HOME LIFE MAY BE STRENGTHENED BY WARTIME—AUTUMNAL LEAVES DECK AUTUMN HAT

WAR MIGHT MAKE IT STYLISH FOR YOUTH TO GIVE UP "DATES"

Since Homes Are Threatened With Breaks, Perhaps Boys and Girls Will Want to Spend a Little More Time in Them

JOW that this great national experience has set the seal of style on ch out-of-date customs as growing our en potatoes and preserving everything sight, wouldn't it be funny if our young people would take a notion to turn eld-fashioned? Wouldn't it be funny if they decided to stay in once in a while at night and get acquainted with the

Perhaps you know that some years ago it went quite out of style for boys and girls to be caught at home after eight-thirty in the evening without an engagement. Before the day of the neighborhood movie it is true the Julias and the Imogenes of the world might be seen adorning the family sofa at the fateful hour, but they were prinked and ready. The time was not available for conversation. It was sacred to the hour of waiting for the door bell to ring.

Now even the sofa is lonesome

ONE of the biggest little tragedies of life is staged in the home that is pathetically quiet at nine o'clock because the young people who live there have all gone out. This isn't tragic when it happens one, two or even three nights a week; but when it gets beyond that, not even Hamlet deserves more sympathy than father when he looks across the lamp at mother and says, "Well, I guess we'd better go to bed."

These parents are anxious to live again in their children's lives, but their children extend very little of their lives to be lived

This is bad for the nation. It seems to me the supreme test of the solidness of garded hearthside is threatened with dis home life is whether the people who go ruption, even our young people will be to make it up can spend an occasional gin to think!



A real autumnal hat-the colored leaves have fallen on the crown and have been caught under a russetbrown net and held by a ribbon of velvet. The brim, too, is velvet—dark brown, faced with champagne color.

evening together without itching and aching to be somewhere else.

THE silver lining we are finding in war ought to be able to do something for this. Young people who chase around night after night are victims of a false standard, a sort of I-want-to-be-known-aspopular standard for which some one else sets the pace. Oftentimes the victims are tired and want to go to bed!

War is tearing down lots of false stand ards that have turned out to be, after all, only a puff of pride. War makes people think. Perhaps now, that the lightly re-

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those pives below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

2. How should knitted things like sweaters,

3. How can silk stockings be darned most

TODAY'S INQUIRIES 1. Is it permissible to use the name Red Cross in connection with a bazaar or benefit when only part of the proceeds of the affair are to be turned over to the Red Cross? 1. What is the most economical and whole-ome wheat flour that can be used?

3. Is it proper for a girl of fifteen to go un chaperoned to the movies at night with a boy of

the army, not only at home but in France or

Puzzled Seventeen

question as a soon as possible? (1) I am a young the of seventeen years of age and am writing the of seventeen years of age and am writing the object of seventeen camps. I have never meet him cheard of him through another girl, who may heard of him through another girl, who may heard of him through another girl, who may heard of him and it so, will you suggest what kind of things I might write about?

(2) I have very nice teeth, but it seems that one is starting to decay right in the front of my mouth. How could I prevent it from de-caying more without going to a dentist, as I can-not stand the pain?

If you cannot answer this in Saturday's Evening Landes, will you try to answer it in Monday's?

(1) It is not a wise plan for a girl as

young as you to start a correspondence with a man, especially one you have never met. I realize, of course, that the circumstances

tinue the correspondence. If you are con-vinced that he would never try to take ad-

vantage of it in later years and are assured of his integrity, write him a letter once in

ientistry has advanced to such an art.

To the Editor of Woman's Page:

Sending Gifts Abroad and in U. S.

Address all packages to American Expe

ditionary Forces in France, together with the name of the soldler, his company and regiment. Promptness of delivery is uncer-tain, and on account of conditions on the seas and in France there is no way or

To the Editor of Woman's Page:

ANSWERS TO YESTERDAY'S INQUIRIES

1. Skimming of milk takes away virtually enly one food property of the milk—the fat. White skim milk should never be substituted for whole milk in a child's dict, it is as valas whole milk for body-building and min

2. Herbert Hoover, United States food adnistrator, says hot cakes and waffles should eaten without butter or sugar, and with aple or dark syrup.

3. It is particularly important that no seap a wasted in wartime, because it contains fat, om which is secured giverin that is needed the manufacture of explosives.

To Clean Child's White Muff

Pe the Editor of Woman's Page:

Dear Madam—Will you please state in your column how I can clean a child's white muff? I am not sure of the kind of fur, but it is long. silken, curly hair.

