small Boy Ever Craved for Candy as Men in Camp Do Now—Send Lots to the Boy Still Over Here

Vyvettes

This lady's muff sports a silken tassel of Chinese blue.

2'S something in every woman spreads forth like a mighty love and self-sacrifice when to mothering man. Man we up to woman. He's alust a boy, who needs more than any one elze in the house e's sick, whose hurt can be th chocolate cake! He needs

is the keynote to the way we ut our fighting men in this irtime Christmas. Yuletide for who have gone overseas has rovided for, but there are still n of our own massed together al bases and camps on this side water. Christmas for them is

It makes that mother feeling trong! And this time it's plus hat tempest of sentiment that p when you see all that's fair and virile and young and alive to lay down its life for an ideal. e's nothing in the world we t do for our boys this Christmas. ess them in their khakl and blue The big question is, What we do for them?

AR in spite of its ideals is very primitive. And so our boys want Sweet things of which the baled meal in camp is not a respecter,
they want things to keep them
the especially woolen socks for the urs standing in wet trenches. The

In the cake line the fruit kind to buy. If you can't, just don't buy it!

TODAY'S INQUIRIES

tule of water will make it smooth talls no hard labor.

e cornetarch and water should be mixed with the egshoater and ... Five Christmas gif

added to it very slowly.

res of grange rind put in the can-

market for the amount of nourish entained in them. Milk comes next me foed value for money puid.

Editor of Wontan's Page.

Madam—I would like to have a good for maple put fudge. I want to send to one of the soldier boys in camp, to one of the soldier boys in camp, at would be the best water lack.

is a recipe that has been tried and delicious: The ingredients are blespoonful of butter, one cupful

ablespoonful of butter, one cupful par, one-half cupful of maple syrup, hird of a cupful of cream, one cup-cobopped wainute or pecans and a arr of a teaspoonful of salt. If the butter in a saucepan, add payrup and cream. Stir until sugar walted; bring to boiling point and

Indian Ash Cake

To Color Draperies

the light muterial draperies in the they are weak-hole. This great book to me appear to be Hill. PPUL. Statut to "Just to Be Helpauggestion and hope that akers may have the same it as she did.

Candy for Soldier

Editor of Woman's Page:

an rubbers that are wore out at at II. How long does it take to complete the still be made use of in rainy train dispatcher's course open to women in the school of telegraphy conducted by the Pénnsylvania Railroad at 1625 Filbert



Spoiling a Trade

IT ALWAYS seems good to wake up in my own bed in my own bouse in my own bed in my own house in my own yard on my own street as 1 did this morning. After I woke I sang a song which I made up out of my own head as I went along and then I got out of bed and dressed and stirred some pancakes, which always taste kind of good when you baven't eaten them for a while. When I went to the door for the milk hater there was Thomas Aristide. ilk bettle there was Thomas Aristides

T said, "For cat's sake, what are you loing here so early?" He said he had un away from Hell and Lunny and had made up his mind that he would not let me trade him off. I just looked at him and thought, "There go my iron dogs, ding bust it!" but I told him to come in and wash his face. Then I fried the pancales and he are breakfast. He said Hell and Lunny were good to him, but Bell and Lanny were good to him, but that didn't cut any ice, for he wanted to be with me. I thought then that I would have to trade him off to somebody who would look him up for a few days until he got used to the place. He said. "These are dandy pancakes," and that made me proud. Then he tried to flop one and flopped it all over himself, which made me laugh.

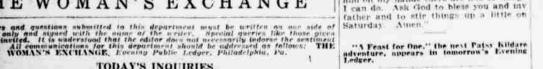
We went to school and nothing happened and after school was out we went to Mr. Rockruider's and from there we

to Mr. Bockrudder's and from there we to Mr. Rockrosider's and from there we started for the bome of the man who is a hundred years old. Soon we heard a horse coming belied us in the road and we climbed a fence so we could fall off on the other side and run if it was Thomas's father, and it was, its stopped and said, "Are you ready to come home and take your licking?" I whispered to Thomas. Tell him no, and Thomas the limit of trembly, Then his father said, "Will you come home with me, if I will you come home with me, if I will not wallon you any more." Thomas "Will you come home with me if I will not wallop you any more." Thomas said, 'Ves, sir." His father said. Then come deere nod climb into the bugy.' Thomas did and his father placked his Christmas stockings things to milk chocolate, as the latter melts knee and Thomas put his arm around his

They can't have too many are prize packages, the letters from Imagine yourself the joy of into "dry feet" after a few standing in wet trenches. The THERE are, of course, many other while he plowed until THERE are, of course, many other supper. When it got dark Rowdy and things besides food that pave the straight road that leads to the soldier boy's merry Christmas. They must, however, be selected with judgment. Before succumbing to some contrapcake or candy more than the men tion the shiny nickel of which rather and I nearly broke my face falling over the front dogs which were on our perch.

