EVENING LEDGER PHILADELPHIA, WEDNESDAY, AUGUST 15, 1917 ANGELIST'S WIFE ON THE GIRL AND HER FAMILY'S FAITH IN HER-HOME PROBLEMS GOOD HEALTH QUESTION BOX IN THE MOMENT'S MODES FFERENCE MEN MAKE IN Patsy Kildare, Outlaw By JCHN HARVEY KELLOGG, M. D., LL. D. By JUD " ORTIMER LEWIS By JUHN HARVET televent this space will daily five advice on provention insider to health questions, Doctor Keilogg in this space will daily five advice on preserviting indicine, but in no case will be take the tak of making diagnoses of or preserviting or ad-ments requiring surprised treatment or druos. Health questions will be promptly an-ments requiring surprised treatment or druos. EMPLOYING MEN-AND WOMEN Of Navy Blue Serge Braided With Black Soutache Peanuts Feeney WHEN I had patted Rowdy's nose I rolled Latter Often Taken Because They "Need the Job," How to Relieve Dizziness over and lay looking out of the window VERTIGO, or dissiness, may be the re-should always be followed. Not Because They Are Efficient-The for a long time. It seemed as if it had been years since I went to school, I had had so sult of too much or too little blood in Braiding bids fair **Chronic** Explainer much fun fighting the ugly man and hearthe brain. It is a very frequent symptom to have another ing the crazy girl scream and riding in the of indigestion, being often caused by gas season of vogue. Diabetes boat, but I knew it had been only two days. N EMPLOYER needs a man to fill a in the stomach. The use of tobacco, tea and Is diabetes curable? Vyvettes Some of the smart-Then my father came in and threw his hat coffee and alcohol is a frequent cause of est of the first fall

models employ this

form of embellish-

ment, differing,

however, from the

braiding of last

season in that it is

used less lavishly.

There is less ten-

dency, too, toward

the use of vivid

colors in the work-

ing out of braided

motifs. Last sea-

son braiding was

synonymous with

color, with oriental

effects. This sea-

son navy blue

frocks are braided

with self-color or

with black, and a

particularly strik-

ing model for af-

ternoon wear is of

black serge and

taffeta, braided

certain post. Does he go out into the hways and hedges and gather in the at man he sees who is in need of a job? ot at all. Instead, he spends much time thought on the matter, carefully ng out those whom he considers un ted for the position and finally choosing the most promising.

But what does he do when a woman's ition becomes vacant? Nine times out of ten he will look around for a girl who "needs a job" and take her more because of this than any aptitude for the work. And thus on the same principle she is upposed to accept what her employer is villing to give her, not what she is worth. This idea is all wrong. Whether it originated because women were forced to cept lower wages than men or see men oyed in their places I do not know, but with the almost certain scarcity of men in the next few years the situation in the industrial world must be revolu-

ONE of the most detestable habits is the explaining habit. There are some To refuse to employ a man probably does him no great harm, but to discharge him people who are always explaining away may leave a permanent imprint on his their mistakes and making excuses. No character. He may regard himself as having been tried and found wanting-a one is infallible and no stigma attaches to the person who occasionally makes a failure. I would seidom fire a man for a single mistake. Many men are stronger mistake, but there is something missing in the moral make-up of a man who will for having once made a blunder. They have profited by it and are resolved that not freely acknowledge a mistake as such and not try to cover it up under layers of nothing like it shall ever occur again. I should much prefer to have a man make excuses or explanations. No fair-minded mployer will discharge a man because of mistakes-as long as he isn't a repeater one mistake. He rather feels that the -than to make excuses. A little excuse man is more valuable, for he has learned is a dangerous thing. It is a habit that lesson and is certain not to make the grows on one. A man gets to depend on same error a ain. excuses for careless work instead of striv-In the current number of the American ing to do the work properly. The fellow Magazine, Thomas E. Wilson, the Chi- who never has an excuse, even for poor cago packer, says: "An employer should work, shows that he is trying his best to be slower to fire a man than to hire him. do it right and has at least a conscience."

