## THE BORE WHO CONSTANTLY DISCLAIMS AND APOLOGIZES

## The Girl Whose Attitude Is One of Constant Dissatisfaction With Self More Trying Than the Conceited Female

THE girl who is entirely self-satisfied, pleased with herself and her possessions, is a boresome individual; if there any one more grating it is the girl who in't, or rather, amended, the girl who pretends she isn't

You know the type. The girl whose whole conversation is punctuated with apologies or disclaimers.

She appears wearing a smart new chapeau coquettishly slanted over one eyebrow and you know instinctively that she feels herself at her best. You naturally exclaim over the new hat. But she assumes an air of bored indifference and an "Oh, do you like it?" implying that she thinks it a fright. Or if one speaks of her new blouse, she declares she "simply can't bear it," yet the fact that she has just chosen it from among a hundred others is rather conclusive evidence that she does think it becoming.

THEN the woman whose attitude is constantly apologetic. Guests at dinner are forced to listen to apologies for the untrained waitress, explanations must be made to an overnight visitor for the appearance of the house, etc.

Of course you will say this sort of thing is extremely ill-bred. Yet many women are guilty of it. But it is well to estimate of others.

1. How can a harmless green vegetable color-

S. How can linen be marked without blurring? patches?

ANSWERS TO YESTERDAY'S INQUIRIES

2. When boiled potatoes must stand for some

1. Preserves under ideal conditions are stored in a cool, dry, dark closet.

2. A lump or two of sugar dissolved in rins-ng water will stiffen fine lingerie sufficiently and make it much daintier than starching.

3. Particles of lint and dust which accumu

late about the works of a sewing machine can be removed by the use of a bicycle pump.

Sauerkraut-Relishes-Pickles

Sauerkraut—Relishes—Figure

To the Editor of Woman's Page:

Dear Madam—Recently I saw and preserved
an attractive recipe for cucumber relish, also one
for corn relish, published in your valuable column, but now I find I have a let of both just
right for doing up, but cannot find the recipes,
I do not remember what besse they were in and
am afraid by the time I could find it my cucumbers would be spoiled. Could I trouble you to
republish? Also, please afate how to make sait
cucumber pickles and sauerkraut for winter use.

R. M. R.

Cucumber relish—Use large, partly ripe cucumber relish—Use large, partly ripe cucumbers, cut them in half lengthwise, remove the seeds and soft portion, then grate them and measure them. Allow two cupfuls of vinegar to every four cupfuls pulp and to this quantity add a level teampoonful of sait four teampoonful of sait

spoonful of sait, four teaspoonfuls grated horseradish and one-fourth teaspoonful cayenne pepper. Mix well and bottle. Cider vinegar should be used. Seal the corks of the bottles with way.

vinegar should be used. Seal the corks of the bottles with wax.

For the salt cucumber pickles wash the cucumbers, sprinkle generously with salt and cover with cold water, using one large cupful of salt to a gallon of water. Let stand overnight, then drain, rinse and pack the stand overnight, then drain, rinse and pack

into sterilized fruit jars or a crock, add pepper pods, a few spices and cover with scalding hot vinegar, then seal. The recipe

for sauerkraut follows: Shred the cabbage fine, line the bottom and sides of a small

keg with the green cabbage leaves, put in a

three-inch layer of the cabbage cover with four ounces of sait and pound down well; then another layer of cabbage and sait, alternating until the keg is full. Place a board on top of the cabbage and on this a heavy weight, and stand in a moderately warm these to



poms on the two most dangerous corners. The pompoms being both ornamental and useful-useful as shields for sharp points, of course.

done your best and are deserving of some small measure of praise, accept it unostentatiously, but gracefully.

women are guilty of it. But it is well to A PERTINENT paragraph from the remember that apologies are unnecessary A Brooklyn Eagle reads: "Does any between friends. And if a girl adopts a girl imagine that a slacker will make a carping critical attitude no amount of timid, obedient husband? If so, she explaining will make her soften in her should study the psychology of the coward from a new angle. He's really the Certainly I hold no brief for the brag- sort of fellow who beats women and chilgart. But when you feel that you have dren when he gets a chance."

