LE ART OF MAKING HOME ATTRACTIVE—ECONOMICAL DIET TO REDUCE HIGH COST OF LIVING

COBLEM OF THE WOMAN ON THE FARM-HER WORK UNCEASING

en With the Sordid Realities of Her Daily Life She Keeps Her Ideals-The Reverse Side of the Picture

night in speaking of the modern nan and her place in the general of things I overlooked one class anhood, the farmer's wife. Later in listening to a talk given by Mrs. Kane Foulke, the State farm adthe realization came to me that phase of it-life on the farm-no how modern the methods, could be revolutionized. .

woman on the farm may be given ng machines, dish washers, vacuum ers and cream whippers, but the kens cannot be fed by machinery mhands cannot be automatically fed. must not be overlooked, bread cant be bought and no matter how prosus the farmer the servant question sins unsolved.

The case of one farmer's wife in a nty up the State was cited: this little an arose at 4 o'clock, and in addition her daily tasks spent many hours oing her husband and the farm hands o stick pigs, horrible work if you know hat it means.

"It seemed miraculous to me," said Mrs foulke, "that out of that abattoir could rge a spirit as dominant as hers. that even surrounded with all this unasantness-and she was intelligent ugh to realize that it was sordid-she uld keep ever in her mind the hopes nd plans she had for her little girl, for those career she was striving with all that was in her."

HEN, in contrast to this little woman ose every minute is claimed by some e also is the childless woman living in shops and shopping.



They tell us that a house divided cannot stand, but that does not seem to apply to this hat. It not only stands firmly, but has the strength to support some waving wisps of feathers. Of course, that doesn't take much effort. The hat is of black lisere straw.

It is natural that the shops should be crowded just now with women buying their clothes in preparation for the spring. But it seems to me that some women live in a state of perpetual preparation. If they have a suit they need a hat, and if this also has been bought, gloves or new shoes are missing; there is always something needed for the completion of their wardrobe.

REMEMBER that no letters for the present contest mailed after tomorrow will be considered. If you have had to cope with the responsibilities of motherhood and have successfully met a crisis in the life of your child, write to the Editor of the Woman's Page and tell her about it, if you have not already done so. For the best letter received a prize of five dollars will be awarded and other letters published will be paid for at space rates. Write tonight.

THE WOMAN'S EXCHANGE

e paper only and signed with the name of the writer. Special queries like those given no are invited. It is understood that the editor does not necessarily indorse the mts expressed. All communications for this department should be addressed of follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES

How can a jar of preserves be opened when

Cream to be whipped more readily should from twelve to twenty-four hours old.

on is more nourishing than butter, as more volatile oil before than after

S. Cooking utensils which have become blackan be cleaned by placing them in a pan of to which half a can of lye and a tea-tal of coal oil have been added. Boil an more, then rinse in clean hot water.

Curried Lamb With Rice

the Editor of Woman's Page:
Dear Madam—Please tell me how to prepare
b with curry and rice.
EEADER.
Still two pounds of lamb in salted water
Il almost done, then cut into small
ces. Melt two tablespoonfuls butter in a
scepan, add to it one clove of garlic and

ed onion and stir slowly until the nion is noft, then turn in the salt, pepper, to tablespoonfuls of shredded cocoanut, over and allspice to taste and one tablesconful curry-powder and add this mixture the meat. Thicken the broth with flour, the juice of one small lemon and cook thirty minutes. Serve on a platter with a boiled rice.

Recipe for Cream Soda

Recipe for Cream Soda

Reliter of Woman's Page:

Madam—Has any one furnished the
for "cream soda." as requested in FriByranne Luxous? If not, here it is:
am soda.—Three pounds white sugar, two
water, two and a half ounces tartaric
Place over fire and let come just to the
point. Beat stiff the whites of three
and to the above, boil just four minstirring constantly. Strain: when cold
teaspoonful of flavoring extract valemann or pineapple and bottle tightly.

Water and stir one-third teaspoonful carof soda into it. It foams nicely and is an
able, refreshing drink. (Mrs.) G. P.
any thanks, Mrs. P., for the recipe Miss
squested.

