

AN ALL-AMERICAN, ALL-MOTHER PLEA FOR THE DRAFTED MAN WHO GOES FORTH TODAY

DRAFTED MAN'S MOTHER DOES NOT ASK PROTECTING TREES

Mary Roberts Rinehart Outlines Things Millions of American Mothers Demand for Their Sons. Not Exemption, but Equipment

ONE other time when we were at war a soldier who had been under terrific fire at Chickamauga came home and told his mother about it.

TODAY the first contingent of the drafted army leaves the city. I do not think the mother who used to fetch and carry "bedtime drinks" for the big man who goes from her today will be like the mother in the anecdote and expect the United States Government to furnish protecting trees for her son to hide behind.

But I do think in her heart she is beseeching Congress with a plea, an all-American, all-the-ones plea, for the mother who goes forth by Mary Roberts Rinehart in October's American Magazine. Mrs. Rinehart is the mother of three sons:

THESE be our children you are talking from us," Mrs. Rinehart writes. "The cause is just. It is only right they should go. But although they are but units to you, to us they are life itself. Therefore:

"What will you do for them when they have gone out to fight? Will you have ready for them, not following them, but to go with them, enough of everything for their assistance and support? Ammunition and all the tools of war? Air scouts? Food? Surgeons? Hospitals? Machine guns? And enough transports to keep them supplied in a starving and devastated country?"

"Are you watching the men whose contracts you are daily signing, not with distrust of their profits, but with distrust of the quality of things they supply? Are you putting price first and quality second? You are ordering the best, but there are many who will take advantage of our necessities. The best we must have of everything. We are paying for it not only in money but in blood and tears.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not assume any responsibility for the return of correspondence. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. How can black lace be cleaned?
2. When a cake burns slightly, what can be used to take off the burnt part without breaking the cake?
3. How can fur rugs and other fur pieces be mended without using a needle and thread?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Little clips, such as business men use, can take the place of basting thread. A few of these placed close to a seam will hold the edges together while it is being stitched.
2. Hanks of wool can be joined so that the joining will not show by selecting with a dancing needle. The needle is threaded with the end of one hank. This is woven lengthwise into the end of the other hank. About a half an inch of the wool is left on either end after the strands have been broken off. These are neatly rolled around the strand proper.

Grape and Apple Jelly

To the Editor of Woman's Page: Dear Madam—Will you publish a good recipe for grape and apple jelly in your column, and oblige. A R

In her new book, "Practical Food Economy," Alice Kitchell Kirk gives a recipe for grape jelly in which she recommends cutting up an apple or two while the fruit is cooking. Housewives who have tried the combination you suggest say that the proportions of apples may be raised according to how much of their flavor is desired with the grapes. Mrs. Kirk's recipe for the grape jelly follows, modified to suit the apple addition: Wash half-pint grapes and pick them from the stems into a large kettle, half cover with cold water, cover the kettle and set over the fire. Quarter without peeling or coring as many tart, juicy apples as you wish to flavor your jelly. Add them to the grapes. Bring slowly to a boiling point, so as to extract all the juice possible. When the grapes crack open and the juices seem well started and the juices of the apples are freely flowing, remove from the fire and turn pulp and juice into a jelly bag which is made of two thicknesses of cheesecloth. Suspend this from a hook—a ten-cent harness hook screwed over the kitchen sink is good—and let drip into a bowl. If more juice is desired squeeze the bag into a separate bowl. The squeezing, however, makes the jelly not quite so bright and sparkling. Boil a quart of this juice at a time in a saucepan for twenty minutes. Have three-fourths as much sugar as juice warming in the oven. Add when the juice is boiled and it should jelly at once. If not, boil it a few minutes without stopping. Test by taking out a little in a dish and set on ice to see if it jellies.

Making Grape Juice

To the Editor of Woman's Page: Dear Madam—Kindly advise me in your paper the best way to make grape juice from five pounds of grapes. How much sugar is required, how much water, and how long to boil? Do you bottle while hot or cold? (Mrs.) M. H.

Grape juice can be made with or without sugar as grapes are largely supplied with natural sugars. Most persons do not use water in putting up the grapes, but add it later when the bottled grape juice is being served. Either of the recipes printed below are well recommended and can be followed in using the five pounds of grapes.

