

SQUAD STARTS UPON SECOND LAP First Week Records Only Loss of Three-quarters of a Pound for Eight Persons

By LISETTA NEUKOM The diet squad started today on the second lap of the two weeks' test of twenty-five-cent meals lighter in weight, a total of three-quarters of a pound lighter for the eight members than we started out on March 5, but heavier in knowledge about what to eat, and what not to eat, and how to reduce the high cost of living and at the same time get plenty of food.

Part of us have gained. Part of us have lost weight. Up to this morning we had lost a total of three-quarters of a pound, but we had gained a total of three-quarters of a pound. The diet squad started today on the second lap of the two weeks' test of twenty-five-cent meals lighter in weight, a total of three-quarters of a pound lighter for the eight members than we started out on March 5, but heavier in knowledge about what to eat, and what not to eat, and how to reduce the high cost of living and at the same time get plenty of food.

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lost not gained. This is R. R. P. Bradford, the keeper of the Lighthouse. He is still 175, but he is not still about it. He thinks he is getting on because he does not change weight, and he is proud of his record.

Other weight records include: Mrs. George W. Freeman, 125 1/2, a loss of 5 pounds; Robert J. Kline, 125, a loss of 5 pounds; and Edward J. Leppard, 148 1/2, a loss of 5 1/2 pounds.

And now for some of the recipes which Philadelphia women seem to want so much. Every one who has heard of another home which has had Life Extension Institute dishes cooked as a result of recipes here published in the EVENING LEADER.

Baked bananas, which we had yesterday, were mighty good, and they have an enormous food value. For instance, one banana has as much food value as a glass and a quarter of raw milk, or as much as a slice of baked ham, or as much as a slice of white bread, and a quarter of a glass of milk combined—and that is going some for one piece of fruit.

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Ninth Day's 25-Cent Menu for Diet Squad BREAKFAST

Hominy (four-fifth cup equals 100 calories). Sugar (one rounded teaspoonful equals 100 calories, or, one-third glass of skimmed milk equals 75 calories). Graham Toast (one slice with one-half tablespoonful butter equals 150 calories).

Butter or butter substitute (one piece one inch square, one-quarter inch thick equals 100 calories). Coffee (no food value); sugar and milk as given above.

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IBSEN REVIVAL IS THE WEEK'S DRAMATIC NOVEL NORA HELMER SLAMS LITTLE THEATRE DOOR

Which Is to Say, Stage Society Gives Educational Revival of "A Doll's House" There PERFORMANCE A CREDIT

A DOLL'S HOUSE. By Henrik Ibsen. The cast: Nora Helmer, Mrs. William H. Whitney; Torvald Helmer, Mr. William H. Whitney; Mrs. Helmer, Mrs. William H. Whitney; Mrs. Helmer, Mrs. William H. Whitney.

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"HER UNBORN CHILD" "THE PRICE SHE PAID" GERTRUDE HOFFMANN IS WELCOMED AT KETHX'S

Picture at Stanley Puts Stress on Psychology—Dickens's Work Beautifully Done at Arcadia

By the Photoplay Editor STANLEY—"The Price She Paid." Stanley with Clara Kimball Young and David Powell. Story by William Harrison. Directed by Charles Gilpin. Photographed by Hal Young.

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Novels in Cinema Form

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Alf Grant With Topics of National Interest Is a Big Hit at the Broadway

Spring is almost here, but Gertrude Hoffmann beat it by more than a week. With an aggregation of nymphs, who are nymphomaniacs than all their predecessors, Miss Hoffmann is the center of attraction at Kethx's. Her unique offering might be called "Everywhere." It opens in the woods and ends at the seashore, but between these places there is a little of Egypt, Paris and other miscellaneous spots.

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A STORY FOR SPARE MOMENTS Paying the Debts of Gratitude

EVERY summer since her marriage Amelia Baer had had to entertain some of her husband's relatives. It was not that she was not as generous as long as they pleased. As for Amelia herself, she was very much alone in the world. She had married above her, and Frank's relatives made her feel it. She was anxious to be friendly with them, but the only way she could accomplish this was to wait upon them unceasingly.

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Children Form Club to Relieve Belgians

Merion Youngsters, Following Example of Adults, Already Have Raised \$100

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Bishop Berry Prays for Safety of Nation

Invokes Divine Guidance for President at Closing Session of New Jersey Methodist Conference

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Town Hall Follies—Globe

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Wedding Party—Cross Keys

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Chicago Fights Scarlet Fever

CHICAGO, March 12.—Orders to fumigate all halls, lodge rooms, theatres and churches and danger of an epidemic of scarlet fever might be lessened were issued by Dr. John D. Robertson, health commissioner of Chicago.

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