OMAN'S INTIMATE PROVINCE-SMART FASHION FEATURE-DAILY HEALTH TALK-RECIPE

THE "INWARD AND SPIRITUAL GRACE" COMING FROM MISTAKES

One's Character Strengthened by an Occasional Cropper-Disappointments Squarely Faced Often Prove Fortunate in the End

MISTAKES are bound to occur, one is told, when something goes wrong. But it might be amended to read that histakes are fortunately bound to occur. man who holds a responsible executive position told me one day that he had wer released an employe for one misake no matter how serious that mistake might prove to be. He said that in he himself was a very young man he had made a serious mistake in some work he was detailed to do, and was certain he would lose his position as a Pesult.

But his employer knew better. He iniked to him very quietly, then let him to on with his work. And this man said that one incident had molded his whole life. He realized fully the seriousness of the thing he had done and always held it before himself as a danger signal. And he steadily rose in his employer's estiation.

Too much smooth sailing has a ten-dency to go to the head of even the sugest among us. And when it comes with youth it is sometimes fatal in its effects. There is nothing so menacing to one's development as self-complacency. When a man begins to pat himself on the back and to feel that the world is $\mathbf{I}_{\text{ments}}^{\text{VE}}$ read somewhere that disappoint-wholly his cyster his only hope lies in $\mathbf{I}_{\text{ments}}^{\text{VE}}$ are character thermometers. coming a cropper, and that very shortly.

Awoman I know told me recently that she had reached this stage when Fortunately she was able to verses. made.



remedy this before it had gone too far, but in telling me of it afterward she said the incident had shaken her out of her spiritual coma and with this mortification had come a new and truer perspective. She had simply been viewing life from an oblique angle for too long a time.

registering our subnormal and abnormal temperatures. If we face them with fairness they will show us which way to go, whether to put on more steam or to suddenly she came to earth with an awful reduce it. It is far better to have setthud to realize that she had been ex- backs now and then than to be denled tremely unwise in a decision too hastily that understanding which comes with re-

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one hide of the maper only and signed with the name of the writer. Special queries like those given being are invited. It is understood that the editor does not notessarily indome the sentiment expressed. All communications for this department should be gadressed as follows: THE WOMAN'S EXCHANCE, Evening Ledger, Philadelphia, Pa.

TODAY'S I	NQUIRIES
1. Should grapes be blanched in the canning process?	1. How can soldiers' leather puttees be dark-
2. "How long should cauliflower and cabbage be allowed to soak before canning?	2. How can busting stitches be prevented from showing on velvet?
3. When paring onloss how can the eyes be protected?	3. What simple remedy can be used for a boil?

ANSWERS TO YESTERDAY'S INQUIRIES

1. Good bacon should have white fat and | 1. It is good form to display wedding gifts in dark-red lean in streaks and should have a a room especially set apart for them.

slight odor of smoke and a tang of salt; yellow fat is undesirable; 2. When wedding gifts are on view the cards of the donors should be removed. 2. Dry-picked ponitry is much more desirable 3. The best man usually takes charge of the

han that which is scalded. wedding ring and the elersyman's fee. 3. To test coffee for adulteration stir a pinc

of ground coffee into a glass of cold water; if bure, the coffee will sink to the bottom, but chicory will rise to the top and leave a seum. If adulterated, the water will also be colored.

Recipe for Oyster Chowder

To the Editor of Woman's Page: Dear Madam-Kindly publish a recipe for Syster chowder and oblige. (Mrs.) C. L. P.

Ambulance Series Pager To the Editor of Women's Pager Dear Madam-I would very much like to be a Red Cross ambulance driver. Can you tell me where I could apply to learn? ANGELICA B. Oyster chowder-The ingredients are: One pint small oysters, three potatoes, one onion, one-quarter supful celery, two table-spoonfuls bacon fat, three cupfuls boiling water, one and a half teaspoonfuls sait, one-eighth teaspoonful pepper, two cupfuls hot milk, one-quarter cupful sifted crumbs. Dice the potatoes, chop the onion and cook them together with the celery and bacon fat in boiling water for fifteen minutes.

