

WEARING BUTTON NOT AS GOOD AS KHAKI THESE DAYS—ACTION AS WELL AS WORDS NEEDED

DON'T READ HISTORY—MAKE IT! SAYS A RECRUITING POSTER

Interest and Enthusiasm All Very Well, but Something More Needed—Just Why the Popular and the Unpopular Woman?

A NEW poster being displayed to aid recruiting reads, "The Navy Needs You! Don't Read American History—Make It!"

And to this might be added, "Don't Content Yourself With Wearing a Button-Wear Khaki!"

It is all very well to display your patriotism by wearing a pin or a ribbon with the national colors, but are you sure it is not confined to this outward and visible sign?

I have seen so many persons flaunting large-sized pins in their buttonholes, yet doing nothing of real value to their country; reading every paragraph relating to the war which appears in print, going over each campaign and suggesting changes with an "if I were so-and-so," yet when it comes to enlisting they fall short.

There is plenty of work for every man to do, whether he passes the physical examination or not. Just how will you explain to your little boy in the years to come when he asks you what part you took in the great war? Will you be ready to tell him?

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily endorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. What is the best way to cook bacon so that it will be brown and crisp and free from grease?
2. What are some of the causes of falling asleep?
3. What kind of wine is best to use in stirring mixtures while cooking?

- ANSWERS TO YESTERDAY'S INQUIRIES
1. Linen when it is to be packed away for some time should first have the starch washed out, otherwise the linen will crack.
2. When there is not room to allow centrepieces to lie flat they should be rolled and not folded.
3. Soapuds should not be wasted, but should be poured on bushes and young plants.

Recipe for War Cake
To the Editor of Woman's Page:
Dear Madam—I am sending you a recipe for war cake which, as it contains no milk, butter or eggs, is very inexpensive and in line with the present economy in food.

Properly Balanced Meal With Lobster
To the Editor of Woman's Page:
Dear Madam—I was invited to a dinner with lobster as one course. Can you suggest for me a meal which will be well balanced but not too elaborate?

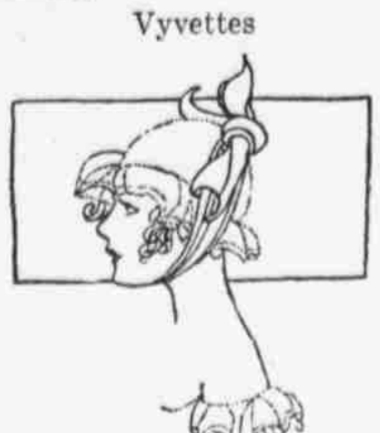
Bread Crust Jelly—To Thicken Soup
To the Editor of Woman's Page:
Dear Madam—This is a nice dish for children. Toast the stale bread or crusts, then pile them in a deep dish with a little salt sprinkled between. Cover with boiling water, cover tightly and set in a pan of boiling water, then at simmer until it is like a jelly. Serve white with brown sugar or syrup.

Ridding Cupboards of Ants
To the Editor of Woman's Page:
Dear Madam—Can you tell me what will rid the kitchen cupboards of small ants?
(Mrs.) L. B.

Garden Variety of Dish Cloth
To the Editor of Woman's Page:
Dear Madam—Many of your readers may not know that they can actually grow their own dishcloths in their back yards without any trouble. They are packages of little green seeds and a very easily grown vine, its only requirement being a rich soil, plenty of water and sun. It grows about fifteen feet in a season and each vine matures five or six lifetimes.

Folishes for the Piano
To the Editor of Woman's Page:
Dear Madam—Can you give me a good piano polish?
(Mrs.) M. W.

Cleaning Brass and Copper
To the Editor of Woman's Page:
Dear Madam—Please tell me how to clean brass and copper.
W. K. H.



A filmy little bouffant cap of hemstitched lavender chiffon, tied on with a bow of rosy taffeta.

is always sure to be "among those present." While the woman with a tremendous amount of personality, the sort who is invariably the center of an admiring group, will receive fewer invitations.

THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

THERE are a few simple applications of water treatments that every one ought to know how to make. There is the "fomentation," for example, which is most useful in cases where there is local pain without excessive heat or evidences of acute inflammation.

Another precaution which it is well to observe is to place a dry flannel next the skin, so that the heat of the fomentation may reach the skin gradually. More water to be left on the fomentation and a higher temperature may be employed when the skin is thus protected.

