

DR. WHARTON'S SYSTEM, USED BY PENN LINE, WILL COUNT HEAVILY IN FINAL GAMES

DR. WHARTON'S WORK WITH THE LINE PUTS PENN IN SHAPE TO BATTLE IMPORTANT TEAMS ON SCHEDULE

Noted Coach Comes to Folwell's Rescue and Virtually Saves the Season—Tackles, Guards and Center Playing in Form Under His Teaching

THE University of Pennsylvania football team has recovered from the terrible trimming administered by Georgia Tech early in the season and now is on the road to fame and recognition.

There comes a time in every football season when the team either survives and goes along with its head up or is shoved into oblivion, where it staggers through the remaining games with all hope extinguished.

Penn was in hard straits before the Pitt game. Folwell worked hard, but the task was almost too much for him. He had his hands full, for it was quite a job to take care of everything.

THE defense naturally suffered and those on the inside believed that Pittsburgh would win by an overwhelming score. There seemed to be no chance unless help arrived, and frantic messages were sent to former stars to come back on the job.

Buck Wharton Answers S. O. S. and Saves the Red and Blue

WHEN the news leaked into Dover, Del., Dr. Charles M. Wharton decided it was about time to take a vacation and spend it on Franklin Field. The Doctor, who also is known as "Buck," is one of the best, if not THE best, line coach in the country, and he had an idea that he was needed.

Wharton was a famous lineman in his day and since leaving college has devoted much time in working out a system. His coaching methods virtually have been standardized in many of the colleges, especially in Yale and Harvard.

It is interesting to watch Doctor Wharton going through his work on Franklin Field. He looks more like a college professor than a coach when he strides majestically across the field to the lower goal posts.

Wharton has some sound advice. In tackling, he teaches the men to go into an opponent head first and then grasp the legs, as it is the surest way to bring the man down.

DOCTOR WHARTON commands the respect of every one and his orders are carried out without question. The players have confidence in his ability and are anxious to learn all they can. He is a professor of football and his simple methods of teaching are appreciated.

Forward-Pass Rulings Always Are Source of Worry to Players

SOME day the rules committee will get together and compile a readable code which can be understood by every one. As it is now, the player and average fan looks over the rules and then guesses what they mean.

"I read with much interest your article on baseball and, despite its clearness it became the source of an argument between another EVENING LEDGER reader and myself. My friend, who had just finished reading the first and second teams of the local high school.

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THESE rules clearly state that the ball is down when the forward progress is stopped. That is, if a player makes a 5-yard gain and is tackled and thrown back for a 5-yard loss, the ball will be down where the progress stopped and the runner given the 5-yard gain.

Cornell-Michigan Game in Ann Arbor Should Be Interesting

THE game between the Pitt-Washington and Jefferson game, the Michigan and Cornell game will be staged in Ann Arbor, will give us a line on the 1917 edition of the football season, which is considered the best turned out by Fielding Yost in years.

IT HAPPENS IN THE BEST REGULATED FAMILIES



300 PENN ROOTERS TO FOLLOW TEAM

Largest Delegation in Many Years to See Dartmouth Game at Boston

SQUAD OFF TOMORROW

Some say that sports are dying out and interest is lagging because of the war, but you could never notice it at the University of Pennsylvania.

At least 300 students and alumni will leave on the special rooters' train tomorrow afternoon, and these supporters will be augmented in Boston by the many loyal alumni of New England.

The squad, numbering twenty-five, with the coaches and the various trainers, will entrain at 9 o'clock tomorrow morning and will arrive in Boston about 6 o'clock in the evening.

In place of a big rally through the streets and at the station, the students will hold a gigantic mass-meeting in Weightman Hall tonight.

The students' special will leave tomorrow afternoon at 2 o'clock for New York. From the "big town" the rooters will go to Boston by boat.

Notes of the Bowlers

Further shake-ups occurred in the Artisans' tournament at the Keystone alley, in Section A, the Bartram team tied Underdown No. 1 for the lead.

Oak Lane No. 1 team beat Adelphi two games, and Northwestern No. 1 team three from Philadelphia.

Northwestern rolled in odd-time form, dropping the pins for a grand total score of 2727 in three games, having scores of 948, 889 and 890.

The Middle West bowling tourney at Des Moines will be held from November 16 to 27. A great array of talent will roll on Saturday, November 24, including present American Bowling Congress champions, the Birck Brothers team of Chicago.

Lehigh is B division leader, Northwestern No. 2 team gave Union its first reverse, winning all three games.

The Petroleum League matches resulted in Texas winning the first Union, and the following Pure Oil proved superior to Crew-Levick and Sun beat Vacuum in three games.

Hickman and Wernipole are tie for the first place in the Drug League. Each has secured all games in three series.

C. B. Higgins, of Bartram, got scores in succession of 107, 109 and 109.

Three of the four matches in the Knights of Columbus League resulted in each of the winning quintets capturing three games.

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MATHEWSON CONVERTED TO PLEA OF LESS EATING YEARS BEFORE HOOVER STARTED THE AGITATION

Speedy Rush Says Football Teams Would Play Far Better Ball if They Would Cut Eating to Two Meals a Day

By GRANTLAND RICE

MR. HOOVER, in his plea for less eating, is doing something more than to merely conserve food.

He is also helping to conserve the health and energies of the fairly well known human race.

It is a matter of record that most people eat entirely too much, and that less food on the average would be a big benefit to humanity.

The Proof If one should tell the average person that he had to cut down his feeding to only two meals a day the odds are that he would emit what is technically known as a lusty squawk.

Yet two meals a day is a more healthy arrangement than three meals a day.

