OST OF US POSSESS SOME OF THE SPIRIT OF THE CLAN

The Tribal Instinct of the Child Causes Him to Stoutly Defend His Family From Outsiders

SEVERAL years ago a child was being questioned by representatives a local charity organization as to his ne life, and particularly the life his other led. He deliberately led about ne things. One of the workers held up er hands and turned with the remark. You see, the child is going to follow in his mother's footsteps!"

But another woman with a softer, more sympathetic face, answered: "Not at all. That untruth was only the result of the clannishness within him." And so it roved. The child realized perfectly the Ifference between truth and falsehood. But when it "came to a showdown" he manfully defended his own family affairs from what he considered to be prying

ND I believe this to be characteristic A of many children-and older persons, too, for that matter. A child instinctively loves the beautiful and shrinks from the unlovely and sordid side of life. And many times, not from a sense of hame, but from a desire to have what is their own thought worthy, they have led rather than have outsiders guess the truth. It is the tribal spirit asserting itself, the instinct to shield and protect one's own.

playing together in the nursery. John ing a certain member of the family and pulls Mary's hair until she yells lustily and the two scrap all day long. But let reserve for ourselves the privilege of any other little girl's brother give Mary's abusing our own families.



A long bow passed through slits in the upturned brim.

pigtatl a yank and Johnny flies to the rescue, a knight-errant.

The same is true of most of us grownups. We have frequent bickerings within the family circle, constant misunderstandings resulting in incriminations and recriminations, yet let any one One often sees brothers and sisters else venture to express himself regardwe rise like human yeast cakes. We

2. How should jellled consomme or bouillon

3. Common bed-ticking makes a good m

· Exemption of Alien

If you have not taken out first naturalization papers you are exempt for the present under the selective draft system.

Children Traveling Free

Gift for Teacher

Favors for Watermelon Party

Dear Madam—I am going to have a water-neion party. I wish to have some small favors o present to each guest. Can you tell me how o make some nice favors? DOROTHY S.

If you will visit one of the stores which make a specialty of paper novelties of every

sort you can obtain a number of sug-gestions, or send for a booklet containing

Better to Travel in Day

To the Editor of Woman's Page:

Dear Madam—I am going to take a frip to
New England this summer and my flance will
join me there. We are planning to return home
together and want to take a night boat down.
Do you think this would be proper?

It would be better to travel down by

train in the daytime, but if this is not pos-sible try to fix on a night when some other persons you both know will be traveling down by boat.

Mourning Collars

Hat When on Picnic

Music Books to Give Away

HELEN.

the Editor of Woman's Page:

descriptions of these

To the Editor of Woman's Page:

To the Editor of Woman's Page:

twelve years of age.

THE WOMAN'S EXCHANGE

Letters and questions automitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES 1. How should chicken a la king be eaten?

1. How can centerpieces be prevented from |

2. Why are young, tender vegetables more be served and eaten? fully canned than the more mature vere-

3. Should berries be washed before or after

ANSWERS TO YESTERDAY'S INQUIRIES

1. It is never safe to use old rubbers saved | I. Ginzham is used not only for frocks this season but for hats and bags.

2. To test rubbers for preserve jars, pull them out to see whether they are of sufficient clas-licity to return to shape and not break. All parts should be subjected to the strain. Exarts should be subjected to buying rubbers.

erial for sports skirts. 2. Small pieces of linen can be dampene sore evenly than by sprinkling if they are held over the spont of the tea kettle. To the Editor of Women's Page:

Dear Madam—Will you please give me a little information? I am an allen, but my number has been called in the first draft. I support a brother who is going to school. Will I be expense?

I. S.

Housekeeper's Duties in Hotel

Housekeeper's Duties in flower

to the Editor of Woman's Page:

Dear Madam—I have an opportunity to take
position as housekeeper in a hotel about to be
pend in Philindelphia. I am told by the friend
tho mentioned me for same that it is to be a
sary swell place. Will you please inform me in
our column what the duties of a housekeeper
rould be in such a place? I have had some
sperience, so have some idea what is expected;
out would be very much relieved and feel more
issured if I could get some information on same.

