POPULAR GIRL'S FIRST-AID KIT—A MAN FOR EMERGENCY ONLY—HOME TALK AND LETTERS

NO MAN IS A FIRST-AID KIT-TO HOLD FOR EMERGENCY ONLY

Every Popular Girl Has Man in Background of Her Engagement Book-He's Shy and True, but He'll Turn Some Day!

SATE I can't get any one else, I'll get Sam." The girl that everybody looked at when she got on the car said this. "How do you know he'll go?" said the other girl who according to conversation that floated down to the next white ivory strap was an out-of-town visitor and hudn't as yet met Sam.

"Oh, he'll go all right," was the anwer. "Sam always goes-even at the

DO YOU know him-Sam?

As a rule he's medium sized or if lie's, tall he's u little too thin to look i like a magazine ad when he puts on a suit of English clothes. Most of the time anyway Sam does not go in for very short shoulders.

Sam is the piece of scenery in the back ground of nearly every popular girl's en gagement book. He makes a beautiful background! His flowers arrive when the new out-of-town man is in the parlor and his phone calls come when there ! whole roomful of girls to be impressed.

Sam has a good job, but he couldn't say thrilling thing coming home from a dance in a taxicab if you were to shoot him for being commonplace. Sam isn't piano. The other girl talks about somemuch on dancing, neither can he sing thing Sam knows something about. Sud-

Sam never breaks a date, so he never has the chance to whisper soul-stirring apologies two nights later. He always writes when he's away on his vacation. Sam calls up every day and sometimes

he has to ask after every member of the family from the dog up before he gets started. Lots of times he ends up like this: "You'd better go to bed early tonight if you want to get rid of that cold."

Sam came into the popular girl's life two years ago when things were dull in the engagement book. For a time he was King Bee. He is waiting patiently around now for a r-turn of that time. metimes he gets a little glimpse of it He may come around as often as he likes rovided he has two little cards in his right-hand vest pocket called theatre tickets. Sam would marry the popular girl if he could, but-

It-unintentionally. She gets talking to obligatos.

Vyvettes



Tassels are growing longer and longer—we'll have to be braiding them soon!

Sam at a party. The popular girl is out on the porch with a new man and he looks tired of holding up the side of the

Sometimes Sam goes away on a buslness trip and like a prophet finds honor away from his own home town. In either case Sam goes to the mirror when he gets to his room and finds out that he's not such a had fellow after all.

This is the beginning of the end.

THERE is a moral to this fable of Sam. It might read: "He makes a poor lover but a good husband." Straight from the shoulder it says "If you've got a Sam, holding him like a first-ald kit for emergency only and for marriage emergency, too, which means you'll have him if no one better asks you in the next when there is another lull in the popular three years, come to your senses. Be kind girl's popularity. He is in heaven then, and send him away. And if on the eve of the sending you find that life isn't going to be the same without Sam, let him stay-and get acquainted with him. If another girl can find something interesting in him so can you. Learn to love him before the other girl does, always re-Now comes the paradoxical thing about membering that popularity doesn't last forever and that life in the main isn't Most times it's another girl that starts | made of soul-stirring repartee and tenor

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special gueries like those given below are invited. It is inderstood that the editor does not necessarily indoese the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE. Evening Ledger, Philadelphia, Pa.

one were spending a last dime to buy

or a hungry family, why would it be to buy dried beans than lettuce?

How can the bristles of a carpet sweeper

ANSWERS TO YESTERDAY'S INQUIRIES 1. Rubbing with liquid ammonia as long as 1. The fancy hatpin, for the spot remains will remove an fedine stain reglected, has come back un white goods. The material must be rinsed

2. Macaroni as purchased before any milk or other foods have been added to it contains ever 15 per cent of tissue-building or protein

3. Chamois skins should be washed in cold water with plenty of suap and rinsed in clear told water in order to keep them soft and

Green Tomatoes Pickled the Editor of Woman's Page:

