IN THE WORLD OF FEMININITY-DAILY FASHION SUGGESTIONS-HOUSEHOLD ADVICE

GROWN-UPS FAIL TO REALIZE THAT CHILDREN ARE "ALL AGOG"

Many Parents Forget They Are Constantly Being Watched and Imitated, Then Wonder at the Sophistication Displayed by Offspring

ONE of the most common errors made by grown-ups, I believe, is their assumption that a child is not interested in their conversation and will not listen to them when they gossip. In just this very way children often pick up many bits of knowledge they could well dispense with. Haven't you frequently heard two or three women sitting around . room talking over the latest scandal, and when the six-year-old daughter of one of them appears stop for a moment until the mother cheerfully assures them "Dorothy lan't paying any attention to us," when the tongues resume their wigwagging?

NOTHING could be more eloquent than the remark interjected by the small daughter of an absent hostess when one visitor ventured to observe to another that the little girl was not "very p-r-e-t-t-y"; she said pertly, "No, but very s-m-a-r-t."

Older people forget sometimes that a child's world is small, his visiting list not extensive. So that the things immediately around him take on undue proportions in his eyes. He is always watching and studying his parents and other members of the household. The cook comes in for her share of attention, and many new ideas to the child are picked up in the kitchen. But, although he may listen attentively to below-stairs gossip, may drink in the words of wisdom .ssuing from the mouth of the cook or the chauffeur, his father and mother are to him as demigods, no less. He accepts as final had heard his father say when he found

every opinion they may express. It is always a rude awakening to a thy makes a remark far too sophisticated child, after spending the first years of his for her years she is probably merely echolife in the belief that his father is infaili- ing something she heard when her ble, to some day hear him make a state- mother's bridge club met at their house. ment he knows may be wrong. Realizing Remember that the child is taking you as this, he may begin to question much that his model. It behooves you, therefore, to has gone before.



Little feathers effectively placed to accentuate the lines of the hat.

WHEN the mother of a young hopeful heard the latter use a word that was proscribed, she was horrifled; could not imagine where Johnny could have heard such language! Yet, Johnny was only meaninglessly repeating something he the furnace fire out. And when little Doro-

keep a guard on your tongue.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only dud signed with the name of the writer. Special operies like these dress below are smalled. It is understood that the editor dues us in processful inderse the sentiment expressed. All communications for this department about be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Po.

TODAY'S INQUIRIES

L How can paraffin which has been used on 1. Can a skin lotion be made from straw-selly glasses be cleaned and made ready to use berries? 2. How can black ten be used as a hair tonic?

2. What is the easiest way to clean the bottoms of pans and hettles?

& How can a broom be made to last longer? parent?

ANSWERS TO SATURDAY INQUIRIES

1. The ginss stoppers of foliet lottles will not which if a little giver to is applied to them. the teeth white and free from tartar. 2. If a bedstead creaks, remove the slats and

wrap the ends in newspaper before replacing them. This will prove a silencer. 2. Mouth breathing can be corrected if small strips of court plaster are placed over the lips to keep them together.

Can it be used on blonde hair?

3. What is the best kind of pettireat to wear with thin skirfs to prevent their being trans-

1. Old lace, delicate handkerchiefs, etc., should be dipped into water in which rice has been boiled. This will starch them sufficiently, 3. A lotion composed of one-half ounce olive oil, twelve drops oil of nutmer, twelve drops of resemary, three drams tincture of cantharides will, if applied systematically, cause the eye-brows and lashes to graw. giving them a soft and dainty stiffness. To Make Jellied Salmon

To the Editor of Woman's Page: Dear Madam--Will you tell me how delled minon can be made? Also what kind of meat is sometimes used to make an initiation chicken maind? Sympathizes With "Lonesome Boy"

to the Editor of Woman's Page: To the Estion of Wanan's Page: Dear Madam-I note that 'Lonescine Box' has broken the ice and stated to the world a condition which to a stranaer in the vicinity of the Clip of Brotherly Love has been perplexing me to no Inconsiderable extent been perplexing. Many of us came to these perfs in reply to the call of your industries for infly. And were we marving a prison sentence we would have been about as much social life as well have been about set where note is convenient that, forced

