EVENING LEDGER-PHILADELPHIA. THURSDAY, SEPTEMBER 20, 1917

NEW ENEMY OF HOOVER'S, CORNMEAL MUTINY-PATSY GETS' EVEN-WOMEN'S LETTERS

CORNMEAL MUTINY-WHEN IT APPEARS-HOW TO SIDETRACK

Appetite, Like Woman's Whim, Can Be Renovated With Trifles-If Your Son Refuses Overdose of Cornmeal, Remodel It

WHEN Uncle Sam pulled up his chair to the great American table after war was declared almost his first advice to the big new dining-room family was this: "Eat cornmeal. We've simply got to eat cornmeal and save the wheat for our Allies. Twenty-five per cent more of our wheat supply than ever went across the ocean before must be shipped to them if we want to win the war!"

Uncle Sam's plea did not go unan swered. Quite soon after, every patriotic household in America began to use corn meal. In most cases it was commeal muffins for breakfast and hot corn bread for supper or else hot corn bread fo. breakfast and cornmeal muffins for sup per.

All went well until-

One day after an unusually patriotic week, something happened in the pa triotic household. There was mutiny! It started with suspicious sniffs directed toward the swinging door. It ended three minutes later with an all-boy, but slightly un-American, "aw, have a heart, mother, and let up on the cornmeal."

ALL of which places mother in a vers peculiar position. Is it possible to please her country and her epicurean fam lly at the same time?

It is, frankly speaking, if the caterer to appetites realizes that it is not a question of patriotism that enters into the puzzle as much as it is a matter of unabashedly disguising the commeal. A little bit of studying the cook book would Paris. sidetrack the mutiny.

How many housewives know of more than six ways to make commeal "slip down" the family throat? Isn't it mostly a case of collecting the some few family recipes whose appearance on the menu used to be spread over months and crowding them all into one week? The family throat will tell you it is.

Putnam, the New York publisher. has just put forth a book called "Ameri can Indian Corn; 150 Ways to Prepare and Cook It." In looking over it the thought



Nebraska, who as far back as 1889 was lecturing on American Indian corn before the National Agriculture Society in

Mr. Murphy and his collaborator, Jean nette Young Norton, tell some startling and not well-known facts about corn that make you want to get at it and help the United States use up the immense amount It has the power of growing. Not only are recipes given, but the complete story of the nourishment contained in corn, and what is particularly fascinating, the calories, are clearly enough put to be a

help rather than a puzzle.

APPETITES are very funny things. They seem like nothing so much as occurred to me that a manual of this sort the queer little quirk in a woman's makewould almost surely ward off such re- up that gets more delicious thrills from marks as "Mother, let up on the corn- a smart new collar than from a whole



1. Black lace can be cleaned with one tea-poinful of boras in a pint of warm water. Do not dry near the fire. not dry near the fire. natural shade of the wool." Beige is also a

Dark-Green Serge Frock Trimmed With White

IN THE MOMENT'S MODES

0-0

One of the sur-prises of the cur-

rent fashion raa-

son is the contin-

uation of the pop-

ularity of green.

After a summer in which apple

green, nile green.

mustard and

lemon green ware predominant, it

seemed natural

that this color, in any shade, would suffer a dininution of

vogue. Such, however, is far

from being the case. The illogical

and unexpected result of the sit-uation is found in

the appearaance

of green on the fall color card. Some of the smartest of the

new fall suits are

fashioned from

hunte.'s and sage

green, and there are many other variations of the

shade to be found in the style shops.

The little frock

pictured today is

of bottle - green serge. The vest is of white

georgette and the

shawl collar and

the cuffs are of white satin. The

unique construc-

tion idea in the

arrangement of

the plaits, which, by the way, are

simply pressed in

and not stitched.

THE CHEERFUL CHERUB

skirt offers



1.65

Farmer Near Pottstown, Barefooted, Saves Forty Cows and Horses

H. Young, on his 108-acre farm 'n New Hanover township, was burned early yes-terday with all the contents, owned by Warren Freed, the tenant. The loss is \$5000. The Pottstown fire company with its auto apparatus made a four-mile run to the scene but could do nothing because to the scene, but could do nothing, because there was no water.

