THE COMING WOMAN'S PLACE-WILL IT BE IN THE HOME OR IN THE SUN?

ICE CREAM A BOON WOMAN'S PLACE IS-IN THE SHOP? IN THE OFFICE?—ON THE FARM?

Government, While Calling Loudly Upon Women of Country, Murmurs Ancient Shibboleth. Yesterday's Scarcity of Fireworks

WOMAN'S place in in the home, yet-The Navy Department calls on women to do yeoman work.

The Department of Agriculture asks romen to reap and sow and to ald in a food co servation campaign.

Not only this, but the Treasury De partment gladly accepted the aid of women in selling Liberty Bonds. All this service for a Government

which denies them the right to have a

voice in its affairs!

And these are only a few instances, for individual concerns are employing more women every day. Railroads, telegraph companies, banking houses, factories, the heads of all large companies are recognizing the general efficiency of woman's work. Yet, although clamoring to employ them, admitting their ability, many em ployers are still holding them down to lower wages than those received by men for the same amount of work.

ROBERT Y. THOMAS, Jr., a Congress-man from Kentucky, in a speech before the House voiced the efforts of the National American Woman Suffrage Association to secure equal opportunities women in time of war, with equal pay. He said in part: "Two-thirds of the employes in the civil service could enlist in the army and their services would not be missed. Women who need the work could be employed to fill their places and would fill them as well or better than men. This is notably true in the stenographic and typewriting department. And yet the Government holds examinations for this service to which omen are not admitted. This is a rank

"Women are usually more industrious more faithful, more competent, more truthful and more dependable than men. and should at least be given an equal

"In other words, the Government, if it does not recognize the truth of Represenative Thomas's arguments, would appears to be defeating its own draft bill keeping these much-needed men out of the "big fight."

IT SEEMED to me yesterday, after next square with real guns—and to some real purpose!

t. If a vinegar jug is only partially filled with

It is said that if a pot of mignenette is

3, Oil of lavender is a good substitute for tronella in keeping mosquitoes away.

Suggestion for Picnic Luncheon

To the Editor of Woman's Page?
Dear Madam—I intend to invite a few girls.
about fourteen and sixteen years old, on a piculo heat fauturiny. I would appreciate it very much if you would publish an inexpensive and wholesome mean I could use for the day, also some amusements that we could enjoy that day, should we have a chaperon, as I myself am enly seventeen?

B. V. M.

venily seventeun?

Venil loaf is easily carried on an outing.

Also serve deviled eggs, cucumber and lettuce sandwiches, marmalade and nut sandwiches, olives, pickles, cream cheese, pound cake, fruit, home-made fudge or caramels and cream mints. If you have several vacuum bottles at your disposal you can carry hot coffee, chocolate or tea, or cold fruit punch.

fruit punch.

To make the veal loaf, buy three pounds of veal and put this, together with one-quarter of a pound of salt pork, through the meat chopper; add one cupful fine breadcrumbs, one tablespoonful butter, three beaten eggs to which a little cream has been added, one teaspoonful pepper, three-teaspoonfuls salt and two teaspoonfuls powdered sage. Mix thoroughly, form into a loaf and bake in a mold two and a half hours, basting with butter and water. When done remove from oven, let cool and keep in ice box until ready to pack for the plenic.

To make the deviled eggs, boll as many

To make the deviled eggs, boll as many as are needed until hard; when cold remove the shells, cut the eggs carefully in half.

scoop out the yolks without breaking the whites and rub them to a paste with a little clive oil, vinegar, mustard, paprika, sait to taste and a few drops of Tahasco sauce. Form the paste thus made into balls, put them back into the whites and fit the halves

together. Hold them together by running a toothpick through them. Wrap each egg in waxed paper. They can be eaten with mayonnaise if preferred.

mayoniaise if preferred.

The cucumber and lettuce sandwiches are made with whole-wheat bread, using cripp lettuce leaves and thin slices of cucumbers moistened with mayonnaise and seasoned with sait, paprika and onlon juice. Use blanched and chopped almonds and walnut meats mixed with orange marmalade and apread between thin slices of white bread or crackers for the marmalade and nut sandwiches.

of trackers for the marmalade and nut sandwiches.

