CITTLE GIRL BEING TRAINED TO COQUETRY—OTHER ITEMS OF INTEREST TO WOMEN READER

EQUALITY, NOT INDEPENDENCE, BEING STRIVEN FOR BY WOMEN

Thus Mrs. Walter Maynard Declares in Answer to Mother Who Is Raising Her Daughter to Be a Heart-Smasher

THE modern girl's training, you say, is being modeled on the lines of he: brother's. Yet like a cry from the Orient comes the news that a woman in Kansas City is confining her little daughter's education solely to man-winning. Her only school is the school of coquetry, her ooks the social customs of various countries, her music the languorous lyrics of the East, her physical training that of the dancer and the poseuse.

THE mother of little Elva Diestelhorst, for that is her rather prosain name, declared in an interview published in the New Orleans Item, "The girl of good reeding, good family and fortune has to fight for her man against chorus girls, cabaret dancers, actresses, singers, ad-Venturesses, vampires and coquettes, and the only way she can overcome these competitors is to beat them at their own game. A girl who can dance a little more daringly than another girl, with attract tive grace, will touch the modern man's heart a good deal quicker than the girl merely knows history and algebra and the girl who can flirt her way to many conquests has a better chance of making an agreeable selection of a mate than the young woman who blushes when a strange man speaks to her. My daughter Elva is being educated upon this theory." And with this end in view the child is receiving daily instruction from

"There if only one career to which a is motherhood. There are restless souls drama-even politics. But these yearnings are, when they are analyzed, mere passing ambitions or vagrant outlets for the emotionalism that has not yet found its true' course-the desire for happy. contented motherhood.

"Fashions in girls have changed and the clinging-vine type of wife finds difficulty in finding anything sturdy to cling to. Today the ideal of the world is Girl-not the virtues of womanhood, or religious symbols, or great deeds of heroism, or valor, or mental superiority, but

"Today the young man seeks the girl nor correct his spelling, nor keep his ac- equality."



A fluffy pin-wheel feather ornament goes on each side of this hat.

counts. So what is the need of especial training along those lines?

To ALL of which the only logical reply seems to be that made by Mrs. Walter Maynard, of New York, who scored the girl should look forward when she is Kansas City matron's conception of girlyoung," says this unusual parent, "that hood and wifehood, saying: "It is like among the sex, I know, that yearn for to learn that a young girl of today is good. fame along other lines-art, literature, | being trained to become a wife of the kind who has only in mind the gratification of the husband's every wish. And to be told that the present-day man wants a mate of that type is looking back beyond two thousand years of progress to the time when the position that woman occupied in the household was a nominal . The retiring girl remains retired one. Woman has until later years occupied a perfectly illogical position in the world. She has not had an opportunity to make use of her powers and develop them until the present century. Now she is not striving for independence of man, as many believe, but for a position alongside him. And in the light of this new position her relation to her husband other men want, and looks upon her as a should be based on spiritual companionsporting proposition, making bets with ship. . . . In my opinion, the edu-

2. What length of time is required for

2. A call is not obligatory after attending

Uncle to Give Her Away

the aisle on the right side, offering you his left arm, through which you put your right

one. When you reach the altar the bride-groom and his best man come forward from the sacristy door, and your uncle steps back and the bridegroom offers you his left arm.

You then advance to where the priest i

you are to be married at a nuptial mass the bridesmaid and best man go back and kneel

in the front pew, while you and the bride-groom kneel on two prie-dieux which are placed inside the sanctuary. The priest or sexton of the church will tell you before

hand when to rise and go forward for the special prayers at a nuptial mass. After the ceremony you and your husband lead the way down the aisle and are followed by

the best man and bridesmaid. Your uncle

has simply to walk up with you, and having delivered you to the bridegroom steps back and goes into one of the pews until the

If, however, you have no bridesmaid and

your uncle is to take the part of best man.

