

SMALL ROOM FOR THE GIRL WHO IS SUPERSENSITIVE She Who Is Always Taking Needless Offense Stores Up Much Unhappiness—Annoying Mannerisms of Other People

SOME girls are so unfortunate as to be born with sensitive natures; and unless they strive hard to overcome it they are storing up much unhappiness for themselves. The girl who is super sensitive is bound to receive many severe jolts, even if she lives a sheltered life, but she betrays her if she is in business and obliged to rub shoulders with many people daily.

One feels sorry for the girl who is really so delicately strung that unintentional indifference, or an unfortunate remark on the part of some one else, will make her unhappy, even if one can't understand a nature such as hers, but the girl who constantly plays on the sympathies of others and who trades on her sensitibilities deserves little consideration.

ONE such girl comes to my mind. Every act of rudeness of which she is sensitive is attributed to the fact that she is sensitive and upset over something else. From past experiences she knows her intimates will rally to her aid and pet and spoil her. When in her presence one feels an unnecessary restraint, lest she take offense at some utterly harmless thing some one may say.

She who is sensitive is often misunderstood and suffers much as a consequence. It is usually not the things which comparative strangers or persons she doesn't care about say or do, but the little thoughtless acts of those nearest to her that cause her so many unhappy moments.

WHY are we so constituted that little things other people do or little expressions they have can prove so fearfully annoying, even though we know these things do not concern us in the least?

For most of us are made that way, and those who are not are either unusually philosophical or so self-centered that

Vyvettes



A straw hat of military lines, with three roses as trimming instead of feathers.

other people's affairs do not matter to them in the least.

ONE woman has an annoying habit of playing with her food. Of course, it's a little thing, yet it almost drives me crazy to have to watch her. Another paw at you while she is talking, while still another makes you want to shout when she speaks provincially of the "Rev. Smith" or "Lawyer Brown." Perhaps it is because little mannerisms and figures of speech of this kind are so trifling. Human nature is so queerly constructed that it can overlook far graver mistakes, real faults of character, yet come a cropper over these little peculiarities.

And it is a mistake to believe it is our particular mission in life to reform the universe according to our own notions. Nothing will so surely antagonize people as to have their mannerisms brought to their attention.

IN THE MOMENT'S MODES



Smart Gingham for Summer

A frock such as this, with the peplum and pockets cut in one piece and the full-length panel in front, is the essence of simplicity. The gingham, which is of a very good quality, is tan barred with brown. White pique is used for the collar with its elongated ends (looped over to form the tie) as well as for the belt and turned-back cuffs; also the outer strip at the top of the turned-up peplum which surrounds the frock back and sides. The buttons are of white pearl. The hat has a wide flaring brim of white Milan hemp and crown of tan linen stitched in threads of brown wool. The tassel, attached by strands of the wool to the button on top of the crown, is formed by numerous strands of the brown wool also.

THE CHEERFUL CHERUB

I'm tired now of all these streets and people I'm going to a beach where blue waves roll. I'll sit and think long thoughts like winds blowing And wrap the sunny day around my soul.

Tomorrow's War Menu

- These menus are furnished daily as a suggestion to the housekeeper who would keep her table expenses down, yet furnish well-balanced and palatable meals for her family. Recipes for any of the dishes will be furnished upon written application. SUNDAY Chilled Strawberries Hamon Grits Beef Liver and Bacon Sour Milk Chick Cakes Coffee Dinner Chuck Cook Creamed Asparagus on Toast New Potatoes Roasted With Meat Horseradish Lettuce and Tomatoes Strawberry Pie Coffee Supper Cold Tongue Rice Croquettes Peanut Butter Marmalade Hot Biscuits Tea

LIVING UP TO BILLY

By ELIZABETH COOPER

This powerful, human document, written by a woman, belongs to a young woman serving a term in prison, is one of the most striking literary products of the twentieth century.

THE NEGLECTED WIFE,

PATHE'S LATEST SERIAL

CHAPTER V—"THE CRISIS"

(Novelized from the Pathe serial of the same name, based on the novella of Mabel Herbert Urey) (Copyright, 1917, by Mabel Herbert Urey)

By JOSEPH DUNN

THE CHARACTERS

The Man... Margaret... The Woman Alone... Margaret Warner... In the first daze of awakening, Margaret was conscious of the luxurious bed. After the dubious sheets and grayish blanket of Mrs. Devlin's hall room, the fresh linen seemed an almost forgotten luxury against the soft-striped wall.

