

YOU AGREE THAT A FUTILE LIFE IS AN IMMORAL ONE? Is the View Held by Mary MacLane in Her Latest Effusion—Girls Who Seek Advice Only to Have One Agree With Them

MARY MacLANE has written a new book, which, according to the reviewer, is even more startling than her previous contribution to the literary world. Nothing that she says is quite as new as her statement that she lives an immoral life; immoral because it is deadly.

Usually, I have found, when a girl asks for advice it is only with a desire to have her own views confirmed. If one disagrees with her she will rear up and protest; then try again to win herself over to her own expressions of opinion.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below or invited. It is understood that the editor does not necessarily endorse the sentiment expressed. All communications should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

- TODAY'S INQUIRIES
1. With what toilet appliances should a girl supply herself when going on a visit to the home of a friend?
2. When invited to a shower given for a bride or when one cannot go, should a gift be sent or not?
3. What significance is attached to the custom of the bride throwing her bouquet to her bridesmaids?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. If white silk washes after being washed in warm water are rinsed in warm bluing water they will not turn yellow.
2. Garments which should not be starched need not be starched. A quart of water to which a small amount of sum arabic has been added.
3. A strip of rubber is sewed on the under side of a rug it will not slip on a polished floor.

Uses for the Dandelion

Many of the wild plants that accompany the dandelion can be used advantageously in the kitchen. Before modern methods of marketing, storing and preserving made it possible to use the vegetables throughout the year, these plants were eagerly sought for by housewives for their medicinal value.

Hair Turning White

Dear Madam—I am most grateful for your article on hair turning white. I have been troubled with this for some time and your advice has been most helpful.

Parents Too Strict

Dear Madam—I am a most grateful young girl of seventeen summers. Although I am very popular with the boys, I am never allowed to see them. I have been told that this is because my parents are too strict.

Should One Answer

Dear Madam—I received your invitation to a shower for a future bride. I am very glad to go, but I am wondering if I should answer the invitation.

PATSY KILDARE, OUTLAW

IT WAS dark and early when I got up yesterday morning. So Rowdy and I sat on the steps and we saw the lights of the first car that went by two blocks away.

While I was eating the last tart she said, "I have been thinking. You have visited me a number of times and you have never invited me to visit you. What do you think about that?"

When I knelted down and Rowdy sat up beside me on the bed beside me, I said, "Thank you, God, for the nice things you do for me. If you can have something that isn't very bad happen to Mrs. Carpenter I shall appreciate it."

THE CHEERFUL CHERUB

We care so much what others think. Oh, such a lot of fun we miss! I'm not a bit conventional. And that is why I dress like this.

Peach Betty

Melt three tablespoonfuls of butter and add two cupfuls of fine bread crumbs until they have absorbed it all.

Cause of Tender Feet

One of the most usual causes of tender feet is perspiration, and the man or woman who suffers from foot troubles will do well to see that the feet are not overacted or in a cold perspiration.

Wearing Overshoes

If it is necessary to wear overshoes, keep a comfortable pair of old shoes to wear under them, and always remove the overshoes at once when entering a building.

Be Sure to Save This Recipe

Coconut Jelly
Drain milk from can of Baker's fresh grated coconut, pressing it well to remove all the milk.

Bread and Butter Plates

Dear Madam—Which side of the dinner plate is the bread and butter plate? Are there pickles, olives and cut cheese taken up with the bread and butter plates?

Should One Answer

Dear Madam—I received your invitation to a shower for a future bride. I am very glad to go, but I am wondering if I should answer the invitation.

Mademoiselle Miss

These letters from an American girl serving with the rank of lieutenant in a French army hospital back of the Marne constitute one of the most interesting and touching of the world's greatest critics and humanists.

THIS is a m. a telegram came to expect 200 I wound this evening. The first time I have seen my sister vacant. And all those dear things I have been writing back to life and strength were bundled off to the station.

All alone in my great solitude and truth to tell "le petit monde"—that's what the children call me now—I'm feeling pretty desolate. I look down the two long rows of lifeless beds, all lined and squared for inspection, and only the dull, dim roar of the guns to break the stillness.

WILBUR'S COCOA

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Plays a most important part in the summertime household of discriminating people. At no season is its superiority more marked than during the heated term, when sound, refreshing rest is a necessity for every one.

Dougherty's Faultless Bedding

Hair Mattresses. Box Springs. Bedsteads
1632 CHESTNUT STREET

In the Greek Room
Greece struck a starward way and stole her name. Across the outrolled page of heaven's blue. Clouds clinging for ivory round her walls that glow.

Rheumatism
What is the cause of rheumatism? AS. M. E. Acute rheumatism is generally due to infection; chronic rheumatism is often due to infection. Not infrequently a so-called local infection is the cause of chronic rheumatism.

Eating Before Retiring
Is it unwholesome to eat two or three apples or drink a glass of water before retiring? Our physician recommends it to move the bowels.

THE GOOD HEALTH QUESTION BOX
By DR. JOHN HARVEY KELLOGG
Are You Anemic?
WHEN for any reason the blood supply is lacking or the blood is deficient in any of its important constituents, such as red corpuscles, anemia results.

Beet Sugar
Is beet sugar more healthful than cane sugar? A. T. Beet sugar and cane sugar are precisely the same thing. The variety of sugar known as cane sugar is found not only in the sugar cane and the sorghum, but in the maple tree, the sugar beet and many other plants.

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