EVENING LEDGER-PHILADELPHIA, TUESDAY, JULY 3, 1917 THE PLAIN GIRL TURNED PRETTY-TIT-BITS OF INTEREST TO WOMEN OF ALL AGES WOMEN FLAG TRAINS LIVING UP TO BILLY THE UGLY DUCKLING KNOWS IN THE MOMENT'S MODES AT JERSEY CROSSINGS By ELIZABETH COOPER THE LAW OF COMPENSATION The Knitting Bag Is the Latest Style Accessory This powerful, human document, written in the form of letters to a Pennsylvania Railroad Employs Many Hopelessly Plain and Uninteresting Girls young mother serving a term in prison, is one of the most gripping literary products of the twentleth century. Half a Dozen on Shore Outstrip Their Comely Sisters in the Long Run. big . I bought him all new clothes and he XXXII Dear Kate: Billy is gone. He sailed away at 10 o'clock this morning. I went over to the boat with them and I didn't say nothing I don't think even Mrs. Smith knew how bad Line Love Sometimes Brings Self-Absorption LADY CONDUCTOR, RUMOR TT 18 only natural for every girl to Vyvettes want to be beautiful, and if she is not Company Preparing for Exigencies of don't think even Mrs. Smith knew how bad don't think even Mrs. Smith knew How not I feit. It seemed when I saw that boat pull-ing out that it was taking all the world with it. and as I stood on the dock watching Billy dressed in his little blue suit, his pretty gold die. The Smiths and Billy are the obly good things I ever had in my life, and it seemed at the last I couldn't ist them go. Even the or the sailing Mrs. Smith wanted me to go with them, and I feit at first I had to go, that I couldn't ist would not be playing the game. You do need me, don't you, Kate? I felt. It seemed when I saw that boat pull- and filled him up with here cream and candy born so she feels she has been cheated War When Men Are of her feminine birthright somehow. Yet Taken Away it seems to be the law of compensation that many girls not blessed from infancy with comeliness blossom forth and be come positively good looking with age. with their development comes polse which was lacking in their earlier Years. LAST week 1 came across a girl I had Rnown ten years ago. At that time she was-well-"heavy" is the only word to adequately describe her. She was ate? You won't be dead sore about Billy, will ou, and some day you will understand? I have just walked the streets all day. rather hopelessly plain, every one thought suffering doubly in contrast to her hand-I have just walked the streets all day. I have just walked the streets all day. I denit want to go up to the room, and I am writing this in Kelly's restaurant. I begin to work tomorrow night at the Cafe Boulevard, and perhaps when I am dancing I won't remember. You will be out in a few weeks and we will be together and have seein. You won't be sore at me, say ay, out and made Mrs. Smith mad, and I just up and gave him a good fat spanking where it did the most good and it helped a lot. If just can't whip him, but sometimes I set him down with a thud that jars his teeth. I don't know what I will do with him, as it an't good for him to live in one room, but I am so glad to have him that I ain't worrying much. er-eff write me a long letter Kate. I have been scared to see a post man come my way since I sent you the letter about Billy going away, but now, you sure can't be pore, and I will give the old man a good fat hug when I see him ambling up my some sisters. And this plainness was probably the reason for her extreme diffidence, amounting almost to stupidity. No one ever paid much attention to her. She was a "nice little thing, but -The other day I saw her. During these happy again. You won't be sore at me, say you won't, Kate? Oh, Kate, I wish things had been differ-ent, so we could have kept him. It is Hell years she has carefully studied her own defects, and so far as was possible cor rected them. She revealed a personality wholly unexpected. Her clothes were o be crooked, ain't it? Long drawn out affairs are not NAN The maid or matron who would b emart and in addition she had in some Yours, usually pleasant, but here is a hat decked out in ultra-smart style mysterious way contrived to become posithat is as long drawn out as possiwhen she goes a-calling must have fat hug when I see him ambling ble. Its length even accentuated by the very trimming! And yet it is XXXIII up my tively good looking. Where before she a knitting bag to complete her costume. This may be of the same material as one's frock or it may stalsway. Yours. Dear Kate: MISS DAISY E. WARD had been ignored, others now deferred to NAN. undoubtedly a very pleasant af-fair, indeed. Billy is back ! I don't know hardly how (Copyright, All rights reserved.) (CONTINUED THURSDAY) One could not help contrast I can tell you all about it, it don't seem real to me yet. Two days out from New York the ship that they was on run into another ship in a fog and everybody was saved exing her with her contemporaries at be of contrasting fabric; it may be an accessory distinctly separate, it Something is going to happen to the school, little girls whose fresh beauty little gray watchman's house in Newfield, Tomorrow's War Menu may match one's hat or it can serve as a trimming to a walking made them the center of attraction, but N. J .- nomething more exciting than any The girl who after she becomes en who in ten short years' time had grown stick. Two very effective models selected from the new knitting bags that are now being shown are those presented in the adjoinboom of an express that ever thundered gaged loses all interest in the uffairs of quite commonplace and uninteresting. Breakfast into space. those around her and has eyes and ears It's going to have lace curtains! Ask Mins Daisy E. Ward, the altogether unusual young trained nurse, who flew into the little house on the wings of wartime's emergencies and established in the twinkle One thought instantly of the ugly duck-Stewed Cherries Farina Coffee Graham Gems

