EVENING LEDGER-PHILADELPHIA, FRIDAY, NOVEMBER 23, 1917

To the pouple, it writes to state that if

stouch and want to do your bit, not in

Waists

RUMOR SAYS PERSHING WILL MARRY

COSMO HAMILTON STORY IS FILMED

"Scandal" Is Charming Photoplay Vehicle for Talented **Constance** Talmadge

actonita-"scandal." with Constance, Tal-modes plants for Comme Hamilton, Direct d by Charles Gillisen, Cameraman, Hal Young, whet Pietures Corporation.

Long before D. W. Grifflith cast Constance Taimadge for the part of the mountain girl in his "Intolerance," the Vitagraph productions featured this charming blonds erren player. When her sister Norma sent with the Select Program it was quite satural that she should take her relative with her. It was a fortunate connection for exhibitors of this new program. The piblic will probably be interested in the other pictures featuring this star, who is so admirable in "Scandal."

Constance gives to the screen a living creation of a type of girl Cosmo Hamilton pictured in his magazine story. It would be difficult to find another actress who could be allocate to had another actrees who could at into the part as well as does this charm-ing ingenue. There are youth, personality and beauty in her every action and her presence dominates the cast.

Although intended to be a tense dramatic Although intended to be a tense dramatic story, it really impresses the reviewer as comedy, for most of the situations are lightly touched. Its scenario covers the main points of the book. The production has been staged in a lavish manner with several bits of beautiful photography, al-hough the camera work could have been made more effective if taken from a variety of angles. The suggestive figures adorning the leaders were in keeping with the text.

made more effective in figures another is a part of the leaders were in keeping with the text.
Harry C. Browne played the role of a big, self-reliant man, whom Constance palmed off as her husband. It is a part not unlike that of the cave main in "Good Gracious Langer R. English, Sub League at. It first a state the leaders in "Good Gracious Langer R. English, Sub League at. It ares, 213 League at. It ares, 214 League

Frank A. Bronnan, 2044 Memphis st., and Jonnie M. Caluli, 2500 Insersoll st. Subward Munson, 1954 S. Redneid st., and Martha L. Davis, 1954 S. Redneid st. tareid C. Stearns and Jean Dumont, New York E. Wiss, 1988 N. 12th st. George J. Schurr. 1814 8. 6th st., and May Broads S12 S. 24 st. Jocob S. Paller, 2137 Ridge ave., and Sarah Geberg, 2334 Richmond st. Generatives, 2004 Richmond at:
 Francis J. Haan, 210 W. Louden st., and Marie Cassednaum, 132 Delphine st.
 Mitchell M. Coner, 510 S. 4th st., and Jane Greenbaum, 413 Cathorine st.
 Marrin L. Long, 1202 S. 57th st., and Mary Silverham, 600 Morris st.

TODAY'S MARRIAGE LICENSES

Frederick M. Rohman, Withhoma, and Eleanor F. Schuar, 1726 S. 21st 85. Frank J. Schmucki, Stor Wharton st., and Mar-garet T. Farrett, 1557 McKenn at Nuwman, 1901 N. Alder at., and Isabetta

Settiman, Tarmoun, Pa., and Dore-onicel, Tarmona, Ph. Hert, 2008 N. Mascher et., and Yourne 2516 N. Hanvock et. definition, Pa., and Marcaret Gor-334 Rescherry st., and Pear N. Mathani, Hamiltal, and Eliza-ward, Shi N. 44th at allow, Jr. 2542 Nuclease st., and st. 44 N. 15th at hormas, 1009 Dather st., and Mamba M. 1998 at Hawrood Pa., Barta Sheri-ward, P. Bard, St., and Bessie Sheri-oward Pa.
 Hawerford, Pa., and Bessie Sheri-award Pa.
 Bard St., and Mary Levin, M. Joseph Mah

Charles more, 1969 Master at., and Catheson, 1919 Harris at son, 1919 Harris at Hams 2245 W Thempson at., and schan, Mi Airz, Pa. 1136 Girard ave., and Clara F. 43d at. Frinaris, 652 Union: 80, and Annay 713 N, 4361 ef.
 ang, 1600 S, 5605 et., and Florenti, 3719 N, Bandolphi St., and annay 7223 N, Fairfull St., and Holm 2023 Harverford ave., and Annay 7323 Harverford ave., and Annay Targer and the statement, 1423 N, 1606 st., and Kathe 2006 N, while st., and Mary Solar S, 2006 N, 2016 at., and Mary Solar S, 2016 N, 2016 713 Him aceb Davis, dar, 2426 S William H. M Mary B.

