

HOW TO LIVE ON TWENTY-FOUR HOURS A DAY? THINK IT OVER

Arnold Bennett's Time-Budget Idea Can Be Applied to the Woman Who Hasn't Time to Trim Over Her Last Winter's Hat

IN THESE days of picking up the ragged edges of pennies it is interesting to think back to an inquiry an Englishman, Arnold Bennett, made seven years ago. He wanted to know why newspapers and magazines in their enterprise had never made a budget of "how to live on a given income of time."



A big, generous curve of feathers graces a big taupe velvet hat.

"The supply of time," he adds, "though gloriously regular is cruelly restricted. We shall never have any more time. We have and we have always had all the time there is."

MR. BENNETT explains the time budget in a very simple way: "Talk about an ideal democracy," he says, "in the realm of time there is no aristocracy of wealth and no aristocracy of intellect. Genius is never rewarded by even an extra hour a day. And there is no punishment. Waste your infinitely precious commodity as much as you will, and the supply will never be withheld from you. Moreover, you cannot draw on the future. Impossible to get into debt. You cannot waste tomorrow; it is kept for you. You cannot waste the next hour; it is kept for you."

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only, and signed with the name of the writer. Special queries below are invited. It is understood that the editor does not necessarily endorse the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. How can brooms be preserved?
2. What is an entree?
3. What will remove tobacco stains from copper or brass ash trays?
ANSWERS TO SATURDAY'S INQUIRIES
1. Eggs contain no starch or sugar. Because of this in order to make a more complete meal it is better that a starchy food, such as bread, be taken with them.
2. A casserole is an earthenware dish used for baking. It holds its contents at a slow-steaming temperature that is desirable in cooking some cuts of meat. Food cooked in a casserole is as a rule served in it.
3. Turagon vinegar is vinegar flavored with the leaves of turagon, an aromatic smelling and tasting herb.
Watermelon Pickles
To the Editor of Woman's Page:
Dear Madam—Will you please print a good recipe for pickled watermelon rind?
(Mrs. R. T. T.)
The following recipe is vouchered for by Alice Kitchell Kirk, in her book, "Practical Food Economy":
Take seven pounds of watermelon rind, peeled; four pounds of light brown sugar, one pint of cider vinegar, one-half ounce of green ginger root, two tablespoonsful of cinnamon, two tablespoonsful of ground allspice, one teaspoonful of clove and one teaspoonful of mace.
You will need the following utensils: Porcelain-lined kettle, tanning scales, measuring cup, jars and paring knife.
Divide the spices in three parts and tie up in muslin bags. Put the sugar and vinegar into the kettle, add the spice bags and ginger root, broken into small pieces. Bring to a boil and put in the watermelon rind; cut in about two-inch-long pieces, having soaked these in ice water several hours. Bring to a boil once more, remove from the fire, cover and let stand in a cool place twenty-four hours. Then take out the watermelon rind and let the syrup again come to a boil. Add the rind again and set away for another twenty-four hours. Do this daily for a week. The last time bring all to a boil, simmer very gently ten minutes and put away in jars.
In a foot-note Mrs. Kirk asks that none of this work will be considered too much trouble. She says good results will amply repay a housewife for her effort, which really only takes a few minutes each day.
(Mrs. M. I.)

Thank-You Note for Records
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A MOTHER OF ONE OF THE SAILOR BOYS
This little note of thanks refers to the records given to fifty sailors for a Victrola purchased for their ship from their own money. In a previous letter to the column "A Mother of One of the Sailor Boys" made appeal for these. The response happily was generous.
Cleaning White Fox at Home
To the Editor of Woman's Page:
Dear Madam—Will you please tell me how to clean a white fox fur? It was sent to the cleaners, but became dirty so quickly that it hardly seems worth the cost of sending it again.
(Mrs. S. T.)
Many persons have come to this same conclusion and have successfully cleaned white fox in the following way:
First brush the fur and comb once or twice. Then sift hot cornmeal into it, up, down, crosswise, rubbing it in as you proceed. Shake out and hang up in the air. Then cover with finely powdered starch and let lie for several days. Shake out, brush and you will find your fur quite white and fluffy.
Home-Made Plaster for Wall Cracks
To the Editor of Woman's Page:
Dear Madam—Is there such a thing as a kind of dough made out of paper that can be used for filling up rat holes and breaks in a wall?
(Mrs. M. I.)
There is a dough made out of paper and water of parts that is said to be effective in stopping up rat holes, and, in fact, in filling any sorts of cracks.
To make it crumble newspaper until it is very pliable. Then you tear it to bits, break a little, pound and work well. Then mix with strong glue and knead into a dough. Mix in plaster of paris at a ratio of one part plaster to three parts dough. When you make application of the dough to the cracks, place it before the cracks and you will find it will only be allowed to emerge from the