Jellied salmon-Mix together one tea-spoonful salt, one-half teaspoonful each sugar and flour, one-half teaspoonful mustard, a little paprika, one tablespoonful melted butter, the yolks of two excs. well beaten, and one-quarter of a cupful of THE COOD HEALTH QUESTION BOX By DR. JOHN HARVEY KELLOGG

Swill not come to you unbidden. You must search for it in the great outdoors. You will find it in your garden-at the business end of a hoe handle. Do not spand time and money at sum-

mer resorts that will only disappoint you. The pot of gold does not lie at the other end of the rainbow, but at this end, in your garden And you will find health in the morning

cold showers. Begin now, If you are not already a cold-water enthusfast, do not begin with the water too cold. The first few mornings try it tepid. Then gradually make it cooler until you can take water direct from the pipe and enjoy it. A bathtub or even a wash bowl and a towel will do if you haven't a shower bath. A cool hir ath is worth something.

Health is also to be found along the conduide. Go on tramps. Carry your lunch with you and eat under a tree. As you walk, study the flowers. Learn

their names. Observe their hubits. Their companionship alone will rest the nerves and quiet the mind. And become acquainted with the birds Learn them by name. Know their notes

and where they nest. Take a vacation. Pitch your tent by some lake or woodland stream. Go to bed early and sleep as long as you can. Bathe in the gunshine. Let your skin take on the rich brown calor of health.

If you can't go on a vacation, take a vacation at home. Pitch a tent in your garden. Shep and eat your meals there.

Work half time in the office or the shap for a few weeks, and freshen up. The best thing you can do is to cultivate health. Health is a great assot in business New is the time to make a change if the dist. Nature is lavish in bestowing fruits, vegetables and grains upon us. Fathe green things from your garden. Learn that it is a joy to live by the swent of the

Health is a commodity. It can be bought But you can't get it for nothing. You have but you the price, and most provide can have as much health as they are willing to pay for. The price is self-denial and self-control. One must work for health as he would work for wealth. He must be willing to live biologically, scientifically, and by right living to cultivate health in-of disease.

Diabetic Coma

What is distence come? JANE. It is the accumulation of acid poison in the blood to such a degree as to produc comatose condition, a stupor that is often fatal

Extreme Sallowness

Why does extreme saliewness often cling to patient after a serious liness" A, W, H. It is generally due to an anomic state, but should disappear as the patient gets more blood and becomes more active.

Cow's Milk for the Baby Do you think a healthy baby a year and a alf old should be given more rows milk that ny other food?

No. At least half the child's food should be made up of whole grain cereals, ripe fruit, fruit juices and vegetable purces.

Fear and Worry What is your opinion of fear and worry as as worst cnemics of human beings as reards ar many allments PHILOSOPHER.

The work entities of many PHILOSOPHER, Fear or worry are not our worst encimies. Bad habits are the worst enem. There can be no question that fear and worry are very important factors in keeping people "down," and discouraging health. They may even cause discase, but it is a mistake to suppose that all disease is due to mental influence and may be cured by a charge in the mental state. No amount of op-timism will prevent a smoker from getting tabacco heart, or a toper from acquiring a rum bioasom or a gin Hyer. (Copyright.)

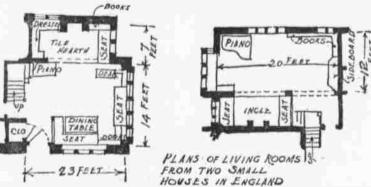
LIVING UP TO

(Copyright.)

