

IS REAL MOTHER TO SAMMEES—FOLLOWS THEM INTO GERMAN PRISON CAMPS

YOUR PRESENTS LATER, BUT JOIN THE RED CROSS NOW

Water-Mother of the Boys Is Calling for "to Belong"—Help America, Send Xmas God-Bless-You to Fighters

Vyvettes



A hat of dark-blue satin. The satin gathered and drawn spirally round the crown and finishing somewhere in a little whirl of feathers.

Such a little thing it is to do when considered singly. A heart and a dollar are all you need, reads the slogan. But such a mighty thing it becomes when 10,000,000 more people tell the boys they are "with them."

EVEN wrapping presents and hunting up recipes isn't a very good excuse for not joining the Red Cross at Christmas time. Everybody goes downtown in holiday time, and you can't get very far any place these days without having someone ask you to be enrolled. In railroad stations, department stores, where you work, where you play—everywhere you'll find these cheery-faced people pleading with you to be one with them.

What good will all the dollars, all the Christmas presents in the world be IF WE DON'T WIN THE WAR.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Special queries like those given in this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. What emblem do Englishwomen employ in industrial work worn on the front of their blouses?
2. What garment extensivly sold in the shops now is a welcome slip-on under the latest blouse?
3. Is it necessary that a hostess rise when a guest presents another to her?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. It is possible to obtain the names of worthy poor families who are in need of Christmas toys, baskets, etc., from the Society for Organizing Charity, from churches, settlement houses and the social service departments of hospitals. All can be reached by phone.
2. Madame Helena Fedorwick, wife of the world-famous pianist, Ignace Fedorwick, is selling suffering Polish, her native land, by the sale of "refugee dolls." Through money made from these she is now supporting in Paris 500 families of destitute Polish artists.

An Affair of the Heart

To the Editor of Woman's Page: Dear Madam—I am a constant reader of your page and I am sure you will give me the same advice as you have given to many other girls. I am eighteen years old and I am in love with a young man whom I met at a dance about a year ago. We have had several arguments, but he always speaks to me in a friendly way. I have had several arguments, but he always speaks to me in a friendly way. I have had several arguments, but he always speaks to me in a friendly way.

Put Child in Movies

Dear Madam—Can you advise me and my mother as to what is the best way to get my child into the movies? I have heard that it is a very good way to get a child into the movies, but I am not sure. I have heard that it is a very good way to get a child into the movies, but I am not sure.

Use Maid's Initials

To the Editor of Woman's Page: Dear Madam—Through your valuable column will you kindly settle this question: That initials should be used in marking linen, your maid or your future husband's initials, before marriage? I am sure you will give me the same advice as you have given to many other girls.

Dress for Opera

To the Editor of Woman's Page: Dear Madam—How should one dress when attending the opera? I have been asked to attend and the girls are in the orchestra. I am sure you will give me the same advice as you have given to many other girls.

PATSY KILDARE

By JUDD MORTIMER LEWIS

Draggy Foot

I WENT out to June's today as soon as I woke and talked with her and her doctor about the girl with the draggy foot at the orphan asylum. They were interested and June's doctor said he would go with me and see if he thought she could be cured. So we went to the asylum and peeked over the wall, and there was the girl with the draggy foot sitting by the wall in the sun. He and I climbed over the wall and took the girl with the draggy foot into the asylum.

June's doctor told the head lady that he believed he could cure draggy foot if he could take her home with him. The head lady said she did not know whether he could take draggy foot home or not, but would get on the floor and find out there did not get on the floor, she just called through it, and then she had June's doctor talk through it, and then everything was all right. The head lady told him that there were any of the other children he would like to experiment on he could, which was very nice of her, I think.

We took draggy foot into the auto and took her to June's and showed her to June. Then June's doctor said he would take draggy foot to the hospital, but June said, "Can't you take care of her here?" He said, "I suppose so, if you wish me to." June said she would love it. That made June's doctor smile a kind of nice smile and hug June and kiss her. Then he said they would feed up draggy foot for a week or so and get her strong, so she could stand it, whatever it is. They started her off on poached eggs and hot biscuits and honey and milk, which was pretty good, for I helped her eat it.

Then I went away. I wanted to see the burglar and so I went out to where he lives. The man who is 100 years old was sitting in the same place where he always sits. He said, "Where have you been?" I said, "What is it to you?" Then I thought that was not very polite, so I said, "I am 100 years old." I thought I would be polite again and I said, "You do not look it." That made him mad and he tried to hit me on the head with his cane. When the burglar came he was glad to see me and told me about Gunpowder, the horse, and the cows and how fat Gunpowder is getting, and that the horse had had a calf, and the cow the place which he calls a calf, that he had one night. I asked him what he was going to do with it and he said he did not know. He said, "I don't know and I said, 'Then keep it' and he said he would. I know he will, for he is a burglar and perfectly honest.

I did not stay very long, and when I got back to where the men are making the swimming hole I found they had pumped out the water and were putting in cement and slippery white brick to make the sides and the bottom. As soon as I looked at it I saw that the bottom was not flat toward the other end, unless you are standing at the other end, and then it tips down toward that end. The boys said he hadn't noticed it until I told him about it and he was very much surprised and said what in thunder would he do? I said I guessed he would have to chop out the cement at one end and make it deeper. He was just about to do it when he thought of something and asked me if all the little girls in my school could swim. I told him, "No," and he said, "I would have to chop it out to leave it slanted up that way, for then the little lads who cannot swim can wade in the high end." I thought that would be fine, so we decided to leave it the way it is. The boys say I certainly have got brains at the end of my neck, which means my head.