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THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANCE, Evening Ledger, Philadeiphia, Pa.

| | NQUIRIES |
|---|--|
| 1. What is baked Alaska? | 1. What effect will the yolks of eggs have on the hair and what condition will they help to |
| | the hair and what condition will they help to |
| 2. How can the difference between boiled exca | |
| and raw errs be discovered when they are mixed? | 2. What kind of oils will promote the growth of the hair? |
| 8. How can a fresh scoreh mark be removed? | 8. How can allk stockings be prevented from wearing out at the heels? |
| ANSWERS TO YEST | ERDAY'S INQUIRIES |
| 1. Adhesive tape can be used for mending | 1. After attending a wedding breakfast or |

mand.

rater bags, raincoats or rubber gloves. reception a guest should call upon the parents of the bride within a few weeks. 3. A pair of scissors can be sharpened by sing them to try to cut the neck of a small 2. A bride cannot always acknowledge

her presents before starting out on her wed-ding journey, but she should not fail to do so as soon as possible while away or upon her . Food in containers can be kept cool by return home

vet sand when no ice can be p 3. When entertaining for a bride-to-be it is naual for the hostess to invite friends of the bride rather than her own friends.

To Make Cottage Cheese To Make Comma's Page: Editor of Woman's Page: Madam—Will you mease print directions king cottage cheese out of sour milk? (Mrs.) T. L.

To the Editor of Woman's Page: Dear Madam-Kindly let me know through your column, which I read daily, whether there are six positions open for siris in France out-side of Red Cross nursing? I could not qualify an anurse, not having had any training, but an anurse, not having had any training, but The milk should be at least forty-eight hours old and should have a clean, sour favor; when it is thickened to the con-



This little straw hat hugs but one side of the head-so to do some-thing for the other side and even things up at bit, it floats over

Rowdy and I went in when the bell rang. All through the morning Feanuts kept rocking his desk frontwards, so that he allong dreamy feather to softly ruf-fle and wave at the slightest breath of wind.

most made me slide off onto the floor. After a while when he was busy and was not thinking. I put my feet against my desk and gave a quick jump back with all my might. It was then that the big thing came off. Peanuts hollered so that he could be heard all over the room. Everybody looked at him. The desk had blammed him in the stunimick and all the ink in the inkwell had sailed out and gone into his ear, and there it was running

down his neck! Miss Groarty came and shaked him and Miss Grounty came and chaked him and me out of our senses and told the other kids to close the'r faces. Then she asked Peanuts to explain. He just pointed at me and said, "She did it." All the while Rowdy was standing growling, waiting for me to tell him whether he should chew a leg off Miss Groarty. I told him to be dead and he did. Then I told Miss Groarty what Peanute had been trying to pull off and he said he had not, and Miss Groarty said, "I will see."

on the bed and said, "How is my tumblebug

this morning?" I said, "What's it to you?"

and we both laughed and I kissed him and

When Rowdy and I got to school I thought I would go in and see if an all-day sucker which I had put in my desk was still

there. So I did, and when I looked in at the door of my room who should I see but Peanuts Feeney, the pinhead who has lately been sitting back of me. He had a scrow-

driver and was unscrewing his desk from

the floor, because his desk and my seat are all in one piece,

I knew he was getting ready to hand me

something, so we lippytoed out without his getting onto us. I sat on the sidewalk and tried to think what he was going to put over, but I could not think.

we had our pancakes together.

She searched my desk and did not anything except my all-day-sucker and then she searched his desk and found the screw-driver and the screws. Then she asked him if he did not know he could be arrested for damaging school property. He began to cry and that made me mad. I had not been mad before, for it was a good joke. but when a kid as big as Peanuts starts in to beller I feel like blamming him one. The teacher made him screw the desk back to the floor while I stood up and watched him, and all the time he kept crying and wiping his nose on his sleeve. After that

Miss Groarty sent him to tell the principal what he had been doing. I thought that was sort of rubbing it in. The district superintendent came to visit our school and when school was out I walked with him as far as his auto. He said, "Who's little girl are you?" I said: "My mother's and my father's. I am Fatsy Kuldare and I am Irish and I am a good little girl." He said, "I am sure of it." We talked a long time and I told him about the man who sold the baby cow to be butchered and about the three dollars in the crawfish hole and he was interested and took me out there to show him, which I lid. He said 1 did exactly right and he was glad to commend such principles. He made me feel very proud. Then I told him I would play around a while, so he chugged away and I put the \$3 into a crawflah hole across the road and went to see the man and the baby horse and had a few bottles of sour milk and nutmeg and then Rowdy and I went home. After I had sat on the steps long enough to tell him what the milky way was we were glad to go inside and cross our paws and I "Dear God, which are in heaven prayed: hollered be Thy name. I am praying to you instead of to my mother, because I want to hand it to you for what you did to Peanuts Feeney. I thought I was pretty smart when I jumped the desk against him. but when I looked around and saw what

of life, but in the little things. In all the history of the Church there is no

ciples in their post of trust in the Garden of Gethsemane.



