# WOMEN ARE ASKED TO PUT THEIR HEARTS TOGETHER TODAY AND FIGHT THE BATTLE OF FOOD

# IT MAY BE YOUR SOLDIER BOY WHO HAS TO GO WITHOUT HIS BEEF!

The Little Belgian Girl We're Saving Food for Looks Like the One You Kiss at Night-Drive to Conserve Beef, Wheat and Sugar Opens Today

ALTHOUGH today seems no different from any other American day, something is happening in this very country that is apt or apt not to change the history of the world. The fight is on-the food fight.

Saturday word came to America that our own boys had fired their first shells. Over there, then, they are fighting for And over here TODAY Herbert Hoover, in one mighty effort to make us

realize that we in turn must fight for them, is talking to every housewife in America and begging her to listen, to heed and TO READ.

TODAY opens Food Conservation Week. Women in the lonely little towns and women in the great cities of the nation are being asked to put their hearts together. The United States Food Admin-Istration is pleading with them, for the sake of men, women and children ... the other side of the water, to cut down in

the use of wheat, pork, beef, dairy prod-

nets and sugar. This is not much to ask. We are not told to underfeed our families. We are told to make them eat something else so that these foodstuffs can be shipped abroad. We can cat fresh fruit here and get our sugar that way. But the fighting man and the Belgian baby have no fruit. It would spoil if it were shipped to them. They must have sugar and they must get it from the sugar bowls of America. We can eat eggs, but it is not practical to ship eggs thousands of

children without fathers must have beef and they must get it from the leeboxes of America. ARE we going to fail them? We are women and they tell us the war can be won in our own kitchens, and

yet we go on-there is no denying it-

not to use. What is it makes us do this

miles. The fighting men and the little



We hope you'll never have a white elephant on your hands, but really one on your hat-a little one, in ivory, like the one above-would look quite attractive.

are thoughtlessly taking than it does on the very bullets? Some one is going to pay the price!

IT MAY be your own soldier boy who I will have to go without his beef, his bread and his sugar-because some one ate up his share on this side of the

It may be only a bit of a Belgian girl baby who never did anything more awful than hug a dollie tight to her little out-

raged heart. Realize this soldier boy. He belongs to YOU. using the very things we have been asked

Visualize this little Belgian girl. She looks something like the little girl you thing? Lack of realization that the war kiss at night. And oh! she's awfully depends more on the tiny bites of beef we | hungry

### THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the scattiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

breaking in transit?

quainted with the giver.

turns jauntily up in the back.

To the Editor of Woman's Page.

3. The bustle but has a rather large brim and

Who Acknowledges Wedding Gifts

ding present is never sent to the bridegroom, though he, of course, shares in its use and

in a way he owns them jointly with the

Write on small note paper-preferably

monogramed—a cordial note of appreciation of the gift and the kind thought which accompanied it. If you have never met the

tion the fact that your flance also admires

Religious Statistics

To the Editor of Woman's rout.

Dear Madam—Which city, according to proportion of population, in the United States has the largest Frotestant population, Catholic, Jewish, Christian Science, Puritant M. W.

The Government religious statistics have

not been compiled according to cities since 1906. The percentages relating to Catholi-cism and Protestantism given here are based

Congregationalists. Unitarians, Presby-terians and members of many other churches. The church founded by the Puri-

tan fathers became the Congregationalist Church and later split into two bodies, the Congregationalist and Unitarian.

Word an Invitation

Write on white notepaper, leaving a margin of about oue-quarter of an inch at either side of the page and commence about an inch and a half from the top of the sheet. The invitations should be worded as fol-

Miss Betty Smithers requests the pleasure of Miss or Mr. (as the case may be)'s company at a small informal dance on Thursday evening, No-

vember 15, at eight o'clock, to meet Miss Dora Jones, of

October the twenty-seventh.

2425 Walnut street

To the Editor of Woman's Paper

n that year.

