YOUR PRESENTS LATER. **JUT JOIN THE RED CROSS NOW**

ter-Mother of the Boys Is Calling for "to Belong"-Help America, Send Xmas God-Bless-You to Fighters

ful completion of the nas drive for 10,000,000 new members is the realest and I-bless-you America could men who are fighting-

fight for her. al God-bless-you—the mother what a mother must of sees doing for her boy when him beyond her care the

how many women visu Cross in this way. It's y! Not as a vast relief orthat turns out supplies by n, but as something that ous like a mother!

oth aches, for instance, as he foot in France. Who fixes He's hungry—not in France just in a United States rail-. Who stands waiting with He's cold. Who gives him

rain to France-and then to rrangement has been made boys they are "with them." Do you know?

sky look down on his achinghe could use a mother if he had comes to him?

is only just one answer to

to join the Red Cross.



A hat of dark-blue satin. The satin gathered and drawn apirally round the crown and finishing somewhere in a little whirl of feathers.

Such a little thing it is to do when -he's spending lonesome, considered singly. A heart and a dolhours in a prison camp. Who far are all you need, reads the slogan. him there? And gives him But such a mighty thing it becomes

when he is weak and spent Even wrapping presents and hunten he is weak and spent

and only the stars of a excuse for not joining the Red Cross

Then I went away. I wanted to see the burglar and so I went out to where excuse for not joining the Red Cross the burgar and so I went out to where at Christmas time. Everybody goes downtown in holiday time, and you can't get very far any place these days without having somebody ask you to be enrolled. In railroad stations, delegant to the said of the said of the said of the said. "Nearly everywhere, thank you." I said, "Nearly everywhere, thank you."

An Affair of the Heart

THE WOMAN'S EXCHANGE

only and signed with the name of the writer. Special queries like those piven movined. It is understood that the editor does not necessarily indones the sentiment All communications for this department should be addressed as follows: THE EXCHANGE. Evenings Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

od themselves in the guest room?

2. What garment extensively sold in the shops now is a welcome slip-on under the topcont those celd days?

3. Is it necessary that a hostest to the soy bean and how is it

ANSWERS TO YESTERDAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES

I. It is possible to obtain the names of worthy poor families who are in need of christmas toys, baskets, etc., from the Society for Organizing Charity, from churches, shired on a wire frame that is balve to buy and the shade is finished a bit of gold braid.

to are only ninety-five culories or of food value in a pound of solvach.

S. Madame Helena Paderewski, is world-famous planist, Irance Paderewski, is saiding suffering Poland, her native land, by the sale of "refugee dolls." Through money made from these she is now supporting in Paris 500 families of destitute Pullsh artists.

NEW FURS

An Affair of the Heart

Madam—Can you put me in touch
but-in who wishes to earn a little
bar much more swing than I
to and I'd like very much to
bendwork on her clothes.

some mother who would like
wome mother who would like
stockings for her baby?

lairs of cashmere and silk and
shall sladty send to any one
them. They are only larse
young hables
young hables
the editor many Merry Christthe delitor many Merry Christthe wallor many Merry Christthe delitor many Merry Christthe delitor many Merry Christthe delitor many Merry Christthe wallor many Merry Christthe fallor was favors
who the measy first, page. A
M. D.

You have made a mistake, my dear
little girl, in thinking that your opinion
must always be given in to, and the
young man has evidently been very

for will surely appeal to some young man has evidently been very patient and polite on the matter. Behe loves to do dainty needlecause persons get into an argument is And the wee, warm stockings ! and the wee, warm stourings no reason why either must give in to 1217 WALNUT ST. the is many a heart pang in the other simply in matters of opinion, n's Department when some of who apply for such offered self acknowledge you were wrong. who apply for such offered People can be very good friends and things can't go two places at inings can't go two places at matters. Learn now, before you go on on one little pair of feet warm. opinionated and not to insist on inflictons for M. D. will be sent ing those opinions on others. That is what the Germans are doing today, try-

ou, M. D., for your kind offers r Christmas wishes. The editor governed according to their way of us Merry Christmas and knows spite of seeming irony of the chubby hand will see that you a nice, friendly letter, saying you are ing to insist that the whole world be glad to hear how brave he is in having

Put Child in Movies

ref Weman's Pegs:

Toward the end of the letter you might say you are sorry you were so might say you are sorry you were so obstinate at your last meeting and you obstinate a

following are suitable for Box of daintles, such as Box of daintles, such as Courn will you kindly settle this discussion: What initial should be used in marking lines, your maiden or your future husband's initials, before marriage?

M. L., H. G., E. J. mirror, rubber-lined tofountain pen or books.

A bride should always use the initials
of her maiden name in marking linen
and other household articles before marriage.

Linen, etc., bought after marriage
she corps they will probfor you.

