BSTINENCE EFFECTIVE METHOD OF AIDING ONE'S COUNTRY—"MA" SUNDAY'S TALK TO GIRL

GENUINE PATRIOTISM SHOWN BY LEARNING TO DO WITHOUT

Luxury and Extravagance in the Home Will Ulti-. mately Lead to a National Shortage of Essentials

WE ARE an extravagant nation and there is no use denying it. In some ways we have been more sensible than the English, but that was before the war. In those days no English woman who made any pretensions to social position would dream of being without two or even three maids; she could not go to the theater or a dance in a street car, and a mother who wheeled her own baby carriage would be so hopelessly without "class" that it was unthinkable. In those matters we were too democratic to be so foolish, and the war has taught Britain that she can very easily "do without." She has had to learn the same lesson in more essential matters also, for food of many kinds is scarce; but here she was never quite so wasteful and luxurious

THAT is why Hoover has a gigantic task before him and why we women must force ourselves to realize that NOW is the time to begin to "do without" nonessentials so that the necessities of life will not have to be curtailed after

We are so far from the scene of action; as yet, thank God, we have not had our souls harrowed by casualty lists on which we might perchance find the name which matters most in all the world to us; and so, though we theoretically know we are at war, and though we go to Red not in the majority of cases, bring ourselves "down to tin tacks" and make the war an actuality in our own homes.

Only yesterday I passed down an alley wherein reposed unemptied garbage cans. and, honestly, a dozen families could have though they may never be recognized been fed from the bits and scraps which in any way by their fellow men, are the lay there exposed; yet the chances are most genuine patriots, the greatest herothat every one of those housewives had | ines.



When milady wishes to keep her veil up for a long time, she puts it through slits in her upturned brim and knots it bandanna fashion in the back.

registered and were proudly exhibiting their Hoover cards.

TT 18 easy to sign pledges; it is pleasant to go to war-relief meetings, where you meet friends or perhaps those whom you are anxious to number among your friends; it gives a nice glow to pack "comfort kits" or warm woolly sweaters and wristlets for our own "boys," and there is, of course, a great deal of good in all these things. But what matters most, what is of the greatest importance to the nation, what will give the most Cross or other war-relief work, we do help toward actual victory, is the dreary, unromantic, commonplace drudgery of looking after the little wastes, of deny ing ourselves the unessential luxuries to which we have become accustomed, and the women who do this conscientiously.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the scattiuent expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

boiled on the cob? 2. How much time should be allowed for

Possting a leg of lamb?

3. What is the usual length of time for cook-ing French fried potatoes in deep fat?

1. Cream has greater food value than butter 1. Indine will remedy the poisonous effect of churned.

8. A little sweet oil will remove tar stains,

linseed oil, mixed with the same quantity of turpentine. Eliminate ail lumps and stir frequently while applying. Let dry, sandpaper any rough spots, then give the floor ene or two coats of oil stain, using a soft brush and working with the grain of the wood. Keep stirring constantly. For majorday, the same mixture of the ceremony. After the ceremony she adhogany oil stain use the same mixture of the ceremony. After the ceremony she ad-oil and turpentine and four parts of Indian justs the bride's veil, hands her bouquet to red to three parts burnt sienna. This should be mixed dry and stirred evenly through the oil and turpentine. One pint more turpentine and one-half pint less oil will make the stain dry more quickly. When thoroughly dry a coat of shellac can be applied or the floor can be thoroughly waxed. Wax will keep it in splendid condition.

Spots on Furniture

To the Editor of Woman's Page:

Dear Madam—Can you tell me what to do to
a table which is marked from having hot disher
but on it?

Mrs.) I.

Try rubbing briskly with a soft cloth on which a few drops of spirits of camphor have been poured.

To Clean Egg Cups

To the Editor of Woman's Page:

Dear Madam—Please tell me how to get an ear cup clean. The boiled egg sticks so to the edges of the cup that I cannot get it all out.

ELSIE M.

Let the egg cup soak for about fifteen minutes in cold water before you attempt to wash it with hot water and soap. The hot water hardens the egg, but cold water softens it and makes it come off very easily

Lemon for Spigots

To the Editor of Woman's Page:

Dear Madam—I find it very hard to keep the spigots in the kitchen sink clean and bright. Can you suggest a preparation that will clean them?