First: Pick over the grapes and remove them from the stems, wash, strain them through a fine sieve and then through a jelly bag of two thicknesses of cheesecloth. Put the juice in an aluminum kettle and boil rapidly ten minutes. Have bottles clean and heated and bottle the juice while it is hot. Cork, and, if necessary, seal, although most of the bottles purchased for grapes, etc., have patent stoppers—Alice Kitchell Kirk. Second: Wash the grapes. Crush and put them in a sieve, letting summer for thirty minutes. Crush again and squeeze through cheesecloth bag. Put the juice back on the stove, boil over a high fire for ten minutes, then add sugar to each pint of juice to the amount of one cup. Boil while the sugar is cooking. Boil while the sugar is cooking. Boil while the sugar is cooking.

IN THE MOMENT'S MODES

Navy Serge and Black Velvet Are a Smart Combination



After a several-year epidemic of blue serge and black satin combined in all sorts of street and afternoon dresses and tailored suits, the style creators have suddenly discovered that a very much smarter—or should one say newer?—combination is navy serge and black velvet. Take the little costume presented in the accompanying drawing. Black velvet makes a deep footband for a blue serge skirt and supplies a deep band for the sleeves. Black hercules braid has been used for the girldie and likewise outlines the bodice opening. A chic touch is gained by the employment of pearl-gray duvetyne for the vestee and high collar.



Vyvettes They're wearing them higher this autumn, if we're to believe this hat.

Are you posing for the public? Is this thing in your souis or only in your mouths? Are you working for the nation or for re-election? "If there are weaklings in control of vital situations, will you get rid of them now or will you wait until their blunders have cost us those we are giving?" "We are giving everything we have. What are you giving in labor, sincerity, high purpose and sacrifice?" "You are talking to us about conservation of food. What will you do to conserve the lives we are putting in your hands?" "After all, it comes down to one question from the women of America—only ten words to voice a million prayers: "Are you ready to give our boys a fair chance?"

GOSPEL the draft boys! Theirs was the lot to draw war numbers in the big human lottery that systematized our acquisition of an army. Many of them don't want to go to fight. Perhaps even the thrill of bands and khaki can't kindle a war spirit that makes up for all their leaving behind. The important thing is that their don't always count. Those who don't want to go are going! There has been no excitement, and when roll-call is read they will be there to answer.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

The Sunshine Bank

ONE of the world's most unique banking systems has been established by the schools of Kansas City. Its youthful depositors do not deposit money, but the bank deals with something more precious than money.

Although the children are given regular deposit slips, they do not call for currency or bank checks, but deeds of kindness. Each day each depositor is given the opportunity to deposit with the receiving teller a slip, registering any special deed or act of generosity or assistance to another which the depositor has emulated in the twenty-four hours.

Statements are rendered by the bank every thirty days, on the most approved financial lines, showing to each depositor just how he or she may stand on the books—the exact amount in the previous month.

The idea, it seems to me, is one of the happiest inspirations I have read of for a long time, and one which would be exacted in every community of the world.

In our busy, rushing life, few of us stop to realize the possibilities and the real meaning of a helping hand to those about us. We are so engrossed with our own lives, our own struggles, our own deeds, that we have no time, or, at least, think we have no time, to devote to anything that does not directly and pertinently affect our own activities.

This is a world of selfishness—not of service. And yet hundreds of thousands of people every day pray: "Thy Kingdom come on earth as it is in heaven."

They utter the words without stopping to ask themselves what they mean. How can we expect any semblance of that wonderful idealistic Kingdom to come to our communities when we are buried always and everywhere in the mad rush for self—the thought of that service for others, upon which the Kingdom is built, has been lost under the mire of our own greed, and ambition, and pleasure?

The only true, enduring sunshine is not that which warms our bodies, those about us—but that inner sunshine, the sunshine of our souls, that pours out upon the world about us, and which dispels the clouds of the gloomiest day.

There are so many and so varied ways in which we can generate and distill that sunshine! A young woman whom I know is one of the most loved girls in her community, and one of the richest in the esteem and estimation of her neighbors, although she is one of the poorest of the whole town in money.

Every child knows and loves her. The mail man goes out of his way to deliver her letters. The delivery men from the stores begin to smile and whistle when they approach the door of her home. The newboy never throws her paper into the yard, as he does in many of the houses, but always sees that it is safely tucked under the door, out of reach of the rain or wind.

Here is a little system that she began following several years ago. Every week she writes a cheery, en-

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Patsy Kildare, Outlaw

By JUDD MORTIMER LEWIS

Mr. Rockruder's Plan

I DID not play the music machine all night because I was asked not to. I was playing it about as fast as it would go when the door opened and the nurse came wheeling Alice in. Alice asked me to play for her. I piled the records in her lap and she handed them to me the way she wanted them played and all I did was to put them in and turn the crank. She said I was a natural born musician, but I guess it is just the Irish in me. If you are Irish you can do anything and if you are not Irish what is the use of trying?