A representative in Congress should be addressed as "honorable" in a letter.

3. The proper form of address for a bishop is "right reverend."

Red Cross Work for Young Girl

Dear Madam—Can you give me any informa-tion about the Red Cross? I am past seventeen years of age and I would like very much to know if I am old enough and if they pay any-thing. Also, if I would travel with them or stay home:

A READER,

work, but they receive nothing for it. Only

experienced workers are remunerated by

uncommonly rude, do so upon her request.

She should by all means return the pin, to-

gether with any other pieces of jewelry or expensive presents he may have given her,

asking for her pictures at the same time.

Puzzled Guest

to the Editor of Woman's Page:

hostess before taking his leave.

Write and Thank Him

Unless you are to see the donor of the

flowers the same evening it is better form to write him a little note thanking him for

Motor or Carriage? To the Editor of Woman's Page:

Dear Madam—Which conveyance should be used for a noon wedding, a carriage or a motor-car? For the bride and bridegroom, I mean.

WILHELMINA.

Either conveyance is considered proper

Automobiles are more used these days, but it is really a matter of personal choice.

Tuxedo in Summer To the Editor of Woman's Page:

Dear Madam—Should a man wear a tuxedo in
the summer or is it permissible to attend a
dance in a street suit?

FRANK.

Either will answer; white-flannel trousers are also frequently worn with a dark jacket.

Fiancee Will Not Kiss Him

To the Editor of Woman's Page:

Dear Madam—I am engaged to a young lady and go to see her nearly every evening in the week. She promised to marry me in als months and yet she will not let me kins her. I did not try to reason with her at first, as I thought it was shyness, but she ways she will not kins me till we are married. Is she right? FRED.

To the Editor of Woman's Page;

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the childr does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Phost lipkia, Pa. as you into doing something to justify your existence"

TODAY'S INQUIRIES I. Is it good form for a man to smoke when calling on a woman? 2. Should a man when making a formal call 3. What is the latest concelt in heauty

1. Officers in the volunteer army retain their titles even when no longer under military

out of lumps of coal. He said the coal would get me dirty. I said "What do it care if I get dirty? What harm does a little dirt do? I fwill come off the next time I wash my hands and face, which I might even do today." But he said, "Get out of that coal as I tell you, and don't be getting although I fear you cannot say the same all black." I said, "This is not your con

and you are not my father and I am not your little girl and I will play with this coal as long as I feel like it." He said, You will, will you?" I said, "I certainly will There can't nobody put nothing over party. She was in a very luxurious mo-tor, driven by a chauffeur in livery. I was on the sidewalk. The car, halted by on me, for I am Irish." He caught me by the shoulder, but Howdy jumped up against him and skinned his teeth right into the a traffic policeman, was just abreast of me as I waited on the curb across the janitor's face and the janitor yelled and said, "Make him get down." I said, "Oh.

I found nothing I could say. My glance

grim smile that bore as much resem-blance to her girlhood smile as a skeleton does to a living body.

sugar, three-quarters cupful flour, one-half oupful sait, one-quarter cupful dry mustard, of age. The country is badly in need of trained nurses.

Cut the corn from the ears; chop the other vegetables fine, cutting out the seeds of the peppers, add one quart of vinegar to the form and chopped vegetables and set to boil. Mix together the flour and seasonings, add gradually the other quart of vinegar and stir into the hot vegetables. Let boil one-half hour, then store in cans.

Cucumber relish—Use large, partly ripe cucumbers, cut them in half lengthwise, remove the seeds and soft portion, then store in cans.

Cucumbers, cut them in half lengthwise, remove the seeds and soft portion, then grate them and measure them. Allow two cutting as you said," she went on, in a dead level or as you said." she went on, in a dead level or as you said." she went on, in a dead level or as you said." she went on, in a dead level or as you said." she went on, in a dead level or as you said." s of that free, Patsy!" So I did.