he simply walks to the right side of the bridegroom after taking you up the alsle

and stands beside him during the ceremony

Do Not Encourage Strangers

Do Not Encourage Strangers

To the Editor of Woman's Page:

Dear Madam—I live in a suburb of the city and come into town every day on the same train. Several times I have noticed a real nice looking young man sitting on the other side of the car. One day last week I dropped my paper and he came over and picked it up for me. and I thanked him. Since then he has howed to me every morning and yesterday he came and sat in the seat with me and started to talk. He is real entertaining, and he asked to talk. He is real entertaining, and he asked to talk. He is real entertaining, and he asked to talk in toward for supper. I said no, and now I am sorry I did, for he seemed as if he meant no harm. When I meet him tomorrow do you think I could take back my decision?

You did well when you did not accept the

You did well when you did not accept the

turn the young man's bow, although it is not customary for a man to speak first, but it would have been better not to have en-couraged the conversation. Unless you meet

a man in the proper way it is always wiser not to pursue a chance acquaintance such

Perhaps you have some mutual friends and can through them obtain an introduc-tion. Otherwise, you had better not accept his invitations.

ny is over

which you take with your right.

himself as to his ability to hold her when cation of this child ignores everything he captures her. . . . My daughter that is worth while for womanhood and will never have to read, to her husband, ignores also woman's fight of years for

THE WOMAN'S EXCHANGE Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is uniterstood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

1. How can white organdic neckwear be it. What kind of cuffs and collar should be given the proper stiffness without the glossy worn with mourning garb?

2. How can articles of food that are to be

3. What kind of spoon should be used in

ANSWERS TO YESTERDAY'S INQUIRIES

1. Fruit is best for preserving purposes just

2. If the skins of plums are pricked in several places before cooking they will not burst.

3. Pared fruit will not turn dark if lemon Juice is squeezed over it while standing ex-

Cans for Canning To the Editor of Woman's Page:

Dear Madam—Will you piece tell me in you paper as soon as convenient how I can utilize lard cans and make them sirtight to can frui and vegetables, as I have a great many perfectly good and bright? MRS, ROOT. These cans may be used for the less acid fruits and vegetables. Sterilize them before putting in the fruit, then process in the usual way. They can be sealed with solder; to do this, set the cans level and wipe cans and caps clean and dry, as any foreign substance will interfere with perfect sealing Prepared nonacid flux, which can be pur-chased from any hardware dealer or plumber, is the most convenient form; this should be applied by hand to the under edge of the caps before they are placed on edge of the caps before they are placed on the cans. The paste will not flow as the liquid will and must be applied at the point where it is wanted. When the cap is in place the flux is where the solder meets the tin. If using the liquid flux, put the cap in place, dip a small brugh in the acid and, wipe quickly around the edge of the cap. Enough of the liquid will penetrate beneath the cap. Do not try to work without a well-tinned capper and tipper or the solder well-tinned capper and tipper or the solder will spread over the iron instead of staying where it is wanted at the joint of the can. steel is hot and you work quickly it will be comparatively easy. Glass jars, though, are much more satisfactory for the

Maryland Beaten Biscuit

To the Editor of Woman's Page; Dear Madam-Please publish a recipe for Maryland beaten blacuit. (Mrs.) H. K.

Rub one-fourth cupful of lard and one-half teaspoonful salt into one quart of flour and mix with one cupful of cold water until a stiff dough is formed. Knead ten min-utes, then beat hard with a biscuit beater or utes, then beat hard with a oscult over rolling pip, turning the mans over and over until it begins to blister and looks light and puffy, or until pulling off a piece will give forth a sharp snapping sound. When the dough is in this condition pull off short pieces with jerks and form into round biscuits. Then pinch off a bit from the top of each, turn the biscuit over and press it with the thumb, leaving a hollow in the middle. Arrange them some distance spart in the pans, prick them with a fork and bake twenty minutes in a quick oven.