Y GIRL, are you to be trusted? I do not mean so much in the great things life, but in the little things. a all the history of the Church there is no der picture than the failure of the dis-trust hat we arying and unprofitable day. can he be full of trust that when he steps across the threshold of his home he will find there rest and peace? In deeper senses, can your father trust

yearned for the feeling of human companionship-n o more than that— worship yet just because class wh His disciples were needful?

CILBES.

Is diabetes curable? MRS. T. Y. The great success which has attended the new methods of treatment affords ground for hope of cure in many cases which were formerly abandoned as hope-less. At the present time it may be safely said as regards cure or improvement they MRS. T. T. severe, obstinate vertigo. This is especially true of tobacco. Exposure to great heat, less. At the present time it may be safely said as regards cure or improvement that: either of the sun or artificial sources, is a either of the sun or artificial sources, is a cause which is especially active in hot weather. Malaria sometimes produces ver-tigo. Loss of sleep, overwork, sexual ex-cesses and abuses and inhalation of impure air are very frequent causes. Many cases have been observed in which vertigo was produced by disease of the ear. It is in some cases due to diseases affecting the heart, brain, spine, kidneys, liver or sexual First. The progress of the disease may be checked and the patient's condition improved in virtually every case of diabetes, Second. The urine may be made sugar-free and the disease may be arrested and its progress stayed for an indefinite time, even many years, in the great majority of

heart, brain, spine, kidneys, liver or sexual Third. In a limited number of cases the In certain mild forms of epilepsy the patient suffers from attacks which are often described as vertigo, the so-called petit mal. disease may not only be arrested and the urine made sugar-free, but by the careful and persevering application of scient methods the ability to utilize starch described as vertigo, the so-called petit man. When the vertigo is constant or very fre-quent some profound disturbance of the bodily functions almost certainly exists. This may be hardening of the arteries, de-generation of the heart or kidneys or some of scientific sugar may be largely restored and the patient brought back to a condition that in nearly or quite normal. generation of the heart or sinneys or some grave condition. Occasionally the giddiness may be the result of the use of drugs, espe-cially of headache powders and sleep-pro-ducing drugs. Bromide of potash causes very severe vertigo when freely used. When the struck is accompanied by not-

(Copyright)

How to Dry Onions

Select well-matured onions. Wash, peel and slice onions into one-eighth to one-quarter-inch slices. Peel and dice under water. Place in cheesecloth square or wine

basket. Plunge for five minutes in bolling water. Dip for a moment into cold water.

Remove surface moisture by placing between towels, or by exposing to the sun and air for a short time.

Spread thinly on trays or earthenware plates. Dry in sun, in oven, over kitchen stove

or before the electric fan, until tough and eathery. Stir from time to time.

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FAUCETS

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ULTIMATE FAUCET

Have You Written for Booklet?

three times a day. Vertigo is likely to follow a very long hot bath, because of the weakening effect of the bath upon the heart and the great dila-TLECK tation of the surface vessels. A dash of cold water at the close of the hot bath will cause the symptoms to disappear. Vertigo with pallor may usually be re-lieved by cold water applied briefly to the face and chest or by applying hot cloths to

the head. Neurasthenics often suffer much from vertigo. In such cases the vertigo is usually accompanied by a feeling of constriction of a "band" sensation in the head, with a sensation of pressure at the back of the head. There are also "numbness" and other disturbances of sensation in various parts of the body. In these cases hot applications to the top and back of the head afford re-

When the attack is accompanied by pal-lor one should lie down, or if this is incon-venient simply bend the body forward so

ble. If the face is flushed one should lie down with the head well propped up and cold cloths should be applied to the neck

Not infrequently the cause of giddiness

is simply constipation. Poisons absorbed from the colon affect the brain as do certain

drugs. An enema may be given for tem-porary relief, but the real remedy will be found in training the bowels to move well

and head.

to hold the head as low down as possi-

lief. Bathing the face with hot water is also When it is induced by congestion a hot footbath should be employed, with cold ap-plications to the head, and the patient should sleep at night with his head elevated and should avoid stooping.

Olive Oil for Hyperacidity

I have hyperacidity and am advised to take live oil. When is the best time to take it? H. L. H. At the beginning of the meal or during the meal

Diseased Gall Bladder and Nervous Breakdown

Gould discase of the gall bladder cause a Yes. Neurasthenia, indigestion and other troubles attributed to the stomach are often ue to disease of the gall bladder.