IN THE MOMENT'S MODES



ADVICE TO THE HOME-BUILDER



It does not take much imagination to see that these rooms have more interest and are more livable than the small square or rectangular ones we generally plan in our houses. In the first plan the living room serves also as a dining room, the only other room on the same floor being the kitchen. In the second plan the dining room is separate Notice in both the roomy ingle, or ingle nook as we call it, the general roominess and the broken-up lines of the plan.

IN DESIGNING the small house we have, | tain the entrance hall, why should we no I besides making it meet the requirements of those who are to live in it, always the problem of cost; to obtain a house that will be everything that is needed, but which will not cost more than is absolutely necessary. With this thought in mind, we come to the designing of the different rooms of the bound Let us begin with the living room. enlarge the living room by throwing the dining room and living room together and retting aside a convenient alcove or recess in the living room as a dining space? This is entirely feasible. It is done quite often in English houses and also in many of our own buseless and also in many of our own bungalows and houses built for th Furnmer months house. Let us begin with the living room, as it is the most important.

The

In designing the living room let us think mostly of its size, its shape and its most necessary feature, the fireplace. If these things are well considered it will be a sucassembling of several small groups of people and also the forming of one general group. It should be adapted to entertaining, but cessful room without any necessary additional expense.

Questions and Answers

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

ground that passion is paramount, she will

be the readler to render her lips and her

body to any one who can appeal to her

Which is the most to blame, the mid

who has fallen or the writer of the book

which decoyed her to her ruin? I asked my-

self this question bitterly when I bard

Myrtle's story. For the poor sinner there

is repentance and forgiveness, but the

devils laugh a welcome around the death.

bed of the writer. Let no man put a stun-

bling block nor an occasion to fall in his

brother's way. The Bible says it would

have been better never to have been born

Habits grow by what they feed on The

heart that is attuned to God will become godly; the heart that is attuned to the world will become worldly. It is as bad to

give houseroom to a licentious book as to

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Wednesday-"The Girl Who Married a Cherk

Free Primers for Housewives

on Canning and Drying Food

READERS, by sending this coupon and 2-cent stamp for postage to the National Emergency Food Garden

Commission, 210 Maryland Building,

Washington, D. C., will receive FREE OF ANY CHARGE a primer

on canning and drying vegetables and fruits. Indicate which is de-

as this is a part of the personal service this paper aims to give its

Name

SAVE THE FRUIT CROP

Sold in convenient bags and carton

A nutritious food- a wel-

come dish—Currant Jelly.

A Franklin Sugar for every use

Granulated, Dainty Lumps, Pow-dered, Confectioners, Brown

Ceylon

Street

City..... State.....

Canning..... Drying.....

Fill out the space below and mail,

than to offend one of these little ones.

with sufficient eleverness.

licentious visitor.

sired.

readers.

The Sex Stories and What They Do

"YOU are mistaken. My name is not peem which excuses every excess on the ground that passion is paramount at the I had met the girl on a crowded street corner, but I caught hold of her arm resolutely.

"You know I am not mistaken." I said "What is the trouble? Why are get your own The tears rushed to her eyes and an hour later, in the shelter of my room.



accompanying

daisies.

She HAD seen it, "MA" SUNDAY and she had found the hideous mockery behind the lights that glitter. But it is not her story as a whole that is in my mind new-only one feature of it. Among the things which had given Myrtle the wrong viewpoint of life were the books and stories she had read.

A great many novels are published in these days which should be sold with a dis-infectant candle attached, and even then not all the germs of moral disease he destroyed. Many and many a time I have wanted to snatch such a book from the hands of a young girl I have seen read-ing it, perhaps in a street car, and cry aloud to her:

"My dear, you are taking poison !"

"My dear, you are taking poison." Satan himself is often transformed into an angel of light, and the Father of Lies knows cleverly how to hide his pitfalls for the unwary. One of his traps is called "Realism," and pure-minded girls read books which reok of the morals of the Tenderloin, because they are told that they must learn to know life as it really is. It is a lie, for the writers of such books only write the life that they know about—and write the life that they know about-and that is the life of the pit.

