

THE WAR, THE WOMAN AND THE "JOB MAP"—THINGS FOR THE HOUSEWIFE TO KNOW AND DO

KEEP YOUR EYES ON SHIFTING BOUNDARIES OF THE "JOB MAP"

Demands of Wartime Have Rescued Dream-Dusty Ambitions of the Stay-Put Girl—Furnished Concrete Opportunity

IF THERE is one map of which this war is going to change the lines, it is the "job map."

The woman who will probably take the drafted man's place in business is the one who had a "job" before the war began. It is being proved the rule now—perhaps this is because those of us who have glimpsed the heights are most anxious to scale them.

This classification does not include the spectacular occupations, such as the lifting of train gates, running elevators and motor trucks, etc. Most of us have had a sneaking desire to get at one of these since conscription passed and time may yet see the housewife holding the trolley pole instead of the clothes pole.

But in the meantime— Present exigencies are doing something almost unbelievable for the woman who had on foot on the bottom of the ladder—and was keeping it there. They are creating for her or visiting upon her concrete ambition.

A SUCCESSFUL business woman, one whose success beat to the tune of \$18,000 a year, and who revolutionized the financial department of her company, said that all her dealings with some thousand girls employed had led to but one conclusion about the failure of women, as a sex, to rise in the business world.

They lacked concrete ambition. "When a young man enters our employ," she said, "the very least he is driving at is a seat on the board of directors. When a young woman comes to us—well frankly speaking I have never been able to fathom her lack of driving power."

A PROMINENT business man who hired and fired at a rather amusing rate attempted to solve the problem.

"They think we're running matrimonial parlors," he said, "every salesman that comes in is a possible candidate for the altar."

The prominent business man was un-

Vyvettes



A felt hat, scalloped, with a long black velvet bow.

fair, and at the same time he was a little bit true. We are, however, not concerned with the husband hunter. The drafted man need never worry that he will have to step over her dead body to get back to his job.

It is the girl who was in earnest, but had accepted man's mandate of "staying put," who is going to change the "job map" and worry the human economist about the readjustment of the labor market after the war is over. The demands of wartime have plucked her dream-dusty ambition from the closet and the heights that were a long way off are a great deal nearer.

AND the question arises, patriotically and sisterly speaking, what is the position of a young woman in regard to mounting on the wartime absence of her brother worker?

IN THE MOMENT'S MODES

Fall Coat Suits Are to Be Snugly Belled

If we take a hint from the first fall models among coat suits we will conclude that we are to have another season of the belted jacket. It was pointed out in a previous fashion talk that not many of the early fall models were showing sashes, but this does not mean that the coat is to fall free, unhampered by any restraining influence at the waistline. Instead of the sash, or at least in greater prominence than the sash, is to be the belt. Models now exhibited predict a favoritism for the very wide belt, though in deference to the requirements of the stout sister there are some with narrow waist-line finish. The coat suit pictured in the adjoining sketch has a very wide belt fitting the figure snugly and fastened with three steel buckles and straps of self material. The fabric of the suit is navy-blue men's wear serge. Black satin makes the collar, cuffs and tie.



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Patsy Kildare, Outlaw

By JUDD MORTIMER LEWIS

Teacher

THIS morning, after I made the coffee and stirred the pancakes, I took the sheet off the bed and put it on the table for a tablecloth, the way I saw Jim do. That certainly did make a hit with my father. He held me up tight for a long time after he kissed me. Then he reached into his coat pocket and handed me something, and when I did not know what it was he screwed it to the table and got a handful of pecans out of the bag and cracked them as easy as pie. People certainly are good to me.

I put on Jim's bathing suit under my clothes and cracked some pecans to carry to school for my dinner and then Rowdy and I started to school. It was just about school time. Dutch had called for Pie Face and they came along just behind me and I was just behind the Welles, Clara, Noreen and Spink, and all of us had somebody to visit with as we went along. Pie Face had Dutch and Dutch had Pie Face, and Clara, Noreen and Spink had each other, and I had Rowdy, and Rowdy had me. I dropped back to visit where Dutch and Pie Face were, thinking that probably they would like to walk with me and such a nice dog, but when I got back with them they hurried up. So we went ahead and caught up with the Welles and walked with them, but they did not notice that we were there. So we ran on ahead, for they go too slow for us, anyhow, and overtook Miss Groarty.

I said to Miss Groarty: "For cat's sake, teacher, what is the matter with you? Last summer you were as red as paint, and now look at you." She said: "I don't know, Patsy. I suppose I am not very well lately."

