SOLDIER'S SIDE OF GETTING LETTERS FROM HOME AS WRITTEN BY U. S. ARMY MAN

U.S. ARMY OFFICER DESCRIBES SORT OF LETTERS NOT TO WRITE

Nerves Behind the Lines, He Says, Sometimes Come in Envelopes From Home-Whining Letter Can't Make Man Full of Fight!

HAVE you ever wondered if the letters from back home are really going to help the boys "over the top"? is only given to women to sit back and speculate about these things. Sometimes we wonder if the piece of paper we stick in an envelope and send off to a soldier really does count-so self-sufficient does he seem in his brave khaki and his straps and his buckles.

Does the letter make a mark in his twenty-four hours? Do the words in it matter-whether they complain or are bright ones?

So ARGUED a point does this seem to be that an officer—a United States army officer-passing through the city yesterday on the way to join his regiment was asked to give a real, hones opinion about it. He was impressed with the idea. He was so impressed that he sat down to a typewriter and wrote out the soldier's side.

At the top of the page he wrote a peculiar phrase, "The nerves behind the line," it read. I asked what it meant.

"It means," the officer said, "that we don't have to worry about the nerves of the boys in khaki or blue. We have full confidence in them. But there is another type of nerves that makes its way behind the lines. It comes in envelopes and is sent on from home!"

"Over across, mail time is the brightest and mothers and sisters and sweethearts who write those prized letters, you have it in your power to make that hour the you have hung enough creps to spoil the much they count! rest of the day.



This hat certainly has its ups and downs.

only twelve hours, would it cheer you up to open a pink, long-looked for letter and tend that Bill Jones was getting pretty darned sick of three-cent postage and that the war tax on theatre tickets was an outrage? Would it make you full of fight to hear that Sam Pollard, who predicted the big snowstorm in the winter of '88, had announced that it was 'agin Scripture' to oppose the Prussians?

 $\mathbf{E}^{ ext{xactly}}$ what the officer wrote is of $\mathbf{I}^{ ext{p}}$ Letter-writing has become a printed here below: no time like the present to revive it. hour of the day. But you, the fathers Every letter that goes to a training camp or overseas should be sealed with good cheer and stamped with courage. Every message from the home town should redarkest in the twenty-four; let your perty | year the strength and courage that lies | troubles but creep inside the envelope and behind the lines. No one knows how

"So push the skeletons into the closet. "Put yourself in their place. If you take a new lease of optimism and write had just scraped all the must off your down a little of the big stock of joy that

PATSY KILDARE THE OUTLAW

Ready for Christmas

By JUDD MORTIMER LEWIS

WHEN I looked at my Christmas tree this morning it seemed to be standing the waiting for Christmas a lot better than I am. It stands there looking as if it did

I ain. It stands there looking as if it did not care a thing about Christmas at all and was satisfied to be in my house. I cannot blame it for that. Just think how it would feel if it had got into Pie Face's house: When my father came home from his night watching there was nothing ready for breakfast. He said, "For the love of Mike, don't we cat this morning:" I said, "Yes, only I was thinking about Santa Claus. There is a man who has got some job, alf only I was thinking about Santa Claus. There is a man who has got some Job, alf right. What do you think?" My father poured some flour into the pan and said. "He surely has. It is hard enough to keep track of one kid, but when it comes to keeping track of all the kids in the world and filling their stockings all in one night I think I would go crazy." I said, "Do you mean to tell me that Santa Claus is smarter than you are?" He said, "He certainly is." That surprised me, for I did not think there was any one who was smarter than my father,

After he had gone to hed I went in to have one more look at my stockings and my

After he had gone to bed I went in to have one more look at my stockings and my mother's stockings and one pair of my father's socks that I am going to hall my around the room. I looked to see if the tree was all right, and it was. Then I took a look up the chimney, which would have been easy if I had had eyes in the back of my head, which I didn't, so I couldn't. But I thought if I hay on my back and pushed with my feet I could get my head into the grate and look up, and I did. Now, nobody can tell me that a fat man like Santa Claus, can get down a chimney like that, for it cannot be done. But I am not going to worry about it, for it is up to Santa Claus. Just to think that he will be here in a little while has got me jumping sideways. It was easier to wait last week than it is to wait now. Well, tomorrow is Christmas, anyway.

lost week than it is to wait now. Well, tomorrow is Christman, anyway.