You simply can't go wrong if you picture of the soldier in your mind.

The soldier in your mind by our bed and prayed. "Fear mother the soldier in your mind." a box of "goodles" of the lasting Picture him using what you are about which art in heaven, I guess you know about Thomas's going back to his home. In the cake line the fruit kind to buy. If you can't, just don't buy it! It is all right, for his father will not the best, as this keeps longest. In Put on your thinking cap and pick out wallop the went, for loss father will be went, for Rowdy is enough for no and I do not want a boy tagging along when THE WOMAN'S EXCHANGE



Tomorrow's War Menu BREAKFAST

Apple Sauce and Dry Cereal With Top Milk and Sugar Fish Cakes

LUNCHEON

3. How is the "purty bag" affecting the Baking Powder Biscuit Peanut Butter pickled Peanu Hamburg Steak Cauliflower

ANSWERS TO YESTERDAY'S INQUIRIES

1. Telegraphy is a "man's job" now open that offers a good salary and encurred with a couple to women that offers a good salary and encurred with a couple to women that offers a good salary and encurred with present that is no hard labor.

Cauliflow

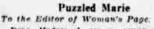
Escarole with French Dremning Rice with France

RICE WITH PRUNES

Rice, sugar and salt, prunes, butter the disadvantages of metal, a mahogany book rack that stands beside his easy chair. Cook the required required amount of rice in Cercols are the cheapest grade of food a folding leather clock and a set of hucks- pinch of sait. water, add sugar to taste and a small pinch of sait. Then cook the prunes with sugar and water, and when they are cooked take out the pits. Mix the

prunes with the rice and cook again, adding a good-sized lump of butter or butter substitute and a little of the 3. It is in good taste for a widow to be married in the conventional white wedding dress, but this is not generally done. The widow's wedding is, as a rule, quiet and her srune juice. The rice can be cooked with cherries

or rateins and can be made thicker and put into a mold. When taken out of the mold pour over it, if desired, a thin layer of browned sugar.—Odette Bassas, Remy en Bouzemont, France. Fron



dress a traveling frock.

2. Name five Christmas gifts any one of

which might be appropriate for the home

appreciated by the man of the house are a heavy crystal ash tray that has none of

Dear Madam—I am a young girl of seventeen past and have been keeping steady company with a young man three years to go before he will graduate. He says he loves me'and will marry me when he is through school. I have never met any of his people, as they do not live in this city. Would you advise me to continue going with him or would you stop while it is not too late?

with him or would you stop while it is not too late?

With him or would you stop while it is not too late? It seems a pity that young girls should enter into this company-keeping pact. It is not a good thing to do, because and sait and beat with wooden until the candy gets firm. Turn lately into a buttered pan and into squares.—Alice Bradley's Book. each square of fudge in wated and such things with ever since. Of as closely course, when it is a case of love, one care to go about with others; but unless pieces of the waxed paper tin box in thick brown paper it is a real engagement no girl should tie herself down to go only with one. It seems from your letter as if the young man loves you, but you do not love him. He wants to marry you after he graduates and you hesitate whether to wait or not. If you loved him you would

Editor of Woman's Page:
Madam—Kindly print in jour
a recipe for the old-time Indian ash
I have not been able to find it.
CURIOUS. corneal exin Paris on cornmeal exin Paris on cornmeal, gives the
ing recipe for ash cake:

a soft dough of one quart of
cornmeal, a teaspoonful of salt,
spoonful of melted fat and cold
Moid the dough into oblong
and lay, wrapped in cabbage and
saves, on hot ashes or under a gas,
when done strip off the leaves
the cake hot with fresh butter.

or not. If you loved him you would
not hesitate, as at your age five years is
not too long; but you should not have an
engagement — simply an understanding
that if you both care for each other as
you should after those five years you will
marry. And you should see other men
and he other girls in the meantime that
you may be sure.

Answers to A. B.'s Second Question

A. B.—The old Second Infantry was
changed into field artillery before going

A. B.—The old Second Infantry was changed into field artillery before going South. The regiment is now stationed at Fort Hancock and is known as the 108th Artillery

Work at Home

To the Editor of Woman's Page:

Dear Madam—I am always interested in your letters and thought perhaps you could help me. I am thirt two years old and would like the property of any places here they give work out to do at places here they give work out to do at I two with my stater, who is a widow, and her two children, and am not able to no to work for the whole day.

ANXIOUS.

