ADVICE TO THE HOME BUILDER

· FIRJT ·

S. SECOND .

AND .

· TLOOR PLANT.

By VICTOR EBERHARD, R. A., B. Arch.

ARCHITECTURAL IDEAS FOR THE MODERATE HOME BUILDER—THE ULTRA-MODERN

THE WISE AND OLD-FASHIONED MOTHER A BOON TO MODERNS

She Furnishes the Necessary Balance for the Daughter Whose Ideas Are "Advanced" Far Beyond the Past Generation

SOME ONE has very wisely said that there is nothing quite so valuable to the ultra-modern girl as a wise and gentle old-fashioned mother. Could anything be

Although when the feminine part of a family is thus divided against itself there is bound to be friction, it is a more fortunate thing for the girl, in the long run, than the possession of a maternal parent whose modernity equals her own.

The modern girl, who has all sorts of advanced and unusual conceptions of life. its problems, its morals and conventions. needs something to balance her or the speed at which she is going will swing her over too far on the radical side. The necessary balance is furnished by the mother, who still retains a few late Victorian prejudices. With the coming of the next generation perhaps rampant feminism will have found itself and become thoroughly adjusted to the new life

THE girl so often adopts the same at-I titude toward her mother that the man adopts toward his wife. The things other women do he admires; their revolutionary ideas, their extreme clothes, their artificial faces, but of his wife he demands conservatism, quietness of dress, naturaldiscuss birth control in open sessions, to smoke, but she rather expects her mother to be different, for being old-fashioned these days is being different.

THE tradition of what girls should be stands distractedly on the edge of the

Vyvettes



A young person with nothing but a

ness of face. The modern girl may feel the field of man's work have brought berself at liberty to run to extremes, to about these changes. Old structures are processes steadily retreating before new

The old-fashioned mother is like the hen who has batched out ducks and A and do has changed more in the last stream watching them paddle away from quarter of a century than in the pre- her. If she is a wise one she will not ceding hundred years. Yearly they are attempt to take to water, but will stand being brought up as much like their ber ground, certain in the conviction that, brothers as it is possible for them to be. although they may be a new and strange College, outdoor sports, the rush of twen- species, they will return safely, ultimately

3. How can fruit stains be removed from the

2. A man wears a stiff standing collar with

3. Biting thread off is injurious to the teeth,

Question of Citizenship

Article XIV. Section I. of the Constitu-

Article NIV. Section I, of the Constitu-tion of the United States says: "All per-sons born or naturalized in the United States and subject to the jurisdiction there-of are citizens of the United States and of the State wherein they reside." A child born in this country of non-naturalized par-ents takes the nationality of his parents until he is twenty-one years of are, but when twenty-one if he wishes to become a citizen of the United States he may do so by a symple declaration, without taking out

by a simple declaration, without taking out

Stranger Wants Advice

To the Editor of Woman's Page:

Dear Madam Will you tell me if it is cus
tomary is Philadelphia to have divines in the

middle of the day? I have been intrined to entity and the day? I have been intrined to entity and entity and the first and the first and the same of the customs. However, the same of the

It is customary in Philadelphia to have

dinner at 7 o'clock. This hour may be changed to 8, 6:30 or 7:30, and for formal affairs 8 o'clock is not too late.

neck and with short sleeves is suitable for

an informal dinner, but a full low-necked gown would be a little too elaborate.

A man may wear a tuxedo for an in

formal dinner, but for an invitation affair

Bridal Presents

To the Editor of Women's Page:

Dear Madam—Invitations for my wedding have been sent our and I have received a number of presents. I had been told that only those who are asked to the house natually said presents. Now, I have re vived twenty presents from persons who have only been asked to the church. Do you think there has been some mistake and that I should send the presents back. HRIDE TO BE,

There is no rule about wedding presents. Very often persons who are invited to the reception do not send any, and there is no obligation for them to do so. Of course, if persons who are only invited to the church

persons who are only invited to the church wish to send presents it is a very lovely thing to do. There is no misunderstanding about it; they simply want to send you something for your new home. It would be a dreadful breach of etiquette to return the presents. Write a very cordial and appre-ciative note to each one, thanking him or

Miss Alice B.—A portion of your letter will be answered shortly in the "What Do You Know?" column of this paper, while the health query will appear in a subse-quent issue in Doctor Kellogg's question

Wants Hair Bobbed

To the Editor of Woman's Page:

Dear Madam—Is it advisable for a young girleighteen years of age to wear her hair bobbed abort, and is it still in style? My hair is very thick and only reaches below my shoulders. Do you think it would make my hair thinner, by wearing it hobbed short? I do not like it so thick. Would you please state which is the best atyle or way to have the hair cut short if you think it is advisable? I have headaches at times which I think are from the hair being too thick.