(Mrs.) I., W. E.

Your duties as a housekeper, of course, would depend on the size of a hotel. In the larger hotels a housekeeper usually has one assistant on each floor, and these in turn have charge of the chambermaids and clean-ers on these floors. She must take charge of the linen closet and see that the proper linen is provided for each room; must be re-sponsible for the condition in which the rooms and lavatories are kept. Her duties have nothing to do with the kitchen or lower floor. I should advise you to have a talk with the housekeeper of one of the

Grass Growing Between Bricks

To the Editor of Woman's Fage:

Dear Madam—Can you tell me if there is any yay to kill grass which is growing between the bricks of the pavement except by builting it out requirily? (Mrs.) M. T. Clean out the spaces to a depth of one-

quarter of an inch, then scatter a little powdered commercial bluestone in them or prinkle it over the pavement and sweep it lightly into the cracks. It will leave no appreciable stain on the bricks. When this is washed into the ground by the rain it will prevent further growth. A few cents' worth of bluestone will suffice.

Moth Riddance To the Editor of Woman's Page:

Dear Madam-What is the best thing I can do for furs after the moths have got into them: (Mrs.) JOHN McC.

There are many preventives for moths, but fewer ways of getting rid of them. Bensine is said to be more effective than anything else for exterminating them. Wipe the furs thoroughly with a cloth dipped in benzine, going over every part after for benzine, going over every part after first brushing. Then hang them out to sun and air.

Fresh Eggs Stick to Shell To the Editor of Woman's Page:

Dear Madam—Please tell "Mrs. R. T. S.."
who asked in the Everying Lemons why hardbodied eggs stick to shell, that she happened to
get a fresh egg! Eggs more than four days old
seldom stick under that age, hard or soft boiled,
if is virtually impossible to prevent sticking,
and cold-water treatment advised won", help,
HENRY H. SAYAGE.

To Exterminate Beetles

to the Editor of Woman's Page; Dear Madam—How can beetles be got rid of? D. L. Sprinkle equal parts of red lead, sugar and flour, mixed, near the holes.

Potato Bread by Sponge Method

the Editor of Woman's Page:
Dear Madam—Can you tell me how potate
and is made by the sponge method? I read the
rections for the other method in last week'
(Mrs.) O'C.

Mourning Collars

To the Editor of Woman's Page:

Dear Madam—What kind of collars are proper to wear when in mourning? What kind of materials should be used? (Mrs.) T. R. W.

The plainest kind of collar is appropriate for deep mourning. It may be made of organdie, net, crepe or georgette crepe. Lace should not be used for first mourning, and when used in later mourning should be large-meshed, like the filet lace. Footing is an appropriate trimming for mourning collars. Potato bread, sponge method, according to the United States Department of Agricul-ire. This will make four one-pound loaves: Three pounds of boiled and peeled pota-cia, two and one-quarter pounds of good read flour, three level tablespoonfuls of ugar, one and one-half level tablespoonfuls fealt, one cake of compressed yeast, four sblespoonfuls of water.

To the Editor of Woman's Page:

Dear Madam—I have been invited to go on a picnic next Saturday. Will it be all right if I so without a hat!

This all depends on whether you will be obliged to go through the city or not to reach your destination, and I judge by your address you will have to do so. It is not usual for young women to travel around the city without hats unless in evening clothea. out, peel and mash the potatoes as di-id in the straight-dough method. In the ding take one and one-half pounds or and one-half solidly packed half-pint uis of the cool mashed potato, add to se satt, four ounces of flour (one scant pint cupful) and the yeast rubbed oth with the water, reserving one spoon-to rinse the cup.

THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

VOU may raise peanuts if you live in the I South and plant a crop every year. If you live either in the South or the North. you may set out nut trees and within a few years you will be harvesting a crop of nuts. Every year your son and your grandson will continue to reap the fruits of your labors long after you have passed on.

