

ASCINATION OF THAT WHICH IS BEYOND ONE'S REACH—WOMEN'S VARIED INTERESTS

UNATTAINABLE MOST VALUED AND DESIRED BY US ALL The Greater the Difficulties in Achieving Success the Greater the Subsequent Joy and Self-Satisfaction

WHY is it that we most want that which seems difficult to obtain? We cannot deny it is so; even more, we frequently are quite indifferent to what lies within our grasp until we see it slipping away from us, and then, ninety-nine times out of a hundred, we make frantic efforts to retain what was before apparently worthless.



A round little, nearly all-year-round hat. At least it is nearly all-year-round in its trimming—for the milliner has sewed (or sown) spring buds and flowers at the front, roses a bit further back, then a milliumer blossom or two at the side, and then some ripe wheat and goldenrod at the back!

AND there might be another reason, too, back of it; for we are all a bit vain, and the satisfaction of overcoming difficulties, proving to ourselves and to the world that we could get what we wanted when we made the effort, is soothing to our self-love and makes us want to sit up straight, pat ourselves on the back and purr.

ARE you among the persons who "hate a crowd"? One hears that phrase a thousand times a day now that we are in the midst of the holiday season, for many seem to think it the correct thing to say when discussing their vacation destination. "Such and such a place would be unbearable, there is always such a crowd!"

crowd but an aggregation of individuals just the same as the rest of us? And it does every one good to come out of their own little rut every now and again to mingle with their fellows.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special attention will be given to all communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

- 1. How can paper labels be applied to nasal ointment?
2. How can a nitric acid stain be removed from black cloth?
3. How should nickel plated ware be cleaned?

- 1. IS IT GOOD form to stop and read letters while conversing with some one?
2. Should a young woman, when in a public conveyance give up her seat to an elderly man?
3. Of what does an appetizer served before a meal consist?

ANSWERS TO YESTERDAY'S INQUIRIES

1. The use of an atomizer containing oil of eucalypti will banish fleas from the house. Sprays of pyrethrum should also be put around.

TODAY'S INQUIRIES

- 1. If it is found that a string of beads is broken around the head before adjusting the hair, should it be effectively kept water out?
2. The most satisfactory way of keeping stockings from coming down is to wear a narrow strip of elastic with zippers attached.
3. The best way to preserve an artificial hair in the hair is to wear a hair net constantly.

String Beans by Fermentation Method

To the Editor of the Woman's Page: Dear Madam—Please print a recipe for fermenting string beans to keep them all winter. Mrs. W. W. The Government formula for fermented string beans is as follows: Wooden kegs, crocks or wide-mouthed bottles or glass jars, not suitable for canning, may be used for salting beans. Do not use any containers of yellow or pitch pine. Wash thoroughly and steam kegs or other containers to be used. Select young and tender string beans and weigh them. Wash the beans, drain off surplus water and weigh them. For each 100 pounds of the vegetable allow three pounds of salt; for smaller quantities use the same proportion—three per cent.

Dinner for Engaged Couples

To the Editor of the Woman's Page: Dear Madam—Early next month I intend entertaining a dinner for a girl friend of mine who is engaged and her fiancé. Please tell me what should be served for the dinner. It is necessary to give a present to an engaged couple. I am a widow and have a young daughter. I would like to give a present to the bride and groom. I am a widow and have a young daughter. I would like to give a present to the bride and groom.

Pickled Green Tomatoes

To the Editor of the Woman's Page: Dear Madam—Can you please give me directions for pickling green tomatoes? This is the Government formula for pickling green tomatoes in brine: Wash the tomatoes, then in the bottom of a water-tight keg or crock, which has been thoroughly cleaned, place a layer of dill and a handful of mixed spice. Pack the container full of sound tomatoes, add a top layer of dill and spice and pour over a heavy weight of brine to cover the tomatoes. Cover with a clean cloth and let stand in a warm room until fermentation is completed and no bubbles rise to the surface when the receptacle is tapped gently. Rate of fermentation depends upon the temperature.

Youth Annoys Her

To the Editor of the Woman's Page: Dear Madam—I am a steady reader of your column. I was told that I should do something about my vacation to the shore but am going down at the end of the month. He wanted to buy a ring and asked me to take it. He wanted to buy a ring and asked me to take it. He wanted to buy a ring and asked me to take it.

Economical Nut Cake Recipe

To the Editor of the Woman's Page: Dear Madam—I am sending in a recipe for a nut cake which is easily and cheaply made. One and one-quarter cups of sugar, three-quarters cup of butter, three eggs, one cup of flour, one teaspoonful vanilla, one-half cup of raisins, one-half cup of currants, one-half cup of nuts, one-half cup of molasses, one-half cup of vinegar, one-half cup of oil, one-half cup of salt, one-half cup of baking powder, one-half cup of soda, one-half cup of yeast.

Saving in Child's Clothes

To the Editor of the Woman's Page: Dear Madam—When the part of a child's heavy union suit is worn beyond further use, it is better to cut it up and use it as a strong band for buttons and let the child wear it as an undershirt, buttoned in the back. The reinforced original back will make a good throat protector and the garment thus worn will last almost twice as long. The sleeves may be removed and the armholes bound as needed, by taking common wrapping paper and soft for mending underwear. And white socks and soft for mending underwear. And white socks and soft for mending underwear.