Brush and comb the fur thoroughly first, shaking well to get all the loose dust from it. Then rub well into all parts of the fur hot cornmeal. Put away the fur, with the cornmeal on it. for several days. When you take it out shake well until entirely free from the meal. Hang in the air. This treatment works beautifully on most white treatment works beautifully on most white fur. I am sure yours will not be an ex-

Wants Home for Cat

Wants Home for Cat

To the Editor of Woman's Page:

Dear Madam—On account of moving away I
want to find a good home for a cat, and thought
I might through your column. He is a male,
als months old, all black and very affectionate,
I will take him myself to the one who wants
him, as I am anxious to have a good home for
him. I can't take him with me as I have two
elder tats I must keep. If you hear from any
one in regard to this please let me know.

(Mrs.) E. L.

Surely some one will speak up for this coal-black pussy who is looking for a good home. Mrs. E. L's address is held here and any offers for kitty will be passed on

Indian Meal Doughnuts To the Editor of Woman's Page:

Dear Madam—Can you print the recipe for doughnuts that are made from a mixture of corameal and white flour? (Mrs.) A. R.

The doughnuts you speak of are known as Indian meal doughnuts. Charles Murphy. "corn expert." gives the following recipe for "corn expert," gives the following recipe for them: Pour three-quarters of a cupful of boiling milk over one and a half cupfuls of fine cornmeal, stir and allow to cool. Add half a cupful of soft butter, three-quarters of a cupful of sugar, a teaspoonful of cinnamon, half a grated nutmeg, two beaten eggs and a cupful of flour in which there are two teaspoonfuls of baking powder. Work the dough smooth roll on the board three-quarters of an inch thick and fry in hot lard. Dust with powdered sugar.

To Clean Wicker Furniture To the Editor of Woman's Page: Dear Madam—Can you please tell me how to team enameted wicker furniture that is soiled from standing on the porch all summar?

A HOUSE-CLEANER.

First dust the furniture thoroughly. Make a weak tepid suds of white seap. Wash the furniture quickly. Do not leave to dry, but wipe quite thoroughly. Sift together whiting and cornstarch. The some of this powder in a coarse chesseoloth bag and apply to the pieces. Let the whiting and starch remain on for half an hour. This method will remove ordinary soil.

Recipe for Coleslaw

To the Editor of Woman's Page:

Dear Madain-Will you please print a recip
for colosine?

GRATEFUL There Madain Will you please arisis a recipe for conselect! Chop one-fourth of a head of cambage and divide into eight small dishes. East up one cuprol of thick sour cream, add to it radually and a little of each at a time one-off cuprol of vinegar and one-half cupful of sugar. Then add one-half teaspoonful of all and one-lighth of a teaspoonful of all and one-lighth of a teaspoonful of this pepper. Full two teaspoonfuls of this resing in the top of each portion of cabrage and set away in a cool place for fifteen minutes before serving — From Marion Catifa Salad Racipes.

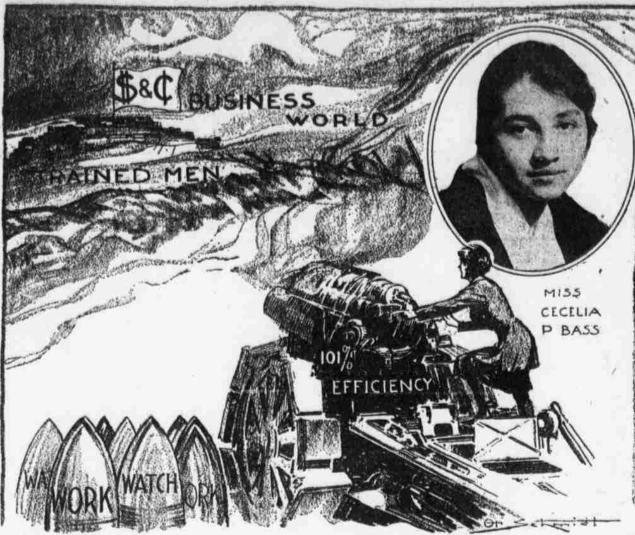
Editor's Note

guaranteeing it.

Gifts destined for this country can be sent safely by parcel post if they are well packed and wrapped. If they exceed the twenty-pound limit they must go by ex-Pack the gifts as lightly as possible, wedging them in with wide of naper. Use wooden bears id preference to pastaboard and its very securely.