MRS. HEACOCK, CITY-BRED WOMAN, UPSETS MAXIM IN FIRST SEASON ON FARM



Proves Falsity of Theory That Success Is Impossible—Produces Big Crops

UPSET IN-THE-WOOL maxim has been turned upside down. A business woman—a regular one, with all the hallmarks of the city upon her—turned farmer and made a prodigious, almost unbelievable success of the enterprise. People said it couldn't be done, but Mrs. Heacock proved them wrong.

PATSY KILDARE, OUTLAW

When I jumped on the hoop the other side of it came up and blammed me across the nose so hard that I sat down almost as hard as the hoop hit me. I could not see for a while and I felt kind of sick. Rowdy came and stood in my lap and licked my face and after a while I could see and there was no kid on that side of the schoolhouse.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.
In answer to health questions, Dr. Kellogg in this space will gladly give advice on all ailments, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letter to inquirers who enclose stamped envelopes for reply.
Pneumonia
RECENT investigations have shown that there are four types of pneumonia, varying in violence and fatality. One form of the disease is produced by germs which are found in the mouths of people who live in cities. This form of the disease, fortunately, produces a very mild type of the disease and is rarely fatal.
The other types of pneumonia are caused by infection from other persons, just as are typhoid fever, smallpox and measles.
The germs of pneumonia are sent into the air by coughing, sneezing and speaking. In this way the infection is scattered. Persons who have apparently recovered from pneumonia often carry the germs in the nasal secretions and sputum for weeks, possibly longer, and thus become carriers of the disease.
Two things are necessary to produce pneumonia. A person whose resistance is sufficiently high may meet any number of germs and be without danger. The pneumonia germs received, but they are unable to obtain a foothold and develop the characteristic disease.
Fresh air in abundance day and night, care in diet, avoidance of poison habits, alcohol, coffee, etc., daily cold bathing, avoidance of contact with persons suffering from pneumonia, grip or hard coughs—these are the principal means of increasing resistance and combating the disease.
Onions
Raw onions are objectionable on account of the acrid oil they contain. When properly cooked this oil is largely driven off. Onions cooked and as a flavor for soups are harmless.
Left-Handedness
What shall I do for my left-handed child?
Care should be taken to cultivate the use of the right hand, but it is possible that the left hand is capable of more perfect development than the right, in which case it would be an advantage to the child to train his left hand. Life is not long enough for the equal training of both hands, hence we are compelled to specialize in relation to the hand as in relation to occupation and other things.
Ecarache
What is the best way to relieve itching in an infant?
Slight attacks of ecarache may be promptly relieved by the application of heat. A rubber bag filled with water as hot as the hand can bear, but not hot enough to burn, should be covered with a layer of flannel and held next to the ear for a half hour or more at a time. If the child becomes restless under this treatment it may be from overheating of the head.

NAVY LEAGUE TURNS DOWN MRS. STOTESBURY'S OFFER

WASHINGTON, Sept. 17.—Refusing to join the Red Cross auxiliary headed by Mrs. E. T. Stotesbury, of Philadelphia, formed to take over the work of the women's section of the Navy League after the dispute with Secretary Daniels, the latter organization will maintain its identity and continue its work.
Articles will be sent to the editors under the name of Mrs. George Dewey, who has accepted the honorary chairmanship of the committee of the Navy League, which issued the following statement:
Naval stations have received, as late as today, shipments of comfort articles sent in the name of individuals. More than 23,000 sets of comfort garments have been distributed to men of the navy since the day Mr. Daniels first sought to cripple our work.
Relying upon public opinion to sustain us in the justice and reasonableness of this course, we will send the garments in Mrs. Dewey's name. We do no reason whatever to expect Mr. Daniels to take action which will interfere with this arrangement.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS
Two Black Eyes
While I was eating breakfast at June's this morning June kept telling me to come back soon. It was hard for me to get away early, and so Rowdy and I had to hustle after we did tear loose. We went to see the man with the iron dogs and he saw us coming and stood up and waved his newspaper and I waved back and Rowdy wagged his tail. Though I do not think the man saw that. He came halfway down the steps to meet me and led me up like a lady. Though I would rather have sat on one of the iron dogs.