Parents Object to Callers

Plush Scarfs for Winter

To the Editor of Wontan's Page: Dear Madam-Please let me know through your column if the girls are going to wear three wide plush scarfs, as they did last win-tur? A READER. Indications point to the popularity of these wide scarfs for fall and whiter wear.

Ambulance Driver

IN THE MOMENT'S MODES

Navy Blue Velvet Hat With White Wings

Frank Opinions IN SCHOOL today we had a little trouble nil about nothing. The best little girl in school was asked to come up on the plat-form and speak a piece, which ehe did. Rowdy going along. This is what I spoke. "Peanute Feeney, rick stick steeney, hibo, reebo, buck tooth Feeney." It made a great hit with everybody but Peanuts and Miss Groarty. She rapped on her desk for the kids to stop laughing, which it took them a long time to do. Then she took me out into the hall and Rowdy

she took me out into the hall and Rowdy also and she asked me what I thought she ought to do with me. I said I thought she ought to let me say my lessons and then take Rowdy and go. Then she asked me if I did not think I should be punished. I sold. "For cat's sake, what for?" She said. "For holding Patrick Feeney up to riddy-cool." I said, "I never touched him. Any-how, if I did anything to Peanuts, what why don't you let him do it?" She said. "That's a good idea."

"That's a good idea." Then she opened the door and called Pea-nuts and he came out looking scared, for he gets scared as easy as anything. The teacher said, "I have called you out here because Patsy insulted you and I want you to tell me what shall be done with her?" He looked at me and I stood smiling at him with my feet far apart and trying to put into my eyes what I would do to him if he ever tried to get funny with me. Then he looked at the floor and said, "Nothing." So the teacher said, "Very well; you may both return to your seats." So we all went back, with Rowdy wagging his tall and with me feeling like it.

Patsy Kildare, Outlaw

By JUDD MORTIMER LEWIS

Frank Opinions

After school was out we rambled and went to see Jim. On the way I saw that the hole by the side of the road that Old Maid Tompkins dug for the \$3 was bigger Maid Tompkins dug for the \$3 was bigger than any of the other holes that people had dug. Jim said to me. "How is Miss Groar-tor" I said, "What's it to you?" He said, "Nothing, only she is an ide girl." I said, "Girl, Why, she is an old woman." He aid, "She seems like it to you, but to me, who am older, she is just a girl. I think she is very nice." I said, "Yes, very. She is alwaye calling me down for something." is always calling me down for something." He said he guessed she had to call me down in order to hold her job. Then I learned for the first time that the teachers are paid money for teaching us kids. Jim said that my father and he and everybody who owned my father and he and everygoody who owned property helped pay them. I asked him if my father helped pay the principal, and he said he did. Then I knew his brains didn't track, for my father never even saw the principal, but I wish my father had hired her, for I believe I would get him to fire her because she is always telling me not to climb the poplar.

After I got home I took a look at the pistol and it had not moved. Rowdy is the bravest dog that ever was, for he went right over and looked at it and smelled it, and then looked at me surprised when I told him to back up. Then I poked the told him to back up. Then I poked the platel kind of easy with my mathers um-brella and it turned around and pointed straight at me, and I went downstairs at once, but did not hurt myself very badly. Before we kneeled and folded our hands and paws, I put a chair against the stair door and then we felt better. So I prayed, "Dear mother which art in heaven, coming home tonight I saw Mrs. Carpenter sitting out on her porch and I went and sat down by her on the step and she looked at me for a long time and said, "Well?" I said, "I see you did not go to heaven." She said, "No, and I suppose you are sorry?" I said, "I don't want you to go there ever, and you won't as long as God is running it, and you won't as long as God is running it, for I have put him on to you." Then she acted crazy and I came home. I hate to think you had anything to do with putting that pistol upstairs, for there ought to be easier ways than that to get me, but, of course, if you want to shoot me, go ahead. Thy will, not mine, be done, as the minister told God at your funeral, which was easy enough for him, for he was not losing any-thing like I was. Ask God to bless you and my father double this time, for I forgot it last nister. last night. Amen."____

When the first Prussian soldiers find

GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

memor to health questions. Doctor Kellogg in this space will daily pive addice on prevent redicine, but in no case will be take the risk of making diagnoses of or prescribing for all ments registering surgical treatment or drugs. Health questions will be promptly an scored by personal letters to inquirers who inclose stamped envelopes for reply.

