LOOKING ON THE HUMOROUS SIDE OF LIFE—WOMAN'S INTERESTS IN AND OUTSIDE THE HOME

IS YOUTH MINUS A GENUINE SAVING SENSE OF HUMOR?

One Writer Declares Girls Possess Only a Blind, Giggly Instinct, Which Does Not Develop Into Humor Until Later in Life

COME writer has said that a very young girl cannot have a sense of humor; that what passes for a sense of humor is at a blind giggly instinct. I wonder if

Girls in their teens are prone to take themselves very seriously. They spend long hours romancing and imagining every good-looking man their own parucular Hero-until they are distillusioned

They are a source of great amusement to older people. But after all is not ch generation a source of amusement to the one just ahead of it? Does not the woman of forty find the girl of twenty-five who goes in for, as she be-Heves, the serious things of life, just as amusing? And does not grandmama settle back and smile quietly at the fads and foibles of the generation following

T BELIEVE the girl with a genuine sense of humor, identified as it is with an analytical mind, can early in life hold tives in the most grotesque combinations up the mirror which reflects her idlosynerasies and laugh with others-at herself. humor are really only witty, failing ut- affairs, but she will be made unhappy terly when it comes to surviving the acid for the rest of the day if anyone pokes test of self-ridicule.

much secret amusement they may afford less bome training in contrast to her themselven, I have get to meet the girl unsociates who have been carefully reared who has not one particular sensitive spot and have received their B. A's. which, if touched, causes actual pain.

It seemed so illegical for her to mind expecting every chance friend to be acshe had been dressed by eccentric rela- life and to avoid offending her.



The summer girl must have a big tulle or chiffon hat to wear to June rose festivals and garden parties. Here is a hat of palest peach-color, with deeper peach-colored velvet streamers.

and the memory actually hurt her. Another girl can stand any amount of Many who pride themselves on their bantering about her clothes, or her love fun at her proporciation of this or that But no matter how much teasing from word, or her figures of speech. And all others some persons can stand or how because she had little or no schooling and

ONE girl who comes to my mind cannot of teast of the girl who is self-centained will strive ing about her clothes. As these are al-, hard to overcome them. For she must ways up to the minute and in good taste, realize that she cannot go through life until it was discovered that as a child quainted with the by paths of her past

IN THE MOMENT'S MODES



JUVENILE FASHIONS CLAIM THEIR SHARE OF ATTENTION

MESE frocks for the kiddles do not opening, which boasts of a double row of A sacrifice chie to practicability, yet both | black enamel buttons.

qualities characterize them. The first one, at the left, is made of very crop canary colored trouville (a material resembling linen), with collar and cuffs of white trouville huttonhole-stiched in black. The inset godet sections, parrow above and widening. toward the very deep hem, are accentished organished daintly scalleges and buttonholed, by the buttonhole gitte. The back has one wide inset section, while the front has two narrow ones, one on either side of the diminuity model altogethes presistible.

Tan-colored chambray is the material used of the body after the merning bath is a fine for the third frock, with smocking and tonic. It stimulates the circulation, diges-Tan-colored chambray is the material used

shirring back and front, and feather stitch ing in pink silk on collar and cuffs of white

THE GOOD HEALTH QUESTION BOX By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions. Ductor Kellops in this space will doily give advice on prevents medicine, but in no case will be take the risk of making diagnoses of or prescribing for all medicine, but in no case will be take the risk of making diagnoses of or preventing for all medicines requiring surgical treatment or drugs. Health questions will be promptly as secred by personal letters in inquiriers who inclose stamped envelopes for reply.

He called for a tub in the morning, and He called for a tub in the house. They that there wasn't a tub in the house. They finally brought him a couple of butcher's trays and he established himself in these trays, one foot in each tray, like the Colossus of Rhodes, and proceeded to take a hath. Unfortunately, there were cracks in the floor, and considerable water went through the cracks and deluged the man below. He complained to the office, and the proprietor invited the Englishman to leave.

The proprietor told a friend of his that he would never again have an Englishman in his house. "Why." he said. "These Eng-lishmen are so dirty they have to take a hath avery day."

In some parts of Spain travelers tell us the custom is to take a bath twice in one's lifetime, the first day of life and the last

Now germs are awarming about us, upon us and in us. Millions of germs are to be found on every square inch of surface of the skin. The cleaner we keep our skins the less the number of these germs. If one does not take a bath often the germs ac-cumulate because the dead cells of the skin accumulate upon the surface and the debris from the tissues that pass out in the perspiration supplies material for feeding the germs, so they grow rapidly. unclean skins are likely to become discased ikins. Eczema and other skin diseases are nost likely to develop on skins that are not kept clean. A vigorous hand or towel rub tion and mental and physical "pep."