Barefooted, Freed and his wife took thirty-two cows and eight horses out of the burning barn. The threshing of the grain was finished only twelve hours before the fire started. Freed's feet were badly



PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

Getting Even

MY FATHER said it seemed good to have me here this morning getting his breakfast again. I am a very hard little girl to get along without after people get to know me

When Rowdy and I started to school I had a big bag of cracked pecans in my hand and we hurried as if we were going to a fire. So we got there first and we sat eat-ing nuts and wondering if my mother and God were on the job. They were, all right, for here came imagene and two of the other big stells who were in with her on the boop big girls who were in with her on the hoop

trick. They saw me eating pecans and came up and looked at me and I did not say anything but just gave each of them a pecan to get them interested. When she had eaten hers Imogene said, "Give us some more, kid." I said. "I have had all I want. You stay where you are and I will go upstairs and drop the bag out of the window and the one who catches it can have it." So they said, "All right." Rowdy and I ran up-stairs and I dumped the pecans on the floor in the corner of the hall and ran to the in the corner of the hall and ran to the water faucet and filled the bag with water and then ran through our room and just as I was passing the teacher's desk I saw a bottle of ink. I dumped the ink into the bag and then I ran to the window to get there before the bag got soaked.

There were the three girls and a lot of There were the three girls and a lot of other kids were looking on. I said. "All ready." The three of them hollored, "Drop it." so I did, right at Imogene's face. But one of the other girls had a longer reach than Imogene's and she grabbed the bag with one hand and that busted it. So that was when Imogene got hers. She was a sight. I give God and my mother credit I thought of the ink myself, so of course that made me a very proud little girl. You should have heard the three holler!

You should have heard the three holler All three of them had got the inky wate good and plenty and I never saw any girl open her face quite so wide as imagene did when she hollered. The principal had to come just then, but that did not make any till she did come. Rowdy and f had to way difference, for Imogene would have hollered till she did come. Rowdy and f had to walk into the principal's office and we stood there beside Imogene and the other two girls while the principal looked us over a long time. Then she said to Imogene. "Tell me all about it"

me all about it." So Imogene told all except about the host

being in it and showed her my eyes. The principal looked cross and said, "You, three can go home and get clein and you, Patsy, can go to your room and take your seat." So we all went out and then I thought I had better go back and say, "Thank you, ma'am," and I did. When I table and I thought she was crying, but when I said. "Thank you, ma'am," she looked up and I saw she was laughing. All the rest of the day I could feel my being in it and showed her my eyes.

All the rest of the day 1 could feel my heart inside of me singing like a bird and POTTSTOWN, Pa., Sept. 20.—The large barn of former County Treasurer William by Young on his 200-agree farm in New got as close to heaven as I could and I certainly did sing. That night we kneeled in the same old place and prayed. "Dear mother, which art in heaven, please teil Mr. Carpenter that his folks are living in the same old place, but that they have got some lumber plied up out in front and they are up to something. I will watch them and let him know. Thank God and you for putting that bag trick into my head, but you have both got to hand it to me for thinking about the ink." Amen."

"A Narrow Escape," the next Patsy Kildare adventure, appears in tomorrow's Evening Led-

GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

In onswer to health guestions. Doctor Kellapp in this space will daily give advice on prevent medicine, but in no case will he take the risk of making diagnoses of or referribing for all ments requiring surpleat treatment or drugs. Health questions will be promulty an averable personal letters to inquirers who inclose stamped envelopes for result.

Strengthening the Heart

I heart weakness is found to exist, to may be the cause. start corrective treatments.

Colitis

Ammonia in the Urine

(Copyright)

Y. M. C. A. Building at Navy Yard

The Y. M. C. A. building at the Phila-delphia Navy Yard will be dedicated this

afternoon at 5 p. m. by the commandant of the yard and the National War Work Council of the Y. M. C. A. Invitations have been issued to a number of prominent men in this city.

Parad

French Feather Duer and Dresser, Mail Orders Receive Prompt Attention

Hanscom's fancy Day-

break Print Butter,

48c lb.

1232 MARKET ST.

MAILHOT Chestnut St.

Beautiful

Neck Boas

Fans & Fancier

Made from Your Old Ostrich Feather adise. Gours. Numb ou. etc., reitersted plumes and fast rek or made up

nen in this city.

At the Sign of the Golden Ostrich

Disease of the heart cannot be cured, but much can be done to enable one to tol-erate the disease, so that serious symptoms may be rostponed many years. First of all, the heart must be strengthened. One ald Is colline or catarrh of the bowels the sums consumption of the bowels? E. C. W. No. Consumption of the bowels? B. C. W. No. Consumption of the bowels is a form of fuberculosis and collits is a disease of the mucous membrane due to the pressue of putrefactive organisms in excessive man-bors and their toxins. is the cold compress over the heart; even an ice bag will serve the purpose. If an ice bag is used it should be protected with one thickness of flannel to avoid excessive What is the cause of a very strong edge at mmonia in the urine? READER

chilling of the skin. The cold application should be removed at least once in twenty minutes. It may be reapplied after an in-terval of five minutes.

ammonia in the urine? READER. Ammonia is one of the products of de-composition. Decomposed urine is access-panied by an order of ammonia. Decom-position taking place in the colon in on-stipation gives rise to the formation of as-monia, which may appear in the urine. The purpose is to give the skin a chance to react. Reaction may be encouraged by rubbing the skin with the hand so as to restore warmth. By this means the nerves are kept active and so the reflex effect through which the good result is produced may be maintained for an indefinite time. Short cold rubbing baths, deep breathing and massage are other means of aiding the

weakened heart and combating heart fail

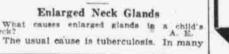
ure. Then, too, we must correct the dist to conform with the laws of nature. We must discard tes and coffee and mocholic liquors of all kinds. Also, we must discard condiments and

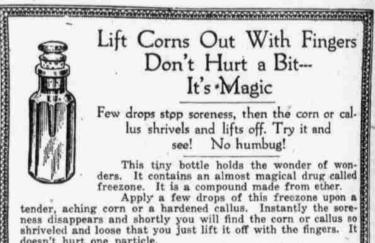
are ready for assimilation by the body; that is, no long digestive process in the stomach is necessary, and as a result they begin entering the circulation as soon as they reach the stomach, with the result that there is no opportunity for fermentation in the intestines or the production of irritant poisons.

Unless there are digestive difficulties in addition to the heart trouble, any of the foods in the above groups can be used with afety. Constipation must be fought constantly

or this purpose use the green vegetables ump. Then the principal said to me. "Tell freely-spinach, turnips, celery, lettuce, etc. Mineral oil and agar-agar also may be used to advantage.

> Increasing a Child's Height What will make a child grow taller? B. O. The child should exercise the legs particularly. As much time as possible should be more than the open air. One of the best exercises is swimming, which combines muccle movement of the arms and legs with the tonic effect of cold water.







When a cake is slightly burnt on the out side, the burnt port can be removed by sently applying a nutmer grater. This will prevent the breaking which usually occurs when a knife

3. Fur rugs and other fur pieces can be mended with strips of adhesive plaster. Fasten the edges together on the under or "skin" side.

Pickled White Onions

To the Editor of Woman's Page

Dear Madam-Kindly publish in your valuable columns how to pickle small white onions in glass jars. (Mrs.) B. B. makes jars. Make a strong brine (salt and water mixture) and lay the small white onions in this for four or five days. Then drain and put them in a fresh bath of the brine, boiling hot. Cook them in this for five min-Drain and let remain in clear, cold utes. Drain and let remain in clear, cold water for a day. Drain again, put the onions in pint jars and pour scalding spiced vinegar over them. The spiced vinegar is made this way: To each quart of plain vinegar add two tenspoonfuls of allspice and two tenspoonfuls of black pepper. The onions will have to become tender in their may before being used.

jars before being used. Stains in Georgette Crepe

To the Editor of Woman's Page:

Dear Madam-Will you please tell me what dl remove perspiration stains from the front. ack and under the arms of a flesh-colored porsette crepe dress. H. J. A.