der. 2426 S. Sth at.
 Willkäln R. Munsfield, Camdon, N. Zu, and Matty R. Sullivan, S68 N. 17th et.
 George A. Wrucht, 1925 Moore et., and Sarah F. Hahn, 2016 W. Passyania ato:
 Ralphi, J. O'Bournell, 12S Pasterrise st., and Norw R. Burnen, 302 Earliant Perrase.
 Nathan Trachtenberg, 325 Lessung et., and Fan-nie Ralphys. 239 Lengung et.

aninot partis. A.R. P.
 Licensed at Elkton to Wed
 ELKTON, Md., Nov. 23.— Those obtaining matriage licenses here today were Henry H. Aston and Alke Herbsit (Charles J. Seller and Elizabeth Sylvester; Howard B. Livingston and Elizabeth Agel, all of Philadelphia: Emil J. Lechman, Champ Dat, 210 S. Stimpen St. Stampen St. J. Seller and Marjorle Budgick, Trenton; Filadelphia: Charles Budgick, Trenton; File Metanghilis, Camp Hoffman, L. L. and Rachel Lewis, Camden, N. J.



TO PATRIOTIC KNITTERS GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D. American Red Cross Will Begin

ensure to health questions. Doctor Kellogy in this space sell during give advice an prevent medicine, but in no case unit he take the risk of making diagnosis of or preventing for all ments requiring surplical treatment or drugs. Brails questions will be promptly an avered by personal lefters to inquirers him beclose stamped envelopes for reals.

How to Walk Walking, the simplest of all exercises. If done properly, is the most bene-field. In walking, a large number of the muscles of the body are brought into protection in maintaining the erect prod-tion and propelling the body forward. The of the time, it is expectally while to thake the last meal of the day almost wholly of truit. In the feet to be advanced, first one and there falling. Walking is a valuable form of a large amount must be done, a lensit mount of exercise. Market a way, to constitute a sufficient

ever il miles a day, to constitute a sufficient amount of exercise. Walking to be beneficial must be grace-ful. There are very few good walkers, since few persons have an equable muscular de-velopment, which is necessary for a graceful carriage in walking. If the limbs are weak the gait is tottering. If there is we always from side to side in walking. Weakness of the muscles of the front of the front calles the muscles of the front of the trunk causes the head and shoulders to be thrown for-

To walk healthfully, first make the body erect by throwing the shoulders well back and the chest forward, holding the head

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American War Relief

MRS. LAWRENCE LEWIS EXPLAINS PICKETING

Message Justifying Militant Activities Smuggled Out of Washington Jail

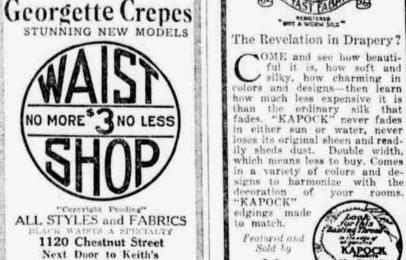
WASHINGTON, Nov. 23. Weakened by hunger-striking and forcible feeding. Mrs. Lawrence Lewis, of Philadel-phia, defended White Honse picketing dur-ing the war in the following statement emuggled out of the jail.

"We are pleteding because we want to make America a full and complete demor-four as the first and surrest step to our speeds victory in the world was. The de-votion of American women has been amply attested in every war the country has fought. If service is to win us the vote, is there need for us to wait? "My son is in the navy. There is no one more cager to help in the triumph of the cause of world democracy than I. When war bloke we were unred to give inh our pleteting and do war work only. We would then be given suffrage at the war's end, we were told.

were told.

were told, "Susan B. Anthony at the time of the Uvil War was told the same thing. She Uvil War was told the same thing. She itried it. She gave up work before the war for suffrage was lost. The comparish bad to be started all over again. "It is not alone love of woman's freedom, but love of the vital arinciples of repre-solutive government on which this com-try is founded that has made me picket and

NO MORE



ily sheds dust. Double width, which means less to buy. Comes in a variety of colors and designs to harmonize with the decoration of your rooms. "KAPOCK" edgings made John SECOND FLOOR