TODAY'S INQUIRIES

1. Why is it impossible for our allies to use 1. How can a perfectly straight piece of fur perbread and thus help to conserve the wheat? he made into a cape-scarf without cutting the

2. What is the food value of grapefruit?

3. What is a very new flower stand charming mough in itself to ornament an entire room?

ANSWERS TO SATURDAY'S INQUIRIES 1 Dried beans contain nearly two and a half | 1. In sending wedding presents one addresses

times as much tissue-building food value as fresh tomatoes. 2. The upholstery in baby's carriage can be

kept bright and fresh looking if little slip covers are made for the cushions. These can be fashlaned of flowered cretonne or of white linen,

3. A new bread pan, the bottom of which is detachable, is to be found in the shops. This keeps the bread from sticking from the sides.

What to Serve Halloween

To the Editor of Woman's Page:

Dear Madam—Kindiv print in sour column what would be best to serve at a Halloween marky what would be heat to serve at a Hallowsen Barry.

What would be a nice suit for a brunette and also for a blend?

I am sending you a two-cent stamp. Would Tou please send me some of your games?

Baked beams brown - bread nut sand-like a serve a nice, nimpikin pie, dough-

wiches, coffee, apples, pumpkin pie, dough-nuts and nuts would make a good, old-fashioned Halloween supper. And, by the way, the old-time Halloween menu is by far the most up-to-date one? If, however, you prefer something a little more dignified serve broiled oysters, chopped celery salad in hollowed-out apples and ice cream molded in shape of little witch hats. In the old-fashioned menu all kinds of sandwiches can be substituted for the baked

beans and sweet cider for the coffee. A brunette might wear a poppy costume. This is made of red tarleton, the skirt cut into petals and curled at the bottom, the waist just a little bodice of green. A large poppy is made out of red satine and worn upside down, as a hat. A tulip costume can be made something in the same way. Use yellow cambric, painted at the edge with red. Make the skirt, which is, of course, just a succession of petals, very high waisted Spanish and skating-girl costumes look well on brunettes.

The blond should wear seething dainty.

Little Bo Peep, old-fashloned girl and baby costumes all look well on the light-haired girl. A very attractive costume is "the piece of Dresden China." Go to one of the department stores and in the bric-a-brac department you will find many little dainty figures whose apparel it will not be diffi-

#### More About Linen Shades To the Editor of Woman's Page:

Dear Madam-What preparation can be used for cleaning white lines shades, or can they be washed? Hope to see your answer in the Evening Langers. (Mrs.) J. S. There is no preparation recommended for dry cleaning white lines shades. If they are slightly solled rubbing with a new white eraser or with a piece of art gum will take

Fall River. Mass., had then the largest percentage of Catholic population, 6% per cent. Washington, D. C., had the largest percentage of Protestants, 50 per cent. Based on the census of figures of 1917, New York out the spots and lightly sponging with a damp cloth wrung out in white soapsuds and ammonia will remove the dust. on the census of figures of 1917. New York city has proportionately the largest Jewish population and Chicago and Los Angeles the largest number of Christian Scientists proportionately. There is no Puritan religion, but Salem, Mass., has more descendants of the Puritans than any other city in the United States. Some of these are Congregationalists. Unitarians. Pressy. White linen shades can be successfully washed, however. If they are hopelessly dirty and only thorough soaking will cleanse

them, take the shades off the poles and soak them overnight in white soapsuds. Be-fore soaking them take the measurement of their width. Wash them out in the morn-ing and iron while quite wet. This gives a stiffening and gloss which has rone of the disadvantages of starching. In ironing use the measurement to insure making the shades the same width they were before being washed. Shades are apt to shring, but can be stretched to normal width.

If you do not care to take the shades off the pole lay them out flat on the kitchen

To the Editor of Woman's Page:

Dear Madam—Will you word a formal invitation to an informal dance, to be given at my home on November 15, to meet a girl who is coming to visit me from New York. I want to sak about tweets we girls and men.