To the Editor of Woman's Page:

To the Editor of Woman's Page:

naturalization papers.

as there is danger of cracking the enamel

To the Editor of Woman's Page:

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer Special queries like those given below are invited. It is understood that the editor does not necessarily indores the sentiment expressed. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

1. Of what value is rhubarb as a food? 2. Is there any way of freshening nuts which

3. To what use can waved paper drinking

ANSWERS TO SATURDAY'S INQUIRIES

1. The action of the lactic acid of the sour milk converts the blearbonate of soda into lactic of soda and sets the carbon dioxide free; the latter is leavening, while baking powder man who has left for the officer's training

Cocoa is chocolate from which about half has been removed; chocolate is the

3. Cinnamon, nutmer and other spices, if kept salt boxes with shaker tops, are convenient

Stuffed Beefsteak

To the Edutor of Woman's Page:

Dear Madam - One of the most delicious dishes
I know of for luncheon or support is made as
follows: Buy a bectateak off the round, then
pound it to make it tender; the round steak
is a much letter shape for rolling. Make a
filling of bread crumits, chopied tomato, chopped
green peoper; seasoned with salt and paprika
and moistened with a little metted batter. Spread
this over the sitak, then roll it and skewer it
together. Place a since of bacon in with the
filling and several sites around the meat and

Many thanks, Mrs. J., for this dish, which I know from experience is delicious

Economical Angel Cake

To the Editor of Woman's Page:

Dear Madam—Is there any cheap recipe for angel cake? Most of them call for so many eggs. (Mrs.) T.

The following recipe came to me a short time ago: I cannot vouch for it, as it has not been tried: One cupful flour, one cupful sugar, one cupful milk, one teaspoonful vanilla, three teaspoonfuls baking powder. whites of two eggs, pinch of sait. Sift to-gether the dry ingredients three or four times until thoroughly mixed and very fine. Scald the milk, add the former mixture to very slowly and stir constantly. Beat the whites of the eggs until stiff and dry, fold them into the batter, add the vanilla and turn into a buttered mold. Bake in moderate oven for one-half hour.

Mock Chop Suev

To the Editor of Woman's Page:

Luncheon is served in the middle of the day at 1 or half after. Women here, as in most cities, shop in a tailored suit. The sports suit is always popular and very good-looking. Stiff hats or sports hats and dark gloves are also worn for shopping.

A simple evening gown cut low at the neek and with short sleves in suitable for Dear Madam—Can you tell me how to make mock chop suev? Use the following ingredients: One-half cupful rice, one pint canned tomatoes, one Spanish onion (medium size), one-half pound Hamburg steak, two ounces ground suct, two teaspoonfuls sait, dash cayenne and paprika. Cook the rice in rapidly boiling salted water until tender, strain the toma toes through a colander and chop the onion very fine. Mix the ingredients together and bake in a large baking dish for an hour. Serve hot.

Chairs Wanted

To the Editor of Woman's Page: Dear Madam—Maybe there are some readers of the Woman's Exchange who have a few chairs to give me, as I now live in a small five room house and I have only two bedroom chairs and two dining room chairs. I have a kitchen dining room and parior. Any kind of chairs for the three rooms would be gratefully received, as I cannot afford to buy any.

(Mrs.) MARGARET P.

Perhaps some reader of the Woman's Ex-

Mildewed Quilt

To the Editor of Woman's Page:

I should advise you to take it to a pro-essional cleaner. Any attempt to do the rork at home would hardly prove satis-

Grease Spot on Shoe To the Editor of Woman's Page:



new hat and a bow on her mind!

brought crashing down, old mental

The various rooms have been laid out to meet their particular purposes. There is ample lounging space around the living room fire, also ample room for a table on which to place a lamp, magazines or books; a corner for the plane, a window-seat and a casement door, through which we obtain a view of the inclosed porch, with its plants and wirker furniture. A wide opening, simply designed, with square posts on each side leader to the square 1. How can indine stains be removed from posts on each side, leads to the dining room, which is roomy enough by reason of space having been provided for the sideboard, and it has a window seat which could if desired be made into a wide sill 2. Is there any todine which can be used and will not leave a stain on the skin?

