HOUSECLEANING TIME NEEDN'T DRIVE MEN OUT OF DOORS—DRESS, COOKERY, HOME HELPS

A WISE WIFE HIDES HER TOOLS AT NIGHT IN HOUSECLEANING TIME

Man Won't Object to Clean-Up Week in the Home If Eight-Hour-Day Law Is Observed and Broom Removed From His Path by Five

THE other night he came home at 6 o'clock and this is what he found: The hall intrenched with bric-a-brac, his bed hiding under the contents of a clothes closet, the dining-room table patiently holding up glassware, silverware, books, a dustless duster and the family photograph album, which he hadn't seen for years. The kitchen table boasted of a carton of potato salad.

He blazed a trail through chairs, step-ladder and the carpet sweeper, swore a little and went out.

It was housecleaning time!

NOW is the season when all people who e stock jokes take out this one about husbands fighting shy of home at housecleaning time. The extraordinary part about this stock joke is that it's true. Husbands all dread and when they get a chance run away from the physical rebirth that comes to every home some time in the fall.

It's such an unnecessary dread, too.

It's unnecessary because if housecleaning is gone in for with common sense it can become a thing of joy—even to a husband.

A MAN is a regular boy about seeing something new. Show him a beautiful clean room with all the blue fixings freshened, with the nicely starched curtains newly hung and the bed fixed in a way he's been arguing for for a year and he'll have the time of his life wondering at it.

It isn't that man doesn't want to live in a clean house. It's that he doesn't want to see how it's made clean!

The big trick in housecleaning and keeping friends with the men of the family at the same time is to HIDE YOUR TOOLS. Put them away at 5 o'clock each night, like every sensible laborer.

All the days in the week are ahead of the housecleaner. If she doesn't "do the pictures" in a certain room on Tuesday she can do them on Wednesday. There is no point to beginning this work at 4:30 o'clock in the afternoon when she knows that at 5 a hot supper should be under way for not only the man of the house and the children, but herself!

A wise housewife looks ahead and forswears frenzied labor!

Vyvettes

Although the little hat above has all of feathers, ruffles and ribbon for trimming, it looks quite a simple affair.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: **THE WOMAN'S EXCHANGE,** *Evening Ledger, Philadelphia, Pa.*

TODAY'S INQUIRIES

1. How can a feather boa be washed?

2. When a door sticks because of dampness, what will facilitate opening and closing it?

3. What are peanut chops?

1. In France, who explains the Government war loans in remote communities?

2. Name three costumes that will make a short girl look taller at a Halloween party.

3. How can ice be used for the complexion?

ANSWERS TO YESTERDAY'S INQUIRIES

1. A cigar box fastened on the kitchen wall will be found of great convenience to hold tacks, screws, etc., and the smaller tools for which one is always looking.

2. It is difficult to remove a stove-polish stain completely. The following method is fairly satisfactory for goods that is not washable: Thoroughly saturate the stain with chloroform and brush with a small soft brush.

3. The grayfish is a cheap, nutritious fish, use of which has lately been strongly advocated by the United States Bureau of Fisheries. It used to be known as the dogfish.

1. When going to the theatre at night in street costume white kid gloves should be worn.

2. Gray and Alice blue blend beautifully in a waist that is to be worn with a dark-blue suit.

3. Jenny Lind, or Madame Goldschmidt, was Swedish. She was born in Stockholm in 1820 and died in 1887. This famous singer was known as "The Swedish Nightingale."

Taffy for Candy Pull

To the Editor of Woman's Page:

Dear Madam—We are going to have a candy pull. Will you please print the recipe for the old-fashioned molasses candy that can be worked and pulled? MARGARET K.

The ingredients are three cupfuls of New Orleans molasses, a half cupful of molasses, a cupful of brown sugar, a heaping teaspoonful of butter, a teaspoonful of baking soda and a tablespoonful of boiling water. Stir the sugar and molasses together. Put in a porcelain-lined saucepan with the vinegar added. Let come to a boil slowly and stir the mixture often while it is cooking. Test by dropping a little into a cupful of cold water. When it gets a little hard in the cold water stir in the butter and when it melts put in the baking soda, which has been dissolved in the tablespoonful of boiling water. Take the candy from the fire and pour into buttered tins. It is now ready for pulling.

Macedoine Salad

To the Editor of Woman's Page:

Dear Madam—Can you please oblige me by printing a recipe for macedoine salad? (Mrs.) K. E.