I said: "I am not surprised. Those kids at our school almost makes me sick sometimes. Maybe you ought to get a dog. I got Rowdy and look how tough I am." She said: "I think it is more outdoors that I need." I said: "Who don't you take it, then? You can have all there is." When we reached school she went in and I went around, getting in the way of the big boys and girls, but nobody asked me to play.

After school I went out to Jim and the very first thing he said was: "Why do you never bring Miss Groarty out any more?" I said: "For cat's sake, she knows the way, doesn't she? Why doesn't she bring herself out?" Jim said: "Will you bring her out tomorrow?" I said: "Yes, if she will come." I had intended to go and see June tomorrow, but if he wants me to be kind to Miss Groarty I shall have to be. You just can't help doing what Jim wants you to do.

Jim took me to a new place on the river, which is on his land, and there is a little shack there which he said I could use to change my clothes in when I went swimming. It has a door that opens right on the river and it certainly is fine. There is a lock on the door, so I can leave my bathing suit there. Rowdy and Jim and I walked back to Jim's house and I said: "What do you suppose is the matter with Miss Groarty?" I said: "She has such a mean bunch of kids that her job is enough to make any one sick."

and disgrace, too, because they are so pretty," I told her. "You had better guard Mabel before it is too late." But she did not. The papers soon dragged the whole sorry story out into the light—how Mabel had shyly consented to take "just one ride"—how her fears had been soothed by the introduction of Mrs. Blanchard as a chaperone—how she had had given her money spent on her, and pleasure pressed to her feverish young lips.

The "joy ride," with its suggestion of a stolen pleasure, with its hint of recklessness, with its inevitable stop at road houses, which are little more than saloons and immoral resorts, is one of the great dangers of today to young and unsophisticated girls.

The men who propose such rides are bent upon the worst purpose possible—the ruin of a girl's soul.

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Monday—Are the women to blame?

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, in his usual style, taking the risk of making diagnoses or prescribing medicine, which will be promptly answered by personal letters to teachers, who include stamped envelopes for reply.

To Prevent Excessive Sweating PERSONS who sweat excessively usually find the palms of the hands and feet most often affected, sometimes to such an extent as to give to both the hands and feet a parboiled appearance. Persons troubled with excessive sweating of the feet generally carry with them a disagreeable odor, due to the perspiration with which the stockings and even boots or shoes become saturated.

To get relief from this condition take each night and morning an alternate hot and cold foot bath. This is taken by dipping the feet first into hot and then into cold water every half minute for fifteen minutes. Wipe the feet dry and apply a strong decoction of white oak bark, a solution of tannin in water, two drams to the ounce; or, better still, is a solution of tannin and glycerol in the same proportion. The old boots or shoes saturated with perspiration should be disused and a new pair purchased. The stockings should be changed every day. Rubbers and other impervious foot coverings should not be worn or should be kept as short as a truss, as possible. X-ray treatments, given by a competent specialist, also effect speedy cures of this disease.

Cases of this kind are sometimes aggravated by the offensiveness of the perspiration. The odor arising from the feet is due to decomposition of the sweat and not to the abnormal character of the secretion. This condition is sometimes very difficult to overcome. The best remedy is thorough cleansing of the parts, at least twice a day, with soap and water or a disinfectant lotion, such as permanganate of potash, a solution of chlorinated soda or with a 2 per cent solution of carbolic acid. Washing the affected parts with a solution of chloral, a dram to the ounce, is a recently recommended remedy.

Flatulency—Cold Knees at Night What is the cause of flatulency? What produces coldness of the feet at night? P. H. R.

Flatulency is the result of too long retention of the food substances in the intestines with the production of fermentation. The difficulty can be usually overcome by increasing the number of bowel movements to two or three daily. This can be accomplished by careful regulation of diet to include sufficient bulk. This may be secured by the free use of fruits, vegetables, especially the coarse ones, cereals and in some cases by using bran in quantities of a large tablespoonful at each meal. The coldness of the knees probably comes from an unbalanced circulation, and this in turn is one of the manifestations of auto-intoxication. With the improvement of the intestinal conditions the circulation will be improved.

Smoking Affects the Nerves Does smoking affect the nerves? How many hours should a nervous person sleep? L. C.

All modern investigation is proving more and more conclusively that tobacco affects the nerves very decidedly. In recent experiments it has been found that the power of nervous control is diminished from 15 to 25 per cent after smoking one cigar and more than twice this after smoking two or more cigars. A nervous person should sleep at least eight hours in the fresh air. Nine or ten hours' sleep is none too much.