Military Cape for General Wear

To the Editor of the Woman's Page: Dear Madam—Please advise me. Would you buy one of the dark blue military capes or do you think a tailored topcoat would be better for general wear? Are sports suits better worn as next winter? I am a widow and have a young daughter. I would like to give a present to the bride and groom.

CATHOLIC UNION PLANS CARE FOR SERVICE MEN

Young Men's Society, in Convention, Considers Methods for Physical and Spiritual Aid

The second business session of the Catholic Young Men's National Union of America was held today in the Hotel Walton. The opening prayer was said by the Rev. John J. McLaughlin, pastor of St. Ignace Church.

Michael J. Slattery, president of the union, in a speech before the convention, outlined a plan whereby the welfare of the young Catholic soldiers might be cared for. He suggested that representative from the union be installed in each company throughout the army.

This plan was suggested because of what Mr. Slattery called the young men's morals in this country. Senator R. V. Farley, who is a member of the thirty-sixth district exemption board, said that out of 100 men called in his district, 350 responded and only ninety-eight passed physically.

Edward H. S. Terry Passes Away

Edward Hicks Streeter Terry died at his home in West Chester Sunday morning after a protracted illness. Mr. Terry was born December 24, 1857, the son of the late John S. and Virginia S. T. Beck Terry.

Glacier Causes Tidal Wave

JUNEAU, Alaska, Aug. 21.—News has reached here, with the arrival of the body of a victim, of a tidal wave in Tahiti last Thursday. It may have done considerable damage to the fishing fleet. The wave was said to be due to the breaking of a huge dead glacier and a cave-in from a live glacier.

Tomorrow's War Menu

- BREAKFAST: Cantaloupe, Hominy, Toast, Coffee. LUNCHEON: Cold Bacon, Salad, Brown Bread. DINNER: Cream of Rice Soup, Casserole of Rice and Veal, Tomato Sauce, Boiled Beans, Berry Pudding, Watercress, Coffee.

THE CHEERFUL CHERUB

My youthful hopes can't die because though I attain them never I'll wrap them in immortal verse and thus they'll live forever.

MANN & DILKS 1102 CHESTNUT STREET

Tyrol Wool Ladies' & Misses' Plain Tailored Suits

Also Street, Top and Motor Coats The new and original Fall and Winter Models and Colors are now ready, and are not on sale elsewhere.



IN THE MOMENT'S MODES

Two of the Smartest of the Fall Hats



With the coming of midsummer have come many new fashions in chapeaux, not only in line but in color and fabric. No woman need fear that this will be a season when the large hat will be worn exclusively—there are styles for all.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D. In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for all ailments. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

Bruises

Varicose veins are present wear elastic stockings. Kindly suggest a treatment for nervousness, from which I suffer. The nervousness comes on at various times, chiefly affecting the right side and causing a jerking or twitching of the arms.

Pain in Back of Neck

What is the cause of a dull, heavy pain in the back of the neck? Does it come from eye strain? Pain in the back of the neck may be due to eye strain, but is more likely due to nervous exhaustion. Probably the real cause is constipation and intestinal toxemia.

Gas in a Child's Stomach

What is the cause of gas in the stomach of a two-year-old child after all food? The child may have acquired the common habit of swallowing air involuntarily. Possibly an excess of gastric acid may be present. Constipation is another possible cause.

U. S. Buys 3000 Field Guns

PITTSBURGH, Pa., Aug. 21.—The Army and Navy public announces that it is reported in a trade publication that the American Brake Shoe and Foundry Company has been awarded a contract for 3000 field guns "at a price which assures the manufacturer a reasonable profit," and under an arrangement whereby the Government furnishes all the material.

Tired and Swollen Feet

What makes the feet swell and tire easily? A common cause is weak instep. Examination for symptoms of flatfoot. Rheumatism is another very common cause. Bathe the feet in hot water at bedtime, if convenient to do so. Take an alternative hot and cold foot bath at bedtime. Apply a moist pack to the feet over night—a moist towel covered with mackintosh and flannel. Massage with cold cream is also useful.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

Trying Things On

IT BEING Saturday morning, I bounced out of bed like a rubber ball before daylight, for it was the day to try on my new clothes at Old Maid Tomkins' and there was going to be some doings, believe me. So I stirred up the cakes and fried and flopped a few for Rowdy and me and then wrapped up our new shoes and stockings and hit the street corners going out to see the man who owns the baby horse.

SAYS PERSONAL ILL-WILL IS BEHIND NAVAL MIX-UP

Philadelphia League Head Declares Daniels' Cause of Thompson Is Real Cause of Friction

Ill feeling on the part of Secretary of the Navy Daniels against Colonel Robert M. Thompson, president of the Navy League, was at the back of the orders issued against the activities of the league, according to William S. Lloyd, president of the Philadelphia branch, who conferred in Washington yesterday with Colonel Thompson.

Final Reductions

Broken lines of white linen and white kid; also broken lines of Tan and White Black and White Gray and White \$6 Greater bargains because of fewer sizes

CLAFLIN, 1107 Chestnut

Closed All Day Saturday

Mill Clearance Sale

Table with columns for rug types (Bundhar Wilton, French Wilton, Hardwick Wilton), sizes, and prices. Includes a section for 'Salesmen's Sample Rugs' with discounted prices.

ORIENTAL RUGS

During this sale many of the superb rugs in our immense collection, in small as well as room sizes, are offered at prices which prevail in the wholesale market.

Hardwick & Magee Co.

1220-1222 Market Street