I think that girls of the age you mention would probably enjoy more active games out of doors, such as baseball, bean bag, etc. Then there are a number of halsecing feats which are good fun to try. Have each girl stand on one foot with here was closed for sixty seconds; this sounds easy, but is almost impossible to do. Then make each one stand with feet together, hands atraight down at sides and eyes closed for three minutes. Also hop sixty times (slowly) on one foot without letting the heel of the foot touch the ground at all. For a sitting-down game play "the picnic basket," directions for which are given in Mary Dawson's Game Hook. Let all sit in a circis. One begins by saying, "Into the pinnic basket I put—a roast chicken"; the girl at her left then repeats this and to it her own contribution, as for instance. "Into the pinnic basket I put a roast chicken—and a dozen oranges." Each girl as her turn comes repeats this, adding to it her own contribution, and by the tims it has gone the rounds once it will be laughable to try to remember all the things.

You would be wiser to have a chaperon.

ne in through the window.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those pipes solow are invited. It is understood that the editor does not necessarily indores the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

ANSWERS TO TUESDAY'S INQUIRIES

If a vinegar jug is only partially filled with
negar, then filled to the brim with boiling face after exposure to the sun's rays a becoming
neer it will, when cool, be ready for use and

Vyvettes

One wouldn't think a hat divided as this one is could stand, but the

four divisions are held up by a bouquet, and the strap keeps the

hat "just so" on the head.

their "Fourth o' July," that this year's

happenings have been so impressed on

the young minds they grasped the signifi-

cance of the day as the younger genera-

tion has not done for considerably more

every available green, what more natural

it is due to them that many little boys-

their fingers and gouging out their eyes

for the sake of one day's heetic excite

Somehow, shooting off a bunch of

an feed ten gines when drinking from the

3. Neither very large nor very small hats should be worn by stout women if they are to appear at their best; one of medium size will not accentuate biguess.

Restful Colors for Bedroom

Dear Madam—Won a hedroom which has a ni color scheme for a hedroom which has a north ight only? The hed is oak, but I thought inight buy a new bed, as I have a white iresuing table. The floor is stained dark managany color. What kind of hampings would you surgest for summer, also for winter? What kind of bed covering is most in use?

(Mrs.) W. J. O.

Your room if done in rose and gray or rose with ivory would be restful and very pretty. If your bed has good lines—that is, if it is well made and plain, without much carving, you can, if you are skillful with a brush, paint it an ivory white. Sand-namer the cole was a superior of the cole

paper the oak stain off, then give the bed

plain white-striped dimity bedspreads are most practical. In the winter an old-fash-lened Marseilles spread of rose and white could be used.

Wear Gloves on Street

Gloves are usually carried in the hand.

suitable for morning wear when shopping. Who Should Order?

To the Editor of Woman's Page:
Doar Madam—If a girl goes with a man to a
cafe in the aftertoon, or evening for that matter, should be consult has as to what she would
like to order or should be just order what seems
to him a tasty dish:

The man should do the ordering, but he should first consult the girl as to her particular likes and dislikes in the matter of food. And if she has sny particular wish she may express it. But it does not look well for the girl to do the actual ordering.

Mother Will Not Let Her

Young Dogs for Adoption

K. Mrs. E. B. Z., B. K., L. E. B.,

A. Z., Mrs. William J. W., T. G.,

stand others—Your names and adliave been forwarded to the owner
three flogs, who will communicate

three flogs, who will communicate

circumstances you cite you should not.

Gasping Patients in Philadelphia Hospital Rely on Charity for Infrequent Luxury

IN TUBERCULOSIS WARD

In the woman's tuberculosis ward of the In the woman's tuberculosts ward of the Philadelphia Hospital Number Ten lay back among her pillows gasping weakly. Her eyes watched the clock. They were unnaturally bright and hollow. Feverishly they followed the dragging hands. It was Wednesday, and on Wednesday at 3 o'clock all the patients had ICE CREAM. After a while she began to cough, patiently, hopelessity.

A visitor appeared at the door, a friend A visitor appeared at the door, a friend of one of the patienta. She had a bug in her hand. Bighty pairs of eyes looked after her longingly. She had ice cream in that bag, for her sick friend, who might eat it right away. The rest who had no friends must wait until 3. Every second somebody coughed. The thermometer that hung in the decreasy crept up to eighty, eighty-two, then stopped. Outside freights shricked and shifted. The sky and the air were laden.