I went and bought some oranges at the store on the corner. The storekeeper said "What do you think about the weather". I said, "I am not going to think about the weather at all, while you are counting out my oranges, for if I did I would find when have had you had not in some ratter. I got home that you had put in some rotten ones." He laughed and said, "You are a ones." He laughed and said, You are a bright little girl, all right. I saw Santa Claus the other day, and he said he was going to fill your Christmas tree with enions, going to fill your Christmas tree with enions. He said you had a Christmas tree like the one out there in front of my store. Is that so?" I went and looked and it was nothing like my tree, and I told him so. I told him, too, that he could not tool me about what Santa Claus was going to bring me.

When I got home I found he had given when I got home I found he had given me three rotten oranges and two polatoes in my bag. That's the kind of man he is, God should only let the Irish keep store. So I went back and I himmed loose at him So I went back and I himmed loose at him with one of the ratten oranges, and he almost dedged quick enough, but it went right across the top of his bean and it was very soft, as you could see by the way it smashed all over the machine where he puts your dare adventure, appears in tomorrow's Evening Ledger.

IN THE MOMENT'S MODES



was just a joke, because you were so smar good spanking, you little savage." Then squashed the other two oranges on the flo

art in heaven, if that storekeeper should get what I wish him he would be sick in bed for, a week. Tell Mr. Carpenter that there is a Christmas tree in the front window of hi house, so he need not feel bad, for they are not going to mass him. I hope you and God will have a merry Christmas. Amen,"

money. Then he hollered, "Hold on! That If you count your oranges you will see that you count your oranges you will see had you have got twelve good ones." But a said, "I want you to know that I am no garbage can." He was wiping his head with his apren and he said, "You need a and threw away the potatoes and said, "You are lucky I did not tell Rowdy to eat

Tomorrow's War Menu DUEAKFAST

Customeat Top Meal Maple Syrup

LUNCHEON Cream of Spinsch Soun (leftover)
Stuffed Peppers
Apple Sauce
Cake DINNER

Knuckle of Veal with Vegetables Baked Potatoes Colesiaw Molded Fruit Salad MOLDED FRUIT SALAD

The ingredients are one can of white berries, one small bottle of Maraschino herries, one can of sliced pineapile, one upful of chopped nuts, one package of preared jelly of the best brand.

Make your jelly according to directions the package. When the jelly is cooling, nd as it begins to thicken, pour in the fruit which you have drained and dried on a towel, and with this the chopped nuts. Four into mold and set on ice for several

Serve with mayonnaise, or if you prefer t, a boiled dressing. Placed on crisp let-uce leaves, this makes a beautiful salad most delicious one.-Southern Wom



TAKE ELEVATOR

Mai. Orders Filicd. Send for Catalogue.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

THE ice bag is so useful that it should ;

The Ice bag is so useful that it should be found in every home. It should be filled with ice broken into small bits, preferably not larger than a lima bean. It should be filled about two-thirds full so that it will easily adapt itself to the parts to which it is applied.

Here are some of the most important uses of the ice bag:
Placed upon the throat or at the pit of the stomach it relieves vomiting. An ice bag back of the neck is an excellent remedy for seasickness. In a case of acute inflammation, either internally or externally, one or two ice bags may be applied. Heat should be applied to the feet and legs to prevent chilling. An acute attack of appendicitis may often be avoided by an application of a couple of ice bags to the lower right side of the abdomen and over the appendix. The ice bags should be removed every hour and a hot fomentation should be applied to the feet and legs continuously. In pneumonia two or three like bags should be applied over the affected lung during the first day or two. Every thirty minutes the ice bag should be removed for forty-five minutes. A good plant is to make a short hot application in the interval. An ice bag applied over the hear is an excellent heart tonic.