T 18 interesting to note the effect on different people of the same emotions. Love, for instance. Falling in love gives others the effect is widely different. They become self-centered, shutting out completely the rest of the world. Of them it and his beloved."



A good way to utilize pieces of stale bread a revention given to a married con s to dry them or toast them slightly in a slow post two cards on the day of the affair even, then crush them with a railing pin and serve as a served with cream and succer and fruit if desired. They closely resemble sume of the prepared breakfast family, and have equal utritive value, in addition to being, obviously, less entensive. The suggestion is made by the

Youth Suffers Loneliness To the Editor of Woman's Page

3. An unmarried man, when unable to attend

ric glands, which produce hydrochloric old, the acid of the gastric julice. When his acid is present in too large quantity t causes spaces of the pylorus, the gate etween the stomach and the small in The presence of acid in the stomact

ing illustration. The upper bag

is of purple satin and silk brocade

with gold cord serving for the

loop handles. The lower model is of cretonne mounted on a walking

stick and adjusted with draw strings of black satin ribbon.

Models from James Methatcheon.

norms is closed so tightly that it does not open at the proper intervals, and the re-sult is that the food is retained in the

ulty is aggravated. Hot water drinking is highly useful in such causes by diluting the gastric juice. The heat tends to relax the pylorus, and

when the diluted juice reaches the intes-time the reflex produced is not so strong.

THE GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

cer in health questions. Dortor Keiling in this space will dully give addice on prevent mar, but in no case will be take the risk of making diagnares of or preventing for all sits requiring surgical breatment or drugs, drauble questions will be promptly an surged by permited letters to imprire who incluse standard entropy for reply.

Hot-Water Drinking in Hyperacidity of the Stomach

SOUTH stomach, or gastric hyperacidity, is or four times a day, a dictary adapted to hyperacidity due to the souring or formental hyperacidity or stomach ulcer must be

of food in the giomach. The excess in the stomach is almo result of excessive activity of the gas

causes the pylorus to open, but when the acid comes in contact with the muccus mem-brane of the small intestine, just below the stomach, a reflex action closes the pylorus. When acid is in escess, the py-

stomach far too long a time. The gastric glands are over stimulated and the excess of acid is accumulated. Thus the diffi-

A WORKING GIRL. the tracks at Newfield does not believe that part of her job is to live up to the time-henored traditions of keeping the flagman's fingernaits in a reasonable state of mournog, there's a manicure scissors and a file esting very close by.