When school was out Rowdy and I went

legs. A boy came and pecked around the scream and made a face at me and I soaked the rag in the water and stepped out from behind the scream to let him have it, but the boy ducked and the bors of the store I suppose that the people who turned to admire that expensive and beautiful car and its expensive and beautiful occu-pant saw—just that. But what I saw was a chariot of death, within which lay the corpse of something that had once been alive. And it seemed to me, too, that over the equipage there hovered two hands, deadly white. Poor Beautiful Hands! (Copyright, 1917, by the Bell Syndicate, Inc.)

City Hall Plaza Program

To the Editor of Woman's Page:

Dear Madam—I have been visiting a friend for some days and my flance came out to dine and spend the svening during my stay there, My hostess insisted that we go out after dinner and take a walk together, and when we came back a little more than a half bour later she saked us to excurse her as she wished to play cards with her hushand. We felt embarrassed, what should we have done, insisted on remaining with her to talk or should we have taken a longer walk?

ENGAGED. Pizza

Suite—'The Lost Continent' Selection—'Amorits' Selection—'Amorits' Selection—'Amorits' Spring Song Mens La Zingara' Contraito Solo Bertha Brinker d'Albites.

Concert Wallzes—'Extasia' introduction and Bridal Chorus. 'Lohe

THE CHEERFUL CHERUB feel so sorry for a Flag Alone upon a building tall That twists itself around its pole And never gets to wave at all.



IN THE MOMENT'S MODES



By JUDD MORTIMER LEWIS

THERE is going to be so much style on this street soon that the Carpenters and the rest of the neighbors will certainly sit up and take notice. Besides, I have got another nightle, which makes two, and the

pink one, with the bow on the corner can

I got to school today before the rest of the kids and had a row with the janitor

because he did not want me to build a house

I don't know whether I will or not."

he said, "Please make him get down." So I did, but I told Rowdy to watch him and

Rowdy did, and I played with the coal all I wanted to. Then I told him that he could take his old coal and Rowdy and I went

outside and I climbed up the poplar and

began to sing a song all about new shoes and things like that until the teacher came

along and she hollered, "Come down out

to Old Maid Tompkins's and she said. "So you have arrived, have you?" I said, "You have got eyes, haven't you?" She laughed and we went first to one store and got two

So I went behind a scream that the man showed me and there was a sink and soap and a wash rag and I washed my feet and

2.98

now be washed, which won't hurt it much.

By their filet lace embellishment ye shall know themthe smartest separate blouses of the season. The style mart has offered nothing as yet that has successfully contested the vogue of this trimming and fashion folk seem to be ununimous in the belief that it will again be the predominant embellishlace ment. Those foreign style creators who take cognizance of American preferences. are sending over some exquisitely fashioned separate blouses of Georgette and organdie, trimmed with filet lace bands, collars and cuffs. The blouse pictured in

sign of fatigue.

"Clouding" of the Eye Lens

Gray Hair

Tomatoes and Rheumatism

Strawberry Mansion Programs

4 TO 6 O'CLOCK

S TO 10 O'CLOCK

"Badinage"
"Scotch Patrol" The Little Cafe"

"Star Spangled Banner."

Tomorrow's War Menu

BREAKFAST

Chilled Pears

Broiled Tripe

German Fried Potatoes

LUNCHEON Tomato Soup on Toast

Lettuce, French Dressing

Crackers

DINNER

Vegetable Soup

the adjoining Are tomatoes good food, and can they be saten if one has rheumatism? T. B. L. sketch is an im-Yes, tomatoes are entirely wholesome.
The acid of the tomato is citric acid, the same as the acid of the lemon and the orange. It was once supposed that the acid ported model of white Georgette. The entire blouse is handmade. There is pin tucking and Two programs will be played today at Strawberry Mansion Music Pavillon by the Fairmount Park Band, Richard Schmidt, bandmaster. Programs: white crochet buttons in addition to the filet lace bands. Overture—"Morning, Noon and Night" Suppe Grand Scenes from "Aida" Verdi "Elsa Entering the Cathedral" Wagner "Cottonfield Capera" O'Hars Medley of "Bright Lights" Witmark 'Genus of Stephen Foster" Toban "Spanish Dances" Moszkowsky Waltz—"Dreams of Childhood" Waldteufel Airs from "Sweethearis" Herbert PATSY KILDARE, OUTLAW