Dear Madam Please inform me through your columns how to pickle green tomatoes? I mean whole tomatoes. (Mrs.) S. K. As a rule tomatoes are pickled in slices

instead of whole. Here however, is a recipe modified for putting them up without cut-To a peck of green tomatoes add six large enions. Soak the onions and tomatoes over-night in sait and water. In the morning

prepare a spiced vinegar with following in-gredients: One teaspoonful each of all-epice, cinnamen, cloves, one tablespoonful of mustard, one cupful of sugar and three pints of vinegar. Bring to a boil. Drain all the salt liquid off the tomatoes and enloss and put them in the scalding vinegar. orions and put them in the scalable vinega.

Add six coarsely chopped red peppers to
season. Let the tomatoes cook for a little
while, watching them carefully. When they begin to get even a little soft take them of the fire. They will get softer in the jars. Put in glass jars and seal airtight.

If you find the vinegar does not cover the tomatoes add a little more, or if you are using very strong vinegar, add water.

Recipe for Stuffed Prunes To the Editor of Woman's Page: Dear Madam—Can you please tell how to catuffed prunse and can you also tell me w to clean plane here that are yellow? (Mrs.) T. M.

Get good, large California prunes. Soak them and then steam, being careful not to let them get too soft. Remove stones and stuff the prunes with nuts and dates or with chopped ratsins. Dip them in granusugar. Keep for several days before

Use peroxide of hydrogen to clean the plano keys. Apply with a cloth and rub until the keys whiten.

Music for Little Boy

r Madam—On August 9 in the EVENING
I saw where some one had music books
a way. I would like to have some if
d get them. My oldest boy was given an
jes nieno and I have no music books for
a sludy from. I would be very thankful
ould get some instruction books.
(Mrs.) L. B.

So many requests were turned over to the kind friend who offered the music that I am sure the supply was exhausted long ago. Perhaps there is some one whose little aris and boys have outgrown their first in-eruction books who can halp. An answer to the rest of your letter will be sent by

Mrs. L. B.'s address is held here.





denly it's 12 o'clock.

TODAY'S INQUIRIES

1. What is Pon-Pon?

2. How is the lemon bath, said to be excellent for whitening the skin, prepared?

S. Is it proper for a girl to ask a man for

1. The fancy hatpin, for several seasons quite It appears with jade bangles and in

2. The favorite materials for winter suits and coats are velours, velvets, duvetyn and some broadcloth.

3. The women of Pennsylvania are now being 3. The women of Pennsylvania are now being enrolled in the woman's section of the United States Working Reserve. In this each woman is catalogued according to the work she is capable of and willing to do should her coun-try have need of her services.

Warmth of Sports Suit

To the Editor of Woman's Page: Dear Madam Do you think if I bought ene of those sports suits they are wearing so much now that I could wear it when it gets cold? I mean the kind of suits that are made of goods that looks like a fine sweater.

A. R.

In spite of their lightness the sports suits you speak of are good and warm. When the weather gets cold a little knitted jacket can be worn under the coat and you will have a garment quite as warm as the average heavyweight suit. Personally I think the suits are an "economical" buy. They are nest, smart and do not readily lose their shape. Tyrol wool is the name of the sweater-like goods used in a sports

Children's Bureau To the Editor of Woman's Page;

to the Editor of Woman's Fuge:

Dear Madam—Is there some sort of a Government department in Washington that sends but booklets about how to take care of children? If there is will you please tell ms how to address it?

A MOTHER.

There is such a Government bureau as you speak of in Washington. All kinds of information about the physical and mental well-being of children is sent out in bulletin and pamphlet form. The address is the Children's Bureau, Department of Labor, Washington.

Bridal Procession To the Editor of Woman's Page:

Dear Madam—Will you kindly lell me the proper order for a bridal procession both up and down the alse? We are to have a hest man, maid of honor, two flower girls and four ushers. With whom should I walk up the alse—the best man or my father?