This doesn't mean that dainty Miss Ward - for sha is dainty, a 5 o'clock tea could produce none sweeter-ban't living up to her

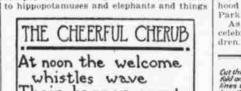
"Pardon me," she says, "while I flag this train," as she walks calmly across the tracks, apparently unflustered by the fact that freights and passenger expresses have been known to snoak up the back of un-suspecting flagmen with rather disastrous

Not only once, but all day long, from the

man and woman, looking just as natural as ever, with his curls around his face and his eyes a laughing just as if nothing I near went nutty, and made an awful fool of myself, but I was so tickled, I didn't

suppose it is wrong to be so glad as i am to have him back, and I feel so bad am to have him back, and I feel so bad about the Smiths that one minit I am cry-ing about them and the next minit I am hugging the life out of Billy to have him again. I got him up in the room and I will never let him out of my sight a minit if I can help it. I leave him with Myrile Wil-liams when I am at work and I hurry right home as soon as I am through. He just makes the such a high strong hoy it is all I can

Just chintz or something inexpensive and— Already the little gray house has seen simulating it never saw in all its born days. There's a bottle of sure-enough cologne in the corner, right where the "bacey" used to sit and because the lady who has to see that some seventy-five passenger and freight trains do not run into the hundreds of motors, wagons and walkers that cross the tracks at Newfield does not believe that mistake taking him up there, because if he had his way he would board with Miss Murphy and her baby. He seems to take





closely adhered to. Athletics for an Office Girl

What are the best athletics for an office gir o has intestinal was and poor circulation? Walking is the heat exercise. Try to

get in five miles overy day between get in two miles overy day between morning and hed time. Tennus and golf are particu-larly desirable athletics. Ball torsing is another fine exercise for the conditions mentioned. Any kind of athletics or exercise that appeals to one is beneficial. Eat the right kind of food and take a daily sponge bath or shower mornings, followed by a brisk rub with a coarse towel. Take two tablespoonfuls of mineral oil at time to keep the bowels

Operation for Removal of Tonsils

I am thinking of having my tangle removed, Would it be well to have them only partly removed? Will it epoil my value for staring? A. W. results. Your throat specialist will be th

ment the rays of heatening

care. in a bucket. After that she'll drawl a hit in an accent

going to keep from being melted away during the summer and being carried home

that she admits grew until a year ago up in Connecticut, and sandwiched in between the "ahs" that ought to be "ers" and the "ers" that ought to be "ahs" she'll tell you that they're going to be nice green shades

to keep out the sun just at present and after while, well, maybe-not lace-but just chintz or something inexpensive and-

while Lailroad's first flagwoman. She'll say no at first, then she'll blush just as she did today, when a slightly heated motorist, whom she had just snatched from the laws of an oncoming freight by means of bomparding him with a neat little sign that said "Stop" asked her how in had happened.

that said "Stop!" asked her how in name of all that was equal she was

ship in a fog and everybody was saved ex-cept eighteen people, and the Smiths was lost. An officer saw Billy and threw him in a hoat and the Smiths was put in another boat that was swamped. I read it in the papers first, and it said the Smiths was drawned and of course I thought Billy was with them, and I was near erazy because I thought it was all my fault. If I had not of viven him to the Smiths be would of an eye the name of being the Pennsyl-

not of given him to the Smiths, he would be alve still. I went down to the dock where the people who was brought in by the other boat landed, and one of the first persons I see was Billy, standing with a

Cheese and Lettuce Sandwiches Tea Crackers

Corn Pudding Vegetable Salad Popovers. Ginger Ice Cream Coffee

CAMDEN "SAFE AND SANE"

Luncheon

Dinner

New Peas

Ox Tall Soup

Will Be Patriotic Without Maiming Children

Tomorrow will be a real "Safe and Sane Fourth of July" in Camden. There are a number of neighborhood celebrations on

he calendar and these will furnish enterninment for the citizens. The Farragut Sportsmen's Association has planned for a big day at its club

iouse near Thirty-second street and the river front. Yacht racing, motorboat con-

tests and other aquatic sports will be in order during the day.

St. Joseph's Catholic Church in East Camlent will celebrate the day with a flag raising and athletic program. Neighbor-tood celebrations will be held in Whitman

Park and Fairview. As Mayor Ellis puts it. "Camden will celebrate the day without maining chil-

United States Department of Agriculture

onquitoes away?

S. In India bananas are always served in a with curried dishes.

Fourth of July Party

To the Editor of Woman's Page: Dear Nadam-1 want to give a dinner on Wodneday and have asked twelve guests diage and girls. Will you suggest a mean which may be prepared the day before? Also, how might I decorate the table in a proper manner for the day we are to celebrate? JUAN.