So then I got my stockings on and got my shoes while I stuck out my tongue at the man and they are shiny leather with

gray tops and with tossels on them. I am going to sleep with them under my pillow tonight. When it got dark I tried them on

and walked around the block and they cer

tainly are fine. They made my feet fee

Rowdy and I kneeled down and crossed

our paws and prayed, "Dear mother which art in heaven, I am afraid I have been al-most bad today. I have been sassy to

grownups, but they were sassy to me first

Make them treat me well and I will do the same. Do you know that the seventh of next month comes on Sunday. I wish you

would speak to God and ask Him to let us

have that full moon on Saturday if you don't mind, for I want to be there and see

the man's crazy daughter look it in face. Thank you for the shoes. Amen.

## GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogs in this space will daily give advice on prevents, medicine, but in no case will he take the risk of making diagnoses of or prescribing for attents, but in no case will he take the risk of making diagnoses of or prescribing for attents requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose etamped envelopes for reply.

ALWAYS have adequate light to read or of the tomato was oxalic acid, but this a mistake. Tomatoes are excellent for rheumatics as well as everybody else.

so that it reflects over the shoulder. When reading, stop and close the lide at the first Ringworm I have persistent ringworm of the beautiful to the contracted from handling relative to the blood that the country of the blood the blood that the trouble seems to grow worse. What a the remedy? When the eyes are inflamed or painful bathe them with very hot water for a few

Ringworm is contagious and is caused by a vegeable parasite. It is more often seen in children than in adults. The disease is of frequent occurrence in the lower animals and may be contracted from them by humans. Internal remedies are of no usa Such local treatment should be given as will destroy the parasite. The disease is curable even when it has lasted for some time. The X-ray is a certain cure. Consult a reliable skin specialist. minutes. An eminent New York surgeon claims to have kept his eyes young and to

Horseradish Greens

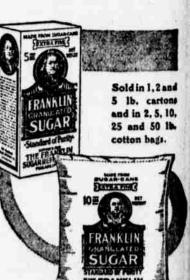
What is meant by "clouding of the eye lens" is it a serious condition? M. G. H. Yes: the cause may be "inciplent cata-ract." Consult a skilled oculist at once.

Putting fruit into jars is putting money into the

SAVE FRUIT

truit is an energizing,

"A Franklin Sugar for every use



QUATURN **ULTIMATE FAUCET** 

> JEAT FAUCETS

not only satisfaction to yell-RENEWABLE

have cured beginning cataract by applying hot water for a few minutes three times a Avoid the use of all eyedrops and preparations unless prescribed by a competent physician or eye specialist. Consult a reliable oculist if the vision blurs or if you have severe headaches, disziness or blood-shot eyes. An excellent eye lotion is made of one part of a saturate boric acid solution and three parts of distilled or boiled water.

Do you recommend horseradish greens to be used as a saind or for cooking like other greens.

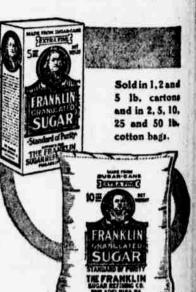
No. The horseradish produces an essential oil which is a powerful irritant poison. The oil is most abundant in the root, but is found also in the leaf. The horseradish is a poisonous weed and unfit to be eaten in any form. The craying for hot condiments or relishes is unnatural and should not be indulged. ls it possible to restore gray hair (caused by worry) to its natural color? McNAB,

savings

CROP

Preserved nourishing food

Granulated, Dainty Lumps, Powdered, Confectioners, Brown



Have You Written for Booklet? You will find that Quaturn faucets men

ent kinds of faucets through-out your home, bringing heavy repair bills and even-tually the necessity of put-ting in new faucets, when you can install Quaturn fau-cets with history-processing

FLECK BROS.Co.

cets with interchangeable and renewable parts? The body of a Quaturn faucat will last as long as the building stands. Standardize your faucets.