When an artist's model makes her living y posing undraped before a class of young en it is not strange that she should end in a life of shame; but it is strange and horrible that such a book should be con-sidered a masterpiece of literature. When a E. L. writer-a woman writer, too-spends three hundred pages of print in telling how every man and woman who are guests at a hou

man and woman who are guests at a mose party spend their time in making question-able appointments. It is small wonder if her girl readers expect similar experiatces. And if they are looking for such, they will find them, for Satan, you will remember, told God that he spent his time koing to and fro in the earth and walking up and down in it. down in It. If a girl reads in a magazine story that it is easy to escape the stigma of shame when the woman in the narrative faces such a situation, she will be the readler to yield herself to the first scoundrel who can

talk plausibly. After she reads an erotic Tomorrow's War Menu

BREAKFAST Stewed Prunes Hominy Grits With Cream Beef Hash on Toast Coffee Luncheon Vegetable Hash Fried Potatoes Tea Berries DINNER Filled Round Steak New Potatoes Poke Coffee Gelatin Iced Tea

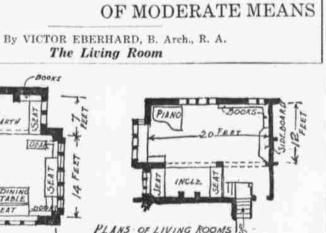
WASTE SPELLS WANT

In these troublous times every housewife may perform as important service as the soldier on the firing line. Stop the waste. Use economical food products.

TEA

because of its double strength gives double the cup

quantity. A saving of 50 per cent. on your tea bills.



6.1

vinegar. Pour this into three-quarters of of canned saimon, from which the bones and skin have been carefully removed. Cook until the eggs are done, remove from the fire and add three tablespoonfuls gelatin which has been dissolved in a little cold water. Place in a mold and chill.

Diced yeal is sometimes used in place of chicken

To Dry Beets To the Editor of Wuman's Pope:

To the Editor of Woman's Pope: Dear Madam-Phenas let me know through the Woman's Exclosure how to dry bests for the winter. I have heard this can be done material of canning. If the early group of beets is abundant, but jars or cans are not available, the sur-

plus young beets may be dried for winter use, according to Government experts, in the following way: Select young, quickly grown, tender beets,

wash, peel raw, slice about one-eighth inch thick and dry over a stove, before an elec-tric fan or in the sun. The dried product may be packed in paper cartons, in paraffined paper bags, baking powder cans or coffee cans or other containers which will exclude moisture and insects.

Gooseberry Dessert Recipe

Goosenerry States To the Editor of Womon's Pape: Dear Madum-Disase print a recipe for goose-berry jelly to serve as a dessert. Also, should water be used on polished Hopys' (Mrs.) C. L. T.

Chies) C. L. T. Geosseberry jelly—Mix together one cup-ful sugar and four cupfuls herries, add two quarts of water and simmer gently unfil the fruit is tender. Have ready two ounces of gelatin dissolved in cold water. Strain the hot fruit first over a cupful of sugar, then pour this mixture into the dis-solved gelatin; add enough offling water to make one quart and a half of the des-sert, pour into a moid and iet harden. To surve, turn out on a find dish and garniah

serve, turn out on a flat dish and garnish with whipped cream. Many houseksepers consider it injurious to their polished floors to put water on them more than once or twice a year. You will find if you wipe them thoroughly with a dry cloth two or three times weekly and vub way on them once every two weeks rub wax on them once every two weeks they will keep in good condition.

Wants Doll's Coach

To the Editor of Woman's Page: Dear Madam-Will you please ask your read-traif any of them could let me have a doll's coach for my little strl, who is three years M. L.

