

Daughters Aren't as Expensive as Their Fathers Want Them to Be

THE HIGH COST OF DAUGHTERS IS ON THE WAY TO GOING DOWN

Reader, Citing Instance of Award of Six Cents for Boy's Death, Wants to Know What Girls Are Worth—Is Told "Worth-While"

A FEW days ago a jury in the Circuit Court of a New Jersey town awarded six cents to a father suing a company for damages for the death of his eight-year-old son, killed by one of the company's motorcars. The verdict was based on the difference between the boy's earning capacity and his expense to his parents until he became of working age.

A curious reader, referring to this instance, wants to know, if six cents be the value of a boy, what then is the value of a girl?

AT FIRST thought we might be inclined to remark that, according to the rating of the New Jersey Circuit Court, a father would have to pay the sued company for the privilege of having his daughter run over.

But a second thought says no. The cost of daughters is high—but not as high as we think it is. Our girls are going to work—not the ones who always did go to work, but those who were supposed to come home from finishing school and gracefully ornament the hearth until a moneyed knight came riding.

Our girls are going to work—our Clarabellas, our Cathelines and our Janes! And let me tell you when this army of ambition gets together and kicks the traces of the soft side of life something happens to a law in economics. The high cost of daughters comes down!

THIS isn't happening in leaps and bounds. It goes slowly because the way of the worker is hard. It is so hard that sometimes she has to sigh, give up, go back and be expensive, just like every one says she is, anyhow.

I wonder if the marvels at the top-notch price of girls ever consider the struggle that goes into their effort to be something more than parasites. Did you ever think about it?

Sons have always been allowed to begin at the bottom of the ladder. But our daughters? If Martha has literary as-

Vyvettes



The prettiest and simplest head-dress—a few gours feathers.

pirations, why doesn't she get to work and write her novel instead of wanting to hang around newspaper offices trying to get a job? If Elizabeth wants to follow in the footsteps of Sarah Bernhardt, why under the sun doesn't she do it instead of crying because she won't be allowed to go down and "sup" in the stock company?

THOUSANDS of parents have asked themselves and their Marthas and Elizabeths this question.

It won't do any harm for me to try to answer them. Why doesn't your ambitious daughter do these things? Because, dear fathers and mothers, the world doesn't hold its arms open one bit wider to your favorite daughter than to your favorite son—and sometimes about one-fifth as wide. Your girl can't be secretary of the company in a day, neither can your girl attain her heart's hope without rolling up her sleeves and working for it!

This curious reader, tells you what a girl is worth when her parents untie her hands and let her be worth-while!

IN THE MOMENT'S MODES

Suit of Velour, Fur and Embroidery Trimmed

For the tall woman the long-coated suit is always stunning and becoming, bringing out the long, straight lines that are so fashionable. In this model the skirt of the coat, which buttons from waist to hem, has the same effect as the new overskirt. The skirt itself is straight and rather scant and gives the narrow effect around the ankles that adds to the slender length of the whole silhouette. This model is in emerald green velour, and the front of the coat and the belt are of silk embroidery. The fur is squirrel and furnishes deep cuffs to the straight tight sleeves, a high upright collar and a deep border to the full skirt of the coat. The same model may be had in any other color.



The Changeling

I took a fragment of myself, And out of it made thee, I clipped the plumes of my soul That your soul might be free.

And when you felt the ecstasy Of things on the wing, High, like a hawk above my hills, And left me sorrowing. —Claudia Craunton, in Vogue.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will gladly give advice on preventive medicine, but in no case will he take the risk of making diagnosis of or prescribing for ailments requiring surgical treatment or drugs. Health questions made promptly answered by personal letters to inquirer who inclose stamped envelope for reply.

Food Value of Oranges

THE sugar of the orange, like its acid, has the advantage of being prepared for immediate assimilation and requiring no digestion. It does not need to pass through the digestive organs except for the purpose of dilution. Thus, orange sugar, consisting of levulose and dextrose, is capable of being immediately assimilated by the body cells and, in a purified state, amounts to 240 calories, or food units, per fourth less than sugar. It is injected into the blood in proper quantities.