44 to 50 N. 5th St.

## Monday-The Movie "Hero."

The Philadelphia Band will play the fol-lowing program this evening at City Hall

Infants-Mothers Thousands testify Horlick's The Original

THE

VOILE

DRESSES

COOL-SERVICEABLE

Summer Frocks

or Suits

Voile Linen Linene

Taffeta Satin

It's a pleasure to see the large selection—as a customer ex-pressed it. Abountiful stock for

MISS, WOMAN OR CHILD
N. B.—We are having a
DOLLAR SALE for the week
end—end lots, broken assortments—Summer Suits, Dresses,
Skirts.

All to go at 1.00

Malted Milk Upbuilds and sustains the body No Cooking or Milk required Used for 1/2 of a Century Substitutes Cost YOU Same Price.

Loin Mutton Chops Honeyed Sweet Potatoes Creamed Cabbage "Getting Wet," the next Pater Kildare ad-Pear Salad They are. Twin-Sisters...



Over 3 million loaves of Kolb's Bond Bread have been bought by Philadelphians since the day when 2000 housewives submitted their homemade loaves so as to show the kind of bread they wanted.

And yet-the third-millionth loaf is the same as the first-same guarantee of pure "home" ingredi-ents—same homemade flavor—same homemade nutritiousness.

Philadelphia's demand for Kolb's
Bond Bread is as constant as Bond
Bread's quality. That is why we are
adding to our giant facilities, so as to
be able to bake even more and better
Bond Bread.

TROCES AND A Purity Guaranteed

Every loaf backed by the bond of Kolb

warm place to ferment. When fermentation begins the cabbage sinks and the liquor rises to the surface over the cover. Skim off and stand the keg in a cool dry cellar. Pickled Beans-Elderberry Jelly To the Editor of Woman's Page:

To the Editor of Woman's Page:

Dear Madam—Please tell me how to pickle
beans and which beans are best for this purpose. Also give me a recipe for elderberry jelly,
(Mrs.) O. J.

The wax beaus are nice for pickling. The wax beaus are nice for pickling. Prepare them as for cooking, then cook in boiling salted water until almost tender. Pack into hot jars, fill the jars to overflowing with a hot syrup made from two cuptuis of brown sugar, a handful of stick cinamon, a handful of cassia buds, a few cloves, one pint of vinegar, a handful of mustard seed, a few allspice and a handful of coriander seed. Partially seal the jars

mustard seed, a few alispice and a handful of coriander seed. Partially seal the jars, then cook for twenty minutes in a steamer, remove from cooker, seal and turn upside down to cook. Store in a cool dry spot.

Elderberry Jelly—Pick the berries from the stems, wash well and drain. Put in a granite kettle, add orie-fourth their quantity of tart apples, washed and sliced. Pour one cupful of boiling water over each two quarts of fruit, cook until tender and strain through a jelly bag. Add an equal amount quarts of fruit, cook until tender and strain through a jelly bag. Add an equal amount of sugar, measuring cup for cup, and boil until the jelly will roll up on a saucer when tried with a spoon (usually eight or ten min-utes). Pour into jelly glasses and place in a sunny window for a day. It is easier to make a small quantity at a time.

Recipe for Barley Soup

To the Editor of Woman's Page:

Dear Madam—Will you tell me how to make
a palatable barley soup?