These class for the Column saldiers and

101 PER CENT EFFICIENCY TRIUMPHANT MOTTO OF GIRL LAWYER WHO "GOT THERE"



Miss Cecelia Bass the Living Embodiment of Feminine Energy That Has' Brought Her to the Goal for Which She Strove-Mental Slouchiness Has No Part in Make-up of This Portia

CLOUCHINESS, the great national charncteristic of our youth, was discovered amid loud acclaim a few days ago by a man in a high position-Adjutant General Henry P. McCain. College professors and the executives of large business houses seized upon the discovery and drove home the moral to the young people under them.

But a little girl lawyer, sitting today almost lost behind the ponderous law books on her ample mahogany desk, made the 2. What is a French "manteau" and what has it to do with wartime? discovery privately more than three years ago. She looked around her with amazenent at young men and women endowed with opportunities for which she yearned, and what she saw was slouchiness. "I can get there," she said, "if I don't

And she did get there. Her name is Cecelia P. Bass. On October 15 she will be admitted to 1. Nutria is a fur which is dyed in imitation the bar of Pennsylvania-a twenty-one-2. Colored velveteen has been introduced a

No college education was given her. had no money with which to support her-self while she studied and so she worked at stenography and typewriting in a law-3. The newest development of the English woman's war work is the establishment of the yer's office for three years from 9 until 5 every day, and every night with unfalling regularity she studied law from 7 until 11. weman's auxiliary corps. Wemen are to take the place of soldiers in many departments of Nothing was allowed to interfere with the program she had set herself. Ambition is

> IN THE MOMENT'S MODES

Fur-Trimmed Coat of Tobacco-



Even a casual glance about one proves that fur will be as extensively used this year as it was last. Although fashion decrees that it will be one of the smart trimmings for fall and winter, the beauty and novelty of many of the pelts being amployed by the style creators make fur as desirable as it is necessary in the cold-weather wardrobe. The accompanying illustration presents one of the most attractive methods employed in the use of fur as an embellishment for the long, separate coat. The material used in this coat is to be the contract of the coat in this coat is to be the coat in the use of fur as an embellishment for the long, separate coat.

MENTAL SLOUCHINESS A FAULT "I think the great fault of the girls in the working world today is a mental slouchiness," she said crisply, and it seemed as though words of wisdom were falling from the lips of a babe. "This," Miss Bass added generously, "Is not wholly their own fault. It is the fault of parents, because in most cases mothers and fathers still believe the ultimate sin of all girls should be warthe ultimate aim of all girls should be marlage. They do not train them for anything lise and they do not train them for that.

"I am not knocking marriage," she said emphatically, as though years had been given her to think these great problems over. 'On the contrary, I believe it the primary duty of every normal woman to marry and become a mother, and every normal man should marry and become a father. But you can't should no marriage. father. But you can't slouch on marriage and make a success of it any more that you can slouch on a career and get there.

"I was particularly fortunate in that my family stood squarely in back of me." the young Portia continued earnesty. "They didn't ask apathetically, What is the use of wasting all that time when you'll only get married, anyway?" They didn't say that if I went in hard for law I'd become a crabbed old maid. They couldn't give me financial support, but they gave me all the moral encouragement they had—and it was a lot. I had no opposition at home."

But she had nothing else-except a good

with energy and tenacity it gets nowhere. | law course anywhere, and so she battled It is extraordinary to realize this at eight-een, but Miss Bass did. with her Blackstone and her Cooley in the privacy of her room at night. The movies privacy of her room at night. The movies, dances, nothing deflected her from the path she had decided to take. There must have been many temptations for her to go out and play—there always are when a girl has an elfish face with great brown eyes and pretty, soft hair making the frame. Youthful though she is, she is thoroughly

alive to the catch-as-catch-our battle making a successful living in an interesting profession with trained men as compet "Women have a great deal of prejudice still to overcome," she said soberly, "an I realize that my youth is going to be against me at first. Somehow or other people don't seem to realize that you can

be twenty-one and a woman and intell gent at the same time."

The bar examiners, however, seemed to have realized it, for the young woman, i has been rumored, got a very, very high average, while college men fell by the

"But." Miss Bass continued, "time will "But." Miss Bass continued, "time will tell. I have a theory that a woman can't be just 100 per cent efficient. She must be 101 per cent efficient to overcome the handicap of conservatism. All this talk about women succeeding because of their sex is utter nonsense. You can't pull the woman stuff in the business world, because where dollars and cents are concerned men will fight you tooth and nail. You must watch and work; you can't slouch."

Miss Bass is an ardent suffragist, But she had nothing else—except a good brain and a strong determination and a healthy body; and she has proved the super-fluity of everything else.

