

AMERICAN FIGHTING MACHINE MUST BE KEPT IN TRIM BY THE WOMEN OF THE NATION

WOMEN WANTED, IS NATIONAL CRY; THOUSANDS OF WAR JOBS WAITING

No Brass Band Will Come to Announce Them, but Plenty of Information to Be Had at Bureau. We Must Be Up and Doing

WOMEN are wanted! For every ship load of American men that goes rolling across the sea...

Not one out of every hundred of us realize the thing that is happening. Each day we pick up the newspaper and read something new about this great war woman...

All this is going on NOW. But as yet many of us are dazed. We don't realize that this big movement concerns each one of us...

WOMEN are in the middle of the road! When we look over at France and England we know there could be no waging of war without women.

In a recent article in the Pictorial Review Mabel Potter Daggett, who had just returned from "over there," summed up the situation in a few brief words. "See that soldier in the trenches?" she wrote...

THE GIRL WHO DID ALL SHE COULD

By MA SUNDAY

HELEN isn't at all the kind of a girl you would associate with great ideals or heroic missions. She is a quiet, diffident, brown-haired, brown-eyed little thing...

That is why Helen, in spite of her modest, diffident ways, is popular at the office. She delivers the goods, no they say.

But it is not Helen, the efficient stenographer, with whom I am dealing now. It is Helen, the heroine, who has been sent...

For months now, Helen, the demure little stenographer, has been going without her lunch three days each week in order to take a course in Red Cross nursing and prepare herself, if she should be needed in a sudden emergency call by her country.

On Mondays, Wednesdays and Fridays of each week she brings a prepared Red Cross lunch to work, and she is able to eat it in ten minutes of her precious noon hour.

It is a sacrifice, of course, a very real sacrifice, for it means that the girl adds another hour to her day's hard work. But what is more, without parading her sacrifice and insisting always and everywhere in talking about it, and what a wonderful thing she is doing. To my mind Helen is the ideal American girl in such a crisis as that which is upon us.

She is that kind of a girl who has trained herself to deliver the goods and who believes in doing rather than telling what she is ready to do. It is the Helen of this world who are going to win this war for democracy and humanity.

IN THE MOMENT'S MODES

Afternoon Costume of Taupe-Brown Chiffon Velvet



The design of your afternoon frock depends upon the type of social affair to which you are going to wear it—the use to which you are going to put it.

PATSY KILDARE

By JUDD MORTIMER LEWIS

Getting the Facts

THAT new bed at Jim and Maggie's certainly does sleep well. Maggie had to wake me this morning and I got to school just in time to have a fight before the bell rang.

When I got close to the boy he covered up his face and so I blamed him in the stumuck. He was crying when we went into the schoolroom, and the teacher asked him what he was crying for.

After school was out there was Levy and the auto and Levy said the burglar was to know if I was never coming back, so I did, though of course it was none of the burglar's business.

The burglar milked one cow and I milked the Patsy cow, and we had supper. He even had a hundred dollars for me, but I would not let him. Then he told me a story about a little girl who got acquainted with some fairies and I liked it very much.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs.

Unfermented Grape Juice. THE Farmer's Bulletin, No. 175, issued by the United States Department of Agriculture, gives the following method for putting up unfermented grape juice...

Hot Foot Bath. How should the foot bath be taken? The water should be as hot as can be borne. Use 105 degrees to 115 degrees F.

Soft Collars. Do you think it is better from a health standpoint for a person to wear a soft collar rather than a starched collar? Most assuredly, a soft collar does not choke the neck.

A Sports Coat in Fur. It was probably inevitable that the sports coat which has been in unshakable favor for the last few seasons should make its appearance in fur.

Infected Wound. What is the best treatment for an infected wound? A freshly infected wound should never be closed up. The only safety is in keeping the wound open and keeping up active drainage.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and stamped with the name of the writer. Special queries like those given above should be accompanied by a return address. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. Name five relishes the use of which make for the success of a fish dinner.
2. What will remove the stain left on the bathtub by the rubber bath mat?
3. How can the freshly cut surface of cake be kept fresh?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Bologna sausage has more muscle-building food properties than pork sausage, but about 25 per cent less fat. There are 1155 calories in a pound of bologna and 1100 in a pound of pork sausage.
2. Stirring flaked breakfast food into chocolate sauce at the same time as you usually stir in the nuts gives it a delicious flavor.
3. In cleaning enameled wares, clean only a small portion at a time. Use white soap, lukewarm water and weak ammonia. Do not use much lye, just enough to make a sort of paste of the soap. Each spot should be dried perfectly as soon as it is cleaned.

A Letter From Santa Claus

To the Editor of Woman's Page: Dear Madam—The appeal of Mrs. L. H. in your last night's issue is giving me just the opportunity I have been waiting for—to gladden the little ones' hearts on Christmas morning by providing "something" in her stocking. So you will kindly furnish me with the address I will send Santa Claus will not fail to make her a visit.

Caramel Sauce

To the Editor of Woman's Page: Dear Madam—Please print a recipe for caramel sauce that can be used in desserts. Also, the lemon sauce that is often mentioned in recipes. NEWLYWED.

Caramel sauce—Melt a cupful of sugar in a saucepan that has not been scorching. Be careful that it does not burn. It must be watched every second. Add three-fourths of a cupful of boiling water and let it simmer for fifteen minutes. When cool stir in a teaspoonful of vanilla. Strong colors may be used instead of the water to increase the flavor. A half cupful of chopped nuts can be added, too.

Recipe for Oyster Cakes

To the Editor of Woman's Page: Dear Madam—Kindly print in your valuable column a recipe for oyster cakes. I would like to have the recipe before Friday, November 30, if possible. MRS. J. A.

Honey Dressing for Fruit Salad

To the Editor of Woman's Page: Dear Madam—I am told there is a very nice dressing for fruit salads made of honey and lemon juice. I would like to have the recipe for it. MARY R.

THE CHEERFUL CHIRUP

My, aren't shoes the costly things! I bought a pair today. And now you know the reason why I have to dress this way.

THE GIRL WHO DID ALL SHE COULD

Monday—The Girl Who Did All She Could. Helen isn't at all the kind of a girl you would associate with great ideals or heroic missions. She is a quiet, diffident, brown-haired, brown-eyed little thing...

Material for Red Cross Tableau

Dear Madam—Please print in your question box the State colors and flowers of the thirteen original States, also, any other distinguishing symbols. We wish to use the idea in a Red Cross tableau. Thank you. M. A.

Girl Warns Against Kissing

Dear Madam—I read every night the letters about kissing. From experience I speak. I am seventeen years old. I knew a young man who was very handsome and very popular. He was very kind and very generous. He was very kind and very generous. He was very kind and very generous.

Moving-Picture Fan Here

Dear Madam—I want to write to some one that is in the Clara Kimball Young Film Company and don't know how to address it, so I am writing to you. I would like to have the address of this company. A READER.

Consult Fiance

Dear Madam—I am interested in your "Woman's Page" and would be very thankful if you would print whether it is proper for a girl to give her photograph to one man when she is in love with another. M. A.

Tomorrow's War Menu

- BREAKFAST: Hominy Grits with Chopped Dates, Creamed Hamlet (leftover), Corn Muffins. LUNCHEON: Vegetable Salad (leftover), Cottage Cheese and Brown Bread Sandwiches, Stewed Peas, Tea. DINNER: Cream of Celery Soup, Turkey and Sausage Bake (left over), Mashed Potatoes, Spinach, Fruit Cup. TURKEY AND SAUSAGE BAKE: Into a buttered baking-dish put a layer of turkey, cut—no chopped—into half-inch lengths. Drop bits of butter over it, but no other seasoning. Cover with minced, cooked sausage meat, and this with three or four slices chopped fine. Proceed in this way until the dish is ready for the crust. Pour in a cupful of rich gravy made of bones and stuffing; cover with a good biscuit dough half an inch thick; cut a hole in the middle and bake, covered, three-quarters of an hour, then brown. Marian Harland.

Handle With Care

He advancing with open arms—What precious piece of baggage you are. She backing away—Use no hooks, my dear.—Penn State Froth.

Vicarious Efforts

The Woman—Have you ever made an effort to obtain work? The Tramp—Yes, madam. I have. Last month I got work for two members of my family, but neither of them would take it.—Lamb.

Georgette Crepes

STUNNING NEW MODELS. NO MORE "NO LESS" SHOP. ALL STYLES AND FABRICS. BLACK WAREHOUSE SOCIETY. 1120 Chestnut Street. Next Door to Keith's. SECOND FLOOR. TAKE ELEVATOR. Mail Orders Filled. Send for Catalogue.

Don't wear a veil to cover up skin trouble

Resinol makes sick skins well. Isn't your appearance marred by unsightly patches? There is no need of enduring such discomfort because, unless it is due to some serious internal condition, Resinol Ointment is almost sure to clear the trouble away—promptly, easily, and at little expense.

Resinol Soap should usually be used with Resinol Ointment to prepare the skin to receive the Resinol medication. It is a delightful soap for the toilet, bath and shampoo. Resinol Soap and Resinol Ointment are sold by all druggists.

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