I am glad I talked with him about that tipy bottom, for if I had not been there when he noticed it tipped he might have dug it out. He says the pool will be all finished before vacation. I asked him if we could not use it for vacation and he said of course, as that was what it was for. So I sat and watched the men laying the bricks and they are as white as milk—the bricks, not the men.

"An Active Imagination." The next Patsy Kildare adventure will appear in tomorrow's Evening Public Ledger.

IN THE MOMENT'S MODES

Metal Brocade Hats Lead in Headgear Novelties



Metal brocade leads just now in the list of smart materials for the fashioning of chapeaux. Your winter wardrobe is not quite complete if it does not include one of these latest headgear models. The chapeau pictured is of black velvet and silver brocade. The fur set is of beaver.

Tomorrow's War Menu

- WHEATLESS DAY BREAKFAST: Stewed Appricots, Coffee, Oatmeal and Rice Muffins. LUNCHEON: Vegetable Soup, Rye Bread and Peanut Butter Sandwiches, Baked Apples. DINNER: Savory Beef Baked (left-over), Creamed Potatoes, Lettuce and Pineapple Salad, Mayonnaise, Oatmeal Crackers, Cheese.

Soup Without Stock

Another economy for wartime comes from a careful housekeeper. When vegetables are boiled for dinner she uses a little more water than ordinarily and saves it by straining it off through a colander before dishing up the vegetable. This very good soup stock of purely vegetable origin she seasons tastily with onion browned in butter, with croustons and grated cheese, or with the scrapings from a cap of spaghetti-tomato served at luncheon.

Christmas Maple Creams

This is a southern recipe and it is very good. Take two cupsful of shaved maple sugar and one cupful of cream. Boil to the soft ball stage, or 240 degrees Fahrenheit. Remove from the fire, add one cupful of chopped butter-nuts and beat until it turns creamy. Pour into pans and cut into squares. Place a half of a nut meat on top of each square. Walnuts may be used instead of the butternuts.—New York Tribune.

Daily Bath

Is the daily bath essential to health? For sedentary people, yes. Persons who live active lives, especially wild

Hemstitching

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GOOD HEALTH QUESTION BOX

In answer to health questions, Doctor Kellogg in this space will give advice on preventive medicine, but in no case will he take the risk of making diagnosis of or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to Dr. J. H. KELLOGG, M. D., LL. D.

Chronic Rheumatism

THIS affection may begin with an acute attack, but more often comes on, little by little, in middle-aged persons. It is most common in the hard-working day laborers of both sexes. Constipation and digestive derangements of various sort are always present. There is no doubt that this disease, with the stiffness and aches that travel from joint to joint, is an amoebic infection. The colon may be the real seat of the trouble, with auto-intoxication manifested in rheumatic symptoms, or diseased tonsils and teeth may harbor the original culture of disease-bearing bacteria.

The teeth must be thoroughly cleaned and treated as may be necessary by a dentist, while the tonsils must be treated or even removed if sufficiently diseased. The laxative food treatment and diet must be rigidly followed. Medicines are useless in chronic rheumatism while putrefactive centers exist. The only hope of curing chronic rheumatism is in getting rid of the cause of infection. Remarkable cures are reported, especially where diseased tonsils have been removed. One sufferer for years ceased to have any rheumatism in a week after his tonsils were extirpated.

Electricity and all the hydrotherapeutic measures bring great relief, with a corrected diet. Fruits, vegetables and abundant water-drinking, with ordinary buttermilk and cultures of the Bulgarian bacillus, are the best kind of food. Coffee, tea and meat should be avoided, and many patients cannot take eggs or milk. The bowels ought to move three times a day. This same dietetic treatment is suitable in all types of rheumatism.

While climate is not responsible for rheumatism, cold and dampness do contribute to the discomfort of the victim of the infection and an equable temperature is an aid in overcoming the stubborn results of the poison. However, chronic rheumatism can be cured in any climate when it is curable. Today we can offer more hope of cure than ever before, since the infection theory of the cause of the disease is so well established.

Cracked Lips

Please describe a means by which I can relieve cracked lips in the corners of the mouth. I do not smoke or drink and am a vegetarian. D. E. C.

Keep the mouth, as well as the lips, thoroughly clean, adopt an antiseptic diet, make the bowels move three times a day by natural means. The diseased places should constantly be protected by vaseline anointing.

Neurasthenia

Will a sluggish or chronic congestion of the liver cause a condition of neurasthenia? Sluggishness or congestion of the liver is never a primary cause of disease. This condition is always secondary. The most

Use of Thermos Bottle

Will the thermos bottle keep a baby's food right? They are excellent for keeping milk hot for night feedings. The milk must be kept above the feeding temperature, however, otherwise it will sour.

Tribe, who live in the open and wear little clothing, do not need the benefits of the daily bath. The daily cold bath and frequent warm baths compensate to some degree for the lack of exercise and out-of-door life. The daily bath is not much used by the laboring classes, yet the active, out-of-door life induces perspiration, which carries off poisons.

Give Furs for Christmas

Our new factory and showrooms at 1911-13 Chestnut street will be ready for us about March 1. We don't want to move any of our high-grade stock. Hence our Reduction Sale is earlier than usual, and you are the benefiter. Every garment has our touch of individuality.

Table Savings

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For your convenience we print herewith a list of all our up-to-the-minute meat shops.

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