### YOU MUST ECONOMIZE, SAYS MISS RICHARDS—DISCRIMINATE

Doing Without a Spring Bonnet You Are Helping to Create a New Army of Dependents. Women's Interest in Public Questions

O YOU realize when you make a resoution to do without that spring suit wrap or hat that you are throwing e out of employment and helping create a new army of dependents, t when they can least readily be sken care of?

Most of us have regarded our desires o economize as laudable, yet there is just is problem to be considered. I think t had not occurred to a great many nen assembled to hear Miss Janet Richards talk on current history yester-

But I am sure they were properly impressed. What woman wouldn't be with spring bonnet at stake?

Miss Richards told of a woman who has a smart millinery establishment in Washington. Not only was she dependsisters, one widowed, the other burdened with a husband who did not earn his salt, and the children of one sister lived on the profits from this business.

Yet, she said, that in the last few months women had economized so consistently in the matter of clothes that she was being forced to the wall.

The above is just a case in point. same thing will happen all over the the generic term was used.

instance, to do without sugar in coffee or tea. While the shortage of sugar has not yet been felt over here, it undoubtabnormal and criminal rise in prices.



A straw hat with decidedly upward tendencies.

ent on her earnings, but her two married How many of you have read the President's proclamation through from beginning to end and thoroughly digested

> This question asked by Miss Richards during her talk yesterday morning brought replies in the affirmative from about one-third of the women present. I wondered if men could have honestly made a better showing. Yet in address-The ing his people, as Miss Richards said,

Let any one who doubts the intelligent Real economy, that of denying oneself | interest taken by women in affairs of the luxuries in foods, is most necessary. For | nation drop into the Broad Street Theatre some morning while Miss Richards is in the saiddle of her perorations. Women food may be taken. of all ages, from the young girl only a edly will be. And food should be boycotted under the present extortionate,
listening in rapt attention to the speaker,
showered and criminal rise in prices. and, one and all, knitting, knitting,

1. What can be substituted for rice-throwing

2. Foulard will be much worn during the com-

To Raise Money for School

Why not make arrangements with the

wner of one of the moving-picture houses

in your town to either give you a percentage the profits for a week or a certain night

which you will agree to sell out the house at a slight advance of the usual price? One or

two extra features could be given and programs printed and sold for a small sum. This plan worked out beautifully in one case, and I should think you could make it go. Let me know whether you try the plan,

Liquid Green Soap

unat especial virtue is it supported to possess Liquid green soap is an imported soap

face when there are a number of small

Pink Engagement Luncheon

in as many of the arbutus blossoms as pos-sible, or else place them on a mound of moss, which you can probably secure at a florist's. Dwarf pink begonies or pink sweet peas could be used instead if preferred.

Serve strawberry ice cream or ice in smaller flower pots and have the candles shaded with pink paper or slik.

Unusual Invitation

Dustail invitation

To the Editor of Woman's Page:

Dear Madam—Do you consider it perfectly proper in stying a variety shower to a bride to ask a number of persons to contribute, but only a few most intimate friends to the house when the gifts are presented? Is it ofted done? If so, how should the invitations be worded?

Will you please tell me also what kind of inexpensive varnish or paint I can do a floor for the first time with?

The plan you propose of asking persons to

The plan you propose of asking persons to ontribute to a shower, without asking them o be present, would be in extremely poor taste, to say the least. I have never heard

of it being done.

I am unable to give you the name of proprietary preparations, such as varnishes. If you will go to a reliable dealer in paints and varnishes he can best advise you. After

Boing your floor, however, you will find it can be kept in much better condition if it is

Japanese Tea

To the Editor of Woman's Page

and if so with what success

To the Editor of Woman's Page;

blackheads visible.

To the Editor of Woman's Page:

th week for several weeks, in return for

### THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the water. Special queries like those given below are invited. It is understood that the editor does not necessarily indorse the sentiment expressed. All communications for this department should be addressed so follows: THE WOMAN'S EXCHANGE, Evening Ledger. Philadelphia, Pa.

TODAY'S INQUIRIES 1. Is oleomargarine wholesome!