O. D. C.

To keep your spigots clean and make them shine rub them with half a lemon. This removes the dirt, and with a little rubbing they will have a bright, new look.

Discoloration on Tub

To the Editor of Woman's Page:

Dear Madam—Perhaps you will be interested to know about this: When the bathtub becomes discolored from the waier drips from the spisot a little kerosene on a fiannel cloth will take off the spots with very little rubbins.

CAREFUL HOUSEWIF*

Saving on Paper

Dear Madam—in these days of expensive paper it is nice to know of ways to get along without huying any more than is absolutely necessary. I have discovered a way of saving paper, and thought you would like to hear about it. I like to have nice clean paper on the sides of my may range so that the greates from the stove will be trunt the iron. The laundry sends home a side piece of cardboard in the beson of my husband's shirts, and I cut it in half and put it on the sides of the range. This keeps the stove tian and saves paper, as I should otherwise buy white paper to use. (Mrs.) L. C.

Recipe for White Sauce

Editor of Woman's Page: Madern—Please publish in your column recips for white sauce to be used on E. L. S. tarrots.

E. L. S.

eat the pan first, then put in a lump
after about the size of an egg or larger.
It melt and add two tablespoonfuls of
Mix well and add a pint of milk, a
at a time, stirring constantly. Add
appoonful of salt and a dash of pepdellow it to come to a boil. If you
the before adding it to the butter

TODAY'S INQUIRIES 1. How long should fresh green corn be 1. When introducing a young man or woman to one's mother should the parent's name be

2. When the skin peels, making it difficult to apply powder, how can this condition be

3. Is there any way of preventing a double

ANSWERS TO YESTERDAY'S INQUIRIES

2. A strip of surgeon's tape applied to a child's thumb will often break him of the habit of thumb-sucking.

3. The most convenient way to keep loose snaps is to snap each pair together before putting them in a box, then there will be no necessity for a search for mates.

Stain for New Floors

To the Editor of Woman's Page:

Dear Madam—I am a constant reader of the Woman's Page and always find it both interesting and helpful. You would oblige me very much if you would print how to paint new floors and also how to keep them in good condition.

New boards should always be given a coat of filler after being cleaned. Sift twice together one-half pint of powdered cornstaired in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have my solve to the matried in Cotober. I would like to have two sisters my mother thinks it would be more correct to have one of them instead. Can married be a called? Will you kindly tell me what kind of honor is supposed to do? White kind of houquet is more in use, the shower bounded to the old-fashioned will kind?

REIDE-TO-BE, I would be more correct to have your

her and sees that her train is straight before she makes the recessional. Both the shower and the old-fashioned bouquets are much carried. The former are more grace-ful, of course, but the latter fit in with some bridgl. Continues of the latter fit in with some bridal costumes admirably and are very effective. It is purely a matter of choice.

Patriotic Birthday Party

Patriotic Birthday Party

To the Editor of Woman's Page:

Dear Madam—My son will be eleven years old next week and I am planning to have a birthday party for him. I should like to have it a patrions for decorations and games that will carry out the tien of patriotism?

AMERICAN MOTHER.

Write the invitations to the party on plain white paper, with a small flag in one corner. Have your table set with red, white and blue place cards, a white cloth and a centerpiece of red, white and blue cornflowers. The sandwiches should be tied with red, white and blue ribbon, and the ice cream might have the American, French and English flags standing in it. For one game you could have a sort of "history bee," like a spelling bee. The prize should go to the child who can tell the greatest number of historical events correctly—for instance, who was the father of his country? What happened at the Battle of Bunker Hill? What is meant by the Mason and Dixon line? etc. The prize should be something that has to do with the war—a war picture or a small silk flag. The other games should all have something to do with the country or the war, and, of course, the singing of "America," "The Red, White and Blue" and "Yankee Doodle" ought to have a prominent place in the afternoon's entertainment. Before they leave the children should sing the "Star Spannjed" ernoon's entertainment. Before they leave the children should sing the "Star Spangled Banner," all standing at attention.

Suffers From Jealousy

Suffers From Jealousy

To the Editor of Woman's Page:
Dear Madam—What is your opinion of a young lady who lets a fellow take her out at the time, buy her caudy and other presents and acts as if she liked him a lot, then turns around and accepts invitations to go to the movies with another boy? Do you think such a girl would make a good wife?