It is surprising how we neglect the nut which is the most concentrated form of nutriment that the earth produces. The nut tree is one of the most efficient means of converting sunshine into foodstuff. The sun spreads upon the surface of the earth energy at the rate of one-half horsepower continuously for every square foot of the earth's surface.

Plants are traps in which this energy is caught, and food is simply stored up sunshine which may be converted into human tissue and translated into human intelligence and conduct. The nut tree is one of the most efficient of all means of converting sunshine into food.

It takes a few years to get a nut orchard started, but once established it goes right on increasing in value with almost no attention and no expense

Light sandy soil will produce fifty to sixty bushels of peanuts to the acre. Peanuts will grow in any soil that will produce corn. The peanut is a most valuable purpose. The peanut is a most valuable nutrient. A pound of peanuts has food value to the combined value of a pound and a quarter of beefsteak, half a pound of butter and nearly half a pound of bread. It may be used in a hundred different ways and may completely replace meat in the bill of fare.

A walnut tree when ten years old will produce 100 to 150 pounds of nuts annually. and the crop will increase each year. An average production of 100 pounds a year for the first twenty years is not a high estimate. Sixty trees to the acre will produce then 6000 pounds of nuts, of which one-fourth, 1500 pounds, will be meats.

Every pound of callut meat reveault.

Every pound of walnut meat represents

food value	equal	to	CU	ch	OI	the	ronov	ATHR
								Pour
Reef roin, Heef ribs, 1	lean	240	××	. 10	16.43	10000	*****	- 2
Heef ribs, 1	can							- 5
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Venl							*****	-0.19
Mutton leg.	lean .							. 2
Hum, lean	*****							. 8
Ham, lean	rankfort	. (3						2
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Red bass .								. 40
Front								- 2
From Low		1.00	-	240				* 18 th
Duntary		260						4 10
Lobsters .		900		222				4 22
MANAGER AND THE CA		31.3	7/2	2020				

Neurasthenia and Constipation Please give the proper diet for a person who has neurasthenia and chronic constitution. ROY H.

The diet should be anti-toxic; that is, meats of all sorts should be avoided. In some cases eggs should be avoided also, and sometimes it is necessary to discard the 2. Chiffon veils are best for motoring. They more readily protect the face and hair from dust than those of coarser weave. use of milk. In such cases all animal pro-teins encourage putrefaction, which gives rise to polsons which are the cause of neu-rasthenic symptoms in the great majority of cases. It is equally important that the bowels should be made to move three or four times a day by means of a laxative diet, which should include an abundance of fruits and green vegetables.

Seeds of Berries

Are the seeds of berries injurious? IL A. N Berry seeds are not dangerous. The seeds are simply wood and not in any way nu-tritious. When there is ulceration or an inflamed condition of the stomach, as in cases of gastric or intestinal catarrh, seeds may have an irritating effect, but such cases are not frequent.

Face Bleaches What do you recommend for a face bleach?

Dear Madam—Will you kindly tell me how eld a child should be when fare is required on the trains or trolleys?

A child under three years of age not taking up seat room can ride on the trains or trolley cars free of charge. A child can travel on the trains for half-fare until welve years of age. Many bleaching preparations poisons; some of them contain deadly poisons and cannot be used with safety. The best cosmetic is good health. Cold water applied outside and inside and a proper diet are the only safe and effective cos-metics. Dinginess of the skin is generally To the Editor of Woman's Page:

Dear Madam—I am a young high school girl and before school was dismissed was very friendly with one of the teachers of same religion. I correspond with her these vacation days. She is in her city studying and I expect to so to Atlantic City for a month. Would it be proper for me to send her a box of sait-water affy while I am there? If not, kindly state what I could get for not more than \$1.20. She taught me English in school.

