der than usual. Figuratively, it met the Lady Glastonbury, a gray-haired woman with wise eyes, promptly emulated the est from Mons, and "saved the situation."

of course you'll stay with us, too, Capin Dalroy," she said with pleasant insistnce. "Like Irene, you must have lost everything, and need time to refit."

not accurate, because the station was

Dairoy murmured some platitude, lifted his hat, and only regained his composure after two narrow escapes from being run

newsboy tore past, shouting in the acular, "Great Stand by Sir John

pairoy was reminded of Smithy, and pairoy, and Corporal Bates. He saw again Ian Maertz waving a farewell from the qual at Ostend. He wondered how old Joos was

at Ostend. He wondered how old Joos was aring, and Leontine, and Monsieur Pochard, and the cure of Verviers.

Another boy scampered by. He carried a contents bill. Heavy black type ansounced that the British were "holding" on Kluck on the Marne. Dairoy's eyes kindled. His work lay there. When the boldier's task was ended he would come

CHAPTER XV "Carry On"

FTER a few delightful days in London. A Dalroy walked down Whitehall one morning to call at the War Office for ers. Irene went with him. He ex-ted to be packed off to France that very the two meant making the ut evening, so the two meant making the ut-most of the fast-speeding hours. The In-telligence Department had assimilated all information Dalroy could give, had it good, and had complimented him. a Bengal Lancer, whose regiment was presumably in India, he would probably be attached to some cavalry unit of the exbeditionary force; from being a hunted cutlaw, with a price on his head, he would be quietly absorbed by the military machine. Very smart he looked in his khaki and brown leather; Irene, who one short week earlier deemed sabots en cuir the eight of luxury, was dressed de rigueur for mcheon at the Savoy. Many eyes followed them as they crossed

Trafalgar Square and dodged the traffic Sowing around the base of King Charles's statue. An alert recruiting sergeant, slinching the argument, pointed out the tall, well-groomed officer to a lanky youth soul was almost afire with martial

"There y'are," he said, with emphatic thumb jerk, "that's wot the British army will make of you in a couple of months. an' just twig the sort o' girl you can sort out of the bunch. Cock yer eye at that, will you?"

Thus, all unconsciously, Irene started the great adventure for one of Kitchener's first half-million.

he was not kept waiting many minutes as ante-room. Dairoy reappeared, smil-ing mysteriously, yet, as Irene quickly saw, ot quite so content with life as when he tered those magic portals, wherein a man estles with an algebraical formula before

"Well," she inquired, "having picked your brains, are they going to court-martial you for being absent without leave?"
"I cross tonight," he said, leading her toward the Horse Guards' Parade. "It's lgium, not France. I'm on the staff. My ntment will appear in the gazette to

"And you'll wear a cap with a red band and a golden lion, and those ducky little red tabs on the collar! Come at once, and buy them! them! I refuse to lunch with you oth

rrow. That's fine, but I'd rather.

"A man must not wear the staff insignia

until he is gazetted," he reminded her.
"Oh!" She was pathetically disappointed. "But, in my case," he went on, ordered to travel in staff uniform, so, as I leave London at 7 o'clock-"You can certainly lunch in all your

Of course, it was pleasant to be on the ly Irene, if there is a degree surpassing that which is already superlative; but the fly in the continent of Dalroy's new career lay in the fact that the battle of the Alsne was just beginning, and every British heart the bed with the hope that the Teuton hordes might be chased back to the frontier as speedily as they had rushed on Paris Dairoy himself, an experienced soldier, though he had watched those grim columns pouring through the valley of the Meuse, yielded momentarily to the vision splendid. He longed to be there, taking part in the drive. Instead, he was being sent to Bel-gium, some shrewd head in the War Office having decided that his linguistic powers, joined to a recent first-hand knowledge of

loined to a recent first-hand knowledge or local conditions, would be far more profitably employed in Fianders than as a quadron leader in France.

Thus, when that day of mellow autumn had sped all too swiftly, and he had said his last good-by to Irene, it was to Dover he went, being ferried thence to Ostend in a festrover.

In those early weeks of the war all Eng-land was agog with the belief that Antwerp would prove a rankling thorn in the ribs of the Germans, while men in high places cherished the delusion that a flank attack was possible along the Ostend-Bruges-Brus-sels line.