Vanilla Sauce Recipe

Editor of Woman's Page:
Madam—Can you give me directions for
vanilla sauce? (Mrs.) A. ry this recipe: One-quarter cupful sugar, tablespoonfuls flour, one teaspoonful lila, two cupfuls bolling water, four aspoonfuls butter. After mixing tower the sugar and flour add the boiling slowly, stirring constantly. Cook for nutes, stirring all the time, then add itter. Just before serving add the

cheon Dish for Vegetarians

ditor of Woman's Page:

indam—To make a delicious dish for
indam—To make a delicious dish for
arrange one pint of bolied spinach on a
beason with sait, pepper, butter and
and surround it with one and a half
creamed onlone and then surround this
with twe cupfuls of thick stewed tomaindicated the strength of the strength of the
Arrish the whole with hard-bolied eggs.

(Mrs.) C. M. K.

oval of Petrolatum Stains

Mor of Woman's Page:
Madam—How can I remove stains
a petrolatum on clothing?
(Mrs.) R. C.
application of the following solupart powdered soap, one part aniparts water. Moisten the spote
liquid, then after five or ten minin clear water. Repeat if neces-

revention of Breakage

And, although every spare moment, apparently, is spent in the quest for clothes, apartment whose life is centered in if they are invited to some affair they never have "a thing to wear."

1. How can ornaments of alabaster be suc- | 1 What is the best way to wash a white

2. How can the throat be bleached when there has to remove grease from a la s line around it caused by the rubbing of tight collars?

3. What is the old saying in regard to a bride's wearing apparel on the day of her wed-ding?

ANSWERS TO YESTERDAY'S INQUIRIES

1. A girl should not write her name and address on the outside of an envelope unless the letter is a business one.

2. When a bride wears a traveling costume the maid of honor should adopt a similar cos-

side down and suspended by a piece of wire in a solution of ordinary washing sods or oxalle

How Happy She Could Be With Either

To the Editor of Woman's Page:

Dear Madam—Won't you give me the benefit of your advice? There are two boys coming to see me regularly. The first one is just my age, twenty, while the other one is a year or two older. Both are nice looking and show me a good time. One of them says he loves me, and although the other has not said so. I know he does. I know my parents would like either of them. Is there any way I can make up my mind which one I really love? MARGARET.

If there is a shadow of doubt in your mind, you evidently do not love either of the young men. You had better wait a year or two; you are still young.

Youths Pursue Them

To the Editor of Woman's Page:

Dear Madam—I am a young girl of sixteen, not very good-looking, although I have nice clothes. My friend is the same age, and we are always together. There are two boys on the street and whenever they meet us take it as a good time to stop and talk or cut up in some way, and both our parents object to this very much, as they dislike them. Could you give us any advice how we could associate with another crowd and avoid these boys? Or, do you think we are too young to go out with boys you think we are too young to go out with boys?

GAIL AND CONNIE.

You can very easily avoid stopping and talking to these boys if you do not care to Have you no other friends at scho with whom you could associate? A girl is never too young to have boys as playmates but at sixteen you should not be having silly love affairs.

Luncheon of Eight Courses

To the Editor of Woman's Page:

Dear Madam—Will you kindly suggest a luncheon of eight courses for a party of tell girls? I would like it to be as inexpensive as possible, but still I want nice things. What would you suggest for favors?

EDNA.

As we cannot be too patriotic these days, why not use small flags and red, white and blue flowers on the table? For favors use the tiny, old-fashioned bouquet holder of white paper lace and fill it in the center with a red rose, a row of lilies of the valley and a row of violets. Tie the wee bouquets with red, white and blue ribbon.

An eight-course luncheon is bound to be rather expensive, as it must include a fish course and an entree. Since you specify eight courses, however, the following would be about the cheapest:

(1) Oyster cocktall; (2) clear consomme, with alphabet noodles; (3) lobster cutlets. with aiphabet noodies; (3) lobster cutlets, cream dressing; (4) brolled french lamb chops, green peas, potato bails; (5) sweet-bread and mushrooms, creamed and served in patti shells; (6) saiad of apple and celery, pimento cheese, crackers and hard biscuits; (7) loe cream meringues, fancy cakes, candies, saited nuts; (8) coffee in demitasses, served in the drawing room after luncheon.