3. How can a nickel chafing dish be bright-

ANSWERS TO YESTERDAY'S INQUIRIES 1. Georgette crepe washes beautifully, al-though when two shades are combined more satisfactory results are assured if it is dipped

1. Hard-boiled eggs can be cut smoothly with silver knife dipped into hot water.

2. Japanned ten trays should not be washed in gasoline instead of water. as water will ruin the surface; if greasy, a little flour rubbed on them will improve them while olive oil will partly obliterate scratches.

5. Brass and copper can be kept bright for a long period if they are rubbed with olive oil after being polished with salt and vinegar. 3. When sufficient hangers are not available lingerie blouses can be hung over a roll of heavy paper tied in the middle with a string; this makes a very serviceable hanger.

#### Raisin and Walnut Cookies To the Editor of Woman's Page:

Madam-These two recipes may prove To the Editor of Woman's Page: Dear Madam—These two recipes may prove of use to you:
Raisin cookies—One-half cupful brown sugar.
one egg, well beaten; three tablespoonfuls shortening, two tablespoonfuls milk, one cupful flour, two teaspoonfuls baking powder, one teaspoonful cinnimmon, one-half cupful seeded and chopsel raisins. Cream the shortening and sugar, add the seg and milk, beat thoroughly; add flour, baking powder and cinnamon sifted together, then the raisins. Beat well and drop from a teaspoon on a greased baking sheet. Bake in moderate oven for ten minutes or more.

Walnut cookies—Two eggs, one cupful brown wugar, one-half cupful flour, one-quarter teaspoonful salt, one-half cupful flour, one-quarter teaspoonful salt, one-half reappoonful baking powder, three quarters cupful chopped nut meats. Reat the eggs until light, add the sugar and beat; sift together the dry ingredients then add them to the other mixture; beat well, add the nuts and pour shorts.

### Mock Cherry Pie

To the Editor of Waman's Page:

Dear Madam—Will you please tell me how make a mock cherry pie?

(Mrs.) W. W. A mock cherry pie, so called, is usually made of cranberries. Wash one large cupful of the berries and cut in halves, then mix with one cupful sugar, one-quarter cupful of cold water, one tablespoonful sifted flour teaspoonful vanilla and three drops alnd extract. Bake in two crusts in

### Anent Adoption of Kittens

To the Editor of Woman's Page:

Dear Madam—In a recent copy of the Evening Lenours the writer noted with pleasure the lines. "Home Wanted for Kittens," which quickly changed to regret after reading Mrs. L. C. S. s letter and your answer. for I had looked for your reply to discourage the siving of poor, defenseless animals of any kind, and none are more so than kittens, to "small children." I am unfortunate enough to live in a neighborhood where children and kittens abound, and should the person offering these tiny animals see the treatment accorded them I think she would feel that a bucket of water to the newborn kittens, to read the modern and a control them I think she would feel that a bucket of water to the newborn kittens, leaving one for the mother—a male—is, far greater kindness to the world and the animal han the disposition she desires to make of her superfluous cats. Children do not intend often to be cruel, but they handle young animals in a way to injure bodies quits as tender as their own, and should any one doubt me I would very giadly offer numerous illustrations. Then, too, a five weeks old kitten usually starves or is at least stunted by leaving the mother of a day so the price of suffering, as such giffs to a child mean.

LOVER OF CHILDREN AND ANIMALS.

LOVER OF CHILDREN AND ANIMALS. You must have misread the letter written by Mrs. L. C. S., for in it she stated very clearly that she did not want to give the kittens as playthings to small children, so in finding homes for them her wishes were in finding homes for them her wishes were respected. Both of the kittens have been adopted into families which will. I feel sure, give them good care. I agree with you that the child is often unintentionally cruel in handling pets; then, too, there is always the danger of contamination, so that it seems much better to keep the two apart until the child is old enough to understand.

### Lamb Broth With Spaghetti

r Medior of Woman's Page:

Made as follows: One quart lamb store
in made as follows: One quart lamb store
if cupful tomate, one tablespoons
de onion, one tablespoons in chopped carre
gith teaspoons peoper, one-third cupful,
one cupful bits of lamb. Remove th
out the stock, add the vegetables, peope
alt, heat to boiling point, add spagnet
best for one-half hour. Add meat just be
string.

Mrs.) THOMAS W.