Blackberry Brandy To the Editor of Woman's Page:

Dear Madam-Please tell me how to make large quantity of blackberry brandy. CONSTANT READER.

CONSTANT READER.

am giving you two recipes, both of hare given by the Scientific American pedia of Formulas. To ten gallons of theiry juice and twenty-five gallons of theiry juice and twenty-five gallons of cloves and oil of cinnamon, dissolved per cent slochol and twelve pounds amoral dissolved in six gallons of Dissolve the oils separately in one-pint of slochol (95 per cent) mix. to-the dissolved the quantity, (2) Four half the quantity, (2) Four plats

Free Canning and Drying Manuals for Housewives

READERS by sending this coupon and two-cent stamp for postage to the National Emergency Food Garden Commission, 210 Maryland Building, Washington, D. C., will receive FREE OF ANY CHARGE a primer on canning vegetables and fruits. Separate two cents postage will bring manual on drying.

will bring manual on drying.
Fill out the space below and mail,
as this is a part of the personal
service this paper aims to give its

Name City State

Canning..... Drying.....

THE GOOD HEALTH QUESTION BOX By DR. JOHN HARVEY KELLOGG

Having resolved to enjoy the heat of exert its low-speed control upon our cir-culation, let us see what we can do, or not season. They

culation, let us see what we can do, or not do, to keep cool.

We can often begin our day with the first light of dawn. By the time the sun is fairly up, many of our regular duties may be done, leaving the midday free.

And also much work can be put aside until cool evening hours. It is a mistake to have a "hard and fast" system whereby certain things must be done at just such a time though the skies fall. There are essentials, but the nonessentials are in the

time though the skies fall. There are essentials, but the nonessentials are in the majority and it is the nonessentials about which people are usually most rigid.

nmer time relax and do even neces sary things more leisurely and so save nerve energy and lessen the "wear and tear" of living. More sleep is needed in summer than in winter because of the relaxing and depressing effects of heat. Eight hours at least, should be allotted for sleep. If an hood and wifehood, saying: "It is like hour is lost at night, make it up by a nap hearing stories from the Arabian Nights before dinner. After-dinner eleeping is not

> No one need suffer from excessive heat, even in the hottest weather, unless com-pelled to endure exposure to the sun's rays. The neutral bath is a panacea for summer heat. In a bathtub with the water at a temperature of 90 to 34, one may defy the hottest of hot waves, and one may stay in weather measure:

The free perspiration induced by summe heat necessitates frequent, almost daily cleansing baths for which soap or soda is needed (a pound of washing soda in a tub-

Swimming is a most beneficial summer sport, one of the best of all forms of exercige.
A right selection of food is of highest im-

portance. Means and eggs are heating, fats lessen appetite and cause the condition commonly known as biliousness. The best foods are juicy fruits, fresh vegetables, cereals in moderation and a modicum of

good, but the seasonable fruits are especially healthful. The green, succulent vestables should be eaten at each meal. At least eight glasses of water should be taken daily. To satisfy one's thirst, water should be swallowed slowly. Cooled water should be swallowed slowly. Coblect water and cool fruit juices will quench thirst quite as well as the leed drinks of which most people are so fond and do not upset the direction.

For sedentary people the "two-meals-aday" plan is a sane rule in summer. At noon a fruit meal is often sufficient, with a good meal morning and evening. To avoid hearty eating, to drink plenty of pure water and to have three bowel movements daily are the most important requisites for

Avoid overexertion in hot weather, move slowly. In tropical countries everybody moves slowly. People who live in temperate climates get so used to the hustle and bustle to which cold weather is a natural excitant, that they forget to slow down in countries where hot weather prevails the year round. To conserve one's strength and endurance it is most wise to adopt a sum-mer gait in all sorts of activities. Even in conversation some persons of very sociable disposition may profit much by restraining ten; presence at the ten itself is equivalent to the propensity to talk, observing every day a period of absolute silence. Many women actually exhaust themselves by talking too 3. When two women become acquainted the older of the two should be the one to make the much and entering too earnestly into dis-cussions of questions of interest. A quiet hour every day is a good hot-weather practice.