So Little for So Much

YOUR friend, my friend—Mr. Movie—is the miracle man of the century. His gelatin fingers reach up and ravish the sun and moon of their wonders. His eyes look into the pools of woodlands, into the recesses of the shifting seas, into all the great and small and beautiful spaces of the earth. We know all this about him because the press agents with the lurid pens have told us so with furious insistence. But we also know it because our vision tells us it is so. No one who has seen Griffith's glittering Babylon, or De Mille's redwood paintings, or Brenon's ocean scenery can help saying "Miracle."

But there are other ways in which Mr. Movie is miraculous, rather less creditable ways. For example, there is that nasty institution, the unlicensed revue, which descends, like a sporadic disease, in exhibitors. Every one recalls the legal furore of several years ago when the market was flooded with Chaplin mixtures. Ingenious rascals got hold of these films, printed duplicates from the positives, cut and assembled the results and pawed the mess off on their public as "new and original" wares. Even as this is written comes word that a screen comedian no less famous than Charles of the Derby is ready to take steps against former employers on the ground that they plan to pick up and piece together discarded scenes in movies made while he was with that concern, marketing the piecings as two-reel features.

The crowning sample of managerial impertinence, however, was visible in this very city recently. Heaven only knows how many persons traveled miles to see Mary Pickford in "a five-part feature, first time in this city," which turned out to be nothing of the sort. But even a Prussian prince might be expected to know the effect of such a bit of "business" on a playhouse's loyal and steady clientele. Suicidal methods could hardly go further.

If Mr. Movie is to retain his title royal, he will have to be ethical as well as beautiful. He (which means his exhibitors) must stop giving so little for so much and play the game fifty-fifty with Mr. Spectator. For the latter, after all, is the one who pays—sometimes through the nose. B. D.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily endorse the sentiment expressed in the contents of the columns.

TODAY'S INQUIRIES

- 1. How can the growth of the eyelashes be stimulated? 2. What kind of stockings are best for long-distance walking? 3. How can callous spots be prevented from forming on the feet? 4. Small swabs of antiseptic absorbent cotton should be used to wash an infant's eyes. 5. The covers can be kept on a small child at night by the use of elastic fastenings; one end should be fastened to the side of the crib and the other end clasped to the corner of the covers. In this way they can be kept firmly on, yet the rubber allows the child freedom enough to turn. 6. Pearl gray gloves are the correct shade for the men in a wedding party at an afternoon wedding.

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Skim milk thick as cream and an equalizer as a whole milk, is a good tissue builder in that it contains virtually all the proteins, milk-sugar and mineral matter of the whole milk. 2. When it is necessary to leave plants for some time without watering them, place a number of bricks in a tub filled with water for several days; the bricks will absorb much of the water and the plants can be placed on these with a small quantity of water left in the bottom of the tub. 3. A small quantity of left-over coffee should be poured over ferns or palms; it will make them thrive.

Recipe for Pineapple Jelly

To the Editor of Woman's Page: Dear Madam—Please publish a recipe for pineapple jelly to serve as a dessert. (Mrs.) T. H. Send one and one-half cups of the pineapple juice and add one-quarter of a cup of sugar. Soak one package of gelatin in a cupful of cold water for five minutes and stir two tablespoons of lemon juice in another cupful of cold water. Mix the dissolved gelatin with the pineapple juice, stir until it is mixed thoroughly. Taste and add more sugar if necessary. Turn a little of the jelly into a mold in pineapple mold is best. If you have no mold set it harden. Place two little pineapple cut into dice, top, add more gelatin, harden again, then put in more diced pineapple and the remainder of the jelly and set away on the ice to harden with whipped cream. Each layer of jelly can be hardened sufficiently in a few minutes if put on the ice, and the jelly still unadorned complicated, but is really not so much trouble.

Recipes Requested

To the Editor of Woman's Page: Dear Madam—Can you tell me a good way to cook liver in a casserole, also how to make the recipe is made. (Mrs.) B. C. S. Try the following recipe: Place two pounds of calves' liver, sliced thin over a fire in equally round if the tendons are removed into the bottom of a casserole and place four slices of bacon on it. Add one large carrot, sliced; three onions, sliced, and two cupfuls of canned tomatoes, strained. Add a little salt and pepper. Cover with water and cook for one hour. Thicken the gravy with flour and water and cook ten minutes longer. Just before serving add a very little lemon juice. (Mrs.) V. E. C.

Strawberry Rings—Rhubarb and Apple Sauce

To the Editor of Woman's Page: Dear Madam—I have two recipes which I would like to try. Strawberry Rings—Put a piece of butter the size of an egg in a small saucepan with three tablespoons of baking powder and one cup of sugar. Cook for five minutes. Add one cup of strawberries, sliced, and one cup of sugar. Cook for five minutes. Add one cup of rhubarb, sliced, and one cup of sugar. Cook for five minutes. Add one cup of applesauce. Cook for five minutes. (Mrs.) J. C.