When the pulse is weak and rapid, one or two ice bags applied over the hear will generally slow and strengthen the pulse, care must be taken to avoid chilling by applying heat or extra wraps to the rest of the body.

applying heat or extra wraps to the rest of the body.

Eggs

What are the objections against ergs? For some people eggs are really poisonous and ought to be discarded entirely. Other people seem to be able to telerate them, but the free use of eggs is not advisable for anybody. A number of eminent authorities are forbidding the use of eggs for children. One New York authority says that no child

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nection with any other

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bearing our name.

should be permitted to eat eggs until he is five years old, for there is a poison is sea The tissues of every animal contain sea thing which is poisonous to the tissues of another animal, and sometimes even was doses of these poisons will produce a ma-tized state of the body, so that when the poison is taken in very minute does it we produce profound effects. That is what a known as anaphylaxis.

Avoid Drugs in Insomnia

May sleep-producing drugs be used artist May sleep-producing drugs be used arfair.

Sleep obtained by the uses of opiats a by no means a substitute for natural size. The condition is one of insensibility, but so of matural, refreshing recuperation. The or four hours of natural sleep will be not than equivalent to double that amount a sleep obtained by the use of naroula. Where a person once becomes dependent upon drugs of any kind for producing also, it is almost impossible for him to depend with them. It is often dangerous to result to their temporary use on account of the great tendency to the formation of the habit of continuous use.

Milk With Bananas and Sweet Apple Does milk with bananas and sweet area make a had combination? INQUIRE No; this is a good combination—mik as all fruits are good combinations. Milk con-bines with acid fruits as well as pith mee fruits.

Dry Mouth

What is the cause of dryness of mouth and tongue at night? toneue at night?

The cause may be sleeping with the mouth open or a feverish condition. Mean breathing is almost always due to may obstruction. If due to fever at night then is perhaps ground for suspicion that sens chronic disease, as tuberculosis of the lung, may be getting a footboid. may be getting a foothoid.

Modes Inexpensively Stylish Phone-Walmet 170 Stunning

Afternoon Gowns

uniform and had called the day over after | we still have on land?" THE WOMAN'S EXCHANGE

Letters and assertions submitted to this department must be written as one side of the paper only and signed with the same of the writer. Special queries like those gives below are instead, it is anderstood that the chief show not necessarily induces the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Eccaing Ledger, Philadriphia, Pa.

utilized as steamers? 2. In boiling fish, what will hold it together

cold water to wash it?

and keep the scum off? 3. Why is it a waste to put fresh meat in

ANSWERS TO YESTERDAY'S INQUIRIES 1. Thermostats are heat regulators that can attached to the furnace to automatically

slow down the furnace fire when it is settles

2. Fish treated with lemon juice or vinegar

3. It is unwise to serve a cream soup, a cut of beef and a custard pie at the same meal, be-cause each of these items is rich in protein or tissue-building food value and provided on the menu supply too much protein for our

Cheese Wafers

To the Editor of Woman' Dear Madam.—Kindly tell me how to make theese wafers. I am tribing to use as much these as I san in planning the notate and I would like to know how to make them. (Mrs.) R. M.

The ingredients are one cupful of flour one-quarter of a teaspoonful of sait, one-half teaspoonful of paperka, one tablespoon-ful of shortening, one-half cupful of grated cheese and one-quarter cupful of cold water

Sift the flour and sait with the paprika and rub in the abortening. Then add the cheese and mix to a stiff paste with cold water. After rolling out very thin cut with a small, round cutter, place on a greased baking pan and bake for five or six min-

To Clean Nickel

To the Editor of Woman's Page; Dear Madam-I am writing to ask you if you can help me to find a recipe for cleaning nickel? nickel?