Angina Pectoris

His agony He you that you will never dishonor his name. What is angina pectoris? Can it be cured? THOMAS McC. you that you will never dishonor his name, can your neighbors trust you that no ma-licious gossip will spread from your home as a centre? Does your church trust you for a rainy-weather Christian, ready to worship God or teach a Sunday school class when umbrelias and rubbers are perificient. A symptom due to hardening of the arteries of the heart. This condition can be arrested, but not often cured. There is also a condition known as false angina pectoris, which is due to reflex disturbance from the stomach. This is usually curable.

Does your soul trust your body?

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Do They Trust You at Home?

sadder picture than the failure of the dis-

material and the braid is black. There is a woven girdle of black silk cord and the pockets are faced with black taffeta. The collar and cuffs are of white satin.

with black soutache. In the accompanying illustration we have an example of the effectiveness of this season's idea in braiding. Navy blue serge is the

of thin jelly it should be cut into es the size of a walnut, after which the furd should be stirred thoroughly with a Place the pan of broken curd in a kettle of hot water so as to raise the temperature to 100 degrees Fahrenheit. Cook at that temperature for about twenty minutes stirring vigorously with a spoon every

five minutes for one minute. At the end of this time pour the curd and whey into a small cheesecloth bag (a clean salt bag will answer the purpose very nicely) and hang the bag on a fruit-strainer rack to drain.

After five or ten minutes work the curd toward the center with a spoon. Raise and lower the ends of the bag to make the whey drain faster. To complete the draining tie the ends of the bag together and hang up. Since there is some danger that the curd will become too dry, the draining should stop when the whey ceases to flow in a steady stream. The curd is then emptied from the bag and worked with spoon or but-ter paddle until it becomes fine in grain smooth and of the consistency of mashed potatoes. Sour or sweet crean may be added also to increase the smoothness, palatability and flavor. Salt according to aste, usually about one teaspoonful to sev aral pounds of curd.

To Dry Apples

To the Editor of Woman's Page: Dear Madam—Please give a recipe for drying apples and obligs. (Mrs.) M. T. M.

The winter apples, not the early or sweet varieties, should be used. The Government formula gives the following directions: Pare, core and cut each apple into eighths or core them and slice in rings, using a or core them and side in ring, using a vegetable slicer. Do not let them stand long before drying. To prevent discoloration dip the fruit as it is prepared in a cold sait water bath for one minute (one ounce of sait to one gallon of water. Remove surplus moisture by placing the fruit between towels or by expesing to the sun and arr.

hen spread thinly on trays or earthenware plates. Dry in sun, in oven, over the kitchen stove or before the electric fan until the ples are tough and somewhat leathery, r from time to time. Directions for king the trays were given in Monday's manyo Lapoza.

Recipe for Corn Oysters

to the Béliter of Woman's Pape: Dear Madam-Can you tell me how to make ann cysters? READER.

n origination of the second se

Graham Popovers

Please give & recine for sta ANXIOUS.

ful graham flour, one and

wheat flour, one-quarter seven-eighths cupful milk, teaspoonful melted butter. I flour, and one-half the It was simply dear Mrs. L .: It was of you and Mr. L. Of she is the (always m

you did with the lnk I nearly laughed my head off. I would never have thought of the analous to do some kind of work abroad and that in the world. You were certainly on the job that time. Amen." The hospital units usually take several

young women with them to do clerical work: this, of course, requires a special training in stenography and bookkeeping. A number of young women are driving am-bulances on the French front, but these "Prospective Glory," the next Patsy Kildare venture, appears in tomorrow's Evening Tomorrow's War Menu must pay their own expenses. Social serv-ice workers are also sent to the devastated regions. Unless, however, you have had

BREAKFAST Plums Spanish Omelet **Buckwheat Muffins** Coffee LUNCHEON Potato Salad Brown Bread Sandwiches Cheese Tea DINNER

Round Steak Candied Sweet Potatoes Creamed Onions Nut Salad Pound Cake Co Coffee

THE CHEERFUL CHERUB

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Hair Remover

To the Editor of Woman's ruge: Dear Madam-Would you advise a young mini-to take up munitions work? I have been work-ing in a large office as a stenographer and carn-ing \$10 a week, but I have been told by some gir's who are working in a munition plant that they make twice that amount. Do you think it would be adviable to give up my position for this other work? L. P. How to Dry Tomatoes If the position open to you is not a tem-If the position open to you is not a tem-porary one and you feel yourself qualified to do the work it would seem a good move unless your present position is such that advancement in the office is probable. Wash and slice into pieces one-fourth or three-eighths inch thick. Place on trays in one layer. Dry in sun, in oven, over kitchen stove or before electric fan until leathery.

at last;

before.