At last a nurse appeared at the door. But is had no tray filled with delectable little lakes. She looked at the amazed eyes a ninute then she spoke:

"There is no ice cream. Perhaps on Sat-urday" — her voice trailed away into silence.
"Why?" called Number Ten in her cracked, thin voice. The exertion made her

ough painfully.

The hospital has no money for luxuries."

Number Ten turned on her side, and the

"Saturday, perhaps," said the nurse again,
"Perhaps," echoed Number Ten honefully,
it seemed to her that a band of fire heid
her throat. She tried to think of something cool—snow, the dripping of spring
water over stones. The thermometer reg-

"Oh, well, Saturday," she whispered But here was a new patient in bed ten when

They do not stay very long in the tuber-ulosis ward of the Philadelphia Hospital With companies of men drilling on This scene has not come to pass in the Philadelphia Hospital, but it will very soon than that the youngsters should copy inless special contributions for the ice ream fund are forwarded to the Board of AND, while the business the grown-ups have at hand is serious and probably Health. "It is absolutely necessary," sa Dector Krusen, "that the patients shall ha ce cream during the summer months, s a wonderful boon to their feverish, so means the sacrifice of many, it may give them a certain grim satisfaction to know stantly irritated throats. When they have no appetite for anything else they will eat ice cream. We have approximately 225 men and eighty women in our tuberculosis wards. Of this number, fifty are in bed all the time. Pisture to yourself what it means to lie in a hot bed all day, sick, feverish and pitifully weak. The next time you are eating a sundae or lingering over a dish of lee cream remember the tuberculous ward and soud a contribution no mat. tantly irritated throats. When they have should be spent, in a realization of what it should stand for, instead of blowing off. is ward and send a contribution, no mat ter how small, to Harry M. Mace, Assistant Director of the Department of Fublic Health and Charities, Room 582, City Hall, so the patients can have ice cream at least three Chinese firecrackers seems to have lost its thrill when men are drilling in the

THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

THE mother should understand the in portance of keeping a careful record this purpose should be a part of the equip-9. When two knives are provided at dinner, a sliver knife and one with a steel blade, how can one determine which to use for fish and which for the most course? ment when preparing for the coming baby. The child should be weighed at least every week for the first six months. After the first six months, it is sufficient to weigh 8. What should be the position of the left hand when not to use at the table? the baby once every two weeks.

In case of illness, this chart is the phymician's best guide and will tell him more than the mother can possibly explain to him. Errors in the feeding of the enild will quickly cause a loss in weight, and as the llineases of the child are usually caused by incorrect feeding, the weight chart tells whether or not the food is agreeing with him. Any marked deviation in weight should receive attention at once. If the child is nursing, the mother should care-fully study and regulate her own diet, and 3. Women with full faces should not wear the small carrings, no these only exaggerate the try to correct the trouble in that way. It is a bottle-fed baby, the physician should be a bottle-fed baby. be consulted and such change made in the feeding as he may direct.

The best time to weigh the baby is im-mediately after the bath. He should be He should be wrapped in a dry blanket which has been previously weighed. If the same blanket is always used the weight of the blanket can be subtracted and the accurate weight of the child easily noted. It should be recorded at once, as the mother's memory is fallible, and an accurate record is important.

Superfluous Hair-Violet Ray

What will remove superfluous hair so it will obt return? What do you think of the violet ()AKLAND. ray?

Electrolysis is the best method for removing superfluous hair. The violet ray is a very useful method of treatment for certain conditions when prescribed and applied by an expert in that method of treatment. paper the oak stain off, then give the bed three coats of flat white-lead paint, followed by one (or more if needed) coat of ivery white enamel. Have the room papered in soft gray or ivery, whichever you decide on, plain but for an indistinct stripe or small figure. A large figure, or even a small figure, which stands out in relief is very bad in any room, but particularly in a bedroom. If your room is to have the gray, hang curtains of rose-figured swiss; if of ivery, use curtains of plain cream-colored sorim or cheeseloth for the summer. In the winter have side hangings of deeper rose cretonne; these, if used in summer, rather shut off the air. For summer the plain white-striped dimity bedspreads are

For Acid Stomach

What fruits and vegetables are beneficial for state of acidity and sour stomach cructations: Steamed figs, stewed prunes, prune purce, nears, raisin pulp and baked sweet apples are allowed in most cases of acid stomach. Purees of spinach, beans, carrots and pear ere also allowed. Foods which require much mustication should be avoided, as the chew-ing of food stimulates the secretion of acid in the stomach. A tablespoonful of olive oil taken before meals will decrease the acidity. You should consult a specialist in diseases of the stomach and have the diet prescribed to suit your particular condition.