It is to the sugar which it contains that the orange owes its chief value as a source of nutrition, although it contains, in addition to the sugars or soluble carbohydrates, nearly 1 per cent of protein. The combined value of its food constituents amounts to nearly the same number of food units as that of sugar. This estimate will certainly be a surprise to many readers, but may be verified by any one desiring to look the matter up. Bulletin No. 28 of the United States Department of Agriculture contains extensive tables showing the nutritive value of all common food-stuffs.

A pint of oranges affords the same number of food units as a pint of buttermilk, and hence has a food value one-fourth less than orange juice. A pint of orange juice contains nearly the same number of food units as three-fourths of a pint of milk.

Thus, while the orange is always a grateful addition to any ordinary bill of fare,

Enlarged Prostate

What is the cause of an enlarged prostate gland? A temporary enlargement of the prostate gland may be due to inflammation. The activity of the bowels should be increased and the diet should be light. Copious water drinking is advisable. A very hot sitz bath or a hot hip-and-leg pack affords relief from pain in acute enlargement. These applications may be repeated several times a day. Chronic enlargement of the prostate gland is a serious condition which cannot be treated middle life. No treatment should be attempted except under the advice of a physician.

Chilblains

Every fall and winter I suffer with chilblains. Can I begin treatment now to prevent this suffering? The alternate hot-and-cold foot bath is an excellent remedy for chilblains. The hot water should be as hot as can be borne and the cold water as cold as can be obtained. Allow the feet to remain half a minute in the hot water and fifteen seconds in the cold water. Alternate this treatment ten or twelve times a day. You may begin now to accustom the feet to the cold bath and continue to use it through the cold weather. Shower the feet with cold water or plunge them in a cold bath for fifteen seconds and rub them vigorously after the plunge. Do this every morning. (Copyright.)

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

A Question of Ethics

I GOT downstairs this morning before day-light, but Jim and Maggie were ahead of me and Jim had fed his face and was out working. So Maggie gave me punched paper and I rushed to school.

A boy across the aisle from me in school had a green snake, which he showed me and let me use for awhile, till the teacher would be there she took it and dropped it out of the window and smiled and said, "Patsy, you must never bring another snake to school. She was not afraid of it at all, but I haven't tried her with a mouse yet. The boy across the aisle said to me at recess, "You are all right, kid." I said, "I know it, but how did you find it out?" He said, "You did not squeal when I showed you the snake and you were easy, for I don't ever squeal. I am sorry about losing your snake and now I owe you one and will get you a perfectly good snake to pay you back."

Then the boy asked me, "Have you got a brother?" I said, "No." Then he said, "Are there any kids in this school that you are thick with?" I said, "No." He said, "I will lick him for you." I said, "That's fine! Go and lick that big kid under the tree with the book." He said, "What has that kid done to you?" I said, "Nothing, but I want to see you lick him." So he went over and knocked the big boy's hat off and said, "Get up and fight!" The big boy said, "What for? What have I done to you?" The other boy said, "Nothing, but I don't like your face." The big boy said, "Oh, very well," and punched him on the nose so hard that he fell over backward. The big boy then sat down again and opened his book where his finger was and yawned and studied his lesson.

When the other boy came back to me I

Tomorrow's War Menu

- BREAKFAST: Grapefruit, Savory Eggs, Coffee. DINNER: Purée of Tomato Soup, Roast of Mutton with Currant Jelly, Baked Stuffed Potatoes, Cauliflower Salad, Orange Ice. SUPPER: Malted Cheese on Toasted Crackers, Apple Sauce, Cocoa, Cake. SAVORY EGGS: Heat a tablespoonful of butter in a six-ounce-sized baking dish. Break into it six eggs and sprinkle them over with bread crumbs. Set the dish in a hot oven and let bake for two minutes. Have ready a gravy in which has been chopped a scant cupful of cooked kidney-beans. Four eggs add curve.