This seems a rather elaborate luncheon for ten girls. Why not give them five or six courses at the most, as:

(1) Fruit cup; (2) puree of tomato soup, croutons; (3) broiled chicken, peas, potato balls; (4) asparagus tip salad, crackers, cheese; (5), whipped cream meringue, candies, salted nuts; (6) coffee served in demi-

The first juncheon, not counting the flowers, may be procured within twelve dollars, the second about seven, and the second could be made less expensive by substituting lamb chops for the broiled chickens.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

of sardines and a loaf of bread. When I got them I mooched a piece of dog meat for Rowdy which I fried half of and it was good. Then Rowdy and I rambled.

As we went up the street there were only two people told me I needed a spanking. which shows that I am getting better or that folks are getting careless. I went a whole day once with nobody telling me they should think my mother would turn over in her grave.

a can of corn and a loaf of bread and a the sun and we rambled for home. bag of sugar and a side of bacon and one got his face rubbed on the pavement and troleum wagon came and took them both I wish Old Maid Tompkins had seen it for till I came back,

Then we went out to the very and of the street and turned off down to the river and wind and we walked beside the river until to a place on the bank where there were ming. They were Wilbur Carpenter and all the boys on our street and they were, wished we had a nickel, but we didn't. splashin' and divin' until they saw me and then they sunk into the water until only their chins and ears and noses and eyes and hair were out.

They said, "Go away from here." I said. Wilbur Carpenter said, "What's it to you?" happens to me the first time. I said, "I will show you what it's to me. I said, "I will show you what it's to me.

You kids come right out of that water and published in tomorrow's Evening Ledger.

I WENT home about noon and got twenty cents out of my father's pocket for a can away from here till you do." They wouldn't do it and I remained there several hours. but they were stubborn.

At last I told them that I should get some stones and bounce off their heads and I went to do it, but there were no stones, though I kept looking and going for a long way and didn't find nothing but some pieces of dried mud. I went back with them, but the boys had got their clothes and gone and the water looked so good that I went in and Rowdy went in too and we paddled around and it was fun. Then I came out they used half a brick and a stick and and dried my clothes in what was left of

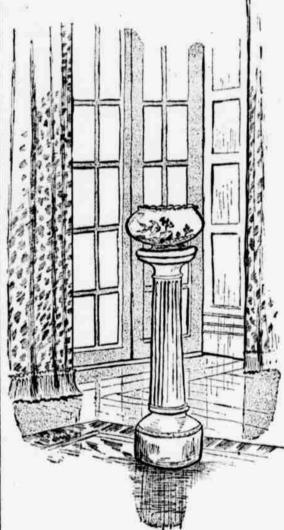
The bacon was all covered with red ants when I got it, but they hadn't eaten enough the other got his coat torn and the pe- of it so you could notice it. I brushed off the ants and the bacon was all right. As and it was very exciting and satisfying. Bowdy and I went down the street everybody called their kids up on the porch exshe was good to me. I hid the side of bacon | cept Old Maid Tompkins, and she waved her hand at me.

My father had gone to his night watchin and I fried a piece of bacon, though I it was very warm and there wasn't any couldn't cut it very thin, and it went good with what was left of the bread and sar we was gone quite a way and then we came dines and Rowdy ate what was left and we went and rambled to fown, where it was a lot of clothes and a lot of boys in swim- all lit up and stood and looked at the pitchers in front of the movie shows and

So we went home and the clock struck twelve and when I said my prayer I said "God bless my father and my mother and Old Maid Tompkins and God bless Wilbur Carpenter, nothing Amen." Then I went "You ain't my boss." Then I said, "You 'to sleep, and it had been a very nice day kids know your mothers do not want you and to shall go swimmin' every day exto go in awimmin' in that river." Then ceptin' Sundays and maybe then if nothing