The young lady, Clarence, shows her good sense in not allowing a monopoly of her time by one youth. Until a man has actually asked a girl to marry him and has become engaged to her he has no claim on her time and should not adopt an air of proprietorahip.

One-Day Trip to New York To the Editor of Woman's Page:

Dear Madam—I am a young girl of nineteen, A young man. I know, who has taken me out quite a lot, has invited me to go over to New York with him for the day. Do you think this would be all right?

Such a trip would be most unwise.

Corresponding With Young Girl

IN THE MOMENT'S MODES Afternoon Fall Frock of Tan Gabardine



Now that summer frocks are becoming worn-looking after the many hot days, everybody is searching for something new and pretty. A dress is very necessary that can be worn right away and yet be made of such material and style that it will be useful later on in the season. The costume shown in the picture will fill many wants. It is carried out in lovely tan gabardine with purple and silver embroidery; a string of wooden beads painted purple and tipped with purple tassels hangs from each side of the bodice. A white Georgette chemisette gives the soft touch at the throat.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Reliagy in this space will daily give advice on preventive medicine, but in no case will be take the risk of making diagnoses of or prescribing for all-ments requiring surprial treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

Neuralgia

NEURALGIA may be caused by mainant may material benefit to you, and the pain can often be relieved better by treatments with hot applications than by drugs. Heat applied to the painful areas in the form of colon of the products of putrefaction. An eminent English physician defined neural-size as the cree of a hungry perce for hets. gia as the cry of a hungry nerve for bet-ter blood. The best way to secure better blood is to eat pure food and live an active outdoor life.

For temporary relief of almost any of neuralgia heat is the best of all rem-edies. It cannot be too often repeated that heat kills pain. Applications of heat may be made in a great variety of ways. as by hot fomentations, hot-water bags, hot poultices, photophore, incandescent electric light, are light and diathermy. The lastnamed remedy is a modification of the wireless electricity and is especially useful in cases of deep-seated neuralgia, visceral neuralgia, which cannot always be relieved by external hot applications. By means of diathermy heat may be supplied to any internal part, no matter how deeply seated.

In making bot applications for relief of neuralgia it is important to remember the water must be as hot as the patient can bear. The application should be so hot as to make it necessary to take it off and put it on two or three times until the patient's skin can bear it. Commencing the applica-tion at about 110 degrees Fahrenheit, the skin will gradually acquire a tolerance for heat until a temperature of 115 to 120 degrees Fahrenheit can be borne. Continue for fifteen or twenty minutes, and immediately follow by the application of a towel or compress moistened in water at 80 de-grees for one minute. Then dry and cover with dry flannel.

Rheumatism

What would you suggest for the cure of mountain in the knees and joints? MR. C. C.

The rheumatism from which you are suf-fering seems to be the chronic form and is probably due to disturbances in the nu-trition of the body. This may be the result of poisons absorbed from the intestinal tract, and we would suggest that you make every effort to secure a thorough clearing out of the bowels two or three times a day. The employment of fruits, vegetables and the coarse cereals, especially the em-ployment of bran, would all help in sweep-ing out the poisons from the intestines. There are few medicines which will be of

snugly about the part and covered warmly with flannel to be worn every night will be found very helpful.

Bleeding Gums

What is the cause of bleeding gums and but is the cure? Bleeding gums show that there is an unhealthy state of the mucous membrane of the mouth, and this can be greatly bene-fited by massage of the gums with the fingers thoroughly cleansed by strong soap and water; rub the gums inside and out with the tips of the fingers dipped in cold water every night. Thorough cleanliness of the teeth is also essential. Frequent rinsing of the mouth with salt and water is sometimes found helpful.

Electric Needle for Removing Superfluous Hair Is there anything better than the electric needle for removing superfluous hair? MISS A. M.

We know of nothing better than the electric needle for the removal of superfluous hair, as it is least injurious to the surrounding tissues. It destroys the root of the hair without danger of infection. The pastes sometimes used for removing hair are fit on y for temporary use and have to be repeated constantly.

Milk With Meals

Is it had to drink milk with meals? Unless one is on the milk diet the proper time to take milk is with the meals. Milk is a food, and if taken between meals throws extra work upon the digestive or-gans. There is no reason why milk or buttermilk cannot be taken at mealtime unless of itself it disagrees.

Burning Sensation in Bladder

What causes a burning sensation in the An irritation which may be due to various causes. The most common cause is excessive acidity of the urine, due to an excess of acids in the body. Free water drinking and an antitoxic diet will usually afford relief.

