

Object to Smoking—Other Feminine Interests

WOMEN WHO HAVE NOT SWORN ALLEGIANCE TO NICOTINE

Many Still Old-Fashioned Enough to Object to the Odor of Tobacco While Lacking Courage to Express Their Opinions

WHERE are many women who smoke, but there are still many more who do not, and many of these latter are old-fashioned enough to object strenuously to the odor of tobacco in their house, in their own clothes, yet, with the exception of those determined females who bar their husbands from the house when they want to smoke, how many women ever have courage enough to voice their dislike when permission is asked of them to smoke?

A writer in the current number of Scribner's voices her opinion of smoking and confesses her own inconsistency in the matter.

She says of the men who smoke: "They are admirable, these men, but, incidentally, they smoke. With the whole of their miscellaneous hearts they love to puff their excellent cigar, and they have every reason to think that I like to have them do it. I tell them so.

"Exactly why I tell this particular lie is the problem for the moment. It is not because I am afraid that they will not marry me if I confess the truth, for I do not mean to marry these particular men. It is not because I want to make myself charming, for with all of them I am an old story, past spoiling. Nor am I unselfish about it, nor polite, nor benevolent. I am not terrorized and I do not lack conviction. I dislike the odor of tobacco as decidedly as I might deprecate the burning of rubber, or a glue factory in my presence; but I still smile my grateful assent whenever the subject is brought up.

"The gentlemen who smoke are, of course, never conscious of this general nature of their fumigation. An automobilist does not get his own dust. Neither does the smoker. He sits within the incense offering, and the clouds eddy around him, and up and out and over, enveloping the neighbors. It makes no particular difference which way he points, and I really have no suggestions to offer for his guidance, although I have applied



Vyvettes

A hat such as this certainly saves the eyes from the glare of the sun! my mind to all sorts of mechanical devices whereby the man behind the cigar may burn his own smoke. But none of these seem quite to satisfy. The smoking mortal is a social creature; he wishes to be in the midst of the friendly group, not seated aloof. "I find, in short, that right here is the heart of the matter for my concealment of my loathing of tobacco. Your true smoker is never half so easy to deal with as when he is nicely lighted and comfortably smoldering. It costs only half as much tact and two per cent. as much entertainment to run an evening's chat with his cigar as without it. "That, I think, is the reason why a man, by asking, can never tell whether or not a woman likes his pipe. . . . I therefore try serenely to love my friends, despite my sense of smell. And they will go through life convinced that I do not mind cigars, for I shall tell them so."

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those above being invited. It is understood that the editor does not necessarily endorse the sentiments expressed. All communications should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. How can an ivy or other vine be trained around a pillar or post?
2. How can a bathtub be freed of dust without washing it?
3. How can steel buckles be cleaned?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Cold caking simply means to scald or blanch, and cold dip all vegetables, to pack them uncooked and cook in the closed jar.
2. In bleaching, the product is left in the water for a longer period than in scalding.
3. Blanching is necessary for canning because it eliminates objectionable acids and acid flavors and makes it unnecessary to exhaust or use the intermittent process in canning, and also shrinks the product.

Substitute for Hot Irons

To the Editor of Woman's Page: Dear Madam—Perhaps some of our readers would like this suggestion. I have tried it and it simplifies my ironing very much. Take a piece of white cloth on which you can make a mark. When you wash your silk or linen handkerchiefs (alter them out when you will, on the cloth) they will be as smooth as when ironed. (Mrs.) G. O.

Broken Yolk Cannot Be Separated

To the Editor of Woman's Page: Dear Madam—Can you tell me how to get the white of an egg away from the yolk when it is broken? I tried to make some mayonnaise and some of the white got into the yolk, and I had to waste the egg. J. B. Once the yolk has broken it is not possible to separate it from the white; but through the yolk alone is supposed to make a better dressing, the white will not spoil if it is allowed to remain in. In fact, if you add all of the white it will aid in the stiffening of the dressing and will make meringue easier. If the white is allowed to remain on the shell, it is a good thing to leave the white in.

Suggestive Home-made Holders

To the Editor of Woman's Page: Dear Madam—Perhaps this would be of interest to your readers. The holders for pots and trays that I buy in the stores wear out so rapidly that I make my own now, and this is how I do it. I take an old worn-out bathing jersey and cut several squares, the size I want, and sew them together. I take them out of the other till I get the desired thickness and baste them together. Place them on the stove and let them dry. They are very nice and durable. With some old pieces will do—and cover the pad. With machine stitching around the corners and a tape to hang it up by, the result is a neat holder, just what you need. An increasing cleanliness in the kitchen. This kind of holder uses up old pieces, and if the corners are prettily decorated, it is of the kitchen. E. T. H.