HOUSEHOLD ARTS

The Latest Color Scheme



A very modern bit of color clegance was shown in the arrangement of a fish bowl. Only a consummate artist Only a consummate artist could have made it furnish essential to that part of the Just far enough away from a French window to escape the sun, and yet near enough to catch and benefit by it light, he placed the fish bow on a pedestal and then scat tered over it white pebbles tso they would be high enough to have the light shine through), glass marbles of green, violet, amber, clear crystal and deep wine You wondered why these hues seemed just the right ones until you glanced at the draperies on each you saw the same colors forming the color harmony that made their pat-tern rich and beautiful. Then ou realized that these were the colors employed in the decorative scheme of the room itself, in dull, rich, subdued and restful tones, and that the fish bowl alone bowl, where the delicate tendrils of the water plants fashioned a gracefully foli-ated arabesque, and the antmated and everchanging sin uous curves of the goldfish flashed a fanciful color note of surpassing elegance and loveliness. This subtle and poetic handling of color is far more potent in its power please than is the most dazzling splendor of Pom-neilan gorgeousness, for of it you never tire, and a home should be above all else a place for restful enjoyment.

Imitation Pearls

Very clever imitations of pearls have been made by filling thin glass bulbs with a solution of fish scale nacre. An easy way to detect them is to note the spot where the bulb was scaled. Artificial pearls are also made by another method. The glass bulb is coated on the inside with 10 per cent gelatin solution, allowed to dry only partially, and then a small amount of sodium phosphate added, and the coating dried very slowly. The iridescence is an according to the coatened of extraordinary optical effect caused by minute wrinkles, parallel, formed on the gelatin.

Fruit Stains

Fruit stains may be taken out of table-cloths by stretching the stained part across a basin and pouring boiling water to which a little borax is added through it. Reverse and repeat the process from the other side All this should be done as soon as possible after the stain has been made.

Blouse

sport and tailored models for wear with your Easter Suit, which would be priced at least \$5.00 or \$6.00 in other stores. Here, they are

Home Calendar

If weather permits, have marble steps, vestibule and other exterior house decoration cleaned. Stains on marble can be removed by making a paste of benzine and powdered soapstone and spreading it over the marble and leaving it remain there overnight. Wash it off with warm water. It may be necessary to give more than one application. Lose no time in making orange marma-

lades, jellies and conserves. Oranges are cheap now in many sections of the country.

"Vijao"

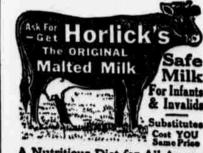
The natives of Porto Rico are using a plant which they have named "vijao" as a source of dye. It is claimed that an ink of exceptional duration is made from the seeds of this plant, which has been identi-fied botanically as Remealmia exaltata,

wonderfully
beautiful
models of
Georgette
and other
fashionable
materials

My opening day was such a success that I am delighted

and so encouraged. And I am sure that everyone who visited

my little shop was pleased with it. I know truly that such lovely blouses cannot be bought in other shops at anywhere near my price, just \$3.00.



A Nutritious Diet for All Ages. Keep Horlick's Always on Hand Quick Lunch: Home or Office.

You Can Wear Size 14-16-36 or 25 you will save about 14 usual retail prices here. Dresses, Coats Suits

IN THE MOMENTS' MODES



THERE is something Lauperior about the frock that mother makes. It has a personal touch that gives it individuality and it fits with a nicety that distinguishes it from the ready made affairs, This dress is pretty, serviceable and not difficult to make. It is suitable for girls from aix to thirteen years. The eight-year size The eight - year would require three wards of twenty-seven-inch wide material for the dress proper and a half yard of contrasting material for belt, collar and cuffs. Lay the box plaits in place (basting them as soon as you have them right) and stitch them as far down as the waistline on the material from which you are going to cut the front; then stitch the plaits in the back pices the same way, one or each side of middle. Cut out back and front pieces, baste the shoulder and under-arm seams and try the dress on by slipping it over the head. Fit it where necessary, make any needed alterations and finish with French seams. Put sleeves together, joining the cuff to the sleeve with seam edges on the right side so that the scam edges will be hidden when the cuff is turned up. The laced opening is neatly made by slashing the made by slashing the material after the dress has been put together; arrange a facing plece on the outside (not on inside) and baste it into place and then stitch along each side of cen-ter front, going down one side and up the other without cutting the thread. Your facing is ready, after removing bastings, for finishing on

UNCLE SAM AND HIS NIECES

Cheese Economical Diet, Insist C. F. Langworthy, Ph. D., and Caroline L. Hunt, A. B., United States Government Experts in Nutrition