PATSY KILDARE, OUTLAW By JUDD MORTIMER LEWIS

Exciting News

WHEN I woke this morning I woke my eyes right side out and there was that old colored woman in the river! When have been whispering something to me and, she got out she went away from there with believe me, whatever it was it was something good. I could not remember it, though I was still laughing and I thought that was a good way to start the day. So I kissed Rowdy on the nose and then my father came and we had a lot of fun building the pancakes. He put in the flour and I put in the egg and he put in the baking powder and I put in the salt and he put in the cornmeal and I put in the water and we stirred them turn about and he lit the blaze and I flopped turn about and he lit the blaze and I flopped the cakes and then he ate one and I ate one and Rowdy ate one till they were all gone.

Then my father went to sleep and I put on my black bloomers and my stylish clothes over them and went out to have a swim. Who should be there but that old colored woman fishing. I didn't care, for if she doesn't want her fishes scared she ought to fish somewhere else. So I took off my clothes, all but my bloomers, and had a good swim and then I took off my bloomers behind a bush and put on my other clothes and then I turned both my other clothes and the I turned both my other clothes and m

her pail and her can of worms and she kept looking back at me.

her pail and her can of worms and she kept looking back at me.

I hid my bloomers in a hollow tree and Rowdy and I rambled. We went past Jim's house on the jump and got to school just in time as the bell rang. Miss Groarty said. Patsy, come forward." So I did and Rowdy did and she said, "You were absent yesterday." I said, "I know it," and smiled at her as sweet as I knew how. She said, "Don't be impertinent." I said, "No. ma'am." She said, "Have your father write you an excuse tomorrow." I said, "For cat's sake, what's the use? He will wate whatever I tell him and I might just as well tell you." So she said, "Very well."

I took her out into the hall and told her all about it and she felt sorry about the shoes, but I told her not to, for shoes were a nuisance and I should never wear them any more. She laughed and I laughed and school was a lot of fun. But the best was the last, for the teacher said there was going to be a circus in town on Saturday and now to pass out quietly, which we did not 40. We all went out hollering.

cus on him he was not surprised, for he knew it all the time. But I was so happy that I had to go around past the school on the way home and climb up the poplar and sing about the circus. The poplar is tall and I guess my mother and God can hear me a lot plainer from the top of it. Then I went home and we were about to

back of his house. When I sprung the cir-

pray when we heard a strange soft footstep upstairs. I jumped and opened the door and Rowdy went up the stairs like a bird and then there was a growl and a crash and somebody rolled off the porch roof and hit the ground running and Rowdy came downstairs wagging his tail and holding a piece of strange pants in his mouth. So we kneeled down and prayed: "Dear mother, don't mind that. It was only a burglar upstairs, but he is gone now. I am so full of elephants and llons and tigers that I don't know what to say, for the circus is coming.

"The Circus," the next Patsy Kildare adven-ture, appears in tomorrow's Evening Ledger.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelis'. discusses everyday topics in a helpful and wholesome way.

The Women's Job

"My WIFE won't let me! It isn't fair for me to enlist and leave her at home on her own resources!" I heard a young husband make this remark not long ago, and I could not help wondering if the

wife to whom he referred backed him up. If she is a real, red-blooded American woman, who is awake to the need of the great strug-gle in which this country is engaged, I am quite sure that she would say to him, without hesitating:
"You are wrong. You haven't given

me the proper credit. I love you —but I love my country more. If tion which I ought to support. I will say to you, with tears in my eyes: 'Go-and God be with you! It will be a hard wrench for me and a bitter sacrifice, and I will shed

many tears and pass many sleepless nights, but I will still say, with all my heart, Go! "If necessary, I would rather go out into the world and make my own living. If you are willing to risk your life for our country, it is the least I can do to work with my hands for my own bread and butter. And when you come back, you will find me waiting for you with outstretched hands, to welcome my hero—who commands respect and has done his duty—and he may find that the girl he has left behind him to bat-tle with the world is a truer wife and a more purified and more noble woman than the on to whom he said good-by. Go, my husband, and may the good Lord bring you back to the woman who will always be

praying for your safe return!" Yes, I know this is what the average wife who thinks at all about the big problem of America would say to her husband—if he put the big question up to her.

