STATE SUFFRAGE CONFERENCE

NOTE OF PATRIOTISM TO DOMINATE

Stern Work of War Will Replace, but Only Temporarily,

the Campaign for Woman's

Enfranchisement

## RIETY OF SUBJECTS OF INTEREST TO FEMININE READERS—SMART FASHION—HEALTH TALKS

### OTIONS, OR LACK OF THEM, EXPRESSED BY THE HANDSHAKE

men Strangely Deficient in This Medium of Expression—Feminine Voters in Denmark. Spring Season a Cure for the Blues'

18 said men are known by their shakes. I doubt it. All men, few exceptions, cultivate a hearty An old gentleman I once said that out through the West he confidence men who made a of giving everybody the "glad Little boys are invariably taught ive a good, firm grip in saaking

neglected this form of greeting. s it is because they so frequently bow, instead of exchanging hand-

hawen't you often taken a girl's only to have it crumple up and off out of yours, a flabby bit of as flesh? Nothing more surely intes the character of such an in-

o much can be conveyed in a mere re of the hands! A word of athy, of welcome, or of friendship, aps those whose handshakes repel these sentiments-but how much er could they let others know it!

DENMARK women were recently ranted the ballot, their first vote ng to do with the question of the of the Danish West Indies to our United States. Jus Suffragi, the ational Woman Suffrage News, lished the impressions of the writer, Alkman, a Swedish suffragist who, an interesting description of scenes the various polling places in and nd Copenhagen, concludes:

Women were just as eager to vote the men, and though in the afternoon male electors predominated as they e in great crowds from the factories. the morning the women were in the jority. All classes were represented; ant ladies in furs and silks came by side with 'mothers' helpers' and girls who were in a hurry to get object; to yote for the first time. was interesting to study the exon the various women's faces. se tried to look indifferent as they ed with a firm step, fully detered as to how they were going to mental dyspepsia.

said the most successful way to und cake is to set the cakepan in a warm water in the oven, then it will before it begins to bake. After it be-so, remove it, pan and all, from the halte in the usual way. This method ily seed when there is danker of the

Veal Scallops

about two pounds of veal from the Trim away the fat and gristle, skin it the lean into rounds one-half an

ich. Flatten these with the cutlet uson with pepper and salt. Butter ng pan thickly, place the scallops in side and fry them until lightly to both sides. Remove from pan

be them warm until ready to serve. the the sauce, dredge a tablespoonful r into the pan, stir for a minute, then quarters of a cupful of stock, and

t boils also the gravy from the scal-Stir in a tablespoonful of chopped , take from the fire, pour over scal-

Recipe for Rice Bread



out as it slants back, in order to present a better perspective to the observer—for there are a dozen fair flowers to be shown off to their best advantage.

rote; others wore an embarrassed smile others had a gleam in their eyes which made one feel that this was a great day in their lives. I feel the same, and could not help wondering how long the Swedish women would have to march on be fore they reached the same level as their Danish sisters."

ONE is supposed to find more happiness near his birth month than at other times of the year. Whether this is true or not, I find it hard to believe any one can be in a state of chronic depression in the spring.

We all experience a certain lassitude, it is true. It is sometimes extremely difficult to force ourselves to work when all outdoors is calling, but we manage to get through somehow and find ourselves less disposed to worry over the things which have been left undone

And, then, those days when we can steal off for a few hours, and go out into the great open spaces-are they not always, each time all over again, revelations?

Everything is symbolical of life at its best. There is something wrong in the make-up of those who pull long faces and declare they see nothing in the spring to rejoice over. They have

3. A widow should use her husband's full name on her visiting cards, not her own; for instance, "Mrs. John Blank" and not "Mrs. Mary Blank."

Novel Variety Shower

Dear Madam—Will you kindly publish in your columns a novel way to give a "variety shower" with very little expense attached thereto? G. M. A.

Make the party a patriotic affair and in-vite the girls and men to dress as Uncle

Sams and Miss Columbias in red, white and

Wrap the packages which are to be given

wrap the packages which are to be given to the prospective bride in red and white crepe paper, tied with blue ribbon and present them to her in a basket or on a tray which is decorated with the national colors. Decorate the table on which the

refreshments are served with the colors, and if you entertain your guests with any games have the prizes tied up in the colors

A game on the order of the geography

A game on the order of the geography game might be played before the presents are given to the bride. Give your guests sheets of paper and pencils and give them five minutes' time to write down all the rivers they can think of which are in the war territory of the world. Then after the test see who has the most correct ones. Then put down the cities which have been directly to the section to France and Decideration.

directly in the action in France and Bel-gium, and so on. It will make an enjoy-able evening and one of profit as well. Give a prize to the one who names the greatest number of rivers, towns, etc., com-

Gown for Luncheon

She Is Inexperienced

Squesking Shoes

To the Editor of Woman's Page:

THE WOMAN'S EXCHANGE

Lettere and questions submitted to this department must be written on one side of a paper only and signed with the name of the writer. Special queries like those given low are invited. It is understood that the editor does not necessarily indores the miment expressed. All communications for this department should be addressed follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

ANSWERS TO YESTERDAY'S INQUIRIES

Then n milk bottle has had the contents up and it is desired to obtain the cream without shampooing by rubbing salt water into it with the tips of the fingers.

the cup in which molasses is measured should leave a card for her mother as well as for the girl herself, and also, according to strict eliquette, one for the man of the leave a card to be much of the molasses ad-

### THE GOOD HEALTH QUESTION BOX

THE stern work of war and the solemn, patriotic part the women of Pennsyl-

vania shall perform will be the major theme

discussed April 18 and 19 when suffragists

from every quarter of the State gather at Harrisburg for their annual spring con-

"We will perform our part, whatever it

"We will perform our part, whatever in may be decided our part shall be." declared Miss Helen C. Clark, secretary of the Penn-sylvania Woman Suffrage Organization. "We say this," Miss Clark added, "not

because we are one whit less interested in our political emancipation than previously

or because we have any intention of lessen-

ing the vigor of our struggle.
England needed a great war before she

realized to the granting point the necessity and justice of equality for women. Russia needed a revolution before that bound coun-try broke its fetters and advanced to the

same point. Our country has experienced both revolution against oppressors and wars, but has not yet reached the point of en-

franchising as a whole its women, as have foreign countries. But be this as it may, we, the women of the country, know that political freedom is on the tapis of time and eventually will be accorded us.

Hot Foods and Drinks

By DR. JOHN HARVEY KELLOGG

HEAT relaxes and paralyzes, while cold stimulates. For a muscle in a state of cramp or violent contraction, the application of heat is the most efficient remedy. When food is taken into the stomach active muscular movements at once begin. As we have seen, these movements are essential, not only for churning the food and passing it onward along the digestive tube, but also to move forward the contents of the

THE CHEERFUL CHERUB I sit and dream before the grate And long for feelings nobler, higher. Why even black coal when it dies Shows that it had a soul of fire

colon to a sensitive point in the rectum, at which are set up the automatic actions by which the bowels are moved. The practice of eating food as hot as it can be swallowed, and especially of taking hot drinks at meals, is unquestionably a very active cause of constipation. Heat, whether taken into the stomach by food or drink, or applied externally, has the effect of weakening these movements. It does this by exciting the sympathetic nerves which hinder the movements of the stowach or intention the movements of the stomach or intestine. If the food is held in the mouth for a sufficient length of time to permit thorough mastication and the proper admixture of saliva no harm will result from serving it hot when necessary, as it will be cooled in the mouth to body temperature before swal-Mineral Oil

Does mineral oil pass through the liver, as No. It is not absorbed. Its action is purely mechanical. It acts only as a lubri-

The Centipede

Is the bite of the centipede poisonous? R. T. JOHNSON. R. T. JOHNSON.

The house centipede known in this country is more or less poisonous, but fortunately its bite is never fatal. Although possessed of a most voracious carnivorous appetite, the centipede probably never attacks human beings unless brought into immediate contact with the body and obliged to defend itself. The centipede feeds on housefiles cockronches and bedbugs, and so houseflies, cockroaches and bedbugs, and so is somewhat useful as a destroyer of house-hold pests. It lives in bathrooms, moist closets, cellars and pantries where roaches and flies are likely to be found. The bite of the centipede is generally relieved by the prompt application of am-

Simple Remedy for Cold What is the simplest remedy for a cold?
Miss F. M.

If the cold has been recently taken, the implest method is a warm bath, followed

In the Moment's Modes



A trifle less severe than the strict "tailor-made" is this suit of serge or gabardine. For the woman of moderate means this practical model, with its modish patch pockets and sash belt, will be particularly appealing.

by a rest in bed for a day. At the first symptom of a cold the bowels should be cleansed by enemas if necessary, and then three daily bowel movements obtained by the free use of bran at each meal and paraffin oil. Drink an abundance of water, and adopt a fruit diet for a day or two. If the disease has already existed for a day or two it is not likely that any method or treatment will bring about a speedy cure. Several days, even a week or more, may be required for recovery from a serious

### PATSY KILDARE, OUTLAW By JUDD MORTIMER LEWIS

On a Lonesome Day

VESTERDAY Rowdy and I went to a Y pitcher show and I stood by Rowdy, for they would only let him inside the door, and I liked it, but I should have liked it more,

if I could have read the words. After the pitcher show I didn't know what to do. First we went to a big hotel and tried to get inside the door so far that when they ran us out they would run us out of the door on the other street, but we wouldn't have done it if it hadn't been for Rowdy's grewling away down in his neck and walking so stifflegged that the man in the uniform was afraid of him. We were still growling when we came out of

A man on the corner says to the copper that some one ought to shoot that dog before he does some harm. The copper says, "You should bibble about that dog. I've been watching that dog and that little girl a long time, and that dog won't hurt nobody that don't go to hurt that little girl." He said, "You could kick that dog and he wouldn't say nothin'; but if you laid your little finger on that little girl that dog would bite you in two." Then he patted me on the head and told me not to be afraid, and I wasn't. Then we rambled and got home before

my father went to night watching, and we had a pretty good supper. I had Rowdy sit up in a chair at the table and we were all very happy, and my father kissed me goodby and I made him kiss Rowdy, too.