Rickets

What is rickets?-L. F. THOMAS. Light has been thrown upon the nature

the disease and its proper treatment the discovery of vitamines. Funk and s followers hold that rickets is due to the deficiency of the food in certain vitamines the presence of which is necessary to per-

Still more recently Dr. Eric Pritchard,

EVERY one ought to take the morning bath.

Every one ought to take the morning bath. One does not require great facilities for a bath. Any receptacle for the bath water will do—a basin, a bucket—anything from a pint bowl to a man's size bath tub.

A story is told of an Englishman in Madrid who was turned out of a hotel be-struction of the blood, enlargement of the bones. struction of the blood, enlargement of the ends of the bones, softening of the bones and many characteristic nervous symptoms.

According to this author, rickets may be encouraged by too much heat, excess of clothing, lack of exercise and of out-of-door life, as well as by overeating. He has had great success in treating these came by reducing the amount of food and giving the little patients daily massage and exercise with life out of doors as nearly all the time as possible.

Blackheads How can I get rid of blackheads? Are they

What are termed blackheads are simply the mouths of little ducts in the skin filled with hardened fat. Whenever these occur it is important that the entire skin be gone over in such a way as to empty completely each duct every day so there will be re accumulation of this hardened fat. If one of those little rolls of fat or comedones after being squeezed out of the skin is put under the microscope and examined it will be found to be swarming with parasites a peculiar creature, known as the dermoder follicularum. There is a whole family of folliculorum. There is a whole family of them ecrahbling about and they come out on the skin at night when everything is quiet and creep into other places and so extend the colony; there are multitudes of them and as they move about they gather dirt and germs which they carry with dirt and germs which they carry with them into the skin. If there happen to be some infectious germs there that produce suppuration then you get a pimple. So it is necessary that these follicles should be thoroughly emptied and the skin kept thoroughly clean. It is sometimes necessary to disinfect it. Washing the skin with a little soap is of very great value. Applying a fine oil to the skin is a good means of softening up the fat and the follicles so they can be emptied. The oil should be they can be emptied. The oil should be applied quite hot. Bathing the face with very hot water is a good pian, because that softens the fat so it can be easily squeezed.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the mane of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily indove the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa

TODAY'S INQUIRIES

5. How can a sprinkling can which leaks left to the right hand in conveying food to the alightly be repaired?

1. Infertile ergs keep longer than fertile 1. Carefully clipping the eyelashes will stimp late the growth.

2. An egg which is to be preserved should be wiped but not washed, as suching removes the best for long-distance walking; a thin stocking selatinous covering which protects it and helps will wear through and cause the shoe to rub

3. Eggs can best be preserved in earthenware

Preserving Eggs in Limewater

To the Editor of Woman's Page:

Dear Madam—Can you give me the limewat
method of preserving eggs? Also, how is grow
berry jam made?

(Mrs.) M. L.

Make a solution of limewater by placing two and one-half pounds of unstaked lime is clear, then place the eggs in a clean, cold earthenware jar and cover to a depth of two inches with the liquid. Remove as needed, rinse in cold water and use at once. This method is slightly less expensive than the water-glass method

Try this recipe for gooseberry jam: Stem and wash the fruit, place it in a kettle and allow one-half cupiul of water to every four pounds of herries. Boll until the her-ries are soft, add one pound of sugar for every pound of fruit and cook until i thickens and the berries are clear amber

Novel Sandwiches for Tea

To the Editor of Woman's Pape: Dear Madam—Can you give me some recipes for sweet sandwiches to serve at tea-some kinds that are out of the ordinary? HELEN.

Fig sandwiches are unusual and delicious, also gingerbread sandwiches. For the first use two cupfuls chopped figs, one-half cupful water, one-half cupful sugar, one-half cupful butter, white bread. Put the figs through a food chopper, add the sugar and water and cook until thick. Cool, add the butter and rick well. Spread between thin. silces of sandwich broad which has had the crust removed. To make the gingerbroad sandwiches, cut thin slices of gingerbroad which has been baked a day or two before it is to be used, otherwise it will crumble. Butter each slice and spread with honey.

Gray Fish Salad

To the Editor of Woman's Page: Dear Madam—A good saind which is nice for funday tea is made as follows:

Gray Fish Saind.—Kentuwe the fish from the can, finse well in cold water until all traces of sait have been removed, turn belling water over it, drain until dry, then shred. Place on lettuce leaves and serve with maximalise draining.

[Mirs. 10. K. M.

To Clean Dull Glassware

To the Editor of Woman's Page:

Dear Madam—Will you tell me what I can
to get my vinegar crief and my water bottles
clean and bright looking? They constantly have
a cloudy appearance on the inside, which it
seems impossible to remove.

X. H.

The best way to clean these small-necked The best way to clean these small-necked bottles is to put some fine sand into them, then add warm water and a little washing powder. Shake vigorously, and if the bottle is very cloudy allow the sand to remain in over night. Rinse thoroughly with clear water as hot as you can use in glassware without cracking it.

Wants to Enamel Brass Bed To the Editor of Woman's Page: Dear Madam—Will you kindly print in the Eveniro Leboen what can be done with a dull prais bed? I would like to ename! it, but do not leave how to so about it. The best part of the brane is wern off the bed and it is quite rough, as we have had it en years. VIRGINIA T.

I do not believe a brass bed would take

Worn Pillow-Slips Utilized In the Editor of Woman's Page:

To the Estion of Woman's Page:

Dear Madam—If your pillow cases have worn
in the middle rou will find it useful to use the
set as a bursan cover. Cut the seam the depth
of your cureau, open the pillow case and you
will have a pureau cover ready to hem along
ext and ends. If rour cases are enbroidered
to associate if rour cases are enbroidered
to associate it from the better, because this
will form the front of your cover.

(Mrs.) C. T.

Household Hints

L How can dingy rubbers be made to look | 1. Is it permissible to slp bouillon from a

2. Should a portion of meat be cut at once 2. What is the easiest way to clean a silver | into small pieces or should each piece be cut as

ANSWERS TO SATURDAY'S INQUIRIES

the foot. 3. Massaging the feet several times a week with cold cream will help to prevent callous spots from forming.

Correct Procedure in Restaurant

To the Editor of Woman's Page:

Although, strictly speaking, it is not correct to nibble at bread when it is placed on the table while waiting for the first course to be served, it is so generally done that you will not be committing a grave error in doing so, unless you happen to be attending a very elaborate and formal diener.

(2) Resting the elbows on the table has never been considered good form, well-(2) Resting the elbows on the table has never been considered good form, yet it also is so frequently done as to excite no comment. The elbows are sometimes rested lightly on the edge of the table while talkng between courses, but, above all thi lo not rest them on the table while conveying food to the mouth Your other queries will be answered at the top of the page.

Question of Etiquette

To the Editor of Woman's Page

The man only?

The man alone should rise and grasp the hand of the man who is introduced; the woman should remain seated and acknowledge the introduction by howins and saying. "I am very glad to meet you, Mr." or some such sentence. Never say "Pleased to meet you," or "Glad to know you," but always use the personal pronoun "T" in your sentence.

Removal of Superfluous Hair

superfluous hair on the face and arms) I su very much on account of it and would grateful for any suggestions.

There is no way of getting rid of hair permanently unless you receive treatment with the electric needle. This is rather ex-pensive, but if done by a skilled operator very few of the hairs return. Depilatory powders will remove the hair temporarily

Proper Care of Hands

To the Editor of Woman's Page:

Dear Madam—Can you tell me how I can been my hands looking decent? They used to be pretty, they were well elaped and the naise were long and narrow, but since doing housework all the time they look dreadful and I am ashamed of them. (Mrs.) JAMES T.

With a little daily care you ought to be able to keep your hands looking well, especially since they are well-shaped. After the hands have been in soapy water always use a little lemon juice or vinegar on them to counteract the effect of the strong soap. This may seem like a let of trouble had. to counteract the effect of the strong soap. This may seem like a lot of trouble, but really takes very little time. You can keep a cut lemon or a little vinegar on the kitchen shelf in a convenient place. If you keep a dish of commeal handy and rub this into the hands after washing the effect. this into the hands after washing the effect will be magical. When dusting, blacking stoves, etc. wear the large canvas gloves which come for the purpose. Dust is almost more injurious than anything, as it gets into the skin and dries and cracks it. If you can conveniently do so, wear rubber gloves when you have your hands in hot water. At night, just before retiring, put a dab of cold cream on each nail and work it in, pushing the cutiefe back. in, pushing the cuticle back.

Stains on Broadcloth

To the Editor of Woman's Page: Dear Madam-Can you tell me how to remove spots on breadcloth?

Try the following: Grind one and one-half ounces of pipe clay fine, mix with eighteen drope of alcohol and the same quantity of spirits of turpentine. Moisten h little of the mixture with more alcohol

LIVING UP TO BILLY By ELIZABETH COOPER

This pawerful, human document, written in the form of letters to a young mother serving a term in prison, is one of the most gripping literary products of the twentieth century.

I have been dancing at Rudolph's, it is awful hard work there and the hours are long, but it was down at the corner inn. am working up, Kate, and I expect one of these days to be dancing on Broadway The manager from Casey's come in and watched me dance, the other sight, and he said he thought I was the lightest thing on my feet in New York. Billy Flynn is my partner now, and he is working real hard. We go mornings to a teacher up at Fifty-minth street who learned me a lot of new steps. We practice most every I have met some of the other ay with your body what you would like any with your body what you would like to say with your tonglie, and don't know how. Lots of people have beautiful thoughts and they can't tell 'them, so they have to read books writ by people who say just what they think, but can't tell, or they go to the theatre and hear acted all the love and beautiful things that they would like to have come to them, but can't. With dancing they can say themselve.

body in time to the music is just a telling the love and romance and the poetry that is inside of them. Why, when I am danc-ing with a good partner, I forget all the ugly things of life and it seems to me that if there ever is a God, He is a speaking to me, and I sometimes feel as if I had wings and could fly right away with them. There is nothing wrong with dancing itself, as I keep a telling Mrs Smith. She wants me to leave it all the time and of course me to leave it all the time, and of course in some of the places where I have to dance, there is a bun crowd and you do have to talk in the men and lots of the have to talk to the men and lots of the women that you wouldn't choose for your stater. I tell you I am going to work out of this I am a good dancer and there ain't no reason why I shouldn't be working in the better places where the management won't allow the men to get fresh with the girls. If I live long enough and dank to the property of the state of afternoon. I have met some of the other dancers in the cabarets and they are mostly a nice tot of girls. It ain't so hard for me as it is for some of them, as I have been dancing all my life, and I only have to see a new step once to be able to do it. I don't see why the people are against dancing. It is awful good for everybody. Why, you see old men and women that never done nothing before but stay at home and read the Christian Advocate, dancing in the restaurants, and it makes them forget all their troubles. Dancing makes you get a milt be reason why I shouldn't be working in the better places where the management won't allow the men to get fresh with the girls I I live long enough and don't get paralyzed in my legs, you will see at the Winter Garden "Nancy Lane" in great big electric lights. I have been around some of them places and if I ever done nothing before but stay at home and read the Christian Advocate, dancing in the better places where the management won't allow the men to get fresh with the girls I I live long enough and don't get paralyzed in my legs, you will see at the Winter Garden "Nancy Lane" in great big electric lights. I have been around some of them places and if I ever don't never done nothing before but stay at home and read the Christian Advocate, dancing in the better places where the management with the girls I live for grough and don't get paralyzed in my legs, you will see at the Winter Garden "Nancy Lane" in great big electric lights. I have been around some of them places and if I ever don't accept the don't get paralyzed in my legs, you will see at the Winter Garden than heaven, and I level to resign, but later was induced to accept the office for another year.

have a front seat in heaven, and a got a mighty peor chance of either one, but I am going to try for them both. You know I believe when you want a thing real bad and just keep thinking of i might and day, you are going to get it some way, and when you come out, Kate. I think you are going to be straight, and you won't queer me as you have so many times, just when I was beginning to get along Always

Tomorrow's War Menu

These means are furnished daily as a suggestion to the housekeeper who would seep her table expenses down, yet furnish well-balanced and palatable meals for her

Recipes for any of the dishes will be fur. TUESDAY BREAKFAST

Corn muffins Beef hash LUNCHEON Fried potatoes German style
Tea Strawberry jelly

DINNER Sweet potatoes Tomato aspic salad Raisin bread

Brookdown

Morning, Love, and skies are gray: your windows breezes play, illet the Tamar wends its way

conday, Love, and skies are fair: Hedgerows glisten: everywhere Bird and bud and blossom bear

Evening, Love, and skies are red

Shelters thee

Earthward leans the daisy's head— God bends low about its bed, Mindful, He----Night Love, night, and skies are blue; sts of stars are peeping through. Who guards the daisies, too.

-Egbert T. Sandford

(Copyright, All rights reserved) (CONTINUED TOMORROW) OPPOSE SCHOOL OF PRACTICE

Parents of Henry C. Lea School Pupils File Protest

A perition, signed by more than 200 parents, protesting against the establishment of a school of practice in the Henry C. Lea School, Forty-seventh and Spruce streets, School, Forty-seventh and Spruce streets, will be presented to the Board of Education The parents say they do not want their children to attend a "show-off" school and be subjected to experiments by student teachers. Establishment of a school of practice, they contend would cause the removal of a corps of efficient teachers from the school.



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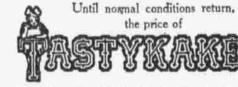
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