(2) Is lemon juice dissolved with water and several drops of rosewater good for the complexion? due to constipation. An ounce of paraffir times a day, will clear the skin wonderfully Steaming the face is harmless,

Care of the Teething Baby My buby shows signs of teething. How can be prevent him from having stomach trouble while he is teething?

Mrs. RAY.

plexion?

(3) What would remove in spots from a white ready-made middy blouse?

MARGARET M. Teething is a normal process and does not necessarily disturb the stomach and Such troubles are usually the re-A box of salt-water taffy would be the most appropriate thing you could send from the seashore, although there are any number of pretty noveltles to be picked up for small sums along the Boardwalk if you care to send your teacher something else—pieces of artistic pottery, cut-leather work, handmade handkerchiefs, etc. sult of giving the child improper food or food not properly prepared or some other error in the care of the child.

High Blood Pressure and Salt

I have high blood pressure. Why does not my octor allow me to use salt? JNO. S. Salt causes contraction of the arteries, and this contraction of the arteries increases the blood pressure. The less salt a person takes the better, if he has high (2) Yes; or lemon julce, glycerin and rosewater. Both of these preparations bleach the skin.

(3) Moisten the stains with peroxide of hydrogen and rub in well, then with ammonia water, again rub the stain and place in the sun. blood pressure. All food contains salt enough to meet all the actual needs of the body. The amount of salt taken should be very small, the smaller the better. · (Copyright)

WOMEN'S ARMY OF INDUSTRY MOBILIZING IN PENNSYLVANIA

BUREAU OF REGISTRATION AND INFORMATION

THE NATIONAL LEAGUE FOR WOMAN'S SERVICE
WASHINGTON OFFICE: 703 SOUTHERN BUILDING
on under the official exection of the United States Department of Labor EMPLOYERS' REQUEST FOR WOMEN WORKERS ON GOVERNMENT CONTRACTS

WORE TO BE DONE BY WOMEN	Number woman		Wages paid		Hours of	Date	ACTION TAKEN	
	Hup.	Interp.	Rep	Incep.	Pmp-70-	******	(To be filled out at local at	
PACTORY WORK								
	-							
	-	-						
OME WORE:				-				
		_						

Mrs. Thomas Robins Commander-in-Chief of Legion Designed to Take Places of Men Who Will Serve Their Country in Trenches

no purpose?

They include:

stockings and hat cords.

us willing to do our 'bit.'

and with time at their disposal.

o serve their country in any capacity

Mrs. Robins has a list of the war manu-

factures that women can be employed on

Bugle slings, bronze buttons, flagpole holders, whistles for the navy, service caps, cooking utensils, flannel shirting, cartridges,

cool coats, chevrons, wool stockings, cotton

National Service. A manufacturer

were on their way to his factory.

have been formed and include:

"That's the sort of thing the Pennsylva-

"The Industrial Bureau has been worked

out on a marvelous scale of efficiency. Committees to meet every sort of situation

Mrs. Robins is in her office every day

and also has a desk in the Finance Building

in the offices of the Committee of National Defense. She has two aids, Miss Edith Fisher and Miss Eugenia Gregg.

CARNIVAL FOR RED CROSS

The boys and girls in the neighborhood of Marshall street and Columbia avenue have started to do their bit in helping the

mittee, of which Mrs. M. Kaufman, of 1642 North Marshall street, is chairman,

They decided on a three-day street carnival, beginning tonight. There will be dancing every evening, the music will be furnished by player-planes in the neighborhood, and refreshments will be sold on both sides of Marshall street from Oxford to Columbia avenue.

to Columbia avenue.

The contributions which the business men in the vicinity have given them and the large number of patrons expected with good weather has the young folks looking toward success.

R. K. Young Takes Oath

HARRISBURG, Aug. 9.—The oath of office of Robert K. Young as Public Service Commissioner was filed at the Capitol. Mr.