HOW TO SUCCEED—A GIRL TRIUMPHANT

—WHEN A MAN IS TWENTY-ONE The World Lies Before Him—The Vice President of the Edison Company Hands Out Some Sound Advice to Would-Be Conquerors

"LAW," writes William Maxwell, vice president of the Edison Company, "is a reason dulled by compromise between many conflicting viewpoints." Lucian Osborne, a professor of physics, used to tell his college classes that generation ago that law is a mode of action. If these two definitions are combined one will get in a few words what Maxwell has tried to say in one of the best books of advice to young men and old ones that has appeared in many a day. He sets forth his views on law in the course of a discussion of what he would do if he were twenty-one and were planning his career over again. Every business man ought to study law, not for the knowledge he would gain of what is legal and what is not, but because law is the expression of public opinion. There is nothing so important for a business man to know as the state of mind of his generation. That is epitomized nowhere so well as in the statutes. Professor Osborne's view of law as a mode of action finds unconscious expression throughout the whole of Maxwell's book. The laws of the mind and the laws of business are merely formulations of the way in which the mind acts upon itself and reacts upon the course of conduct.

The whole book is devoted to a discussion of the different ways in which a man may find out what are the laws in accordance with which men act and how to conform his course to them. The chapter headings suggest "Getting a Job," "Handling money," "Writing a business letter," "Earning your place in life," "Self-esteem and self-confidence," "Setting a goal," "Handling money," "Writing a business letter," "Earning your place in life." The book is written in a direct and simple style and with so much magnetism that it is difficult to stop reading after one starts. As an example of a compact nervous style it is worthy of the attention of the teachers of English in the colleges. And as a handbook for the ambitious young man it is worth its weight in gold. G. W. D.

A GIRL WITH A TEMPERAMENT

Nance Molloy, Alice Hegan Rice's Newest Heroine, Worth Getting Acquainted With

"Ladies and gentlemen, allow me to present Nance Molloy, a girl with a temperament," might very well be printed on the title page of Alice Hegan Rice's latest novel, "Calvary Alley." Nance was born in the same social circle as the people in "Mrs. Wiggs of the Cabbage Patch." Mrs. Rice makes her interesting, along with the rest of the humble folk who move through her pages, because she has discovered that the things that make men alike in the world are stronger than the things that make them different. Herein is the whole secret of Mrs. Rice's popularity. She has grasped the fact that "we are all folks," and that it is folks who are interesting, it matters not whether they be rich or poor. What-over may have been her original intent in writing, she has made it evident in "Calvary Alley" that she has deliberately set out to preach democracy.

THE ROMANCE OF AN IRISHMAN

How He Fell in Love With a Pair of Trim Ankles and What Happened Afterward

Harold MacGrath adventures into a new field in "The Luck of the Irish," in which he portrays a hero who might have been created by Lever or Lever with a touch of Justin Huntley McCarthy for modernity. His William Grogan is a typical New Yorker of Irish extraction, Celtic day-dreaming to know what has been done and philosophically to sharpen his wits by disagreeing with the conclusions of the philosophers. The book is written in a direct and simple style and with so much magnetism that it is difficult to stop reading after one starts. As an example of a compact nervous style it is worthy of the attention of the teachers of English in the colleges. And as a handbook for the ambitious young man it is worth its weight in gold. G. W. D.

THE UNEXPECTED PRICE

Even the Germans would be amused if they read in Frederic S. Isham's "This Way Out" of the method adopted by an English lady to get out of their country after the declaration of war. It was a risky thing Lady Langenshire did when she married a hotel porter. But a native husband was the one thing necessary to secure a passport out of the enemy's country, and Alexander the porter was the only available human of the male sex. And so they were married. Matters might have turned out quite badly for the lady, but just at the time when she desires to obtain a divorce from her port-husband and send him packing back to the place whence he came, with thanks for the obliging manner in which he consented to renounce his bachelorhood, he turns out to be a prince. And they lived happily ever afterward.