BRIDE-TO-RE. My explanation will be clearer perhaps if I answer your last question first. The

bride should walk up the aisle with her father. The best man attends the bridegroom, not the bride. On entering the church the bridal party

should be arranged as follows: First, the four ushers, walking two by two; then the small flower girls, walking side by side. The maid of honor walks alone in the center of the aisle just shead of the bride and her father or whoever may take her father's

When the bridal party reaches the chancel or sanctuary railing the unhers and flower girls separate and go on either side, while the bridegroom, who has been standing there with the clergyman and the best man, comes forward and offers his left arm to the bride, who has meantime let go of her father's arm. She takes the bridegroom's arm and the maid of honor stands by the brids, while the hest man stands by the bridegroom. The father steps back into the front pew, where his wife is. On leaving the sanctuary or chancel the ridegroom and bride lead the procession lower the siste, followed by the maid of some; the flower girls and the valuers.

GIRL SCOUTS PLAN TRAINING COURSES

Drill and Routine for Captains and Lieutenants to Be Feature of Curriculum

The Girl Scouts of Philadelphia plan to hold a training school for captains and lieutenants at Temple University this fall. There are now 150 captains and lieutenants and new ones are applying so frequently that it is necessary to hold the training school to teach the principles of scouting.

The training school will start Monday, October 8, and promises to be well attended. Commissioner Bets, of District No. 8, Boy commissioner Bets, of District No. 8, Boy Boy Scoutmasters to teach the courses.

The school will be held Monday and
Thursday evening from 7:30 to 9:30 and
the following courses will be given:

A course in home nursing, under the direction of the Red Cross, with Mrs. Walter
Lavell, graduate nurse, as teacher; drilling,
directed by Scoutmanter George Reeder; directed by Scoutmarter George Reeder; class in general scauting, with Scoutmaster E. C. Morgan, the Boy Scout camp natural-ist; a class in civics, to be directed by a teacher from the Civics Club of Philadel-

The students who wish to take the Red The students who wish to take the Red Cross nursing courses will be given an examination at the end of the term, and if they pass will be granted the privilege of seventy-two hours' work in a hospital and will be eligible to be a nurses' aid and to go to France. The course in general scouting will include signaling, scout pace, nature study, compass, tracking, judging, fire building, camp cooking, knife and hatchet, map reading and drawing and hiking. map reading and drawing and hiking.

The course will last for three months,
from October to December, inclusive.

PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

Roadside Romance

WHEN I woke up this morning I did not at the river and at Rowdy lying in the door and at the gray ashes of the fire. The river was more foggy than I had ever seen it before. Then I remembered where I was and I went over Rowdy in one jump and over the fire in another jump and the next jump took me into the river. I swam across and back and across and back and across and back and then I come out and turned over endways as many times as I could and I walked on my hands. Then I jumped up and caught a limb and chinned myself as

many times as I could.

I went over to Jim's house and the man was out on the milk route and we ate some sour milk and sugar and nutmeg and went out to see the mother cow which did not even turn her heid when we came near. She just stood there and chewed and chewed. and I don't believe she even remembers her baby cow which Jim sold to the butcher. That reminded me of the three dollars I had in the crawfish hole and we went around to see if it was still there. It was, and the ditch was fuller than ever of water. Then we went to school after I had gone to tell Bell that I had already been swimming.

School looked the same as ever and the old maid teacher came up and put her arm around me and skinned her teeth and said, "How is my darling little girl this morn-ing?" I said, "If you want to know how your darling little girl is, why don't you ask her? I don't even know who the kid is. She said, "Why, you are my darling little girl." I said, "Somebody has been fooling you." She laughed and said, "Did you tell you. She laughed and said, "Did you telly your father what I told you yesterday?" I said, "For cat's sake, what did you want me to tell him?" She said, "You know I said that I thought him a perfectly splendid man." I said, "I didn't tell him that." She said: 'Well, tell him tonight. And tell me tomorrow what he says. If you do I will give you a nickel.' I said: 'If you will stop getting slushy with me I will give you two nickels. I did not see my father last night. I slept out in the woods."