Subnormal Body Temperature

To the Editor of Woman's Pape:
Dear Madam-Should one wear gloves in the street in summer? Also, is it good form to wear white aboes when shopping in the marning in a dark dress? Wint shoes should be worn?

GENEVIEVE. Some people in the best of health have a subnormal temperature and in such cases a subnormal temperature is, of course, normal. We think it would be well for you to take this question to the physician who even if they are not worn, but it is more correct to wear them. Silk, liste or other washable gloves are now considered as good form as kid ones. has treated you for tuberculosis Strictly speaking, white shoes are not appropriate for the city streets unless one is on the way to the country or to some en-tertainment. Black shoes or tan ones are

Boils

What is the cause of holls on a man's body, one after another, especially on the neck? If C. Bad habits of eating and unhygienic liv-

ing generally which causes constipation with autointoxication and a general pois-oned condition of the blood.

THE CHEERFUL CHERUB The sun goes down in gorgeous glory now. All afternoon I eagerly "await it. To the Hatter of Woman's Page:

Dear Madam—Is it proper for a young ripi to go canceling alone with a young man? I have been asked to go and my mether does not what have rost him several times and I am sure he is a gentleman. What shall I full ELIZABETH.

It is not a question of whether it is proper for you to go with the young man or not, so far as I can see. It seems more a question of obeying or disobeying your mother than of obeying or disobeying your mother. think it makes the sky look simply grand -I hope it knows that I appreciate it.

IN THE MOMENT'S MODES

The "Floppy" Sports Hat Is Very Popular



LIVING UP TO BILLY

By ELIZABETH COOPER

This powerful, human document, written in the form of letters to a young mother serving a term in prison, is one of the most gripping literary products of the twentieth century.

I have been house furnishing. No, not for myself, but for Charlie Haines who lives across the hall from me. He is an awful nice fellow and is working in the awful nice fellow and is working in the General Electric and doing real good. He told me he is getting seventy-five a month now and was going to get married to a little girl he has been engaged to a long time. Alice is going to the market herisalf, and I told them they ought to live for time, way off in Vermont where he used to live for the two of them, so they will save money. to live. We had a heart to heart talk, and I asked him all about her and found she was just a nice little girl who goes to Sunday school and teaches the girls and has never been farther away from home than Brattleboro, wherever that is. He thought of taking a bigger room and rooming for a while, but I told him not to be a ol, and not to board neither.

Take a little giri from the country that has always had something to do and put her in a room in a rooming house or a boarding house, and she would go crazy or get to chasing around with the lazy women who live in them places and if she was no a fine sort of girl you can't tell where sh would land A woman wants something t do, and then it ain't no life for a man to come home from work and have to chass out to a restaurant for his grub or down to a long table of folks. What he wants is to take off his coat and wash his face in the kitchen sink and put on a pair of stray stippers and set down smelling the beef steak and onlines frying in his own kitchen. And they can talk without a lot of people rubbering and after supper he can help her And they can talk without a lot of people rubbering and after supper he can help her wash the dishes, and water the geranium and then get in the morris chair and put his feet on the radiator or window sill and smoke and sing "Home Sweet Home." He fell for the stuff and got quite excited, but then he sort of shifted around and I tumbled to the fact that he haun't saved much money and didn't know how to get the furniture. I said, "Now, you just trust your aunt Nancy, we will buy it on the installment plan." I found out he had only about \$25 after he had payed their fare down here, cause her folks are poor, so I said, "Well, we will go look up a flat. Better get out a ways so you will get more for your money," and we found a pretty place at 207th street for \$20 a month. Four rooms and bath on the fifth floor and there ain't no elevator, but they are both strong so it won't hurt them to climb the stairs, and he will be so tickled to get home nights that he won't think about them. He wanted to furnish it and have it all ready when they come back, he is going up to get he and be finarried at her folks, but I put the hix on that, too. I said, "We will furnish the bedroom and the kitchen so as you can have a place to stay, but let her plck out the fancy things like the parior rug and the have a place to stay, but let her pick out the fancy things like the parlor rug and the dining room table. It will make it seem more like her own," and so he done everything I said.