One cup of green peas, boiled and cold, and the same amount of string beans cut into half-inch lengths, well cooked and allowed to get cold; one cupful of celery cut into inch lengths, one-half cupful of boiled carrots cut into tiny dice, also cold, and one cupful of red beets boiled and cut into small dice. Leave all these ingredients in the ice box until chilled and stiff. Have ready a chilled glass or silver bowl—a shallow one is better. Heap the beets in the center, arrange next to them a ring of celery, diced, then the beans, then carrots, lastly the peas—all forming a mound. Pour over this a French dressing made of vinegar and oil and pepper and salt. Garnish with nasturtiums and leaves if possible and set on ice until needed. A mayonnaise dressing may be served at the table with the salad.—Marion Harland.

Musical Instruments for Camp Meade

To the Editor of Woman's Page:

Dear Madam—I have read an appeal in the Evening Ledger for Philadelphia to come across with some musical instruments for the boys in Camp Meade. I am sure there is some one that has a piano they do not use or perhaps a piano dealer in Philadelphia could spare one. For one have a brother-in-law in Camp Meade that can simply make a piano talk. I am sure he would love to see one down there. They sure would have a fine time singing and dancing. J. R.

Zinc Instead of Oilcloth

To the Editor of Woman's Page:

Dear Madam—Seeing that so many of our readers write to give suggestions about what has helped them in their own kitchens I hereby submit my little suggestion. A long time ago a neighbor told me to use zinc for a covering for my kitchen table instead of oilcloth, as it was very easily cleaned and hot dishes would not burn it. I tried this and never went back to oilcloth again. I never have to worry about whether a dish is hot or cold when I go to set it down on the kitchen table. I wash it with soap and water and once in a while rub it over with kerosene to keep it glossy. HINTS.

We are thankful for this suggestion and the spirit in which it is given.

Washing White Veil

To the Editor of Woman's Page:

Dear Madam—Can you please tell me how to wash a white veil so that it will not get commonplace after it is washed? READER.

The veil should be put into a gentle suds of white soap and let simmer over the fire for about half an hour. Then squeeze it in some warm water and soap until it is quite clean. Rinse it in lukewarm water first and then in cold water that has a drop of bluing in it. Make a thin starch of boiling water poured over a teaspoonful of starch. Run the veil through this and disinfloute it quick and hard from clogging in the mesh. Use the veil for dusting it together. Dry the veil on a glass or fasten to a piece of cardboard, keeping the edges [illegible]

To Keep Blond Hair Light

To the Editor of Woman's Page:

Dear Madam—I have had very light hair and it is turning dark. Can you please tell me how I can keep it blond? Do you think it is from wetting it every time I comb my hair? If I don't wet it I can't do anything with it. B. G.

Rinsing your hair every time you wash it in water in which the juice of a lemon has been squeezed is said to keep light hair as light as it can be kept without using harmful bleaches. Blond hair very frequently grows darker as its owner grows older. There is no real way to keep it to its exact original shade. I should not worry, however, because hair that is healthy and well taken care of is beautiful regardless of its color. Wetting your hair will not make it turn darker. Too frequent and thorough wetting, however, dries out the hair and gives it a washed-out appearance. In shampooing your hair use a white soap. This, too, helps to bring out the light tints.

To Do Work at Home

To the Editor of Woman's Page:

Dear Madam—Will you kindly inform me where I could get work addressing envelopes at home? If not, where and what kind of work could I get to do at home? READER.

No addressing concern in Philadelphia gives out its work so far as I can ascertain. Oftentimes, in the Sunday newspapers particularly, ads appear in which the services of women are solicited for home addressing. It would at least do no harm to look into the merits of some of these offers.

Did you ever hear of the Woman's Exchange, at 114 South Seventeenth street? They sell for women all kinds of things that can be made at home; everything from knitted things down to cakes and candy. If you can sew or cook or make any sort of little novelty, this might at least in part solve your problem of making money at home. The exchange charges $2 a year for this service and retains 15 per cent of the proceeds of the sale.

Many girls have established profitable businesses at home by selling home-made cakes and candies, etc., upon order. Lots of girls are knitting sweaters now. The people bring them the wool and pay them so much for their work. Many of the art needlework stores, too, I understand, give out fancy work and beadwork.

The Government is paying thirty-five cents each for shirts made at home. Material is furnished. The workers, of course, must be expert. Apply to 1607 Walnut street, woman's committee of the Council of National Defense, for information about this.

Wants to "Go in the Movies"

To the Editor of Woman's Page:

Dear Madam—I am a girl of sixteen and am very troubled. I have a wicked father and am very poor. People say I am most beautiful. I am tired of home, living in such a way, so I would like to get a position as a moving-picture actress. I have been longing for such a position for two years. Would you kindly give me some information about the nearest place where I can apply for a position? I am five feet three inches tall and have a pretty, round face. I think they will accept me. Don't you think so? DAILY READER.