Then she asked me all about it and I told

Then she asked me all about it and I told and she got so excited that I had to take her after school and show her the place. When after school and show her the place. When I pretended to put the money back I just stuck my hand down in the mud and hid the three dollars in my other hand. Then I said: "I must now be going. Come on." She said. "Which way are you going?" I said, "This way." She said: "I am going this other way. Good-by." So I went until I got out of sight and then Rowdy and I sneaked through the trees and went back and she was there pawing in the mud. After a while she wiped her hand on her handkerchief and took off her shoes and stockings and waded right in.

By and by a man came along on a load of wood and he asked her what the trouble was. She told him she had dropped three dollars. So he got down to help her look and he took off his shoes and waded and pawed along with her. After a while they got better acquainted and laughed while they talked and when I came away they were sitting on the bank with their feet in the mud and one of his muddy hands had hold of one of her muddy hands and their faces were so close I was afraid he was going to get mud on his nose from hers. I found another crawfish hole for my three dollars and I went home just as it was

getting dark.
Mrs. Carpenter has got an auto, which is what the new shed is for, and she and a strange man was in the auto out in front and he was showing her how to make it work. I watched them a long time and then I went into our house and my father had left the milk for me and some bread and a piece of pie. I ate that and was in such a hurry to pray to my mother that I went to bed early and prayed, "Dear mother, which art in heaven, I have got a surprise for you to hand to Mr. Carpenter. Mrs. Carpenter has got an auto and that was a garbage they were building with the new boards. What do you know about that? I will bet that will get his goat. She is learning to run it herself and Rowdy and I will have to look out or we will get run over. Amen

"In Society," another Patsy Kildare adven-ture, appears in temorrow's Evening Ledger.

Mrs. M. A. WILSON'S School of Cooking

6333 Race St., Phile.
Telephone. Belmant 4847
Classes in war cookery—housekeeping and professional courses. Classes start Oct. 3rd. Dieteter and stewards classes.
Practical up-to-the-minute methods. Food values: Salancing menus. Marketing. Learn how Uncle Sam eliminates waste from his vast kitchene and feeds men on 450 per day. Classes in army and navy rations, food compounds and commissary duties.
Call or write for further information.

PIANOS

New England . \$85.00 Chickering ... \$75.00 Hardman ... \$95.00 Albright ...\$175.00 Sterling . . . \$150.00 Steinway ... \$300.00 Sohmer \$250.00

50 Other Used Pianos

IN THE MOMENT'S MODES

The Very Newest of Sleeping



The newest sleeping garment is quite the most fascinating piece of lingerie imaginable. It has a quaint little empire waist, button-holed in scallop fashion at the neck and drawn "comfy" by an in-terlaced ribbon. The sleeves end above the elbow in puff fashion and are finished with a buttonholed frill. The nether part of the garment is fashioned somewhat like pajama trouserettes, save that they are held in at the ankles and finished with frills matching those on the sleeves. There is a buttonholed pocket for one's kerchief, rows of shirring at the joining of trouserettes and waist and the closing is finished with two ribbon The garment described is that pictured in the accompanying drawing.

WILSON RECEIVES WOMEN LIBERTY LOAN WORKERS

Miss Clara Middleton, of Germantown, Prominent Among Delegates to Two Days' Conference

of the Shipping Board, will address the opening meeting.

Among the delegates present are Miss Clara Middleton, of Germantown, Pa.; Mrs. Antoinette Funk, of Chicago; Mrs. F. L. Higginson, of Boston; Mrs. John Pratt, of Long Island; Mrs. Roger Perkins, of Cièveland; Miss Grace Dixon, of Chicago; Mrs. Festus J. Wade, of St. Louis; Mrs. George W. Fuller, of Kansas City, and Mrs. E. B. Reppert, of Dallas, Tex.