When the fomentation cloth is removed for renewal, the dry wrappings should be quickly replaced and the cloth wrung out of hot water and replaced as quickly as possible, so that the surface will not become chilled by the air.

How Happy She Could Be With Either
To the Editor of Woman's Page:
Dear Madam—I am a young girl of seven years, with dark eyes and hair and a good figure, and considered attractive by my friends.

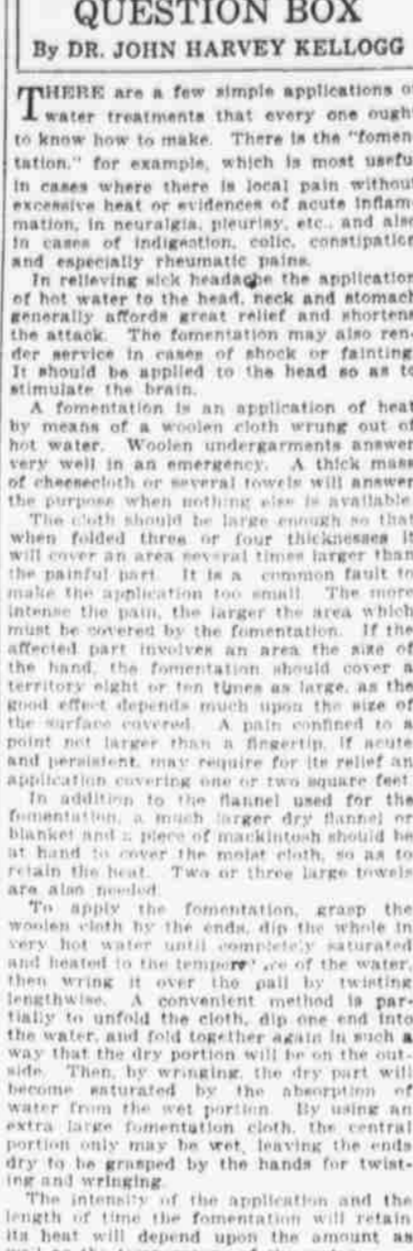
Addressing Letter to Man at Camp
To the Editor of Woman's Page:
Dear Madam—How should a letter be addressed to a man at the training camp at Fort Slocum?

When Does Bridegroom Enter Room?
To the Editor of Woman's Page:
Dear Madam—I am to be married in a hotel and Monday next you have to be in the order in which a bridegroom enters the room.

To Lighten the Skin
To the Editor of Woman's Page:
Dear Madam—Some time ago you published in your column directions to whiten the skin. I want to know what they were.

SPECIAL SALE
Salesmen's Samples
of
Jersey Suits
\$19.50
ALL SHADES
This offers an unusual opportunity to obtain a smart suit at a fraction of its real value.

IN THE MOMENT'S MODES



FOR THE GIRL GRADUATE
There is a certain daintiness and wholesome charm in a filmy lace dress, and the simpler the line the more apparent this charm becomes.

Apple Fritters
Half a pint of sweet milk, a scant half-pint of flour, two rounded teaspoonsful of baking powder, and a pinch of salt. Stir all together. This should make a batter as thick as used for cake.

Raised Cornbread
Ingredients, one cupful of fine sifted cornmeal, one and one-half cupfuls of milk, two eggs, one tablespoonful of butter, one teaspoonful of baking powder, one teaspoonful of sugar, salt, and the milk and pour it over the meal.

Cereal Roast
Dissolve in a pint of water one-quarter cupful nut meal made partly of pignolia and partly of raw peanuts. Mix with this two tablespoonfuls of olive oil and one of thick cream.

What's Necktie Good For?
Man's only nonutilitarian garment is the necktie, says the Toledo News-Bee. It is as useless as a monocle. Yet we wear 'em. We feel awfully awkward walking down the street without one.

Sterling Wonderful Reductions
Will be featured this week on "Sterling"
Coats, Blouses, Dresses, Suits, Shirtwaist Frocks
\$15 to \$45
A distinct American Novelty in Handkerchiefs, Linens, Tub Silks, Crepe de Chine, etc. All colors.

THE CHEERFUL CHERUB

I wander slowly through my life. The big world fascinates me so. I may not pass this way again. I'll look about me as I go.

Listening to the Wind
God is at the Organ! I can hear A mighty music Echoing, far and near.