A perspiration stain is the most difficult of all stains to remove

A perspiration stain is the most diment of all stains to remove. You might try dry cleaning first, sifting upon the marks equal parts of cornstarch, magnesia and French chaik. Rub lightly, Repeat this process over and over again. If there is no improvement try chloroform. Use a clean, soft, cotton rag. Be careful to tub the spots rapidly and lightly and finish with a clean, dry cloth. If the dress is an expensive one I would

advise you to have it dyed some dark sult-able color. A reputable dry cleaner tells me that perspiration marks cannot be removed by dry cleaning and that the only solution of the problem is dyeing a dark shade. All through the fall and winter a dark georgette crepe dress is of great use.

Recipe for French Toast To the Editor of Woman's Page:

French toast makes a very tasty break-

French toast makes a very tanty break-fast dish and an economical one, because it uses up stray slices of stale bread. Beat up together one egg, one cup of shimmed or whole milk and sait to taste. Fut a small quarity of butter, bacon fat er other suitable fat in a broad-bottom frying pan. Bip slices of stale bread into the egg and milk mixture until they are outle molet. and milk mixture until they are quite moint. Then fry in the pan, turning with a fork mill both miden are done a golden brown. Make a faw pieces at a time, as you do with pincakes. Serve hot with maple syrup. jaily or just slain butter.

Testing a Cake

To the Editor of Woman's Page: Dear Madam-What cleaner way than using a broom straw to use whether a case is done or not can you suggest. HYOLENE.

A housewife who knows her cake and her wen sometimes tests the cake by touching is tom of it lightly with her finger. If the function makes remains whe knows the cake with done. If it returns to normal surface in knows it is. Using a straw to test a like meetin't be uncleanly. Some house-tives knop a new which broom just for this introduction. Testing a cake with a wooden intermediate to average the store just onthing in a way estimated by the store just intermediate to average the store just on the sector is not often used. It is con-sultaneed to average the store just intermediate to average to average the store store just intermediate to average the store store just intermediate to average the store store just intermediate to average the store store store store intermediate to average the store store

mutually) as make hed fabric, rougher bu similar in weight to French serge. 2. A welfare worker is a woman employed by

large corporations, factories, mills, stores, etc. to look after the mental and physical comfort of the girls and women employed there. She supervises and sometimes plans lunch rooms rest rooms, hospitals. As a rule, she talks to the employes, individually and in groups, about health, dress and personal affairs.

3. It is perfectly proper for a business girl in a new position to give a smile of greeting to the men in her office if she has not been introduced to them after n week or so passes.

Two Letters on Introductions

Two Letters on Introductions To the Editor of Woman's Page: Dear Madam-Miss C. a girl I met some time sau, came to this city to visit her friend, Miss L. Miss C asked me to call and bring abother man. I did and took Mr. A with me. On reaching the house of Miss L we found both the girls in the parlor. As I did not know Miss L. Miss C came forward to greet us. Phould I introduce Mr. A to Miss C or wait until Miss C had introduced me to Miss L and then introduce Mr. A? Also, which one should I in-troduce him to first. If the latter way is cor-rect? As you have not met Miss L and wars

As you have not met Miss L and were calling at her house on Miss C's invitation, Miss C should introduce you to your hostess first, then you should introduce the man you take with you to your hostess first and to Miss C afterward.

It sounds very formal, but it should be very easy. Mr. A has the only rather awkward position, as he must walt a moawaward position, as he must wait a mo-ment while you are being introduced to your hostess. After that formality is gone through with, you can very easily include hoth girls in the introduction by saying in response to your presentation to Miss L: "This is a great pleasure and I am so glad to know you. Let me present Mr A. Miss L and Miss C." Any other procedure would be apt to be stiff.

To the Editor of Woman's Page:

In the Editor of Woman's Page: Dear Matham--Would you please publish full marificulars shout the introduction of persons? I have girl friends who have never met some of my boy friends and older women and men. Please leil me also how to introduce them? Also, when two couples go to the movies how should they enter the theatre, er, rather, go to their search? Is it proper when a young girl asks another couple and a young man to spend the evening and wants to go to the theatre and take them, for her to buy the tickets ahead of time, or should she just suggest that they go to the movies? BLUE ETES.