Lighten Mourning

To the Editor of Woman's Page: Dear Madam—I have been in mourning for my husband for a year and have had a wide variety of dresses. I am now in mourning and will wear white this summer. Do you have any suggestions for lightening mourning? (Mrs.) J. C.

Write Letter of Congratulation

To the Editor of Woman's Page: I know telling me of his engagement to a girl who is a very nice girl. I am sure you should I do about answering it? Must I write to this girl? (Mrs.) J. C.

To Cleanse Old Vinegar Jugs

To the Editor of Woman's Page: Dear Madam—I have several old vinegar jugs which I am anxious to use to store other things in. Is there any way of getting rid of the taste of the vinegar? (Mrs.) J. C.

Igorrotes Offer to Fight

MANIA, June 8.—Former members of the mountain constabulary in the Igorrotes and other wild tribes now are appearing at the constabulary stations in remote places and offering their services to the United States.

THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

TO CURE worry you must cultivate hope; to cure pessimism you must deliberately cultivate optimism. You must force your mind into optimistic channels of thought. This can best be accomplished by reading optimistic books and talking with optimistic people. A very excellent plan is to set yourself the task of curing some other pessimistic and pessimistic person by deluging him with optimistic ideas and expressions. If the physical causes which were originally responsible for the morbid condition have been corrected, this habit of making mental sunshine for others will in the end produce an optimistic habit of thinking and a pessimistic thought habit by substitution.

"MAORI QUEEN" 25-CENT REGENT

Fortune Tellers Operating Again After Gypsies Driven Out

MUCH IN NAME AND SIGN

When a gypsy not a gypsy? When she is a Maori queen, with a sign on the front of her shop which says she is an indirect importation from New Zealand, having stopped over in Jerusalem for the fifteen years of practice in fortune telling necessary to the high standard demanded by Philadelphia delivers into the future. It is possible to have your fortune told in Philadelphia; it is possible to have it told gypsy-fashion, with a grimy seeress attired in colorful rags and weighted down by necklaces of iron coins, holding your hand that has been crossed with the silver she required of you before she would utter a word.

Thumping of the Heart

When there is no organic trouble with the heart and yet it thumps continually, making a noise like a hammer, it is called palpitation of the heart. It is usually due to a reflex disturbance from the stomach. This is relieved by the use of antacids and by the use of a cathartic.

Dextrinized and Predigested Food

What is the difference between dextrinized and predigested food? The terms ordinarily mean the same thing.

Rennin

What is rennin? Rennin is the principle of the gastric juice which coagulates milk.

Heart Action Reduced Lying Down

Is the heart action reduced 50 per cent when one lies down? (Mrs.) A. D.

Food Value of Meat and Cereal

What is the food value of the protein, fat and carbohydrates of one-fourth pound of meat as compared with one-fourth pound of beef? (Mrs.) A. D.

Lime in the Joints

My doctor says I have a deposit of lime in the joints. Could this be due to drinking hard water? (Mrs.) N. C. J.

X-Ray for Gaiter

Does the X-ray treatment for gaiter destroy the thyroid gland? (Mrs.) L. S.

Sliced Bananas

For breakfast, bananas sliced with any variety of cereal or breakfast food make a most delicious and appetizing meal. Or sliced alone, with cream and sugar, and served with coffee and toast, it's a pleasing breakfast.

Special Moonlight Excursion

STEAMER THOMAS CLYDE FRIDAY AND SATURDAY EVENINGS

Monday and Saturday 8th and 9th. Boat leaves Arch St. at 8 P. M. Price of Tickets 40 Cents

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Ready to erect—all you do is lay the foundations together. No waste of material. The building is ready to go. Aside from the great strength of the building, the wide selection of plans will give you a house that is pleasing. Tent Houses... \$25 up. Garages... 75 up. Play Houses... 50 up. Bungalows... 100 up. Send for booklet, stating requirements.

THE SUN HAT SET

He lies dally sleeping beneath the grass that clothes a distant, solemn hill. Like some Titanic or Hellenic god. Who guards within his warm and lonely breast.

THE SUN HAT SET

The wonderful mysteries of the deep; O'er thy remains in saintly reverence. Transient spirits mourn in tearful grief; Even the grasses whisper in remorse, And fling their fragile forms regretfully.

THE SUN HAT SET

Thy sun hat set below the horizon of Eternity. And e'en the laughing salt sea-waves sigh in fearful sympathy.

—Stephen Phillips, Jr.

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