Keeping the Hair Healthy

THE condition of the hair is often a very good index to the general state of the body health. When the nervous system has been shattered, by shock, say, or by wrong nabits of living, the hair often turns gray, or it may become hard and lifeless, or again it may fail out. Falling hair is a common symptom of both nerve and general ill health.

health. Excessive brain labor, resulting is con-gestion of the head and too much heat in the scalp, may possibly produce baldness. It may be the gesult of dyspersia, or excesses of various kinds, or of any debilitating dis-ease. Men suffer more than women, which is probably due to the fact that women less often overheat the head by constant wear-

often overheat the head by constant wear-ing of warm head coverings. In some cases the disease is hereditary. Stiff hats possibly tend to cause bald-

Stiff hats possibly tend to cause bail-ness by diminishing the blood supply of the scalp. It is probable, however, that bald-ness is chiefly due to infection of the scalp by micro-organisms. The presence of these parasites is shown by fine dandruff. When the hair is very dry, a little fine unguent of some kind may be employed ; but the common practice of "greasing" the

but the common practice of "greasing" the hair is a bad one. Such harsh mixtures as are often employed by barbers in sham-pooing are very harmful to the hair. Soap should be rarely used unless it is of the finest quality, but the head should be kept clean by frequent washing with warm water, shampooing with the white of an egg and followed by thorough rinsing. When the scalp is smooth and shiny, expecially in cases of "matchy baidness," which is due to a nervous disease of the scalp, little can be expected from treat-

scalp, little can be expected from treat-ment. If a large number of hairs are still present, however, even if they are very short and thin, something may be done. The case is much more hopeful in young than in old

persons Attention should first be given to the gen eral health. The various stimulating lo-tions that are advertised for this purpose should be carefully avoided, as they are rarely successful, and may do much harm No amount of stimulation of the scalp will effect more than temporary benefit unless the general health of the patient is also improved by attention to hygiene. Bread Sticks

Nightmare

What is the cause of nightmare, and the est remedy7 G. M. Nightmare is a nervous disorder occur-ring during sleep, most frequently the effect





20

- Aller

Quite a few chapeaus of modified bonnet shaping are to be seen among

the fall models now on display in the millinery shops. Also, there are enough models embodying the military motif to satisfy the demands of

those women who like that sort of headgear. And, oddly enough, there is just a trace of relationship to be found in the shaping of these two types. Consider the little military chapeau illustrated today. With

its quaint little visor it suggests a relationship with the bonnet, but there the resemblance ends. The crown rises stiffly in approved military

fashioning, to finish in a draped top piece. The material is navy-blue velvet and the wings are white.

THE WORLD'S WAR

152.

Gretenentjeunures

They came with ELLEN ADAIR

If you will go to the Red Cross headquarters at 221 South Eighteenth street you can obtain the information you desire. immensity ! It was a simple ceremony, this march of

American Troops in London LONDON, Aug. 23. THE march of the American soldiers through the streets of London today was a speciacle that one can never forget. The Londoners cheered them as 1 have never Londoners cheered them as I have never heard Lordoners cheer before. Never was such enthusiasm Never was how truly he welcomed them, such enthusiasm from the "staid" Britishers,

1 was standing in the Horac taneous in the Horse Guards' Parade In answer to the waving hats and handtherehiefs of the crowds, hands were waved from the marching soldiers, and shrill cov-

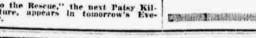
boy yells broke from the swinging ranks, "Guess Uncle Sam's got the cheerfullest, smilingest army under heaven!" I heard a small boy declare. "Good-looking fellows, aren't they?"

