

MOTHERS OF FIGHTING MEN CAN BE THANKFUL SONS ARE BATTLING FOR WORLD HONOR

THAT THANKSGIVING PRAYER— CAN SOLDIER'S MOTHER MAKE IT?

Many a Woman Today Wonders What to Be Grateful For—She Can Thank God She Had Courage to Do the Right Thing, to Give Son!

THERE is no denying it—many a woman today is wondering what she has to be thankful for. We are at war. The little chap she used to put to bed at 8 o'clock—like a fearful dream in the night put on a soldier's suit and went into it. Such a boy he seemed to her, but he looked different to the men who play the cards of nations. They called him and he went.



Vyvettes

DID you ever try to decide something, knowing all the time you were back in your mind which was the right thing to do? And the right thing is usually the hard thing to do! Do you remember the feeling after you decided—as you should have decided? The suspense, the struggle with a fierce sense of thankfulness. Come what may, the die was cast. You had done the right thing. Sorrow might come of it—suffering. But you slid off to bed, dreaming, sleeping the sleep of the conqueror. You had done the right thing!

THE mother who makes her Thanksgiving prayer today does not pray the tepid, "Oh, Lord, I am thankful," of other years. Hers is a fierce brave aspiration that says: "Oh, Lord, it was the right thing to do—to pack his things together and send him forth—a soldier. "I thank thee for the courage that let me do it. "The road ahead looked dark and bitter. Countries fought and starved and bled, America was strong— "I thank Thee, Lord, that we are in it.

A high sealskin chapeau with a bit of tan velvet cut to suggest a broad, high feather.

I thank Thee that I could do my part to help. Sorrow may come of it—suffering—but I have done my part. I have given all I have—a son.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. It is understood that the editor does not assume responsibility for the return of letters. All communications for this department should be addressed to: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES 1. What is the difference in food value between Bologna and pork sausage? 2. What inexpensive ingredient puts a novel flavor into chocolate fudge? 3. What is the proper way to clean enameled wood?

ANSWERS TO YESTERDAY'S INQUIRIES 1. In one pound of Bologna there are 1265 calories or units of food value. Over 2 per cent of these are muscle-building units, 3 per cent are fat units, which make heat, and over 68 per cent are carbohydrates, which make heat and work power. There are 110 calories in a pound of sweet potatoes. A little over 1 per cent of these are muscle-building units, 6-10 per cent fat and 22 per cent carbohydrates.

2. Dried-up sandwiches can be dried in a panicle batter, sweetened or unsweetened, according to the sandwiches, and fried in fat until golden brown. They make a delicious luncheon dish. 3. A plain stone crock or jar makes an excellent casserole dish. Leftover meat, etc., can be put into one of these and steamed into palatable tenderness.

Little Girls Ask Wool To the Editor of Woman's Page: Dear Madam—I am a girl twelve years of age and am a constant reader of your page, which always holds some news writing which I like. I go to school and am in the seventh grade. I am very interested in the Red Cross. I have been in the Red Cross since I was ten years old. I have been in the Red Cross since I was ten years old. I have been in the Red Cross since I was ten years old.

Answers Elsie May To the Editor of Woman's Page: Dear Madam—Since Elsie May has given her name on signing will you permit me to give mine? I also have been married five years and my husband is no more jealous of my past than any normal, right-thinking man should be. I was in the Red Cross since I was ten years old. I have been in the Red Cross since I was ten years old.

Little Boys Willing to Give up Pet To the Editor of Woman's Page: Dear Madam—I read in the EVENING LEDGER where there was a little dog who wanted a dog for Christmas. I want to see my two little boys have a little fox terrier which they will be glad to give to the little boy who has the dog. They will be glad to give to the little boy who has the dog. They will be glad to give to the little boy who has the dog.

To Take India Ink from Collar To the Editor of Woman's Page: Dear Madam—Please tell me is there any way to remove India ink stains from a white collar? India ink cannot be removed by any chemical means on account of its composition. Loosening the stain with lard, however, and then laundering the collar after it is soaked in lukewarm water ought to remove most of the traces. Tub the stained place with the lard and work it well into the fibers of the linen. Then soak in cold or lukewarm water, rub with the stain with a neutral soap. Follow this by rinsing in clear water. Then the collar may be laundered as usual.

A Maltose Pussy To the Editor of Woman's Page: Dear Madam—I saw in your column last night where different persons wanted a cat. I have two lovely Maltose cats. The male is as round as a ball. I would like to get one of them home, and I wish you could send me an address to one of them and they could have a nice cat. Hoping this will get pussy a home. E. K.