Flatulence
It is not an indication of putrefaction, it is an indication of stasis or stagnation with fermentation; but the remedy is putrefaction also. It is an indication that there has been a stoppage of the rhythmic procession of food remnants along the intestine and the bowels should be thoroughly cleaned.

Removal of the Kidney
What is the probable effect upon the health and life of a person who has had one kidney removed?
MRS. F. L.

Removal of the Kidney
The probable effect will be to prolong his life, because he has had diseased tissue removed. A diseased kidney is better out of the body than in it, and one normal kidney can do the necessary work of the body.

Removal of the Kidney
When the kidney is so diseased that its removal is called for, the immediate effect is usually good.

M-K-R Superfluous Hair Remover
The only treatment which will remove superfluous hair from the face, neck, arms or any part of the body, leaving no mark or blemish on the skin. No electric needles, no caustic or powder used.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

THEY are fine people at the house where Rowdy and I went, but if I were their little girl I should die from staying awake too much. I did not seem to be really asleep when Rowdy jumped and woke me, and I heard the folks downstairs talking and the chickens hollering, and so Rowdy and I went down and then out to the chicken house with the man and his wife and watched the man and his wife and a chicken which had a garter snake wrapped around its neck.

So all went to bed again, and I was no sooner asleep than the noise started once more, and we went out, and this time it was a dead chicken and a big rat and Rowdy killed the rat and we went to sleep and jumped up again and I was too sleepy to go down, so I crawled in and listened and pretty soon the man came in and said it was a skunk.

I went to sleep again, but I do not know whether Rowdy did or not. When we got up we went over in the pasture and had a swim, and when we came back we had bread and milk and hot biscuits and honey for breakfast. We stayed around till dinner time and had fried sausage and hot biscuits and sirup and then we rambled.

There was the snake by the water where it had been the day before and there was the cow with the long hawks, and he trotted away when he saw Rowdy and me, which shows that animals have got sense. When we got to the road and climbed the fence it was fun running along in the dust and I tried to run sideways the way a dog does and I would have done it, too, only I fell down. If it had not been so far out of my way I should have gone around by June's, for I wanted that pink nightie with the bow about as much as I ever wanted anything.

After a long time, when the light was all gone, we came to the house where the man lives who has the cow, and he was sitting on his step smoking. He got me a bowl of bread and milk and gave Rowdy some, too. I sat out there with him for a long time and when we got ready to go I thanked him for the bread and milk and said, "Now you know all about me, but you did not tell me anything about yourself." He laughed and said, "I did not want to interrupt you." I think that was very polite of him.

It was late when we started home and on the way we met a man I had seen before. I said, "Aren't you the preacher?" He said, "Yes, and you are the little child I have been so distressed about." I said, "You should worry. Do you know any more about what heaven is like?" He said, "The good book says, 'In my Father's house are many mansions.'" I said, "That listens good for my mother." He said, "It also says that heaven is a land of milk and honey." I said, "Gee whiz! I shall feel right at home there, for I have had heaps of milk and honey lately." He said, "You must not say gee whiz!" I said, "Is it swearing?" He said, "No, but ladies do not say it." I said, "I am no lady. I am just a little girl and if it ain't swearing what's it to you what I say?" He said, "I fear you are incorrigible," I said, "I'm not, I'm Irish." So I stuck out my tongue at him and away he went.

That night we folded our hands—my hands and Rowdy's paws—and I prayed, "Dear God which art in Heaven, holler for Thy name. Thank You for all the fun I had. Bless my mother and my father and keep on making me a good girl. Amen." (Copyright.)

"LEARNING ABOUT SNAKES," another Patsy Kildare adventure, will appear in tomorrow's Evening Ledger.

Horlick's Malted Milk
THE ORIGINAL Safe Milk For Infants & Invalids
Substitutes Costly Food Same Price
A Nutritious Diet for All Ages. Keep Horlick's Always on Hand Quick Lunch: Home or Office.

LE PERLE Face Powder
Has no equal. The most exciting will be pleased with the delightful results. 35c & 40c the box at all leading druggists, by mail prepaid.

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Removes sunburns, hair from under the arms. The new skin creams make this preparation indispensable. Sold at Good Fruit and Department Stores.

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RESILVERED EACH PIECE
Mesh Bags Replaced, 25¢ up. Gold Plating Write or Phone (Market 1715) for Estimator

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Exceptional Values At Economical Prices
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Consisting of Crepe Metiers, Georgetown Crepes, etc.
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