Preserve in Glass

To the Editor of Woman's Page: Dear Madam—Can you tell me what sort of jar should be used for preserving strawberries and currants? (Mrs.) F. S. A. Fruits such as you describe should be preserved only in glass jars and will lose some. They are very acid and will lose color if canned in tin.

Save Jelly From Spilling

To the Editor of Woman's Page: Dear Madam—It is possible to save fruits which have begun to mold by treating them as follows: Wash the fruit in cold water, then in vinegar, and then in salt water. Dry the fruit in a clean cloth. The mold will be removed and the fruit will be preserved. An increasing cleanliness in the kitchen. This kind of holder uses up old pieces, and if the corners are prettily decorated, it is of the kitchen. E. T. H.

Cauliflower Soaked in Salt

To the Editor of Woman's Page: Dear Madam—Can you tell me how long cauliflower should be soaked in cold salt water before cooking? (Mrs.) J. A. Cauliflower should be soaked in cold salt water from three to six hours before placing in the pot.

Spot From Hairwood Floor

To the Editor of Woman's Page: Dear Madam—I have a dark blue taffeta dress and I have a spot on it. I have tried many ways of taking out spots which have come on it, still I cannot get rid of them. Will you kindly suggest a way of getting rid of them? (Mrs.) H. E. L. There are special ways of removing special kinds of spots. French chalk, for instance, sifted over a grease spot and allowed to remain on it for twelve to twenty-four hours will remove a spot made by oil, butter or machine grease. If French chalk or gasoline will not take the spot out of the taffeta you would do well to send it to a dry cleaner.

IN THE MOMENT'S MODES

Shetland Sweater With Angora Collar and Cuffs



Perhaps you have delayed acquiring a sweater until now. Perhaps you have been making last summer's garment do this summer's duty. In any event, if you want your sweater to conform to the very smartest idea in the mode you must have it finished with collar and cuffs of angora wool, with maybe a lower edge trimming band of the same material. White is more effective for this purpose than any color that you might select. This is true even when the body of the sweater is white. There is a certain softness about white angora that is lacking in any color of the same material. And when the sweater itself is of color the white collar and cuffs add a touch of character, of distinction, to its appearance. The sweater pictured in the adjoining sketch is of Shetland wool, in salmon color, with white angora collar and cuffs.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

In Disgrace MORNINGS are all the same. We fry something this time, but do the best you can with it. I don't think anybody will blame you whatever happens." When Miss Groarty saw it was me she said, "Why, hello, Patsy," I said, "Hello, teacher. Here I am, thank God." The children laughed and Miss Groarty said, "You must not talk like that, for it is wrong." I said, "All right, if you say so, but I don't see what wrong about it." Miss Groarty said, "You must not argue, Patsy."

THE GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this space will daily give advice on preventive medicine, but in no case will he take the risk of making diagnosis or of prescribing for ailments requiring personal treatment or drugs. Health questions will be promptly answered by personal letters to inquirers who inclose stamped envelopes for reply.

Flat Foot

abstemious life will reduce the pressure. The cause of the high blood pressure should be removed if possible. A physician should be promptly consulted. I am troubled with intestinal gas, chiefly in the morning. I do not eat much meat. Milk, oat eggs, etc. Some people are sensitized to milk and are not able to eat it. Eggs also, if eaten frequently, do not agree with many people. You should avoid all meat, milk, and eat eggs very sparingly and always soft cooked. The yolks are better than the whites. Your diet should consist chiefly of fruits, fresh green vegetables and cereals. Eat brown, graham and rye bread. Drink at least six glasses of water daily, between meals and in the evening. The right kind of food should result in three bowl movements daily.

Backache—Cloudy Urine

My husband complains of backache continually and his urine is not clear, but of a reddish color. What advice would you give? MRS. H. The patient should consult a physician with reference to the cause of the sediment. Your diet should consist chiefly of fruits, fresh green vegetables and cereals. Eat brown, graham and rye bread. Drink at least six glasses of water daily, between meals and in the evening. The right kind of food should result in three bowl movements daily.

Appendicitis

Does every case of appendicitis require operation? If not, what proportion of cases require operation? A simple catarrhal appendicitis is frequently cured without an operation, but at any time there may be a recurrence of the condition which may develop into an abscess and requires an operation. Many surgeons consider it proper to remove the appendix in every case of appendicitis in order to prevent further and more serious trouble. Mild cases of appendicitis, if chronic, may be cured by rest, free bowel action, a correct diet—no meats of any sort—and treatment of the colon for the cure of the colitis which exists in virtually all of these cases.