It was interesting that this great specwere tossed into the air. They came with They came with

It was a simple ceremony, this march of Americans through the London streets. Yet nothing could have been more moving, more inspiring.

Through Woman's Eyes Upon the contrary, the Britisher, for once, exceeded himself. No welcome could have been more enthusiastic, more spon-

dumping ground. I think the Kaiser would have surely dare adventure, appears in tomorrow's Eve-



hen the American troops marched through, and the emonstration of he great crowda esembled there w a s enthus! said beyond words, it was a superb ovation! As the young As the young As the young

have heard a real British choer in all its trembled had he seen today's mighty demionstratio

Creamed Cauliflower

Are sweet substances injurious to the test even though the teeth are cleaned immediated afterward? MARGARD No, not directly, but indirectly injury may result through indigestion produced by the free use of sugar. When sugar is largely used the system is deprived of lime and so all the bony structures of the body are damaged. Whooping Cough

Whooping cough What is whooping cough? J. S. P. Whooping cough is due to a specific germ. The duration of the disease is somewhat indefinite. It usually hasts four to a weeks. It may become chronic and iss much longer. It is very contagious. A child suffering from whooping cough should drink large quantities of water daily and should be in the open alr-day and night should be in the open air-day and night.

Ingrowing Toenails

What can be done for ingrowing toenalisy J. J. S. Ingrowing toenalis may be radically cured by a simple operation. If the difficulty is slight, it may be cured by wearing a broad-toed shoe, scraping the center of the name and taking care to give the nall a square edge to prevent the corners from penetrat-

Nine to ten months.

Toast

Weaning At what are should an infant be weaned? MOTHER

(Copyright)

Tomorrow's War Menu

BREAKFAST

LUNCHEON

Tomato Stuffed with Cheese and Rice

Buttermilk

DINNER

Cream of Tomato Soup Sweet Potatoes and Corn en Casserole reamed Cauliflower Young Onion Sala

Bread Pudding

Blueberries Mock Scrapple Coffee

Ginger Bread

the oysters, salt and pepper and cook five minutes. Skim, add the hot milk and crumbs and serve with crackers.

Salmon Bisque

Fo the Editor of Woman's Page: Dear Madam-Please print a relipe for sal-mon bisque. (Mrs.) W. J.

Use one small can of salmon, two cupfuls water, one slice of onion, hay leaf, two cup-als hot milk, one tablespoonful butter, two tablespoonfuls flour, one teaspoonful sait, one-eighth teaspoonful pepper. Flake the salmon, add water, onion and bay leaf. salmon, add water, onion and bay leaf, simmer for fifteen minutes, remove onion and bay leaf, scald the milk and thicken it with the butter and flour rubbed together to a paste. Add seasonings and mix with the

Recipe for Mushroom Soup

To the Editor of Womas's Page: Dear Madam—Can you tell me how to make mushroom soup? CONSTANT READER.

Clean and chop two cupfuls of mush-rooms and boil them in a pint of water until tender, then press through a sieve. Make a white sauce from two tablespoonfuls of butter, one tablespoonful of flour and one pint of chicken stock. Cook the sauce for five minutes, then add the mushroom mix-ture and one cupful of cream. Senson with salt and pepper and serve at once.

To Preserve Green Peppers

fo the Editor of Woman's Page; Dear Madam—Will you kindly tell me how to preserve green peppers for winder a use? (Mrs.) H. G. K.

Cut around the stem of each pepper and Cut around the stem of each pepper and remove the piece and the seeds; wash each pepper carefully and cover with boiling water as many peppers as, when softened somewhat, will fill the jar. Cover and let pimmer for five minutes, drain, plunge into cold water and drain again, press the pep-pers into a sterilized "jar. fill isr to overcold water and drain again, press the pep-pers into a sterilized jar, fill jar to over-flowing with lukewarm water, adjust the rubber and cover, screwing down the lid until it barely catches. Place the jar in your cooker (steam or hot water) and cook about ten minutes after boiling begins. When they seem tender test with a fork, add boiling water, if needed, to ill the jar and let cook ten minutes longer. Remove the jar, tighten the cover and stand upside down to cool.