Are you sure your father is wicked or are you just very, very anxious "to get into the movies"? First, let me tell you, little girl, that it isn't beauty that counts for success in the picture business. When you see stars on the screen you may think them pretty, but it's clothes and make-up [illegible] judging and not actual looks. Beauty is very unimportant. Brains count, but more than that success depends upon ability to act.

How far have you gone in school? If you are very poor and your people cannot afford to let you stay in school any longer why not get a position where you will be sure of making money regularly? You see, if you go into the movies you are apt to starve. There never was a time when there was more chance for a girl to get regular, well-paying employment than there is now. There are a number of things even an untrained girl can do. Come down and talk to me some time about this.

There are no moving-picture studios near Philadelphia.

PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

New Possibilities

I WAS lying in bed twisting Rowdy's ear and looking out of the window this morning when I heard a horn honk. I jumped up and ran out of the house in my nightie and there were Alice and Mr. Rockrudder in their auto with their driver and two trunks. Alice said: "Bless you, Patsy-" Her father said: "You will catch cold out here in your nightie." Then he put the auto blanket around me and we all set in the auto and talked while Rowdy stood with his front paws on the door of the auto and heard every word we said.

They were on their way to the station to go away on a long visit. Mr. Rockrudder gave me the key to the big house and told me that I could go out there whenever I felt like it and could stay all night or as long as I pleased. He said that the cook and the houseman were there and they would get Rowdy and me something to eat at any time. The yardman and the driver would be there, too, and he was not to take the auto out except when I told him to. Mr. Rockrudder asked the driver if he understood that, and he said he did. I thought that would be fine. Alice hugged me up tight and told me to take care of myself, as she loved me very much.

I told the driver to come to the school for me at 3 o'clock and he said he would. The driver's name is Levy and he told Mr. Rockrudder he would do as he was told. Then they went away and waved to me as they went around the corner. Then my father came home from his night watching and I made his coffee and flopped the pancakes and he went to bed after he ate his breakfast and Rowdy and I rambled.

I climbed the tree by Bell's window and sang all about Alice going away and my having her house and auto and driver and how glad I was that I was living. Then Bell opened the window and said I would live just as long and she would sleep a lot longer if I did not holler my head off. Then we both laughed and she said: "Patsy, I have been thinking about you and have been wondering what is to become of you when you are grown up. I think the training you are getting is not just the thing for a little girl—sleeping alone in a big house with no one but a dog and running wild."

I said: "I am hardly ever wild. Of course, when some one hands me something or tries to get my goat it makes me wild. You ought to know what I am going to be when I grow up." She said: "What?" I said: "A young lady, of course." But she said: "I know you will be a lady. It is born in you. But what kind of people will you meet and what kind of a husband will you get?" I said: "You should worry. I am going to be like you and Old Maid Tompkins. I do not want a husband. I have seen too many of them. I have made up my mind to be an old maid and to bring my children up the same way. If they ever dare to look at a man I shall certainly make them hard to catch." Bell laughed till the tears came and said: "Oh, Patsy, Patsy, you will be the death of me yet."

Then the school bell rang and Rowdy and I hustled. But Bell should worry. I know my business.

Levy came for me when school was out and I had fried chicken for supper and played the talking machine till just now, when Rowdy and I kneeled and I prayed: "Dear mother which art in heaven, what do you know about this? I am going to have this house and no rent to pay and I have got an auto like Mrs. Carpenter's and nobody had to get flattened out to get it for me. Ask God to keep on blessing you and my father till I tell Him to stop. Amen."

"In the Distance," the next Patsy Kildare adventure, will appear in tomorrow's Evening Ledger.

THE CHEERFUL CHERUB

I always get the worst of things.
It's hard to see why this should be —
Whenee'r the street car gives a jerk
Some heavy person steps on me.

IN THE MOMENT'S MODES

Sports Blouse of American Beauty Satin

There isn't a great deal of variation in the modeling of the separate tailored sports blouse for fall from the sports blouse of last summer. But the difference, such as it is, is at once apparent to the eye of the woman who selects her wardrobe with discrimination. One finds some very interesting effects achieved in the modeling of the collars of these blouses—effects that are novel without being extreme; which, of course, is the quality to be desired in any tailored blouse designed for sports or shopping service. The adjoining illustration shows one of the new Paris model sports blouses with reveres and collar that can be worn opened or buttoned. The front closes and is trimmed with pearl buttons, as are the cuffs. The material is American Beauty satin.