Unless this heat abates serve cold things rather than hot when possible. I think a buffet supper would be more enjoyable than a hot course dinner. This saves the serving and is far more informal. Have pellied con-somme and small salt crackers, lobster and chicken salad served on flat dishes, cold Virginia ham (sliced) and rasped rolls. A delicious fruit cup may be taken with this, composed of lemons, grape juice, cut oranges and pineapple, and occasional maraschino cherries and a few very solid strawberries; big official un with mineard state and be this filled up with mineral water and ice will make a light and cooling drink.

Place a bowl of white flowers in the cenof the table and tie red and blue ribbon tree of the table and the red and blue ribbon about it in a large graceful how. Place small candies wrapped to represent fire-crackers, flags and other patriotic things about the table and fill small cut glass dishes with red and white mints, having placed the dishes on blue mats cut out of treep paper. Fill some of these dishes with salted nuts, too.

After the consomme and saind, serve ice cream and light cakes. This will prove an ample amount of food and will probably be enjoyed far more than a long course dinner, which would cost a good deal and be a great bother to have prepared and served prop-

Apricots and Rice as Dessert

Apricols and Rice as Desert The Matage of Woman's Page The Matage Apricols and the set of the first the set of the set of the set of the set of the set the set of the set set of the set of th

Angel's Ambrosia

Editor of Woman's Page: * Editor of Woman's Page: * Madam I in sending you an easily real and e-our features related for interhalf box of grasted cochargut for ras allowd lengthwise, five or siz allows play-cut into pieces and a few cherries. Full with alternate inverse of these fruits and socanut, with supress of these fruits and socanut with supress between each, adding socanut hast. Before serving garantee with solf cream, sweetchert. JEAN L.

world, no parents no me to this country four years. Not knowing any one. I can with the refinement I desire due profession and my duties at I have not the opportunity I four to cettle down in my a new no girl. I cannot tak the the refer as a many take

Transport of a some in girl. I cannot take to a merel's solucation and have the history takes do. I an evel solucation and have the history three do. I and some heat and more. Unfortunated whose heats are sporte and drive. I and the history of the source of the sou

I am glad you wrote to me, if it helped I am glad you wrote to me, if it helped any, and I think that writing letters often does help a lot, don't you? As you say, there are a great many people in this world, but so few real people, and one does not always know where to look for these. But some time when you least expect it you will find just the person for whom you have here neeking. Write to me again, won't you?

Games for the Fourth

To the Editor of Woman's Page: Deer Madam - Please suggest some game be played by a company of all ages on Fourth of July. A number of contests were described in full in the EVENING LEDGER of Wednesday. June 17.

To Reach Valley Green

To the Editor of Woman's Paper. Dear Madam-Can you tell ma the cantest way to reach Valley Green, on the Wissenhickon, from the city?

the city? John the Wissahlekes, from JOHN du P. The easiest way to reach the spot is to take the train on the Chestnut Hill division of the Pennsylvania Railroad to St. Mar-tins station, then walk down Springfield ave-nue to the creek. But there are other ways of reaching this picturesque spot if you care to walk. You can take a trolley on Ridge avenue marked Manayunk, get off at the Falls bridge and walk up the creek. The distance is about six miles. Another way is to take the train to Allen lane, then walk down to the Allen lane bridge and up the creek. Or take the trolley car to Roxbor-ough and walk down from there.

Proper Way to Hang Bunting

To the Editor of Woman's Page: Dear Madam-Will you please inform me which is the correct way to hang hunting; red at the top or blue? [Mrs.) CHAS, E. The red is usually placed at the top.

Historical Places in Philadelphia

Dear Madam Please name some of the points Dear Madam Please name some of the points I bletarical interest in Philadelphia besides andependence Hall and the Besty Ross house, not where they are located. (Mrs.) C. L.

Integration of Moths
Texner, and minimum in the principal base in the

and so the tightly, and thus relief is afforded.