Sugar in the Urine Is a small amount of sugar in the urine a sure sign of diabetes? B. R.

Even a small amount of sugar in the urine, if persistent, is a symptom of diabetes. Its occasional appearance, however, might mean nothing immediately serious, but the probability of the development of diabetes later. When a large amount of sugar is eaten (half a pound or more) it is likely to appear in the urine temporarily. This condition requires only care to avoid an excess of sugar; but if the sugar appears when no sugar has been eaten, the case is much more serious, generally indicating the presence of diabetes.

Life insurance examinations have shown that persons who show traces of sugar in the urine, as a rule sooner or later develop diabetes. Such persons should reduce the amount of starch they eat. Sugar should be wholly

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Specimens of the articles like those given herein are invited. It is understood that the editor does not necessarily endorse the views expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. What is a "ragout" of beef?
2. Why should carrots be cooked before paring and slicing?
3. Why should potatoes, lima beans and spinach never be cooked in the same meat?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. "Shorts," cottonized mesh, cambric and white flannel are practical substitutes for the whole flour and can be used to make palatable bread. They are easily obtained.
2. When making bread, "shorts" can be used as a combination with white flour in any proportion up to three-fourths "shorts" and one-fourth white flour.
3. Eggs, nuts, peas, beans, cowpeas, cheese, milk and macaroni are foods that can be suitably substituted for meat.

Delicate Spoon Corn Bread

To the Editor of Woman's Page: Dear Madam—I learned how to make a very nice sort of cornmeal cake from a recipe given in the Government circular. It is called "Delicate spoon corn bread." I thought possibly some of my readers might like to try it, because every one is advised to use more cornmeal. To make it, take one-fourth of a cup of cornmeal, one teaspoonful of butter, what is packed in their lunch boxes. They live too far to come home to cook. This year I have made up my mind to plan ahead and try to order things for our camp at night that will make nice lunches for us to put in the children's lunch boxes. Do you think you could suggest some nice little lunches for us to have and send me an idea of how to plan ahead. (Mrs.) A. M. McC.

Packing the School Lunch

To the Editor of Woman's Page: Dear Madam—My two little girls, nine and eleven years, start to school next week. Last year they kept me busy thinking what to pack in their lunch boxes. They live too far to come home to cook. This year I have made up my mind to plan ahead and try to order things for our camp at night that will make nice lunches for us to put in the children's lunch boxes. Do you think you could suggest some nice little lunches for us to have and send me an idea of how to plan ahead. (Mrs.) A. M. McC.

Man's Clothes for Week-End Party

To the Editor of Woman's Page: Dear Madam—I have lately come to this city some persons who know my parents have invited me to a house party. I am a married woman, twenty-two years old, and have a little daughter, three years old. I am in need of new clothes. Will some one please help me to select a wardrobe for the party? I would appreciate help of any kind. L. B.

Shoes and Suit for Young Mother

To the Editor of Woman's Page: Dear Madam—Will you kindly print the following for me: Dear Readers—I am a married woman, twenty-two years old, and have a little daughter, three years old. I am in need of new clothes. Will some one please help me to select a wardrobe for the party? I would appreciate help of any kind. L. B.

Send Present to the Bride

To the Editor of Woman's Page: Dear Madam—I have been invited to a wedding and would like to send a present. Will some one suggest a gift? I would appreciate help of any kind. L. B.

Match Marks From White Paint

To the Editor of Woman's Page: Dear Madam—How do I remove the white paint marks from my clothes? I would appreciate help of any kind. L. B.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

"Joyriding"

THE pretty young daughter of a former laundress of mine is dead! I received a heart-broken letter from her mother—Mabel had gone "joy-riding" once too often.

The man who was driving the car, with his load of frivolous, half-drunken young people, him—how she had given her money spent on her, and pleasure pressed to her feverish young lips.

The "joy ride," with its suggestion of a stolen pleasure, with its hint of recklessness, with its inevitable stop at road houses, which are little more than saloons and immoral resorts, is one of the great dangers of today to young and unsophisticated girls.

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Where Shall I Send My Child to School?

That question can be answered quickly and satisfactorily by consulting the Educational Bureau at Ledger Central. Here, without fuss or bother, you may obtain complete and reliable information of any boarding school for boys or girls, military academy, business college, conservatory of music, college or university. Our intimate knowledge of the advantages of the various institutions will enable you to make a wise choice. This service is free and available to every one everywhere.

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