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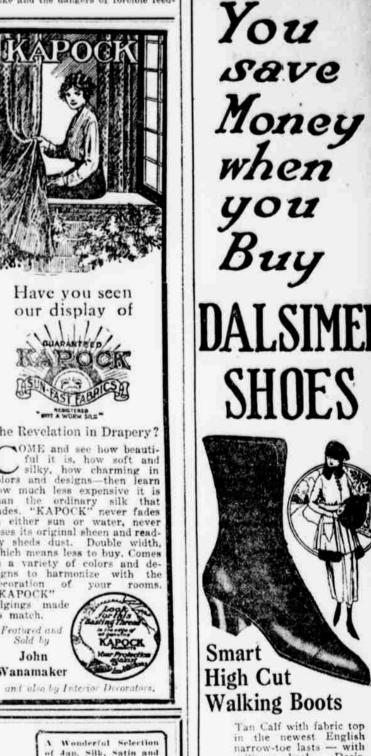
go to fail. It is to secure recognition of woman suffrage as a political issue affecting the whole country and to secure recogni-tion of ourselves as political offenders that I have endured the distress of a long hun-ger-strike and the dangers of forcible feed-low

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collar, in all the detical rimmed with beautiful value \$1.96 **1027 MARKET STREET** \$2.98 up to \$5.98

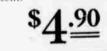
nksgivings Friday-Ready with the assortment for the biggest coat and suit day of the year. Coats and suits by





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DOWNSTAIR DEPARTMEN

hard

treet and drawing the chin in a little. This will straighten the muscles of the back and five the body an creet carriage. Let the arms swing easily by the side, with the palms open and turned inward. In stepping formation between the straight the straight of the side of the straight of the side of the straight of the side of the forward, place the foot down firmiy, letting the heel touch first, then the toe. Avoid a tottering gait by keeping the anees set well back. Put vigor and elasticity into the step. At the beginning let the pace be moderate and the distance not greater than tan be accomplished without severe fatigue. Gradually increase the distance and the speed until able to walk four or five miles to hour. The amount of exercise obtained in walking may be regulated by the speed and distance of the walk. The amount of and distance of the walk. The amount of fork done may be increased by carrying the loads of different weights, either in the bands or upon the shoulders. Running, leaping and hopping are modi-

feations of walking which afford much more vigorous means of exercise. A person who has not been accustomed to violent servise of any sort should carefully avoid in excessive amount of this kind at the beginning of practice. In rupning, the gain thould at first be very moderate and the distance traversed short, so as to give the heart and lungs opportunity to become strong enough to sustain the increased effort required of them during this active exer-cise. The same observation holds good re-

Wetting hopping and leaping. Walking at a brisk rate will cause a wider expansion of the lungs than the slow The muscles are demanding more oxygen and the blood endeavors to throw off the carbon dioxide which accumulates in it as the result of exercise. This calls for more rapid action of the heart and deeper inspirations, until the most remote at so calls. air sac is called upon to aid the blood in making the exchange in gases. The increase in the number and depth of the respiratory merumation of the second for the nts accomplishes much good for the addominal organs. By the alternate con-traction and relaxation of the abdominal muscles the blood is made to flow more macles the blood is made to flow more rapidly and the general circulation in turn is allowed to furnish the digestive tract with renewed blood. This results in a rentered blood. Feater activity of the cells of the stomach. function of the digestive fluids and in the becreased secretion of bile. It also causes the blood current to flow with less restric-tion and aids in promoting that feeling of the of good health.

Fruit Supper h a fruit supper healthful? S. S. V. There is an old adage to the effect that



meal as they like. Diabetics are better able to tolerate a single kind rather than tolxed starches. When the food is rich in starch an abundance of fruit juices must be taken to furnish vitamines

Flaxseed

Mixed Starches

Is a mixture of starches healthful? T. 1. \mathbf{V}_{*}

Starch is one of the most wholesome of

Water Sterilization

How long should water hold in order to be ome sterilized? JOHN B. Perfect sterilization of water requires heating for half an hour at a temperature of 240 degrees F., but this is rarely neces-The dangerous disease germs likely ars to be found in water, such as typhold and cholera germs, are destroyed by boiling fo ten or fifteen minutes. The spores of dysen-tery germs may survive boiling, however, requiring a higher temperature for their

destruction (Copyright.) Private Peat What he went through

PRIVATE PEAT-two years on the Western front, through the horrors of Ypres, is back to tell us there are worse things than war. He was there when the Huns first used poison gas. He knows fighting in the trenches, the hardships, triumphs and humor of the common soldier, and knows how to tell about them.

PRIVATE PEAT saw his whole company, ammunition gone, surrounded by Germans and captured. Shot through the chest, lying two days in the open, he escaped and was carried back to his own lines. His right lung is gonehis right arm is powerless. Through two years of hell, he is back with a smile and a story of tense fighting and manly courage.