Young took the oath in a hospital at Bloss

They have appointed a com-

nia State Bureau hopes to do when the need arises, and I feel that it will arise

PENNSYLVANIA is mobilizing a regi-ment of women. Unlike the Russian "Legion of Death" it is to do the fighting at home. It is to be a great industrial army, and it is to have a large share in bringing this war to a successful finish.

Mrs. Thomas Robins, 1719 Locust street,
things in the trenches. PENNSYLVANIA is mountains a second ment of women. Unlike the Russian "Legion of Death" it is to do the fighting at home. It is to be a great industrial army, and it is to have a large share in bringing this war to a successful finish.

Mrs. Thomas Robins, 1719 Locust street, might be termed the commander-in-chief for

Mrs. Thomas Robins, 1719 Locust street, might be termed the commander-in-chief for Pennsylvania. She has been appointed to the Committee of Public Safety of the State with the official title of Director of the Industrial Bureau for Women and Girls.

At her office today, 1507 Walnut street, she outlined the plans for recruiting her army.

"The most important thing to do is to bring home to the women and girls of Pennsylvania the seriousness of the situashe declared.

Pennsylvania is a great manufacturing State, a great farming State. Up to the present time we have been able to supply labor to meet all demands. Since the first call to the colors all that is changed.

"Day after day the State is losing men from factory and field. Day after day fac-tory and field must produce as they have never produced before. How are we to meet the situation?
"Put women in the places left vacant by
the men. England and France are doing it.

the enemy is doing it and America will have to do it too. "Right here in Pennsylvania at this State

Bureau we want to secure a live register of wage-earning women throughout the State. Women trained in industrial, commercial, agricultural and professional oc-cupations, available for instant Government

"In order to have a registration that overs the entire State, we purpose to have county chairmen, soon to be appointed in "They must be active, patriotic, intelligent

women. They must be in touch with labor conditions in the State. It will be their duty to receive the names and the occupations of women who are willing and have the ability to serve in the industrial army. "These chairmen will in turn report to the central offices. There will be six of them, one in every zone already established by the Committee of Public Safety. "Of course, all this system will be with-

"We want to serve the employer and employed," concluded Mrs. Robins. "We want to see that both have a square deal. out avail unless the women of Pennsylania do their part.
"It is to the women who do not have to And most of all we want to serve the coun-

work under normal conditions that the call should sound most clearly. We do not want nor do we expect women who are tied down at home with familles and housekeeping "We have no work to be done at home.

"We want women and girls who are able to work eight hours a day. If they are un-trained we want to train them. If they are trained we can place them quickly.
"In my opinion, a girl or young woman who sends her sweetheart or her brother to the trenches and then turns a deaf ear to the call to the factory or to the fields is as much of a slacker as the man who refuses to heed the call to the colors. "Some people will say that the confining,

THE CHEERFUL CHERUB Today I heard a perfect song; It steeped my soul in harmony. If all the rest of life is wrong Just music is enough for me. R.M.CANN

IN THE MOMENT'S MODES

There Is Novelty Plus in Fall Chapeaux



Small hats for fall—that is, the first fall hats of small size—are piquant without severe. There is a certain dash to them that borrows its ingredients from the dressy turban and the tailor toque. Novelties in trimmings help in the achievement of this effect. There is novelty, too, in line and shaping. Feather fancies are playing an important part in the embellishment scheme of the small hat, and there are new and unique versions of the conventionalized flower and the silk and beaded tassel. Ribbon is something of a trimming favorite with the millinery style creators. Sand-colored faille ribbon makes the crown of the

PATSY KILDARE, OUTLAW

The Horseback Ride

T GOT a funny joke on one of the other up on her and said, "Now, you pull this I GOT a funny joke on one of the school be-I teachers this morning. After them to make her go this way." I did and it gan Miss Greatly salt. There is one little girl who is taking was very easy. Then he laid the bag across two grades and still has her lessons better

you may go home."