So far as I can learn no companies in Philadelphia give out envelopes to be addressed at home. I have seen advertisements in the Philadelphia Sunday papers of out-of-town concerns that give out this sort of work. If you look through these you might be able to find such work. Sewing is given out from some tailoring shops and at times the Arsenal gives out soldiers' shirts to be made at home. One must however, be expert to do this work. A personal letter will be sent in you.

IN THE MOMENT'S MODES

Navy-Blue Poiret Twill Frock. **Braid Trimmed**



If you are about to select a very simple afternoon frock, one that depends upon lind and fabric rather than embellishment for its charm, then you can make no better choice than a model of the type pictured in the above drawing. The severity of the blouse is modified at the arrangement of the girdle, the quaint little collar and the center front panel of the formula of the content of the content of the content of the center front panel of the formula of the center of th front panel of se f-material. The overgirdle is of wide Her-cules silk braid, crossing in the back and dropped in front to tie in two long knotted ends. The trimming bands of the skirt are of the braid. The front fabric is navy-blue Poiret twill and the braid is black.

THE CHEERFUL CHERUB I hate to be advised too much Although I make a lot of breaks. Im living for experience -I have a right to my mistakes U.J.Conu

MODELS-INEXPENSIVELY STYLISH





GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

To Heal Weak Lungs

ANYBODY can have good lungs. The outres exposure to cold, but it is the beatth of the lungs depends upon the cold air breathing that works the benefit, same things as the health of the other. The air which enters the body is spread organs—that is, upon plenty of exercise, out over a surface of 2000 square feet

Most of us do not exercise our lungs of membrane in the air cells and pasany more than we exercise our arms and sages of the jungs. Under this delicate legs, which is almost not at all. We do membrane all the blood of the budy not take deep breaths of air and we do paspes every two or three minutes to be not take into our lungs the right kind cleansed by the pure, germlers air.

shall be able to live above lung troubles part of the healing process. of all kinds. This is seen in the case | Under modern methods of treatment inought that a person suffering from tuberculonis must get away to a high sittude and a dry climate, but it is now maintained by leading physicians that change of climate is often a will of the wisp, capable of doing more harm than good, as already proved in a vast number of cases. There is no climate have where which will positively cure consumption, and many of the good results attributed to change of climate have more likely been due to the better supervision and care which patients have received in the sanatorfa, etc. to which they went. Some physicians have subjected from the wind and possible snow and bundled up sufficiently underculosis which cannot be cared in the nation's bonne region cannot be cared in many cases natients "cured" in climates away from home find it impossible to stay rured" on their return home. For this reason it is certain that in many cases natients "cured" in climates away from home find it impossible to stay rured" on their return home. For this case it is certain that in many cases natients "cured" in climates away from home find it impossible to stay rured" on their return home. For this reason it is certainly better, except the reason it is returnly better, except that have gone and perhaps two warm matters of their lives in the new climate, to say rured" on their return home. For this reason it is returnly better, except that has got spread about some stay rured on their return home. For this reason it is returnly better, except that has got spread about some stay rured on their return home. For this reason it is returnly better, except for those who are able to spend the reason of their lives in the new limits better in the return home. For this reason it is returnly better, except the said against a change of climate and the provision of the thought that a person suffering from virtually all day. Provision is also made and on the other, the excellent chances and on the other the excellent chance of a cure at home, with better chance of staying cured—all should operate to decide the consumptive against a change and give him hope and courage for taking up the cure at home.

People susceptible to lung trouble, and especially tuberculosis, should live, so far as possible, the outdoor life. Its curative importance cannot be overestimated, even though it is probably true that proper diet is of equal, if not more, importance. The calef function of the outdoor life is to arouse the appetite and increase the capacity for assignification of abundant food. nettle and increase the capacity for as-viculation of abundant food. In addi-tion to this, however, the outdoor life invigorates and builds up the vital re-sistance. The cutdoor life is, as a mat-er of fact, the only natural life.

By the outdoor life in meant not merely fresh air, but especially cold air and aunchine. Sunlight is a power-ful germicide and in one of the best of all means of promoting vigor and tissue resistance. As a rule, the head should be protected from exposure to the rays of the sun. Pure cold air is of more importance than anything else as a vitalizer. Not that the entire body re-



Resinoi surely did knock

out that eczema and I thought I was up against it for fair. But Joe had a jar of Resinol in his kit. I used a little

and the itching stopped right off. In the morning most of the redness was gone and a couple more applications finished it up. Resinct is sold by all dr

In India and in South America, in Mexico and in many other parts of the world two meals a day is the usual plan. Savages generally eat but once a day and usually at night.