PATSY KILDARE By JUDD MORTIMER LEWIS

Distillusioned

I WAS kind of glad to get back to school today. I am in another room this term and I like my new teacher ever so much. At recess she put her arm around me and we walked over into the woody place between the school and Bell's house and sat down there. She asked me what I had done during the holidays and I told her all about everything, including the enchanted palace. She laughed very much at what the magician said and then she told me that the man with the wooden leg had made a monkey out of me. She explained everything so clearly that I saw she was right.

When we went back to the schoolhouse and she went upstairs, Rowdy and I sneaked away, though Rowdy kept looking back, and I saw that he could not understand why we were going so early. I did not tell him why, but just kept going till we got home to our own house. Then we crawled underneath it, away back by the steps and cried and felt bad for a long time. For I did not want an enchanted palace and fairies and things, and I did not think it was right for the wooden-legged man to make a monkey of me that way. The teacher said the princess had been washing her hair when I tried to climb up by it, so now I wish I had bumped her nose harder. The wooden-legged man did not take the egg out of his mouth, for he had it hid in his hand all the time and the trick with his pipe was sleight of hand. I am so mad at those people that if I thought they had anything they wanted to keep I would get my burglar to burgle them.

At last I began to feel better and then Rowdy and I crawled out and went to Jim and Maggie's. We stayed for supper, and they had something they called Irish stew. I guess they called it that because it was good. I ate and ate until I showed an eye, and then Maggie gave Rowdy all he could eat. I felt so good that when I told Jim and Maggie about the enchanted palace my heart did not hurt any more and I laughed and thought it was a good joke. Jim and Maggie think the same as my teacher does, and Jim said the wooden-legged man didn't have the two fingers in the first place, but just fooled me when he made me think I had broken them off.

When I started to go home Maggie asked me to go upstairs so she could show me something. I did, and she showed me that Jim had finished off the attic and had bought a new white bed, and had put matting on the floor. There is a little table with a nice lamp and some ratchet hooks on it. Maggie said that it was my room, and they hoped I would like it and stay all night. So I did, and she called Jim and he came up, and we looked at the pitcher books and it was almost as good as going to a circus.

When it was time to go to bed I knelt down and Rowdy folded his paws and I prayed, "Dear mother, which art in heaven, just to show God that I have not forgotten Him, tell Him that I am much obliged for all the things He has done for me. Jim says it is going to be very cold tonight, so God ought to pile more clouds on top of the little angels. Ask Him to bless you and my father and Jim and Maggie and Rowdy and me. Amen."

Edge for Towel This is a dainty and simple edge for a towel. Material required: One yard linen toweling, No. 10 light blue crocheted cotton and one skein each of light blue and pink mercerized thread.

Let Us Give Thanks! For the consciousness stirring in crowds That love is the thing the world needs; For the cry of the traveling earth That is giving a new faith birth; For the God we are learning to find In the heart and the soul and the mind; Let us give thanks!

THE CHEERFUL CHERUB With eating patriotic food And giving useful presents, gee—I feel uncomfortably good. This war is just annoying me.

Public Stenographers' Rates To the Editor of Woman's Page: Dear Madam—Will you please state in your column of the EVENING LEDGER the usual price charged by public stenographers for writing circular letters in different sized lots for a letter that differs in price between making two copies and four copies at a time of these sized letters? There is no doubt would be some difference in price owing to the fact that it takes longer making two copies at a time than four.

Public stenographers charge ten cents a sheet, double spacing, for each circular letter that is a fresh copy and not a carbon, but give a 10 to 20 per cent discount according to the number of circulars typed. For instance, an order for 100 circulars might receive a discount of fifteen cents off the complete bill. This same rule holds good with the fifteen-cent single-spaced letter when the circulars are not carbon copies. When four copies are made at a time instead of two the cost is less. For each carbon copy three cents instead of ten cents is charged. The discount, however, is not so great when carbons are made. A 10 per cent discount would be made for 100 copies. Some stenographers make ten copies at a time.

Architects' specifications written on legal-size paper, single spacing, cost twenty cents a sheet; double spacing, fifteen cents, and triple spacing, twelve cents. Letter size calls for the same rate as an ordinary letter. Triple spacing on this is eight cents per sheet. When specifications are particularly hard to read and there is a considerable quantity of them, some stenographers charge seventy-five cents an hour for their time, furnishing one carbon. For every extra carbon three cents is charged.

IN THE MOMENT'S MODES

Strictly Tailored Frock of Navy-Blue Serge



If you can successfully wear a coat of strictly tailored development, then by all means choose one with a vest, for the woman who can wear it this winter is the smartest of all tailored suit models. The illustration presented in company with this information has been inspired by a street frock of heavy texture navy-blue serge. The vest and the undercuffs are of pearl-gray broadcloth. The brass buttons are marble shaped. If you are interested in the points of construction you will note that the skirt is tight at the ankles and slightly draped over the hips. The long coat tails are charming for the way in which they combine style and simplicity.