IN THE sketch shown above we have ac-tempted to design a loune which covers a small family's requirements us to ar-rangement and size of rooms, in as inex-N THE sketch shown above we have at-

pensive a manner as possible, and yet keep-ing in mind that both interior and exterior should be pleasing in appearance.

We begin by laying off a space approxi

mately square, as a house of this form is the least expensive. This square is of a size which, considering desired cost and floor space, we have thought to be most suitable. Then we have proceeded to divide

We find that while all of the second-floor

we incorporate the porch in our square

By doing so the expense of a porch beyond the house is saved and the exterior of the house becomes more communicational sing in

appearance. By inclosing the perch with sash, which can be removed and replaced with screens in summer, a very pleasant and useful space is added with little extra

PATSY KILDARE,

OUTLAW

By JUDD MORTIMER LEWIS

Gnomes

BEFORE I fried the pancakes the next

father's packet and slopped through the rain

up to the store and got some peaches and

sardines and a bottle of milk. I ate them

all and then I took a pickle in my hand and

we rambled up to Old Maid Tompkins and

cheeks were red and some of her hair stuck out of her hood and she looked fine. I told

her so and she thanked me. I told her not

to thank me, but to thank God, for He did it

She said, "Won't you eateh cold?"

said, "I never had a cold." She said, "I

didn't really believe you had, for you are

living the kind of life that nature intended

for us. I have been thinking that perhaps

I might horrow you from your father next

go away up in the hills and run wild." I

said. "What will we be wild about?" She

said. "I just mean live outdoors. Would

She said she would call at my house some

hide in a morning glory blossom and gnomes

are always digging under the ground, only,

of course, there aren't any such thing." I

said, "They are like ghosts, only there aren't any ghosts." She said, "You get the idea."

we came to Old Maid Tomptine's, and Old Maid Tompkins said, "If there is anything

I abominate it is a wet dog, but before you

go I will read you a story. What shall it

be about?" "A fairy or a gnome," said

I. She said, "If you don't want to hear my

story you need not, but you must say, 'No.

ma'am,' not 'No'm.' " I said, "My teacher

said 'gnome.' " She said, "That makes no

difference, 'No, ma'um.' le correct." Well,

my teacher doesn't give me tarts, so I let

We went swimming and by the time I got

home my father had gone watching. I was

kind of homesick for him, so I went down

to the bank, and he gave me a dime and

told me to go across the street and get an

ice cream sody, and I did. Then I went

back and he made me up a bed out of a

couple of old overcoats in the basement and

I prayed. "Dear mother, here I am and

my father is here with me, only he is in

some other part of the bank punching his

clock. Please don't send the baby sister

Then I lay down and tried to go to sleep.

But when I got my ear close to the floor

I could hear the gnomes, or no ma'ams,

digging, and then I was excited and I shall

certainly tell my teacher that she is wrong when she says there are no gnomes, for have heard them. Rowdy growled so much

(Copyright.)

Interested in Gnomes," another Patay Kildars adventure, will appear in tomorrow's Evening Ledger.

Woman

that I knew he heard them, too.

tonight, for nobody is at home. Amen."

Rowdy and I lay down.

it go at that,

you like that?" I said, "Yea."

vacation and you and I and Rowdy might

said, "If I'm not it isn't my fault."

She said, "Aren't you wet through, Parsy?"

ur square into rooms

HOUSE NO. 1-IDEAL FOR A SMALL FAMILY

While the house is small, the rooms and How high should bracket lighting fixtures bearch open up in such a manner as to give from the floor?

M. G. the feeling of spaciousness and comfort

On the exterior, stone is used for first floor walls in places where shown on plan. Since the caves cover down to the tops of the windows, no stone arches are necessary. Thus with little extra expense the more desirable effect of a stone house is obtained. The walls above can be of stucco or wood.

Questions and Answers

would it cost to have a hardwood floor You should use parquetry floor. It will

THE CHEERFUL CHERUB

We're always moving

off somewhere

I'll have an attic

when Im old

And keep a lot

of heirlooms

I wish we had a

storied house.

In the halls the outlet should be 6 feet 6 inches from the floor. In to other rooms 5 feet 6 inches.

Will shingles which are dipped in stain last enger than those which are not? Yes, if they are dipped in creosote stain.

Is it true that picture moldings are no longer inquinker.