Tomorrow's War Menu

BREAKFAST

Grapes
Poached Eggs on Toast
Coffee

LUNCHEON

Potato Salad
Rye Muffins Cheese

DINNER

Scalloped Tuna Fish Baked Potatoes
Lettuce and Tomato Salad
Apple Pie

SCALLOPED TUNA FISH

Add a dash of red pepper and one tablespoonful of ketchup to a can of tuna fish. Have ready one and one-half cupfuls of bread crumbs and one and one-half cupfuls of milk. Put in a baking dish, alternate layers of fish and bread crumbs. Add the milk and dot with pieces of butter. The flavor of the dish is improved with a tablespoonful of lemon juice or vinegar. Bake until brown.

Peace Talk

Sentimental Miss to Dyed-in-the-Wool Bachelor—I should think you would be very lonesome. Why don't you look about for a nice companion on your voyage over the ocean of life?

Dyed-in-the-Wool B.—I would, my dear young lady, if I could only be sure the ocean would always be the Pacific.

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GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will give advice on preventive medicine, but in no case will he take the risk of making diagnoses of or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

Bruises

FOR severe contusion in consequence of a blow received on any of the soft parts of the body apply a hot fomentation as soon as possible after the accident. Repeat the fomentation at intervals of two or three hours as long as the bruise remains sore and painful. During the interval apply over the part a compress consisting of a towel wrung as dry as possible from cold water, and covered first with mackintosh, then with several thicknesses of flannel to maintain warmth. The hemorrhage beneath the skin which frequently occurs in consequence of a severe bruise may generally be prevented by firm compression immediately after the injury. It is a custom among German peasant mothers when a child falls, striking its head severely, to apply the convex surface of the bowl of a teaspoon immediately on picking it up.

In case a person has been bruised about the trunk or body by having a tree fall on him or being run over, the services of a skilled surgeon should be obtained as soon as possible. Hot fomentations or a hot full bath may be employed in the meantime.

Bruises upon the head in consequence of severe blows or a fall, often give rise to serious symptoms on account of fracture of the skull and compression of the brain, or from simple concussion or jarring of the brain. If a person is insensible or partially paralyzed in consequence of an accident in which the head is injured, surgical advice should be secured at once. As a general rule, continuous cold is the best application for injuries resulting from severe blows upon the head.

Developing the Chest

How may one develop a full chest? S. N.

One may develop the chest by cultivating the habit of sitting straight and holding the chest well forward. Swimming and exercises which require arm movements will also help. Tennis, golf, ball playing and correct walking will develop the chest. Deep breathing exercises are most important.

Inbreeding

Should cousins marry? What is the effect of inbreeding? READER.

Whether or not inbreeding is injurious depends upon the possession of identical defects, as such defects will be certain to appear in the children. If, on the other hand, both parents are sound, both physically and mentally, no such bad results will appear; and if both parents happen to inherit from their ancestors a special gift, such as a talent for music, art, or other marked trait, the children will possess this gift in a still higher degree. Inbreeding may often be beneficial.

Body Temperature

How is the temperature of the body maintained? V. L. V.

The body, like all other living objects, maintains its own standard of temperature. The heat generated by the body is about equal to that produced by a sixteen-candle-power carbon filament lamp, or the amount which would be generated by the complete combustion of ten ounces of oil. The oxidation, or combustion, of food serves the body as fuel just as coal serves a locomotive. The normal temperature of the interior of the body is about 100 degrees Fahrenheit, and the mouth temperature is 98.2 degrees Fahrenheit. This latter is considered the normal body temperature.

Fat Foods

What foods contain the most fat? W. S.

Butter is nearly all fat. Nuts contain 40 per cent to 60 per cent fat. Cream is about 25 per cent fat. The alligator pear contains 26 per cent fat, more than the ripe olive, which is also rich in fat.

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1632 CHESTNUT STREET

Corns Stop Hurting, Then They Lift Out With Fingers

No pain or soreness! Corns and Calluses just shrivel up and lift off.

A noted Cincinnati chemist discovered a new ether compound and called it freezone, and it now can be had in tiny bottles for a few cents from any drug store.

You simply apply a few drops of freezone upon a tender corn or painful callus and instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can just lift it off with the fingers.

No pain, not a bit of soreness, either when applying freezone or afterwards, and it doesn't even irritate the skin.

Hard corns, soft corns or corns between the toes, also toughened calluses just shrivel up and lift off so easy. It is wonderful! It works like a charm. Try it!

Genuine "Freezone" is only sold in these bottles packed in a sealed wooden case bearing a yellow label and the name The Edwards Wesley Co., Cincinnati, O.

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