High Blood Pressure

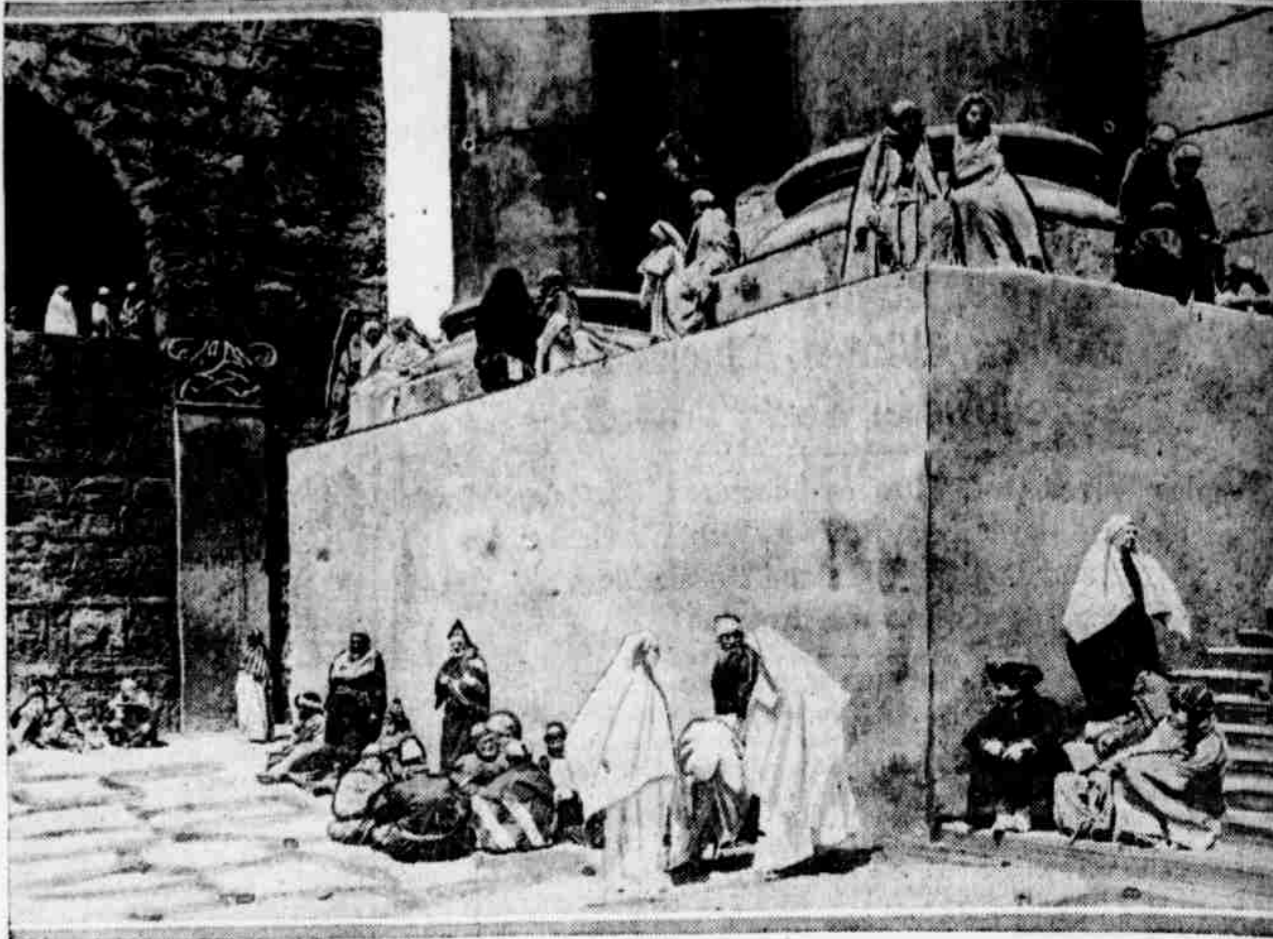
Is it serious for a woman forty-seven years of age to have a blood pressure of 187 X Y. Yes; the blood pressure should be about 120 at all ages. A strict diet and a very

THE CHEERFUL CHERUB

Although I cannot go to war— I'm far too small to do my bit— I'm just determined to assist And so I'll stay at home and knit.

THEATRICAL NEWS SEEN AT A GLANCE

"FLASHING-BACK" TO THE BIBLE



This imposing bit of architecture was built for "The Eternal Magdalene," a forthcoming Goldwyn feature, in which Maxine Elliott is starred and which will be seen at the Stanley during the new theatrical season.

