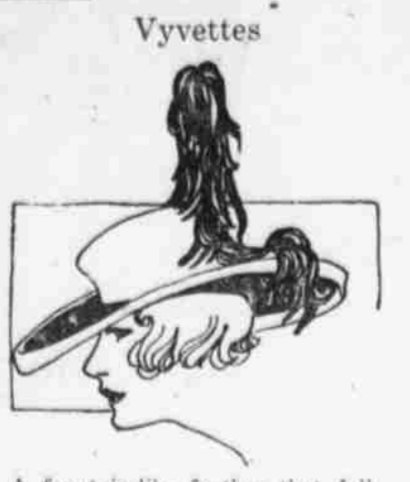


CONSERVATION-OF-CLOTHES TIME IS HERE; FOOD FACTS FOR THE HOUSEWIFE—WAR MENU

HOOVERIZE YOUR WARDROBE BEFORE YOU START TO BUY IT

"Conservation-of-Clothes" Time Has Come—It Doesn't Mean Not to Buy Any, but to Use Your Pencil; Plan Ahead and Be Decided

HOW can we Hooverize our winter wardrobe? Everybody talks a lot about the conservation of food and industry says very much at all about the conservation of clothes.



A fountain-like feather that falls down over the crown, on to the brim and over the edge. Note the fold around the edge of the brim.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer.

1. How can cookies be kept from burning on the bottom? 2. What will make this cream whiter easily? 3. How can a cork that has slipped down into a bottle be removed?

ANSWERS TO YESTERDAY'S INQUIRIES 1. If one were spending a last dime to buy food for a hungry family it would be infinitely better to buy dried beans than lettuce because this expenditure would give seventy-one times as much food for the same money.

2. A glass stopper that sticks can be removed from a bottle by applying ethyl alcohol until it is loosened.

3. The bristles of a carpet sweeper can be easily cleaned by going through them with an old coarse comb.

To Make Jelly Roll Dear Madam—Can you print a recipe for the cake that is used to make jelly roll which is purchased in the bakeries? (Mrs. M. M.) Beat two eggs very lightly and add a cup of powdered sugar gradually and continue beating.

Grape Marmalade Dear Madam—Will you please publish the recipe for making grape marmalade? (Mrs. E. R. T.) Take the stems from the grapes. Measure them, allowing for each cup measure of grapes two cups of sugar.

To Raise Mushrooms in Cellar Dear Madam—You are kind enough to answer a few questions for me if you can? Can mushrooms be raised in a cellar? I have read so much in the papers about the conservation of food that I thought this might be a chance for me, too, to do something during the winter.

Use of Correspondence Cards Dear Madam—In using correspondence cards for the purpose of writing on both sides of the card? May these cards be used for formal occasions? (J. M.) Correspondence cards may be written on both sides. They should only be used for short, informal notes, which can be written on both sides of one card.

Women's Brass Bands Dear Madam—Would you kindly tell me if there are any women's brass bands in Philadelphia? Where they are? Will you please give me a recipe for making Yorkshire pudding? (E. F.) One of the department stores in the city has a women's brass band with twenty-five players in it.

To Color Lace With Tea Dear Madam—Is it true that by dipping white lace in tea or coffee you can turn it an ivory color that will look presidential? (SKEPTIC) It is true that white lace dipped in tea or coffee comes out an ivory shade that one does not suspect of being home-made.

To Fill Hot-Water Bag Correctly Dear Madam—Will you kindly print the directions for filling a hot water bottle in the right way? (MRS. J. G. M.) Heat the water until it is nearly boiling and fill the bottle a little more than one-third full.

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PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

In Society

AFTER I kissed Rowdy on the nose this morning I asked him how he liked being a school dog and told him neither did I. School is a good thing when you haven't any one to play with, because it gives you something to do, but I almost always find something to do even in vacation.

Then Rowdy and I went to school, but we went to see Bell first and we all went swimming. I told her about the three dollars I have in the crawfish hole and showed them to her.

I found the door to the ballroom, where the music probably was being played. I went in and played around in there in the dark till Bell came. We had a good time, too.

"The Great Scheme," another Patsy Kildare adventure, appears in tomorrow's Evening Ledger.

IN THE MOMENT'S MODES

Afternoon Frock of Navy Satin and Beige Georgette



A sufficient number of the fashion folk have sworn allegiance to the skirt with distended side drapery to insure the continuation of this mode throughout the fall season.

THE CHEERFUL CHERUB

A pine's my favorite kind of tree It tells its secrets all to me. And though in storms it sways and bends It sings a song that never ends.

To Make Celery Decorate the Table

Take one large stalk of celery or several small ones. Cut off the roots and save for salad. Cut the stalks lengthwise into equal-sized branches and wash them well in cold water.

Tomorrow's War Menu

- BREAKFAST Apple Sauce Rice With Sugar and Top of Milk Crumb Muffins Coffee LUNCHEON Macaroni and Oysters (leftovers) Tomato Soup Toast Grapes Tea DINNER Stuffed Baked Potatoes Lima Beans Lettuce and Mayonnaise Fruit Cup

Mothers

Mothers are the queerest things. I remember when John went away All but mother cried and cried When they said good-by that day.

LEPAGE'S GLUE

STRONGER THAN NAILS 100

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs.

Proteins have been abrasions formed in the nose. A nose specialist should be consulted. (Copyright)

THE proteins form one of three large groups of food principles (the other two are "fats" and "carbohydrates"). The living structures of the human body are very largely composed of protein.

Raw Whites of Eggs Not Digestible Are raw whites of eggs indigestible? MRS. H. Yes; contrary to common opinion, they are among the most indigestible of all foods.

X-Ray for Goiter Does X-ray for goiter destroy the thyroid gland? T. C. Q. When properly applied, it destroys the abnormal growth of the gland, but the normal part of the gland is not injured.

Coughing and Expectoration What is the cause of coughing and expectoration? B. B. A bronchial catarrh means, usually, a stagnant colon. The body is overwhelmed with poisons and its resistance is thus damaged and weakened.

Blood Pressure How can I reduce my blood pressure? TRACHER. You must get rid of the cause. The most common cause is intestinal toxemia and poisons absorbed from the colon.

Nose-Bleed My daughter suffers much from nose-bleed. How can it be relieved? C. Y. W. Probably she has nasal catarrh and there

Mrs. M. A. WILSON'S School of Cooking 6333 Race St., Phila. Telephone, Belmont 4817

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