So I left the room, which is what she wanted, and that was where the joke came in. For when we went through the hall the door to one of the big girls' rooms was open, so Rowdy and I stood in the door. The teacher's back was toward us, so she did not care. When we had stood there a little while the teacher said, "Imogene, find the least common multiple." I could see that Imogene was busy, so I said, "If you will tell me what it looks like, teacher, Rowdy and I will find it and be glad to, for we haven't a thing in the world to do." The teacher was very much surprised, and she

said, "What is that?" I said, "I have been turned loose because I have got my and I have not got a thing on earth to do, nor Rowdy either, and if you will tell me what that least common multiple looks like and where you lost it, I shall be glad to hunt it for you." Then she smiled and the hunt it for you." Then she smued and children laughed and the teacher said, children laughed and the teacher said, Thank you, Patsy, but finding the least common multiple is part of the lesson." So that was the joke.
Rowdy and I went to the man's

and I rode the mother horse and the baby horse kept up with us till the man came. "Are we not aware of all this? Have we been reading war literature for months to no purpose? What we know should make Then we went in to his house and I had a bowl of sour milk and nutmeg and sugar and bread and butter, and it was good. He certainly is a good housekeeper. Then he got a big bag and told me to come with him, and I did, and we went into the woods "We want girls who are strong physically "We want girls who are eager and willing and I wondered what for, but after a while we came to some hickory trees. When he "It takes five workers in the Industrial threw up a club the hickory nuts came down in a shower. That was lots of fun and it Army to keep one Sammee in France. That will give you some idea of the important ook us all the afternoon to fill the bag. part a woman can play in this war if she Then the man tied up the bag, and if you

will believe me it was all he could carry When we got it back to his house he put a bridle on the mother horse and boosted me

VOCATIONAL SCHOOLS TO GET NATIONAL AID

Pennsylvania Educators Will Attend "There are hundreds of other manu-Conference at Washington August said Mrs. Robins. "I mention these to show the work a woman can do. The other day a call came to Washington to the offices of the Women's League for 17-18-Delegates Are Selected

HARRISBURG, Aug. 9.—Plans for placing in operation the Smith-Hughes act of Congress for Federal aid for vocational schools will be made for the New England States and New York. New Jersey and Pennsylvania at a conference to be held in Washington August 17 and 18. Under the terms of this law substantial aid is to be given annually to States which will assist in supporting courses in agricultural, indusmasques had a hurry order to be filled in a few days. It was to be shipped on a certain date. He got in touch with the bureau and in a few hours forty women able to do the work had been engaged and supporting courses in agricultural, indus-trial and domestic and household arts edu-

cation.

Pennsylvania will be represented by Dr.

Nathan C. Schaeffer, State Superintendent
of Public Instruction; Dr. J. George Becht,
secretary of the State Board of Education;
Profs. M. B. King, director of industrial
education, and Lindley H. Dennis, director
of agricultural education in the Department
of Public Instruction.

It is estimated that Pennsylvania will
receive during the first year under the new
act \$133,750 for industrial education. The
State and districts will appropriate sums "A committee on wages and hours, a committee on factory welfare, a committee on transportation, housing and industrial

tate and districts will appropriate

on the mother horse in front of me and two grades and still has her lessons better two grades and still has her lessons to grades and still has her lessons better two grades and still has her lessons better two grades and still has her lessons better two grades and still has her lessons for today. I am going to extend the grades and two grades

mother horse back in the morning.

We got home as easy as ple, and I rode the mother horse up close and dumped the bag on our back porch. Then I thought I'd better take her back to her baby. So I did But first I rode her into the Carpenters yard and around the house and they had taken the screens out and they were sitting in there eating dinner. I pushed the mother horse's head through the window and Mrg. Carpenter saw it over her shoulder picking horse's head through the window and Mrs. Carpenter saw it over her shoulder picking up the celery off the table. She screamed and Mr. Carpenter laughed and Wilder just and Mr. Carpenter laughed and Wilder just sat with his face open. Then we backed

When Rowdy and I came back they war When Rowdy and I came back they were out on the porch, and Mr. Carpenter said, "Here is Patsy. Let's ask her." So I went up and sat on the bottom step, which was lower than I thought and nearly made me bite my tongue when I sat on it. He said, "Have you seen a strange horse around here?" I said, "No," which was the truth, for the mother horse is not strange, being one of my best friends. "Well," he said. "that is all. I cannot imagine who did it." That was a story, for he sat where he looked right in my face when I did it.