But Dalroy was an eminently sane per-son. Two hours of clear thinking in the train established his poise. When the lieu-tenant commander in charge of the de-stroyer took him below in mid-Channel for

stroyer took him below in mid-Channel for a smoke and a drink and the talk turned on strategy, the soldier dispelled an alluring mirage with a breath of common sense.

"The scheme is nothing short of rank lunacy," he said. "We haven't the men. France can spare none of hers, and Beigium must be crushed when the big battalions meet. Germany has at least three millions in the field already. Paris has been saved by a miracle. By some other miracle we may check the onrush in France, but, if we start dividing our forces, even heaven won't help us."

"Surely you'll admit that we should strengthen the defense of Antwerp?" argued the sailor.

"I think it impracticable. Liege only held out until the new slege howitzers arrived. Na" rell at once. Why should we expect be impregnable?"

deemed the army pessimistic.

be impregnable?"
deemed the army pessimistic.
bu. s. actly a month later, the lieutenant
commander remembered that conversation.
and remarked to a friend that about the
middle of September he took to Ostend "a
chap on the Staff who seemed to know a
bit."

chap on the Staff who seemed to know a bit."

It is now a matter of historical fact when Yon Kluck and Sir John French began their famous race to the north, the Belgian army only escaped from Antwerp by the skin of its teeth. The city itself was occupied by the Germans on October 9, Bruges was entered on the 13th, Yon Bessier's army reached the coast on the 15th, and the British and Belgians were attacked on the line of the Yser next day.

Thus, fate decreed that Dalroy should witness the beginning and the end of Germany's shameless outrage on a peaceful and peace-loving country. On August 2, 1914, king Albert ruled over the most prosperous and contented small kingdom it. Europe Within eleven weeks he had become, as Brills Cammaerts finely puts it, "lord of a hundred fields and a few spires."

With the retreat of the Belgian army toward Dunkirk, and the return to England such portion of the ill-fated naval divisors duties coased. In his own and the

ADVICE TO THE HOME-BUILDER OF MODERATE MEANS

By VICTOR EBERHARD, B. Arch., R. A.



lonial type; a delicately modeled hood with trellis work on ers to cling and casts beautiful shadows. Of course, on rainy daysbut we stay inside then-so it doesn't matter, or else we are in such haste as to have no time things esthetic.

Porches

WE'VE been building porches on our houses ever since building began, so the porch and not only so, but we would make for ourselves still more outdoor space one may suppose that we will continue to include them in our plans for some time to come. But let us not look on a porch as a requirement to make a house look like a house or in order that it should be like its neighbors; let us, rather, think just why and where we would like to have the porch and then so design and place it to meet our particular purposes.

We wish our houses to look well and our designs and plans are made partly to that end, but more than this or any other con-sideration we design and build our houses to live in. During the warm summer months we like to spend much of our time in the open air, so if we have placed our porch open air, so if we have placed our porch with regard to a pleasant view and the proper exposure it will become during these months, an exceedingly pleasant outdoor living room. So we should consider the porch and not merely a means of decoration for the exterior.

matter of preference; unless it is combined with the main porch it should be serves only the purpose of affording a ittle protection to one standing at the door A projecting cornice or hood over the door will answer this purpose just as well.

Quite often, when the lot is narrow, it is found that from a consideration of ex-posure the best position for the porch is on the rear of the house, in which case the proper thing to do would be to put the porch on the rear, facing the back yard. But why should it overlook the back yard; why should it not overlook a cool, shady garden? A trellis overgrown with vines would comthe remainder of the yard could be planted

steamer to leave Ostend for England. He, at least, could have done so, though there were 60,000 frenzied people crowding the quays, and hundreds, if not thousands, of comparatively wealthy men offering fabu-lous sums for the use of any type of vessel would take them and their families to safety.