Butter Merger Procurable

Duriter merger frocurable To the Editor of Woman's Bage: Dear Madam—Will you please send me word where the tiny butter mersor may be pur-pered the information that with the aid of your a pound of huiter plus a plut of milk could be made to equal two pounds of huiter. I have tried at several of the stores, but they only carry small oburns. Tam a daily reader of the exchange and would like to thank you for much valuable and time-saving information I have found there. Likes P. J. VAN V. I am sending you a personal letter in

I am sending you a personal letter in regard to the merger of which you speak, Thank you so much for your appreciative

The Daily Salt Bath

the Editor of Woman's Page: bear Madam-Do you think it is injurious to o s sail bath every day-that is, to add sail the listis water? M. M.

b the nath water is considered very beneficial to the skin; it acts as a tonic. You will ind the ema sait which comes to large bags of the paracee much lass ex-

The fitting bound by the second second by the second bounded as outcasts and shinned by all except those who would make a similar actualization. We seem that the second by all except the second by all except the second by t

srind. New on much in and around Phila-it often it happens, as it due the other I was at Essington to see the races-Grounds. No Admittance. I have well as any member of the yachting but circumstances ate as well as any member of the yachting storaity, but circumstances keep me from sing myself, though it might be of value me some of these days. Oh! but that seme good angel could guide me to the hands of commental company! And I am by one lonearme soul among many in and out Philadelphia. _____ H. P. WILDER.

Park Acquaintances

Editor of Woman's Page:

To the failer of meaning ruge: Dear Madam-We are three girls and met three fellows last Sunday in the Park, and think they are very nine hoys. Could you answer this question for us? Do you think it is proper for us to call them dD, as we met them for the first time Sunday? THESE GIRLS.

THESE GIBLS. It was very wrong of you to pick an acquaintance with these boys without an introduction, as your letter implies, and you will be still more unwise to continue the friendship by calling them up. The boys may be nice, but you cannot be sure, and girls often store up much future trouble for themselves by doing this sort of thing.

Homesick Stranger

If it is to your advantage in a business way to remain in this city, by all means do so. Many people suffer from loneliness, but this is to be expected when making one's way in the world. I should think you go home every week-end. Make friends here; join a club, and you will soon be happier.

Lonely in a Crowd

To the Editor of Woman's Page:

To the Editor of Women's Page: Desg Madam-1 am a longly girl. I have lots of girl friends and she boy friends, but yet I with boy friends but I nover at so out a lo with boy friends but I nover at so out a lo with boy friends but I nover at so out a lo boy friends were were were there have auch silly ways and are not like A lorg have but shifts on the source of some me the boys were when she way a girl. Twish I could make the acquaintance of some boy. and when I read about 'L consents boy.' in the livering the day out think it would be all right, for I am as longeonie as ne. If you have bis address, please give him mine. Mark ETER. sorry, my dear young lady, that I give names and addresses in this

BILLY By ELIZABETH COOPER

XXXVII Dear Kate:

Is possible to have it otherwise, it shape, but be square or rectangular in shape, but should have one or two recesses or angles. There is a great charm in a room broken up in plan, where that slight feeling of mystery is given to it which arises when we cannot see the whole room from any one I can't write much, I am so nervous I am near crazy. The police are hot after Jim. and they haven't done a thing to me but give me the third degree twice. Once they had me up before the captain of the police point station here, and once they had me at the But to be able to have such a room it central office where the old man himself took a turn at me. I was there four hours, must be big, and not only should it be so to obtain an artistic effect; it will also give us a space in which we can live freely and and they done everything they could to make me tell short of putting me behind the bars. They promised me that they would see you got better time, but I knew comfortably. People who live in small houses are the same size and need as much room for their own confort is persons who live in large ones. We never think of making a small living room in a large house. that is only hot air, and they coaxed and bulled and tried to acare me for hours. I told them that it was on the level, I didn't know where he was. I said "yes"

a small living room in a large house, no let us have a large living room in a small house. We spend so much time in our living room it is worth while having it such a room as we will be happy to be in and which will also prove a real help to us in our work and pleasure. We should realize the influence which everyday surroundings have upon our characters, our conceptions, our thoughts and conduct, and then we should so make or help to make these surshould so make or help to make these sur-