Dress for Opera

enlisted, and tell him bits of news you

know will interest him.

PATSY KILDARE By JUDD MORTIMER LEWIS

T WENT out to June's today as soon as I woke and talked with her and her doctor about the girl with the draggy foot at the orphan asylum. They were interested and June's doctor said he would go with me and see if he thought she could be cured. So we went to the asylum and peeked over the wall, and there was the girl with the draggy foot sitting by the wall in the sun. He and I climbed over the wall and took the girl with the draggy foot into the asylum. There June's doctor asked the head lady if he might examine her not the head

if he might examine her—not the head lady, but the girl with the draggy foot. She said he might and he did.

June's doctor told the head lady that he believed he could cure draggy foot if he could take her home with him. The head lady said she did not know whether he could take draggy foot home or not, but would get on the foam and find out. She did not get on the foam, she just called through it, and then she had June's doctor talk through it, and then everything was all right. The head lady told him that if there were any of the other children he would like to experiment on he could, which was very nice of her. I think.

We took draggy foot into the auto and

We took draggy foot into the auto and took her to June's and showed her to June. Then June's doctor said he would take draggy foot to the hospital, but June said, "Can't you take care of her here?" He said, "I suppose so, if you wish me to." June said she would love it. That made June's doctor smile a kind of nice smile and hug June and him there? And gives him rations—because that kind of when 10,000,000 more people tell the rangement has been made boys they are "with them."

But such a mighty thing it becomes kias her. Then he said they would feed up draggy foot for a week or so and get her strong, so she could stand it, whatten the neutral country Switzerand milk, which was pretty good, for

without having somebody ask you to be enrolled. In railroad stations, department stores, where you work, and the second do a half hour's intensive one.

What road will all the dollars, all the g about the woman who deig refused or deliberately negto join the Red Cross.

What good will all the dollars, all not know. He said it belonged to me and I said, "Then keep it," and he said he would. I know he will, for he is a be IF WE DON'T WIN THE WAR.

I did not stay very long, and when I got back to where the men are making the swimming hole I found they had pumped out the water and were putting Oat in cement and slippery white brick to make the sides and the bottom. As soon as I looked at it I saw that the bottom was not flat toward the other end, unless you are standing at the other end, and then it tips down toward that end. The boss said he hadn't noticed it until I of butter. To this add a cupful and a look of butter. To this add a cupful and a boss said he hadn't noticed it until I told him about it and he was very much surprised and said what in thunder would he do? I said I guessed he would have to chop out the cement at one end and make it deeper. He was just about to do it when he thought of something and said what in thunder and make it deeper. He was just about to do it when he thought of something and saked me if all the little girls in your served at luncheon. and asked me if all the little girls in my school could swim. I told him, "No," and then he said, "I wonder how it would be to leave it sianted up that way, for then the little tads who cannot swim can with this recipe. wade in the high end." I thought that would be fine, so we decided to leave it the way it is. The boss says I certainly have got brains at the end of my neck, which means my head.

I am glad I talked with him about that tippy bottom, for if I had not been there when he noticed it tipped he might 2. It is in good taste for a man to give a Christmas remembrance to a girl with whom he works when the two are only business friends, provided the gift is an impersonal one. Christmas often presents an opportunity to repay little business favors.

tunity to repay little business favors.

NEW FURS FOR OLD FROM THAT

OLD STYLE coat, scarf or must we can design for you the most fashionable piece. You will be surprised at what many call the "marvelous ingenu-ity" of our work. A complete display of Hudson Seal Coats, Also Sets Mores, Scarfs and other Small Pieces suitable for Christmas giving.

REISAND BERKOWITCH

IN THE MOMENT'S MODES Metal Brocade Hats Lead in Headgear Novelties



Metal brocade leads just now in the list of smart materials for the fashioning of chapeaux. Your winter wardrobe is not quite complete if it does not include one of these latest headgear models. The chapeau pictured is of black velvet and silver brocade. The

York Tribune

Soup Without Stock

Another economy for wartime comes

vegetables are boiled for dinner she uses

a little more water than ordinarily and

saves it by straining it off through a

colander before dishing up the vegetable.