But, at the eleventh hour, Dalroy heard that a British Red Cross hospital party, which had extricated itself from the clutch of the mailed fist, was even then en route from Bruges to Ostend by way of Zee-brugge. Knowing they would be in dire need of help, he resolved to stay, though his action was quixotic, since no mercy would be shown him if he fell into the hands of the Germans. He took one precaution, therefore. Some service rendered to a tradesman had enabled him to buy a re-liable and speedy motor bicycle, on which, as a last resource, he might scurry to Dunkirk. His field service baggage was re-posing in a small hotel near the harbor. For all he can tell, it is reposing there yet; he never saw it again after he leaped into the saddle of the Ariel and sped through the cobbled streets which led to the north road along the coast. The hour was then about 6 o'clock on the evening of October 13.

A Beigian staff officer had assured him officer in charge.

As ever, the Briton made light the Germans could not possibly occupy Ostend until late next day. The Bel-gian army, though hopelessly outnumbered, had never been either disorganized nor outmaneuvered. The retreat to the Yser, if swift, was orderly, and the rear guard

could be trusted to follow its time table. Hece, before it was dark Dalroy determined to cover the sixteen miles to Zeebrugge. The hospital, which was convoying British and Belgian wounded, would travel thence by the quaint steam tramway which thence by the quaint steam tramway which links up the towns on the littoral. It might experience almost insuperable difficulties at Zeebrugge or Ostend, and he was one of the few aware of the actual time limit at disposal, while a field hospital bereft of transport is a peculiarly impotent organiza-

Road and rail ran almost parallel among the sand dunes. At various crossings he could ascertain whether or not any train had passed recently in the direction of Oshad passed recently in the alrection of oc-tend, thus making assurance doubly sure, though the stationmaster at the town terminus was positive that the next tram would not arrive until half past 7. Dairoy meant intercepting that tram at Blanken-

Naturally, the train was late in reaching the latter place, but the only practicable course was to wait there rather than risk missing it. A crowd of terrified, people gathered around the calm-eyed, quiet-man-

nered Briton and appealed for advice. Poor creatures! They imposed a cruel dilemma. On the one hand, it was monstrous to send a whole community flying for their lives along the Ostend road; on the other, he had witnessed the fate of Vise and Huy. Yet, by remaining in their homes they had some prospect of life and ultimate liberty, while their lot would be far worse the instant they were plunged into the panic and miseries of Ostend. So he comforted the unhappy folk as best he

At the first sign of

skin trouble apply

That bad patch is not necessarily a serious matter! Even in severe, well-established cases of eczema, ringworm or similar affections, Resinol Ointment and Resinol Soap usually relieve the itching at once and quickly overcome the trouble completely. How much more, then, can this simple, inexpensive treatment be relied on to dispel skin troubles in their earlier stages.

each side; entirely sufficient as an entrance porch. Trellis work is a happy motif to use. for two reasons: It affords a place for vines and flow-

A doorway of Co-

anyway for the contemplation of

When the exposure or other consideration makes it advisable to place the porch on the front of the house, we should do what we can to give it some privacy by removing it to one side away from the entrance door and having it open from the living room and by placing the house as far back from the street as possible.

When the lot is wide enough to allow it t is generally good to place the porch on the side of the house and opening from the lying room or dining room or from both. The porch, as is now often done, can be made into a most comfortable and sunny room for the winter by enclosing it wit sush and providing it with heat. When this is done, the sash should be so held in place that it can easily be removed in the sum-

Questions and Answers

How should a cement walk be made? B. S. C. The ground covered by the walk should excavated to a depth of about 15 inches Fill in 12 inches of this with cinders, on top one part Portland cement, two and one-hal parts of sand and five parts of crushed stone; over this, before it is set, run the finish coat 1 inch thick, made of one part cement to two parts of sand.

What height should a basement be made? Seven feet ordinarily is sufficient. This can be reduced to 6 feet if the furnace or boller is set in a pit one foot deep.

Wednesday-The Bathroom

might, though his heart was wrung with pity at sight of the common faith in the Red Cross brassard. Men, women and children were the badge indiscriminately. They regarded it as a shield against the Uhlan's lance! Most fortunately for that strip of Belgium, the policy of "frightfulness" was moderated once the country was overrun. So far as local occurrences have been permitted to become known, the coast towns have been spared the fate of those in the interior.

To Dairoy's great relief the incoming train from Zeebrugge brought the British hospital. There were four doctors, eight nurses and fifty-three wounded men, in-cluding a sergeant and ten privates of the Gordon Highlanders, who, like Bates, Smithle and the rest, had scrambled across Belgium after Mons.