But he doesn't put it up to her. He tries to answer it for himself, and in doing so he is doing neither her nor himself justice. our women of today are not the helpiesa, dependent creatures that their grandmothers were. It is no longer a loss of womanly charm or even of social position for her to make her own living. The world has changed more in the last ten years than in the fifty years before. It recognizes women now as real human beings—not as beauti-fied dolls to charm men. If our women are coming into their own, and recognizing this fact for themselves, why can't our men recognize the fact also?

And surely never was a greater or n

opportunity given to them to do so than that of the present world war, the extent of which and the depth of which we, as a nation, have not grasped—as yet. We will before long, when the first list of dead and wounded comes from the front. But that ist hasn't been cabled across the ocean yet.
In the meantime most of us are regarding he war only as something that occupies the space of the newspapers—something in which we, as women of America, have no real, personal interest, for ourselves, or for our homes, or for our flag. This will all be changed before we are many months older. We shall have to wake up-or perish. But in the meantime, we are drifting with the tide. And that is the most fatal thing that we can allow ourselves to do at this time of national stress and peril.

War is the most serious proposition of history. A world war may be a calamity—unless we throw into that war the right force to win it. We are confronted by just such a calamity at the present time. It is victory—or death, We are facing the greatest danger that ever confronted the globe. And we are going on our own narrow, petty ways and trying to forget about the ghastly menace that is looming nearer and nearer to us. We are not yet cognizant of our national peril as a nation. And we are even less cognizant of it as women of a warring nation, who either have to make the supreme sacrifice or suffer the supreme surrender And we are forgetting our duties to God in it all, for if ever the combined armies of right were fighting for the cause of God, the armies of the Allies, in which we are enrolled, are fighting for that cause today, in spite of what the Kaiser says.

Therefore, when I hear a man saying that the reason he fails to enlist is because his wife at home will have to shift for herself. I cannot help feeling a doubt of that man's patriotism, and perhaps of his honesty. For there was never a real American woman since the days of the Plymouth Fathers who would not say, even to her best-beloved when her country called: "Go, dear one—I shall pray that the good

Lord brings you back to me safe and sound —but the Flag needs you more now than I do!" The average man fit for service never puts the question up in this way. Why? In his refusal he is doing an injustice to himself, his wife, his home and his flag. (Copyright, 1917, by the Bell Syndicate, Inc.)

Monday-Nerves and their result. City Hall Band Program

Music by French composers will be played the Philadelphia Band on City Hall by the Philadelphia Band on City H plaza at 8 o'clock tonight. The program: plaza at 8 o'clock tonight. The program

Poeme symphonique. "Phaeton". C. Saint-Saens
Pantasia from "Faust". Gounod
Scenes Pittoresques. Massenet
Meiodles from "Carmen". Bliet
Contralto solo. "Gentle Flower in the Dew."

Gounod

Bertha Brinker d'Albites, soloist, Geunod Ballet music from "Coppelia". Delibes Sounds from France, De Lisie National air, "La Marseillaise". Roget de Lisie

Infants-Mothers Thousands testify Horlick's The Original Malted Milk

Upbuilds and sustains the body No Cooking or Milk required Used for 12 of a Century

THE WORLD'S WAR Through Woman's Eyes

"Old Glory" at the Front

LONDON, Aug. 6, In London I have met a good many soldiers of the American army. I watched a crowd of them arrive at a big London railroad station—and the crowds cheered them as they passed. Later I saw

them marching down the Strand, that famous that famous old thoroughfare. They terested in Old London. Big. stalwart men they were, men they were, with an eager look in their eyes, Nothcape them. "Don't they look

just splendid?" I spectator heard say to each other. There was cheer ing and hat-wavpassed, fluttering at the head of that regiment. The other day

met the first Amer ican who carried "Old Glory" against the Germans.



ELLEN ADAIR

"There isn't anything in my life of which I'm prouder than to have been the first American-born citizen who carried the American flag against the Huns," said he. "It waves now side by side with the Union Jack, never to be hauled down till the Hun is smashed.

"I didn't wait for President Wilson. guess I was a bit too impatient for that. I was one of those who couldn't sleep peacefully at night worrying over Belgium the Lusitania, and a few other little mat-ters of that kind. I'm a Texan myself. Nineteen years ago I followed the Stars and Stripes at the battle of San Juan. in the Spanish-American War, and was knocked over. So I knew something of what war meant when I decided to take a hand in this Armageddon.