U

I-RIT

es. U.S. Pat. Off

But now I like

Sees Fiance Every Evening

War Work in France

some special training which particularly fits you for work in France you can be of

greater service here at home.

capable young women are so much in de

To Work in Munitions Factory

the Editor of Woman's Page:

To the Editor of Woman's Page: Dear Madam—I am engaged to a young man, but circumstances will not admit of our being married before two years. He comes to see me every evening in the week, and I think it would be better, since the engagement is to be rather a long one. If he would call three or four eve-nings at the most. It seems to me that we are getting narrow and losing all our good friends by staying home and taking every evening. What do you think about this? BELL.

Long engagements are apt to be wearing if persons see a great deal of each other. But there is nothing unusual in seeing your flance every evening. Why not take up mome reading or study course, and discuss it and dig into it together? It will culti-vate your minds and size and the cultivate your minds and give you greater com-mon interests.

Do not stay at home every evening, but go out and see other persons and talk with others, or invite others to come and see you. You can do this and still see each other. If your fiance wants to come every you. You can do this and still see each other. If your flance wants to come every evening I do not think I would insist on his not doing so. You will find if you manage to occupy your minds with worthwhile things time will not make things as wearing

as they evidently are at present.

Puttees for Riding

To the Editor of Woman's Page: Dear Madam—I have a khaki riding habit and am going up to New England, where I expect to ride during the fall. What kind of puttees should I buy? Do you think the canvas one will do? BELLE.

The most serviceable kind to buy are the Russian leather puttees, although these are quite expensive. Imitation pignkin will do very nicely and cost only one-half the price of the others. Those of heavy canvas which wrap around the leg can also be worn.

Letter of Atanon Page: To the Editor of Woman's Page: Dear Madam-Can you write a letter for me which would be sultable to send to a person which would be sultable to send to a person which would be sultable to send to a person the person to a person for not know very well. thanking her for a wed INQUIRER.

A simply worded note A simply worded note note is always best.



Buick

1916-6 Touring

Overland

Pullman

1916-Roadster

Chalmers

Overland

1916-Roadster

1915-6-48

1916-Touring

sorrowful re-His "MA" SUNDAY proach What, could ye not watch with me for

Does your soul trust your body? Have you developed enough will power to make your body do the thing that your con-science tells you? Does your body trust your soul? Have you developed the inner habit of prayer, so that your conscience is keen and sensitive? Too many girls allow the finer nerves of their souls to be-come dulied and hardened, and the 'soul ne hour?" It would have been so easy to have kept awake; such a little thing to do. But they could not be trusted, and their sloth is written forever on the pages of the Book that will never die.

Yet, is it so small a thing to give hap-iness? A small attention may change a phress.⁷ A small attention may change a fit of despondency into a moment's pleas-ure, a kind word may give relief. The story of the woman who was told to "go and sin no more" echoes through eternity, yet it was but an act of simple graciousness from the Lord of All.

grows old and blunted and calloused Can they trust you at home? If not, how can you suppose that God will trust you in his Heaven, where nothing unworthdisloyal may enter in? In that city which has no need of the moon, neither of the sun, to shine in it; for the glory of God doth lighten it and the Lamb light therof-only those whom Go

those whom God can trust may enter in. (Copyright, 1917, by the Bell Syndicate. Inc.) FRIDAY-BEAUTIFUL HANDS.



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Appendicitis

Can appendicitis be cured without an opera-Some cases of appendicitis recover with out an operation, but the inflammation i liable to return and may be attended with serious results. The advice of the physician in attendance upon the case as to whethe

When the telephone conversation ends

Experience in the use of the telephone teaches many things: among them that shouting hinders rather than helps, that the lips should be directly in front of and about half an inch from the mouthpiece, that rapid talking is not effective, and that a courteous, cordial tone is essential to a conversation that gives satisfaction at both ends of the "wire."

But it isn't always appreciated that the banging down of the receiver at the end of a conversation is bad for the service.

If the person at the other end has not "hung up", the clatter of it sounds as though you were slamming the door after him. Moreover, the telephone is a delicately adjusted instrument, otherwise it would not register the human voice; and as such it merits careful handling.

The Bell Telephone Co. of Pennsylvania