The train offered an extraordinary spectacle. Soldiers and civilians were packed in it and on it. Men and women sat pre-carlously on the roofs of the ramshackle carriages, stood on the buffers and couplings or clung to door handles. Not even foothold was to be had for love or money on that train at Blankenberge.

Dalroy, who dared not let go his machine, contrived to get a word with the medical

troubles.
"We've had the time of our lives!" was the cheery comment. "After Mons we were left in a field hospital with a mixed crowd of British, French and Germans. Of course, we looked after all alike, and that saved our bacon, because even a German general had to try to behave decently when he found a thousand of his own men in our care. So he sent us to Brussels with a safe conduct, and from Brussels we were allowed to make for Ostend—had to leg it, though the legt twenty miles to the Belgian. allowed to make for Ostend—had to leg it, though, the last twenty miles to the Belgian outposts. Then we refitted and started for Bruges, where we've been at work in a convent for five weeks. The remnant of the Belgian army passed through Bruges yesterday and the day before, so we cleared out all possible cases and started away with the crocks early this morning. At the last minute we were hustled a bit by a Taube dropping bombs on the station. One bomb took from us a vanload of kit. We haven't a thing except the stretchers and what we're wearing."

what we're wearing."
"I'll ride on now, and meet you at Ostend." said Dalroy. He had not the heart to dampen the spirits of the party by telling them of the chaos awaiting them. Sufficient for the pext hour would be the evil thereof.
"I say, it's awfully good of you to take all this trouble," said the doctor.
"I've lost my job with the departure of our troops, so I had to find something to smiled the other.

CONCLUDED TOMORROW

THE GOOD HEALTH QUESTION BOX

EVENING LEDGER-PHILADELPHIA, MONDAY, JULY 23, 1917

By DR. JOHN HARVEY KELLOGG

ASMILE is to the body what sunshine A is to flowers. Under the influence of an atmosphere of smiles the body flourishes; every bodily function is promoted by the mental attitude associated with an honest smile. This is true both of the one who smiles and of those who are smiled upon. The effects of a smile, a real smile, the expression of a happy or benignant state of mind, are not confined to the face. Under its influence, all the bodily forces take on new life and energy. Lange, an eminent Danish physiologist, has demonstrated that joyful emotions heighten the activity of all the bodily functions. Under the influence of a cheerful mental state, the small arteries dilate and increase the blood small arteries dilate and increase the blood small arteries dilate and increase the blood supply to every bodily organ. The heart beats stronger, the brain thinks clearer, the

norning sunshine. So it's healthy to smile. It pays one to keep oneself in good smiling trim, so to speak, so that the smile is habitual. But one may smile effectively even if one does not feel altogether happy. Indeed, one may use the smile as a lever by which

lungs breathe deeper, the stomach secretes and digests better, the eyes brighten, the cheeks glow, the whole body prospers and

rejoices like a flower garden bathed in

to lift oneself out of a deep pit of gloon Grief, hopelessness, fear, apprehension all gloomy emotions, dry up the springs of life. They contract the bloodcells, shut off the blood supply of the organs, stop the secretions, so make the mouth dry and the tongue coated, destroy digestion, cause con-stipation, stop the flow of milk in a nursing

other; in fact, paralyze all the life func

disappointment he should smile as the best means of mitigating evils of the situation. By this means, one may at least prevent the evil physical effects upon his own body. A smile, even when forced, produces pro-found effects if persisted in. It is a fair psychologic question whether we smile be cause we are happy or are happy because we smile. It is probable that both proposi-tions are true. The smile "strikes in," so to speak. One cannot maintain a mental state of hopelessness and gloom while keep-ing a constant smile upon his face. The chases the gloom away, and as the cloud lifts, the fetters break and all the springs of life leap out with fresh vigor

A man out west who owns a \$10,000 hen told the writer that he always discharges a man who scolds the hens. He trains his men to speak cheerfully and gently to his hens, to smile at them. That is, the poultry man smiles, this makes the hens smile, and a smiling hen lays more eggs.

and force.

