

WAR MIGHT MAKE IT STYLISH FOR YOUTH TO GIVE UP "DATES" SINCE HOMES ARE THREATENED WITH BREAKS, PERHAPS BOYS AND GIRLS WILL WANT TO SPEND A LITTLE MORE TIME IN THEM

NOW that this great national experience has set the seal of style on such out-of-date customs as growing our own potatoes and preserving everything in sight, wouldn't it be funny if our young people would take a notion to turn old-fashioned? Wouldn't it be funny if they decided to stay in once in a while at night and get acquainted with the family?

Perhaps you know that some years ago it went quite out of style for boys and girls to be caught at home after eight-thirty in the evening without an engagement. Before the day of the neighborhood movie it is true the Julius and the Imogenes of the world might be seen adorning the family sofa at the fateful hour, but they were pinked and ready. The time was not available for conversation. It was sacred to the hour of waiting for the door bell to ring.



A real autumn hat—the colored leaves have been put on the crown and have been caught under a russet-brown net and held by a ribbon of velvet. The brim, too, is velvet—dark brown, faced with champagne color.

101 PER CENT EFFICIENCY TRIUMPHANT MOTTO OF GIRL LAWYER WHO "GOT THERE"



Miss Cecelia Bass the Living Embodiment of Feminine Energy That Has Brought Her to the Goal for Which She Strove—Mental Slouchiness Has No Part in Make-up of This Portia

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preserving health, but in no case will he take the risk of making diagnosis or prescribing for medicine, but in no case will he take the risk of making diagnosis or prescribing for medicine, but in no case will he take the risk of making diagnosis or prescribing for medicine.

Foods That Contain Iron According to Professor Sherman, of Columbia University, the iron of vegetables is much more readily assimilated than the iron found in meat.

Who Wouldn't? On Johnny's first day at school he was given a registration card on which he was to write his birth record.

Are pancakes healthy? Johnny well done and cooked on a non-stone griddle so as to avoid contamination with burnt fat.

The Nest Glad is the grove with light. And the green is song cascaded. But longing comes a night.

Brown and Browned Rice What is brown rice? It is rice that has been browned, not from which the bran or outer covering has been removed.

TO BRIGHTEN SOLDIERS' WINTER Plans to brighten the winter months of Uncle Sam's boys in training camps abroad will be discussed at a meeting of the National League for Women's Service.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper. Only one question will be answered unless otherwise directed.

- 1. What is the most economical and wholesome wheat flour that can be used? 2. How should knitted things like sweaters, scarfs, capes, etc., be dried after washing? 3. How can silk stockings be darned most securely and neatly?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Skimming of milk takes away virtually only one food property of the milk—the fat. While skim milk should never be substituted for whole milk in a child's diet, it is as valuable as whole milk for food-building and mineral properties in the general menu.

To Clean Child's White Muff

Dear Madam—Will you please state in your column how I can clean a child's white muff? I am not sure of the kind of fur, but it is long, silken, curly hair.

Wants Home for Cat

Dear Madam—On account of moving away I want to find a good home for a cat, and thought I might through your column. He is a male, six months old, all black and very affectionate.

Indian Meal Doughnuts

Dear Madam—Can you print the recipe for doughnuts (not the kind made of a mixture of cornmeal and white flour)?

To Clean Wicker Furniture

Dear Madam—Can you please tell me how to clean wicker furniture that is soiled from standing on the porch all summer?

Recipe for Colelaw

Dear Madam—Will you please print recipe for Colelaw?

Editor's Note Will Mrs. A. L. who wrote a letter to the Women's Exchange offering music books to the Mrs. A. L. in this issue please send in her name and address to the Editor.

By M'LISS

SLOUCHINESS, the great national characteristic of our youth, was discovered amid loud acclaim a few days ago by a man in a high position—Adjutant General Henry P. McCain.

"I think the great fault of the girls in the working world today is a mental slouchiness," she said crisply, and it seemed as though words of wisdom were falling from the lips of a babe.

IN THE MOMENT'S MODES

Fur-Trimmed Coat of Tobacco-Brown Bolivia Cloth



By JUDD MORTIMER LEWIS

The New Trick

LAST night Rowdy growled away deep in his neck and woke me and I reached out and put my hand on him and his hair was standing straight up, so I knew right away that there was something wrong.