Turkish Delight

Editor of Woman's Page: dam-Can you please print a recipe a delight? (Mrs.) S. S.

The defight for the form a recip-tion and delight (Mrs.) S. S. urkish defight -One box of granulated tin, two which defight -One box of granulated tin, three tablespoonfuls lemon fuice, and this always better form to wear them. Washable white liste or chamols gloves are considered correct. A one-pleee frock of some dark crepe de chine or volle is proper for shopping, or a linen suit or frock would be appropriate. Correspondence Cards for Invitations to the Editor of Woman's Page: Dear Mailam -I want to send a few invita-tions for a linen show if it would be correct to would like to know if it would be correct in would like to know if it would be correct in would like to know if it would be correct in would like to know if it would be correct in would like to know if it would be correct in would like to know if it would be correct in would like to write informal invita-tions the correspondence cards may be into and rout in confectioner's sugar. If you intend to write informal invita-tions the correspondence cards may be and the written on small note paper or wanter all of the work the orange of the work in the orange of the work in the orange of the write on sendence cards may be and the writen on small mote paper or

moval of Tar Stains

M. B. M.

Editor of Woman's Page.

To the Editor of Woman's Page: Dear Maiam-I am a daily reader and come for advice, as your advice has helped me in many ways. About a month skol met a yours is from the New England Status. After having a from the New England to me like jow at from the New England to me like jow at the table. I now a great liking 20 him and here by return mall. The following day I re-ceived hews from an aut asking me to spend a few weeks with her at the short, and I left without waith for the pictures. Meeks after in entries had come, but she had not ent a few meks my aunt objects to me corre-sonaling with the opposite sex. So I wrote the found the folks all changed. They stopped in from the set should I tell him all this, set This him we wonth and the ada a stor my work all him we and make a date after my work and him we and make a date after my work and him we and make a date after my work and him we wery unwige of you to ar-

It would be very unwise of you to ar-range to meet the young man outside of your home and without the knowledge of your parents, who doubtless know best and

your welfare at heart. If you feel that they have been a little unfair in their treatment of you try to reason with them and win them over to your point of view. They are quite right, however, in not wanting you to be out late at night.

Bridesmaids' Position at Ceremony To the Editor of Wamas's Page:

To the reference of bounds a reger-Dear Madam-I am to be married next month and want to have a martist mass. Can you tell me if the bridesmuth are subposed to stand in the sanctuary of the church during the mass and, if not, what do they do? MARY.

It is always well to consult the rector of your church about your wedding first. It is not customary for the bridesmaids to stand in the sanctuary at a nuptial mass. The bride and bridesroom are the only persons privileged to do so. In fact, it is the one time when a woman is allowed to kneel in-side the railing of the chancel or sanctuary. The bridesmaids and ushers kneel in the front lews of the church after conducting front news of the church after conducting the bride up the aisle and standing grouped bank of the bridal pair during the first part o, the ceremony. As the mass is about to begin they file down from the space be-tween the chancel and front pews, where they have been standing, into the first pews,

Should Gloves Be Worn for Shopping

To the Editor of Woman's Page: Dear Madam-le it considered necessary to wear gloves when shopping in this warm weather? Also, what is the proper costume for shepping? (Mrs.) R. W. Q.

It is not necessary, strictly speaking, to wear gloves when rhopping, but they should be carried in the hand if they are not worn, and it is always better form to wear

tions the correspondence cards may be used; but if the invitation is formal, it should be written on small note paper or on an engraved vielting card,

September as Wedding Month

To the Editor of Woman's Poor r Madam-Please print in your column area that speaks of September as a mar month. R. Ja Two lines of a rhyme which includes the weive months of the year run; "Marry in September's shine Your, living will be rich and fine."