Some time in the early summer I read in the Woman's Exchange of the Everyou Linkels a recip for domina mickel and cut it out and laid k aside, and through a mistake it was not, and I am asking you if you can help me to precure such a feelpe,

refer to, but it is a good one, recommended by and vouched for by many housewives: Dip the nickel-plated objects or apply to them a 2 per cent solution of sulphuric acid. You can get this in a drug store made up in such a solution. Just apply this for one or two seconds. Itinse with running water and finally with a mixture of equal parts of alcohol and water. Dry in saw-dust. The acid is poleonous.

I am not sure this is the formula you

Recipe for Apple Fritters To the Editor of Woman's Page:

Dear Madam-Will you please print a recip for apple fritters? (Mrs.) A. R. M. Sift one-half cupful of flour, one-quarter of a teaspoonful of salt and one tablespoonful of sugar. Then to this add a well-heater egg and one-half cupful of cold water. Have ready three good sound, tart apples, pared, cored and cut into slices of about an Dip these slices in the batter until they are well coated and fry them in deep, hot fat. Drain on paper and cover over with powdered sugar.

Cream of Chicken Soup

To the Editor of Women's Page:

Dear Madam—Please print in your column a recipe for cream of chicken soup. I have not tied it to the war menu that is printed on the Woman's Page. I have an idea of how to make it, but am not quite sure I am right.

A BRIDE.

Take three cupfuls of stock boiled down from chicken bones, one cupful of hot milk, two tablespoonfuls of butter or chicken fat, a pinch of sait and pepper, three tablespoon-fuls of flour, a slice of onion and a few celery tops if you have them or a diced stalk of celery.

Add the onion and celery to the stock and let cook for fifteen minutes. Then add the milk and the seasoning and then thicken with the butter or chicken fat, which you must blend first with the flour. Other vegetables may be substituted for the celery.

Pussy Wants a Home

TODAY'S INQUIRIES

1. How can small empty lard buckets be t. How should packages containing food destilized as steamers?

1. How can small empty lard buckets be t. How should packages containing food destined for men in the camps and cantonments in America be packed?

2. What is the most popular fabric for exening wraps?

3. What substitute for wool is being used to crochet the sports tam?

1. Christmas packages sent to men on United States mayal vessels should be directed in care of the Postumater. New York city. The name of the man, his official rating and the name of his forther words, the chances for a husband and his solicial rating and the name of his ship is further indicated.

2. For coffs no longer of use on a coat can he made into a charming little close neckpiece. The fur is pieced together and finished off at the top and bettom with a little frill of slik

3. While at tea, etc., in a hotel dining room it is quite proper for a girl to accept the invitation to dance of a young man who is not known to her own partner. Introductions should dance be given to the outsider.

A Man's Viewpoint

to the Edder of Women's Page:

Thank you very much for giving us the points of view of the thinking man. I hope some of the girls who are careless in these matters will read your communication.

War Work for College Girl

To the Editor of Woman's Pager To the Editor of Wangars Page,

Dear Madam—Will son tell me to whom I apply for special war work? I have never sarried my living, but want to so I can release my brother for military duty. Have a rolling education, is there some place I can apply? Thanking you for your courtery, I am.

J. S. N.

Apply to Woman's War Work Section of the Federal Department of Labor, on the first floor of the Estey Building, Sevenfirst floor of the ratey Bullding, Seven-teenth and Walnut streets. A co-operative labor bureau for the placing of women has been recently established there, and I am told there are openings for just such persons as yourself. Apply between 9:30 and 4:30 any day.

A New Kind of Fan To the Editor of Woman's Page;

Dear Madam-I know you have helped many others, now I, too, come for advice. I have an invention, rather an idea, of how make a fan. You may think and say, with, ed. fans are already intented. But this is a fifteent kind of a fan and serves for a different purpose altigrather. Now what I would

First, you must have a drawing of your fan made. A draftsman can do this for you. Then take the drawing to a pattern or model maker. You will find a list of these in the yellow part of the telephone director; listed under patternmakers. After you may your working model if you want to put the fan on the market you might go to some place where they already manufacture fams and see if they would be interested in yours. and see it they would be interested in yours. It takes money to put something on the market, and if you do not care to do this you will have to get some one with capital interested in your invention. To patent the fan get in communication with the States Patent Office, Washington, D. C.