The best time for drinking hot water is about four hours after rating. At this time the normal stomach will be empty. though in cases of hyperacidity there will still remain in the stomach a considerable quantity of highly acid material. The quantity of water taken should be two or three glasses, or a pint to a pint

and a The effect of water taken in this way is uite different from water taken at meals

which is injurious, having the effect to increase the acidity tas pointed out by Paviow many years ago). In cases of extreme acidity, especially when there may be suspicion of the pres-ence of stomach or intestinal ulcer, it is well to add to the hot water half a teasponnful of bicarbonate of soda to neutralize the stomach acid. The soda should be used only when the hot water alone is found naufficient to afford relief.

It should be added that hot water drinking will not alone cure hyperacidity. Con-stipation, which is always present, must he relieved (the bowels must move three

Two Killed, Many Hurt by Car

AKRON, O., July 3.-Two women were killed and a dozen persons injured when a street car ran away in the business seca street car ran as as in business are tion at noon today. At Howard and Mar-ket streets, the city's busiest corner, a car headed up the hill got beyond control and rolled back. It jumped the track and crashed into a crowd. Mrs. Lee R. Lynn and an unidentified woman were crushed and an unidentified woman were crus to death between the car and a building

TODAY'S MARRIAGE LICENSES

TODAY'S MARRIAGE LICENSES
George N. ⁵Neff, 2329 N. Feirbill st., and Charlotte De Vore, 2118 E. Dauphin st., Paul Hashern, 1122 Columbia ave., and Olico Bpitzer, 2438 N. 29th st.
Lewis Lotton, Huilt Rodman st., and Pressie Webster, 1004 Rodman st., and Pressie Webster, 1004 Rodman st., and Pressie Ott, Rt. Louis, Mc. R. Celeral St.
Christer, Mayer, 609 N. 35d st., and Irens Ott, Rt. Louis, Mc. R. Celeral St.
Curt J. Polsko M. 2018 S. Garnett st. and Merizelina Gagliary, 1434 et., and Heisen Lin-tensh A. Prakton, 2038 S. Garnett st. and Merizelina Gagliary, 1434 et., and Heisen Lin-tensh A. Prakton, 2038 S. Garnett st. and Marie J. Arnold, 1800 Path St.
Hran E. Kleinhans, Hecktown, Pa., and Mary E. Weise, Hecktown, Pa.
Pranklin R. Frahner, 2003 N. Front st., and Boesie Miner, 2841 N. Mascher st.
Benjamin Horwitz, 651 N. Th st., and Mary Kapilo, 1338 N 6th at:
Benjamin Horwitz, 651 N. Th st., and Kary Kapilo, 1348 N 96th at.
Benjamin Horwitz, 8548 King st., and Chara Juzzer, 5555 N. Phillip st.
Michael Rapager, 8169 Marmer st., and Madeline Trainer, Birafford, 3456 King st., and Lullie Williams, 1138 Harmer st.
Michael Rapager, 810 Mounitain st., and Madeline Trainer IBir Germantowa ave.;
Charles W. Gretzinger, 4827 Sheidon st., and Berthe C. Rhoader, 1535 Briestol st., and Berther C. Rhoader, 1535 Briestol st., and Berther C. Rhoader, 1535 Briestol st., and Berther C. Rhoader, 1535 Briestol st., and Madeline Trainer, Hill Germantowa ave.;
Market C. Rhoader, 1535 Briestol st., and Mary Berther, C. Rhoader, 1535 Briestol st., and Mary C. W. Pendinger, Miner, Heiner and Mary E.
Kamuel Ayllur, Niesser, Heiner and Mary E.
Kanthard Miner, Briestol st., and Kamiy C. W. Pendinger St., Stell Bender, 1535 Briestol st., and Mary C. W. Pendinger St.

Stanual Ayling, Nicetown Isne, and Knily Kline, Nicetown Isne, and Knily Loo D. Jones, 2344 Myritewood st., and Emily C. Breig, 1016 Orden st. George N. Frankas, Bristol. Fs., and Anna Barbero, 230 S. 11th at Benjamin Ryweck, 1932 N. Patton st. and Janet Jaffie, 523 Buitonwood st. Harry H. Pforcht, Bridesburg, and Margaret Harry H. Pforcht, Bridesburg, and Margaret Barter, M. Tacony.

moment the rays of heatening sun begin to make her nove peel at 6:30 in the morn-ing to the dark of the night, when she must exchange her simple little circular sign for a flaming red lantern that tells wayfarers that trains bent on speed are decide about the operation on the tonsils. Pollow his advice. The removal of any dis-eased or injured tissues in the throat and nose should improve the singing voice. sweeping through the night, does she carry

Cure for Stomach Catarrh

Vocal Cord Paralyzed

(Convright.)