MENTAL SLOUCHINESS A FAULT

"I am not knocking marriage," she said emphatically, as though years had been given her to think these great problems over.

Tomorrow's War Menu

- BREAKFAST: Waffles, Creamed Codfish, Coffee. LUNCHEON: Blushing Bunny (melted cheese on toast), Lettuce, Apples, Tea. DINNER: Hamburg Steak with Browned Rice, Creamed Onions, Sliced Tomatoes, Bread Pudding. BLUSHING BUNNY

Stone

1220-1222 Walnut St.

Special Taffeta Dresses

In very blue and black. Very smart, middle, that are worth up to \$15, priced at \$29.75.

ASK FOR and GET

Horlick's

The Original Malted Milk

Whether it is a serious affection like eczema, or just a rough and unattractive complexion, you can usually reap on Resinol Ointment and Resinol Soap to set it right, promptly, easily and at little cost.

with energy and tenacity it gets nowhere.

It is extraordinary to realize this at eighteen, but Miss Bass did.

Lucas

WOLVO-TONE FINISH

For All Woodwork and Furniture

The Fashionable Hand Rubbed Effect Without Hand Rubbing

Lucas Wolvo-Tone comes in nine handsome shades—Old Oak, Golden Oak, Pumed Oak, Weathered Oak, Mahogany, Cherry, Fruit, Zebra, Green, Black, Natural. At any dealer's.

John Zross & Co., Inc.

Philadelphia

Tomorrow's War Menu

- BREAKFAST: Waffles, Creamed Codfish, Coffee. LUNCHEON: Blushing Bunny (melted cheese on toast), Lettuce, Apples, Tea. DINNER: Hamburg Steak with Browned Rice, Creamed Onions, Sliced Tomatoes, Bread Pudding. BLUSHING BUNNY

Stone

1220-1222 Walnut St.

Special Taffeta Dresses

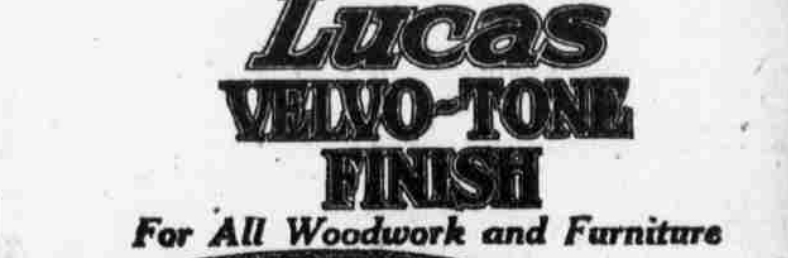
In very blue and black. Very smart, middle, that are worth up to \$15, priced at \$29.75.

ASK FOR and GET

Horlick's

The Original Malted Milk

Whether it is a serious affection like eczema, or just a rough and unattractive complexion, you can usually reap on Resinol Ointment and Resinol Soap to set it right, promptly, easily and at little cost.



The Fashionable Hand Rubbed Effect Without Hand Rubbing

Lucas Wolvo-Tone comes in nine handsome shades—Old Oak, Golden Oak, Pumed Oak, Weathered Oak, Mahogany, Cherry, Fruit, Zebra, Green, Black, Natural. At any dealer's.

John Zross & Co., Inc.

Philadelphia

Tomorrow's War Menu

- BREAKFAST: Waffles, Creamed Codfish, Coffee. LUNCHEON: Blushing Bunny (melted cheese on toast), Lettuce, Apples, Tea. DINNER: Hamburg Steak with Browned Rice, Creamed Onions, Sliced Tomatoes, Bread Pudding. BLUSHING BUNNY

Stone

1220-1222 Walnut St.

Special Taffeta Dresses

In very blue and black. Very smart, middle, that are worth up to \$15, priced at \$29.75.

ASK FOR and GET

Horlick's

The Original Malted Milk

Whether it is a serious affection like eczema, or just a rough and unattractive complexion, you can usually reap on Resinol Ointment and Resinol Soap to set it right, promptly, easily and at little cost.

Resinol Ointment and Resinol Soap contain nothing that irritates the skin or makes it worse.