Tomorrow's War Menu WHEATLESS DAY

BREAKFAST

Stewed Apricots

Corn and Rice Muffins LUNCHEON

Vegetable Soup (made from left-overs) Rye Bread and Peanut Butter Sand-Wiches Baked Apples

DINNER

Savory Beef Bake (left-over) med Potatoes Diced Carrots Lettuce and Pineapple Salad

Mayonnaise Oatment Crackers

rumbs add a cupful and a half of hot This very good soup stock of purely two eggs, letting the yolks get thick and light and the whites stiff. Add these to

Xmas Gifts Waists

ing and Exclusive







Prompt service and a large assortment of new models to

1112 Chestnut St. 1114 Third Floor. One Door East of Keith's Stafford Bldg. Take Elevator



To Economize Wisely is the patriotic duty of those of us who perforce must stay at home. To buy for utility, to spend wisely, to maintain appearances, to prevent waste by making every dollar do full

That Is Real Patriotism

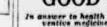
Women's & Misses Tyrol-Wool Suits

23.75 24.75 26.75 31.75 are practical, serviceable, economical and in keeping with the

spirit of the times. Tyrol-Wool Top Coats

24.75 27.75 32.75 37.75

MANN & DILKS



GOOD HEALTH QUESTION BOX

answer to health questions. Doctor Kellogg in this space will daily give advice on pre-ventive medicine, but in no case will he take the risk of making diagnoses of or prescribing for adments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

By JOHN HARVEY KELLOGG, M. D., LL. D.

Chronic Rheumatism

Use of Thermos Bottle

Will the thermos bottle keep a baby's foo-

They are excellent for keeping milk

Cracked Lips

Neurasthenia

Siuggishness or congestion of the liver

STONE

One of These
Regular \$5 & \$6.50
Georgette and
Crepe de Chine

Waists, \$3.75

Habisreitinger

1220-1222 Walnut St.

For Christmas

hot for night feedings. The milk must

Tills affection may begin with an itibes, who live in the open and wear on, little by little, in middle-aged persons. It is most common in the hardworking day laborers of both sexes. Constipation and digestive derangements of various sort are always present. There of various sort are always present. There active, out-of-door life induces the active, out-of-door life induces perspiration, which carries of poisons. is no doubt that this disease, with the stiffness and aches that travel from joint to joint, is an amoebic infection The colon may be the real seat of the trouble, with autointoxication manifested in rheumatic symptoms, or diseased tonsils and teeth may harbor the original be kept above the feeding temperature. culture of disease-bearing bacteria. however, otherwise it will sour.

The teeth must be thoroughly cleaned and treated as may be necessary by a dentist, while the tonsils must be treated or even removed if sufficiently diseased.

The laxative food treatment and diet vegetarian.

Medicines are must be rigidly followed. Medicines are useless in chronic rheumatism while putrefactive centers exist. The only hope of curing chronic rheumatism is in getting rid of the cause of infection. Remarkable cures are reported, especially where diseased tonsils have been removed. One sufferer for years ceased to moved. One sufferer for years ceased to will a sluggish or chronic congestion of the liver cause a condition of neurasticular the liver cause a condition of neurasticular to the liver cause and the liver cause and the liver cause and the liver cause and the liver cause a condition of neurasticular to the liver cause and the liver cause and the liver cause and the liver cause and the liver cause a condition of neurasticular to the liver cause and liver cause and the liver cause and liver cause tonsils were extirpated. is never a primary cause of disease. This condition is always secondary. The most

Electricity and all the hydrotherapeutic measures bring great relief, with a corrected diet. Fruits, vegetables and a corrected diet. Fruits, vegetables and abundant water-drinking, with ordinary buttermilk and cultures of the Bul-garian bacillus, are the best kinds of food. Coffee, tea and meat should be avoided, and many patients cannot take eggs or milk. The bowels ought to move three times a day. This same dietetic treatment is suitable in all types of rheumatism. rheumatism.
While climate is not responsible for Christmas Maple Creams

This is a southern recipe and it is very good. Take two cupfuls of shaved maple sugar and one cupful of cream. Boil to the soft ball stage, or 240 degrees Fahrenheit. Remove from the fire, add one cupful of chopped butternut as its and beat until it turns creamy. Pour into pans and cut into squares. Place a half of a nut meat on top of each square. Walnuts may on top of each square. Walnuts may

Daily Bath

Is the daily bath essential to health? be used instead of the butternuts - New For sedentary people, yes. Persons who live active lives, especially wild



vegetable origin she seasons tastily with

Table Savings at all our Quality Meat Shops

Chuck Pot Roast 24c lb. Rib Bolar Cross Cut Roast 28c lb.

Fresh Pork Shoulder (While they last) 25c lb.

Lean Soup Beef18c lb. Lean Boiled Beef20c lb. Fresh Ground Hamburg Steak 23c lb.

Krout

10c qt. Relish

Bodine Pork 1/2 lb. 22c

Fresh

Beef Kidneys Cooked Tripe

16c lb

W. Gay St., West Chester.

For your convenience we print herewith a list of all our up-to-the-minute meat shops. Highland Park. 800 Edgemont Ave. Chester. Marcun Hook. Hatbore. A. Nide Main St., Parkesburg. GERMANTOWN

GERMANTOWN
5137 Germantown Ave.
5369 Germantown Ave.
4116 Germantown Ave.
5320 Germantown Ave.
5320 Germantown Ave.
Morton & Haines Sts.
4128 Germantown Ave.
228 Germantown Ave.
238 Germantown Ave.
238 Germantown Ave.
248 Germantown Ave.
258 Germ

OF MARKET ST., PHILADELPHIA AND SOUTH OF MARKET ST., PHILADELPHIA SOUTH ST., PHILADELPHIA SOUTH SOUTH

60th & Race Sts.