HERE is produce-market report of the food commission of Mayor's

Abundant Group

creased supply. The embargo which was placed by the railroad company

on the receipt of potatoes for New York overloaded first the Philadel-

phia market, leading to an embargo

here, and then the Boston and north New Jersey markets.

caused the farmers of the Eastern Shore of Virginia and Maryland,

where virtually all the potatoes are now coming from, to stop digging. As the supply here from last week clears up, the decreased supply may be expected to make itself felt.

Normal Group

Scarce Group

Cantaloupes J. RUSSELL SMITH

Chairman Mayor's Food Co

Spinach

Rhubarb

Scallions

Radishe:

Paraley

Romaine

Peppers

Oranges

Lemons

Squash Gooseberries

Pineapples

Blackberries

Raspberries Huckleberries

Grapefruit

Peaches

Onions

This

in City's Produce Markets

What to Buy, What Not,

Home Defense Committee:

cover in due time.

low his advice.

ern

Peas

Beans

Beets

Kale

Carrots

Asparagus

Cauliflower

Cocumbers

Celery Eggplants

Garlic

Okra

Lettuce

Bananas

Green Corn

Lima Beans

Comatoes Strawberries Watermelons

Cabbage

on this performance. Her day's work is done at 9 at night. There's no full-crew law about Miss Ward's job. Is there a cure for stomach estarth? The H.A.L. Stomach catarrh is an obstinate disorder

Between trains, with one eye on the sig-nals to the right and the other to the left to cure, and it requires the following of a careful diet and other bygienic measures for a long time. If you continue to follow of her, with an ear on the track and an-other on the road, she admitted she liked her job. your doctor's advice you will undoubtedly

In another similar bull in activity she admitted that hers was a joint motive in blazing a wartime trail.

The yield cord on one side of the threat paralyzed and there is a growth on the ther side. What kind of treatment would elp? "First," she said, flecking bits of cinders from her trim blue-striped dress, "it's for from her frim blue-striped dress, it's for mother's sake. I had to give up trained nursing, which I stuck to until a year ago, just to keep near mother. I must be with her at night. In giving up my nursing I gave up a very dear hope-that of joining the Red Cross-excuse me, did you think The throat specialist who carefully examines you is the only one who is compe-tent to advise you about treatment. Fol-

the feed cross—excuse me, and you think you heard a train?—and so I wanted to serve in some way." Miss Ward looked all about her; her eyes dwich particularly on the stretch of four tracks across.

"This is my way of doing my bit," she added herefty, "and I hope it will give other girls the courage to follow my example. The money isn't bad that I get, and I'm satisfied with the experiment."

"I never liked trains." Miss Ward said "the most I had to do with them was tak-ing patients up and down from Florida. Now I have them all day-oven for lunch Potatoes continue plentiful and about the same in price, which is comparatively low. This is likely to change very soon because of deand supper.'

Miss Ward spoke the truth. Even at mealtime she may not run away from her job. Neat little trays are served in the tiny gray house, and the things on them are downed to the orchestration of chugs and booms.

"But I don't mind," was the final remark m the ultra-refined girl who has taken

this job that belonged to one who was pro-muted to the rank of section hand. And just to show that a lot more young ladies feel the same way about it, three ladies feel the same way about it, three more women volunteered for similar jobs to hers yesterday. They were placed at the Waterford crossing. This makes five women in all on the seashore line who are preventing trains and humans from argu-ing about the right of way in the middle of the track. All of the women are child-less, it being an inviolable rule of the rail-road's that whatever be the troubles of the fing woman they may not be little ones the flag woman they may not be little ones. The flag lady must keep her mind on

It is whispered that a lady will soon take the job of conductor on the Atlantic City Railroad. In the meantime it is a sure enough fact that a train dispatchers' class in the Pennsylvania' Railroad school boasts of more women than men. f more women than men. The bridge that is being built on the ab-

sence of "Sammee" is on the way !