CONSTANT READER,

Barley soup to be good should have plenty & flavoring. To one-half cupful of barley see one cupful of strained tomato juice, one mart of water, two tablespoonfuls of butter, we teakpoonfuls of salt, one-half teaspoonful of celery salt, one tablespoonful sugar, me tablespoonful flour, one onion, one bayeaf. Cook the barley, strained tomato, bayeaf and onion in salt water until tender, but add the seasonings. Cream the butter of the soup and cook five minutes It is a little difficult to answer your ques-tion, as I do not know the young lady in question. She is certainly extremely strict in the matter. It is usual for a girl to allow the man she is engaged to to kiss her and it seems rather hard on the man for her to refuse to do so. Shyness probably ac-gounts for it and you would do well to be

INTIMATE TALKS The wife of the famous evangelist discusses everyday topics in a help-

"MA" SUNDAY'S

"Beautiful Hands" THERE comes Beautiful Hands I now!" one of the girls cried to me.
I had been asked to a little garden party
given by the very young wife of John
Masters, whom I had known when he was

ful and wholesome way.

no higher than my knee. I love young people, and it always

them in their mo ments of relaxasweet, pure gay ety. One of the girls had turned away, and was coming toward

her hands was, indeed, so re-markable that it took one's attention away from

"MA" SUNDAY even her wonderful complexion and her masses of dark
hair. Her hands were of a peculiar
creamy white, such a shade as certain
marbles have, and they were very slender and tapering, with rosy fingers and
long, delicate nails,

The bands of a born musician, I
thought; so, when I fell into a chat with
her, I asked if she played, or sang.
"On, no," she smiled. "I have no talents at all."

"What do you do to interest yoursel.

"What do you do to interest yourself hen?" I asked. The girl turned one hand softly in the The girl turned one hand softly in the other in a way that was almost a caress. "Why, I don't believe that I am especially interested in any one thing," she said, hestating, "Of course, I like to read, but the social season has been so very full this year that it hasn't given me time for anything except my engagements. You know, the labor of dressing

ments. You know, the labor of dressing these days is simply stupendous."

"Indeed?" I said musingly. "I wonder how it happens then that so many women not only dress themselves but attend to their homes and children? And some of them, in addition to all that, earn money."

"Oh-well-those!" a slight, languid motion of her hands dismissed the reference as of no special importance. "Of course, one expects working women to lead a different life!" she smiled.

"They do, indeed!" I retorted. "A life that should shame such a young woman as you into doing something to justify

She glanced down. At first she did not really understand, and then a tolerant, amused, oh-well-I-guess-she-is-just-jeal-ous-of-my-hands expression came over I read it as easily as though

her face. I read it as easily as though she had spoken the words, for her eyes traveled to my own hands, which bear the marks of many a dinner cooked and many a button sewed.

"Yes," I finished. "I mean those beautiful hands of yours, which are so beautiful they have caused your companions to nickname you. They would be far more beautiful, my dear child, if they were leas so."

She rose, quite at her ease, and bowed gracefully and respectfully.

gracefully and respectfully.
"I am so giad to have met you," she said. "I have found you very interesting,

I knew "Beautiful Hands" again the moment that I saw her face, although it had been five years since the garden

street, and our eyes met.
"You were right, Mrs. Sunday. My little life lamp is burning low!" she said, as she ordered her chauffeur to pull to the curb.

the recipes to which you refer:

Corn relish—The ingredients are two dozen cars sweet corn, one head cabbage, four large onions, four green peppers, one red pepper, one quart vinegar, three cupfuls gugar, three-quarters cupful flour, one-half in a hospital when you reach eighteen years of age. The country is head to give your sare remunerated by the organization. A girl of your age would not be accepted for nursing. If you desire to give your services you can go in training in a hospital when you reach eighteen years fell to her lap, where two hands, as white and lovely as two magnified rose petals, lay folded. She noticed my glance with a

Your hostess probably realized that you would like some little time to talk together

and very tactfully arranged for it for you. It is better not to argue on such an occasion, but take advantage of her kindness and return in time from your walk and talk for your flance to pay his addresses to your Write and Inams

To the Editor of Woman's Page:

Dear Madam—Should I write to a young man who sent me flowers recently and thank him. or is it better to wait until I see him and tell him then how much I appreciate the gift?

MAUD.