A PAGE ABOUT THE PAGE

OF PURPLEST PUBLICITY Being a Warning to Philadelphians That the Crimson Comet of Press Agents Is About to Flare Over the Local Sky

"PAGE" is a name that suggests anything from Mistress Ann of that label to the book in which the bard imprisoned her, and from "The Marriage of Figaro" to the Bellevue-Stratford. What it doesn't suggest to the casual reader is an extremely interesting person who peddles publicity of such a wild and excessively readable nature that his own purple personality is buried beneath the Ossas of adjectives and Pelions of press matter created by his agile brain.

It was Mr. Page who exhorted a "nut" author and planned to put on his "poetic drama" with screaming ads reading, "Positively the worst play in the world!" He discovered that pleasing function, the formal sheep-shearing soiree in connection with "The Wanderer," and had pressed forward in the most suspiciously New Jersey origin imported from the Holy Land. In a word, Mr. Page is an imaginative and businesslike young man, who will probably offer this city some more amusing and melodramatic inducements to come to "The Wanderer."

THE "NOLLS" MUSINGS (This dialogue from Oliver Goldsmith's "Sheilob," which appeared in the first issue of the "NOLLS" in the title part, will be seen at the Stanley the first half of next week.) THERE is scarcely any virtue formed to resist the power of long and pleasing temptation. No situation, however wretched it seems, but has some sort of comfort attending it. The dullest fellows may learn to be comical for a night or two. Mortifications are often more painful than real calamities. In this life it appears that we cannot be entirely blest, but yet we may be completely miserable.

B. F. Keith's Theatre

Chestnut & Twelfth Sts. Mat. 25c and 50c Night 25c to 50c 2—SHOWS DAILY—2:00 COOLEST PLACE IN TOWN! Dressed in Alley Summer Costume Electrified by Immense Ice Plant Free Drinks at the Keith Bar and

WOODSIDE Philadelphia's Foremost Park

Philadelphians' Foremost Park Continued Success GIUSEPPE RODIA, Conductor SPECIAL ENGAGEMENT EDNA WALLACE KINNEY Philadelphia's Popular Contract FREE CONCERTS Afternoon & Evening Up-to-the-Minute Amusements Fireworks Every Friday Night Arcadia Ice Palace Widener Building South end of St. Mark's Short; Dorothy Toys. SEPTEMBER (Nocturnal do not announced) METROPOLITAN—The Wanderer.

VICTORIA Market above Ninth ALL NEXT WEEK First Presentation of the METRO SPECIAL PRODUCTION OF LUXE EMILY STEVENS Surpasses All Her Wonderful Successes of Screen and Stage in THE SLACKER The Great American Drama GLOBE IN HEART OF SHOPPING DISTRICT CONTINUOUS 11 A. M. to 11 P. M. 10c, 15c, 25c, 35c Beginning Next Monday Matinee THE POPULAR "STOCK" ACTRESS Emily Smiley and Company IN ONE-ACT COMEDY DRAMA Her Great Chance EDGAR WOLF Presents THE SCHOOL PLAY GROUNDS A Girlie Girl Act Full of Comedy, with ELMER BRENDEL & CO. CROSS KEYS THEATRE Market below 9th Street 10c to 25c EVENINGS 7 & 9 DAILY 10c, 20c, 25c MONDAY, TUESDAY and WEDNESDAY BEAUX AND BELLES A SINGING PRODUCTION OF MERIT THURSDAY, FRIDAY and SATURDAY A WONDERFUL MUSICAL COMEDY A MILLIONAIRE FOR A DAY A PRODUCTION WORTH WHILE NIXON'S GRAND BROAD AND MONTGOMERY Daily Mat. 10c; Evns. 7 & 9, 10c, 15c, 25c The Rising Generation VAUDEVILLE'S GREATEST PATRIOTIC APPEAL COTTER & BOULDER; 3 BARTOS WEST END AN ILLUSION JONATHAN CHARLES LEDERER FITZGERALD Zoological Gardens Open Every Day Admission 25c Children 10c O Rare Birds and Beasts STANLEY MARKET ABOVE 10TH Wallace Reid in "THE SQUAW-MAN'S SON" Coming—Earle in "Sept.—Goldwyn Pictures" PALACE 1214 MARKET STREET in "THE LITTLE AMERICAN" ARCADIA CHESTNUT BELOW 10TH BESSIE LOVE in "THE SAWDUST KING" REGENT MARKET BELOW 17TH Earle Williams in "THE STOLEN TREASURE" VICTORIA MARKET ABOVE 9TH Harold Lockwood in "THE HIDDEN SPRING" FISHING & surf bidden are fine at Boat Harbor, Reading, 51