Sweater Which Has Stretched

becater which has Stretched

the Editor of Woman's Page:

Dear Madam—My white knitted sweater when
rashed stretched terribly. Is there anything lught do to return it to its proper length?

A. M. K.. Contexville. Pa.

I am afraid you can do little to restore
he aweater to its normal shape. You might
at it over again, then, after pulling it
slightly in the opposite direction from which
has stretched, wrap it in a towel to dry,
but there is always the danger of stretch—
it just as much out of shape the other

Greaseloss Cold Cream

To the Editor of Woman's Page:

Dear Madam—The ladies' auxiliary of a club to which I belong is giving a Japanese tea. I am very anxious to know what kind of refreshments should be served.

As Japanese food, for the most part, is so very different from our own, I am afraid you would have difficulty in selecting a suitable menu. Rice, of course, is a Japanese dish, and this could be served in various ways. The Japanese serve it heaped in a bowl and wooden sticks with flat sides are used in conveying it to the mouth. Tea, to be served in the Japanese way, should be in large cups resembling bowls, without success. But it would perhaps be better for you to stick to the American way of sarving refreshments and have chicken, wairsness, pimento and lettuce sandwiches, wairsness, pimento and lettuce sandwiches,

### THE GOOD HEALTH QUESTION BOX By DR. JOHN HARVEY KELLOGG

ULCER of the stomach is a much more common disease than is generally suposen of the stomach is a much more common disease than is generally supposed. Many attacks of pain which have been called neuralgia of the stomach are without doubt, due to ulcer. The ulcer may be very small in size, not more than one fourth of an fach in diameter, or it may extend until it becomes as large as the pale

Superficial ulcers give rise to severe painecurring soon after eating, and worm when the stomach is empty.

The symptoms of ulceration are the pain the stomach and in the spine opposite which is increased by food, especially hot drinks and sugar, tenderness of the abdomen, particularly over the stomach; a violent heating or pulsation at the pit of the stomach; vomiting. The tongue is often ridged and furred.

The appearance of blood in the vemited matter or in the stools should lead at once to a therough examination by a competent physician, with special reference to the possible presence of an ulcer.

The use of alcohol, condiments, over-eating hasty oating with neglect to mosti-cate the food and the use of vinegar, pickles and other ledigestible foods are common causes of ulcer. Many emittent physicians also hold that the free use of flesh foods tend to produce ulcer of the stomach or duodentim Pawlow showed that a meat diet causes the stomach to produce a highly acid gastrio jules. The ex-

There is also no doubt that chronic constipation, with resulting antointexleation, is

Surgical treatment is cometimes neces-sary in case of stomach ulcer, but many cases can be permanently cured without peration.

Mild cases of simple ulcer may generally cured by giving the stomach a more or less prolonged rest by abstaining from food. It is generally not necessary to fast long; after two or three days small quantities of

A good plan is to have the patient remain gruel should be of the consistency of thick eream; it should contain no salt and should be given cold.

be increased a tablespoonful a day, until six tablespoonfuls are given every two hours. The periods should then be lengthened to three hours and the amount in-creased to four or five ounces.

After six or eight days such foods as sotatoes and other vegetable purees may be added, and also purees of sweet fruits,

boiled rice and yogurt milk. A fomentation should be applied over the stomach three times a day, and a heating compress should be continuously worn between the applications and at night. woman to be left sitting alone in a box at the theatre? stomach a person should ever after follow an antiuleer dietary, excluding meat in all

> Great attention should be paid to the owels. Regular movements should be obtained by the use of mineral oil.

### Ripe Olives Are Wholesome

Are green clives easily digested? What is The green olive is extremely indigestible. When preserved with salt it indigestibility is increased to such a degree that it becomes about as unwholcome and indigestible as sole leather. It has virtually no food value. Ripe olives are wholesom

#### Hungry After Getting Wet Why should one be hungry after getting very S. A. W.

Because wetting the skin cools and stimusoon of gastric juice, and hence is especially time adapted to persons who have slow digestion.

### Neuralgia

In such a case the trouble is not neuralgia of the teeth, but of the fifth nerve. The sease is in the nerve, and it is this that cust be treated. Sometimes the difficulty riginates in the abdominal sympathetic lieved by applications of heat, proper diet. mprovement of the general health, massage, cold and warm baths, out-of-door exercise. Anything that will build up the general health is valuable.