Slow down, talk less, keep quiet, keep col. This is good hot-weather advice.

To the Editor of Woman's Page:
Dear Madam—As I am to be married very quistly in the Catholic Church and will be given in marriage by my usele. I would appreciate it if you would advise me what will be the duties of my uncle, also how we should stand at the altar. Do I cuter the church with my uncle.

A STEADY READER. Partial Nasal Obstruction Why is it so often a person can only breathe irough one nostril? Perhaps because the vomes bone, the par-Since you do not mention a bridal party ition of the nose, is bent toward one side I take it for granted you simply intend to have a bridesmaid and the best man. In this case the bridesmaid enters the church and obstructs the nostril or because there are enlargments in one nostril. Consult a nose and throat specialist. first, walking up the center of the aisle; you and your uncle should follow about four or five feet back of her. Your uncle walks up

Hearing Destroyed by Use of Quinine If the hearing be destroyed by the use of mulnine, can it be restored? JANE W. inine, can it be restored: Cases are rare in which hearing is actually destroyed by quinine. Sometimes quinine in large doses impairs the hearing. but at the present time physicians are sufacquainted with the possible evil effects of large doses of quinine so that it is very rarely used in such doses as to cause standing, the bridesmaid at your left and the best man at the bridegroom's right. If deafness. Probably the deafness referred to is really due to something else. Consuit a good ear specialist.

Hair Oil

LEWIS B. O. What is the best hair oil? The oil that the scalp makes is better than any other. At the root of each hair there is a little fat-secreting gland the business of which is to oil the hair. If the glands are inactive they may be stimulated. A good remedy is to massage the scalp with a little cold water. Dip the finger in cold water and rub the scalp vigorously for five minutes several times a day. The effect will be to stimulate the flow of blood through the scalp and cause the glands to secrete more oil. A very little vaseline may be applied if necessary.

Food for Child of Two Years What should be the food of a child two years Fruits, grains, a moderate allowance of pure cream and cow's milk and vegetable purees. Purees of spinach and other "greens" are particularly good.

(Copyright.)

THE CHEERFUL CHERUB I love to look in little children's eyes; They're pools of quiet in the citys din. It's strange to think their happy childhood world Is all around us

and we cant get

IN THE MOMENT'S MODES

Motor Coat of Palm Beach Cloth

Palm Beach cloth is being used in 0 the fashioning of motor coats. This is a new utilization of this fabric and one that gives result both practical and smart. There is nothing else strikingly new to 0 be found in the motor coats of continue roomy in size, with con-0 0 vertible collars, deep cuffs and wide, separate Some of belts. them have set-in sleeves, some show drop shoulders and others employ the raglan modeling. Today's illustration presents one of the new Palm Beach cloth motor coats trimmed with huge brown pearl buttons.

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

The Too-Unselfish Woman

She could not help but smile.

"I believe you are right!" she laughed.

(Convright, 1917, by the Bell Syndicate, Inc.)

Monday-"The Mistake and Its Price."

MRS. CHALMERS is a woman of unsually beautiful character. She married a young man whom I have not seen often, but who always appeared a good honest, hard-working sort of boy. Usually, she appears very that he is not pleasing you or making you



happy, but, when she came to see me not long ago, I knew at once that something was the

is nothing really serious," she said frankly, "nothing actually to worme, and yet it es vex me just a little. You know John-at least you strike you as a man with a sunny, kind disposition?"

"Why—yes." I said, after a moment's effection, "Yes, he did." "And he was," she said, "but I have begun to think that his temperament is He is so impatient of little changing. He is so impatient of little things; he comes home and frowns if din things; he comes nome and from the clock; he worries over the most foolish and trivial matters—and is annoyed if there is the slightest hitch in the household affairs. It's so unlike what he used to be that it grieves

me dreadfully." "Is he sick?" I asked. "No, he doesn't seem to be. He eat:

"No, he doesn't seem to be. He can't very well and sleeps all night without a break. I know that his business is in a good, healthy condition. I can't imagine what it is, Sometimes—" she hesitated and sighed—"sometimes, I really wonder whether he is not disappointed in me."
"Nonzense!" I said. "I tell you what to do. Invite me out to dinner soon, and let me make some observations."

she eagerly agreed, and I accepted an invitation for an early date.

John Chalmers was a polite man, and so he greeted me very cordially, but in a moment his face clouded. He glanced impatiently at the clock, although it still wanted five minutes to the appointed dinwanted two minutes to the appointed din-ner hour; he inquired if a certain errand he had asked his wife to do that day had received its proper attention; he looked critically at her dress and privately in-

formed her that there was a spot on her All through dinner there were little hints of irritation in his manner. The soup was a bit too co. I he complained, as he pushed

too well done, and so on, After dinner, we went up to her room.
"Well?" she said, plaintively. John had
not been really rude, but-I knew that he

had hurt her cruelly. "The matter with John," I told her " that you have been so unselfish with him that he now expects perfection. I see you are a wonderful housekeeper, that you are punctual to the minute that you live only in the thought of pleasing him and

only in the thought of pleasing him and making him happy—don't you?"
"Of course." Her sweet, flower-like face, her deep, true eyes and her tender mouth all answered for her, too. She is of the type which has no thought at all for self.
"What John needs." I went on, "is to learn that you are not Providence. Don't you see that he has gotten into the state of mind where he just lies back against your unselfishness your goodness and your reunselfishness your goodness and your re-liability? Mentally and spiritually, John is growing to be a slacker. You never re-prove him for his bad temper, do you?" She looked shocked.

"I have never even mentioned it to him," ere said. I laughed. "Dear girl," I continued, "the only diffi-culty is that you are wrapping your hus-band in moral cotton-wool. I don't sug-gest, for a minute, that you should try to

Cloud's Depilatory

Removes every trace of superfluir perfectly, and at once. \$1.00 PER BOX

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

The New Ribbon

colder than usual. I rode a while and ate some ice.

Once when he stopped I asked the man what time it was. He said, "Eight forty-five." I said, "Whereabouts is that to nine?" He said "Prettydamnear." So Rowdy and I hit the high places and got t school just as the lines were going in and I was not tardy, which was very good for me.

When it was nearly noon and Miss Grearly was asking me the name of a letter on the board just as if she didn't know it herself, which is a tricky way are has, she said, "Patay, you are very pale." I said, "That" funny, for I didn't wash my face this morning." She said, "Don't you feel well?" All the kida were laughing and I said, "No, ma'am." not very "She said, "What did you cat for breakfast?" Then I remembered that I had forgotten breakfast and I told her, "A piece of ice." She held up her hands and said, "Is that all?" I said, "Yes, ma'am." She said, "Nohody should eat a cold breakfast." I guess that was a joke, for they all laughed agrain. Then she said, "You may

of ice." She held up her hands and She "Is that all?" I said, "Yes, ma'am. She said, "Nobody should eat a cold breakfast." I guess that was a joke, for they all laughed again. Then she said, "You may go home, dear, and get you some food."

I went to the store and told the man that I wanted three nickels worth of food. He said, "What kind of food?" I said, "The kind people eat." He said, "All you eat is food." I said, "Is potatoes food?" He said, "Yes." I said, "Is pread food?" He said, "Yes." So I said, "Then give me a pickle and an apple and some cheese." I felt for my money and then remembered that I had laid it on the back step of the ice wagon. So I said, "For dat's sake" and went out of there in two jumpa. Luck was on my side, for I saw an ice wagon turn the corner three blocks away. It was out of sight when we got to that corner, but we ran another block and looked and there it was. So we caught it all right, which was lucky, only it was not the man and the wagon that I wanted. So I went over to the place where they make the ice and I sat there nearly all day waiting for my wagon to come. When it did come I said to the man. "Helio!" He said, "Helio!" I said, "How are you feeling today?" He said, "Like a buil moose. How are you feeling?" I said, "What's it to you? Did you find some money on your back step?" He looked auprrised and said, "How much money." I said, "A dollar and three nickels." He said, "Like a buil forgot "It and left it there when I was riding." He laughed and gave it to me and said, "You are some kid."

