

PRESENT GREAT CR...

ONE MOTHER'S EXPERIENCE IN BATTLING FOR LIFE OF CHILD... Winner of First Prize in Recent Contest Tells of Her Mental Agony During the Illness of Her Little Daughter

The letter below was written by Mrs. L. A. Dreka, of Sassafras, Md., who received first prize in the competition held for the best letter of the way in which mothers successfully brought their children through crises.

THE GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL.D. In answer to health questions, Doctor Kellogg in this space will gladly give advice on preventive medicine, but in no case will he take the risk of making a diagnosis or prescribing for ailments requiring surgical treatment or drugs.

The Contagiousness of Health

A CERTAIN lecturer once said that had he been present when the world was made he would have offered the suggestion to make health contagious instead of disease.

Hot vs. Cold Water Drinking

Should one drink hot or cold water before breakfast? A. S. H. This depends upon whether the gastric juice is too acid or not sufficiently acid.

Reading in Bed

Is reading in bed injurious? M. E. D. If the light is good and if the body is

Your Bathroom... The march of civilization is measured by the progress in the science of sanitation... FLECK BROS. CO. 44-46-48 and 50 North Fifth St.

TRiumPH IN COLOR PHOTOGRAPHY WON BY WOMAN WHO DISDAINED TECHNIQUE

"Why Not?" Asked Mrs. Henrietta Hudson, Whose Intuition Has Produced Results That Are Marvelous and That Have Gained Her a Foremost Place in Art



EASTER CROWDS POUR INTO ATLANTIC CITY

Influx of Visitors Indicates Great Assembly on the Boardwalk Tomorrow ATLANTIC CITY, April 7. Every road is leading to Atlantic City, judging by the influx of visitors pouring into this resort hourly.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS WHEN I woke yesterday morning I had a funny feeling and for a long time I looked around the room and could not find out where I was or how I got there.

A Healthy Job

The healthiest occupation of all is said to be that in the American petroleum works. Here the men are said never to suffer from sore throats, diphtheria, quinsy or kindred ailments.

PHILADELPHIA NURSES QUIETLY MOBILIZING

Adequate Corps Being Mustered for Service at a Moment's Notice With the quietness and efficiency with which they step into the sickroom and ally the fevered brow, the nurses of Philadelphia are being mobilized.

THE CHEERFUL CHERUB

I'll grapple with the facts of life. And never mind how hard they seem. For always part of me can stay alone and happy in my dream.

AMERICA EXPECTS HER WOMEN TO HEED THEIR COUNTRY'S CALL

Don't Hesitate Just Because You Are Unable to Do Something "Big" Little Deeds Just as Necessary

THE natural joy this corner of the Christian world should feel over the coming of Easter must be partly overshadowed by the momentous and tragic events of the last few days or months or years, culminating yesterday in a formal declaration of war against not a country or a people, but an existing menace.

It is for the women to carry out their parts, unheroic and unspacious as they may seem to be. It is in this, I believe, doing the small things, that so many of us fall short.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. It is understood that the editor does not necessarily endorse the sentiment expressed.

TODAY'S INQUIRIES

- 1. How is so-called Russian tea made? 2. How long is a woman expected to remain when attending another's day "at home"? 3. What kind of costume should a woman wear when attending an "at home"?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Olefin makes a splendid inner covering for porch cushions, as it keeps the dampness away from the stuffing. 2. Cotton balled cut into little squares then heated in a boiling vat will be found a good substitute for down or feathers as stuffing for pillows.

Wedding Day Rhyme

Dear Madam—Can you tell me the rhyme of wedding congratulations? Also, is there any special celebration for the twelfth wedding anniversary?

Marriage License

Dear Madam—I am engaged to a young man who is twenty-one and I am nineteen. He belongs to the National Guard, and if his regiment is called out we may want to marry. Can we obtain a license here, and how soon may we be married after obtaining the license?

Both Speak Spanish

Dear Madam—Some time last week I met a girl in a grocery store who spoke very pretty Spanish. She was studying Spanish, a language which I speak, but I cannot read it. How could I see her again?

Game of Backgammon

Dear Madam—Could you kindly inform me how the game of backgammon is played? (Mrs.) F. H.

Market for Photographs

Dear Madam—Please print in your paper where I can sell a photograph. L. S. Consult the motion-picture directory and you will find a market for your pictures. One of the companies named.

Life of Napoleon

Dear Madam—Kindly tell me the whole life of Napoleon. HARRY S.



One doesn't realize at first glance that this smart chapeau, dissected, is really made up of the three elements of a "tam"! It has the bandeau of straw, built up high; the silk baggy top; the pompon in front one as well. It's nothing but a glorified "tam o' shanter."

as a box of chewing gum has become almost a necessity for marching soldiers. The editors of the EVENING LEDGER, through its Woman's Page, will be glad to accept, indeed—to direct into the proper channels any supplies which may come to them, to give information regarding work or classes or in any other way to assist those who are unable to join in organized relief work.

Write to the Woman's Exchange, which, as its name implies, is a medium for the exchange of helpful ideas on subjects of interest to women, but which will now in addition be a means by which women can do "their bit."

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Preparation of White Sauce

Dear Madam—Can you tell me how to make white sauce so that it will surely be smooth? I usually mix it with milk, but it gets lumpy. I also have trouble with cornstarch. (Mrs.) A. A. C.

Proper Feeding of Goldfish

Dear Madam—I have a bowl of goldfish, five in all, and I feed them one or two cubes of fish food each day. Is this too much, or should they have some other kind of food? (Mrs.) J. H.