So it pays to smile. It's healthy to smile. There's good physiology as well as philosophy in the old adage, "Laugh and grow fat."

Distilled Water

Is distilled water as healthful for regular use as good well water or spring water?

MOTHER. Yes, it is not so palatable. That is the

only objection to it. If it is aerated, how-ever, it is all right. The benefit we get from water is not from the lime or the minerals that are in it.

Persons With High Blood Pressure Should Avoid Salt

Why is sait not good for one who has high blood pressure? G. S. For the reason that salt causes contrac-tion of the arteries and this increases the

Varicose Veins

What are varicose veins? ELDER. A diseased condition of the veins in which the walls of the vessels are weakened, giving rise to dilation.



HOWARD KETCHAM SOLE AGENT Eee this board before buying any other



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"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

Snuggling in the Sand

SEASON or two ago I was visiting with his body while a fourth tickled his toes as a dear little old lady from Ohio, who he struggled to break free. All were hys-A a dear little old lady from Ohio, who terical with laughter. had never been at the seaside before.

ing in horrified amazement at the familiarity between

them and the near-

ly naked men, who lifted them over the

their hands under

teach them how to

"Well, I never

saw anything so outrageous in my life," she finally ex-

presumably

breakers

taking little Eille away from me when

her indignation when the bathers left waves to take a sun bath on the sand.

"MA" SUNDAY

But it was a couple, half-sheltered by a shore umbrella, that particularly held my friend's shocked interest. She watched the romping bathing girls in their abbreviated skirts and sleeveless waists, her near-sighted eyes peer-

"Look at that girl over there," whispered, "the one with the black curls hanging all over her head. Well, only this morning I saw her on the hotel piazza just being introduced to the man who is not with her with his head in her lap." And sure enough it was true.

That night a few of us in the hotel learned the man had begged this girl to go away with him, although we found out later he already had a wife and child in a small town in the Middle West. The girl's mother overheard the conversation and made a

He had already left the hotel when came down to breakfast. I did not hold him wholly to blame. He had responded to the invitation which the girl's laxity of behavior had seemed to give. Her mother kept to her room in a misery of shame as the scandal sprend.

she was only a child, but now I see His infinite wisdom. Far better for her to be sleeping in the arms of her Heavenly Father than to chance the risk of growing up like one of those shampless greatures. The daughter tried to brazen it out, bu the beach episode which had been observed by a number of people lost her all sympathy, and she was either politely ignored or de-liberately cut by those who had been her former friends. Mother and daughter soon But this remark was mild compared to left the resort.

I keep wondering why the laws of our land are not made to protect girls who are They lay outstretched carelessly on the too foolish or careless to know how to take care of themselves. The so-called beach patrol, I am told, is more or less of a farce were engaged in burying a man in the sand, moothing and patting the sand down over

girls will permit liberti they put on a bathing

would resent under other eire The very inadequacy of the seems to suggest a certain lies to familiarity, and familiarity, as-

knew that their nakedness was an in the night of God, and hid then His presence among the trees of the "Unto Adam also and to his wife Lord God make coats of skins and them," is written in Genesia. This that the Lord's intent was to have that the Lord's intent was to have beings clothed from that time forth. Is a half-nakedness which is more than complete nudity, for it carries more alluring suggestion. Take heed lest disobey the spiritual essence of God's tent. See that you are properly clothed and that you conduct yourself with diswhen you go on the beach. Then take swim and come out and dress.

Copyright, 1917, by the Bell Syndicate Wednesday-"The Too Unselfish Women

Tomorrow's War Menu

BREAKFAST on Corn Flakes With Co Poached Eggs

LUNCHEON Shrimp and Potato Salad Bread and Butter

DINNER Boiled Beef With Horseradish Sauce Creamed Carrots New Peas Peach Whip Coffee

"Take Hold and Lift"

Words are empty thanks; and yet they're crowding us in honest effort to express appreciation of the magnificent support given us by the women of Philadelphia and wherever we have stores, in eliminating a costly, burdensome, unnecessary delivery service. It was a positive, tangible handicap to LOWER COST OF LIVING; and thoughtful housewives have accepted it in a practical, common-sense way. It shows a splendid "war-time" spirit and a determination to "Take Hold and Lift." We thank you.

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