Downtown Pair Marry A wedding of more than usual interest among the younger social set of downtown was that of Miss Anna M. McKatee, of 1230 South Twenty-third street, and Charles Powell, Jr., of 1927 South Fourth street, which was celebrated yesterday at St. Monica's Church. After the ceremony a wedding repast was served, after which the party were guests of the newly wedded pair at a theatre party.

WILBUR'S COCOA Advertisement for Wilbur's Cocoa, featuring an illustration of a woman and child.

H. O. WILBUR & SONS, INC. Philadelphia Advertisement for H. O. Wilbur & Sons, Inc., featuring an illustration of a woman.

Ladies' Silk Hose 59c Special Value Advertisement for Ladies' Silk Hose, featuring an illustration of a woman.

McPHILOMY'S, 1624 Market St. Advertisement for McPhilyomy's, featuring an illustration of a woman.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

EXPERIMENTS have shown that the rate of absorption by the intestine depends largely upon the degree of pressure within the abdominal cavity. The effect of increased pressure upon the rate of absorption of liquids is the same as an increase of atmospheric pressure on the passage of liquids through a filter. The intra-abdominal pressure is influenced by several factors, especially the tone of the intestinal walls, the weight of intestinal tract, the contraction of the intestinal muscles, the pressure of the abdominal muscles and the diaphragm in breathing, and especially in deep breathing. The last two factors, which are perhaps the most powerful of all, may be readily controlled.

Longevity of Brain Workers Is it true that brain workers are short-lived? An investigation by George M. Beard showed that the average length of life of 500 of the greatest men in history was fourteen years longer than that of the average man.

Yogurt Cheese What is the difference between yogurt cheese and ordinary cottage cheese? Yogurt cheese is a true cheese. It is prepared by a process similar to that employed in making Camembert cheese. The milk is sterilized so as to destroy molds and germs which are found in ordinary cheese; then a protective ferment, bacillus bulgaricus, is added.

Radium What is radium? Radium is a heavy metal derived from the rare metal uranium. It glows in the dark and throws off rays of various sorts which produce powerful effects upon all living things. The so-called "gamma" rays of radium are believed to be similar in nature to light rays, although invisible, moving with a velocity 1000 times greater. Radium also throws off minute particles which have an energy of more than 6,000,000 times that of the swiftest rifle bullet.

Food Absorption This rarest of metals is possessed of most extraordinary properties. Its activity is so great that it may be well that it exists in very small quantities. Sir William Ramsay estimates that the amount of radium in the whole world is not more than 500 pounds. Fortunately it is widely scattered. Radium is useful as a means of curing cancer of the skin. It is capable of rendering service in other forms of disease. It must be used by an expert.

Enterprise Club to Produce Play "Seven Keys to Rainwater" will be produced by the Enterprise Dramatic Club under the direction of James J. Skelly, by special permission of George M. Colan, the author, this afternoon and evening in St. Vincent's Hall, East Price street, Germantown. The cast includes the Misses Elizabeth Noonan, Madeline Bothmyer, Mary F. Hirst, Mary McCrorey and James J. Skelly, Joseph V. Keegan, John P. O'Donnell, Charles Allen, James F. Gordon, Thomas V. McLoughlin, John J. Campbell, Harry Lee, Robert J. Foster and Michael Trachten.

Tomorrow's War Menu

- BREAKFAST: Oranges, Dry Cereal With Top Milk, Pancakes, Coffee, Syrup. LUNCHEON: Tomato Cream Toast, Gingerbread, Cocoa, Apple Sauce. DINNER: Boiled Halibut With Egg Sauce, Baked Potatoes Creamed Turnips (leftovers), Colelaw. TOMATO CREAM TOAST: The ingredients are one-half can of tomatoes, four tablespoons of flour, teaspoonful of sugar, one-third teaspoonful of salt and soda, one-third cupful cold water, one cupful of hot milk, a teaspoonful of butter and six slices of toast. Let the tomatoes simmer for fifteen minutes and put through sieve. Then add sugar, soda and salt. Let come to boiling point and add the flour that has been blended smoothly in the water. Let cook five minutes and then add the hot milk and butter. Pour this sauce over the toast.

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"Why I Buy Bond Bread" Advertisement for Bond Bread, featuring an illustration of a woman and child, and text describing the benefits of the bread.

Ville de Paris Advertisement for Ville de Paris, featuring an illustration of a woman and child, and text describing the sale of hats.

Elfman's Importers of Millinery Advertisement for Elfman's, featuring an illustration of a woman and child, and text describing the sale of hats.

The Earle Store Advertisement for The Earle Store, featuring an illustration of a woman and child, and text describing the store's location and upcoming sale.