

HOW TO LIVE ON TWENTY-FOUR HOURS A DAY? THINK IT OVER

Arnold Bennett's Time-Budget Idea Can Be Applied to the Woman Who Hasn't Time to Trim Over Her Last Winter's Hat

IN THESE days of picking up the ragged edges of pennies it is interesting to think back to an inquiry an Englishman, Arnold Bennett, made seven years ago. He wanted to know why newspapers and magazines in their enterprise had never made a budget of "how to live on a given income of time."



A big, generous curve of feathers graces a big taupe velvet hat.

"The supply of time," he adds, "though gloriously regular is cruelly restricted. We shall never have any more time. We have and we have always had all the time there is."

MR. BENNETT explains the time-republic in a very simple way: "Talk about an ideal democracy," he says, "in the realm of time there is no aristocracy of wealth and no aristocracy of intellect. Genius is never rewarded by even an extra hour a day. And there is no punishment. Waste your infinitely precious commodity as much as you will, and the supply will never be withheld from you. Moreover, you cannot draw on the future. Impossible to get into debt. You cannot waste tomorrow; it is kept for you. You cannot waste the next hour; it is kept for you."

THIS point of unearthing Mr. Bennett's little time essay is this: What do we do with our time when we are not working, sleeping, eating and playing? It would be interesting to take a pencil, sit down and make a little budget, and it would be chiefly interesting because most of us put off rettriming our last winter's hat and taking the ink spot out of the carpet because we haven't enough of time. Money budgets are great things. Housewives who have tried them in their homes have found almost unbelievable leaks in their weekly incomes. The system of the thing enables them to tighten up and keep tabs on the thrifless column.

Just for fun apply this queer adaptation of the money budget to your allotment of twenty-four hours. If your days are "bursting" try some system and see what happens.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only, and signed with the name of the writer. Special queries below are invited. It is understood that the editor does not necessarily endorse the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. How can brooms be preserved?
2. What is an entree?
3. What will remove tobacco stains from copper or brass ash trays?

- 1. Who is Dr. Anna Howard Shaw?
2. Is it proper to remain for supper when one has called in the afternoon and been asked to do so "on the spur of the moment"?
3. What is the most serviceable material for little girls' "top" neckwear?

ANSWERS TO SATURDAY'S INQUIRIES

- 1. Eggs contain no starch or sugar. Because of this in order to make a more complete meal it is better that a starchy food, such as bread, be taken with them.
2. A casserole is an earthenware dish used for baking. It holds its contents at a slow-steaming temperature that is desirable in cooking some cuts of meat. Food cooked in a casserole is as a rule served in it.
3. Turagon vinegar is vinegar flavored with the leaves of turagon, an aromatic smelling and tasting herb.

- 1. In eating watermelon it is not good form to use a knife as well as a fork. Both knife and fork are frequently served in public places.
2. After 6 o'clock in the evening a veil should never be worn over the face. It is permissible to wear a veil over the hair when a hat is not worn.
3. Susan Brownell Anthony was a pioneer woman's suffrage leader, who began to work for the cause of the suffrage movement in 1852. She died in 1906. The Federal amendment to grant all women the right to a presidential vote is sometimes called the Susan B. Anthony amendment in her honor.

An Answer to the War Bride

Dear Madam—Your article about the war bride who is so lonely has touched me deeply. I am a war bride, but I have none, only two sons who are in the army. Your suggestions are very good. I would like to get acquainted with an auxiliary of the army and navy who would be banded together to help one another in their distress. I would like to get acquainted with a girl who is a widow with a child. I would like to get acquainted with a girl who is a widow with a child. I would like to get acquainted with a girl who is a widow with a child.

Answer to Relationship Argument

Dear Madam—In answer to the argument that appeared in the Woman's Exchange recently about a girl who is a widow with a child, I would like to state that I am a widow with a child. I would like to get acquainted with a girl who is a widow with a child. I would like to get acquainted with a girl who is a widow with a child.

Do Not Tip Hat to a Woman

Dear Madam—Is it bad form for a man to tip his hat slightly when he greets a lady in the street instead of lifting it off entirely? TWENTY-ONE. It is not good form to lift the hat slightly when greeting a woman. A man should take his hat off entirely to bow, and if the woman stops to speak to him should keep it off unless she tells him to put it on again, which she would do if the conversation is a long one and the weather cold. It would not be polite for a man to tip his hat to a woman as he would to a man.

Home-Made Plaster for Wall Cracks

Dear Madam—Is there such a thing as a kind of dough made out of paper that can be used for filling up rat holes and breaks in a wall? TWENTY-TWO. There is a dough made out of paper and plaster of paris that is said to be effective in stopping up rat holes, and, in fact, in filling any sorts of cracks.

Handkerchief in Breast Pocket

Dear Madam—I am a young man of twenty. I would like to know if it is correct form to wear a handkerchief in the breast pocket of my suit. Some say it is bad form and some say it is good. Please tell me which is right? TWENTY-THREE. A fresh folded handkerchief placed in the outside breast pocket of a man's coat so that the border shows a little above the pocketline is perfectly correct. It is just as correct, however, not to place the handkerchief in evidence. Only a perfectly fresh one would be allowed to emerge from the pocket.