### Fruit for Rheumatism

Is fruit a suitable food for a person afflicted Yes, it is excellent, because it stimulates the kidneys to activity in the elimination of poisons and supplies useful alkaline subnot green in color, as its name suggests, but stances. dark yellow. It is especially good for cases of dandruff, and is also used for the

### Proper Food for Children

Cannot a young child properly have a small more of pastry, pies, jams and other sweets Mrs. JOHNSON. Such food does harm even in small amounts, because a taste for this sert of food is developed, after which plainer food Dear Madam—Can you suggest table decora-tions in pink for a luncheon to be given in honor of an engaged girl? ELIZABETH. Why not use arbutus blossoms, which are e hept on simple, wholesome food, the so suggestive of spring, of lovers, etc.? Place a flower pot in the center of the table, then fill it with soft brown earth and stick



## A Fetching Model of Striped Handkerchief Linen

"How do you do it!" exclaimed one charming customer. "I have never bought such blouses before for less than five or six dollars."

Truly she was right for the big stores would have to charge two or three dollars more for blouses such as we sell for just

\$3.00 1208 Chestnut St.

## IN THE MOMENT'S MODES



Mystery lurks 'neath the rim of this fascinating evening hat in he shape af a fine net eil an inch wide and ropped from the edge of the black lace brim. The high crown is accentuated by rows of narrow ruffed net. A long wide streamer of turquoise blue ribbon with piqueed edging contributed - and for a color note a single bright pink roselends itself gracefully to the occasion. The price of all this charming vaguery is \$18.00.

### Virtues of a Mule

The mule is patient, fond of work, virtues well bear sifting; Besides, the business end of him Is always so uplifting :- Life.

Mademaselle

These letters from an American siri serving with the rank of lieutenant in a French ermy hospital back of the Marne constitute "one of the most intimate and holy things which have been saved for our comfort out of the whiripool of embattled Europe. I find in these letters some fragment of true atonement for the huge sin and blunder of war. The nurse tells with a wonderfu! polgnant humer the joss and sorrows of the war lospital."

One of the world's greatest critics and humanists.

All my infirmiers were ill at once, and I only had two wretched greenhorns through the next week to little too ignorant to peel our daily cartload of potatoes). With such guests you can imagine I had no chance to write even a card. Wild work with thirty dressings a day, and everybody to wash from head to foot, and beds to make and a good deal of the carrying, besides the temperatures and usual details, and preparing

Just one word. In all these months I don't believe I've ever mentioned the exquisite compensation that comes almost daily in the shape of cards and letters from my children—often very illiterate, but so full of heart—"Chere petite mere," they begin, "Ma bonne petite maman," "Notre gentille Mademoiselle Miss," etc. And Gasion, you remember my naughty, adorable liaston? writes me regularly from the trenches. Yesterday, I got another poem, written under a bombardment, decorated with crossed swords,—croix de guerre,—very chie, entitled "Non, Verdun Jamais!" He's the best patriot in the republic, is Gaston, and my, how he does love to trumpet victory,-and curses on the Kaiser!

MARCH, 10, 1916. lates the skin and the circulation, thereby increasing the appetite. This is the natural effect of hydrotherapy. The shower bath in the morning before breakfast acts as a "Is Mile Miss visible?" and there he stood in the morning before breakfast acts as a "Is Mile Miss visible?" and there he stood tonic to the skin and creates a demand at the door of my cage (salle de pansements for food. It also increases the production is too dignified), good to see, and bracing as a channel breeze; lithe and muscular, in a uniform that fitted, with a face abso-lutely handsome because of its honest ugliand high-bred withal. One day, he aid. "What would you like for your blesses? You can have anything you like." I gasped and stammered something about gum-drops or eigarettes—"is that all? Wouldn't you ike a gramophone? That's better than t plano—no work for you—and move on you take it with you." W I almost wept right there as I thought of the joy of the children who never have mything to relieve the monotony, except ome occasional silly prank of mine that is never musical. So it was arranged should have one straight from England with all the latest records, and meantime he'd "steal a march on the boys" and and us theirs. The next day he appeared with fifty francs' worth of cigarettes and the gramophone! You may believe we worked those records as they never had worked before, with such joyous results was rather a shock when the very day after came a telegram—ominously prophetic of Verdun—that ordered the St. John's Ambulance away-"destination inconnue.