THE CHEERFUL CHERUB

There's a beautiful vine on an ugly old house. In all of the corners it wanders and clings. It loves the old house into beauty almost. God certainly thought of some wonderful things.
ASK FOR AND GET Horlick's The Original Malted Milk. Substitutes Cost YOU Same Price.



IN THE MOMENT'S MODES

Nightgown and Chemise Set of Moonglo Silk
There are some lovely new finishes in the silks and satins being used this season for the making of lingerie garments. Some of these garments are worked out in "set" style, such, for instance, as those which include nightgown and envelope chemise. The "set" illustrated in today's drawing is of shell-pink moonglo meteor, which is both soft in texture and rich in appearance. The box plaits joining the medallions of lace are a new and effective modeling touch. The empire effect is obtained by running ribbon through the plaits.

- Tomorrow's War Menu
BREAKFAST
Sliced Peaches
Molded Rice
Cinnamon Bun
Coffee
LUNCHEON
Baked Beans
Lettuce
Brown Bread
Applesauce
Cookies
DINNER
Cream of Potato Soup
Chuck Roast
String Bean Salad
Suet Pudding with Raisins

SAVE THE FRUIT CROP
"A Franklin Sugar for every use"
Granulated, Dainty Lump, Powdered, Confectioners, Brown

Do Not Tip Hat to a Woman

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Dear Madam—Is it bad form for a man to tip his hat slightly when he greets a lady in the street instead of lifting it off entirely?
TWENTY-ONE.
It is not good form to lift the hat slightly when greeting a woman. A man should take his hat off entirely to bow, and if the woman stops to speak to him should keep it off unless she tells him to put it on again, which she would do if the conversation is a long one and the weather cold. It would not be polite for a man to tip his hat to a woman as he would to a man.
A man should always do the ordering at a cafe or restaurant. He usually consults the woman with him as to her likes or dislikes of things, but it is very bad form for the woman to order for herself when a man is present.

Handkerchief in Breast Pocket

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Dear Madam—I am a young man of twenty. I would like to know if it is correct form to wear silk handkerchiefs in the top pocket of my coat. Some say it is bad form and some say it is good. Please tell me which is right?
S. C.
A fresh folded handkerchief placed in the outside breast pocket of a man's coat so that the border shows a little above the pocketline is perfectly correct. It is just as correct, however, not to place the handkerchief in evidence. Only a perfectly fresh one would be allowed to emerge from the

Fall Millinery

Fall Millinery
Now Ready for Your Inspection
The new models reflect style leadership to an unusual degree.
Dresses - Top Coats - Furs
BLAYLOCK & BLYNN, Inc.
1528 Chestnut St.
Furs Altered and Repaired

Answer to Relationship Argument

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Dear Madam—In answer to the argument that appeared in the Woman's Exchange recently about a man's contracting legal relationship if their respective sons and daughters marry, I would like to state my opinion.
The man who says A and B contract no relationship when their children marry is right. The man who says they do contract a relationship when their children marry is wrong. The child of a widower who marries a widow with a child of a widower who marries a widow with a child does not become the stepfather or stepmother of the child. Perhaps a man would have some of the other readers would have other opinions.
ONE WHO THOUGHT IT OUT.

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I'm sure Resinol will heal your skin

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For years and years Resinol has been a favorite household remedy for eczema and other common skin troubles. It usually stops the itching at once and quickly heals the trouble. Doctors prescribe it very widely. It also makes an excellent dressing for burns, wounds, chafings and sore, irritated places generally.
Resinol contains nothing if used with Resinol Soap, that could harm the tenderest skin. All druggists sell Resinol and Resinol Soap.