1. 2. 2. 6

They were no holiday soldiers, these keen corn what Prussia stands for in a young men, dressed in no gorgeous parade uniforms. They were men on the way to death and glory, to herce battleficids in the said an Italian officer to me today, "for the

voice of every spectator who cheered them on their way. Where I was standing were representa-tives of almost every race under the sun. There were Chinamen and Japanese, cheer-ing louder than any. There was a Belgian fying officer. There were three elderly Russians, and a younger man, a Pole. There were several dark-skinned Maoris from New Zealand, smart in their khaki uniforms. There were some Ghurkhaz, uniforms. There were some Ghurkhas,

from India, and a soldier of the Sikhs. Behind me I noticed several Frenchmen.

all in uniform. Not far off were Scots-men, in a kilted uniform. There were men limping from the wounds of a hard-fought battle, and lots of Red Cross nurses. There were Naval Scouts and Girl Guides. There were Boy Scouts, Cross nurses. There were Boy Scouts, Naval Scouts and Girl Guldes. Soldiers from distant Malay were cheer-ing as instity as anybody. It seemed to me as though the whole world had col-lacted together in London to welcome the protection of the solution of the solution of the solution.

American Fiag and to pay homage to Amer- took the salute.

the whole of America could have been there to witness the sight.

The King of England stood with rigidity It is always well to consult the rector of our church about your wedding first. It is ot customary for the bridesmaids to stand eagle keences. The entire royal party showed the very finest appreciation of the great spectacle.

er finds it hard to adequately express what

death and glory. to heree barrown, most fearful struggle ever known. And I think there was a citch in the volce of every spectator who cheered them these fellows' magnificent physique? Look at the sinews of them? Recruited from farm and sinews of them? Recruited from farm and

Saxon breed. We're closely related to each other. We're blood brothers." Every British officer that I saw today

saluted Old Glory when the flag went b and many of them wore miniature old Glorys pinned to their breasts.

In Trafaigar Square the grizzled old hero of the battle of Trafaigar looked down from his mighty monument on a secting mass of humanity. Could he but have come

American Fiag and to pay homage to Amer-ica's fighters. In the brilliant August sunshine the Stars and Stripes, fluttering bravely at the head of those men, received the salute of almost every nation on earth. I wish that later and a party of American officers. Near Buckingham Palace a granid old remnant of the Civil War was in an auto-

mobile, waving a banner with the inscrip-tion on it: "Not for Ourselves, but for Our People.

When it was all over I noticed some Americans soldiers giving specimens of the In Great Britain there has always been a traditional aloofness—even amounting to dislike—of emotional display. The British-The ending of this day of days marks

a momentous epoch in the great war.



"She would be a pretty girl, if it wasn't for that unsightly complexion!" But the *regular* use of Resinol Soap, aided at first by a little Resinol Oint-ment, would probably make it clear, fresh and charming. If a poor skin is your handicap, begin using the Resinol treatment and see how quickly it im-

Resinal Soap and Resinal Ointment are excellent, too, for the care of the hair, dispelling dandroff and keeping the hair live and lustrous. All druggiets sell Resinol Scop and Resinol Ointment. The Resinol Treatment con-tains nething that could injure or beritate the most constituIt's up to you, Madam-We have the EGGS!

As a source of supply we reach far out into the countryside, where thousands and thousands of the very best hens in chickendom are actively employed in meeting the demands of THE AMERICAN STORES.

We're very particular in buying (as we want you to be); and try to eliminate all element of chance, by careful candling and thorough inspection, in all the time offering DEPENDABLE QUALITY.

In egging you on to buy our eggs, we think high quality and freshness should appeal to you; and we've no hesitancy in giving each egg OUR FULL GUARANTEE.

Our Very Choicest Eggs, 5 Large, meaty fellows; selected for fullness and freshnessthe very best a hen can lay. Packed, one dozen in a carton.



We sell other things besides eggs; and we want you to carefully COMPARE our goods and prices. You'll find it interesting.

THE AMERICAN STORES are holding prices down all along the line. They're stumbling-blocks against grocery extortion. COMPARE!

American Stores Company EVERYWHERE IN PHILADELPHIA And Conveniently Located in Cities and Towns PENNSYLVANIA, NEW JERSEY, DELAWARE, MARYLAND