Its plan should be such as to permit the

comfortable when occupied by a few.

fireplace should be so placed as to be the

But in order to obtain this big, fine room it is very certain that we cannot increase the size of the house. The cost is always more than we can pay anyhow, so what are we than we can pay anyoow, so what are we to do? In the first place, the stairs can be run from the living room, the front door en-tering directly into the living room or into a small vestibule. This throws the stair hall and living room into one. The stair That ain't all either. When I was just

That aim't all either. When I was just turning our corner the other night a man came out of Sweeney's saloon and handed me a note from Jim asking me to give the bearer fifty dollars. I had been expecting it so I went down in my sock and give it to him. I don't know who he was, but I was dead scared for fear that he'd been ASK FOR and GET Horlick's Don't worry, things will come right some way. They can't be much worse. I will write you all the news. The Original NAN. Malted Milk

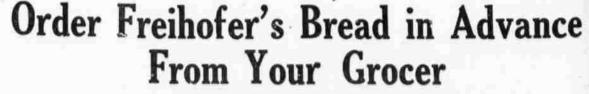
(CONTINUED TOMORROW) (Copyright. All rights reserved.)



What is the best kind of inexpensive floor that can be finished to look well? H. J. McL. Good No. 1 pine flooring of even width is inexpensive and can be made to look well. The next more expensive is oak in short lengths, or rift pine. will group the family or friends withou either the disconfort of being in a draft of in a line of passage. The windows should be placed with consideration as to the most placed with consideration of the state of the state of the state placed with the state of the st

Is building material still going up in price? J. H. C. Yes, things are still going up, but not juite so fast.

Is it safe to start to build a house in Sep-J. J. K. It is safe to start any time if your plans are well laid. Wednesday-The Fireplace,



India

The Council of National Defense, at Washington, has instructed all bakers to discontinue the longestablished trade practice of taking back unsold bread

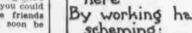
The bakeries have been supplying your grocer with extra bread each day. This was done so that the grocer would have plenty of bread on hand; so that you always could get your favorite loaf-whenever you called for it. Any bread left over was exchanged for fresh bread the following day.

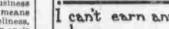
The Government's order, prohibiting the bakers from accepting returns, is part of the Food Administration's plan for conserving the wheat supply.

In consequence of this war-time requirement, your grocer will not have extra bread as heretofore. The grocer will get just the number of loaves each day for which he has a sale. But there need be no shortage of bread in your home. You can get all the bread you want-simply by co-operating with your grocer, by giving him your bread order in advance.

> FREIHOFER BAKING COMPANY Main Office: 20th & Indiana Ave.







By working hard or

can't buy motor cars

didn't know where he was. I said "yes" that I'd seen him, that he came to me but left the same tight. The Captain was rotten with me, and if it hadn't been for Tom Cassidy. I think he would a locked me up until Jim was found. But that great big cop stood up for me and said, "Oh, Captain, take my word for it, she is all right. She ain't lying. I watched her for years and she is on the level. The only thing to do is to watch her." He talked quite a lot with the Captain and they let me go, but I tell you setting four hours with a police captain who knows you and your people from the time they entered the ark, and who thinks you are entered the ark, and who thinks you are lying just because your relations are crooks, ain't à rest cure for nervous women. I can't dance worth a damn, and I am so fidgety that if I hear a door slam I go all to pieces.

roundings that they will aid the develop-ment in us of the best of which we are capable.

es an ornament and a pleasing feature becomes an ornament and a pleasing teatur, of the room, which it is capable of being and is placed in such a way that it does not cause draft or give a feeling of to much openness. But if we had rather re

Substitutes Cost YOU Same Price.

SU