Captain M. came to say good-by and get the gramophone. On leaving he gave me 100 francs to "buy paper for them to write to their best girls."—Just one week later, Sunday noon, as I crossed the court, my galiant Englishman appeared. He had come all the way from Bar-le-Duc to wish me good-day. He admired my stock of bandages and I made him up a package, and meantime we had a good talk about the world in general. It was good to talk to some one who really thinks and feels. That was the last I saw of him, nor have I heard. I hope with all my heart those bandages weren't prophetic. Captain M. came to say good-by and get bandages weren't prophetic.

Well, I'm going to Paris — after six months here day after tomorrow. I can't believe it, hate to go, am almost afraid to, as if the ennui of separation from work were a beast that would devour me. But there is another big evacuation, and as there is a tie-up somewhere in the trans-portation system now that we depend on Verdun instead of Champagne, it is a stra-tegic moment to take a breathing space and agreement to take a breathing space and arrange my affairs in Paris. (Copyright by W. A. Butterfield.)

The next letter will appear in tomorrow's Evening Ledger.

#### Afterwards

The sick man said: "I pray I shall not die Before this tumuit which now rocks the earth Shall cease. I dread far journeyings to God Ere I have heard the final shots of war. And learned the outcome of this holocaust.

Yet one night, while the guns still roared

and flashed, He left his body; left the earth Which he had loved in sad, disastrous days And sped to heav'n amid the glittering stars One instant-and a hundred years rushed

And he, a new immortal, found his way Among the great celestial hills of God,
Then suddenly one memory of earth
Flashed like a meteor's flame across his
digestion, but for the strengthening and de-

One instant-and another hundred years! And even the dream of that poor little place Which he had known was lost in greater Through which he whirled; and old remem

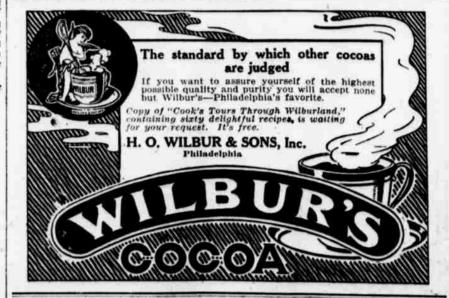
Were but as flecks of dust blown down the Swung in the ether for unnumbered worlds High, high above the pebble of the earth. —Charles Hanson Towne.

### Chinese Flower

A certain flower growing in China is white at night or in the shade, but displays red color in the sunlight.

### Vultures

Vultures have no feathers on the head



### Colonial Bedsteads Old Ivory and French Grey

For summer bedrooms, town or country, these dainty, cool, inviting bedsteads are the most decorative and appropriate. While Old Ivory and French Grey are the preferred tones for Colonial rooms, we will finish them in any desired colors.

Now! We can promise exact deliveries-later is another story.

Dougherty's Faultless Bedding. Hair Mattresses. Box Springs. Bedsteads. **1632 CHESTNUT STREET** 

### PATSY KILDARE, OUTLAW By JUDD MORTIMER LEWIS

XXIII—The Fat Lady

WE DIDN'T ramble very early yesterday the car she would go home and would I got up and found that he had mixed some platform. But the conductor said and then I thought what the man at the Sunday school to which I did not go said about my hair. I brushed the dust off the looking glass and took a long look and it wasn't like he said.

The man said I would not be such a beauty if it was not for my hair, but I could see that I would. Still, my hair is very pretty and curly and a little red and twisted a piece of it around my finger and let it hang down my forchead and I sked it. Then I found the brush under the bureau and I brushed all the rest of my hair and it was all around my shoulders and down to my waist and I bet my mother would have turned over in her grave if she Then Rowdy and I rambled to look at the

pitchers in front of the pitcher shows and when we were crossing the street a car stopped and a lady was trying to get off with a folding baby's go-cart. I took the folding baby's cart and held it until the lady got off the car, and she was a fat lady and she turned around and backed off and said, "Thank you." I said, "Don't thank me, thank the conductor." She looked at me kind of funny and said, "Do you mean to be impertinent?" I said, "Yes, ma'am, Rowdy," and Rowdy did. if you would like to have me," just as nice as I knew how. Then she looked at me | lared and begged, and I told Rowdy again and laughed and the policeman said, turn him loose and then I told the man "You can't stand in the street all day, lady." We went over to the side of the street and

the lady opened up the folding baby's goeart and put the baby in it and I asked her if I might wheel it, and I might. So we rambled.

