HOULD THE BUSINESS WOMAN
BE A SLAVE TO CONVENTION?
One Girl of Independence Entertainingly Sets Forth Her Views in a Letter-A Canadian M. D. on the Subject of Adoption
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THE WOMAN'S EXCHANGE
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Delicious Friday Dish

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Boys, Here's the Way to Make Muscle
More muscle-more muscle than Skinny,
Pat, or anyone in the gang-do you want
more muscle?
If you do then you should do what the
foothall men and the men, in the big
leagues do cent the right thing for break-
fast eat Cream of Barley.
It's good for muscle, and its good to eat.
For tomorrow's breakfast have Mother get
from the Grocer

Cream of Barley

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REST THE VERY BEST AID TO CULTURE OF BEAUTY By LUCREZZA Bori



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