There was no money for her to take a street, West Philadelphia.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

The New Trick

L AST night Rowdy growled away deep and not have any one to love or even to down in his neck and woke me and I fight with.

BREAKFAST

Grapes Creamed Codfish

LUNCHEON Blushing Bunny (melted cheese on toast)

Apples

DINNER

Hamburg Steak with Browned Rice

BLUSHING BUNNY

Lettuce

Coffee

Sliced Tomatoes

I down in his neck and woke me and I That night I prayed: "Dear mother, which reached out and put my hand on him and his hair was standing straight up, so I before, but please do not let me grow up his hair was standing straight up, so I to be an old maid, especially an old maid without any children. Ask God to bless you and my father, and tell Mr. Carpenter knew right away that there was something doing. I sat on the edge of the bed and listened and heard something back of the that he must now have got used to being an angel, so I am going to leave him to look after his own family, for I am too busy. house, so I went to the screen door and Rowdy went along, walking stiff legged and Amen. growling down in his neck. When I got "The Experience." the next Pater Kildare adventure will appear in temorrow's Evening Ledger. to the door I flung it open and hollered, "Go to it, Rowdy!" He certainly went to it, for he is a very brave dog. Nobody but Rowdy or some one with Irish in them would jump into the dark at a strange noise like that. Tomorrow's War Menu

It was only a man, who explained that he was in the wrong yard, but I could have told him that. I thought after I got back into bed that maybe I should have made Rowdy chew him a little more, but I guess it is not very pleasant chewing such a looking man. Then we went to sleep again, and when I woke it was daylight and my father was frying the pancakes. I told him about the man in the yard, and he said he guessed it was some one who thought we had a chicken we did not want. I'll bet he has got teeth marks he does not

Creamed Onions Sile Bread Pudding This is an easy-to-make luncheon or supper dish. Melt American cheese in a saucepan, adding half a can of tomato soup or catsup. Be careful not to let it get stringy. Have ready generous elices of nicely browned toast. Serve the cheese on these The river watchman has made me a funny trick. It is a clay pipe with a teensy hole bored in the bowl, just above the stem, and the bowl is full of what he said was lampblack, and there is a cork in the top lampblack, and there is a cork in the top of the bowl. The trick is to tell some one that he cannot blow into the stem hard enough to blow the cork out. When he tries to do that the black comes out and makes a big black mustache under his nose, and that is the joke. So I took the pipe and we rambled. I went to Bell's house, for when you have friends it is always a good idea to keep going around to see them. You do not want them to think ways a good idea to keep going around to see them. You do not want them to think you are stuck up or anything, which they might, when you are Irish and they are not. Bell was sitting on the steps leaning against one of the iron dogs and Lunny was reading the newspaper. She said, "Look, who's here! What kind of tobacco do you smoke, Patsy? Can't you give her a pipeful, Lunny?" I said, "I don't smoke. This is just a trick." She said, "What kind of a trick?" I said, "You hand it to any one and tell him you bet he cannot blow the cork out." She said, "I can do that." I said, "You mustn't try." But she took it and did and Lunny was looking over his newspaper and saw the black on her lip. So he told her to blow harder, which she did, and she had a mustache like Charley Chaplin in almost no time. Finally she said, "I can't do it, after all. What are you two foolish persons laughing at?" Lunshe said, "I can't do it, after all. What are you two foolish persons laughing at?" Lunny said, "Go and look into the glass," and she did, and came back and chared me half way to the street, both of us laughing so we could hardly run. Then she gave it up, as I knew she would have to, for I am about the best runner in town.

Then school bell rang and I had to go to school and leave the trick at fiell's house, but I guess it will be all right. I do not think she will blow in it any more, not chooled to wear it out, anyway. When school was out we went around to Old Mails Tunngains's and she were the latest and and any more and could be a latest and any latest any la

1220-1222 Walnut St. Special Tatteta Dresses Very smart that are worth up to \$11, \$29.75

ASK FOR and GET The Original Malted Mil

GOOD HEALTH QUESTION BOX

Foods That Contain Iron

A Columbia University, the iron of vegethies is much more readily assimilated han the iron found in meat. This explains

han the iron found in meat. This explains thy the ox is able to make such an abundance of rich, red blood from the green grasses of the meadow.

The chlorophyl of green plants contains iron, as does the hemoglobin of the blood, but the iron in hemoglobin, having been utilised once by an animal, is not so well prepared for use by another animal as is the iron found in the chlorophyl of vegetables and especially in the green parts of plants.