A Mother's Viewpoint

they are not engaged.

It was with surprise that I noted in your valuable column several letters defending this practice of indiscriminate kissing. Such defense must surely emanate from feeble minds.

This subject is far removed from quibble or argument. Allow me to take this opportunity to express my appreciation of your column in goneral.

I trust that you will print this letter, which comes from an interpretable of the property of the prop

It is, very gratifying to receive letters commending the stand we take. As you may, there should really be no argument on he matter. It simply should not be dead.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

Wanted-Wives

OLD maids are becoming scarce in this country. The latest figures of the American Government show that eighty-



and the pity of i

"MA" SUNDAY is that so few of our girls realize it, and still fewer of their nothers. One marriage in every four of hose that do take place ends in divorce, which in not so encouraging when you are dreaming of your prospective Prince Charming, who some day will storm the citadel of your heart.

Have you ever stopped seriously and earnestly to ask yourself if you are trained to be a wife-not a housekeeper-but a to be a wife—not a housekeeper—not a homemaker? I have an idea that the great national lack of domestic training of our girls is one of the fatal rocks that wreck so many of our marriages. I don't mean so-called domestic science, although that is excellent as far as it goes. I mean the knowledge of how to make a real home—the kind of a place that the husband will dream about when he's bent over his work, and long for when things don't go just right. and that will be to his tired spirit after

day's work as an easis in the desert of toil A wife graduates from the billing and cooing of the courtship days with an abruptness which is sometimes startling She begins to realize that married life is not one long dream of mounlit evenings and soulful declarations of undying devo-tion. She finds out before she knows quite what has happened that a wife is con-fronted with a very real and a very definite profession, and that she, poor, stumbling, pleading bride, has not been trained for it, and doesn't know just what she is expected to do, or how to go about it.

Of course, the mothers of America are at fault in one way, but the daughters are even more at fault, for they have been of-fered advantages and opportunities never heard of in the girlhood of their mothers. Apparently the position of a wife is not difficult to fiil. The average girl seldom views it with trepidation. She just takes views it with trepidation. She just takes it as a matter of course—and blunders sud-

show that eightyidred women in this
r words, the chances
for a husband and
home for the American girl are something hetter than
eight in ten, which
is not so bad.

But this is not
the point. How
many of the se
eighty-seven girls
and women in each
hundred are sitted
for marriage—are
prepared for the
profession of wives?
I heave it is not
the good of the profession of wives?
I heave it is not
the good of the profession of wives?
I heave it is not
the day which can be made a solace and of the day which can be made a solace and a relaxation and an incentive, or a handican, and a setback, and a milistone, according to how seriously his wife realizes and utilizes the power in her hands, and its

obligations man's heart is through his stomach is hope-lessly out of date. The surest way to a man's heart is by the straightest way pos-sible—and only one incident of that way is the dinner table. It is the home atmosphere, the suggestion of an always under-standing sympathy, the welcome of a woman who is not content with asking, but gives, and that undefinable, mysterious something which something which we can only call love, that sees the heart bruises, hidden from other eyes, and makes haste to bind them up, and in the doing receives always more than is given—these are the things that make a successful home and a successful wife.

The great crying need of this country is The great crying need of this country is wives—not wives in name only, but wives in spirit and in deed. Given wives of this kind, and the economic and sociological and moral future of the country will take care of itself. Copyright, 1917, by The Bell Syndicate, Inc.)

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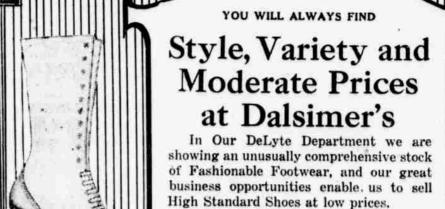
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