They got back about five days ago and say, haven't we been the busy ladies? She is an awful nice little thing, has not got much sense and green—well, Kate. Believe me. we are the funniest looking pair. I guess she makes her own clothes and her hats—they must have been wished on her. But I like her and she is the happiest thing about the flat. She thinks it is the grandest place she ever seen. I was right about letting her pick her own things, as it has given her something to do, the first few days when she was kinda lonesome for her mother and little bit afraid of Charlie. We went to a place on 125th street and picked out the furniture, a real nice dining room table and a little sideboard, that looks like real mahogany, and six chairs. Got a center table and nifty rug for the parlor and a morris chair and a rocking chair, and much sense and green-well, Kate. Believe center table and nitty rug for the parior and a morris chair and a rocking chair, and got the bedroom furniture all white, and didn't we have fun buying kitchen things: We went to the ten-cent store and bought everything you ever heard of, from frying pans to egg beaters, and we packed them home in the subway, looking like immi-grants just landed. She got the grandest set of dishes, 100 pieces for \$3.95. Each



dish has got a wreath of pink roses around the edge and they would make even fried onlons smell like spring. I am going to help her make the curtains, cause lace ones don't look right in such a little place, and we bought some white stuff with dots in it for six cents a yard. I can come up mornings once in a while and say them.

flange of white satin.

Gee, it kinds made me feel all in that the

Goe, it kinds made me feel all in that the flat was not mine. When you come out, Kate, let us hire a flat, and you stay home and take care of Billy and do the cooking and I will hustle the dough. Wouldn't I just love to put my doorkey at night into a little place like they are in, and feel it was ours and so out in the kitchen and was ours, and go out in the kitchen and eat some Irish stew, and then set down and have a gablest with you over what we had all day?

done all day?

Well, maybe we will do it. Just want a thing bad and you will get it and I want a little place of our own some day and you and Hilly with me and no fear of the police. I am waiting to hear from you.

> Contricut. All rights reserved. (CONTINUED TOMORROW)

Tomorrow's War Menu

BREAKFAST Stewed Rhubarb Deviled Eggs on Toast Corn Muffins LUNCHEON Cream of Tomato Soup with Croutons elts Potato Salad Fried Smelts Biscuits DINNER Iced Tea

Baked Sea Bass New Potatoes with Parsley String Beans Shrimp Salad

Gooseberry Pia

"MA" SUNDAY'S INTIMATE TALKS

The wife of the famous evangelist discusses everyday topics in a helpful and wholesome way.

The Date at the "Movies"

see a travel film, but it was not the

picture that held

her attention. Sud-

denly a young gir

scat in front of her.

Next to her was a
young man. They
did not seem to
know each other.

After a few min-

utes he leaned over and whispered:

"MA" SUNDAY good to me.

She was a quiet-looking young thing, and my friend expected to see her administer the rebuke the fellow merited, but instead of that she smiled, and in ten minutes he had his arm around her, there in the darkness, and they had arranged to meet "in the small," that which was a proper to the small that was the small t

And back of them two girls were whis-pering with a man with sharp, furtive syes, who was promising them a "swell time"

"And say, what's your names and phone numbers?" he added.

It was an afternoon of a working day

but all around me were young men and women, lolling, sliding low down in the scats, squeezing one another's hands. In

that darkness, with the lazy, sensual music, my friend felt as though she had happened on to one of the devil's pet corners in helt. And it was only a little motion-picture

house, with quite pretty and decent scenes

Oh, girls: do you, can you think what you are doing? Would you want to see your mother in the darkness beside a

strange man, permitting him liberties— would you? AND YET YOU WILL BE MOTHERS SOME DAY! Do you want

your children to shudder as they think of

You may think that it is "no harm

But in a year of such actions as those I have mentioned you will have so loosened your moral fiber that you will no longer hear the voice of your own soul.

As my friend was leaving, after the lights had been turned up, she looked around upon those young faces, many of them flushed, with the greatest sorrow and grief. One girl, so young that she still wore her long hair in a braid down her back, appealed to her particularly. She was with a man much, much older than she, a man who kent a proprietary area.

she, a man who kept a proprietary arm about her waist as they moved up the

stand nearby, and my friend spoke to her.

