

WHEN THE GOVERNMENT FAILED THE RUSSIAN PEOPLE TOOK CHARGE

The Revolution in the White Empire Grew Out of the Necessities of the Situation—Record of a Tour of Inspection by an American

A RUSSIAN reactionary remarked to Arthur Ruhl in Petrograd last year that the Duma must not be allowed to interfere between the Czar and his Government...



ARTHUR RUHL

and there was a fine spirit of optimism in all ranks. The author doubts that he has served to arouse them to an appreciation of the necessity of thoroughness in preparation...

WHITE NIGHTS and other Russian scenes from photographs by Arthur Ruhl. With illustrations by the author. New York, Charles Scribner's Sons, \$2.

6—ROUSING NOVELS—6

WHEN NERO REIGNED CLEOMENES

By MARIS WARRINGTON BILLINGS. Cloth, \$1.40 net. A thrilling romance of ancient Rome, having for its central figure the Emperor Nero...

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THE GOOD HEALTH QUESTION BOX

By DR. JOHN HARVEY KELLOGG

ONE of the most essential things for appetite, for good digestion, for every vital function in the body in fact—is muscular work.

It is a common belief that a complete change occurs in the body substance once in seven years. This is not true literally, because, as a matter of fact, some parts of the body never change.

Electric Shock. What is the best means of relieving a person who has been made unconscious by an electric shock? THOMAS G. ... Artificial respiration should be applied at the earliest possible moment.

Rupture. What is the safest remedy for rupture in the case of a man thirty years of age? T. J. R. ... An operation should be performed by an experienced surgeon.

Vaccination for Typhoid Fever. Is vaccination a successful method of preventing typhoid fever? H. S. D. ... The method of vaccination against typhoid fever perfected by Doctor Wright.

Yawning. What can I do to cure the habit of yawning after eating? R. S. D. ... Many persons are inclined to yawn after a hearty meal.

Mineral Waters; Mineral Oils. Are laxative mineral waters safer to take than mineral oils? C. C. Y. ... No. Laxative mineral waters are harmful because they irritate the mucous membrane.

IN THE MOMENT'S MODES



That Billy started to run and did not stop until he was far, far away. Then he sat down to think. "That was a severe blow to me" he was saying over and over again to himself.

If You Want Hot Water this Summer with the Hot Kitchen and other conveniences install a Fleck Ohio Junior WATER HEATER.



The Gun Brand by James B. Hendryx Author of "The Promise". A novel of the Northwest, where civilization and savagery lock in the death struggle...

MISS AMERICA COSTUME



A costume typical of the country's unity shows a coat with large blue broadcloth cape, which is easily detached. The blue is trimmed with gray and buttons on which are cut small red crosses.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

A Visit From June

BRUSHED my hair more than usual. Later my father and Rowdy and I had eaten our cakes and I looked very pretty with the light shining through it.

Farmer Smith's Column

EARNING MONEY. My dear—More boys and girls will be earning money this summer than ever before in the history of the world.

STRANGE ADVENTURES OF BILLY BUMPUS OF BILLY BUMPUS. Billy started to run and did not stop until he was far, far away.

THE CHEERFUL CHERUB. Perhaps you think my life is hard, it seems so poor and small without.

Fried Bananas. Select firm and rather slender fruit; peel and cut into sections about three inches long.

Marriage License. In order to secure a marriage license in Pennsylvania without the consent of her parents or guardian a girl must be twenty-one years of age.

Stains on Knives. Dear Madam—How can very stubborn stains be removed? INQUIRY.

To Remove Grease From Matting. Dear Madam—I wish to put down my summer matting, but have found that a roll I had put away long in time contact with some grease, which has left a spot.

Stains on Knives. Dear Madam—How can very stubborn stains be removed? INQUIRY.

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DISLIKE OF PEOPLE COMES FROM A LACK OF UNDERSTANDING

We Seldom Hate Those We Really Know—Never Ignore the Possibility of Failure, Says Theodore Vail

TOO many of us, I am afraid, are inclined to decide at once on meeting a person whether that person is likable or not, and to abide by that first impression for always, unless something happens to upset our views.

SOME one has said that we seldom hate any one we know very well. This is true. We could not have known them well unless there was something in common, and that something must always be a bond, even though there may be misunderstandings which cause an estrangement.

ONE can hold before himself the possibility of failure and yet have perfect confidence in himself, according to Theodore N. Vail.



Yvettes. A charming poke bonnet, trimmed (as good little pokes should be) with streamers and bows.

an interview published in the American. "I never let anybody know it. Yet I have never had absolute unquestioning confidence in myself. I always kept in mind that there lay ahead the possibility of failure, and therefore I did everything possible to guard against it.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily endorse the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

- 1. What is meant by brainsting?
2. How can the rinds of bacon and salt pork be utilized?
3. When soup stock is lacking in richness how can it be improved?
4. Sixty drops of liquid are contained in a teaspoonful.
5. It takes nine eggs of ordinary size (in their shells) to make a pound.

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. To properly bake pie crust the oven should maintain a temperature of 450 degrees. The belt for the first fifteen minutes, reducing to 350 degrees after that.
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Frozen Macaroni Whip

Dear Madam—I am enclosing a recipe for frozen macaroni whip, which is delicious. Put a dozen stale macaroni through a food chopper...

To Fry Cucumbers

Dear Madam—Please tell me how to cook cucumbers. There are several ways of cooking them, the most successful, however, being to fry them.

Spring Onions

Dear Madam—Spring onions are not only delicious, but healthy. I am enclosing a recipe for scalloped onions—fat boiled onions into quarters, put in buttered baking dish...

Spring Vegetables and Macaroni

Dear Madam—Macaroni can be successfully prepared in several ways. Following are several good recipes. Asparagus and macaroni—Salt and boil macaroni...

To Remove Grease From Matting

Dear Madam—I wish to put down my summer matting, but have found that a roll I had put away long in time contact with some grease, which has left a spot. How can this be removed? INQUIRY.

Stains on Knives

Dear Madam—How can very stubborn stains be removed? INQUIRY.

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TODAY'S INQUIRIES

- 1. What is a fete champagne?
2. Is it necessary for a chaperon to be present at a theatre party given for a number of young men and girls?
3. Should after-dinner coffee be served at the table or in the drawing room?
4. A girl who receives the ring in a place of birthday cake is supposed to be fitted for marriage; the coin brings wealth, while the thimble is supposed to signify single blessedness.

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. A letter expressing hope for the happiness of the future bride should be sent as soon as possible after the receipt of a note from a young woman telling of her engagement.
2. When attending a tea given by another woman a woman should leave one of her own and two of her husband's cards.

Abiding by the Conventions

To the Editor of Woman's Page: Dear Madam—It is all right for a young girl to have luncheon at a large hotel with a man...

Plans a Surprise Party

Dear Madam—There is a very friend of mine on the same street as myself and as a mere acquaintance he is not very well known to me...

Birthday Gift for Child

To the Editor of Woman's Page: Dear Madam—What do you advise as a birthday present to a child of ten? How soon should one write a letter of thanks for a birthday gift?

Marriage License

To the Editor of Woman's Page: Dear Madam—How old must a girl be for a marriage license in Pennsylvania? Do you advise a girl with thin hair to have her hair done or to wear a wig? Do high or low sneakers injure the feet?

Stains on Knives

Dear Madam—How can very stubborn stains be removed? INQUIRY.

To Remove Grease From Matting

Dear Madam—I wish to put down my summer matting, but have found that a roll I had put away long in time contact with some grease, which has left a spot. How can this be removed? INQUIRY.