seat of the pain.

The Christmas Dinner

Turkey, goose and vegetables, which Americans dine at Christmas, according to ancient custom, are the very things the food administration wants them to eat, as they conserve wheat, red meats, fats and other needed war foods. Fittingly, therefore, this Christmas feast on meagre Tuesday, the day on which no red meats are to be eaten. Serving the old-time Christmas dinner on that day could not be more appropriate.

Tomorrow's War Menu

- CHRISTMAS DAY BREAKFAST Grapefruit Omelet with Mushrooms Waffles Coffee Maple Syrup DINNER Clear Soup Roast Turkey with Chestnut Filling Cranberry Sauce Mashed Potatoes Giblet Gravy Buttered Turnips Pickled Beets Christmas Fruit Salad Mince Pie Nuts and Raisins SUPPER Coffee Welsh Rabbit Toasted Crackers Fruit Cake CHRISTMAS FRUIT SALAD The ingredients are sliced pineapple, nut meats, currant jelly, grated cheese, lettuce leaves and mayonnaise dressing. Place lettuce leaves on individual plates and on each plate place a slice of pineapple. Mix with a thick currant jelly or some other kind of jelly some chopped nut meats and heap up in the hole in the pineapple. Grate some cream cheese over the pineapple and dot with mayonnaise; on each bit of mayonnaise place a candied cherry or cranberry. Here you have the Christmas colors of red, green and yellow.—Mary Wright's Salad Book.

Bishop Asks Aid for K. of C.

HARRISBURG, Dec. 24.—Letters have been forwarded to the clergy of the diocese by the Rt. Rev. Philip R. McDevitt, bishop of the Catholic diocese of Harrisburg, urging them to take part in the Knights of Columbus war-fund campaign. The Knights of Columbus are maintaining buildings at the camps, which are open to soldiers and sailors of all sects. The campaign will start on January 3 and continue until January 10.

One Mail Delivery Tomorrow

One complete delivery of mail will be made on Christmas Day. The general delivery section of the central post-office will be open from 11 o'clock

IN THE MOMENT'S MODES Coat Suitable for Afternoon or Evening Wear

If you choose your afternoon coat wisely you can make it do service as an evening wrap. Or, if you are looking for a practical evening wrap you can select a model which will not be inappropriate for afternoon wear. For instance, consider the coat pictured in the accompanying sketch. Here is a model quite suitable for afternoon or evening affairs. It is of pearl-gray chiffon velvet, lined with pussy willow taffeta and trimmed with sherry and satinny and leggy. Jim drove down the road toward the starting point, which was a long distance away, and we nearly missed getting there by starting late.



Christmas Carol

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THE WORLD'S WAR Through Woman's Eyes By ELLEN ADAIR

A Happy Night With America Thanksgiving at the Eagle Hut LONDON, Nov. 26. LAST night was Thanksgiving night in London—and I think Americans started with a real Thanksgiving dinner. My American readers will wonder why I record that obvious fact. But please remember we folk in London are living today in a beleaguered island; we are on "war rations," and our food must be measured out to us in due portions.

After the games were divided into teams. Each team wore its college pennant. There were about 40 men to each team, headed by a captain, and a cheer-leader—500 participants in all! I was captain of Cornell.

There were a couple of Roosevelt's Rough Riders, twenty American soldiers, a small crowd of Australians, three British naval officers and three army officers from the American Embassy, who swelled the throngy numbers of my team. Before the evening was over I had fifty Americans on my team.

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Substitutes Cost YOU Same Price. Horlick's Malted Milk is a rich, creamy, and delicious food. It is made from the finest malted barley and is a perfect substitute for milk. It is easy to digest and is a good source of nutrition. It is a perfect food for infants, the sick, and the elderly.

SAWTAY 100% PURE BUTTER OF NUTS

"Better than Cheap Butter, Cheaper than Good Lard" For BAKING-SHORTENING-FRYING. Here is the proof: COW-BUTTER is 20% salt-and-water—to say nothing of the bacteria. Though you pay for 5 pounds of butter, you actually get but 4 pounds. If you pay, say, 48 cts. the pound for the water-salt-and-butter, the actual cost of the butter itself is 60 cts. the pound.

SAWTAY 100% Pure Butter-of-Nuts Use 1/2 Less at 31 1/2 a lb. Best Lard Just Plain Hog-fat at 40¢ a lb. Butter SAWTAY Best Lard

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THE NATION'S light

its star, this Christmas of 1917, is the beckoning light to sacrifice and service. Not alone sacrifice by those who tread the sodden fields of France, but supreme service by those who, great or lowly, must shoulder uncomplainingly that other giant burden which is lightened only by a sense of lesser sacrifice, perhaps, though equal worthiness!

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