MRS. HEACOCK, CITY-BRED WOMAN, UPSETS MAXIM IN FIRST SEASON ON FARM



Proves Falsity of Theory That Success Is Impossible—Produces Big Crops

A DYED-IN-THE-WOOL maxim has been turned upside down. A business woman—a regular one, with all the hallmarks of the city upon her—turned farmer and made a prodigious, almost unbelievable success of the enterprise. People said it couldn't be done, but Mrs. Heacock proved them wrong.

PATSY KILDARE, OUTLAW

WHILE I was eating breakfast at June's this morning June kept telling me to come back soon. It was hard for me to get away early, and so Rowdy and I had to hustle after we did tear loose. We went to see the man with the iron dogs and he saw us coming and stood up and waved his newspaper and I waved back and Rowdy wagged his tail. Though I do not think the man saw that. He came halfway down the steps to meet me and led me up like a lady. Though I would rather have sat on one of the iron dogs.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D. In answer to health questions, Dr. Kellogg in this space will gladly give advice on all ailments, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letter. To inquirers who enclose stamped envelopes for reply.

Pneumonia

RECENT investigations have shown that there are four types of pneumonia, varying in violence and fatality. One form of the disease is produced by germs which are found in the mouths of people who live in cities. This form of the disease, fortunately, produces a very mild type of the disease and is rarely fatal.

Onions

Raw onions are objectionable on account of the acid oil they contain. When properly cooked this oil is largely driven off. Onions cooked and as a flavor for soups are harmless.

Left-Handedness

Care should be taken to cultivate the use of the right hand, but it is possible that the left hand is capable of more perfect development than the right, in which case it would be an advantage to the child to train his left hand. Life is not long enough for the equal training of both hands, hence we are compelled to specialize in relation to the hand as in relation to occupation and other things.

Earache

Slight attacks of earache may be promptly relieved by the application of heat. A rubber bag filled with water as hot as the hand can bear, but not hot enough to burn, should be covered with a layer of flannel and held next to the ear for a half hour or more at a time. If the child becomes restless under this treatment it may be from overheating of the head.

THE CAUSE OF BOILS

Boils are directly due to infection of the tissues with germs. There are several germs upon the skin which are capable of producing boils and other suppurative diseases if introduced into the system. Ordinarily, however, the body does not suffer from these germs for the reason that the small number of bacteria in various parts of the system become lowered to a negligible degree. When, however, the vitality of the system becomes lowered to a point through a scratch, a pin prick or any other abrasion of the skin may give rise to the multiplication of the germs with the result that the production of pus with the swelling, pain and inflammation which all of us have experienced.

Treatment of Floating Kidney

Would an electric vibrator cure a floating kidney or would a surgical operation be successful? A floating kidney is best treated by wearing of an abdominal support which is useful. A surgical operation is seldom necessary and vibration treatment is useless and may be harmful.

NAVY LEAGUE TURNS DOWN MRS. STOTESBURY'S OFFER

WASHINGTON, Sept. 17.—Refusing to join the Red Cross auxiliary headed by Mrs. E. T. Stotesbury, of Philadelphia, formed to take over the work of the women's section of the Navy League after the dispute with Secretary Daniels, the latter organization will maintain its identity and continue its work.

Fruits preserved in Summer reduce Winter's cost of living

There's a beautiful vine on an ugly old house. In all of the corners it wanders and clings. It loves the old house into beauty almost. God certainly thought of some wonderful things.

ASK FOR AND GET Horlick's The Original Malted Milk

Substitutes Cost YOU Same Price.

Tomorrow's War Menu

- BREAKFAST: Sliced Peaches, Molded Rice, Cinnamon Bun, Coffee.
LUNCHEON: Baked Beans, Lettuce, Brown Bread, Apple Sauce, Cookies.
DINNER: Cream of Potato Soup, Chuck Roast, String Bean Salad, Suet Pudding with Raisins.

IN THE MOMENT'S MODES

Nightgown and Chemise Set of Moonglo Silk



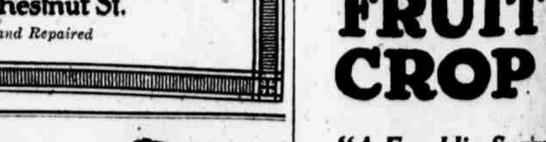
Fall Millinery

Now Ready for Your Inspection. The new models reflect style leadership to an unusual degree.

Dresses - Top Coats - Furs. BLAYLOCK & BLYNN, Inc. 1528 Chestnut St. Furs Altered and Repaired.

SAVE THE FRUIT CROP

"A Franklin Sugar for every use. Granulated, Dainty Lump, Powdered, Confectioners, Brown.



I'm sure Resinol will heal your skin. For years and years Resinol has been a favorite household remedy for eczema and other common skin troubles. It usually stops the itching at once and quickly heals the trouble. Doctors prescribe it very widely. It also makes an excellent dressing for burns, wounds, chafings and sore, irritated places generally.