"I had drifted to Canada when I realized that I was up against the big choice. I wasn't the only American citizen to take the plunge. There are plenty more of the lads from the States in the Canadian forces who, I recken, told the same white lie about being British subjects. The neutrality laws didn't worry us any.

"Anyway, I went right in and got over to France. I met a little French girl be-hind the lines. I had got talking to her, and she took an interest in me because, as she said. I was an American. "While we were chatting she displayed

an American flag. You have to be an American and thousands of miles from home to realize what that meant to me. It carried me back over the months and the miles. That bit of rag was like a breath of home to me.

"'For me?'" I asked. "She nodded her pretty head.

"Take it and show it to the Boche, she said.

"The idea pleased me. I promised her that if ever the chance came along, Fritz should certainly see 'Old Glory.' The chance did come soon. "it was a lovely spring day when we went over the parapet. The Stars and Stripes were well in it! I can't say much

SAYS LACK OF CLERICAL

HELP IS COSTLY TO CITY

That many thousands of dollars are lost to the city each year through Councils' failure to provide a few additional stenog-raphers and cierks for the Board of Land Viewers, is the charge made by Charles W. Boger, head of the board, in reply to crit-icism over delays occasioned by the inad-

equacy of the office force. According to Mr. Boger, the city is paying \$600 a day in interest charges at 6 per cent on Parkway properties and will continue to do so until the report in these cases is filed. Delays in completing the cases, he claims, are occasioned by the lack of clerical help that Councils could supply, thus saving the city many thou-sands of dollars. In discussing the condition, the head of the board declared it a crime and a shame that Councils have so far failed to act, and declared that this fall he will make an effort to get the needed

THE CHEERFUL CHERUB

I fell in love the other day. They say the time for that is spring I spose I should have done it then im always late with everything.



This is but one of our gen-

Extra value ... \$2.98

THE



about the actual action because I set a bilghty one —a builet in the foot. But I waved the American flag in the face of those Fritzes, all the same!"

This brave American soldier went on to tell me that he considered the Hun as the tricklest fellow on the battlefield that on could possibly meet.

"Even when he appears to be dead," mid he ruefully, "like fuzzy-wuzzy, he's generally shamming. Over and over again I have seen wounded Garmans who have not been harmed by our men, as soon as they have realized their safety, get up and shoot ther too generous foes in the back!

"I remember in particular one officer who was killed in this dastardly way. He had been bending over an apparently wounded German. He even gave the man a drink of water and turned away to bring the stretcher-bearers. The man raised himself on one elbow and shot the young officer dead. But let me tell you that we quickly avenged that officer's death. "One of my narrowest shaves was when a shell exploded within a few yards of ma. It blew me up into the air and the next thing I can remember I was being carried along the Bapaume road by a couple of pais, who thought I had 'gone West.' But they were wrong—I hadn't. I was only 'shell-shocked.' And four days later I was back to the line again.

shell-shocked. And four days later I was back to the line again.
"Many a man goes West without a single scratch or wound upon him. The second officer in command of my company at Viny Ridge was killed simply by concussion. The shell burst thirty or forty yards away from him and never touched him. Numbers of men are killed like that.

"There's just one thing I want to tell you. America hasn't come into this war to play at it. It is in grim, hard earnest. We have come into the fight because we want to strike a blow for the liberty which has always been our watchword. Our Old Glory has become a new glory—thank Heaven, it isn't lagging behind!"

Sacrifice

I am the glory of the weak, Mine is the voice that dares to speak, Above the roar of battle Pain Has walked with me and counted main.

The young have only learned to know My footsteps passing to and fro, Or glimpsed the sorrow that I send Within the wet eyes of a friend. The mother knows me as a knife, That rends her heart and tears her life: The lover knows me as a grief That's terrible beyond belief. I am the light that strong men yield Who die upon the battlefield; The joy that woman's face has worn Wherever baby life is born. Only the old, who, nearing death, Have drunk the cup and felt my breath,
Can know the solace that I bring,
The good that lurks beyond the sting
Of Sacrifice,

-Jane McLean, in St. Louis Star

NextWinter you'll say: "Im glad we have these fruit preserves jams and jellies ···

They vary our menus and save the cost of expensive food...."

CROP

"A Franklin Sugar for every use' Granulated, Dainty Lumps, Powdered, Confectioners, Brown