Tubercular Infection

There is nothing from which one more liable to tubercular infection than the dried sputum of a tubercular patient, except tuberculous meat and tuberculous milk. Professor, Khrlich has shown that when one lubales the germs of tuberculosis through the nose or through the mouth it is not directly through the lungs that the infection comes, but through the stomach, through swallow-ing the germs into the stomach. The infection works up through the measu-teric glands and through the diaphragm The bath is repeated eighteen times a of air.

If we exercise sufficiently so that we are obliged to inhale deeply, the fresh air filling every part of the lungs, we are filling every part of the lungs above lung resolutes. which contains tubercular germs, or if of all kinds. This is seen in the case. Under modern methods of treatment one cats mest that contains tuberculor tuberculosis. At one time it was patients are required to stay outdoors germs, the liability to this infection

Constipation

Does constipation cause an excess of blood pressure?

It might, it is a frequent cause of high blood pressure by leading to auto-intoxication.

Distilled Water

Is distilled water as healthful for regular use as good well water or spring water. R. NACH It is not so palatable. This is the only objection to it. If it is merated, however, it is all right. The benefit we get from water is not from the line that is in it, or the minerals that are in it, but simply the water. (Convright)

For That Kitchen A duil and unplea ant looking kitchen may often be entirely fixed by fresh

To paint the walls a pale color, servheable from the fact that it is of paint, therefore washable; to paint and varnish the floor a neutral tone; to paint the kitchen furniture a soft and

ing kitchen indeed, and at little expense

contrasting tone—this is to

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the outlittle two means a day are better than three B. B.

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Come look at a pair tomorrow! Newark Shoe Stores Co.

during winter, beeping him well and

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124 Market St., bet. 1226 & 1346 Sts.
124 Market St., bet. 1226 & 1346 Sts.
124 North 8th St., near Cherry St.,
131 North 8th St., near Cherry St.,
131 North 8th St., near Cherry St.,
131 South St., between Broad and
15th Sts.
1226 S. Front St., near Dauphin St.
1236 S. Front St., near Dauphin St.
1238 Kensimton Ave., near Hart Lane.
1244 Kensimton Ave., near Chelten Av.
1244 Kensimton Ave., near Chelten Av.
1246 Germantown Ave., near Lebigh
1257 Germantown Ave., near Market St.
1258 South 60th St. near Market St.
1257 Stores in 97 Cities

257 Stores in 97 Cities

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regular stock.

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leather, grays and

combinations taken from



PALMOLIVE Week-End Offer

N THE Palmolive offer of a week-end case FREE with a 50-cent purchase of Palmolive Toilet Specialties, which appeared in PUBLIC LEDGER Nov. 28, the following names of dealers were indistinct:

Machesney, R. A.
Clearfield & Thompson Sts.
Nidecker, A. W.
3000, Richmond St.
Seigfried, Howard J.
Frankford Ave. & Arrott Sts.
Stull, H. T.
Norris & Almond Sts.
Strunk, W. E.
Higher St. & Tgresslale Ave.
Shull, t. W.
323 West Girard Ave.
Smitchigh Ave. & Thompson St.
Train, E. C.
Cedar & Somerset Sts.
Venner & Craven.
2700 East Allegieny Ave.
Witsley's Pharmacy.
Frankford & Rusquehanna Aves.
Stivement, J. J.
Frant & Chitario Sts.
Islant & Frick Co.
Contilled Ave. C.
Contilled Ave. C.
Contilled Ave.
Contilled Conti

Friehl, E. J.

24 & McKean Sts.
Green, S.
Jackson & Eighth Sts.
Green, H. W.
Wharton & 34th Sts.
Hartnett, Paul L.
Brond & Elisworth Sts.
MacLaughlin, C. H.
21st & McKean Sts.
Morris Pharmary
Morris Company
Morris All Matter Sts.
Lachenneyer, H. J.
220 N. 26th St.
Lachenneyer, H. J.
22d St. & Indiana Ave.
Lachenneyer, H. J.
22d St. & Allegheny Ave.
Koch, H. J.
Indiana Ave. & Richmond St.
Lafferty Alegheny Ave.
Lagranghore at Torresdale Ave.
Laser's Drug Store
Longshore & Torresdale Ave.
Laser's Drug Store
Longshore & Tulip Sts., Taco
Medera, Thos. J.
221 Richmond St.
Morees, J. U.
301 East Girard Ave.

Canden, N. J.
Cowelli, Win,
218 Federal St., Camden, N. J.
Cowelli, Win,
825 Breedway, Camden, N. J.
Cowelli Win,
Franches's & Line, Camdon, N. J. Movers. J. C. 301 East Girard Ave.

Look for the Druggist in your neighborhood who has a Palmolive window display, and get your week end case today.







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