

WOMAN'S PAY ENVELOPE IN WARTIME—WHAT WOMEN WILL WEAR—SOME HEALTH FACTS

CAPITALIZE YOUR STOCK IF YOU WANT MAN-SIZED WAGES

Meaning of Drafted Man's Envelope for Woman Who Takes His Place Depends on Herself. Self-Valuation of Vital Importance

WOMAN correspondent has delved under the skin of the "job map" editor that appeared in these columns September 7 and asked a very basic question: "What benefit," she writes, "will the woman derive from taking the positions vacated by men who have gone away to war if employers use her sex as an excuse for paying her only a part of what the man was paid for the same work?"



A big double-brimmed hat—brims of white felt, faced with crimson silk, top of crimson and white striped silk.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of paper only and signed with the name of the writer. Special queries like those given below are invited. The editor does not necessarily endorse the sentiments expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. What is water-glass?
2. Has the color of the shell of an egg anything to do with the nutritive value of the egg?
3. What is an unbalanced meal?
ANSWERS TO YESTERDAY'S INQUIRIES
1. "Protein calories" are the units of nourishing value in food that build muscle. They are found abundantly in meat, milk, eggs, cheese, beans, etc. They are the most important calories.

IN THE MOMENT'S MODES

New Fall Coat of Brown Velour de Laine



Judging by the early fall exhibits in the style shops, we are to have the long, separate coat with us for another season. There is scarcely a woman who will not be grateful for this turn of the fashion wheel, for these long coats are the most practical of all wraps, and with the efforts expended upon their fashioning by the style creators, they are also the most effective. The coat presented in today's picture is practical because it is of such material and modeling that it is suitable for both afternoon and evening. It is of brown velour de laine, the high, soft collar of beaver. The belt is very smart and distinguishes the style of the coat from the modeling of the average model. The facing is of ecru-color satin metero.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

I HAD suspected for weeks that the girl had been caught in the whirlpool of the cabarets and the dance halls. And I knew she was cleverly concealing the fact from her folks. One day I saw my chance for an intimate heart-to-heart talk with her, and I didn't mince my words. "You are living in sin," I said. "And you know it."



"Who says so?" she asked. "I glanced at her eyes, which had lost their innocent look, and the party rings which were beginning to form under them. "You say so yourself by the way you look at me," I told her. "You think you are clever, but you are only blind and foolish. And unless you see your real self soon and your danger it is going to be too late."

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

The Fate of the Bull

EARLY this morning after I got up at the young man's house I hunted till I found a rock and then I went and sat by the pond, hoping that the snake I saw there one time would come out of its hole and that I could smash it. The young man had told me that it wouldn't come out again till spring, but I wanted to smash it just the same. I wonder what makes people hate snakes?

RED CROSS CANTEENS WELCOMED BY SOLDIERS

Service Maintained by Women for Traveling Troops Is Greatly Appreciated by Them

WASHINGTON, Sept. 14.—Canteen service of the Red Cross for members of the National Army and National Guard as they travel to the cantonments is being enthusiastically welcomed by the troops assembling at mobilization points and at junctions and wait-overs. Reports received by Foster Lockwell, director of canteen service, from many chapters which have been serving light refreshments to the detachments passing through their towns, show the appreciation and enthusiasm of the troops.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

SLEEPLESSNESS may be due to too much blood in the brain or to irritating poisons in the blood. The cause must be removed. Insomnia is usually accompanied by constipation, and is the natural result of the absorption of poisonous matter from the colon.

Bed Wetting
Please outline a system of diet for a little girl three years old, who has the bed wetting habit.
Meats of all kinds should be avoided, also in two or three hours before going to bed. Cereals should be eaten rather sparingly. Potatoes and other vegetables should be used instead. Diet alone is not always sufficient. A competent physician should be consulted.

Preserved Fruits, Jams and Jellies, added to other foods make a delicious meal and cut the cost of living
NOW is the time for preserving
SAVE THE FRUIT CROP
"A Franklin Sugar for every use" Granulated, Dainty Lump, Powdered Confectioners, Brown

Crackling Bread

Dear Madam—Have you ever heard of crackling bread? It is made of corn meal, and would be much like to have a recipe for it if you know of any.

Mailing Tube for Ear Phone

Dear Madam—Can you tell me where to get one of those round cardboard tubes such as are used for mailing purposes? It is said they are easy to get and of little expense.

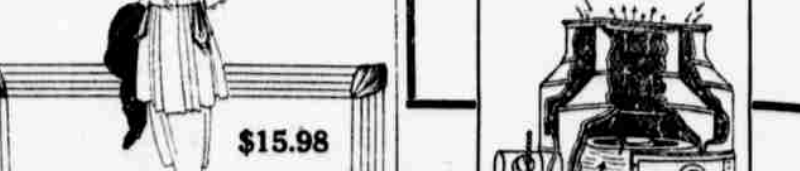
Care of Hair

Dear Madam—Use oil of fishberries and cod liver oil on the scalp. A druggist can supply you with it. It is very good.

LEPAGE'S GLUE

FOR EMERGENCIES TOO

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