INQUIRER. table and thoroughly scrub with white scap-auds and ammonia. Follow the same directions in troning.

### To Use the Last Scrap

We the Editor of Woman's Page: Dear Macarn - Will you please print the fol-less in Macarn - Will you please print the fol-less in augustion on the Woman's Page; in the days of concount, when we want to in the days of concount, when we want to in the days of the second of the second of the concept of the second of the second of the second pundation of a left-over dish. When the copie food chopper and mix thom with the copie food chopper and mix thom with the copie food chopper and mix thom with the second of the second of the second of the second base a nice change for a breakfast dish. Ill help sums housewife. (Mrs.) N. V.

aur o any suggestion that makes for the last shred of precious meat comely received by all bouse-war interested in the conserva-

## PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS Pictures

GOT auntie, Mr. Rockrudder's cook, to I fix up a lunch this morning when I had eaten breakfast and then I went in and talked to the burglar while the nurse ate and Levy got the auto ready. I asked the burglar, 'For cat's sake, aren't you ever going to get well? Does the doctor keep the weight tied to your foot all the time? Is your father dead, as well as your mother? Didn't you ever go to school? Did you love your teacher and did the other kids play

with you? Aren't you sorry you are a bur-

He just grinned and said "Yes" to everything, so he made me tired. Then Levy honked and I went down the banister and Rowdy and I hopped into the back seat of Rowdy and I hopped into the back seat of the auto and went away from there. When we got to school we sat on the walk till the bell rang and none of the kids would play with us. At recess one of the teachers said that I was to be in her room after the Christmas vacation because Miss Wille Danglar had told her that I was going to pass. She is a nice-looking teacher, and she said she had heard about me from the principal and that she would be very giad to have me in her room. I guess it does help to have some one around who is Irish. to have some one around who is Irish. The teacher patted Rowdy, which made me like her all the more. So I said to her:

"May I come to your room and speak to you all alone?" She said: "Certainly Patsy. What is it? Have some of the chil-dren been imposing on you?" I said: "No. nobody imposes on the Irish. You're a friend of mine and I want to do you a good turn." She said: "You sweet thing, what is urn." She said: "You sweet think, won the?" I said: "It is that stuff you pulled on the kids in your room one day about the world being round. Nobody with any sense world being round. Nobody with the prinheard you say it except me, but the prin-cipal night have heard you, so now you go ahead and teach the kids that the world in flat, just as if you had never said any-thing else, and I promise not to give you

away.

The teacher laughed and said:

am going to tell you something that is very hard for a little girl to understand." "Not if she is Irish," I said. "Go to it." "Well," said the teacher, "the world is ally round." I said: "Gee! You are the really round." I said: "Gee? You are the second crazy girl I have known. Anybody can see that the world is flat." (Wait." she said. Then she got a big book and showed me a pitcher of the world and the pitcher proved that the world is round, just as the teacher said. I was certain's surprised, but, of course, after she showed me the pitcher I knew she was right, because they could not take the pitcher of the world and make it round if it was not. When a thing

s in a book it is always so.

The pitcher of the world made me think of my mother's pitcher, so after school I went to our house to see if there was any dust on it, because Jim had told me that when dust began to gather on my mother's pitcher it would be the sign that my father was going to be married again. My moth-er's pitcher was not there! When I couldn't all swelled up and such a lump came in my throat that I almost choked. I could not think who would steal my mother's pitcher, and I did not know which way to turn o what to do. I ran back to the school, where Levy was waiting to take me to Mr. Rock rudder's, and I told him to go as fast as

When we got there I ran to my father's 2. What very practical blouse should always be included in the bride's trausseau? com and said: "Somebody has stolen my nother's pitcher off the wall at our house and you must come back to the city with me and call out the petroleum wagon and catch whoever did it. My father said. Why, Patsy, I have got it here in my room. I brought it here myself. I could not sleep in this house if it was not with me. Then I 3. How can a small talking machine be sent to the soldiers or sailors without fear of its certainly did hug my mother's pitcher and my father hugged me and the nurse sniffed and said nothing when I told her about it, them to the bride whether or not she be acand there was not a bit of dust on the 2. The latest acressory to the Red Cross workroom uniform is a pair of small, service-able white enamel bar pins simply ornamented with a tiny red enamel cross.