THEESE properly prepared and used is trated character of cheese and many cheese Unot generally a cause of physiological dishes suggests the use of succulent fruits disturbance, according to C F, Longworthy and Caroline L. Hunt, Government exduced into the bill of fare in such quan-tities as to serve as the chief source of nitrogenous food and may be made a substitute for other nitrogenous foods when such substitution is desired. Cheese is of importance because of its high nutritive value, particularly its high percentage of protein or unuscle-fs ming materials, be-cause of the ease with which it can be kept and prepared for the table and because of its appetizing flavor and the great variety of ways in which it can be served.

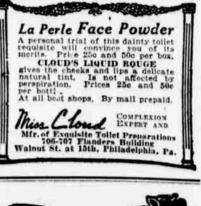
Judged by the kind of nutrients it supplies, chiefly nitrogenous material and fat, like rainbow prism that gave and the proportions in which they are presture keynote to the color ent, it resembles such foodstuffs as meat, scheme. Again your attentish and eggs, which means that, like them. with other staple foods to form well-bal-

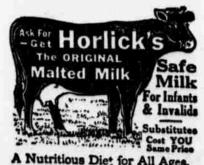
Experiments have shown that when eater either raw or carefully cooked, cheese is as thoroughly digested as other staple foods and is not likely to produce psysiological disturbance. An ounce of cheese, roughly, is equivalent to one egg, to a glass of milk

or to two ounces of meat.

Although uncooked cheese resembles meat in composition, cheese dishes prepared after ordinary recipes, with milk and shortening, are likely to contain more fat than the usual meal. If little fat is ordinarily used, this may be an advantage. If a great deal of fat is ordinarily used, it may be desir-able to lessen the amount in the cheese dishes. This can readily be done by omit-ting the shortening and using skim milk or water in the preparation of such dishes, a

change which also lessens their cost. The fact that cheese, like meat, contains neither starch nor cellulose suggests that like meat, it should be combined with bread potatoes and other starchy foods, with vegetables and with sweets. The concen-





Margaretta May

THE CHEERFUL CHERUB

I love to come to problems in my life. It gives me such a sense of mastery To shut my eyes and toss a penny up-Let heads or tails decide . my destiny.



Butter built upward to an idealnot made to sell at a price. That's MERIDALE

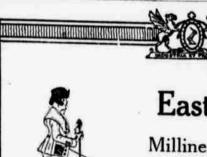
BUTTER Made only from the whole, rich

cream of purebred, healthy cows. This cream is separated in our own sanitary creamery. scientifically ripened, specially inspected and pasteurized. In the churning, packing and delivering to your home no hand ever touches this uncommonly good butter.

AYER & McKINNEY (Makers of Philadelphia Bell Phone, Market 3741 Keystone Phone, Main 1783

Look for the "Merifoil"

wrapper-air-tight, dust- and odor-proof-at your grocers.



and vegetables with them. The high per-

entage of fat in cheese suggests the use

f correspondingly small amounts of fat in

the accompanying dishes

Easter Modes

Millinery-Dresses-Coats Children's Dresses

Models of exclusiveness and indviduality which appeal to the discrim-

BLAYLOCK & BLYNN, Inc. 1528 Chestnut St.

Furs Stored, Altered and Repaired

HALLAHAN'S

The Pump Pictured is one of series of smart models in black kid, patent leather, the good shades of gray, champagne, ivory, bronze and white kid. Value on to-day's market, \$6.00 Hand-turn soles, kid covered Louis heels, custom finish throughout.

Thousands of pairs of beautiful Easter shoes for women, in boots, pumps and oxfords, in the most fashionable styles, leathers and colors, at \$4.45, \$5.00, \$6.00, \$6.50, up to \$10.00 and \$12.00. All at an actual saving of \$1.00 to \$3.00 a pair, because we bought before leather prices soared.

> Hallahan's Juvenile Shoe Shop Adjoining Our Men's and Women's Store at

60th and Chestnut Streets GOOD SHOES FOR BOYS AND GIRLS OF ALL AGES

P. T. HALLAHAN, 919-921 Market St. 60th and Chestnut Street