To the Editor of Woman's Page: Dear Madam-In the war menus that appear on the woman's page I have seen French toasy mentioned once or twice. I have never beard of this. Will you please wrint a recipe? A READER. A READER. BLUE EYES. The general rules for introduction dic-tate that a man be always presented to an woman and a younger girl to an older woman. Or, if a man be a person of eminence, a woman may be presented to him, as, for instance, a clergyman or the Governor of the State or some such personage.

You should therefore introduce the men and boyn to the girls, saying, "Miss Brown may I present Mr. Smith?" or to an older woman, "Mrs. Jones, this is my friend, Miss Brown," or, "May I present Mr. Smith, Mrs

Jones?" When two men and two women enter a theatre the man who has the tickets usually goes first and presents them to the uster, who leads the way to the seats, followed by the two women, who are in turn followe

If you want to take your friends to the movies, and among your friends there are men. you should buy your tickets before they go to your house, as few men would allow a girl to pay for their tickets. It would

LUNCHEON Cheene Souffie Celery Graham Bread Grapes DINNER Panned Oysters Spinach Combination Salad Cup Custard

BREAKFAST

Oranges Cornmeal Griddle Cakes

5000 AT COUNTY FAIR

Exhibits at Gloucester Show Include Tomato Plant Resembling Tree

PITMAN, N. J., Sept. 20 .- Fine weather rought out 5000 at the second day of the Gloucester County Fair at Alcyon Park. The midway was thronged and during the afternoon the horse races drew crowds. The P. R. R. Y. M. C. A, band, or Camden, gave concerts, and last night a big entertainment was held at the park casino.



When the Baby Can't Sleep

It's in the long, peaceful hours of sleep that your baby grows. When he can't sleep something is wrong." Probably his food is wrong.

Perhaps his little system is desperately struggling with the heavy curd of raw cows' milk, meant for the four big stomachs of a calf-not for the one tiny stomach of your baby.

Your baby will sleep as he should and grow as he should if you give him the food he needs.

Nurse him if you can. If you can't, give him the nearest thing in the world to mother's milk -



Because it has fresh cows' milk as a basis, it contains all the good that cows' milk contains.

Because all the dangers are removed, the tough curd modified and other baby needs added, it is just what your baby requires to build a healthy body.

Because it is purified and carefully watched in process-and reduced to a powder-and it comes to you in an air-tight can-it is as free from germs as mother's milk itself.

It is a complete food for your baby - you add only water and boil.

Remember, it is raw cows' milk that so often brings germs of diphtheria, scarlet fever and summer complaint to your baby. Keep those deadly germs away from him. Keep him safe on NESTLE'S FOOD.

Send the coupon for a FREE NESTLE'S FOOD COMPANY. Trial package of 12 feedings and a book about babies by specialists. 281 Woolworth Building, New York Please send me PREE your book and trial-package. doesn't hurt one particle.

You feel no pain or soreness when applying freezone or afterwards. It doesn't even irritate the skin. Just ask in any drug store for a small bottle of freezone.

This will cost but a few cents, but will positively rid your poor, suffering feet of every hard corn, soft corn, or corn between the toes, or the tough calluses on bottom of feet. Genuine freezone bears the name of Edward Wesley Co., Cincinnati, O.



Communication Army

A bird's-eye view of the country today would show a panorama of military and industrial activities.

Radiating from the National Capitol and from the army and navy centers throughout the land would appear the thousands of telephone lines by which all these vast enterprises are directed and co-ordinated-a veritable maze of wires linking together the camps, yards, fortifications, plants and offices, and swarming with linemen, cablemen and installers, busy with Uncle Sam's existing and everincreasing demands for telephone service.

All this is but a part of the vast work which the Bell System is doing. The conser-vation of every resource will be required to keep pace with the constantly increasing demands for service, from both Government and private sources.

Join us in this patriotic service, by remembering that the more careful you are to make only telephone calls that are necessary and to confine your talks as much as possible, to the less busy hours of the day, the better we can meet the needs of the Nation.

The Bell Telephone Co. of Penna.