HOOVER WILL ATTEND RED CROSS CARNIVAL

Bryn Mawr Polo Field to Be Scene of Big Event With Sports and Exhibits

Herbert C. Hoover, Federal Food Commissioner, and Howard Heinz, chairman of the State Food Commission, will attend on Saturday afternoon the sporting carnival glands of the skin. These, as well as other to be held on the Bryn Mawr polo field tonorrow and Saturday in aid of the American Red Cross.

Responding to the appeal of Mrs. Walter Jeffords, of Glen Riddle, farmers of Dela-ware, Chester and Montgomery counties will exhibit their feld products at this idealized country fair on the Main Line. While a two-day horse show is to be the central feature, Mrs. Otls Skinner is directing the plans for a Red Cross pageant, which will be given each night. The school children of the Main Line beauties are being assembled. of the Main Line branches are being assembled by Mrs. Robert W. Wesley for a great

PLAYGROUNDS END BIG SEASON Aggregate Attendance for Fifty-two Days Was 639,609

Philadelphia summer playgrounds have just closed one of their most successful seasons, according to the report of Miss Elizabeth O'Nell, supervisor of play-grounds. The aggregate attendance during the fifty-two playground days was 639,609, with an average of fifty children per teacher. Three of the 140 playgrounds listed could not be opened at all last summer on account of repairs and other causes, while six playgrounds were closed for part of the season for different reasons. The aggregate season's attendance for

the twenty school-yard playgrounds from September, 1916, to June, 1917, was 364,633, with an average attendance of 1665 per day.

Tomorrow's War Menu BREAKFAST

Stewed Peaches French Toast (Fried Bread) LUNCHEON Tuna Fish Salad Corn Meal Muffins Gelatin DINNER Oysters with Macaroni Spinach Cabinet Pudding

THE CHEERFUL CHERUB

Strong-minded people always think Without their guidance I'll be lost. I don't mind being governed though As long as I am never crossed.

My Springs

In the heart of the Hills of Life I know Two springs that with unbroken flow Forever pour their lucent streams Into my soul's far Lake of Dreams. O Love, O Wife, thine eyes are they, My springs from out whose shining gray Issue the sweet celestial streams That feed my life's bright Lake of Dreams Oval and large and passion-pure And gray and wise and honor-sure : Soft as a dying-violet breath Yet calmly unafraid of death Dear eyes, dear eyes and rare complete-

I marvel that God made you mine, For when He frowns, 'tis then ye shine -SIDNEY LANIER

Being heavenly sweet and earthly sweet-



Luxurious Hair Mattresses and Box Springs

are the finest contributors towards luxurious slumber yet produced. Those of you who have not experienced the comfort of these superb hair mattresses and box springs will be amazed at the difference and the superiority over the usual kinds.

Dougherty's "Faultless" Bedding Hair Mattresses. Box Springs. Bedsteads. **1632 CHESTNUT STREET**



Women! Stop Corn Pain! Few Drops and Corns Lift Out

Don't hurt a bit! Cincinnati man discovers drug that works miracles-No humbug!

Tour high heels have put corns on your toes and calluses on your feet, but why care now?

This tiny bottle holds an almost magic fluid. A genius in Cincinnati discovered this ether compound and named it freezone. Small bottles of freezone like here shown can be had at any drug store for a few cents. Don't limp or twist your face, but get a bottle of freezone and apply a few drops on your tender, aching corn or callus. Instantly the soraness disappears and shortly you will find the corn or callus so shriveled and loose that you can lift it off with the finger.

Just think! You get rid of a hard corn, soft corn or a corn between the toes, as well as hardened calluses without suffering one particle. Freezone is magic!

Genuine "Freezone" bears the name, The Edward Wesley Co., Cincinnati, O.

GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

enswer to health questions, Doctor Reliogs in this space will daily give advice on prevention medicine, but in no case will be take the rish of making diagnoses of or prescribing for ments requiring surgical treatment or drows. It call the questions will be promptly an accreed by personal letters to inquirers who inclose stamped envelopes for reply.