We went to all the dry goods and five hold your nose.

(Copyright.) papers of pins for a nickel at the ten-cent papers of pins for a nickel at the ten-cent store and she said if I would help her on pear in tomorrow's Patsy Kildare will a pear in tomorrow's Evening Ledger.

THE CHEERFUL CHERUB

I'll never feel alone

Growing Child's Teeth

teeth must serve all the purposes that the

final set will serve later. Since this is the

time the child is learning to chew his food,

portant to keep the first teeth in the best

Chinese Typewriters

The first Chinese typewriter has been designed; it carries 4000 Chinese charac-

ters, and weighs forty pounds, but the con-templeted improvements may reduce the weight to twenty pounds.

Tanned Ostrich Skin

The tanning of ostrich skins the new South African industries.

veloping of his jaws and for th growth of his permanent teeth, it is im-

possible working order.

again.

morning. I slept until late and my like to go along and help her with the bal father had got home and gone to bed be- and the cart? I told her, "Yes, ma'am, fore I woke. He was fast asleep when I the conductor will let Rowdy ride on the pancakes for me and Rowdy. I tried them wouldn't and Rowdy growled away down his neck and the conductor said he would and he did.

The lady backed off the car again and helped her home with the baby, which was now crying and acting mean, and it w dinner time and I got some mashed carrot and some other kind of useless stuff, bu which helped fill me up, and that's the mais thing. Then I said I thought we'd ramble and the fat lady said, "Thank you." said, "I have got lots of them at home." She said, "You certainly didn't expect to he paid?" I said, "Yes, ma'am." So sh gave me the price of two pitcher shows and said, "I don't know what your mother cas be thinking of to let you gad the street the way you do. What you need is a goo spanking."

Rowdy and I rambled and it was a way back and we went in and saw "T Heart He Gave Her." in four parts, a didn't like it very well. Then we though we would go swimming, but when we w out to the river some boys was using the water and they were much scared, for a l raggedy man was searching their clothand they were afraid to come out of t water. He had all their knives piled up a red handkerchief. I said, "Sie hi

When Rowdy got hold of the man he he would give him till I counted fifty to ge away. I counted by fives and the n nearly broke down two trees getting away and looking at Rowdy at the same tin The boys were very thankful, but did n come out of the water to say so. I fou another place and went swimming and We went to all the dry goods stores and found that it is fun to duck when y

#### Three Dainty Salads Chop apples and raisins together with little celery, mix with mayonnaise and hear

One thing about these in center of a slice of pincapple on cri lettuce leaves. stirring times -Chep together apples, celery, walnuts and They make us love nimento. Mix with mayonnaise and serv on lettuce. our countrymen. Dice orange, banana and pineapple. Mi Were getting so united now

with mayonnaise and serve on lettuce.

A Difference

If you feel the tip of your nose you v find that there is a tiny cleft there. Pec ple with negro blood in their veins are a not to possess this division.



Your Waist Shop There's a very good reason why this waist department is

On Sale Friday Morning Royal Waist Samples

At prices that merit urgent consideration.

growing so popular.

1626 Chestnut St. Jos. H. Hagedorn, Pres. Millard Merz, Treas.

Pariste State of the State of t



## Reductions in COATS—SUITS—MILLINERY

All Early Spring Models are now greatly reduced for clearance.

BLAYLOCK & BLYNN, Inc. 1528 Chestnut St.

Furs Stored, Altered and Repaired

# LUIGI RIENZI 1714 Walnut Street

Special Friday and Saturday

Taken from Our Regular Stock

35 Day, Afternoon and Evening Dresses, special for Friday and Saturday...... }\$25.00

40 Women's Suits, high cost garments, serge, Poiret twill, gabardine, very special \$33.50

50 Hats, specially reduced .....\$10.

These prices for Friday and Saturday only