It has been found that when put in a use they have not been made much use of, so now they are quite generally omitted (Copyright.)

On the table were some blue prints and papers. "Ah". I wonder what those blue things for." Billy asked himself, looking around to see if any one was near. To his surprise he saw the guard marching silently up and down.

I ate that blue paper?" he was asking him-

Away he went, carrying the papers with him. "HALT!" shouted a voice behind him. Then there was a shot.

Billy Bumpus had ran away with the general's maps

Farmer Smith's Column

CHARACTER My Dear Children-How may we best

velop our characters By studying ourselves. etter gardens, we must study and practice until we become as near perfect as pos-

Did you ever make a list of your faults? day and would tell us some stories about I hope it will be to a very small piece of fairles and gnomes. I said "What are they?" sald "Fairles are so small that they can list of them and scratch them off as they disappear it will help you develop your

Time does not hang beavily on our hands when we are doing what we like to do.

What do you admire in others? Can you velop that same characteristic in YOUR So she went and we went and pretty soon

> Your loving editor. FARMER SMITH.

STRANGE ADVENTURES OF BILLY BUMPUS SOMETHING IS MISSING!

By Farmer Smith

Everything was hustle and hustle! Bugles were sounding. Soldiers were scurrying here and there and horses were jumping to their places. What did it all mean?

Our old friend Billy Bumpus was stand-ing on a little hill overlooking the scene and wondering what it all meant.

"I guess this is war." he was thinking, as a trop of soldiers hurried past him on the run. "I must wait until my company comes along and then I will fall in. How soldier-like I'm getting!"

Suddenly Billy thought of something—he waited until all the troppy had present

Suddenly Billy thought of something—he waited until all the troops had passed and then he said to himself: "I guess this will be a good time to get something to eat. This is the one place in all the world where it is hard for me to get food. When the soldlers are all gone is the time for me to get something to fill that dear little stomach of mine. It seems as though I had not eat.n for days and days."

Off trotted Billy until he came to a tent which was larger and better than the others. "This must be the general's tent." he was thinking, when all of a sudden he caught sight of an alarm clock standing on a little table in front of the tent. "I don't feel like eating an alarm clock this morning for, if I do, it might go off in my stomach when I was asleep," he said, out loud. "I

ASK FOR and GET Horlick's

will cast my eye around and see if there isn't something else that will fill me up."

"It seems as though there was always something in this world to stand between you and what you want," thought Billy, as he went up nearer the table and took a good look at the blue prints and the

self. 'The best way to find out is to eat a tiny bit and then see what happens.' With that he started nibbling the paper. 'I wonder what those funny lines are?' he was thinking, when all of a sudden he saw the guard coming after him.

Answer to a Child's Question Do you ask what the birds say? The spar-

row, the dove, The linnet and thrush say, "I love and I love!"
In the winter they're silent—the wind is so strong; What it says, I don't know, but it sings a

But green leaves, and blossoms, and sunny warm weather, And singing and loving pall come back to-

lark is so brimful of gladness and love, The green fields below him, the blue sky above.

That he sings, and he sings, and for ever

"I love my Love, and my Love loves me!" -Samuel Taylor Coleridge.

Taken from milk pro-duced in the heart of the zone from which New York City draws its choicest milk sup-ply, the cream which goes inte

MERIDALE BUTTER is acceptable for food,

under the rigid inspec-tion of the Pure Food Department of New York City. The cattle, the barns and the milking methods are subject to like inspection. Each employee of Meri-

dale Creameries is also required to pass a medical examination and carries a health certificate from the New York City Board of Health. Meridale Butter is therefore a quality product and the price for it must not be measured by market quotations for reprinted storage butter, which are largely governed by the law of supply and demand; in other words, it is quantity, rather than quality, which decides the price.

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THE GOOD HEALTH QUESTION BOX

tion of such children to the total school

population is unquestionably increasing. It

is consequently of the highest importance

that preventive measures should be applied

at an early period, and especially that in-

fluences calculated to develop the neuras-

Children predisposed to neurasthenia should be brought up from the very start in strict harmony with simple life principles. Diet, clothing, sleep and exercise should all be regulated with the most careful regard for the physical needs of the child. Meats, condiments, tea, coffee, pastry

and confectionery, for which things neu-rasthenic children are especially likely to acquire a fondness, should be strictly with-held. The child should spend every possible

recoment of his life in the open air and should sleep in a frash-air sleeping room at all seasons of the year. Neurasthenic children need the benefit of the open-air

school as much as do tubercular children, and they profit as greatly by it.

by sufficiently thorough and careful training children who are known to be burdened by heredity with a neurasthenic tendency may, by education, be able to form new

habits and to develop new instincts, which

will balance and neutralize their ancestral

Diet for Hyperacidity

Both liquid foods and dry foods should

he avoided. Everything should be taken in the form of a puree. The food should be chewed very little. Chewing stimulates the stomach and produces an excessive amount

of appetite juice, which is highly acid.