When I had played all the records Alice kissed me good night and was wheeled out, but the nurse whispered to me not to play any more because Alice would be in the next room and would need to sleep so that she would get well. I did not play any more which was very nice of me, because I wanted to play.

This morning when I woke I thought I would see if I could climb out of my window into the nearest tree and I could, but I was not a tree climber. I climbed back and was tipped downstairs and went to the boat-house and went swimming. Then we tipped to our room and were ready for breakfast when the nurse came. After breakfast we went into the big room and Mr. Rockruder sent for the servants and when they came he said to them: "I have good news for you. You have a new mistress. Patsy Kildare is going to be my little girl." "What do you mean?" He said, "I am going to ask your father to give you to me to be Alice's maid." "Will, for cat's sake, are you crazy in the head?" Do you suppose my father would give me up? If he would, do you suppose I would give him up? I should have been going home and I am never coming out here again.

Alice put her arms around me and Mr. Rockruder said, "There, there, there," three times, and the cook cried and so I promised to stay for dinner. I am glad I did, for they had everything for dinner and we had a grand time. But when Mr. Rockruder told me I must not feed Rowdy at the table just because I gave him a drink of milk I took my plate and started out of the room. Mr. Rockruder asked me where I was going and I said I was going out to eat on the doorstep with Rowdy. He said, "Good Lord! I like it all back. You can feed Rowdy on the table if you feel like it." "That was all right." Then I felt to the colored man who stood behind my chair. "Are you going to do anything I tell you to?" He said, "Ah suddenly in." Then I said, "Go outdoors and run around the house three times." He did it and it was very funny, for he came in puffing and laughing.

After dinner Mr. Rockruder and Alice took a motor car and I rambled, for you never can tell and I thought maybe they would try to keep me there and I did not want to stay. I had thought of a scheme to hand longene here. I don't know whether it will work or not, but it will be a peach if it does.

It was late when Rowdy and I got home. Before we went to bed we took a walk up the street to the Carpenter's and hung around a little while, for you never can tell what might happen. I thought Mr. Carpenter might be lying around there and peering in at the windows to see how they were getting along without him, but I did not see anything, so we came back home and I went to bed. I never saw Mr. Carpenter again, but I pray, "Dear mother which art in heaven, God certainly answered my prayer all right and now I am ready for tomorrow." What did you think of the Rockruder's wanting to keep me? I guess they would like to get a new daughter ready made with a lot of Irish in her. Who wouldn't? But you knew who you were leaving here to take care of my father, didn't you? I hope Mr. Carpenter got to heaven all right and that you will do your best to make him feel at home. Amen.

"Getting Even," the next Patsy Kildare adventure, appears in tomorrow's Evening Ledger.

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GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who enclose stamped envelopes for reply.

Heart Disease

THE most common causes of heart disease are the presence of poison in the blood and the degeneration of the arteries. Nicotine, alcohol, tea and coffee, the free use of flesh foods and constipation are among the most common direct and indirect causes of heart failure.

There are various symptoms that indicate failure of the heart to do its duty. One of the most common is shortness of breath. It is one of the duties of the heart to pump the blood through the lungs for purification.

When the heart is not able to pass the blood through the lungs rapidly enough to keep the blood free from carbon dioxide this poison accumulates in the blood and shortness of breath is the result.

Another common symptom is swelling of the feet. Swelling of the feet is generally an indication either that the heart is weak or that the kidneys are diseased.

Still another indication of weakness of the heart is blueness of the lips. This symptom indicates that the blood is not being circulated fast enough to keep it free from carbon dioxide. That is, the blood in the arteries, instead of being of the natural scarlet color, differs little from that of the veins, because of the lack of oxygen.

Still another and a very important indication of heart trouble is increase in the pulse rate. When there is found to be a progressive increase from day to day in the rate of the heart beat the significance is that the heart is becoming progressively weaker and weaker.

Tonsils

What are tonsils and what is their use? The tonsils are lymphatic glands placed at the back of the throat for the purpose of defending the body against the attacks of germs that find entrance through the mouth and the nose.

THE CHEERFUL CHERUB

I have a dandy hobby now. It's like a game that never ends—I look at folks who pass in crowds And pick out lots of unknown friends.



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