The skin naturally secretes a fine oil that a floating kidney requires an operation. The floating kidney falls down because the body from excessive loss of heat. It also serves as a natural means of cleans. It also serves as a natural means of cleansing the skin. This oil is secreted by the oil ing the skin. These, as well as other glands of the skin. These, as well as other glands of the skin. These, as well as other glands of the skin. These, as well as other glands of the skin. These, as well as other glands of the skin. These, as well as other glands of the skin and produced that is necessary is to wear a spring waist bands are a common cause and must be avoided. Men seldom have floating kidney requires an operation. The floating kidney falls down because the colon is attached to it; the eyer-loaded colon drags it down out of place. All that is necessary is to wear a spring waist bands are a common cause and must be avoided. Men seldom have floating kidney falls down because the colon is attached to it; the eyer-loaded colon drags it down out of place. All that is necessary is to wear a spring waist bands are a common cause and must be avoided. Men seldom have floating kidney requires an operation. the thyroid gland. When the activity of the gland is diminished, as it sometimes in especially in persons past middle age, the skin becomes dry. The hair usually begins to fall out and to become less vigorous in growth from the same cause. Constipation and the resulting intestinal toxemia is probably the chief cause.

The bowels should be made to move three times a day so as to keep the body free from toxins. Water must be taken freely, (we or three quarts a day. Bathe in soft water and be careful to remove all soap from the skin. After the bath apply lano-line cream. It is well also to apply a little of the cream daily, especially if there is a tendency to irritation, burning, itching or "breaking out."

Protein for Children

What amount of protein, and in what form do you recommend for normal, active children of five years? of five years?

Infants and children require one calory of protein per pound of body weight. This would be about half an ounce of protein for a child weighing fifty pounds. This amount of protein is supplied by one-half pint of milk and one-sixth pound of bread. Pimples

What treatment do you suggest for an eruption of small pimples that fester and make the skin blotchy? The dieorder has continued for four years. I am unable to control it. It has been diagnosed as ache. WORRIED. Chronic constipation is a very common cause of this common form of ache. Increased bowel activity and a diet from which meat and rich gravies are excluded will usually effect a cure. Eat freely of fruit and take a tablespoonful of bran at every meal. Get the tongue clean.

Tumor Under the Tongue What should be the treatment for a tumor nder the tongue? G. Y. T. It should be removed. Sometimes it may be removed by electricity, and sometimes it is best to remove it with a knife. Radium may be used in certain cases.

Floating Kidney If the heart will not permit an operation, can a foating kidney be kept in place? C. B. D. A floating kidney does not require an operation. We used to operate on every floating kidney, but it is very rare indeed



Autointoxication

What causes autointoxication?

The Dark Room Opens Saturday Evening It's more invit-ing than ever!

WALNUT AT 13th STREET

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4-Pc. Dining-Room Suite memorable in our history, ve offer this hand-some golden oak (golden or Jacobean finished)

William and Mary dining suite at the tre-mendously low price of \$97.50. It is the most popular design in this store of unmatchable

values, and yet it is but one of hurdreds that we are showing in every deartment. This suite includes china closet and heavy plank-top buffet, serving table and dining table, and is worth fully \$145.00. Market St.



Every housewife is facing one big problem-how best to make ends meet.

Make Electric Service your servant—and you are finished once and for all with the expense and uncertainty of household labor. Besides the actual money saving in wages, you save the not insignificant cost of feeding and lodging servants. With Electric equipment your housework is done easily, quickly and thoroughly-with a

tremendous saving in your time and energy. Operating cost of the necessary Electric equipment for a whole month is appreciably less than a servant's wage for a single week. Electric labor-saving appliances which cost more than \$10 may be purchased at the Electric Shop on convenient terms of payment.

Figure it out for yourself. You know what permanent of by-the-day help is costing you. Against this sum consider that it costs less than three cents to do a washing electrically, two cents for the week's cleaning and fifteen cents for the weekly ironing.

If you want to get value received for every penny you spend for household help, you can do no better than to invest in electric equipment. Our booklet, TAKING THE WORK OUT OF HOUSEWORK, gives you all information as to coats. Send for your copy