So I went and got the ribbon for my hair and then a man in a store door said,

So I went and got the ribbon for my hair and then a man in a store door said. "Little girl, I will give you a nickel if you go to the del'catessen around the corner and get me a ham sandwich with mustard and a sweet pickle." So I did and h did and then I went and got me a han sandwich with mustard and I don't know when anything tasted so good. and my father had gone and I brushed my

be selfish. What I mean is you should let John stand on his own reet. If he growts about dinner, show him that his appetite is capricious because he has grown accustomed to expecting perfect cooking, which is not always a possibility. Let him see that he is not pleasing you or making you happy. Remember, God expects us to carry our own burdens, but he does not want us to take away those which legitimately belong to others. I think, if I were you, I would find my self a little under the weather, in need of a change. Spend a week with Safe Milk Infants and Invalids HORLICK'S THE ORIGINAL would find myself a little under the weather, in need of a change. Spend a week with your sister, leaving John to his own de-vices, and you will discover a different man when you return. Be unselfish, but not too unselfish, in the future." MALTED MILK

Rich milk, malted grain, in powder form.
For infants, invalids and growing children.
Pure nutrition, upbuilding the whole body.
Invigorates nursing mothers and the aged.
More nutritious than tea, coffee, etc. Instantly prepared. Requires no cooking. Substitutes Cost YOU Same Price

The New Ribbon

My Father had eaten his pancakes M and gone to bed when I woke up and there wasn't any batter left except on Rowdy's nose, which made me think that Rowdy's nose, which made me and helped Rowdy got tired waiting for me and helped Rowdy grayed, "Dear God, hollered by thy name I am glad you made me a little girl and gather's pockets and got it took a dog, for where could a dog the ribbon? I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and that I caught the loce wason. I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty let me out and I am glad Miss Groarty

"FIRST AID," the next Patsy Kildare at venture, appears in tomorrow's Evening Ledge

Opportunity

Master of human destinies am I!

Fame, love and fortune on my footster Cities and fields I walk; I penetrate Deserts and seas remote, and passing by
Hovel and mart and palace—soon or late
I knock unbidden once at every gate!

"If sleeping, wake—if feasting, rise before If sleeping, wanted it teasting, the below I turn away. It is the hour of fate, And they who follow me reach every state Mortals desire, and conquer every foe Save death; but those who doubt or tate.

tate.
Condemned to failure, penury and wee,
Seek me in vain and uselessly implore,
I answer not, and I return no more!"
JOHN JAMES INGALLS

Tomorrow's War Menu BREAKFAST

Cantaloupe

Rice Waffles

LUNCHEON Stuffed Tomatoes

Gluten Bread Iced Tea

> DINNER Baked Beef's Liver

Riced Potatoes Creamed Onions Cucumber and Endive Salad Cake Coffee 1222 Walnut Street Final

> Sport and Tailored Suits were \$25.00 to \$65.00 \$12.50 to \$25

Clearance

Included are silk sport suits and our finest tailored cloth

Superfluous



The only treatment which will remove permanently all superfluous hair from the face, neck, arms or any part of the body, leaving no mark or blemish on the most delicate skin. No electric media, burning caustic or powders used. Originator. Sole owner and used exclusively by me,

Dr. Margaret Ruppert's Mi-Rita Beauty 1112 Chestnut St., Philadelphia, Ps. Suite 70-72-73, Est. 22 yrs. Phone Walnut 7031.