That night I prayed, "Dear mother, I suppose you are proud of me. Did you brag to the other angels because I am taking two grades and got out early today? Some Fri-day I am going to speak a piece when I get my new clothes and I will tell you when and you can get a bunch of the other angels and stick around and you will be prouder yet. Amen.

"Her Mother's Picture," the next Patay Kil-are adventure, appears in tomorrow's Evening

Tomorrow's War Menu

BREAKFAST Stewed Rhubarb W Wheat Biscuit LUNCHEON

Tomato Stuffed With Olives mato Stuffed With Mayonnaise Dressing Crackers DINNER

Cream of Corn Soup Broiled Bluefish New Potatoes Blueberry Pla Swiss Chard

Ladies' Shirt Waists Best quality; white



ladies', children's and men's hose. Sent Free by Parcel Post McPHILOMY'S, 1624 Market St.

NEXT TO STANLEY THEATRE OPEN EVENINGS Except Tuesday and Wednesday Lift Corns Out With Fingers Don't Hurt a Bit-



Few drops stop soreness, then the corn or callus shrivels and lifts off. Try it and see! No humbug!

It's Magic

This tiny bottle holds the wonder of wonders. It contains an almost magical drug called freezone. It is a compound made from ether.

Apply a few drops of this freezone upon a tender, aching corn or a hardened callus. Instantly the soreness disappears and shortly you will find the corn or callus so shriveled and loose that you just lift it off with the fingers. It doesn't hurt one particle.

doesn't hurt one particle.
You feel no pain or soreness when applying freezone or afterwards. It doesn't even irritate the skin.
Just ask in any drug store for a small bottle of freezone.
This will cost but a few cents, but will positively rid your poor, suffering feet of every hard corn, soft corn, or corn between the toes, or the tough calluses on bottom of feet. Genuine freezone bears the name of Edward Wesley Co., Cincinnati, O.



Hot Weather Means Danger For Your Baby

When in the stifling, still summer days the thermometer crawls up to 90 degrees and the baby lies listless in his little hot bed, or tosses restlessly about, then is the time, above all others, for you to be careful with your baby's food.

You know, too, that when you cannot nurse your baby any longer he must have milk in some form. Give him the food that is always safe, winter and summer

TOU MOTHERS-who are reading this, you know that cows' milk is no substitute for mother's milk. You know how hard it is to get cows' milk clean and pure. You know how hard it is to get the milk fresh enough-and even when you think that there are no germs in the milk-even then, that milk is hard to digest because of the curd-the hard, white, rubber-like curd.

But there is much that is good in milkmuch that your baby needs. So in Nestle's Food we take the pure milk of healthy cows and modify and change it so that it is the nearest thing to mother's milk. It is reduced to a dry powder and is put in air-tight cans. It can't sour or spoil.

All you do is to add a little cold water and boil. It is simple for you, and right for your baby. There are no extras no ice, no

cream, no sugar or milk, no lime watereverything your baby needs is already in Nestle's Food, except pure, fresh water.

O, in the hot summer days, when summer diarrhoea takes thousands of babies each year from mothers' arms, keep your baby safe. With Nestle's your baby will pass serenely through the hot and weary summer. With Nestle's your baby will gain weight as he should.

Send this coupon for a package of twelve feedings, so that you can keep your baby eafe in the hot weather. Send the coupon also for the big, free 96-page book by baby specialists telling you how to take care of your baby—and answering a thousand pus-niled questions.

NESTLE'S POOD COMPANY.

281 Woolworth Building, New Y Plane send me PREE your book trial package.

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