Wholesome fats, such as sterilized butter, cream and vegetable fats, should be freely used. One or two tablespoonfuls of olive oil should be taken just before each meal.

The bowels should be made to act three or four times a day, but laxatives must be avoided, as these irritate the stomach and

the small intestine. The bowels must be made to move by the free use of sterilized

Tuberculosis From Cows' Milk

How large a per cent of tuberculosis in little hildren is caused from cows milk? MRS. MARY G. Careful investigation has resulted in the

estimate that one-third of all cases of tuberculosis in children are due to infected milk. It is estimated by Rosenberg that not fewer than 500 children die every year from bovine tuberculosis in New York city

alone. Tuberculosis germs are not only found in milk, but they survive in butter and cheese for several weeks.

Yes, when they are well matured and thoroughly ripe. Great care must be taken in mastication. Every particle should be re-

duced to a pulp before swallowing. The skir

of the banana should be brown before it is eaten and the pulp should be mellow as a peach. When fed to children it is well to

reduce the fruit to a puree by passing

Mucus in Back of the Nose

What is the best way to prevent the formation the mucus that accumulates in the back part the nose and drops into the throat?

There is no simple remedy for this con-

Are bananas wholesome? .

Suits

through a colander

bran and mineral oil.

Please recommend a diet for hyperacidity.

thenic tendency should be suppressed.

By JOHN HARVEY KELLOGG, M. D., LL. D.

le number to health questions. Doctor Kellogg in this space will daily give advice on presents medicine, but in no case, will be take the risk of making diagnoses of or prescribing for allments requiring surgical treatment or drugs.

Neurasthenic Boys and Girls

Neurastricute dition. One of the best home remedies inhalation of hot steam. None and the treatment by a good specialist will effect neurasthenic by wrong methods of education, especially by the neglect of physical Wisdom Teeth development, and by improper discipline in the school or in the home. Doubtless most of these young neurasthenics are predis-Perhaps not. Wisdom teeth are posed to neuroses by heredity. The propor-

Perhaps not. Wisiom teeth are dispersing. People who are minus we teeth are multiplying. There is probably room in your jaw for the teeth to dew The teeth of civilized man are not diminishing in number, but decay maturely from lack of use and a deficient form in the food. of lime in the food. (Copyright) Cheap Cuts of Beef

The cheaper cuts of meat are unquest ably as nutritious as the more expenses cuts, only they require slower cooking wi moisture. The neck pieces of beef furni stews. Hamburger steak (small steak and roasts of good flavor are obtained from the chuck ribs. A portion from the back of the forequarter is chosen for a pol-This will include some of the ronst. vertebrae, which can go to the soup kettle The cut from the underside of the net often called the sticking piece, can be for braising or can be cooked in hot water Neurasthenic children have a special tendency to the formation of perverse sexual habits, often at a very early age, even in the years of infancy; hence, very special attention should be given to careful supervision in this regard. There is no doubt that he wifelightly through and careful train. seasoned highly and served with tomal sauce. Then there is a piece for coral which joins the sticking piece and contain the thin flat ends of the chuck and principle.

The hindquarters contain the best kn and most expensive cuts.

The round is divided into three cuts to The loin is good for braising or cas The first three

vein or muscle on the front part of t leg make a very good steak, or the wh makes an economical roast. Meat should be roasted, skewered at tied in compact form, and should resistin side down on a rack in a dripping pan. Dredge with flour and sear over the outside in a hot oven. After this add as and pepper and dripping from it. Command the sear over the compact of the search of the forequenty. Ribs may be roasted just as they are boned and rolled. Only the first five the of the forequarter are suitable for the purpose.

To roast a cheap cut of meat, rub well into the meat, place in a crock, complete over a slow fire. When taken out will be brown and more tender roasted in an oven; also, it will have nice gravy when thickened. Do not see any water on the meat. Meat cooked the way is exceedingly tender and palatable

purpose.



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