"The Gift," the next Patsy Kildare adventure appears in Tuesday's Evening Ledger

### Tomorrow's War Menu

BREAKFAST Whole Oranges Creamed Couffsh on Toast Coffee

Choose

LUNCHEON Pea Timbales

Corn Crispets Custom requires that the wedding presents be sent to the bride, whether the senders know her personally or not. A wed-

DINNER Spanish Stew of Chicken (With Tomatoes and Peppers)
Baked Sweet Potatoes Dressed Lettuce
Lemon Gelatin

PEA TIMBALES

The ingredients are: one cupful pea pulp, three eggs, few drops onion juice, one-half cupful milk, two tablespoonfuls butter, one tablespoonful flour, one-half teaspoonful sait and cayenne pepper.

Press fresh cooked or canned peasthrough a sieve to make a cupful of pulp. Make a white sauce as follows: Melt the butter, add flour and cook until bubling. Add milk gradually, stirring all the white

The bridegroom should not acknowledge the presents by writing, though it would be perfectly good form for him to speak of them to his friends at the wedding re-ception. Every present, however, should be acknowledged in writing by the bride herself. It is a task that courtesy requires of her Add milk gradually, stirring all the white until a smooth, medium-thick mixture results. To the white sauce add the eggs companied it. If you have never met the person to whom you are writing say that you are looking forward with pleasure to meeting 'one of Jack's friends' at the reception and that you hope when you shall have returned from your wedding trip you will have the pleasure of receiving him (or her) at your new home as a most welcome guest. Sign yourself "most cordially yours." Also in the bulk of the letter mention the fact that your flance also admires beaten, the rest of the ingredients and beaten, the rest of the ingredients and seasoning to taste. Beat well together, put into small greased molds and bake in a pan of water till set. Turn out on hot dish and surround with more white sauce or tomato sauce.—Good Housekeeping.

### Not Asked to Go Hungry

IN URGING the American people I to "Serve by Saving" and "to Fight by Helping the Fighter Fight," the United States food administration asks no one to go

AMERICA'S PROBLEM is to feed our allies this winter by sending them as much food as we can of the most concentrated nutritive value in the least shipping space. These foods are wheat, beef, pork, dairy

products and sugar.
THE SOLUTION is for us to eat less of these foods and not to make ourselves go hungry. There are other foodstuffs in America in

abundance.
OUR PART is to eat the other foodstuffs.

# THE CHEERFUL CHERUB

The cows can stay outdoors all day In meadows green and sweet . They live in gorgeous scenery But all they



# "MA" SUNDAY'S INTIMATE TALKS

in the whole wide world to you. Daddy knows, even if he isn't a little boy like you. Lots and lots of people loved mamma.

"She did an awful lot for you and m

us now to tell us about it and to let us

know she is thinking of us as we are think-

Daddy's voice trailed to a stop, as he and Bobby stared into the fire again. It was Bobby who broke the silence rather

fearfully. "Do-do you think, daddy, that you and I will ever see Mamma again?"

"Of course we will!" This time John

Walker's voice was firm and reassuring.

When you and I get to heaven, Bobby, do you know who will be the first waiting for us after we see God? It will be mamma and she will be holding our her arms to

daddy; just as she used to do when he came

home from the office, all tired and worn,

with everything going wrong, and she will have one eye for you, boy, and she will try to put her arms around both of us at once.

and we will all be crying together, but it will be a different kind of crying, boy, for

will be a different kind of crying, boy, for we will all know that never, never again, boy, will mamma go away from us! We will have her for good then, boy, forever and forever! Won't that be bully?"

"It sure will, daddy!" echoed Bobby.