Several years ago we were out playing golf with Christy Mathewson. After a forenoon round we repaired to the clubhouse and handed Matty the menu.

He declined with thanks, "I never eat lunch," he added, "and then he told us the story of his two-meal-a-day arrangement."

"I found," he said, "more or less by accident, that I could pitch much better in the afternoon when I hadn't eaten any lunch. So I decided to try out the plan. It worked wonderfully. I soon began to feel much better and my pitching began to improve more than a trifle. My head felt clearer and I seemed to have more energy. There isn't any doubt in the world that cutting down to two meals a day helped my health and made me a far better pitcher than I would have been."

Later on we happened to discuss the subject of football diet with Speedy Rush, Princeton's very excellent coach.

"There isn't any doubt," said Speedy, "that if football teams would play far better ball if it would cut out lunch and get down to two meals a day. I know, because I've made thorough tests. One might think that

the strenuous physical labor of football playing would call for a heavy diet. This isn't so. A football team needs good wholesome food, but two meals a day are sufficient. I have tried out the scheme and have proved that by eliminating lunch a team is in much better physical and mental condition for a contest."

You will also find that most ball players eat only two meals a day. Yet they labor far harder physical work than the average man and are in better physical shape.

A ball player has to be in fine condition to stand the grind of a six month campaign. And the wise ones have found they can stand this grind better by not over-eating.

More than one first-class entry has eaten himself out of the big league.

We recall a good many years ago when we were traveling with the Cleveland ball club, then under Lajoie's management, hearing Larry remark that he intended sending a certain promising catcher back to the minors.

"What's the idea?" we asked. "The fellow can catch, throw and hit."

"He ought to be a star," remarked Lajoie. "But have you seen him eat? Three big meals a day—and he has put on ten pounds this trip instead of working off ten no good."

The Overfed Club

The history of athletic training will prove that most people overeat.

If the average person would drink more water and eat less food he would be about 67 per cent better off.

There are, of course, enough persons in the realm who don't get enough food. But they are in the minority.

The big majority belongs to the Overfed Club, and the penalty they pay is a financial and a physical one.

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In addition, by planning and buying materials when prices ruled much lower, we are able to sell these quality cars at prices that otherwise would be impossible now.

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You want complete satisfaction for your money—

And this means no essential element can be lacking in your closed car.

In Overland closed cars every necessary and desirable feature is provided for—performance, appearance, comfort and price.

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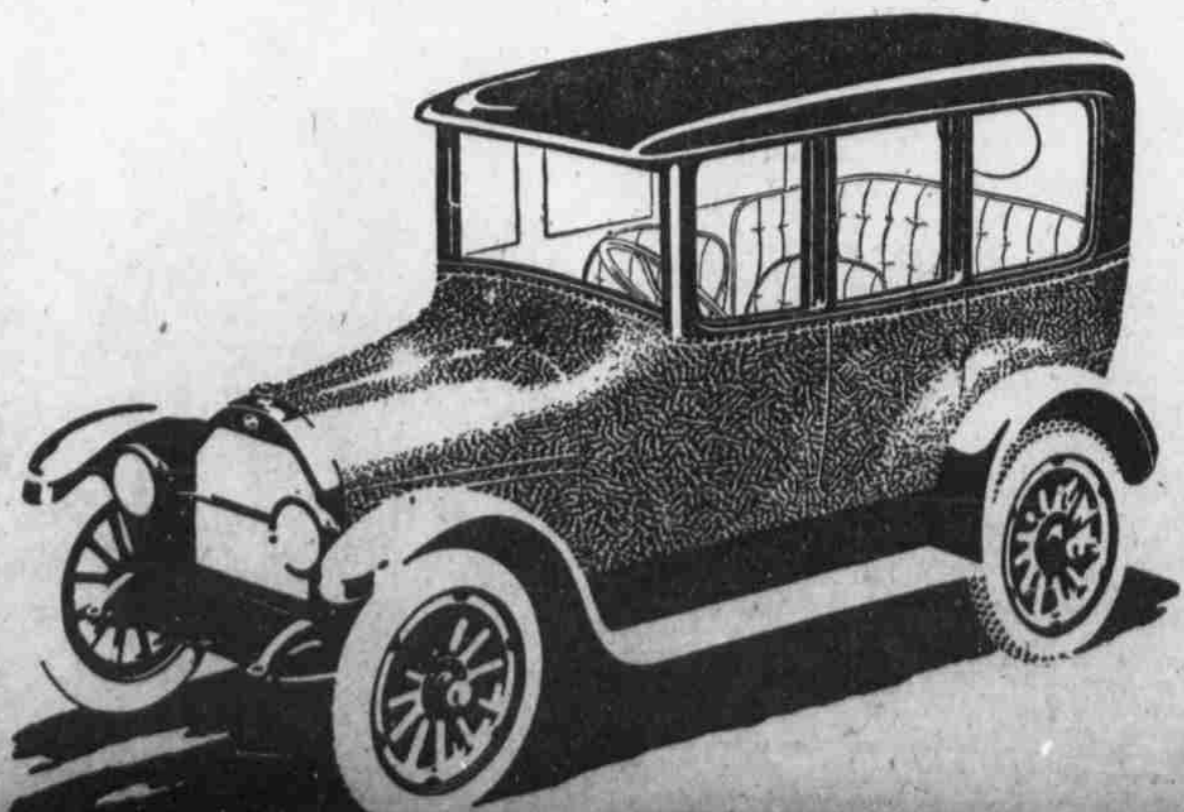
The Overland price magnifies the value of these closed cars because, in proportion, they give so much more in genuine value, satisfactory service, conveniences and authentic styles.

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