Then Rowdy and I rambled. We went up in front of the Carpenters' like we almost always do. I don't know why, unless it's because there are children there and almost always something doing after dark. I think maybe sometimes I will find some kids to play with.

Somebody was there playing the plane, and a lot of other kids were dancing and having a good time. Rowdy and I sat out on the horse block for a long time watching them go past the windows hippity-hop, but nobody called us in, as they might have done. So we rambled, and just as I was going past I stuck out my tongue at Mrs. Carpenter, who was on the porch. I didn't think she could see it, but just then the light from the door shone on me. She said. There is that dreadful child again. If ever a young one needed half killing she is it."

At that I stuck out my tongue as far as it would go and went on, but somehow I was feeling full of cry. I thought of the hotel and what a scrumptious place it is, and all the beautiful lights. I think when I grow up I will marry the man who owns the hotel, for I should love to live there and ride up and down in the alleviators.

Then I went past the Joneses, and Miss Jones and her fellow were out on the steps, and she didn't say anything, but he said, "I should think the police would do something with that little savage." That made me mad, and I decided that Rowdy and I would see him home. So we stuck around, and when he went, which was quite late, we walked close behind him, and I made Rowdy keep growling all the time, and he was very nervous and kept looking back. We went all the way with him, and it was after the middle of the night when Rowdy and I got home. It was kind of lonesome in there without anybody and with the vacant bed where my mother used to sleep. I'm glad she's dead and gone to heaven, because this place certainly isn't much.

(Copyright.) The next adventure of Patsy Kildare will ap-pear in tomorrow's Evening Ledger.

# The Blum Stote

1310 Chestnut Street

Announces

A Very Exceptional Sale of Women's and Misses' Spring Suits at \$25.00 and \$37.50

Regular prices \$45.00 to \$75.00

# OPPENHEIM, CLLINS & C

Chestnut and 12th Sts.

Will Hold Tomorrow, Friday Only



250 Silk Afternoon Dresses

Regular Values \$25.00, \$29.75 & \$35.00

No Approvals

15.00

No Exchanges

The Dress Sale of the Season

The Greatest Values Ever Offered by This House

### Also 125 Serge Dresses

Important purchase of 250 attractive afternoon dresses from a prominent New York dressmaker, of chiffon and radium taffeta, in black, navy, rose, gray, green and : sand, trimmed with gold thread embroidery; also one-piece serge dresses in this season's smartest styles.

No C. O. D.'s

**Smart Colonial Bedsteads** In Old Ivory and French Grey

We make these pretty beds in our own factory and have had great success with them. They contribute a new and attractive note to the summer bedroom, town or country. Old Ivory or French Grey are the proper tones for real Colonial rooms, but we will finish them in any desired colors, and they should be ordered now to ensure timely

Dougherty's Faultless Bedding Hair Mattresses Box Springs. Bedsteads. **1632 CHESTNUT STREET** 



## CONFIDENCE

It's the basis of WINNER BRAND popularity—the mutual confidence of buyer and seller. We recommend this famous blend, knowing it will keep faith with our customers; and thousands of severely critical, coffee-loving people use it exclusively because it's such AN EXCEPTIONAL COFFEE.

Time moves on in its leisurely, business-like fashion, and other thousands are continually falling into line and becoming WINNER BRAND enthusiasts. They, in turn, tell their friends and neighbors; and the wide-open expression of approval grows and grows in the genial warmth of real appreciation, for it's A WONDERFULLY GOOD COFFEE.

This exclusive blending commands the respectful attention of all those who really enjoy the subtle delicacy of an invigorating cup. It has a certain mellowness that is very delicious; and intelligent comparison with much higher priced coffees, as sold clsewhere, will convince you of its unusual qualities. There's long-drawn-out satisfaction in every pound, and it's only

29c

CHILDS & COMPANY THE DEPENDABLE STORES

"Where Your Money Goes the Farthest"

To the Editor of Woman's Page:

Dear Madam—I have been invited to a formal luncheon and would like to know how I should dress for such an occasion?

HELEN. To Clean Aluminum or of Woman's Page: m—Kindly state in your column the clean aluminum. (Mrs.) A. A tailored suit with dressy waist may be worn and the coat removed for the luncheon, but a one-piece frock of some soft material such as crepe de chine or on of borax and water with a few there is a discoloration to be re-exalic acid and water. georgette crepe is prettier. A rather dressy hat is also worn to a luncheon and white gloves. The coat and gloves are removed before descending to the drawing room. Ink Eradicator

To the Editor of Woman's Page: