

PAGE FOR WOMEN WHO WORK AND FOR THE HOMEMAKER—FASHIONS AND RECIPES

SUCCESSFUL BUSINESS WOMAN ALLOWS FOR EMPLOYER'S GROUCH

Man in Office Is Best Pleased With Stenographer Who Lets Him Fume About a Bit—Don't Fly Up the Whiff Tree—Just Use Tact

AFTER a girl has worked for a month she is ready to work for any cause, no matter how disagreeable.

Every business woman at some time in her experience meets a similar challenge. The world, especially the world that hands out the pay envelope, is mightily interested in just how much she is going to take.

Will she fly up the whiff tree and return a biting remark? Will she be sassy, sarcastic, or downright impudent? Will she turn the difficulty good-naturedly, with an effort to please, or will she mope around morbidly and at the first opportunity of being alone burst into tears?

The value of the stenographer or the private secretary is in learning the peculiarities of her employer and anticipating his wants. This, for that matter, is the value of any service. Unfortunately, all human beings are not able to feel a detached attitude toward those with whom they come in contact in a business way.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not assume any responsibility for the return of communications.

- 1. In order to economically regulate a furnace how many degrees of heat should it be allowed to drop during the night?
2. How can blankets that have outworn their usefulness as bed covering be further utilized?
3. How is a fruit cup made?

- 1. If jars of preserves must be stored where there is a strong light they should be wrapped in brown paper, as the light will fade the color of the products and sometimes lessen the food value of them.
2. If casters are attached to the legs of the kitchen table it can be rolled around the kitchen and thus save much heavy lifting and many steps.
3. A sewing machine needle that has become blunt can be sharpened by drawing a few stitches with it up and down through a piece of sandpaper.

Slip-On Sweater for Baby
Dear Madam—Will you please print in your column directions for a kimono-sleeve slip-on sweater for a child? How much yarn will it take of the Scotch fingering five-ply wool? Use one pair of needles No. 5.

Mincemeat and Grape Juice
Dear Madam—If I am not asking too much, will you kindly print in the Woman's Exchange these recipes?
1. Mincemeat. 2. Brown Betty. 3. Grape Juice. (Mrs. H. A. ...)

Pronunciation of Camouflage
Dear Madam—Please give pronunciation of "camouflage" in your valuable column. (Miss) H. MUMFEE.

Christmas Present for Soldier
Dear Madam—I have been writing to a boy in the army who is in the army and thought I would like to see what you think of this present for Christmas, but am no knitter. Will something to eat serve as a gift? (Mrs.) M. ...

Heal your child's sick skin with Resinol
The minor skin troubles with which infants and children are subject—itching patches, bits of chafing, rash or redness—so easily develop into serious, stubborn affections, that every mother should have Resinol Ointment on hand to check them before they get the upper hand.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., D. D.
In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, diet, and the risk of making diagnosis or prescribing for ailments which require special treatment or drugs. Health questions will be promptly answered if the answers are of interest to readers who include a stamped envelope for reply.

Fruit Diet for Obesity

IN REDUCING weight there is no method superior to the fruit regimen. This plan is very simple. The diet is made to consist exclusively of juicy fruits, bran, celery, lettuce, cucumbers, etc. The food should be taken four times a day at intervals of about four hours.

Hookworm
What is the nature of hookworm?
This disease is one of the most prevalent, most harmful and most certainly curable of all diseases. It is more or less prevalent throughout the world.

Foul Breath
What is the cause of a foul breath?
There are many minor causes such as decaying teeth, chronic nasal catarrh and diseased tonsils, but the principal cause is constipation.

The Pacifier
What harm can there be in the use of the pacifier?
The "soother," "consolation" nipple, or "pacifier," as it is variously termed, has long been conceded to be one of the most common means whereby harmful germs are introduced into the mouth of a child.

Water Drinking for Dropsy
If a person is dropsical, or if water collects in any part of the body, should he refrain from drinking water or any kind of liquid?
It is not necessary for one to refrain from drinking water in dropsy. The dropsy is not diminished by low-coulted the amount of water taken by the mouth.

Hernia
Can rupture be cured without an operation?
A truss applied very early in young persons, well fitted and worn constantly, will sometimes effect a cure if the rupture is slight in extent.

Tomorrow's War Menu
BREAKFAST
Oranges
Creamed Codfish
Coffee
LUNCHEON
Baked Corn with Clams
Hot Rolls
Cocoa

Washing the Dishes
When we use simple rattan sops
How easy is the washing up!
But heavy feeding complicates
The task by soiling many plates.

Another Girl's Point of View
Dear Madam—Please print in your paper for all girls to read.
I am a young girl, sixteen years of age, who has never been married.

Where Women Vote
C. A. Bradley, Mayor of Longmont, Colorado, writes: "Women vote in large numbers, and bribery is unknown. Better men are elected to office, and through the franchise given to women, all the towns in this part of the State are temperance towns, and the law is well enforced."

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IN THE MOMENT'S MODES

Afternoon Costume of Peacock-Blue Chiffon Velvet



The model you select for your afternoon frock depends upon the use to which the costume is to be dedicated. Time was when an afternoon costume was a frock to be worn under a coat, worn to matinees or other informal affairs.

1-2-3-4 Bread
It requires one yeast cake, one cupful of milk, one cupful of water, one-half cupful of sugar, one tablespoonful of salt, two tablespoonfuls of shortening, two cups of white flour, one and a half cupfuls of whole wheat flour, one cupful of bran flour, one cupful of rye flour.

HEMSTITCHING
L. NACHMAN & CO. INC.
1112-1114 Chestnut St., Phila., Pa.

Let Us Renew Your Last Season's Velvet Suit or Coat
Our process restores all the original beauty and lustre of the fabric at little cost.

Schwarzwaelder Co., 301 Cherry St.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

MY FATHER and I are once again, for Mr. Rockruder and Alice have got back and can look after their own house and the burglar can look after himself and the man who has a hundred years old. So we had ourselves today and I made coffee for my father and after he had gone to bed I went after his night watching Rowdy and I wanted because it was Sunday and we didn't have to go to school.

Advertisement for Gowns for Evening by Blaylock & Blynn, Inc. 1528 Chestnut St. Gowns of charming design for theatre, dance or social function. Exclusive in conception and moderate in price. Coats and hats to match.

Advertisement for The Fur & Millinery Shop, Inc. 143 Walnut Street. Becoming HATS FURS GLOUSE TOPCOATS

Advertisement for Canadian Fur Co., Inc. of New York. Will exhibit at the Bellevue-Stratford Hotel. A marvelous selection of HIGH GRADE FURS.

Advertisement for Luigi Rienzi. 1714 Walnut Street. SPECIAL SALE CONTINUED. Balance of the Week. Women's Suits & Dresses. Women's Evening Gowns.

Advertisement for KAPOCK. MAKE YOUR NEW DRAPERIES OF THESE BEAUTIFUL. They are most artistic in design and colorings and always keep their silky sheen and softness. You need never worry about "KAPOCK" fading in the sunshine or losing its color or brightness in the washing.