"Child," she said, "does, your mother know that man? Would she want you to know him? Would she allow him, or any other man, to touch you—to hug you—as

She tried to brave it out, but in a mo-ment the sense of what she had been doing struck her, and she turned toward the door, almost running.

Her escort hurried after her, but he was

that stranger has been doing?"

that evening.

park" that night, "after ma goes to

AFRIEND of mine dropped into a little A motion-picture theatre in the outskirts Mothers, do you know where your daugh of one of our large cities not long ago. ters are when they are away

She is a very earnest Christian woman, with a keen sympathy for work among girls and a fine appreci-ation of their prob-Friday-'The Girl Who Married a Man 6 She attended to

> What to Buy, What Not, in City's Produce Markets

HERE is produce-market report of the food commission of Mayor's Home Defense Committee:

Abundant Group

Potatoes-Receipts of potatoes are much lighter. With recent heavy rains in the producing section pre-venting digging and the July Fourth holiday intervening, when virtually no potatoes were received, the con-sumer may look for a considerably reduced supply today. Spinach Rhubarb

Peas Beans Beets

Normal Group

Scallions Radishes

Romaine

Peppers

Oranges

Squash Gooseberries

Peaches are normal in supply now and becoming more plentiful because of heavier receipts from Georgia. The price may be expected to become more reasonable Parsley

Asparagus Cauliflower Cucumbers Celery Eggplants Lettuce Okra

Lemons Scarce Group

Cantaloupes Bananas Green Corn Pineapples Lima Beans Blackberries Tomatoes Raspberries Strawberries Huckleberries Watermelons Grapefruit

J. RUSSELL SMITH. Chairman Mayor's Food Commission

Time

ime has no flight-'tis we who speed The days and nights are but the same a

And felt the swiftly passing feet of mer THOMAS STEPHENS COLLIER.

Pleating-Hemstitching



LUIGI RIENZI 1714 Walnut Street

July Clean-up

Broken Lots of

Dresses, Suits and Wraps Unprecedented Sacrifice of Values

FINAL

Women's Separate Skirts......\$3.50 up

Shetland Pony Sweaters......\$6.50 up

MILLINERY All Hats in Stock, White and Colors, now \$5 and \$8 Furs Stored, Altered and Repaired



When the Baby Has Fever in Summer

Lighten his food at once. If you're nursing him, cut down the nursings. If you aren't nursing him, put him on the food which is the nearest thing in the world to mother's milk.

Of course, you know that you must nurse your baby just as long as you can. When you cannot nurse him any longer, then your big problem comes. What will you give him?

Nestlés Food

FOU WANT to give your baby cows' milk in some form, because you know I that in it is something that is like mother's milk. Nestlé's has found the way to give your baby the best that is in cows' milk-and none of its dangers of germs and indigestion.

You see Nestle's is milk with all the water taken out so that it comes to you in a dry powder, and it has every baby need added and every germ danger banished.

There is nothing mysterious about Nestle's Food. It is just Louis Fischer, M. D., famous baby specialist, says, in his book on babies, with reference the nearest thing to mother's book on babins, with reference to Summer diarrhoea:
"For a child 3to 5 months of age, give every 3th hours: Neatle's Food, 1th teaspoontule; rice water, 5 ounces. For an infant 6 to 9 months of age, give every 4 hours! Neatle's Food, 2 teaspoonfuls; rice water, 7 ounces." milk doctors and scientists have made. Nestle's is the pure milk of healthy cows. The sugar your baby needs is added, the malt and the baked wheat.

Then it is reduced to a powder and put in air-tight cans. In that form it reaches youjust as light, just as safe for your baby as your own milk. To Nestle's you add only cold water and boil. Nestle's does not sour, it will not spoil, it is always the same fresh, healthy food.

Join the millions of mothers who for half a century have given their big healthy babies Nestle's Food. Send this coupen today for the sample can of Nestle's Food, and our free Mother's Book, written by specialists, which answers thousands of questions about the care and feeding of your baby.

feeding of your baby.

NESTLE'S FOOD COMPANY.

281 Woolworth Bldg., New York Pitase send me FREE your back and trial package.