But we anticipate, Michael Reagan long lost in St. Louis. It is only William's long lost uncle and he dies "with means." So Grogan, day dreamer, yearner for questing afar, lessee of castles in the air carpeted with Oriental wishing rugs finds himself with more than \$25,000 in ready money, all velvet. Ho for a ship! The old way of stories was to ship on a brig. The new way is to go to one of the tourists' agencies, which are really weavers of magic Bagdad carpets that transport one to strange scenes and picturesque people. And who should ship on the same boat for a

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THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are answered on alternate weeks. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

1. What is the difference in food value between beans and tomatoes? 2. How can the upholstery in baby's carriage be kept bright and fresh looking? 3. What new bread pan has found its place in the department stores?

ANSWERS TO YESTERDAY'S INQUIRIES

1. When a number of persons are to be served with coffee, using the thermos bottle, the coffee pot or percolator is of great help. Fill the bottle with steaming hot coffee and then make a fresh pot. In this way no guest will have to wait to be served. 2. A little corn that, with the help of a pint of milk, makes two pounds of butter out of one is being shown in the stores. The butter is allowed to get warm and is then cut up into small pieces and mixed in the churn with the milk. This device is inexpensive. 3. Most faces require soap to remove the dust that collects in the pores, so it is quite necessary to use soap to cleanse the skin. One should be careful to use good, pure soap.

Hawaiian Costume

To the Editor of Woman's Page: Dear Madam—Will you kindly publish in your paper as soon as possible the answer to the following questions: costume of a Hawaiian dancer be made inexpensively? How can the hair be arranged with this dress? Can I carry my umbrella with such a costume? A HAWAIIAN MAIDEN.

Knitting the Helmet

To the Editor of Woman's Page: Dear Madam—Will you kindly print the directions for making a helmet for a young girl? I am anxious to knit one. How much wool do I need? These are the official instructions given by the Navy League: Material—One hank knitting worsted, gray; one pair amber needles, No. 24; four steel needles, No. 11 (or size smaller than amber needles). With amber needles, cast on fifty-four stitches, knit plain ten inches for front and slip off on spare needle. Work another piece to correspond five inches long for back.

Drying Apples

To the Editor of Woman's Page: Dear Madam—Please print the formula for drying apples. Print the simplest and simplest one there is. CONSERVATION.

Books About Preserving

To the Editor of Woman's Page: Dear Madam—Will you kindly give me the name of a good book on the name of any kind of fruit in jars and the name of any kind of book on the name of any kind of food and dessert? If there are not any such books, please tell me how to preserve beans, peaches and cherries. I. B. P. Secretary.

Name for Boys' Club

To the Editor of Woman's Page: Dear Madam—We are a young club consisting of seven or eight members. Half of us are working girls, while the other half are high school students. We are a social literary and athletic club, so kindly publish a few names suitable for such a club. I. B. P. Secretary.

THE CHEERFUL CHERUB

It's fear that brings unhappiness. It matters not what woes I've had I always fight them with a smile. As long as I am brave I'm glad. By J. B. P. Secretary.

world tour but a certain Miss Jones, the agency clerk, tells him a large lot of Joneses look for all the world like a runaway. Need much more be said? Every reader of Dr. MacGrath knows what he can do with such a combination of circumstances. He does it again, only more so. And there have a treat in store if they like a rattling, swinging, story of love and daring. Here is THE LUCK OF THE IRISH. By HAROLD MACGRATH. New York: Harper & Bros. 11-c.

What Hugh Gibson Saw In Belgium

AS FIRST SECRETARY OF OUR LEGATION

- 1. He witnessed King Albert's great speech of defiance. 2. He took over the German Legation when war was declared. 3. He was in Louvain during the burning and pillaging of this city. 4. He passed many times through the firing lines between the Germans and Belgians with American dispatches. 5. He was in Brussels when the Germans entered. 6. He had all manner of official and unofficial dealings with the Germans. 7. He had many opportunities to see King Albert both in the field under shell fire and behind the lines. 8. He spent 48 hours trying to save Miss Cavell. He argued, pleaded, and finally threatened, without effect.

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