FOX CHASE
C & Loney Sts.
NORTH OF MARKET ST., PHILA.
Front & Cambria Sts.
5th & Somerset Sts.
2361 N. 5th St.
2nd & Ontario Sts.
Hanceck & Norris Sts.
8032 Frankford Ave., Holmesburg.
8601 Longsbore St., Tacony.
Torresdale Ave. & Higbee St., Wissingonia

Torresdain Ave. & Highee nouning.
1934 W. Cumberland St.
Fark Ave. & Somerset St.
516 & File Stc.
601 N. 5th St.
601 N. 5th St.
602 N. Front St.
603 N. Front St.
603 N. Front St.
603 N. Front St.
604 N. 5th St.
605 N. Front St.
605 N. 126 N. Tabor Rd.
606 N. 226h St.
606 N. 226h St.
606 Prankford Ave.
606 Prankford Ave.
606 Prankford Ave.
6118 Vork Road.
6118 Vork Road. TOWNS IN PENNSYLVANIA

S. Main St., Bethlehem.

AP W. Gay St., West Chester.
Fayette & Spring Mill Ave., Censhohecken.
Ford & Holstein Sts., Bridgeport.
Marshall & Chain Sts., Norristown.
66 E. Main St., Norristown.
Butler & Spring Garden, Ambier.
Bridge & Gay Sts., Phoenixville.
Bridge & Gay Sts., Phoenixville.
Bridge & High St., Fottstawn.
Willow & Elm Sts., Norristown.
Willow & Elm Sts., Pottstawn.
Ford & De Kalb Sts., Bridgeport.
High & Fenn Sts., Pettstawn.
10 W. Main St., Deriestown.
10 W. Main St., Norristown.
Hussicota Pike & Weich Rd., Bustleton.
Pleasant St. & Elm Ave., Wyndmoor.
Vorf. Rd., Willow Grove.
206 Butler Ave., Ambier.
Charistic & Oak Sts., Pottstown.
213 N. Main St., Leandale.
350 Main St., Contesville.
TOWNS IN JERSEY 130 Main St., Lansdale,
330 Main St., Contesville.
TOWNS IN JERSEY
1619 Brondway Camden,
437 Kairhn Ave., Camden,
16th & Federal Sta., Camden,
16th & Flue Sta., Camden,
17th & River Ave., Camden,
17th & River Ave., Camden,
17th & River Sta., Camden,
17th & River Sta., Camden,
17th & River Sta., Camden,
17th & Fern Sta., Camden,
18th & Fern Sta., Camden,
18th Main St., Haddonfield,
182 Hadden Ave., Westmont,
18th Main St., Haddonfield,
182 Hadden Heights,
18th Main St., Berlin,
18th Main & Jackson Sta., Cape May,
18th Clementen,
18th Main St., Berlin,
18th Mai W. Side Main St., Berlin. 140 Phila, St., Egg Harbor. Asbury Ave., Ocean City, Laurel Springs, Inin St., Toms River, almyra. incland & Arlington, Delance Mill St., Mt. Holly. 34 Landis Ave., Vineland. 5 E. Washington St., Washington. Bordentown. F. Bide Main St., Flomington. Lambertville. Hamiten & Washington, Trente

American Stores

EVERYWHERE IN PHILA. PENNSYLVANIA DELAWARE NEW JERSEY MARYLAND

Do you regard cheese as constipating? Is fresh cheese undesirable as a food?

B. M. S.

Cheese is a concentrated food and its digestion leaves no residue. Unless com-bined with other foodstuffs furnishing a sufficient amount of refuse its free use would naturally tend to constipation. Cream cheese is not unwholesome for persons who are able to tolerate milk.

THE CHEERFUL CHERUB

The nicest reader wrote and asked-If I could dine with her somewhere. I'd love to come but honestly haven't anything

to wear.

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> Your friends will appreciate your good taste in selecting wifts that reflect the spirit of conservation. 1626 Chestnut St.

wear-Gift Novelties

JOSEPH H. HAGEDORN, Pres. MILLARD MERZ Tregaure

Give Furs FURRIER for Christmas

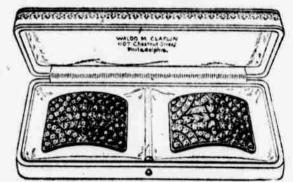
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Exquisitely Wrought in Rare Designs, in Wide Variety

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