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Wednesday-A love story from the trenches

Slot Machines Gone

and in their place stand cigarette dis-

are needed to get the cigarettes. Being a goldler boy is open sesame to the machine which is operated by pressing a plug. In

England, too, the cigar stores and drug stores are adding to Tommy's tobacco store by asking their customers to drop in a box

cigarettes, cigars or tobacco as they pass out of the store,

The Things They Do

Women in Paris are wearing watches small enough to be mounted on a finger

Little girls everywhere will soon be carry-muffs that are shaped like dolls. A New

York inventor has invented a hand-warmer

More women are employed in Government

positions in England than in any other country in the world.

The "maids-of-all" in Seattle, Wash, have

formed a Housemaids' Union. Already there are more than 2000 members.

Gipsy Autumn Song

Away o'er the tops of the wind-swept hills,

And a sparkling air, and a day bright and

Let's run with the wind and let's leap with

And think never of home or abode.

And it's hey the mad pace of the gipsy life's

And the joy of the Romany road.

Cornelius Otis Skinner in the Delineator.

Comfort With Economy

The Fleck Modern Way Pipeless

The Fleck Modern Way Pipeless Furnace heats every part of the house to a uniform temperature of 70 degrees in zero weather from one register. As no heat is wasted in cellar or in passing through long pipes, it cuts fuel bills about one-third. Perfect circulation of fresh, balmy air insures proper ventilation. No dust or coal gas.

Low initial cost, no repairs. Easy to install—only one hole to cut. Im me diate deliveries. Write for booklet.

Frees Bros. Co.

DISPLAY ROOMS
HEATING
306 Arch Street
PLUMBING

That are burning with Autumn's gold.

And a wind that is never old.

the leaves,

This is particularly th

In England the slot machines have gone

is good to us, after all, isn't he,

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

#### When Mamma Went Away

I HAVE such a queer feeling, Daddy, for the sake of Bobby. After all, she and God had been good to him-for they had lump in my threat-it is just as though I at times, and the funniest, biggest lump in my threat—it is just as though I can hear mamma calling me; you know the way she used to call me when I was playing !

And Bobby neshead under his father's arm and raised his big blue eyes into those of his daddy, while a strange, wistful look stole into his chubby features. Ilia father turned his face away suddenly, but not quite quickly enough, for the next moment Bobby had raised up suddenly in his lap and was throwing his little arms "Why, dad-dy!"

he burst out, "you is crying!" My "MA" SUNDAY dad-dy is crying! I just thought, may-be, you could explain to me why I have such a funny feeling all of a sudden —just as though mamma was in the house waiting for me! I didn't mean to make you ery, dad—dy!"

"That's all right, little man; don't you said young John Walker, sliding his hand over his face for a moment. "Daddy was just thinking, that was all! What is it you want me to tell you—oh, I know! And I think I can explain so you will understand as well as I do!"

The father stared into the fire, while Bobby, with a sigh, nestled a little closer, It had only been six months since the wife and mother, Dorothy Walker, after a heroic battle to live for her dear ones, had been forced to yield her life to the ravages of tuberculosis. She was a remarkable young woman in many ways-one of the most remarkable I have ever known-in her unconscious ability to make those who knew her love her. She was the kind of a girl whose sheer unselfishness and wholesome nees and sweetness were so genuine and tender that she scemed to breathe an atnosphere which lingered long after she

Her death in her early twentles was piti-But her young husband had kept on in their little cottage, with a nurse and housekeeper, trying bravely to fight down the surging memories of his dear one, gone forever, and to buck the line a little harder

#### IN THE MOMENT'S MODES

Mourning Gown of Black Moon-Glo Crepe



The woman of distinction wants distinction in her clothes, even when she is in mourning, and yet she wishes to avoid anything conspicuous or striking. The mourn-ing wardrobe has to achieve distinctiveness while being perfectly conservative. The accompanying illustration shows a mourning cos-tume that fills these requirements exceptionally well. The lines are simple but original. It is made of black moon-glo crepe and the front and back panels of the waist are trimmed with dull black beads. The cuffs, skirt panel and skirt itself follow the prevailing mode of rely-ing on buttons for trimming. The waist, under the panels and the sleeves are made of georgette



GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D. In answer to health questions, Doctor Kellogy in this space will delly give adoles an promise medicine, but in no case will be take the risk of making dispusses of or prescribing for ments regularly asserted by personal interes to inquirers who inclose atamped envelopes for reput.

ET your mind relax. Let your muscles |

He tried to smile down into Bobby's face Tension (or "attention," as the psycholo as he talked and Bobby tried to smile back. Each was doing his best to make the other understand, and each, in his way, was trying to hid the tugging wrench at his heart. And both knew what the other was suffering—Bobby in his wistful, boyish fashion, and daddy in his waster authority. gists call it) is not only mental-it is muscular. Your muncles, constituting half the entire weight of your body, are in a constant state of attention-readiness for ac and daddy in his man's suffering, which seldom knows the relief of a woman's tears.

This is a part of the general plan of your body to keep itself in a state of preparedness. The muscles are "at attention," so

"Til tell you, little man, how it is." began John Walker abruptly. "You loved mamma just as daddy loved her, and as God loved her, but in a different way from either of us. You loved her as her little boy, and she was the best and finest mamma in the whole wide world to way. Todd upon every muscle of the body in the whole wide world to way. Todd upon every muscle of the body in the whole wide world to way. This state of attention is maintained by a rapid succession of impulses raining down upon every muscle of the body at a rate of ten or twelve impulses a second. The contraction is so rapid that it pro-

knows, even if he isn't a little way ou. Lots and lots of people loved mamma, but God and the angels loved her more. I guess, than we did. And somehow I think they needed her more than we did up in heaven or, at least, they thought they did. So they decided to take mamma up to them. There are very few mammas like ours, boy. duces a musical note. By putting the tips of the fingers in the ears and holding the muscles firm and tense one can hear the heat of a low-pitched tone that is a little below the lowest pipe of a pipe organ. is so low as to be felt rather than heard, The state of attention which is main-

tained constantly by the muscles uses up about 40 per cent of all the energy expended by the body. Two-fifths of the entire food while she was with us. Some day you'll understand how much she did for daddy when you grow up to be a big man. We ought to be mighty grateful for mamma, even for the little time she was with us, for it was an honor to be as much loved taken into the body on an ordinary diet is used up in this muscle attention, in which no work is done whatever—simply the holdby any one as you and I were, boy. She gave her life to us and, and-I guesa ining of your muscles in a state of readiness for quick action. stead of crying now because she has gone up with the angels that we ought to be giad—for her. For she is a whole lot happier than either you or I could make her, Bobby. And it is because she is so happy And, incidentally, this attention is use-

ful to the body, because it is a means by which heat is produced. Thus it really is not wasted, since by it the body is kept This explains why a person shivers when

he is cold—and the degree of tension must be increased in order to produce an in-creased amount of heat.

ing of her. For she loves us just as much as ever, probably a whole lot more, boy. This fact is of great physiologic im-And she is so anxious for us to know it and for us not to grieve, that she is think-ing of us first now, just as she always did portance in the body. When the body is in a state of attention, as when listening, or in suspense, expectancy, apprehension when she was down here with us. That is why, when you are playing, you think she is still in the house, waiting for you, maybe worry, or what is commonly called "nervousness"—as when one is restless and cannot sit still, or has the "fidgets"—the with a piece of bread and jam, if you have been good. She wants you to know that that is just what she would be doing if she could, and her love is so big that it tension is very greatly increased and nat-urally the expenditure of energy is also increased-may even be doubled. reaches clear down from the skies to us, to One may observe this by putting the

tips of the fingers in the ears, noting the vibration, and then making the arms tight. Note how much louder the muscle note is, "Daddy feels the same way lots and lots of times when he is working hard, and is showing that the expenditure of energy has very tired, and is thinking how much he would give if he could only go home and would give if he could only go none slip-find mamma waiting for him with his slip-find mamma waiting for him with his slipbeen very greatly increased with increased

pers and pipe and her kiss—there never was another kiss like those Mamma could give, boy. And daddy knows. So, that This explains why one becomes tired when waiting for a train or in a doctor's office. Few experiences are more thresome than waiting. is why you and daddy think that mamma is always at home, waiting for us to come back—just, just as we are waiting for It also explains why worry and nervous

iess use up energy so rapidly. One who lives constantly in a state of high tension may easily expend an amount of energy equivalent to the energy consumed in walk ing ten or fifteen miles, or even more, every Such a use of energy is extremely waste-

ful and harmful. Nervousness and worry thus reduce the weight of the body and produce a haggard, worn appearance.

The body is in a state of constant rest only when completely relaxed. This is one reason why sleep in the midst of noise is not as refreshing as sleep under quiet conditions. A certain amount of tension is maintained even during sleep, and this amount is greatly increased by noises that cause more or less reaction, even though they may not waken the sleeper. Bran and Lemon Juice

. After using bran and lemon juice for several months I began suffering from kidney trouble. Might this difficulty have been due to the combination of the lemon juice and bran? W. B. T..

No. Bran and lemon juice are entirely

#### High Blood Pressure What is the cause of high blood pressure?

In most cases it is due to irritation of the arterial walls by poisons circulating in the blood, among which are tea, coffee, alcohol large railroad stations where soldiers are continually passing to and fro. No pennies poisons absorbed from the colon. It is due to hardening of the arteries.

### Sore Feet

What are the best means of preventing sore water and very gently dried. Dust on a

powder composed of equal parts of stars and horacic acid. Reddened skin or realisters should be protected by stape of adhesive. Open sores require a physician advice. Wear white cotton socker hand change daily. Wear a comfortable, loose she that does not constrict the foot in any way.

Swollen Glands in a Child's Neck What causes swollen giands in a chief and A common cause is tuberculos; and is many instances the infection is derived from infected milk. Have a physician examina

What is lupus? Is it centacious? P. L. a.
Lupus is tuberculosis of the skin. It may
be communicated the same as other farms
of tuberculosis, but is less likely to be a
source of infection, for the reason that the
germs are very deep in the skin and are not
spread about as are germs which seed,
in connection with pulmonary tubercules?
where the germs are expectorated.

(Convright.) Lupus

# (Copyright.)

A Child Her voice was like the song of birds: Her eyes were like the stars; Her little waving hands were like Birds' wings that beat the bars.

And when those waving hands were and Her soul had fied away.— The music faded from the air. The color from the day. -Richard Watson Gilden

All Nations at Masquerade Party All Nations at Masquerade Party
All nations were represented at the mixquerade party given by the Aces on Saimday night at 992 North Sixth street. There
were nearly 150 in attendance. The desssion was considerably enlivered by the
Maud String Band, which furnished upto-the-minute selections for the danear.
Prizes were won by Jermain Josepha and
Albert Bass. Friends of the Aces presented
a sliver loving cup to the organization.

sliver loving cup to the organization. TODAY'S MARRIAGE LICENSES cholas Heinrich. 214 S. 8th st., and Katherine Magie. Baltimore, Md. harles F. Sweeney, Huines st., Oak Lane, and Genevieve E. McCloskey, 2224 N. 12th st. M. Wright, Camden, N. J., and Ida A. Pell, 4507 N. Sth at. Cambria st., and Lity

Portman, 503 McKean st., and Bette Wilson, Woodbine, Ps., and Blanche M. Wilson, Woodbine, Pa.
Foreste E. Farsett, 5807 Haverford ava. and
Elizabeth M. Dougherty, 1618 N. Alliam St.
Villiam Graff, 522 W. Somerset st., and 144 C.
McConnell, 522 W. Somerset st., and 144 C.
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