An experiment has recently been made by Miss Blunt, of the University of Chicago, for the purpose of ascertaining to what extent iron is lost in the cooking of vegetables in water when the water is drained off in In experiments with string beans, navy

beans, peas, potatoes and spinach, Miss Blunt found that potatoes lose about one-fifth of the total content of lime; peas and beans, one-third to one-haif, and spinach, From this fact it appears that in the cooking of vegetables steaming or baking are culinary processes to be preferred to

In another series of experiments spinach it was found that more than half of the salts, including iron, found in spinach was lost when the vegetable was botted in water.

Honey

How does honey differ from other sweets? DAILY READER. Honey consists of about equal parts of Honey consists of about equal parts of levulose and dextrine, the two sugars which are found in about the same proportion in many fruits. Honey contains a diastatic ferment which resembles human saliva. It also contains a special protein, which is excreted by the bee.

Scotch Brose

What is brose? STUDENT. Scotch Highlanders prepare a dish which they call "brose" by pouring boiling water upon catmeal and stirring it for a moment. This half-cooked cereal has laxative and antitoxic properties which are very helpful. In this country the name "brose" is used to designate a commercial product consist ing of a mixture of oatmeal, cornmeal and bran.

Brown and Browned Rice

What is brown rice? HOUSEKEEPER. Brown rice is whole rice; that is, rice from which the bran or outer covering has not been removed. It is what is incorrectly called "unpolished rice." Unpolished rice is rice from which the bran has been reoved, but which has not been polished by treatment with glucose and talc. An ex-clusive diet of polished rice will in time pro-duce the disease known as beri-beri. This may be prevented by the use of brown rice, street. Mothers, wives, sweethear which contains the newly discovered vitamines. Browned rice is rice that has been call for service are urged to attend.

CORDING to Professor Sherman, of being cooked. The browning of rice until the first cooked. The browning of rice until the much more readily assimilated in the iron found in meat. This explains or parching rice, as well as other or parched in the oven being cooked. The browning of rice until the province of th is common among the Mexican Indiana I natives of India and other rices and

Sprains

What is the quickest way to relieve with the case of sprains?

For the pain of sprains and bruiss were yeary hot applications followed by cold the presses or ice bags. The hot formatable may be renewed every fifteen minutes be two or three hours, with the cold compress applied in the interval. Apply a bandage the sprain occurs in a locality when a bandage can be used.

Pancakes

Are pancakes healthful?
Yes, if well done and cooked on a seasone griddle so as to avoid contiminate with burnt fat. The batter should be made to be a seasone of the cooked on a seasone story of the seasone of the se Are pancakes healthful? with burnt rat. The batter should be made without soda or baking powder. Reconservations by Funk, the discovere of vitamines, show that these very necessary elements are destroyed by soda. a (Copyright.)

Who Wouldn't!

On Johnny's first day at school he given a registration card on which make was to write his birth record. The follow ing day he arrived tardy and with registration slip.

registration elip.

Johnny," said teacher, "you must being
an excuse for being tardy and don't forge
the slip about when you were born."

All out of breath next day, Johns
rushed in holding a note from his mothe
"Teacher," he gasped, "I brought the ea
about being tardy, but I forgot my excus
for being born!"—Mother's Magazine.

The Nest Glad is the grove with light. And the glen is song caressed. But longing comes ere night For the one dear nest!

Far fields may seem more fair. And distant hills more blue.
Still claims that nest my care In the dawn-in the dev

For though the wild may woo My wing to many a quest, Sweet in the dawn and the daw Are home and rest! -Florence Earle Coates in Scribners

TO BRIGHTEN SOLDIERS' WINTER Plans to brighten the winter months of Uncle Sam's boys in training camps as abroad will be discussed at a meeting of the National League for Women's Service which will be held on Wednesday night at its Philadelphia headquarters, 1713 Walms street. Mothers, wives, sweethearts and the men who have answered



For All Woodwork and Furniture



work the handsomest finish obgreat expense. It takes the place of hand rubbing; stains the wood, varnishes it and produces the oft, dull finish in one operation. You can easily do over your chairs and tables yourself; no experience is necessary. Don't discard good pieces because they have the out-of-date highly varnished or fl. t Mission finish; make them modern and beautiful with Velvo-Tone.

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Whether it is a serious affection like whether it is a serious affection like eczema, or just a rough and unattractive complexion, you can usually rely on Resinol Ointment and Resinol Soap to set it right, promptly, easily and at little cost. Resinol Ointment stops itching matently.

The dally use of Resinol Soap for the toilet is sufficient to been most